

# Spring – the perfect time for self-improvement

**By Cal Stone**  
Staff Writer

It's spring, the traditional time for giving one's home a good cleaning. Why not apply that same concept to personal growth?

"Spring is the season for renewal and the perfect time to make positive changes and focus on self-improvement," said Matt Swartz of PCS-Counseling of Northville.

PCS-Counseling of Northville and Ward Church (40000 Six Mile Road, Northville) are offering professionally facilitated Interactive Life Coaching Groups which are open to the general public and designed to educate, coach, strengthen and sustain new skills by addressing your obstacles and moving you forward in a positive direction. These groups are conducted from a secular perspective and focus on giving participants tools to make changes and the forum to receive acceptance and helpful feedback.

**'Extremely popular'**

"We are looking to serve the community by offering these amazing sessions led by licensed counselors and therapists," said the Rev. Doug Thompson, Ward's pastor of care ministries. "This go around will be our third semester of these groups and they have been extremely popular for both members of Ward and people in the community."



Mlinarcik

Ward has opened up its building and underwritten the majority of the costs of the sessions in an effort to make these life-changing groups more affordable. Individual life coaches can cost thousands of dollars – these sessions, with Ward's financial backing, are just \$10 each or \$90 for all 12.

Dr. John Mlinarcik, Ph.D., LMSW, is executive director of PCS-

Counseling, which is located at 141 N. Center Street in downtown Northville. His team includes Dr. Julie A. Galvin, Ph.D., LP; Swartz, MSW, LMSW; Laura Dyas, BSW, LPC; Dr. Russ Dore, Ed.D., LP; and Randy Bizer, MSW, LMSW.

The therapists at PCS-Counseling employ a collaborative, warm and supportive approach when working with clients, which results in the client's improved self-awareness, empowerment and long-lasting change.

**ILC groups**

The 12-week groups will be held 6:30-8 p.m. at Ward Church each Tuesday and Wednesday (Room G724, The Green Room, directly to the right of the Sanctuary) and each Thursday (Room A107).

"These interactive life coaching groups offer individuals the opportunity to express their concerns, bond with others and learn new skills to tackle their obstacles and move for-

ward in a positive direction," Dyas said.

While attending all the sessions is strongly encouraged, it's never too late to join. And although the groups are held in partnership with Ward, participants need not be a member of the church or a client of PCS.

"For many people attempting intentional personal growth," Mlinarcik said, "there aren't enough positive individuals in their lives who provide support and feedback that is both helpful or there when they need it."

If you are someone who desires to sit in a safe and confidential environment with others who are experiencing similar life stresses and you wish to learn how to better achieve positive outcomes, then interactive life coaching group sessions are for you, Dore said.

"Don't go it alone. Interactive life coaching group sessions are both comforting and helpful. Everyone is working together for a common

**CLASSES**

12-week group sessions

**ILC#1 Mirror, Mirror: The Keys to Self-Esteem** – Tuesday, April 14 through June 30

**ILC#2 Superman Syndrome: Caregivers, Perfectionists, and Taking on Too Much** – Wednesday, April 15 through July 1

**ILC#3 Lose the Weight: Letting Go of Negative Emotions** – Thursday, April 16 through July 2

In addition to the above 12-week sessions, PCS and Ward have two more new offerings.

**ILC#4 Converge and Purge: Intensive, Compassionate Group Therapy for Continuing Issues** – Wednesday at PCS-Counseling, April 15; ongoing

**ILC#9 Growing Older With Joy** – 4 p.m. Wednesday at Ward Church, April 29 through June 3

To register or for more information, contact PCS-Counseling at 734-542-6969 or clinical-info@pcs-global.com; or contact Millie at Ward Church at 248-374-5904 or millie.dreisbach@wardchurch.org. All registrations are on a first-come, first-served basis. Session size is limited.

goal – healing and moving forward in life," Dore said.

Each group session will vary, depending on the topic and specific needs of the group. Some lend themselves to a smaller working group, while others can be more productive with a larger mix. Group sizes will generally range from a minimum of eight mem-

bers to a maximum of 15. The facilitator will monitor these factors to assure that each interactive group has a well-balanced membership. Go to either website to find out more details: [www.pcs-counseling.com](http://www.pcs-counseling.com) or [www.wardchurch.org](http://www.wardchurch.org).

*cstone@hometownlife.com*  
Twitter: @TheNoviNews

## RELIGION CALENDAR

Send calendar information to [cstone@hometownlife.com](mailto:cstone@hometownlife.com) by noon Monday to be included in Thursday's publication. The calendar is also available online at [www.hometownlife.com](http://www.hometownlife.com).

**Brightmoor Christian**

**Location:** M-5 and 13 Mile, Novi  
**Contact:** 248-668-7014; CelebrateRecovery@brightmoorcc.org  
**Web:** [www.brightmoorchurch.org](http://www.brightmoorchurch.org)

**Celebrate Recovery**

**Time/Dates:** 7 p.m. Monday

**Details:** Worship, teaching or testimony and open-share recovery groups. Organizers offer the principles and tools to bring healing for the hurts, deliverance from life-controlling habits and freedom from the hang-ups that keep us from developing strong and healthy relations with God and others. Enter at Door D on the south side of the building. No cost; free child care is available for children birth through fifth grade. Pre-register.

**Church of the Holy Family**

**Location:** 24505 Meadowbrook Road, Novi  
**Contact:** 248-349-8847  
**Web:** [www.holyfamilynovi.org](http://www.holyfamilynovi.org)  
**Mass Schedule:** 8:30 a.m., 10:30 a.m. and 12:30 p.m. Sunday; 9 a.m. Monday through Friday; 7 p.m. Monday and Tuesday; 4:30 p.m. Saturday; 6:30 p.m. Saturday (Spanish)  
**Holy days:** 9 a.m. and 7 p.m.  
**Reconciliation:** beginning 9 a.m. Saturdays or by appointment  
**Priests:** the Rev. Bob LaCroix, pastor, and the Rev. Beto Espinoza, associate pastor  
**AA:** 8 p.m. Wednesdays

**Crosspointe Meadows**

**Location:** 29000 Meadowbrook Road, south of 13 Mile, Novi  
**Contact:** 248-669-9400, 9 a.m. to 3 p.m. Monday-Thursday  
**Web:** [www.crosspointemeadows.org](http://www.crosspointemeadows.org)  
**Sunday worship:** 11 a.m.  
**Bible study classes:** 10 a.m. for all ages  
**Details:** Nursery and older children programs available. Worship blends traditional and contemporary elements resulting in a multi-sensory worship experience.

**Destiny Worship Center**

**Location:** Ridge Wood Elementary School, 49775 Six Mile, Northville  
**Contact:** DestinyW3C@gmail.com  
**Web:** [www.DW3C.org](http://www.DW3C.org)

**Detroit Japanese Christian Fellowship**

45301 Eleven Mile Road, Novi  
**Reverend:** Kanji Fuki  
**Contact:** 248-756-3336

**Dominion Church**

**Location:** P.O. Box 605, Novi  
**Contact:** 248-767-1366  
**Pastor:** James H. Moseley Jr.  
**Asst. Pastor:** Ashaki M. Moseley

**Emmanuel Lutheran**

**Location:** 34567 Seven Mile, Livonia  
**Web:** [www.emmanuel-livonia.org](http://www.emmanuel-livonia.org)  
**Contact:** 248-442-8822  
**Sunday worship:** 8 a.m., 9:30 a.m. and 11 a.m.  
**Youth group:** 7 p.m. Wednesday

**Special Needs Ministry:** Judy Cook, 248-442-8822

**Women's Coffee Break Bible Study:** 10-11:30 a.m. Monday – "WHY? Making Sense of God's Will" by Adam Hamilton

**Adult Bible Class:** 9:30 a.m., 11 a.m. and 7 p.m. Sunday, and 7 p.m. Wednesday – "WHY? Making Sense of God's Will" by Adam Hamilton

**Palm Sunday:** 8, 9:30 and 11 a.m. March 29

**Maudy Thursday:** 7 p.m. April 2

**Good Friday:** 7 p.m. April 3

**Easter Sunday:** 8, 9:30 and 11 a.m. April 5

**Faith Community Presbyterian Church**

**Location:** 44400 W. 10 Mile  
**Contact:** 248-349-2345  
**Web:** [www.faithcommunity-novi.org](http://www.faithcommunity-novi.org)  
**Sunday Worship:** 10 a.m.

**First Baptist Church of Northville**

**Location:** 217 N. Wing, Northville  
**Contact:** 248-348-1020  
**Sunday Worship:** 10:45 a.m. and 5:45 p.m.  
**Sunday School:** 9:30 a.m.  
**Ladies Bible Study:** 9:30 a.m. and 7 p.m. Tuesday  
**Men's Bible Study:** 9 a.m. first Saturday

**First Church of the Nazarene**

**Location:** 21260 Haggerty, north of Eight Mile  
**Contact:** 248-348-7600  
**Web:** [www.dfnazarene.org](http://www.dfnazarene.org)  
**Sunday Schedule:** 9:30 a.m. Classic worship service, Adult Bible Fellowship classes and Children's Sunday School; 11 a.m. Contemporary worship service with Kids Church, Teen Worship Service and Adult Bible Fellowship classes. Cafe is open from 9:15-11 a.m.; 6 p.m. Evening Traditional Service  
**Thursday:** 6 a.m. Men of Purpose Prayer Group and Bible Study  
**Tuesday:** 9:25 a.m. Women of the Word Bible Study – the Books of Ruth and Esther  
**Wednesday:** 5:30 p.m. family dinner; 6:30 p.m. Caravan Scout-ing program for ages 4 through fourth grade; Club 56 for fifth- and sixth-graders; Surge Youth Group, Bible Study with Pastor Troy Ogle; and Little Critters for preschool age

**Easter Eggstravaganza:** 10:30 a.m. April 4. Over 15,000 eggs to hunt; five age groups (1-2, 3-4, 5-6, 7-8, 9-11); pictures with the Easter Bunny; games, prizes and a gift for bringing a friend; hot dogs, chips, cookies and drinks for all. Join the circus, performed by Cirque Amongus. Rain or shine; registration required at [dfnazarene.org](http://dfnazarene.org) and closed after 600 or on April 1 (which comes first).

# Passages

Obituaries, Memories & Remembrances

How to reach us: 1-800-579-7355 • fax 313-496-4968 • [www.mideathnotices.com](http://www.mideathnotices.com)

**Deadlines: Tuesday, 9:30 a.m. for Thursday papers • Holiday deadlines are subject to change.**

**BURR, DONNA L.**

Age 64, passed away March 21, 2015. She is survived by her husband Dave, children: Kevin and Laura, brother Bob Pirie and Rochelle Pirie. She is preceded in death by her parents Frank and Jacqueline Pirie and brothers: Paul, John and Joe. A visitation will be held on Friday, March 27th from 2:00-8:00pm at PHILLIPS FUNERAL HOME, 122 W. Lake St. [www.phillipsfuneral.com](http://www.phillipsfuneral.com)



**LUCAS, SHIRLEY J.**

Age 66, longtime resident of South Lyon, passed away peacefully Saturday March 21, 2015 surrounded by family and friends after suffering a massive heart attack one week prior. She was born in Detroit, MI daughter of William and Phyllis (nee Callahan) Potter. She was united in marriage to Kirk L. Lucas on September 29, 1979. Shirley worked at Bartlett Elementary School for 20 years and was known by many in the community as "Miss Shirley". The most important aspect of her life was her children; she was like a second mother to many. Shirley touched the life of everyone she met with her outgoing personality and sense of humor. She made special and brightened the life of everyone she touched. Shirley is survived by her loving husband Kirk; her children Sean (Celeste Short) Lucas and Emmy (Donny) Lucas; her sister Mary Jane (Manly) Hyde; her nieces Elizabeth and Mary Cate Hyde; and her grandchildren Raygina and Caesar. A memorial gathering will be held Thursday, March 26 from 4 p.m. until 7 p.m. in the fellowship hall of the First Presbyterian Church of South Lyon, 205 East Lake Street, South Lyon. Contributions would be appreciated to the family of Shirley Lucas for a proper memorial at Bartlett Elementary. Share condolences at [casterlinefuneralhome.com](http://casterlinefuneralhome.com)



**MASON, GORDON**

91, passed away on March 15, 2015 in Cheboygan. He had lived in Northville for many years and just recently moved to the northern Michigan area. Gordy was born in Detroit, the son of John E. and Mabel (Howard) Mason. In 1943 he enlisted in the U.S. Navy and served primarily in the South Pacific on Ulithi. After discharge he was employed by Sun Oil Company until his retirement in 1981. Gordy was an active member of the Northville, MI VFW Post 4012 and over the years served as Trustee, Jr. Vice Commander, Sr. Vice Commander, and Commander (1994-1995). He also was a member of the Honor Guard as its bugler and participated in honoring many fallen soldiers. Those who knew Gordy will remember him as a loyal friend, a loving husband, a great Dad and fantastic Grandpa. He was always one who could be counted on when help was needed. They will also remember his love of the Big Band Era music - Glen Miller, Guy Lombardo, Tommy Dorsey, Spike Jones, and others. When that music was playing his foot was tapping, his hand was swaying, and a smile was always on his face. He is survived by his wife of 66 years, Janet L. (Hollister) Mason; daughter Susan (Pat) Allor; son Thomas Mason; grandchildren Lindsay (Phil) Babian, Brian (Beth) Allor, Caitlan (Bob) Mistele, Shannon Mason, and Mitchel Mason. He also leaves behind great-granddaughter Natalie Allor. A memorial in honor of Gordy will take place at the Nelson Funeral Home in Gaylord on Saturday, March 28 with visitation at 11:00 a.m. and the service beginning at noon. Interment will take place at a later date at The Great Lakes National Cemetery in Holly, MI. Memorial contributions may be made to Hospice of the Straits or the Northville VFW Post 4012 through Nelson Funeral Home, PO Box 1548, Gaylord, MI 49734. [www.nelsonsfuneralhome.com](http://www.nelsonsfuneralhome.com)

**MILLER, MALINDA E.**  
Age 81, of Northville passed away March 15, 2015. Share condolences at [casterlinefuneralhome.com](http://casterlinefuneralhome.com)

**O'ROURKE, FRANCES RITA**

Frances Rita O'Rourke, age 81, of South Lyon, passed away March 21, 2015. She was a woman of faith and trust in God. Loving and caring for others were her trademark. She is survived by her husband of 59 years, Bill; three children and five grandchildren. Visitation was held on Tuesday at PHILLIPS FUNERAL HOME, South Lyon and A funeral Mass was celebrated on Wednesday at St. Joseph Catholic Church, South Lyon. [www.phillipsfuneral.com](http://www.phillipsfuneral.com)

**PIERSON, ROBERT E.**

Age 93, longtime resident of Northville, passed away March 20, 2015. Full obituary at [casterlinefuneralhome.com](http://casterlinefuneralhome.com)



**SPAGNUOLO, JOSEPH**

Of South Lyon. Age 94. Passed away on March 22, 2015 in Novi, Michigan. He was born in Northville, Michigan to James and Mary (Spadafor) Spagnuolo on November 4, 1920. He owned and operated The Liquor Shop and was a property owner in Northville. Joseph was preceded in death by his wife of 56 years, Irene (DeRose) Spagnuolo. He is survived by his son, James Spagnuolo; daughter, Mary Joann (Spagnuolo) Geddes; grandchildren, Anthony and Joseph Spagnuolo; great-grandchildren, Giavanna, Grayson and James Spagnuolo; and sister, Theresa Falsetta. Funeral Mass is 11:00 a.m. Saturday, March 28, 2015 at St. Gerard Catholic Church, 4437 W. Willow, Lansing, with Fr. John P. Klein officiating. Visitation will be at the church just prior to the Mass from 10:00 a.m. to 11:00 a.m. Visitation will be held Friday from 6:00-8:00 p.m. with a Rosary at 6:30 p.m. at the Tiffany Funeral Home, 3232 W. Saginaw, Lansing. Interment will be in St. Joseph Catholic Cemetery. Friends may visit the guest book at [www.tiffanyfuneralhome.com](http://www.tiffanyfuneralhome.com).

**SPRAGUE, NORMA J.**  
Age 96, of Middleville, formerly of South Lyon, passed away March 20, 2015. Full obituary at [casterlinefuneralhome.com](http://casterlinefuneralhome.com)

**TOUSSAINT, CHARLES H.W.**

Age 84, lifelong resident of Northville, passed away March 16, 2015. Share condolences at: [casterlinefuneralhome.com](http://casterlinefuneralhome.com)

**WANGEMAN, ROSEMARY**

Age 82, longtime resident of Northville, passed away March 18, 2015. Full obit at [casterlinefuneralhome.com](http://casterlinefuneralhome.com)

**WHEATON, MARGARET PATRICIA**

Age 76, of Key Colony Beach, formerly of Milford passed away Sunday, March 22, 2015 under Heartland Hospice care. A Memorial Gathering for Margaret will be held at her son's house, 17 Liddy, Brighton, MI 48114, on Saturday, June 6, 2015, beginning at 2 p.m. Memorial contributions may be made to Heartland Hospice. Envelopes will be available at the funeral chapel and the home during the services. Margaret was born on December 2, 1938 in Pontiac, the daughter of Earl and Gladys (Mastick) Rice. Margaret enjoyed flower gardening and entertaining family and friends. Margaret is survived by her husband, Harry Wheaton; sons, Carl (Monica) Wheaton, Donald (Nena) Wheaton, and Paul (Emmalyn) Wheaton; 13 grandchildren; three great-grandchildren; sister, Mary (Richard) Reuther; and many nieces and nephews. Margaret was preceded in death by her sister, Martha and parents. You may view Margaret's obituary online and send a condolence to the family, light a memorial candle, or place a memorial donation at [www.clarkfuneralchapel.com](http://www.clarkfuneralchapel.com)



**McCANN, HAZEN DUNN**

April 2, 1928 - March 21, 2015  
L.J. Griffin Funeral Home, Northrop Sassaman Chapel.