

Aorthuille Record

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Thursday, April 13, 2000

Northville, Michigan

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RESS ASSOCIATIO

e of the

Shutterbugs

Inside

Northville residents Connie and Rick Denomme made a decision most people wouldn't to put aside their jobs and take up a life shoot-

ing wildlife photographs. Their collection of impressive snaps has lead them around the world. --Page 4A

Earning his stripes

Paws, the Detroit Tigers' mascot, paid a visit to the Early Child-hood Center in Northville this week. Page 5A



Opinion

It's about time

Plans to open a new restaurant downtown have been delayed long enough. Now it's time to move forward so the area can start enjoying benefits beyond a new taste sensation. - Page 12A

Living

Phun with pheasants

Moraine Elementary and Old Village Schools in Northville will have a unique opportunity to raise pheasants and eventually release them into the wild. - Page 1AA

Sports

By MELANIE PLENDA Staff Writer

may be put off

Health decision

could be made,

Northville school district superintendent Leonard Rezmierski may recommend the school board hold off a decision on the controversial high school health class, he said this week.

The health class has sparked controversy and questions throughout the district, specifically for the presentation of the sex education portion of the course. Rezmierski is waiting on further information from school officials to render his decision. However, he said he should be able to give his recommendation at the April 18 board meeting. The push to make the decision comes in part from the large amount of parent concern about the class, as well as the fact students at the high school are in the middle of making their

schedules for next year, he said. "I think a decision has to be made whether to continue or hold this off until next year, and quite simply it has to be made now because of scheduling," Rezmierski said.

The health class came under scrutiny when parents took issue with the contents of the sex education portion of the class. There is still a push by more than 400 parents who have signed a petition to make the class an elective, despite the fact parents may opt students out of that portion of the class.

The choice of the class being an elective is just one of the many options the health advisory committee will have to consider when they review the existing curriculum, he said. It's just one option which could influence the recom-Continued on 8

Business snags delay opening of downtown eatery

BY ANDREW DIETDERICH

A partnership that went stale between two businessmen who planned to open a new Northville restaurant may soon be over, one of the former partners said.

As a result, Essence Restaurant, 146 Main Centre, is expected to open within four weeks, said Wayne Holman, one of two partners in the restaurant.

Either way, at least one neighbor said she's tired of being flanked by vacant storefronts and hopes the restaurant opens soon.

The announcement the restaurant plans to open follows an update by Lori Ward, Northville Downtown Development Authority director, to the DDA at its regular meeting April 11. "I've been told the partnership between the owners is still strug-gling," Ward said. "And I've been told the chances of the restaurant opening soon are slim."

and Brian Mackle, a former chef at Mackinnon's Restaurant. Mackle said he didn't want to comment.

However. Holman said liquor license problems and struggles between the two partners have slowed down the opening.

'l can't believe it's been a year." Holman said. "But we had a problem with the license transfer and one of the partners who will no longer be involved with the restaurant.

The restaurant received its license in March and Holman said the relationship between the partners should be severed. Holman said as soon as personnel issues Ę.

"I have a beautiful garden of memories in my head..."

- Bill Klope

Photo by JOHN HEIDER

William Klope talks about his 104 years of life during his birthday last week. Klope has been alive in three different centuries.

Three centuries, one man

At age 104, Bill Klope remembers a lot — including his wife

By MELANIE PLENDA Staff Writer

He was married to Erwina Lenora Meyers for 54 years. seven months, and 21 days, said

Bill Klope, now 104 years old. While he lived half his life with America) cleaned without. It seems fitting then he spoke at length about her on his 104th birthday April 10. "I'm blind. I'm deaf. I can't listen to the radio, talk on the phone or watch TV. So I just sit," son off to the Korean War. he said. "But I have a beautiful garden of memories in my head

and I think about those."

Klope's mind is clear as a bell he said and full of a 104 years of living. His memories include seeing his father coming back from the Spanish-American War in 1898. A war which he says up in no

when that Graham Bell guy was tinkering with telephones experience that took place only 15 years before Klope was born. Klope remembers the first time he saw a car and couldn't believe this new contraption.

There were no au anywhere in the world. We were living on a common plateau (in Tennessee). There were no roads - just dirt and mud. And a very brave man drove onto the plateau and everyone took off after him to see his automobile. I was just

Headache for netters

Northville's girls' soccer team piled on goals the against Walled Lake Central in a 6-1 rout, but had a tough time finding

the net against Plymouth Salem. - Page 1B

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The two partners are Holman

National Library Week has community reading

By MELANIE PLENDA Staff Writer

Books abound during the National Library week celebration April 10-15, district library officials said. Northville District Library director Julie Herrin and assistant direc-

tor and coordinator of electronic services Anne Mannisto said they are hoping to use this week to focus on reading, learning and connect-ing with the community. They said the library offers several ongoing programs that having something for everyone.

In addition to youth story times which cater to children from six months to five years, the library offers book discussion groups for young adults, teens and adults, Mannisto said.

However, the library isn't just for reading anymore, Herrin said. There are also several opportunities for community members to expand their horizons by learning a new skill or craft.

"We have several internet classes that are offered to anyone in the

£1

But as long as the business is closed, it's a situation that continues to keep the doors of the large Northville storefront closed to the public and traffic away from one downtown block. The former business, Northville Athletic Club, closed more than two years ago.

Continued on 10

time." He saw the blood and battle of the high seas when he was a young man fighting for his country in World War I and knows the anxiety of sending a

Klope said he remembers a world before electric light and

Continued on 7

Photo by JOHN HEIDER

Jacob Taylor, 3, is read to by his nanny Carolyn Robar Monday morning at the Northville District Library. Robar and Taylor had Just attended the Little Me storytime group, a weekly gathering of toddler and small children for a sit-down story.

community," Herrin said. "In fact, we've just added an advanced class."

Mannisto said the classes have been so popular that library officials have had to begin a waiting list. The classes are composed of 12 people to one instructor. Herrin said people really seem to enjoy the

one on one attention and feel their questions get answered in more

depth in the intimate environment. Additionally, the library is offering a relatively new service to the community by allowing people to connect to certain sites on the World Wide Web through the **Continued on 9**

If only for a day, Silver Springs has new vice principal

Third grader selected to run the show at Northville elementary school

By MELANIE PLENDA Staff Writer

A student at Silver Springs Elementary waged a friendly take over of the principal's office for one day at least.

Third grader Brandon Viar won a drawing which made him assistant principal for a day. Teachers put students' names in a drawing for reaching their reading goals. The winner had his or her chance to join the rank and file of

school administration. "I would like to be assistant principal 'cause I wouldn't get bossed if I were." Viar said about his administrative

future. Dwarfed behind Principal Ken Pawlowski's desk, feet dangling

from the office chair, and the sleeves of an oversized button-down Silver Springs shirt. Viar looked right at home, not that the principal let him rest there for long. Pawlowski kept Viar busy throughout the day with a very tight schedule including reading morning announce-ments, kindergarten read, textbook count, lunchroom dismissal, getting soccer balls off

the roof and directing traffic as students went home.

We did tell his mother he'd be on the roof and in traffic," teacher Diane Vanston said. "And she gave the okay.

Vanston said Viar handled himself very professionally while he read to the Kindergartners. He even came prepared with

Brandon Viar questions on notecards to make sure the students were diligently paying attention. she said.

Continued on 7

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Police Reports

NOVI MAN CRASHES THROUGH YARDS THEN YELLS AT RESPONDERS

An 18-year-old Novi man who lives on Mill Road drove through several city of Northville yards, crashed into a porch and eventually rammed a tree before yelling at emergency responders trying to help him.

The incident happened March 24 at 6:50 p.m.

According to a city of Northville police report, the man was driving his car westbound on Allen Drive when he hit a curb on the south side of the street, drove through the yard at 1114 Allen Drive and

hit a lamp post, then through the yard of 1092 Allen Drive, hit a porch and stopped after striking a tree in the front yard. Witnesses told police the man tried to flee the scene but he was caught near Hamlet's Party Store by city police.

The police report said the man cursed at and tried to fight all medical attention responders tried to give and even spit in the face of firefighters. When asked for identification he told police, "I am really drunk and don't care," the report said.

Because of his combative nature, police said they had to

obtain a search warrant for his blood to determine how intoxicated he was. His attorney called a few days later and said his level was 0.28. He remained hospitalized for several days after the incident.

TWO FIGHTS IN AS MANY WEEKS AT THE WAGON WHEEL BAR

Two patrons of the Wagon Wheel, 212 S. Main St., were injured in separate incidents at the bar.

The first incident happened April 1 at 12:14 a.m.

According to the first city of Northville police report, a bar patron was standing in the bar and allegedly accidentally bumped into another patron who proceeded to beat him up. The fight included the first patron being hit in the head with a bar stool requiring more than 50 stitches. No one in the bar said they knew who the man who did the beating.

The second incident happened April 5 at 2:30 a.m.

According to the second city of Northville police report, a drunk man went to the police station bleeding and said he was jumped and beaten in the parking lot of the bar. Police went to the bar to ask what happened and a waitress indicated the man who was beaten was challenging all patrons who left to a fight and someone took him up on the offer after he had been cut off from drinking. There are no suspects or witness-

WOMAN ARRESTED IN TOWNSHIP FOR VIOLATING **PROTECTION ORDER**

A 46-year-old man was arrested after she violated a personal protection order filed against her by her ex-husband.

The incident happened April 7 at 2:29 a.m.

According to a Northville Township police report, the man was sitting at his kitchen table eating when he heard his sliding door open.

He went to see the problem and heard a storm door open. He ran to the backyard and chased down a shadow running through the yard and discovered it was his exwife.

The report said he asked her what she was doing and she said she was checking on her children. She later turned herself into to Northville Township police.

Township man may face criminal sexual conduct charges

BY ANDREW DIETDERICH Staff Writer

Northville Township Police plan to seek a felony criminal sexual conduct charge against a 25-yearold township man who allegedly raped a 15-year-old female. Det. Michael Wildt, Northville

Township Police Department, said police plan to submit their investigation to the Wayne County Prosecutor's office soon seeking the felony criminal sexual charge. The name of the man was withheld because he hasn't been arraigned. According to Wildt, the 15-year-

old girl allegedly went to the 25year-old's Northville Township apartment and was consuming alcohol with the man and another "of-age" couple. Wildt said details are being investigated as to what exactly happened, but the 15-yearold girl alleges the man raped her.

The incident allegedly happened

March 14, but it was reported a week later when the girl went to the police station with her mother. That is fairly common with

these kinds of allegations." Wildt said. "Most of them don't get reported at all."

Wildt said police may charge the man with a charge of criminal sexual conduct III, which is a felony with an up to 15-year imprisonment.

Police said if anyone feels they have been the victim of a sexual crime they should report it as soon as possible.

"The sooner they're reported the better." Wildt said. "The longer they go unreported the more difficult they are to investigate."

Andrew Dietderich is a staff writer for the Northville Record. His email address adietderich@ht.homecomm.net.

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Firefighters Mike O'Brian, left, and Dan Dipple accept Helping Hugs bears from Target employees Allison West, Herb Vanderploeg and Donna Sneddon. The Helping Hugs program provides bears to comfort children in emergency situations.



Correction

A story in last week's edition misspelled the late wife of Northville Township resident Alfred Galli. Her name was Freda. not Rita.

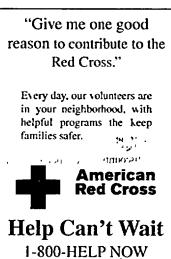
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Temporary changes slated during print press change

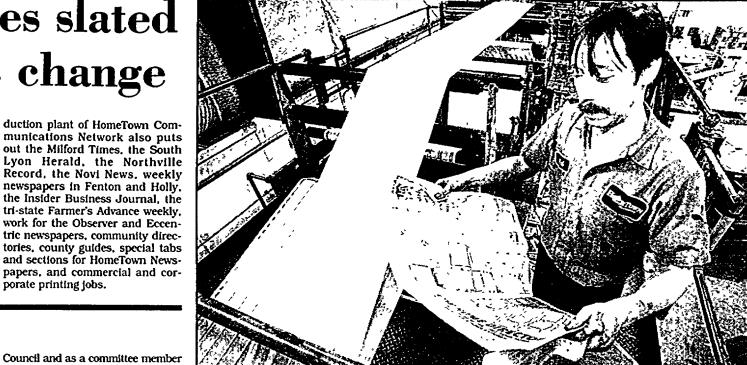
Installation of a new four-high printing press at HomeTown Newspapers' production facility on Burkhart Road in Howell Township means a better product in the future - but for today's paper it means that page configurations are different.

The Lifestyle section won't be self-contained; the section, which usually starts on page 1AA. instead begins behind the last pages of the news section. And the news section, which is usually one unit, has been broken into two for today's paper. The color photos on section fronts that readers have become accustomed to are also gone.

Installation of the new four-high printing unit is expected to be completed in the next week or so, meaning readers will soon be treated to larger newspapers with more color and continuing quality. As well as printing The Liv-

ingston County Press. Brighton Argus, and The Express, the pro-

munications Network also puts out the Milford Times, the South Lyon Herald, the Northville Record, the Novi News, weekly newspapers in Fenton and Holly. the Insider Business Journal, the tri-state Farmer's Advance weekly, work for the Observer and Eccentric newspapers, community directories, county guides, special tabs and sections for HomeTown Newspapers, and commercial and corporate printing jobs.



NORTHVILLE RESIDENT

Northville Area Briefs

APPOINTED TO ADVISORY COUNCIL

A Northville resident was appointed to one of Gov. John Engler's boards.

William McKnight was appointed to the interstate rail passenger advisory council. McKnight is retired and worked as corporate secretary for the Grand Trunk Corp. He is assigned "to represent the general public."

McKnight was appointed to replace Lansing resident David Brickey.

CHIEF ASSISTANT PROSECUTOR ANNOUNCE ELECTION BID

· George Ward, Wayne County chief assistant prosecutor, announced he is a candidate for the democratic nomination in the Aug. 8 primary for the office of Wayne County prosecutor.

Ward, 59, joins Mike Duggan, 41, of Livonia, the chief deputy Wayne County executive, and state Sen. Virgll Smith, 52, of Detroit, in the race. Smith has been a senator for the last 11 years.

Ward is a graduate of the University of Detroit and the University of Michigan Law School. He's been Northville's Senior Citizen Advisory

chief assistant Wayne County prosecuting attorney since 1986. Additionally. Ward has served two terms as a commission of the State Bar of Michigan, president of the board of control of Saginaw Valley State University and is president of the Irish-American Lawyers of Michigan. He and his wife have five children.

He has received an endorsement from Wayne County prosecutor John O'Hair.

WAYNE COUNTY COMMIS-SIONER ADDS STAFF MEMBERS

Wayne County commissioner Lyn Bankes has added two new staff members to assist Northville area residents more effectively.

Bankes said she sought out leaders in each of the communities she represents in the 10th District, which includes Livonia. Plymouth, Plymouth Township, Northville and Northville Township, "to provide her with information as to how to better serve their community."

In the Northville area residents Dorothy Tilney and Carol Gibson were added to the staff.

Tilney is a retired executive secretary of the Michigan Department of Mental Health who has served on

Council and as a committee member for Sénior Celebration Day.

Gibson, a manager in the Michigan region of Time Warner Cable. works with programs such as First Step, a shelter for battered women, and Angela Hospice.

Bankes may be contacted by call-ing (313) 224-0946.

MEMBER OF SENIOR CITIZEN **COUNCIL ACCEPTS** REAPPOINTMENT

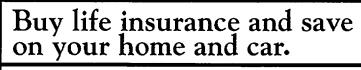
A member of the Northville area senior citizens advisory council has indicated he would accept reappointment to the council.

expired March 31, was contacted by the board and commission selection committee to determine if he would accept reappointment to the board.

to serve another term on the board. His three-year term will expired March 31, 2003.







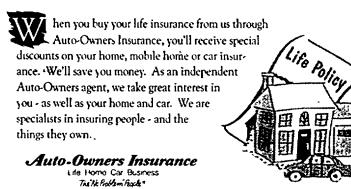




Photo by AL WARD



C. HAROLD BLOOM

Call of the wild beckons couple to shoot animal photos^{*}

By MELANIE PLENDA Staff Writer

Northville residents Connie and Rick Denomine aren't going to be rich, they said. They have settled instead for running with cheetahs, soaring with whales and capturing it all with their cameras.

The Denomines are a rare breed of adventurers who live life to it's fullest and only expect a good shot in return. Luckily their work has captured the attention of many an art show goer and will be judged April 14-16 at the Sugarloaf Crafts Festival at the Novi Expo Center.

"It started as a part time job," Rick Denomme said."I was working in a Supermarket. One day we just sat down and after talking about it for a long time we decided to go for it."

The former Supermarket employee and former Ballet instructor. Connie, decided to devote their life to nature photography. They pride themselves on doing all of their own matting.framing. developing and processing from their home which helps to keep their costs low. Rick said their work averages \$12-\$200.

All of the Denomme's work is strictly from scratch, they said. They refuse to do any digital remastering and in fact don't even own a computer.

"It's not photography anymore if you do that," he said, when you can make anything a good picture all you're doing is fooling the puble."

Connie Denomme agreed and said they would much rather be out taking the shots even if they are imperfect rather than sitting behind a computer trying to make them perfect.

In addition, to the 30 art shows they do a year and the day to day production of their work, they plan at least one big trip a year for exotic shots. This year they are planning to go to Honduras to swim with the dolphins.

"Rick has no fear. He will get into any situation. And there I am right behind him," Connie Denomme said.

Last years trip to Africa proved fruitful for the daring duo who came back with stunning color photos of a newborn giraffe they saw come into the world and a sly cheetah in a tree.

The cheetah had dragged a gazelle up in the tree and was eating it," Rick Denomine said,"so we were able to get right up to the base of the tree to get the shot. We waited though until he was done with the gazelle. We didn't really want that in there."

On one of their smaller scale trips. Connie Denomme had another close encounter of the grizzly kind.

" I went to go out of the cabin one morning, opened the door and there was a grizzly standing right in front of me," she said

Connie Denomme through harrowing strength bravely did the only thing she could.

"I closed the door," she said, "are you kidding me I wasn't going to stand there and chat with it. I wasn't ready to go yet."

Connie Denomme said though she wouldn't trade her experiences for anything and would go back to Africa or Antarctica again in a heartbeat. Rick agreed and said this job helps him do the things he most enjoys:photography and the outdoors.

Rick Denomine added they have been lucky enough to have never been in any real danger. Interestingly enough, he said, animals will give humans some kind of warning before they attack. Giving them ample opportunity to leave before they strike.

Though their expeditions may seem daring they actually have to do quite a bit of preparation in order to fill the 120 rolls of film they take on average. Rick Denomme said they spend months reading up on the area and the animals in the area before they go anywhere.

Not only is it dangerous if you don't . but It's really a waste of time if you don't," he said.

For instance if in August they go on a trip with the idea of shooting the birth of baby animals but they aren't supposed to be born until February then they are out of luck and wasted \$10,000, he said.

In June the Denomines said they are ready for a well earned vacation. They will be going out west for a month. However, even with the talk of a break from work they couldn't help themselves from talking about what shots they hope to get once they are there.

We don't do vacations, We always have our cameras and are ready to shoot something," Connie Denomme said.

In fact the Denommes said even after they retire they have dreams of working at Yellowstone just to stay in the outdoor loop.

It's so exciting to be that close to the animals and have them accept you into their space," he said, "it's truly amazing the opportunities this job has afforded us.

Melanie Plenda is a staff writer for the Northville Record. Her e-mail address is mplenda@ht.homecomm.net

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Photo by JOHN HEIDÉR

Wildlife photographer Richard Denomme has traveled to Antarctica, Africa and Alaska to get his shots of animals in their natural settings

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Tigers' mascot visits school

By MELANIE PLENDA Staff Writer

Paws the Tiger caused a grrrreat gigglefest at the Early Childhood Center April 7.

Paws, the Detroit Tigers mascot. with Wondergarten teacher Steph Ruiter reenacted the classic "Casey At The Bat" to ready stu-dents for the Tigers' opening day. Students were surprised to learn Casey let Mudville down and one student had some sage advice for the baseball great.

"I would've kept my eye on the ball if I were him," she said.

While'Paws swung at an imaginary ball with a whiffle bat to show Casey's last stand, students reacted as if they were really there. They even gasped and awwed as Rulter read of a joyless Mudville.

Wondergartener Kelly Stanley. 4, said she liked the story, despite its lack of educational value.

"I did not unfortunately learn anything from the story. * she said. "But I thinks that's okay."

Teachers and students showed their enthusiasm for America's favorite pastime with a rousing and impressive rendition of "Take Me Out To The Ballgame." All of this was in preparation for

the big game April 11 when Comerica Park officially opened to awaiting fans. Students in the Wondergarten will have the best seats in the house. Teachers and

parents will be hawking hot dogs and Cokes to students in their

and Cokes to students in their make shift stands and they watch the game on a big screen TV. Paws certainly readied the stu-dents by passing out Tigers posters and cards. But it was Paws' personality and good looks that impressed three year old Chris Gikas the most Chris Gikas the most.

"I liked him 'cause he's growls and is orange and has stripes and a mouth and a tail and legs and ears and he gave me baseball cards," he said.

Melanie Plenda is a staff writer for the Northville Record. Her eaddress mail is mplenda@ht.homecomm.net



Photo by JOHN HEIDER Paws the Tiger entertains Wondergarten students at the Early Childhood Center.

Mill Race

- MILL RACE VILLAGE
- Thursday, April 13
- Archivists, Cady Inn. 9 a.m.
- Friday, April 14
- School Tour, School and Grounds.
- 9:30 a.m. Wedding Rehearsal, Church, 6
- p.m.
- Saturday, April 15
- Wedding, Church, 4:30 p.m. Sunday, April 16
- Mill Creek Community Church Service, Church, 10 a.m.
- 17th Michigan Reenactors.

Church, 5:30 p.m.

Tuesday, April 18

Stone Gang, Grounds, 9 a.m. weaver's Guild, Cady Inn. 7:30

p.m. Wednesday, April 19 Mill Creek Community Church

Meeting. Church. 7:30 p.m.

Historical Tidbits

Most of what we know today as the "town" or "downtown" area of Northville was heavily timbered. Growing here in great abundance were oak. maple, lynn, elm, and beech trees. Silver Springs Lake, the only natural lake in all of Wayne County, was surrounded by a tamarack swamp in a place today dotted with homes of the Highland Lakes subdivision. South of the lake to what is now Seven Mile Road, the land was heavily timbered from Northville Road east to Haggerty. Other swampy areas were located at what is now fish hatchery park property. The area contained a good deal of gravelly and sandy soil resulting from the melting ice. But the soil also contained sufficient clay and loam to make it tillable by those who soon would be making this their new home. (From "Northville, The First Hundred Years."]



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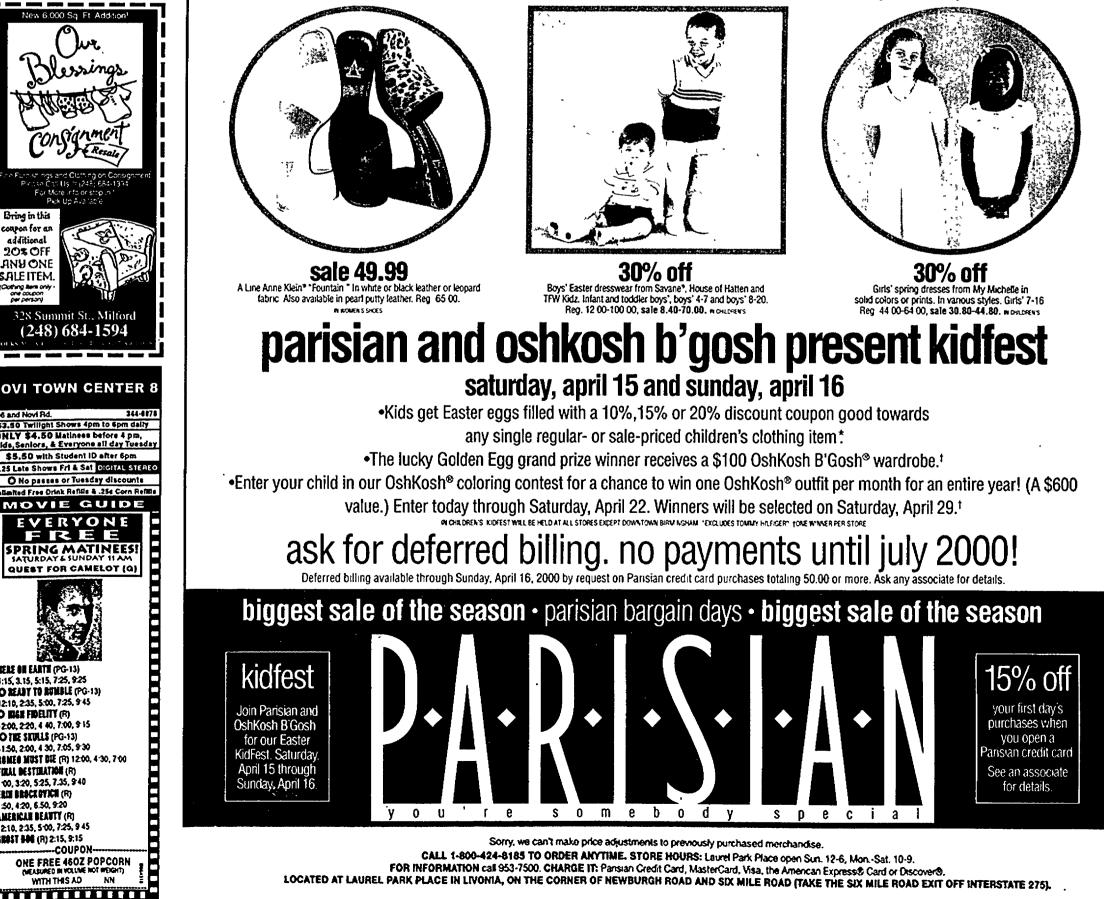
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'Friends' see district library as new city square

By MELANIE PLENDA Staff Writer

The library offers the public reasons to get together, outgoing Friends of the Northville District Library president Lynn Parklann said.

Friends volunteers raised almost \$30,000 for the library last year through fundraising efforts. The funds were used to fund new artwork in the library, lunches with the authors, and most importantly, more books. This year, the group is hoping to support the purchase of non-fiction books and videos, young adult furniture, and childrens' reading programs and accessories.

"We provide a service that will draw people to the library," Park-lann said. "We want to not only provide people with education but entertainment as well. It's definitely not a snooty place."

The Friends, which is a nonprofit organization, recently launched its annual volunteer drive to raise membership and funds for new programs and books. More than 300 families are members who either donate money through dues and volunteer time. or simply support the library monetarily.

Since the first Ladies Library Association Meeting in 1890. groups have formed with two simple goals in mind, Parklann said.

Volunteers not only help with the development of programs and collect funds for the library but also help to introduce new members of the community to all the library has to offer.

"The Library is really like the cultural center of town," incoming president Carol Poenisch said. *It is a place for people to get together and to talk to each other while informing and entertaining themselves. It really has taken the role of what the town square used to be."

The Friends have several ongoing programs including a book and author luncheon where members got to pick the brains of local authors and discuss the authors' works with other members. Last year the Friends brought in author Jack Driscoll to speak at their luncheon at Fox Creek Golf Club.

Furthermore, the volunteers have held seminars with people from backgrounds as varied as book award nominees to fly fishing experts.

¹In one corner, the fishermen



WHO: Friends of Northville District Library

PURPOSE:

 Provide funds for equipment, expand services and enhancements for the library through membership dues and fundraisers

· Volunteer for the library programs, used book sales, the Friends' Store, Fantasy of Trees and Voices and Visions.

• Participate in member activities including our annual meeting complete with free pizza and family entertainment.

DUES: Range from \$15 to \$100

INFORMATION: (248) 348-6023

were teaching people how to tie lures and over in the aisle they were showing them how to cast a line. It was really something to see," Parkllan said.

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Parkllan said the group tries to

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get speakers and develop activities people don't normally get to see. She said that helped to draw a wide variety of people with varying interests.

"I've really enjoyed all the people I've gotten to meet that I wouldn't have normally gotten to meet, and I really like that it's not just one age group that participates," she said.

Parkllan said the activities draw seniors, baby boomers, and even voung adults. Poenisch agreed the programs seemed to offer a little something for everyone.

"It's so great to see all the little kids sprawled out on the floor for a story hour while the moms all look through the stacks of books," she said.

Additionally, Parkllan said activilles such as the Fantasy Tree raffle also brought out all ages to participate. In a day-long project members got together in the spirit of the holidays and decorated 19 Christmas trees displayed in local shops. The trees were then raffled off with all profits going back to the library's coffers. This year, Parklann said she hoped new members would be able to help the Friends sell 25 trees.

ANY NEW

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NOTICE — CITY OF NOVI

TUP 00-014

The Friends have also been responsible for purchasing work stations for the library, including one dedicated to local history. Ultimately, Parkllan said it is

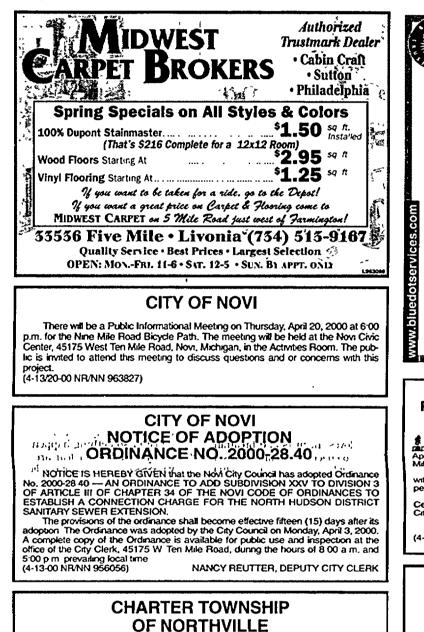
her desire to see an ever-improving library that brings her back for her ninth year in the organization. "It's just wonderful being with

folks who are excited about what a library can bring to a community. They are interested in the same things I am and it seems when everyone is working towards a common goal like that it just brings people closer."

Melanie Plenda is a staff writer for the Northville Record. Her email address mplenda&ht.homecomm.net







NOTICE OF FIRST READING AMENDMENTS TO ZONING ORDINANCE **ORDINANCE 94**

Article 6 through 17 - Districts Article 20 — Development Options Article 28 — Private Roads Article 33 — Site Plan Review Article 34 - Land Division

Date: April 20, 2000 Time: 7:30 p m Place: Northville Township Civic Center 41600 Sox Mile Road

A first reading of Zoning Ordinance revisions will be held at the Board of Trustee meeting on April 20, 2000 at 7:30 p.m. at the Northville Township Crvic Cen-ter, 41600 Six Mile Road, Northville, MI 48167. A complete copy of the revisions are available at the Township Hall office.

The public is invited to attend and express their comments and questions. Written comments regarding the proposed changes will be received by the Township Clerk's Office, 41600 Six Mile Road, Northville, MI 48167.

(4-6/13-00 NR 963794)

SUE A. HILLEBRAND, CLERK

APRIL 19, 2000 Healthy Lawn Care Workshop

Wednesday, April 19, 2000 7:00-8:30 p.m. • The City of Novi **Novi Civic Center** 45175 West Ten Mile Road, Novi

Conducted By The Friends of the Rouge in Cooperation with the Metropolitan Detroit Landscape Association

LEARN FROM THE EXPERTS HOW TO HAVE A GREEN LAWN THE EASY WAY WHILE PROTECTING WATER QUALITY IN YOUR LAKES AND STREAMS

- Topics: The basics - mowing, watering and fertilizer selection
- What to do about grubs

3

- Starting a new lawn seed vs. sod. Easy care landscape design - lawns,
- oardens Landscaping to attract butterflies and
- songbyrds
- Finding a landscape contractor to do the job - questions to ask

REMEMBER, ONLY YOU CAN PREVENT FOREST FIRES.

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SPECIAL ASSESSMENT DISTRICT

NOTICE OF PUBLIC HEARING

SMOCK ROAD SANITARY SEWER

On Thursday, April 20, 2000 at 7:30 p.m. a Public Hearing will be held on the establishment of a Special Assessment District (SAD) in Northville Township, pri-marily to Smock Road residents. This Public Hearing will be conducted at the Township Crvic Center, 41600 West Six Mile Road, Northville, Michigan 48167.

All interested ortizens are invited to attend and provide views, ask questions and comment on the proposed SAD. For additional information please contact the Clerk's office at (248) 348-5800.

(3-30 & 4-13-00 NR 962130)

SUE HILLEBRAND, NORTHVILLE TOWNSHIP CLERK

NOTICE TO BIDDERS HYDRAULIC ELEVATOR INSTALLATION NORTHVILLE HOUSING COMMISSION NORTHVILLE, MICHIGAN

Separate sealed bids will be received by the Northville Housing Commission, (Owner) until 4:00 p.m., local time, Friday the 12th day of May, 2000, in the administrative offices of the Northville Housing Commission, 401-A High Street, Northville, Michigan 48167, for furnishing all materials, tools, equipment and labor necessary to complete the scope of work at the time indicated above, bids will be immediately opened, reviewed for compliance with bidding requirements and publicly read in presence of those interested. Bids are invited for each project on the basis of a lump sum, single-prime General Construction contract. Funding for the project is provided by the Wayne County Community Development Block Grant Program.

SCOPE OF WORK

At the Allen Terrace senior citizen building, provide all labor, materials, equipment required to install a minimum A.D.A. compliant hydraulic elevator and controls in an existing shaft. Work will include but it is not limited to: Drilling a well for and installation of a subterranean steel casing and hydraulic jack assembly; construction of a new elevator machine room; modification of elevator lobbies (to include existing wall demolition, painting & carpet replacement, etc.); and installation of a split A/C unit for a complete job.

All more particularly described and shown on the Contract Documents, drawings and specifications herein as prepared by James E. Childs & Associates, Inc., 521 West Colfax Avenue, South Bend, Indiana 46601.

CONSTRUCTION DOCUMENTS Drawings, specifications and other bidding documents will be available beginning at 12:00 Noon, local time, Thursday the 20th day of April, 2000, at the offices of The Northville Housing Commission, and James E. Childs & Associates, Inc., 521 West Colfax Avenue, South Bend, Indiana, and may be inspected during normal business hours at these locations. The Contract Documents, including instructions to Bidders, Drawings, Specifications, Prevailing Wage, and EEOC/AA requirements, may be obtained from the office of either the Architect or the Northville Housing Commission for a refundable fee of \$30.00. Deposits will be refunded in full if the following conditions are complied with, viz:

1. Return of the Project Manual in good reusable condition within five (5) days after the date of receiving bids, and

2. The delivery of a bonafide bid at the time and place fixed for receiving bids. Should any bidder fail in the observance of either condition, he shall forfeit the full amount of his deposit.

PRE-BID SITE VISIT/ACCESSIBILITY In order to facilitate site examinations, the Architect will be available to accompany bidders starting at 11:00 a.m. local time, Friday the 28th day of April, 2000, beginning at the offices of the Northville Housing Commission, 401-A High Street, Northville, Michigan 48167.

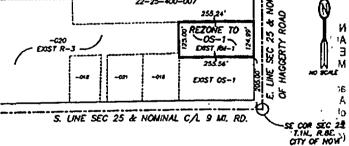
All principal subcontractors are strongly encouraged to visit the site to review the scope of work. This will be the only time the interiors of the buildings will be available for inspection during the bid period. Interested parties are to call the office of the Architect (219-288-2052) to confirm attendance. (4-13-00 NR 965057)

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declared to be necessary for the preservation of the public peace, health and safety and is hereby ordered to take effect fitteen (15) days after final enactment. It shall be published within fifteen (15) days of adoption. The effective date of this Ordinance is April 18, 2000, It shall be published within fifteen (15) days of adoption.

MADE AND PASSED by the City Council of the City of Novi, Michigan this 3/d? day of April, 2000. Copies of the Ordinance Amendment may be purchased of v inspected at the Office of the City Clerk, Novi, Michigan, weekdays between 8:00) a.m. and 5:00 p.m., local time,

RICHARD J. CLARK, MAYOR NANCY REUTTER, DEPUTY CITY CLERK -013 PAVILION COURT APTS 2 EXIST RM-1 22-25-400-007



To rezone a part of the S.E. 1/4 of Section 25, T.1N., R.8E., City of Novi, Oak-land County, Michigan, being part of parcel 22-25-400-007, more particularty described as follows:

described as follows: Beginning at a point on the Westerly right-of-way line of Haggerty Road, said point being S89*18'00'W 52.00 feet along the Southerly line of Section 25 (nominal C/L of Nine Mile Road) and N00*17'49'W 205.00 feet along the Westerly right-of-way line of Haggerty Road from the S.E. comer of Section 25; thence S89*18'00'W 255 56 feet; thence N00*08'46'W 125.00 feet; thence N89*18'00'E 255.24 feet to the Westerly right-of-way line of Haggerty Road; thence S00*17'49'E 124.99 feet along said right-of-way line to the point of beginning. Containing 0.73 acres. FROM: RM-1 LOW-DENSITY MULTIPLE-FAMILY RESIDENTIAL DISTRICT A OS-1 OFFICE SERVICE DISTRICT (0.95 AC.) ORDINANCE NO. 18.589

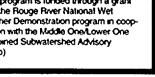
ORDINANCE NO. 18.589 ZONING MAP AMENDMENT NO. 589 CITY OF NOVI, MICHIGAN ADOPTED BY THE CITY COUNCIL APRIL 3, 2000 RICHARD J. CLARK, MAYOR NANCY REUTTER, DEPUTY CLERK (4-13-00 NR NN 965060)

CITY OF NOVI NOTICE OF ADOPTION **ORDINANCE NO. 2000-28.41**

NOTICE IS HEREBY GIVEN that the Novi City Council has adopted Ordinance No. 2000-28.42 — AN ORDINANCE TO ADD SUBDIVISION XXIII TO DIVISION 3 OF ARTICLE III OF CHAPTER 34 OF THE NOVI CODE OF ORDINANCES, TO ESTABLISH A CONNECTION CHARGE FOR THE ARENA DRIVE SANITARY SEWER EXTENSION.

The provisions of the ordinance shall become effective fifteen (15) days after its A complete copy of the Ordinance vas adopted by the City Council on Monday, April 3, 2000. A complete copy of the Ordinance is available for public use and inspection at the office of the City Clerk, 45175 W. Ten Mile Road, during the hours of 8:00 a.m. and 5:00 p.m. prevailing local time. (4-13-00 NR/NN 965053) NANCY REUTTER, DEPUTY CITY CLERK NANCY REUTTER, DEPUTY CITY CLERK

5)



Ad

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from the Metropolitan Detroit Landscape

Association

(This program is funded through a grant from the Rouge River National Wet Weather Demonstration program in coop-eration with the Middle One/Lower One

Combined Subwatershed Advisory Group)

(248) 348-2777

Northville man celebrates a long life of memories

Continued from 1

amazed." he said.

As for computers, Klope said he doesn't know much about those because they are still new.

They are beyond my imagination. My daughter has one and she can do some tricks with it, but I don't use one," he said.

With all of his memories of great moments in history it seems it is the memories of his wife he looks on most fondly.

-He met her on leave from the navy in 1917. He said he was at an amusement park in Philadelphia. They were riding the same foller coaster when her hat was caught by the wind and hit him in the chest - right in the heart, he ald. Afterwards, he would visit per whenever he was stateside. but she was never far from his heart from then on.

The two were married in 1920 and settled into a little brick house in Troy.

Klope said he began saving early. In 1933, the Great Depression was still underway, but Klope managed to get a job as a welder at a Chrysler factory. He and his wife moved to a little brick house in Troy and raised their children. Betty, Allen and Ellie.

Klope said he made sure they always had food on the table and even planned a little for the future. ¹ "I started buying war bonds with every check," he said. "After I cashed them in. I socked them away for our retirement."

And what Klope bought was an adventure. As soon as he retired he and his wife bought a wagon and a tent for the next three years they set off across country to see all parts unknown.

"We went to every state in the country except for Alaska and Hawaii," Klope said.

Talk of his camping trips with her brought a sparkle to Klope. He said those were some of the best moments of his life. He went on to describe his bride of over 54 years which brought a bittersweet and

THOUGHTS AT 104

The following is a poem written by Bill Klope. He told Allen Terrace office staff the words and thoughts of his boyhood home came to him one night and this poem is the

The roof is caving in and the chimney's failing down I've not got long around here to

remain., The angels watch over me as I

lay down to sleep In the little log cabin in the lane.

> -William Klope, 104 -50

far off look to his face.

"She wouldn't have won any beauty prizes, but she had a kind he said. "She was what I heart." would call a loner. She was very quiet and kept to herself. But she would really listen to other people talk.

Klope related a story of a young girl who lived next door to them whose family was very poor. Everyday he said his wife would invite her over to feed her breakfast. He said that was just the kind of person she was.

Since her death in 1974, Klope moved to Northville and resides at Allen Terrace. After all his adventures and all he has seen he lives a quiet life. He said he couples himself by coming up with new

soup recipes.		
"I make fo	fferent	h ds c
soups, but I c	men	he salu
"Sometimes il	'on't	sh my
dinner I take i	١.	·ne and
throw it in the pc		
His youngest d	a	.ie, (1,
often comes to v	is	e said.
And she said she	e 1. (ure he
keeps up with c	urre 🕐	nts by
reading the pap	er to i:	. i everv

night.



submitted photo

Bill Klope as seen in his World War I Navy uniform. in 1917, Klope served aboard the USS Kansas, a troopship.

his life frugally, but well. And though he isn't traversing the globe and has no dreams of being a big league baseball player like he once did, he still remembers when all of that lay ahead.

"I think a lot about my boyhood days," he said. "It's important to remember your past life and all the things you hold dear. Your past is reflection of your life. And the more you think about it the Klope said he believes 'he lived more you only remember the good

things and forget the bad." Klope related the words to the song "Memories." and said it reminded him of his life. He sang of childhood days, wandering ways and dreams of love so true, before she left him alone.

Melanie Plenda is a staff writer for the Northville Record. Her email address is mplenda&ht.homecomm.net

Photo by STEPHANIE FORDYCE

Thursday, April 13, 2000-NORTHVILLE RECORD-7A

More reflections aboard a modern aircraft carrier

By MELANIE PLENDA

AND PETTY OFFICER SHAWN FELIX Staff Writer and Sailor for the U.S. Navy

Northville High School alumni Shawn Felix bears a responsibility for us everyday. He is one of many navy men and women whose charge is to guard our waters and way of the so we don't have to.

But behind military rhetoric is a person, and a young one at that. A person who has fears about what he has signed up to do. Though we as a country аге not

Ofc. Shawn Felix involved in anu immedi-

ate skirmish and though things are relatively calm in Shawn's waters, there are times he said when he can't help think of what could happen. What follows are Shawn's own words:

There is a certain amount of fear and nervousness that lies hiding in the back of your mind when you are in a region with a history of belligerence and the potential for more. Floating around in the Persian Gulf policing the area to prevent any type of hostility and trying to maintain peace is not always easy. There is a certain amount of arrogance in being an American in the military knowing that we are the superpower of the world. This overconfidence leads us to believe we are invincible to a certain extent. The thought of another country trying anything with us makes us laugh.

But in the back of your mind is where the reality is and on occasion reminds you that in fact you are not indestructible but just as vulnerable as the rest of the world.

At least once a week the ship drills as if we were in a real situation. It is usually a couple of hours long with a different scenario each time. These situation drills are like smelling salts, reminding us why we are in the Persian Gulf.

Hatches and doors on all levels are sealed to prevent spreading of smoke, gases or water. Jumping into fire suits, gloves, helmets and breathing devices to enact the circumstances as best possible depending on the situation. Break out fire hoses, different fans for de-smoking, pipe patching kits and many other repair type kits.

Smoke machines are on in spaces where the fire is to impair vision to enact reality. A training team waving rags enacts fires, as real fire is not the best idea for training. Hose handling is practiced, but only on occasion is the hose charged with water. When charged with water, hose handling is done in the hangar and aimed over the side to limit clean up.

Drills vary as the possibilities go to all stretches of the imagination.

Commands called off through an intercom to inform the crew of the most current situation.

"Brace the ground for torpedoes inbound" is a common drill. Grab a tie- down, bend your knees and keep heels off the ground is what bracing consists of. Tie-downs are a little dip in the ground with small bars making an 'X' that is used to tie down the jets to prevent rolling in rough seas.

Fear is at its best for drills of chemical warfare. Chemical warfare drill involve everyone donning a gas mask with the majority of personnel going below decks to avoid contact with any nerve agents. We discuss skin decaying, loss of bowel control and other less-than-comforting consequences of the nerve agents. The few on the ship that don't strike below are in suits designed to keep nerve agents from penetrating through to the skin. They walk around with a special kind of paper used to determine the type and strength of the nerve agent. This paper is placed bordering the weather areas to monitor the strength of the nerve agent

Quite possibly the most realistic scare are jets flying off 12 to 18 hours a day doing routine flights and enforcing the fly zone. On occasion foreign planes are seen breaking the fly zone, soaring right over us, close enough to land. Jets are always loaded to be ready for everything.

There is something scary about seeing jets return empty. Being that it is confidential you never know if it was just routine target practice or some kind of conflict had happened.

Easily the biggest fear for all military is being separated from your family. The possibility of a close relative passing on and not being there to say that last goodbye or comfort your grieving family. The idea of being thousands of miles away from your family while you are in the middle of war, not knowing if your family is safe. Thoughts that a war could lead to terrorism in your area near your family turns your stomach with fear.

Any amount of fear that exists here is to prevent any fear from existing back on the home front. Regardless of where you are stationed or what branch of the military, there is always a chance of something happening. Currently, reasons for fear are not really necessary as no major conflict is happening right now. Everyone has their own way of dealing with fear. putting it in the back of the mind is their typical reaction. The arrogance of invincibility, that we as American's believe we can not be touched, is only because of those of us in the military who are here to preserve that idea.

Melanie Plenda may be reached via e-mail at mplenda@ht.homecomm.net. Shawn Felix can be reached via e-mail at FELIXSHA@stennis.navy.mil

Call him Mr. Viar, the new vice principal

Continued from 1

around the school.

Classmate and fellow student council member Elizabeth Keanen she was impressed at Viar's ability to keep things under control and hopes the student council can sponsor something like this again. Viar then took a power lunch

with Pawlowski and said he may

have some changes he'd like to see

"I would like the teachers to

ments in he morni-'i've always wan' ۰tł. Add ally •has. found respec hard we. he had the his principal (Si . inventorying res ւս տե te ks 7N . Kİ. / like that much," 'n'. he -1 really boring." V. 1. Pawlowski wanted

"I liked eading the r

Nestanger Hi HU 3 good understanding

hand out candy everyday and I would give all my friends a vacation," he said.

Also scheduled for the school should Viar retain his position would be allowing students to wear hats and chew gum in school.

job wasn't the power or the respect that comes with the job.

of the not s n things principals have to do se times.

The nine other students' names drawn in the competition received a book, while the two top reading classes will receive a pizza party.

Melanie Plenda is a staff writer But Viar said the best part of the for the Northville Record. Her e-mail address is mplenda@ht.homecomm.net

CITY OF NOVI NOTICE OF ADOPTION **ORDINANCE NO. 2000-37.22**

to give \

NOTICE IS HEREBY GIVEN that the Novi City Council has adopted Ordinance No. 2000-37.22 — AN ORDINANCE TO ADD SUBDIVISION X TO DIVISION 4 OF ARTICLE II OF CHAPTER 34 OF THE NOVI CODE OF ORDINANCES, TO ESTABLISH A CONNECTION CHARGE FOR UTILIZATION OF THE TWELVE MILE ROAD WATER MAIN.

The provisions of the ordinance shall become effective fifteen (15) days after its adoption. The Ordinance was adopted by the City Council on Monday, April 3, 2000. A complete copy of the Ordinance is available for public use and inspection at the office of the City Clerk, 45175 W. Ten Mile Road, during the hours of 8:00 a.m. and 5:00 p.m. prevailing local time.

NANCY REUTTER, DEPUTY CITY CLERK

CITY OF NOVI NOTICE OF ADOPTION ORDINANCE NO. 2000-37.21

Brandon Viar won a drawing to be the assistant principal for a

day at Silver Springs Elementary School.

NOTICE IS HEREBY GIVEN that the Novi CAy Council has adopted Ordinance No. 2000-37.21 — AN ORDINANCE TO ADD SUBDIVISION IX TO DIVISION 4 OF ARTICLE II OF CHAPTER 34 OF THE NOVI CODE OF ORDINANCES, TO ESTABLISH A CONNECTION CHARGE FOR THE ARENA DRIVE WATER MAIN EXTENSION.

The provisions of the ordinance shall become effective fifteen (15) days after its A complete copy of the Ordinance is available for public use and inspection at the office of the City Clerk, 45175 W. Ten Mile Road, during the hours of 8:00 a.m. and 5:00 p.m. prevailing local time. (4-13-00 NR/NN 965222)

NANCY REUTTER, DEPUTY CITY CLERK

CITY OF NOVI PUBLIC HEARING NOTICE

NOTICE IS HEREBY GIVEN that the Planning Commission for the City of Novi will hold a public hearing on Wednesday, May 3, 2000 at 7:30 p.m. in the Novi Civic Center, 45175 W. Ten Mile Road, Novi, MI to consider ZONING ORDINANCE TEXT

AMENDMENT 18.151: AN ORDINANCE TO ADD SUBPART 2503.2E(2) OF ORDINANCE NO. 97-18, AS AMENDED, THE CITY OF NOVI ZONING ORDINANCE, TO REVISE THE HEIGHT LIMITATIONS PERTAINING TO ROOF TOP APPURTENANCES.

All interested parties are invited to attend. The proposed ordinance is available for review at the Planning and Community Development Department. Verbal comments will be heard at the public hearing and any written comments must be received by the Planning and Community Development Department, 45175 W. Ten Hile Road, Novi, MI 48375, until 5:00 p.m. on Wednesday, May 3, 2000.

(4-13-00 NR/NN 965219)

(4-13-00 NR/NN 965224)

ROBERT CHURELLA, SECRETARY

Help Can't Wait Now you can contribute to the CAmerican Red Cross by secured credit card on the World Wide Web at_ .American http://www.redcross.org Red Cross

CITY OF NOVI NOTICE OF ADOPTION ORDINANCE NO. 2000-37.20

NOTICE IS HEREBY GIVEN that the Novi City Council has adopted Ordinance No. 2000-37-20 — AN ORDINANCE TO AMEND SECTION 34-76 OF THE NOVI CODE OF ORDINANCES, TO MODIFY THE REQUIREMENTS FOR THE INSTALLMENT PAYMENT OF WATER SYSTEM CONNECTION CHARGES.

The provisions of the ordinance shall become effective fifteen (15) days after its adoption. The Ordinance was adopted by the City Council on Monday, April 3, 2000, A complete copy of the Ordinance is available for public use and inspection at the office of the City Clerk, 45175 W. Ten Mile Road, during the hours of 8:00 a.m. and 5:00 p.m. prevailing local time. (4-13-00 NR/NN 965177)

NANCY REUTTER, DEPUTY CITY CLERK

NOTICE — CITY OF NOVI **REQUEST FOR TEMPORARY USE PERMIT TUP 00-013**

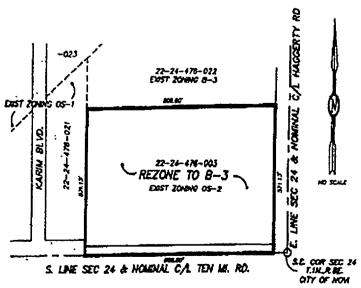
NOTICE IS HEREBY GIVEN that On the Border Restaurant is requesting a Temporary Use Permit to allow the placement of a tent for Cinco de Mayo (Mexican Independence Day) from May 4, 2000 through May 6, 2000. On the Border is locat-

ed in the Highpoint Shopping Center on Haggerty Road and Eight Mile Road. A public hearing can be requested by any property owner of a structure located within 300 feet of the boundary of the property being considered for temporary use permit.

This request will be considered at 3:00 p.m. on April 19, 2000, at the Novi Civic Center, 45175 West Ten Mile Road. All written comments should be directed to the City of Novi Building Official and must be received prior to April 19, 2000.

SARAH MARCHIONI TEMPORARY USE PERMIT SECRETARY (248) 347-0415 **CITY OF NOVI** NOTICE

NOTICE IS HEREBY GIVEN that the Planning Commission for the City of Novi will hold a public hearing on Wednesday, May 3, 2000 at 7:30 p.m. in the Novi Civic Center, 45175 W. Ten Mile Road, Novi, MI to consider <u>ZONING MAP AMEND-MENT 18.592 FOR POSSIBLE RECOMMENDATION TO CITY COUNCIL FOR REZONING OF PROPERTY LOCATED NORTH OF TEN MILE ROAD AND WEST OF HAGGERTY ROAD FROM OFFICE SERVICE DISTRICT (OS-2) TO GENERAL BUSINESS DISTRICT (B-3) OR ANY OTHER APPROPRIATE ZON-ING DISTRICT</u> ING DISTRICT.



To rezone a part of the S.E. 1/4 of Section 24 T1N., R.8E., City of Novi, Oakland County, Michigan, being parcel 22-24-476-003 more particularly described as follows:

Beginning at a point on the South line of Section 24 (nominal C/L of Ten Mile Road), said point being S88°26'40'W 60.02 feet from the S.E. corner of Section 24; thence continuing along said South line S88°26'40'W 800.00 feet; thence N00°23'40'E 571.13 feet; thence N88°26'40'E 800.00 feet to the Westerty right-of-way line of Haggerty Road; thence S00°03'40'W 571.13 feet along said right-of-way line, which is parallel to and 60.00 feet West of the East line of Section 24 to the point of beginning 10 fearmer 10 fearmer Ine, which is parallel to and 60.00 reet trest of the point of beginning. Containing 10.5 acres. FROM: OS-2 PLANNED OFFICE SERVICE DISTRICT TO: B-3 GENERAL BUSINESS DISTRICT ORDINANCE NO. 18.592 ZONING MAP AMENDMENT NO. 592 CITY OF NOVI, MICHIGAN

ADOPTED BY THE CITY COUNCIL

RICHARD CLARK, MAYOR

NANCY REUTTER, DEPUTY CLERK All interested persons are invited to attend. Verbal comments will be heard at the hearing and any written comments may be sent to the Planning & Community Development Department, 45175 W. Ten Mile Road, Novi, MI 48375 until 5:00 p.m. Wednesday, May 3, 2000.

(4-13-00 NR/NN 965220)

NOVI PLANNING COMMISSION ROBERT CHURELLA, SECRETARY

(4-13-00 NR, NN 965179)

Northville School Briefs

TC EXTENDS THE GIVING CUP TO THE CAPPUCHINS

Thornton Creek Elementary students raised \$750 for the Cappuchin soup kitchen's reading room for their "March Is Reading" month.

This donation will be matched by Scholastic Books and all proceeds will go toward the purchase of books for children who visit the monks' shelters.

First grade teacher Chris Modrak said the students made a commitment last month to not only read themselves but help others learn to read, so they chose the project to help those who are less fortunate learn the value of reading and have access to books. Modrak said this was also part of their year long "Celebrate Democracy" program, one of the components of which is serving the common good.

The soup kitchens have been run by the Cappuchin brothers since the depression. On average they feed three hot meals at two centers to over 200 people a day six days a week. Modrak said the monks realuzed if the children who come to the centers don't have food chances are they don't have books either. The brothers decided to build these reading rooms to give the children access to this knowledge and further serve the community.

A DAY OFF FOR EVERYONE BUT NORTHVILLE

Superintendent Leonard Rezmierski sald there will be school on the Friday before Labor Day for the next four years. A state law is in effect stating schools in every district will have the Friday off. However. Rezmierski sald since Northville teachers had their contracts drawn before the law was in effect. Northville is exempt from the law.

NHS ART STUDENTS ON DIS-PLAY

Health ed class may be OK'd or delayed

Continued from 1

mendation, Rezmierski said. The decision to hold off a ruling by the school board would allow more time for health advisory committee members to review and research the many changes suggested by parents, Rezmierski said. If he recommends the board not make a decision on the curriculum until next year. it would Northville High School students Katie Banks and Amanda Ostrowski were accepted into the Birmingham-Bloomfield Art Center's juried art contest.

Banks, with her piece "Nirvana," and Ostrowski with "Disarray," will be eligible for cash prizes, BBAC scholarships or certificate awards. Awards will be presented at an opening reception at the BBAC

April 14 from 4 p.m. to 5:30 p.m. The competition was open to all regional district high school students grades nine through 12. It is not a show, but a contest for all media of art which included sculpture. jewelry, painting, drawing, ceramics, mixed media and photography.

The juror for the contest is Zdzislaw Sikora. He is the chairman of the Foundation Department, Center for Creative Studies in Detroit.

DRIVERS EDUCATION SCHEDULE ANNOUNCED

Applications are being accepted for the two drivers Ed sessions offered this summer at Meads Mill Middle School.

Deadline for applications are April 14 by 4 p.m. Applications turned in after the deadline will be put on the wait list. Students will be notified by mail two weeks following application deadline.

The session dates and times for the first session are June 19-July 14 from 8 a.m. to 10 a.m. or 9 a.m. to 11 a.m. The times are the same for the second session, which runs July 17 through Aug. 11.

A \$115 fee covers both sessions. Once a student is accepted, he is committed to both segments and there are no refunds. Class sizes are limited and any student not accepted into the program will have their check returned.

Segment one will consist of 24 classroom hours with six hours of behind-the-wheel training. Driving time is scheduled individually with the teacher in addition to the twohour scheduled class time. The length of the summer program is four weeks. Students are selected for driver education according to their birth date, with oldest students receiving preference. Students must be 14 years and eight months old by the first day of class to enroll.

AG TAKES A STAND ON INTERNET CRIME

Attorney general Jennifer Granholm paid a visit to Moraine Elementary school March 28. Granholm warned parents they need to be especially careful when their children are surfing the Internet. She said while it can be an amazing learning tool for children and adults alike there are some pitfalls. Specifically she addressed the issue of electronic "cookies." These are sort of tracking devices that can be put on a hard drive when certain websites are opened. The cookies track computer users preferences and create a click stream. Companies then buy these click streams and target people with specific advertising.

This is dangerous. Granholm said, because with the proliferation of WebTV this will provide advertising companies the capability to change ads to suit the viewer. This could mean the more unsuspecting viewer may get more deceptive advertising while the more savvy will get a true ad.

More information can be obtained by going to the attorney general's website at www.ag.state.mius.

SS STUDENTS WIN AT 21

Reading start students are being challenged to read 21 books during the course of the month. The school has books available for check out. School officials will keep a record of the books and give out certificates.

Meijer donated \$100 which went towards prizes of pencils and stickers to fill a treasure box on March 31. Students will continue the challenge throughout April. They must read at least 12 books for a dozen eggs, which entitles them to participate in an egg hunt April 20.

GREEN-PEACE AT THE ROTUNDA

The St. Paul Lutheran School choir, "Joyful Noise," sang at the state capital rotunda April 5. The group sand a variety of tunes including "God Bless America," and "Let There be Peace on Earth."

Fortunately for the choir. this was the same day the Michigan State University Spartans were celebrating their victory in the NCAA basketball tournament. The team and awaiting fans were led by the choir singing the MSU fight song.

Do it for someone you love

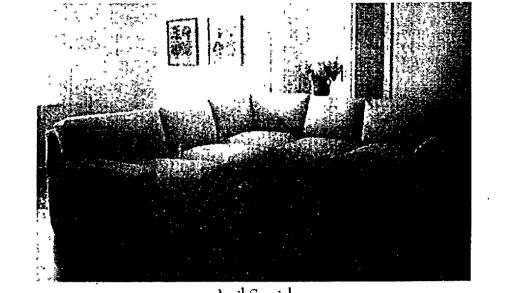


Coaching a major league team is a full-time job and so is my responsibility to my family. That's why I eat plenty of healthy foods like veggie burgers, spinach and bean burritos, and vegetable lasagna. The more vegetarian meals you include in your routine, the better. So play it safe for your team.

Tony LaRussa Manager of the St. Louis Cardinals

Tonight, make it vegetarian

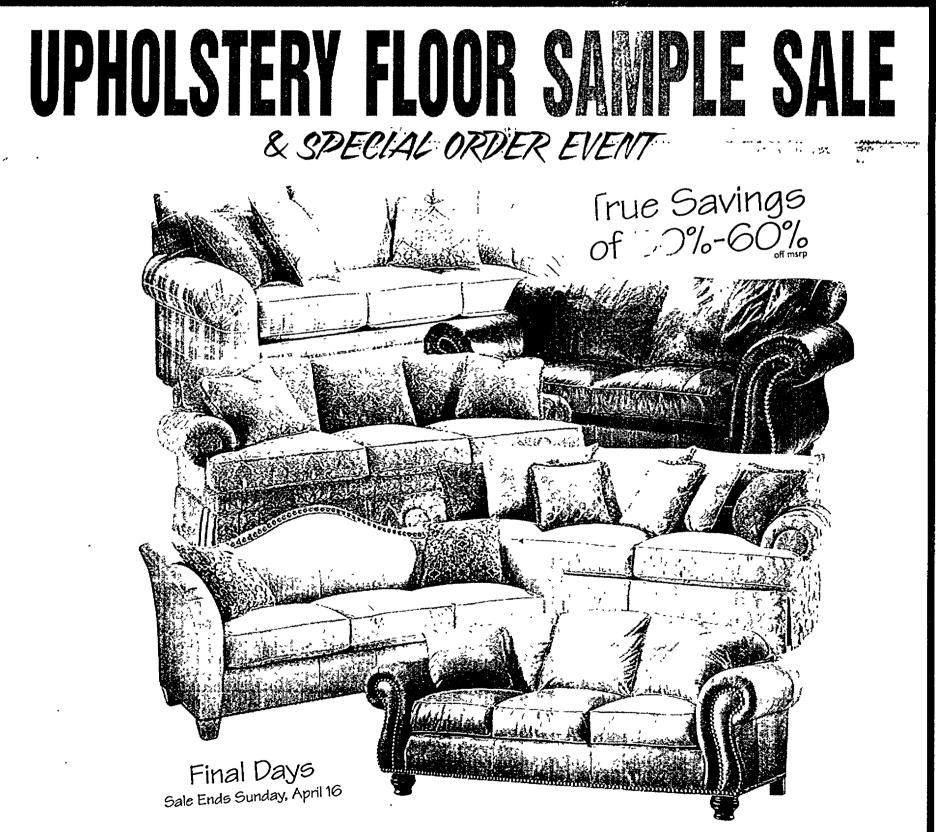
For more information, contact. Physicians Committee for Responsible Medicine 5100 Wisconsin Ave , Suite 404 Washington, DC 20016 (202) 686-2210, ext 300 - www.pcrm.org



<u>April Specials</u> Complimentary Upgrades! See shop for details! Sofas starting at \$1,100!

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affect the 2002-2003 school year.

It was uncertain whether Rezmierski would recommend the hold. Rezmierski was waiting for further information from assistant superintendent Linda Pitcher as well as high school administrators.

The information includes new research done by the University of Michigan. stating the effectiveness of classes of this nature.

In addition to the research, Rezmierski said there were several other options for the health advisory committee — and ultimately the school board — to consider. Rezmierski said he wants to make sure everyone has an opportunity to be heard and all facts considered so whatever decision is reached was in the best interest of the students.

Melanie Plenda is a staff writer for the Northville Record. Her email address is mplenda&ht.homecomm.net





United States Fire Administration Federal Emergency Menagement Agency http://www.usfa.fema.gov Now thru April 16th, save 50% to 60% with no payments for 6 months on all Thomasville floor sample sofas, loveseats, chairs and recliners in fashionable fabrics and rugged leathers. If by chance nothing catches your eye on our showroom floor... save 40% to 50% on all special order upholstery from Thomasville, Conover, Sherrill, Henredon and Bradington-Young. *Plus, drastic markdowns on a large selection of unique accessories, lighting and pictures*.



Library Lines

LIBRARY HOURS

The Northville District Library is open Monday-Thursday, from 10 a.m. to 9 p.m.; Friday and Saturday, from 10 a.m. to 5 p.m.; and Sunday, from 1 to 5 p.m. Located at 212 W. Cady St. near city hall, with parking off Cady Street. For detailed information, call (248) 349-3020. The library will be closed on Sunday, April 23 for Easter.

NORTHVILLE'S UNSUNG HEROES OF THE **CIVIL WAR**

Join us on April 30 for a special presentation featur-ing uniformed reenactors of the 102nd U.S. Colored Troops, focusing on their contributions to the Civil War. Host Julie Fountain will follow with a detailed look into the lives and times of Northville Township residents who were members of this regiment. This free program runs from 1:30 p.m. to 3 p.m. in the

library's meeting room. No registration is required.

SPRING BREAK DROP-IN CRAFTS

Looking for something fun to do during spring break? Boys and girls of all ages are invited to drop in and make a spring craft on April 25, from 2 p.m. to 3 p.m. Children ages 4 and under should attend with a

caregiver. No registration is required.

LEARN HOW TO USE E-MAIL

In addition to Internet classes, the library is now offering specialized two-hour classes on e-mail. The next class will be April 26 at 2 p.m. No computer experience is necessary and classes are open to adults of all ages. Please register at the information desk or call the library.

BOOKS, CHAT AND CHOW

Middle schoolage and older are invited to join us on April 23 at 4 p.m. to talk about the novel by Paula Danziger, "Thames Doesn't Rhyme with James." Students in grades three through five are invited to the junior session of Books. Chat and Chow on April 25 at 4:15 p.m. The topic will be "Twinkie Squad" by Gordon Korman. Have fun sharing ideas about these enjoyable reads. Register at the library.

LIBRARY BOARD MEETING

The next meeting of the Northville District Library Board of trustees will be April 27 at 7:30 p.m. The public is welcome to attend these monthly meetings.



Continued from 1

library's system. Mannisto said a variety of commercial databases are available for Northville residents to search from home or their office. She said anyone with a valid library card is eligible to access. She said this is often valuable for students who need full text articles to site as sources. Normally many sites such as The New York Times site will only allow web surfers to read a portion of the article for free and

then will charge the surfer a fee for the box labeled "Databases Accessithe rest of the text. Often fees on these sites can be upwards of \$60 to register for the site.

Mannisto said residents will also have access to health databases hundreds of general interest magazines and on-line reference books.

To access this information using the internet can be obtained by going to the Northville District Library's home page at www.northville.lib.mi.us. Click on ble from Home," select a database and enter the library card number. More information may be obtained by calling the Northville District Library at (248) 349-1700.

Thursday, April 13, 2000-NORTHVILLE RECORD-9Å

Melanie Plenda is a staff writer for the Northville Record. Her e-mail address

mplenda&ht.homecomm.net







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Gulf Shrimp and Lobster Fettuccine with lobster cream, chorizo, tomato, garlic, olive oil & herbs.

*Roast Duckling with natural sauce, wild rice with lentils and bacon, braised red cabbage & apple sauce.

Roast Leg of Lamb with rosemary and roasted garlie sauce, potato paneakes with ratatouille, asparagus 😇 tomatoes provencal.

Filet Mignon with coapac and black peppercorn sauce, portabella mushroom, mashed redskin potatoes & carmelized onion.

Baked Easter Ham

with pineapple and brown sugar glaze & dauphinoise potatoes.



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Obituaries

KATHY RAE DAWSON

Kathy Rae (Cogsdill) Dawson, 56. died April 6 at her home in New Port Richey, Fla. She was born in Ann Arbor, Mich.

"Mrs. Dawson moved to Florida in 1995 from Gaylord. She was an accomplished artist whose works embraced folk art, Indian American art, stained glass and clay. Mrs. Dawson was a 1961 graduate of Northville High School. Her memberships included the National Geographic Society, A.A.R.P., and Aleene's Art Club.

She is survived by a daughter. Kímberly Wikman of Tampa, Fla. Arrangements were made by

North/Meadowlawn Funeral Home in New Port Richey, Fla.

VICTORIA F. NICHOLS

Victoria Faith Nichols died at birth March 22 at 2:12 a.m. in Providence Hospital, Southfield.

Cemetery, Northville.

Memorial contributions to the charity of choice would be appreciated.

Arrangements were made by Casterline Funeral Home Inc. of Northville.

MARY E. STROH

Mary Ella Stroh, 96, died April 3 at Martin Luther Memorial Home in South Lyon. She was born Oct. 3. 1903, in Mount Carmel, Ili., to Charles F. and Lovilah (Courter) Chapman.

A homemaker, Mrs. Stroh was a resident of the community for 61 years. She was a member of the First Presbyterian Church of Northville and King's Daughters.

Mrs. Stroh is survived by three grandchildren, Arthur, Lisa and Kirk: five stepgrandchildren and 15

April 8 at Casterline Funeral Home officiating. Interment was in Oak-

Interment was in Rural Hill land Hills Memorial Gardens, Novi.

WILLIAM F. ARTMAN

William F. Artman, 94, of Northville died March 27 in Livonia. He was born Nov. 28, 1905, in Detroit.

Mr. Artman was an engineer with Chrysler Corp. for 31 years. He moved from Detroit to Northville in 1974. Mr. Artman was a member of St. Kenneth Catholic Church in Plymouth and a.50-year member of Twin Beach Golf Club in West Bloomfield. In addition to golf, he enjoyed traveling and playing bridge. He also enjoyed a hobby of being a handyman.

Mr. Artman is survived by two sisters-in-law, Marcella Tolonen of Northville Township and Evelyn Boulton of Gatlinburgh, Tenn.; one brother-in-law, William (Eleanor) Tolonen of Paradise, Mich.; three

St. Kenneth Catholic Church, with the Rev. Joseph Mallia officiating. Arrangements were made by Schrader-Howell Funeral Home in Plymouth.

VIRGINIA L. SMITH

Virginia L. Smith died April 10 at the Whitehall Healthcare Center in Novi. She was born Sept. 26, 1908. in Fennville to Sidall and Carrie (Parker) Litsenberger.

Mrs. Smith was a lifetime resident of the Northville area. She was a clerk at the U.S. Post Office in Northville for a number of years before retiring in 1963. Mrs. Smith was a member of the First United Methodist Church of Northville and the Order of the Eastern Star.

She is survived by two sons. Francis (Joanne) of California and Stephen (Renee) of South Lyon: Wagenschutz of Plymouth and Carolynn Beyer of Novi; one brother, Robert (Leatha) Litsenberger of Northville: 13 grandchildren, 20 great-grandchildren, and two great-great-grandchildren.

Mrs. Smith was preceded in death by her husband, Leland V: in May 1969; a daughter, Janice Pauline Smith-Nowland; and four brothers and four sisters.

Casterline Funeral Home Inc. 122 W. Dunlap St., Northville (248) 349-0611 has made the arrangements. Visitation will be held on April 13, from 4 p.m. to 7 p.m. with funeral services at 7 p.m.

VERNON P. PLUMRIDGE

Vernon P. Plumridge died April 8 at Providence Hospital. He was born Jan. 8, 1922, in Detroit to Herbert Joseph and Minnie Agnus

Mr. Plumridge retired in 1984 after serving 38 years of employ-ment with Michigan Consolidated Gas Co. He was a member of the Blue Flame Retirees Club.

Mr. Plumridge is survived by his wife, Loraine of Northville; seven children: Carol (Paul) Trese of Florida, Jan Plumridge of South Lyon, Jeffrey (Michelle) of Bear Lake, Donna (Steve Wilson) Dou-glass of California, Jill (Don) Lewis of Northville, Patrice (Steve) Heyer of California, and Juli (Dennis) Kerr of Southgate; and 17 grandchildren and seven great-grandchildren.

He was preceded in death by three brothers.

A memorial service was held on April 10 at Casterline Funeral Home Inc. of Northville.

Memorial contributions to the American Heart Association would







High school students pair with elementary pupils

By MELANIE PLENDA Staff Writer

Mobil station manager Karen Hanchett donated money, but the result of her contributions are priceless.

Hanchett financially supports an afterschool tutoring program at Winchester Elementary. Since it began in 1998, the program has joined younger students with National Honor Society students at Northville High School for some extra help after school. So far the program has helped more than 50 children.

"A lot of times you'll donate money and not see the results, but here we get to see the learning and the fun kids are having. Hanchett said. "This is such a worthwhile cause and hopefully a benchmark for new programs in the community."

Students can get extra help from the NHS students with class material on get a head start on homework." Students meet Wednesdays after school for an hour for about

For the NHS students, coordina-

Applications are being accepted

she said.

"I resigned up for this I enjoyed it so much." junior Megan Gilshire said. "It's worth the time it takes to come here every week."

Another volunteer, Celeste Karch, said she also signed up for another semester of tutoring because she has already seen the positive changes in the girls she's helped, not only in terms of doing better in school but in a greater willingness to learn.

For their part, the Winchester students not only get help with their work but said they enjoyed hanging out with the "big kids.

"They are really nice and it's helping me. I'm kinda sorta having problems in math and they are helping me understand it better." fourth grader Danielle Estes said.

After Winchester students are finished with their work, they are all anxious to get their chance to play on the computer until their parents come to pick them up, said fourth grader Amanda

Suokas.

The program is run by Winchester teachers and coordinated by Vitale. She said the idea came out of a school improvement team suggestion. She and some other teachers signed up for this project and it took off from there, she said. Vitale said the marriage of the two grade levels has more

value than test results could show. "This one-on-one connection has it's own value," she said. "If they see the older students placing a value on learning they are more likely to as well."

She said the program gives the younger students a boost in their self confidence which may be even more important than their improved academics.

Vitale said the program runs the entire semester, ending some time in May.

Melanie Plenda may be reached .e∙mail via ' mplenda@ht.homecomm.net



Photo by JOHN HEIDER Winchester Elementary School student Justin 🔢 Handley gets and hand in learning about compaction multiplication problems from volunteer Lauren McCausland last Wednesday afternoon. The high, school student helps tutor at $\beta \gamma$ Winchester once a week.

-17



Northville Record

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Photographer

OPINION

The Essence of Northville depends on solid business

But you may ask, "Why

does it matter if Northville

has another restaurant?"

with much more than just

another place to please

your palate.

The answer has to do

R - just ask Nancy Jackson, one of the owners of Blissful Bed-ding, 122 Main Centre.

Her business, which she started with her partner Geraldine Newman about one year ago, stands flanked on two sides by vacant storefronts. Additionally, a large restaurant a few doors south remains closed and has been for more than two years.

Jackson said getting people to take a walk south of Main Street has been much harder than it should be, more than just another place to

and we couldn't agree more - the retail portion of Main Centre has about as much drawing power as the frozen daiquiri line at Comerica Park on opening day.

The opening of the restaurant has been held up for the past two years by two bickering businessmen and one liquor license

transfer problem. Alas, it appears as the city parking deck for more if the fighting between the two businessmen may come to an end and the liquor license was finally awarded by the Michigan Liquor Control Commission in March.

:As a result, one partner says the restaurant will open soon. Hopefully he's telling the truth, but it would be hard either one of this duo if they were trying to tell you nuns were religious.

Either way, it's time for whoever

er restaurant entity is seriously interested in the spot. We've all seen the difference a well-managed and experienced restaurant management company can make after the new owners of the Deadwood Bar and Grill took over the stale Timber Creek Restaurant and turned it into a hopping joint.

But you may ask. "Why does it matter if Northville has another restaurant?

The answer has to do with much please your palate.

An open restaurant in that location will get people to walk south of Main Street, for one. Jackson said just a few more people walking by her windows would bolster business.

An open restaurant in that location would mean people actually, start, using

than an expensive skateboarding facility.

An open restaurant in that location would increase the city tax base and bring more people to town.

An open restaurant in that location might make Main Centre more attractive to businesses considering moving into the other vacant storefronts in the building.

We're all impressed by the plans for Essence Restaurant and the fact

Perspective often determines reality

More random thoughts and observations on life ...

· Ask someone who had seats behind home plate at Comerica Park's first game, and they'll give you one story of how the day went. Ask someone else who had seats in left field and you'll probably get a much different take on the situation. The same holds true for our coverage of the controversial health education curriculum at Northville High School. No, reporter Melanie Plenda hasn't been to each and every meeting of each and every group discussing each and every facet of the class. But I'm convinced that like Ernie Harwell in the broadcast booth, she's done a solid job of giving the nuts and bolts of the story in a manner that informs readers as to what's going on. I'm certain she'il continue to do the same as the story unfolds.

• Another saddening item in our police blotter this week - the 18-year-old whose blood alcohol level registered a 0.28 and whose drunk driving lead him to drive through yards and into someone's porch. It's scary, it's unfortunate, and it's awful all at once. Apparently even letting your kids play on the patio isn't safe these days.

• A big thumbs-up to the folks at Consumers Energy. They came out to the condo my wife and I purchased after neighbors rang our doorbell at 9:30 p.m. to tell us we had a gas leak. As it turned out, we didn't. What had happened, we learned, was that a chemical reaction had taken place when the oil-based



paint primer we were using got into the gas lines. The result was a pretty pungent smell that permeated into the other condos in our building. I thanked the inspector for coming out on a cold and dark night, but she said — and I happen to agree with this — that you're better off calling and being wrong than not calling at all, especially since there was no charge for the visit. (FOOTNOTE: Calling your fire department when you suspect something might be wrong isn't a bad idea, either.)

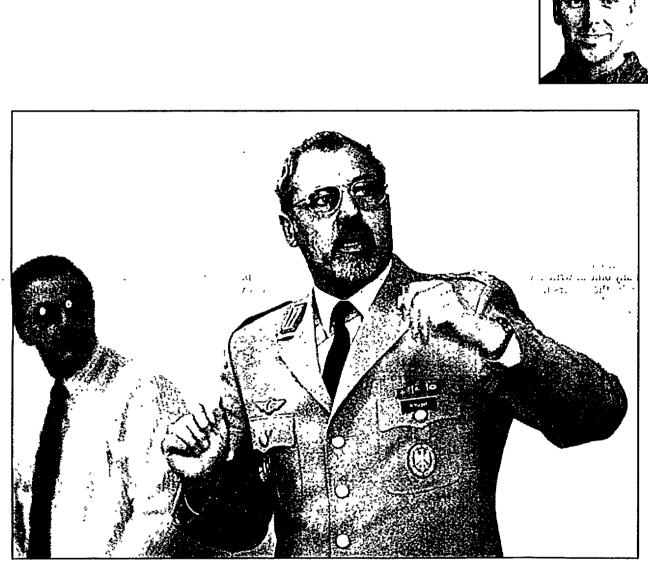
 MainCentre is a beautiful building with great frontage on Center and Main streets in Northville. It's right in the heart of downtown. So exactly why there are still vacancies in the building is beyond me. I hope that the story with Essence Restaurant's delay in opening being due to business tie-ups is more the exception to the rule and not the rule. Downtown Northville's continued viability is largely dependent on a sustained business presence in its CBD.

I said last week that we'd been get ting a lot of letters here at the Record. Look to the right and the pages that follow, and you'll see the evidence of that. It's wonderful to hear from readers. If yours was a letter that was stuck waiting in line for a couple of weeks. I appreciate your patience. Some issues - like Northville's health ed class really get people talking, thinking and writing.

• There are exceptions to the "we-lovegetting-letters" policy, however. Case in point: one letter we received drew a comparison between a local official and Adolph Hitler. There's no way I'm going to allow anyone to be compared to the man (?) often considered to be the most evil person in history simply because of a policy disagreement. Whatever issues may exist between the writer and the official pale in comparison to the slaughter of 6 million people. How sick can you get?

On a lighter note, happy belated birthday to Northville resident Bill Klope, who turned 104 last week. The step in his walk isn't as light as it used to be and his voice may be a little weak. But how can you not be touched by someone who says "I have a beautiful garden of memories in my head?" If we all kept life in perspective like Bill, I'd venture to guess things would be a lot more calm, peaceful and happy.

Chris C. Davis is the editor of the Northville Record. His e-mail address is cdavis&ht.homecomm.net.



In Focus by John Heider

owns the restaurant to put up or shut up. And especially since Lori Ward, Northville Downtown Development Authority director, said anoth- doors would open.

they spent \$200,000 on renovating the place.

We'd be even more impressed if the

Recommendation for class seems to be the best choice

sion iis bad. Making a

ed is even worse.

thing so sensitive as sex

ee if you can follow this: we recommend that Northville school district superintendent Leonard Rezmierski recommend that the health advisory committee not make a recommendation until a later time.

you didn't, here it is again, in simpler Dragging heels on a deciterms: the health advi-

sory committee should be given a recess for the time being until snap decision on somemore questions and parental concerns can be addressed.

Mr. Rezmierski said this week that he

things: that either the health education curriculum be adopted or that further discussion on the topic be held off until a later date.

Mr. Rezmierski's proposal is probably a good one. Any issue - especially a doozie like sex education can be debated until everyone's blue in the face, but eventually someone needs to step up, be accountable. and make a decision.

However, we don't think now is necessarily the time to be implementing policies that could cause such a stir. Dragging heels on a decision is bad. Making a snap decision on something so sensitive and important as sex ed is even worse.

Which is why we think Mr. Rezmierski would be well-advised to recommend holding off on a verdict on the health education curriculum until a later date. It appears too many questions remain unanswered to allow for the committee to move Did you follow? Maybe not. In case ahead with its charged duty.

> It's worth raising the question, however, of why it's come to this in the first place. I

t would seem that keeping a free flow of information to the public on the proposal might have alleviated the con-

would likely suggest one of two cerns of at least 400 parents who have begun a petition drive regarding the sex ed portion of the class. If and when discussion resumes at a later time, we hope more people are kept in the loop.

Interestingly enough, the culprit in the tie-up in a decision on the course doesn't appear to be controversy. Rather, it's student scheduling and the impact it would have on students for the upcoming academic year. Whatever the reason, it would seem far too hasty to move on something as iffy as this without getting all the facts in line.

Come to think of it, isn't "getting all the facts" exactly what this whole thing is about, anyway?

A commanding presence

Harmut Hager, a lieutenant colonel in the German army, talks to Meads Mill students last week about the role of NATO in the world.

Wait just a second, or maybe an hour

When I left Michigan State last August, I thought I had also left behind the horror of on-campus parking as well.

But it seems this parking nightmare has followed me here.

I thought I had said good-bye to the days of waiting 20 minutes for a parking meeter and good-bye to the vultures trying to steal spots.

But no - now I find myself getting even more stressed out than ever before.

It seems now when I just want to run into the corner store it takes me 10 minutes to find a parking spot. Even trying to go to out to eat these days is unbearable

What happened to the days when Haggerty Road was an easy route into Northville or the express way?

Now Haggerty is just plain unbearable and the traffic on that road is out of control.

In the past year or two, it's adopted at least four new restaurants, a movie the-ater, a grocery store and three huge mini-malls, among other things.

What used to take me five minutes to get from Five Mile Road to Eight Mile Road now takes me three times as long.

Last Saturday, when some friends of mine and I went to meet our families at Champps to have a drink and watch the basketball game, we drove around for at least 20 minutes just to find a place to park.

Finally we were so distressed, we just parked illegally because there weren't enough spots.



going to attract a lot of people, but even when I went to Target that Sunday afternoon I went through the same hellish routine.

All I wanted to do was run in and get a picture frame, so when I finally did see an open spot I drove around and sure enough, someone else had taken it.

I saw another one open up and as soon as made my way towards that one. the same thing happened again. It seemed like every time I'd see one, I'd have to get past a slew of shoppers and incoming mini vans, before someone else got there first.

I thought I was going to lose my mind. Finally I had to park all the way by the movie theater before I even got into Target. I was in the parking lot longer than I was even in the store.

And how about the wait it takes just to get into any of these restaurants on a Friday or Saturday night?

It's literally exhausting. An hour and a Now, okay, obviously the game is half to two hours, sometimes longer. Are

you kidding?

And they don't even let you make reservations. Recently some relatives came into town and we tried to take them out to dinner. Needless to say it was a complete nightmare. First we stopped into the Macaroni Grill, an hour-and-a-half wait. Then we went to Papa Vinos, two-hour wait, then Alexander's, two hours there, then we tried Rio Bravo, same thing there too. Even Cooker's was an hour and half.

My 87-year-old aunt, who lives in a very tiny town in Pennsylvania, was livid.

This is ridiculous!" she screamed. There's not even enough room to sit at the bar and have a drink while we wait!"

Because she was complaining so loudy and continuously, a nice waiter finally brought her a Manhattan to drink in the lobby

But by the time we even sat down to eat, everyone was so crabby and irritated, no one even talked to each other.

Everyone just gobbled up their food and we left.

It had taken us four and half hours to find a restaurant and eat.

We all made a pact that night that we will never try to eat anywhere near Haggerty Road on a Friday or Saturday night again.

Next time, we'll just order Chinese.

Stephanie Fordyce is a staff writer for the Novi News. She may be reached at (248) 349-1700.

MEAP scholarship? It's just a bribe

Gov. Engler wants students who pass the high school Michigan Educational Assessment Program (MEAP) test to get a \$2,500 college scholarship from the state.

On the surface, it sounds like a pretty reasonable idea

After all, high school students have been blowing off the MEAP in droves over the past few years.

In some upper-income school districts such as Birmingham, less than 20 percent of stu-dents wound up taking the MEAP last year. How come? Because most of these kids are already taking lengthy and demanding ACT and SAT aptitude tests for college, and gearing up for yet another big test — one that colleges don't require for admission and employers don't request at job interviews - seems pointless.

· And guess what? With the new \$2,500 incentive to take the MEAP in place, test-taking skyrocketed this year. Some districts reported as many as 90 percent of their students took the MEAP.

There are plenty of critics, however. Some call the program welfare for the well-off. Others complain that spending public money on college scholarships that will go disproportionate-ly to kids from relatively affluent families merely widens the gap between the haves and havenots. Still others complain that teachers are ignoring educating their students by spending disproportionate time teaching to the test.

The current dispute merely highlights problems that have plagued the MEAP from the



Originally designed as an instrument to evaluate high school curricula and teaching methods, the MEAP got overtaken by the national passion for school reform. Quite rightly, reformers argued that the way to get school improvement was to design a test that would assess what students actually learned, publish the results school by school and depend on public pressure to improve teaching methods and course materials.

Michigan didn't have such a test in place. So rather than import one from outside (perish the thought!), school authorities decided to use the MEAP, even though everybody realized the test was being used for purposes for which it was not designed. Most experts quickly recognized the flaw, and the MEAP test went through a series of improving (and, often, confusing) redesigns.

The news media (including, notably, this newspaper) jumped on the idea, regularly running detailed reports of MEAP test results.

school district by district, school building by building. For a while, MEAP test results became the main driver for school reform, with teachers and administrators trembling with anxiety before the scores came out.

But lurking in the background was another flaw in the program. Although the State Board of Education tried to make the MEAP compulsory for all high school students, the legislature, scared of grumbling students and cross parents, never went along.

So the MEAP, the primary instrument for school reform in Michigan, wound up as a con-fusing, long, arduous and ill-designed test that kids and parents could ignore without penalty. High school kids and parents caught on quickly, and participation rates tumbled.

The seemingly practical solution proposed by the Engler Administration amounts to a \$2,500 college scholarship bribe for kids to take the MEAP in enough numbers so it can remain a valid instrument for assessing school performance. No wonder lots of people are unhappy.

The truly practical solution is to require all kids as a condition of receiving their high school diploma to take the MEAP test or some other better alternative. It's logical. It's cheap. It's common sense.

And, of course, our legislative masters are certain not to buy it.

Phil Power is chairman of HomeTown Communications Network Inc., the company that owns this newspaper. He welcomes your comments, either by voice mail at (734) 953-2047, Ext. 1880, or by e-mail at ppower@homecomm.net



Letters to the Editor Readers speak out on health ed proposal

In order to clarify an issue raised in last week's paper, all meetings of the Northville Public Schools Citizen's Health Advisory Committee will be open to the public. Any questions regarding the Committee can be directed to Superintendent Rezmierski's office at (248) 344-8440.

Mike Poterala President, Northville Board of Education

To the editor:

There have been too many rumors and misperceptions regarding the proposed high school health course requirement and, admittedly, these have been perpetuated by many parents, probably more so than by the district. Yet the cause is clearly the lack of any official-written communication by the powers that be. Thus, the only option was word of mouth. The lack of information and misperceptions must be corrected.

One misperception in the media, also perpetuated at the board instructional service subcommittee meeting on March 21, is that essentially all high school students support the currently proposedcourse. This implication makes it difficult for students to stand up in opposition. The school seems to have led students in the opinion

pertinent meetings or opportunities for information on this issue. even if you disagree with my position, please e-mail drnancycouch@pol.net.

Nancy Couch Nowak

To the editor: Thank you to the many parents (300 or so) who showed up at the board subcommittee meeting March 21 to express their concerns over the mandatory high school health course. It was impressive that so many of these parents had taken the time to review the curriculum and materials and had made an informed decision to speak out. Some who spoke against this curriculum were health care professionals as well as parents.

Thanks also to the Northville Council of PTAs for taking a stand on this issue. The council voted to ask the Northville Board of Education to act as advocates for parents and children in this school district and not approve this course for every high school student until we can all be assured that its content will benefit our students.

The issue in this debate centers. in my mind, on parental rights: the parent's right to decide the setting, manner and value base of their children's education in human sexuality. The issue has never been whether children need this information. We all know that the children must be educated on the dangers of early sexual behavior. The children also need guidance in the decision-making skills required to protect themselves. The issue isn't whether to offer this course at all. Families and students should have the right to take this course, if it is right for them. Many parents are asking the board of education, our elected representatives, to make this health course an elective course rather than a required course. Parents must be allowed choice in this sensitive area of education. which is so closely tied to a family's value system and their religious beliefs. This is a policy issue that needs to be addressed now as students in the Class of 2003 are currently enrolling in this course for next year. Parents interested in signing a petition asking the school board to reverse their decision to require this course for graduation can email me at brbennett@mediaone.net.

on improving the material, not doing away with it. Some were worried that making the class "mandatory" would take away their freedom as parents. However, most were upset about the way the Northville School District handled the review process.

My objection is this. Much of the media and letters have portrayed these parents as a minority of fanatics bent on undermining the curriculum. Not so. My view of the meeting showed me that a great many Northville parents care that their children get the very best health curriculum available and are willing to challenge the schools to get it. We should all applaud the four parents on the advisory committee who did their homework. saw the flaws in the curriculum. and had the fortitude to inform other parents and seek a change. Thank you. Thank you. Thank you.

Alison Wilson

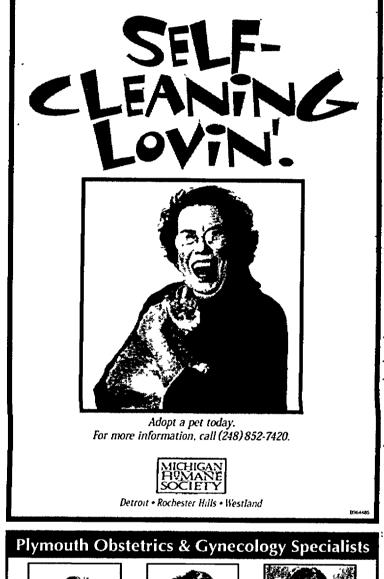
To the editor: Like many parents and concerned citizens within our community, for years we've trusted our school board members and curriculum development committees to continue the excellent education programs that Northville is known for. Therefore, we have opted to serve our community by working hildren with the community other capacities. We both are active in coaching. tutoring middle and high school students and volunteering at the schools in roles such as room parents, field trip parents, JGB leaders and the like. We believe we know our young community. A month ago, we viewed a portion of the proposed high school health education curriculum, to be mandated for the graduating class of 2003 and beyond. Like many parents within our community, we were dismayed. Even more recently, we reviewed a portion (due to insufficient allowed viewing time) of the eighth grade curriculum to be taught this June in their coed science class. Again, we were dismayed; not with the co-ed setting, but with the content, message and presentation style. Our impression of this selected material is that the committee members must believe all kids are engaging in inappropriate sexual behavior and that our children are immature, disrespectful and poor decision makers. Otherwise, we're baffled by the selection of course content. Our experience with kids within our community, developed from years of working with them, is that they are mature, young adults and they deserve the respect of mature, young adults. We have seen some other community programs and video options and would encourage more parents to get involved and see that "everyone" really isn't "doing it." A video that we found titled, "Teens and Chastity," by Molly Kelly is an excellent presentation to our young adults, taught in a mature and respectful manner. If you are interested in viewing this video. please feel free to contact us at (248) 347-4598. If the interest is

great, we will set viewing times at the Northville recreation center or Northville Township hall.

We have one chance to raise our children to be mature and responsible individuals. If the current curriculum is not meeting our goal, then we must get involved and create change before our children turn out the way the current selected material has them targeted.

By state law, we have the option to opt our children out of this unit of study, with no additional work to be assigned. As concerned parents and friends to many young people in our community, we would like to encourage all eighth grade parents to view the videos and curriculum and judge for themselves the appropriateness of the material to be taught to their children and their friends. If you find it inappropriate, then do not have your child participate in this unit. Take your child out to lunch or to the mall for a new CD. Let them sleep in. Reward him/her for being the mature individual they are and for already knowing the seriousness of human sexuality and the risks involved with premature behaviors.

As more and more parents view the material and opt their child out of the curriculum, the message will become louder and clearer we do not want growth and development curriculum as designed today in our public schools.



that "your parents are overreacting." which I believe is a direct quote from an employee at a student council meeting. The recent Northwille Record article did not cover the story a mother related on March 21 about how her daughter opted out when she became uncomfortable in the elective course (after which this curriculum was apparently modeled). The story brought tears to my eyes. especially when she described how her daughter was treated in a way that strongly discourages others to consider opting out in the future. We need to teach our students to follow their hearts when their modesty is insulted, or clearly we are not promoting abstinence. We need to teach our children to trust their feelings of discomfort as a guide in such situations. This may steer them away from danger. If the current structure does support our children in trusting their instincts to protect their modesty. then we cannot require such a course until this is changed.

Another misperception from students statements (and staff) is that "half of high school students are sexually active," exaggerating promisculty as the norm. The statistic apparently quoted is that 51 percent of 3,933 students surveyed in 1997 in grades 9 through 12 have not had sex, meaning that about half have had sex. The quotes imply that 50 percent are "doing it" regularly. They may have had intercourse only once or twice. Peer pressure is very powerful in the teenage years. Abstinence after one or two experiences doesn't equate with being "sexually active." Education must not perpetuate misconception and negative peer pressure.

Those interested in the dates of

Barb Bennett

To the editor: After attending the March 23 meeting on the proposed health curriculum, I came away refreshed by the input of most of the parents. These were parents who cared enough to look into the flaws of the proposed curriculum. These were parents who were informed enough to criticize the offending materials and make suggestions to perfect the curriculum. There were several doctors in the audience who brought up concerns. Most were intelligent, well-spoken parents armed with facts and statistics. Most of the parents were set

Jim and Mary Cicala

To the editor:

I would like to ask why is it that people of faith have to withstand the ridicule of statements like 'take their heads out of the sand." "this small number of parents." and "put on blinders and pretend." This type of intolerance goes a long way in demonstrating the bias of the "heath curriculum changes" at Northville High School.

I resent the fact that the "village" has acted with impunity and usurped my parental authority without so much as a vote of the people. Why does the community think they can confiscate my Godgiven authority of parent? I and my wife taught our youngsters the facts of life in accordance with our family traditions and our religious beliefs. It appears to me that the village, the school board and their advisory committee are in dire need of mandatory sensitivity training.

The village clamors for sex education with the reasoning. "We should do it because it is the right thing to do." Would the village sully the scared state of matrimony by having only the banal and erotic side of sex taught to our children? I ask you: what guaran. tee will the village offer up that the spiritual side of sexuality will be taught to our youth? Will the village teach about the healthy mental relationship that should be entered into before sexual relations are shared. I speak about the dating, courtship, and the romantic chase that leads a man and woman to a life long commitment Continued on 14



Norman Gove, M.D.

Kelly O'Connor, M D. Catherine Riffle, PA-C We Are Proud To Introduce To Our Staff...



Donna M. Cirasole, M.D.

Dr. Cirasole earned her undergraduate degree in Psychobiology at Wellesley College She attended medical school at Mt. Sinai School of Medicine in New York, graduating in 1990. She then completed her residency training in Obstetrics and Gynecology at Barnes Hospital/Washington University in Saint Louis Before her recent move to Michigan, she worked first in private practice, then on staff at the University of California, Davis Medical Center in Sacramento.



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LETTERS TO THE EDITOR

This newspaper welcomes letters to the editor. We ask, however, that they be issue-oriented, limited to 400 words and that they contain the signature, address, and telephone number of the writer. The writer's name may be withheld from publication if the writer fears bodily harm, severe persecution, or the loss of his or her job. The writer requesting anonymity must explain his or her circumstances. Submit letters for consideration by 4 pm Monday for that Thursday's paper. We reserve the right to edit letters for brevity, clarity, libel, taste and relevance. This policy is an attempt to be fair to all concerned.

Submit letters to: Editor, The Northville Record, 104 W. Main, Northville, MI 48167

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Letters to the Editor (continued)

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and finally mature enduring adult love.

Will the village assure that other trains of thought be taught to our youth? Ideas like Mary Beth Bonnacci's http://pizzalove.com, or Dr. James Dobson's Focus on the Family," or yet Rock for Life, the youth movement of National Right to Life. Probably not - the village will hide behind separation of church and state. Will be children be taught the difference between an abortificant pill and a pill that stops conception? Will the sex ed class explain the psychological effects of an abortion to the young females? Also, will they provide counseling for those females who accept the council given in class and go out and get an abortion?

Society has seen fit to eliminate all forms of prayer from our public schools. The public school system teaches secular humanism as its brand of religion. Society has mandated that public schools teach self esteem at the cost of self respect. Now the state of Michigan and the school board betray the public trust by lowering all of us into this cesspool of knowledge they call "health curriculum" changes." This act of duplicity promotes the "vulgar" cultural values of our society. All this at the expense of not teaching our young people the higher ideals of virtue and respect for themselves and the opposite sex.

In closing, what is the cost of the popular way of thinking? The cost is our children's way of life. The price is that we as parents did not invest the time to teach our children well. In the mean time, the Pied Piper has come to the village under mandate of the state of Michigan and is taking our youth for a long march.

Dave Pilårz

To the editor:

I read in your last newsletter. "What about faith in the classroom?" I attended the Northville High School PTA meeting abut the mandatory health class and a male parent also asked the same question and he was escorted out of the room and asked to leave. Isn't it a free country? Why can't he ask a question without alarming the school administration?

I was disappointed at how sleazy the Northville High School PTA meeting was that day and how the public school has lowered its standards and class. Especially Northville where students are monitored closely for discipline and are not even allowed to wear ballcaps to school. How do you think their behavior might be after viewing a movie about hands-on sex during a regular school day? Their minds would not be on academics, that's for sure.

I was at a junior varsity hockey parent party on Saturday night and the comments revolved around their boys spend time playing Nintendo or sports. One freshman mom told me her son said, 'Tve been learning about health ed since fifth grade and I'm

Students share their feelings on sex ed curriculum

To the editor:

Kids and parents alike feel uncomfortable talking about the sensitive subject of sex. The birds and the bees are just the scratches on the surface on the in-depth subject of sex.

A teacher at Northville public schools is going through a lot of undeserved grief about the topic of sex in the classroom. The situation about health class has a lot of parents upset with the situation. Listen- sex will happen, so why can't we put it in the open so kids are better educated about the subject? Ms. (Carla) Tibble always preaches abstinence. Do the parents really think that Ms. Tibble and the rest of the teachers aren't doing what is in the best interest of us, the students. Over-reacting to the situation of sex is wrong.

Honestly. It's stupid to think that the school is perverting the mind of the youth. If parents did a proper job of teaching their kids in the first place, this would have never been a topic. Health class is intended to educate areas that either students are too embarrassed to talk about with parents or that just aren't talked about. Some students at Northville High School have sex — end of story. Why not make sure if they do, it's done safely?

Brandon Lesniak Class of 2000

To the editor:

Throughout the controversy surrounding the proposed health class, many people have had the opportunity to share their opinion. Unfortunately, one voice is not being heard: the students.

If the concerned parents had listened to their children, they would have found that the students of Northville want to take the course. Although the parents appear to be in denial, they must accept the possibility that their children are sexually active. I cannot fathom why parents would object to their daughter coming home and informing them that she knows how to properly use a condom. Isn't that preferable to her coming home and announcing she is pregnant?

The class does not encourage sexual activity. I took the parenting decisions course. I learned basic scientific and medical facts not "Top Ten Ways to Please Your Man." Since parents are raising such an uproar about their children's education, I would assume that these parents are already involved with their students' schoolwork. Therefore, they would be reviewing and discussing the assignments with the student. At this time, perhaps sitting around the dinner table, they would take the time to impart their moral beliefs. However, the students deserve a chance to research the facts and their options.

Many parents are ignorant to the fact that many teens have sex and therefore, parents find it wrong to teach about anything but abstinence. As teenagers, we find it important to make our own decisions and to have some freedom. For many of us entering college next year, this is a major step in our lives. Therefore, shouldn't we be educated about what we encounter every day?

The solution to create male and female classes seems ridiculous. This would prevent the combination of different voices that are very important in this type of class. It is extremely sad that this is such a major topic of our lives. but educating teens about this subject must be done because in many cases, it is not. Consequently, this class will prove extremely beneficial to the students at Northville High School. Nicole Lindholm Class of 2000

To the editor:

As many of us know, there is currently a huge debate going on at Northville High School involving many parents in the communily and their opinions with the material in the health class. Many parents have learned of the subjects that are covered in this new class, which was originally intended as a requirement for the Class of 2003, and are objecting to them.

No one seems to be 100 percent certain of exactly how the parents became involved, but many believe it was due to the number of rumors that were circulating about the classes. None of these rumors are accurate and some are even ludicrous - such as the story that freshmen girls were being taught to put on condoms on senior guys. This rumor is ridiculous as anyone who has met the teachers of these classes would know that this would never ever happen. Also, just for the record, the class isn't even open to freshmen.

Many of the parents who have spoken out against the new class feel that the material taught promotes sex among teenagers. These parents are mistaken, and if they would come in and sit through one of the classes that they would realize it. Ms. Tibble has said repeatedly in my class that abstinence is the best choice, and before every lesson, she states that she is not, in any way, promoting sex.

I believe that the parents who are complaining are not being realistic. Teens have the right to know these things and if they really believe that we are all 100 percent innocent, then they don't know teenagers well enough to decide what is right or wrong for us.

Emily Hansen

diseases, AIDS, and many more are the consequences of not letting your child be educated about safe sex.

We as teenagers believe that learning about sex has made us much more aware of its dangers and more prepared if we were to be faced with the situation. Onethird of Michigan's ninth grade students are sexually active, twothirds of 12th grade students are sexually active. Even if your children are not sexually active, they still should not be deprived of useful knowledge that may save their lives. 'You can't get pregnant the first time." Wrong. "You can't get pregnant during your period." Myth. "With the 'pull out method,' you don't need protection." Also false. Now ask your children if they believe these statements are true. Unfortunately, most teens are under the impression that these are true because of being miseducated. Sexual education clears up all the myths and teaches the facts. Due to these false beliefs that many are unaware of, teens many become pregnant or contract STDs because no one taught them otherwise. They are acting on rumors

We are not trying to discredit anyone as a parent, but unless you know and can teach all of the information correctly, all teens should be taught sexual education in school.

> Laura Bronson Kristin Muir Class of 2000

To the editor:

According to national statistics. an estimated 50 percent of high school students are sexually active, and it has been projected that the percentage at Northville High School is greater.

Recently, the health class offered at Northville High School has been made a graduation requirement for students, beginning with the Class of 2003. This decision has raised many questions concerning the content to be taught in this course. Many parents and community members think that the class is inappropriate because it teaches sexual education to students in a heterogeneous classroom environment. Other issues raised include the teaching of safe sex and the inappropriateness of the content of the lesson. Many believe that the class offers too much information to students.

I think that it's about time that people in this community wake up and look around them. Parents who think that their children are too young and innocent to be exposed to such matter need to take a big dose of reality. They need to realize that their children are not as young and innocent as they may think. In society today, promiscuity and premarital sex on the topics. If a person decides to have sex, then that person probably was not very dedicated to his/her beliefs in faith about sex. This is not to say that they are not religious. I simply mean that they were probably not strongly decided one way or the other on this topic. And as is taught in health, the decision not to decide is a decision in itself.

Lastly, the fact that the class is taught with both boys and girls in the classroom is a good thing. It allows both sexes to raise questions on this issue and for each sex to realize and understand each other better. Sex is an activ ity that takes place between a male and a female. I believe that teaching them about it in the same environment should be no more intimidating or embarrassing for them than actually carrying out the act. Personally, I think that this class is highly beneficial. It not only teaches sexual health, but also psychological and physical health -- topics which are key in determining and developing a person's identity, a common goal of all teenagers.

Heather Qualman Class of 2000

To the editor:

A recent controversy arose here in our quaint little town about a subject volatile to most people human sexuality. Possibly the most heated debate experienced by our city in quite a while has been spawned by this topic and in my opinion, the way the community has handled this situation leaves something to be desired.

Analyzing the situation reveals that a handful of parents with children in the school district are upset about a class that includes a brief section on sex education which covers the use of contraceptives. Some parents, upset about this, feel that the school system conveys the message that it's okay to be sexually active as a teenager by teaching the proposed content. Nothing could be further from the truth. What opponents of the class don't realize is that the attitude of the course maintains that abstinence remains the best choice in any situation. Other parents are angered about the usage of kits to teach reproductive anatomy. The kits use such things as a sugar packet or a pear to associate with parts of the reproductive system. This makes memorization easier for students, however, some parents feel this trivializes the importance of such a topic. What I don't understand is that this is the same group of parents that are upset over the use of a realistic model penis for demonstration, as opposed to the usage of a banana as in the past. This is completely contradictory. What

transmitted disease.

Ratification of the class has remained an ongoing. daunting process over the course of the past 2 1/2 years. During this time, parents, students and faculty alike have had a chance to speak their piece either for or against the proposal. However, many people waited for the bandwagon to roll around and let the emotions of others ignite their own feelings and recently, began raising questions about the validity of such a course. Even more disquieting are the parents who interrupted students who were making a valid, professional attempt to calmly justify the school's actions during the recent board subcommittee meeting. The false impression that age automatically grants wisdom, maturity and intelligence has lead to this particular problem. Actually, such a notion is absurd and denotes that the complete opposite is true of those who buy into its doctrine.

The rumors and innuendo. which have arisen from this situation, are disgusting. Even more revolting, a handful of ignorant citizens have actually bought into the blatantly outrageous gossip which has lead to some parents not even knowing against what they are truly fighting. Several adults, most of whom don't have children who attend the school in question, came to Northville High School upon hearing a rumor that female freshmen students were placing condoms on male senior students as part of a class curriculum. This is absurd and testament to the ignorant blunders of the community in this matter. If I made a mistake this moronic, my ego would take a severe shot and I would keep my mouth shut for quite a while out of fear of looking incredibly stupid, once again.

Another self-evident truth concerning this matter can be found in the fact that only a zealous few on a self-righteous crusade under impressions of moral superiority have taken arms and raised their voices against the proposed manner of sexual education. A majority of the parents in the community either don't feel strongly about the matter or they condone the school's teaching on the proper usage of contraceptives.

Additionally, the manner in which local media has handled the situation remains less than professional, to say the least. One talk-radio show even went as far as to say this class's teacher performs erotic dances for her students. I can't believe that someone could be so stupid that they would actually say something as absurd as this. How could anyone possibly believe something so outrageous?

Another issue concerning this matter is segregation. Some parents want the class to be separated based upon gender. Whatever happened to inter-gender equality? Furthermore, students separated in this manner in sixth and seventh grades should be mature enough by the time they reach high school to handle a non separated sex education course. Even if they're not, wait a few years. The health class proposed can be taken at any time in a student's high school career. In conclusion, if you don't want your child learning the facts of life, then opt him out of the section of the class that covers them. The class is, after all, designed in a manner that lends itself to such a decision. But remember, you can't shield your children from reality forever, and some lessons are better learned sooner than later.

tired of it." My son, who is in the 10th grade, said he was mad and embarrassed that he had to learn so much in biology class his first semester this year.

Why don't Northville parents, teachers and board of education try to work on something more constructive for our teens like somewhere for them to go after school in town? There's nothing in Northville for the teenagers to do.

The parents of Northville are doing a good job raising their children, so let them do their job and don't make sexual assumptions and push it on the students and parents who are fed up with the subject. Don't make it so casual, let the kids be kids and have something to look forward to as adults when they are ready to handle the responsibility. Virginia Engelland . Laura Sorenson Class of 2000

To the editor: It's the year 2000, and now more than ever a major topic of discussion and debate in society is sex.

Throughout the teenage sociely, there remain many unanswered questions and concerns. For the most part, they are not being addressed at home or in school. Therefore, the addition of the health class at Northville High School provides students with the answers that they may be looking for by simply giving the facts. It is extremely important that abstinence be taught in this class. However, by not teaching about the alternatives, the uneducated who choose to have sex will face harsher consequences.

Class of 2000

To the editor:

Instead of "no drinking." you say "don't drink and drive." Instead of learning to make it safe, you say "no sex education."

When you tell your children don't drink and drive, shouldn't you really be saying, don't drink at all? Besides, it's illegal. However, you are a parent of the 1990s and realistically, you know your child has taken a drink before. So what are you going to do? Follow him or her? You can't, so you tell your kids not to drink and drive and trust they will do the right thing. You obviously don't want your children to drink, but if they do you want them to be safe. How is that any different from sexual education? If anything, the aftermath of sex can be as, if not more than, devastating than drinking. Pregnancy, sexually-transmitted

are behaviors that are not only condoned but also encouraged. It seems that sex is a major part of society. There are references to sex in the news, on prime time television shows, sitcoms, and in the movies.

Children raised in today's society are exposed to this daily. The health class at Northville High School offers nothing more than facts about sex. Teaching safe sex does not influence students to think that sex is ok as long as protection is used. It merely offers the facts, both the risks and the possible outcomes of making certain choices.

In response to the fear that this class negates the values of religion, I think that that is a highly closed-minded way of thinking. If a student has high religious convictions pertaining to sex, learning about it will not change his beliefs, it will only educate him

one sense and not the other? Where's the distinction? People upset over the matter have to keep in mind that the school is acting with the students best interests in mind. A few people, too ignorant to realize this or too gallant in their cause to care, continue raising a fuss about something which should be considered a service to the community. Furthermore, several of these activists remain oblivious to the fact that teenage sexuality has become a start inevitability of life. Part of human nature is the drive to reproduce and that's difficult to overcome. This doesn't ring true of everyone, of course, but most teenagers will have sex sometime in their high school career and in their best interests, lies knowledge on how to prevent a situation that can ruin their lives, such as a teen pregnancy or the contraction of a sexually-

justifies using fictional models in

Tom Stimmell Class of 2000

Delays cause Essence restaurant to hold off opening until May

Continued from 1

Mackle and Holman took over the location last spring, spent at least \$200,000 in improvements and had hoped to open last July.

However, the storefront continues to remain closed.

Michael Kahm, vice president of Singh Development, the company that owns the Main Centre, said the closed business wasn't a concern to the company. "I think they're going to open." he said. "It's just one of those things where they had a small problem with the partnership."

Kahm said he didn't know the details of the problems between the two business partners, but he's "been led to believe it's been a minor item."

Additionally. Kahm said, he was aware of the problems with the transfer of the liquor license. "I think the biggest hold-up so far has been the transfer of the liquor license." he said. "It's a lengthy process they have to go through that takes a long time and they didn't want to be open without being able to serve liquor."

The restaurant should open soon, Kahm said.

But it's a story neighboring business owners said they are tired of hearing. "It's been more of a struggle to get people down this block than it should have been." said Nancy Jackson, co-owner of Blissful Bedding. 122 Main Centre. The business is just a few storefronts north of Essence Restaurant.

"No one wants to venture down this block unless they have to park in the structure that is south of us." Jackson said.

The closed restaurant, combined

with other vacant storefronts, gives Jackson an uphill battle in more ways than one, she said.

"The vacancies have been a concern since we moved in," Jackson said. "I don't understand why were not getting the neighbors we were told we would."

Ward said she has referred another restaurant interested in the location to Singh in case Essence doesn't open.

"They (the other restaurant); have sort of been waiting in the wings to see what happens," she, said.

Andrew Dietderich is a staff writer for the Northville Record. His email address isadietderich&ht.homecomm.net.



Letters to the Editor (continued)

Thanks to several city officials for replacing tree guards

To the editor:

At long last, the vast majority of the tree guards with plaques have been replaced on the trees in the heart of the city of Northville. The trees are once again adorned in accordance with the Main Street 1978 plan. The only item left to be done is the replacement of a tree and the two guards at E. Dunlap Street next to the former Detroit Edison building. James P. Gallogly, director of the DPW, is aware of this and I have faith in him that he will finish this work. It may necessitate the replacement of soil for said tree(s), but it can be done.

The trees and guards were originally purchased by private citizens and organizations. It is my understanding that there are still trees and guards available for purchase if a private citizen or organization is interested. It has taken approximately 18 months to complete this much of the work. You see, one (persistent) person can make a difference.

Enjoy. enjoy the beauty of the trees and guards Northville residents and visitors. Just seeing them each day makes my heart happy.

M.E.P. Hollis

Wrestling coach needs our help

To the editor:

Recently, the Northville High School wrestling team wrapped up another successful season with a very special banquet. One of our coaches, Larry Gambotto, was diagnosed with leukemia and will be needing a bone marrow transplant this summer. On top of his illness and work obligations. Coach Larry has managed to find countless hours of time to devote to our boys when other people might have given up. Thanks in part to him, they have all matured into fine young men and are learning the rewards of sacrifice. The wrestling parents hope to give something back, and with the help of donations from a number of our very generous local businesses, we were able to raise over \$2,700 in a raffle we conducted to help offset Coach Larry's medical expenses

during this very trying time. On behalf of the team I would like to thank those businesses now and ask the community to support them as they have supported us. Our thanks go to McNish's Sporting Goods, Bea's Flowers, Great Harvest Bread Co., Border Cantina, Guernsey Dairy, Steve & Rocky's, The Lazy Lizard Cantina, No. VI Hair Salon, Sparr's Florist, Local Color Brewing Co., Visions Salon, Country Epicure Restaurant, and Northville Candle & Gifts. We want Larry to know the prayers of the whole team famwill be a single facility adequate to accommodate the increasing number of seniors who will be residing in the Northville area.

Bob Russell, Chairman Senior Advisory Council

Technology in schools has merit

To the editor:

I have read with interest the set of letters that have questioned or supported the use of new technologies in Northville public schools. As the K-5 technology facilitator, an elementary teacher of more than 30 years working with young children, an educator holding a master's degree in educational technology with a concentration in classroom application, a doctoral student in educational leadership, and a father of four and grandfather of four. I feel that I should suggest - not an argument for - but rather my perspective on the purpose and value of incorporating new technologies into my profession.

New technologies, and their incorporation into the education of our children is not a new thing. In the 1840s, schoolhouses across the country were being equipped with the latest "new" technology of the time - the large, wall-mounted slate chalkboard. Surprisingly, many teachers of the day did not embrace this new and revolutionary teaching technology. One-room schoolhouses often had few students and eight to 12 different grade levels. With students all using individual materials, teachers saw little value in a tool that provided large group instruction. As schools became more crowded and a shift to group learning occurred, the chalkboard came to be recognized as a very acceptable tool and was embraced by educators.

Those early teachers were not about to use new technology unless there was a good reason for them to do so. But as classrooms changed as the very world around them changed, the needs of teachers and students changed also.

Today's rapid access to information, managing that information and using that information, the varied cultures and languages in the schools, the global aspect of so much of what we do and in which the students live — all this is causing the needs of teachers and students to change yet again.

When questioned about why we should integrate technology into today's classrooms, the answer to me is clear. Technology can be used to enhance instruction and expand the limits of the existing classroom. As a tool for information, it can be used to obtain. organize, manipulate and commu-

with all levels of students, including those with special needs (Hearne and Stone 1995: Moeller and Jeffers 1996). Many uses of new technologies enhance the teacher's ability to reach all students as technology use encourages and makes use of a multimodal approach to learning allowing students additional opportunities to make use of their own individual learning styles. Additionally. as a means to expand the classroom boundaries, new technologies allow teachers to have students talk to each other via email or "face-to-face" with videoconferencing (kindergarten a-mail exchange with Native American students in Nevada and middle school video conferencing with students in Japan as two Northville examples). Technology enables teachers to take students "out" of the classroom to visit places and people that would otherwise be impossible (the Iditorod in many elementary buildings or the Louvre as examples in Northville).

For students, one of the benefits of the use of new technologies is that they allow the student to construct and communicate knowledge in various ways. Assessment tasks utilizing technology can effectively teach content and can allow the student to gain skills beyond content-area knowledge. These skills include things like finding and interpreting information, articulating and communicating knowledge, group and team work, and the development of social interaction as students work together on classroom computers or projects making various use of the technologies available for the completion of the performance tasks assigned. It is rare to see students working, for example in the computer lab, when their work doe snot include collaborative help-seeking and help-giving. increased use of elaboration skills. the accommodation of individual difference, self-reflection. increased motivation and positive attitudes, and increased performance.

Incorporating technological tools into teacher delivery of content and student application through appropriate performance tasks is the developmental stage where I view Northville schools as currently being, Keep in mind the wide range of learning on the part of the staff --- some of us are at the point of learning how to use the tools while others are at the stage of incorporating the application of these tools. Northville public schools is making an effort to support leachers in whatever stage of this process they find themselves.

Our students live in a world of technology - a very different environment than our childhood. The rapidly changing multi-media culture is changing what and how the developing brain learns from the world. Children have become accustomed to rapid sensory and emotional changes and respond by engaging in many types of activities of shorter duration. Educators can either decry the changing brain and culture or recognize that schools must adjust to accommodate these changes. When that accommodation also makes sense educationally in the delivery of content and beneficially in learning opportunities for the students, then it seems clear to me that we must make the effort to do so.

to vote for their interests when issues arise. A glaring example was the billions of dollars in a tax giveaway rider to the tobacco industry that former Speaker Gingrich and Senate Majority Leader Lott attached at the midnight hour to a totally unrelated bill so that another had to be subsequently passed to cancel it. The answer to campaign reform is to have the government pay for elections. It would be the greatest bargain we would get for our money, far less expensive than the corporate welfare that we have now as a result of special favors granted to big donors at the expense of the general welfare. We would have far less trouble saving our national parks, our wilderness, our landscape from corporations willing to destroy them for their immediate profit. We might also have less trouble keeping Wall street's sticky fingers from trying to force us to pay large fees to different investment firms from the earnings of our social security. Finally, we might also save enough money to really be able to help education, have smaller classes, more policemen on the street, and pay for other benefits for common people. Irene Piccone

Thanks for help in reading month

To the editor:

With a theme of "Cool 2000," Winchester Elementary students read over 7,600 hours during the month of March and earned themselves a "Cool 2000 Festival." There was 100 percent participation as every student read up to a grade-level goal. Even more amazing was the 64 percent who read five hours or more beyond that goal. In order to help fight worldwide illiteracy, over 5,400 pennies were collected which will be used for shipping books to Africa. An undertaking of this size can-

not be accomplished alone. We would like to express our appreciation to the following businesses and individuals for their generous contributions of materials and time: The National Hockey League (Chris Long, Tim Conway and Ed Horne), MSX International (Ed Jones, Phil Hughes and Mike Spears), Imperial Marketing, Target, Community Federal credit Union, Costco, Cadillac Shoe Products. Walter's Home Appliance. Century Novelty, Pizza Cutter of Northville, Kathy and Mike Perugi. Sheri and Steve Patrone, Judy Enderle, Jan Radon, Diane Smith, Jill Hardenbergh, Colleen Sweeney, Nancy Chesney, Amy Marmaduke, Lael Redick, Sandi Rogers. Marjorie Dunn, Linda Crabill, Mary Mullally, Mary Palmer. Karen Bell, Janine Myers, Susan Bawden, Debbie Valencia, Mary Getschman, Melissa Mistak, Denise Houroian, Tereze Steinhoff, Teresa Osterhoff, Shelagh Aretakis, Tawny Rhodes, Patti Huguelet, Cheryl Linderman, MaryAnn Raphael, Janice Moir, Jane Riffel, Paula Lutz, Bev Luhtanen, Catherine Weir, Jill Wylie, Laura Kronner, Linda Juenemann, Gwen LeFresne, Cindy Blair, Sue Kalweit, Nancy Griffith, Annie Stewart, Angle Aquinto, Jennifer Lanzetta, Laura Webb, Linda Sheldon, Julie McDougall, Leslie Moran, Steve Hillard, and Mary Wilson.

confiscated all of the legally-owned firearms and the crime rate has soared, although you'd never know it because the media refuses to report it.

What is needed is education and a return to responsible personal and social values. That is something a good portion the youth of today seems to be lacking.

today seems to be lacking. A gun is an inanimate object. It cannot be aimed and discharged by itself. That is the responsibility of a human being. In the hands of a responsible person, a gun is no more dangerous than an automobile. In the hands of an irresponsible person or criminal, both can be used to cause tragedy.

If our judicial system would enforce the 20,000 gun laws currently on the books and prosecute the people who abuse those laws, you would see a dramatic reduction in gun-related crime.

A recently published article in the Seattle Post-Intelligencer concerning accidental deaths caused by physicians showed that 120,000 people died at the hands of 700,000 physicians and 1,500 people died from guns last year. The number of gun owners in the U.S. is around 80 million. Therefore, doctors are approximately 9,000 more times dangerous than gun owners. So I guess we should ban doctors.

The National Rifle Association is committed not only to the safe handling of and education about firearms, but also defends the right of law-abiding citizens to own firearms as is outlined in the Second Amendment of our Constitution. I am proud to be a member of the NRA.

Bruce McClurg

'Off-the-record' editorial was bad

To the editor:

As an experienced reporter/editor and former education writer, I was appalled by the *Northville Record's* editorial (March 30) on the situation regarding the special education waiver requested by Northville public schools.

I understand the tremendous work burdens placed on reporters on small town newspapers. Even so, no excuse exists for reporters and editors running with stories possibly damaging to reputations when they haven't done the leg work. Worse still, the rather lengthy editorial shows that the newspaper is willing to make assumptions not based on fact, and then blithely leap to any number of unsubstantiated conclusions.

The editorial begins by positing an "ethical dilemma" for the reader. No such dilemma exists. Shifting the responsibility to the reader is simply outrageous. The burden of getting the story right lies with the reporter and editor. "What if the information the source gives is untrue?" the editorial states. This is not the readers' problem, nor should it be - getting the facts and getting them right should have been the concern of the Record's reporter and editor. The Record should provide the information necessary for the reader to form a reasonable opinion; it failed to do so. No editorial smoke screen can shift the responsibility from where it belongs — with the newspaper Any reporter or editor who has worked a government bureaucracy (such as a school district or state department of such-and-such) ought to know that the beat is rife with rumor, innuendo, misinformation, backbiting, personal agendas, "politics," and many well meaning but mistaken asides. Comments from sources on any side of an issue must be taken with the utmost skepticism even when the "source" may be providing the information in good faith. The editorial repeatedly makes assumptions neither documented nor supported by the Record's reporting or by fact. One of the most egregious examples: "So it turns out the 'off the record' comment from another Northville administrator ... " (about problems at the state superintendent's office) " ... was apparently a ploy." Later the editorial calls the comments a "cover up." Excuse me, but where are the facts or documentation to support this assertion? Now we have a conspiracy when we, the readers, haven't read a single thing to support this claim. We lack a factual basis to conclude that the off-the-record comment was even false. Where is, the evidence of intent? Passing on a rumor is perfectly human, not necessarily a "ploy."

Or does the Record purport that, the school administration fabricated this assertion out of thin air? On what basis does the Record make this assertion? If it's because some administrator has a reputation for intrigue and deception. why was the story ever considered . factual or even reported at all? Is the Record leaping to this conclu-. sion just because the Northville superintendent admitted that some "communication" had taken place? My experience is that the perfect way to do a job on somebody is to communicate, yet keep them in the dark, as was claimed. It's easily done.

First, the *Record* made the mistake of taking the administrator's "off the record" comment as "true," which it never should have done. Instead of admitting its error, it compounds its failure by then accepting the state assistant superintendent's comments and the remarks of the state superintendent's PR shill — at face value.

Does anyone really believe that the state PR guy (probably hired by the state superintendent) would, say. "Oh yeah, my boss has been screwing off for some time now." Haven't seen him in weeks. Gone fishing. Yeah, he was picked by the governor for this post because he despises public education, just like the guy". and he really hates special ed. He gets a kick out of dragging his feet on waiver requests and making a district twist in the wind. The naivete of the *Record* is not engaging, but a bit scary.

The *Record* reports that the state PR guy said: "The reason the state didn't act faster...was because the information provided by the district...was incomplete and unconvincing. A parent was raising concerns about it, seemed to have a legitimate beef with it, and supplied the data to back those claims

up." What parent? What beef? What data? Why legitimate? We are told nothing. One parent is holding the whole thing up? Since when does state government react to one parent? So. was this person a major contributor to the governor's gubernatorial campaign, or what? And why should the reader accept the PR guy's claims as true? Why did the newspaper? For example, how was the district's request "incomplete?" Is the district really required by statute to be "convincing?" To my ear, the state's claim of "unconvincing" sounds like a

ily are with him.

We would also like to let the community know that a registered, nonprofit 501(C)(3) organization has been established for anyone who would like to make a contribution. Your donations are 100 percent tax deductible and 100 percent will go directly toward helping Larry.

Contributions may be sent to My Friends Care, P.O. Box 80, Northville, Mich. 48167 (check memo: Larry Gambotto). For more information, please call (734) 420-2718 or check online at www.larnybmtfund.com.

Melissa Pettijohn

Let's hope for more senior areas

To the editor:

Thanks for including my comments on the Northville senior program in your "Four-way forum" article in the March 30 edition of the Northville Record.

I would like to make clear that there is little criticism of the senior activities and programs. There is, however, considerable criticism of the facilities currently available, example: the scout building on Cady Street which is used for only small activities such as card playing and pollucks, and the larger community building on Main Street used for larger functions.

The Senior Council is hopeful that in the forthcoming planning of a central community that there nicate knowledge. It can be used to accommodate the wide range of differing learning styles and the different modalities of individual student strengths.

I believe that tools, no matter how powerful the educational potential of those tools, will not directly help students to learn. What remains most important is how we "apply" the tools to help in the delivery of content and the facilitation of student learning. Let's be sure we do not ask the wrong questions when we examine the growing use of new technologies in our classrooms. The question should be, in my opinion, 'how" are we facilitating the learning of all students when we use the new technologies available to our profession?

We must concentrate on how to use these new technologies, together with appropriate methodology for the content, to teach more effectively and efficiently.

Being able to operate today's technologies in the classroom, for both teacher and student, is but the first step. As Seymour Papert remarked several years ago (1987), the tool, no matter how powerful its features, cannot make learning happen. How to "apply" those tools in curriculum-based activities is essential to having real learning take place.

Application of these technological tools means different things for teacher and student. For the teacher, research has demonstrated that the use of technologies can be effective for teaching and learning (Ayersman 1996; Najjar 1996) Bruce Ricketts K-5 Tech/Curriculum Facilitator

Northville Public Schools

Campaign reform is a vital issue

To the editor:

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Recent reports indicate that most voters are not interested in campaign reform. They are too busy with their own personal problems and really want to know how the government can help them. But no real help will come unless we have a government in which the members are free to vote for what the people need and not what the big donors want. It is obvious that there are very few people or corporations who give huge donations out of the goodness of their hearts and not because they expect the recipient

Jan Hillard Learning Consultant Nancy Raynes, Principal

Doctors deadlier than gun owners

To the editor:

In response to Mr. Galli's letter of April 6 concerning easy access to guns, he fails to understand that the 4.700 "children" who lost their lives in gun deaths last year included gang violence and other crimes committed by violent juveniles up to 20 years of age, as compiled by the FBI. These are people who have no regard for any law let alone laws concerning firearms. So the confiscation of firearms from law-abiding citizens isn't going to prevent them from obtaining a gun. England is a great example. The government stall.

One can always say, "I'm not convinced." The question should not be whether the state superintendent was "convinced," but whether the application met legal requirements. We the readers have no idea.

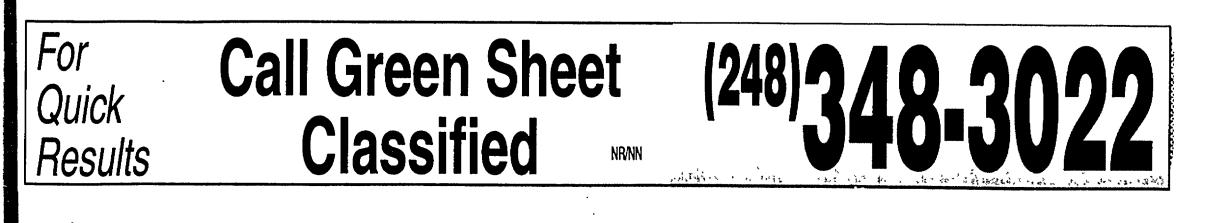
Perhaps worse than shifting the 'ethical' responsibility to the reader was the *Record's* assertion that 'off-the-record comments are supposed to be a tool journalists use to get the truth to the public..." No, no, no.

Off-the-record comments are almost always in the service of the commentator (an obvious exception being when the insider is coming clean about his or her own missteps).

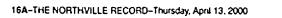
It is the tool of the politician, the administrator, the bureaucrat not the journalist. It may present an opportunity for a newspaper or journalist to pursue a story or dig up "the truth." In this instance, all the reader of the Record has is a he-said-she-said story, about as substantial as morning fog on Ford Field. The readers of the *Record* are no better served, no better informed, than they were before the story first appeared. And we are worse off for the muddled and self-righteous editorial.

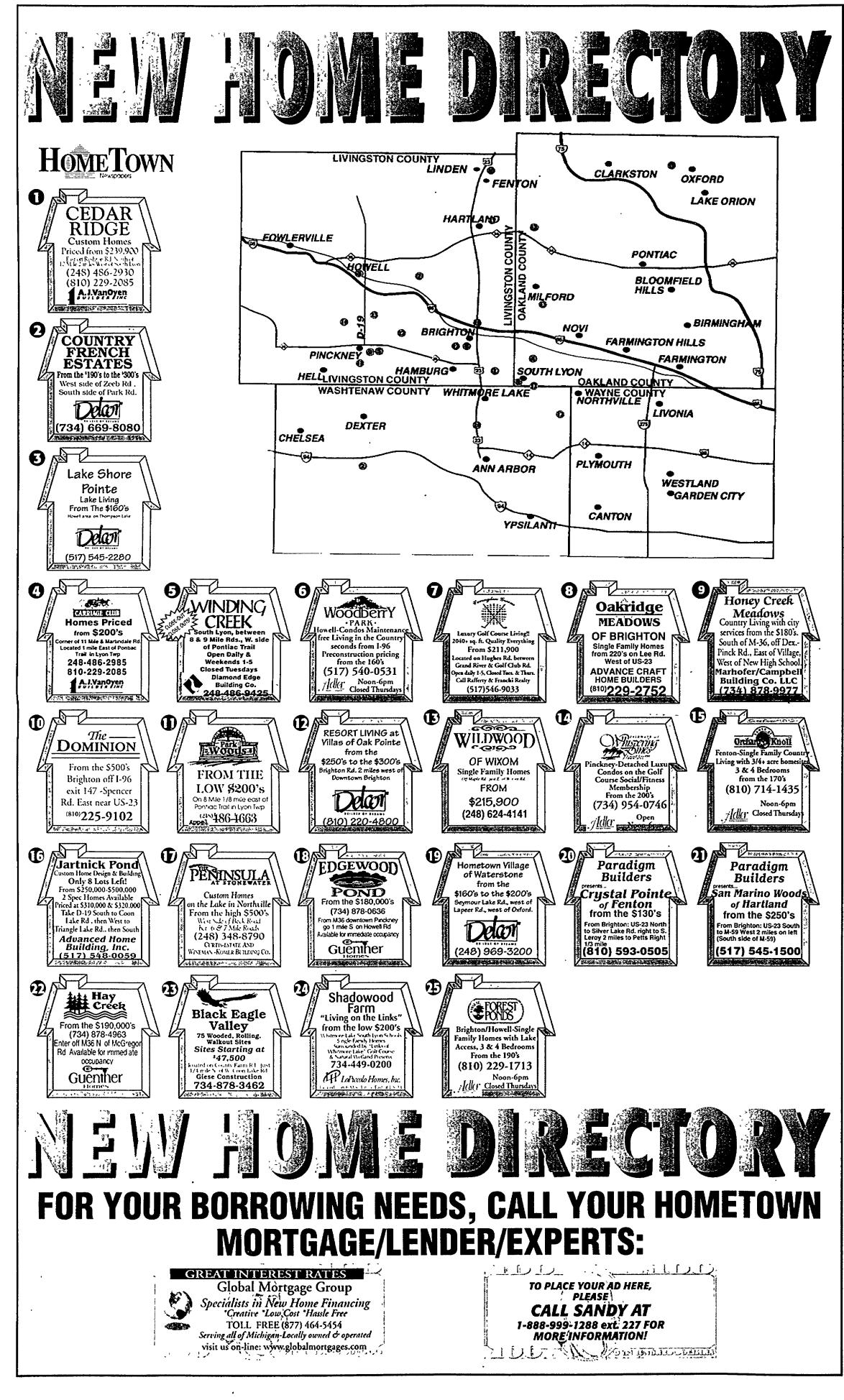
It is not my intention to defend the school district. The newspaper has left me ignorant. The off-therecord comment may have provided the Record with an opportunity for a good story. Unfortunately, it is an opportunity the newspaper squandered.

John Grant

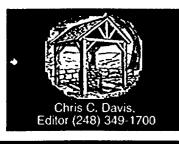


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RECORD **OUR TOWN**



Pheasant Under Class

Moraine Elementary students will raise birds from eggs

Students at Moraine Elementary may soon be suffering from empty nest syndrome.

These little chickadees will raise ring neck pheasants in an upcoming project with John Curcio, owner of J&J Ring Neck Pheasants. The project was made possible thanks to the efforts of several Northville educators to bring more hands-on projects into the classroom as a way of making curriculum more accessible to students

Curcio recently visited students with some of

his flapping

friends to explain differ-

"We want

"Even though they are in a pen they remain wild. We try to recreate their environment as best as possible." John Curcio pheasant breeder

hunt or not hunt. to Curcio said.

Students will incubate eggs provided by J&J in May and raise the chicks once they hatch. After a few weeks Curcio picks the birds up from the 11 schools participating in undisclosed location.

Curcio explained the different varieties of birds. Some of the pheasants he said, are extremely colorful "decorative" birds, while others are a dull brown. More often than not, female pheasants are colored brown, in order to remain camouflaged from their predators. Curcio said.

Students were told to be very quiet and move gently as Curcio brought one of the more docile birds around the room.

"He was soft like a pillow," first grader Alec Wagner said.

Curcio wowed students as he "magically" put one of the more ornery pheasants to sleep. Curcio sat the bird on a table, placed it's head under it's wing and gently stroked its back. As he did, the bird slowly relaxed and fell into a deep sleep.

"I was a bit scared he was going to wake up and fly away because the kid next to me was being kind of loud," first grader Leanne Shashlo said.

Once the children were familiar with the feathered flock, Curcio told them how they would need to raise the birds and how to incubate them

The school purchased a bird incubator which holds 32 eggs. which Curcio used the incubator for the demonstration. The incubator must be kept at 99.5 degrees. Curcio said, in order for the birds to develop. There is a built-in thermometer, as well a turning instrument which will ensure that the birds develop evenly. The incubator also has a ridge around the inside for students to put water to make sure the eggs are kept moist and their shells soft.

"A small very powerful light is held up to the egg and fills an air pocket that begins to form around pocket that begins to form around the bottom of the egg. This helps you see inside the egg at the embryo starting to form and the baby bird starting to grow," he said. On the 21st day of incubation the humidity lord must be miced. This

humidity level must be raised. This is done by placing a water soaked sponge in the bottom of the incubator. Curcio advised the teachers they must also mist the eggs three to five times a day. At that point, the shells must remain moist to help the baby birds in the hatching pro-

By the 24th day, the birds would begin to hatch, Curcio said. It is really important that you not

help the birds out of their shells when they start to peck out," Curcio said. This could cripple them and ultimately make it difficult for them to survive."

He said as the chicks peck out. they are eating the shell which provides nutrients they need to survive. He told the children to expect

some of the birds not to make it. "Not all of the birds will survive. It

is part of Mother Nature," he said. Curcio said the students should leave the hatched chicks in the incubator for a few days in order for them to dry off and puff up.

Once they are removed, however, he said the birds should be placed in either an aquarium or showcase of the school under a heat lamp.

Paper toweling should be placed on the floor of this he said which will help the birds to learn to walk



Photo by JOHN HEIDER

John Curcio lets Moraine Elementary School student Andrew Bray handle a Chinese ring-neck pheasant. The school will be part of a program to help raise pheasant chicks and eventually release them into the wild.

ent characteristics of the birds, as well as how to care for them. to educate kids about these creatures so that when they are older they are better

able to make up their mind whether to

the project and will continue caring for the birds. Curcio said they will be placed in a fenced and covered pen on his farm in Taylor, which is set up to resemble the birds' natural habitat. There they will learn to live as if in the wild, but they will be contained so they may be observed. The birds will learn to forage for food from sorghum plants and adapt to sleeping among the sorghum plants as they will in the wilderness

*Even though they are in a pen they remain wild. We try to recreate their environment as best as possible." Curcio said.

In the fall the birds will be released into the "real" wild in an

Once the eggs have been incubated for three days one of the plugs located in the cover of the incubator must be removed.

The eggs release a gas and for the first few days you want to trap that," Curcio said.

However, it would be detrimental to the birds if some of it wasn't released.

On the eighth day students will be able to use a process called candling to view the developing birds inside the egg.

on their own. Teachers were also advised to cover the outside of the showcase with paper and put eye holes for children to see the birds.

"This is so that the birds will stay calm, and after a week they will begin to fly," he said.

After a week of feeding and observing the birds, the students will hand them over to Curcio and let him continue the development process

Students are scheduled to view the release of the birds this fall.

Melanie Plenda may be reached e-mail via at mplenda&ht.homecomm.net

PHEASANT PHACTS

 Pheasants are seasonal breeders. The roosters begin strutting and breeding displays when the days become longer, usually toward the end of March. Roosters will also fight one

another to establish dominance. When raising them in confinement, it is a good idea to have no more than one rooster per eight hens, with 10 hens per rooster optimum. Hens will

begin laving eggs about the middle of April and continue into June. A single hen should provide about 15 fertile eggs if eggs are collected daily and the hens are not allowed to

begin incubation of a nest.

 Adult roosters molt in summer, but they are fully colored again by early fall. The key to determining age between fully-colored juvenile roosters and adults is the spur located on each of the pheasant's legs, between the foot and knee. All rooster pheasants have spurs, while hens don't. That's why a foot left on a dressed pheasant is adequate for determining sex. Spur length can vary from just a small nub on a very young bird, to more than 3/4 of an inch (including leg bone) on adult birds. The general rule for determining a rooster's age is that if the spur is less than a 3/4-inch in length, including the leg bone, the bird is a young-of-the-year. If the spur is more than 3/4-inch long, including the leg bone, the bird is an adult.

• If you're interested in contacting the Oakland County chapter of Pheasants Forever --- a national organization devoted to pheasant education and management - here's where to go: Pheasants Forever Oakland County Chapter 183 P.O. Box 363 Holly, Mich. 48442 Phone: (248) 889-1217 Fax: (313) 562-0510 Meetings are normally held at the Pontiac Gander Mountain at 6:30 p.m. on the last Thursday of each month, but please call to verify.



Photo by JOHN HEIDER

John Curcio brings a Chinese ring-neck pheasant in for some close inspection by Moraine **Elementary students.**

Story by Melanie Plenda

Northville Seniors

The staff at the Northville Senior — month, from noon to 2 p m Center at 215 W. Cady St. coordinates the following services and activities for seniors age 50 and older. For more information or to register for an activity, please call (248) 349-4140.

SERVICES

• Newsletter

The senior newsletter is a monthly publication filled with information on senior citizen activities, trips and services. You can pick up a newsletter at the Senior Center or receive it monthly by mail for \$7.

Telephone Reassurance (Telecare)

Homebound residents can receive a daily telephone call to talk and check on their well being, free of charge. Please call the Senfor Center to register.

Nutrition

Hot, nutritious meals are provided Monday through Friday at Allen Terrace for a donation of \$1.50. Meals can be delivered to your home through the Meals on Wheels program. If interested, call (800) 851 1454.

• Focus:HOPE

Food distribution is the fourth Friday of every month, 11 a m. to 2 p m. at the Senior Center.

• TOPS (Take Off Pounds Sensibly)

Meets every Thursday. Weightins take place from 8 a.m. to 9 a m. The meeting runs from 9 until 10 a.m.

• Blood Pressure Screening

Come get your blood pressure checked by a nurse from St. Mary's Hospital nursing staff free of charge. Held at the Senior Center on the fourth Monday of the

SUGARLOAF'S OTH

energie and fair APRIL 14, 15, 16, 2000

Michigan Emergency Pharmaceutical Program for Seniors

Qualified Northville and Northville Township senior citizens age 65 and over are eligible to receive three months' worth of prescriptions through the MEPPS program. For more information, call the Senior Center.

TRANSPORTATION

• Bus Service for Local **Shopping Trips** Tuesdays: Meijer, Kohl's, Target

and local banks. Fridays: Farmer Jack/Hiller's or Shopping Center Market/Busch's (alternating Fridays).

Bus begins pickup at 9.30 a.m. from your home. Cost is \$2. Call the Senior Center for reservations 24 hours in advance.

• Bus Service for Movies. Lunch and Shopping at the Mall Twice a Month

The senior bus goes to Laurel Park Mall for an afternoon (noon to 4 p.m.) of movies, lunch and shopping. The days scheduled are the second and fourth Monday of each month. Pick-up will begin from your home (11 a.m.) or the MAGS parking lot (11:30 a.m.). Cost is \$2. Please call to make reservations.

ONGOING ACTIVITIES Card Playing

Join us for cards at the Senior Center. Enjoy several hours of fun for just \$1. The schedule is as follows: bridge, Wednesdays, 12:15 p.m. to 3:30 p.m.; pinochle. Mondays and Thursdays, 12:30 p.m. to 4:30 p.m.: beginning pinochle on Tuesdays. from 12:30 p.m. to 3:30 p.m.

• Senior Drop-in Volleyball All levels are welcome. Held on

AT EXIT 162

LOAF MOL

OFF 1-96

Mondays. Wednesdays and Fridavs, 10:30 a.m. to 12:30 p.m. at the Parks and Recreation Center. (Verify days on monthly recreation calendar at the center.) Cost is \$1.

Body Workout Exercise Class This class meets every

Wednesday at 9:45 a.m. at Allen Terrace. Cost is \$3 per class. No registration is necessary.

• Pot Luck Luncheons

Held on the third Monday of every month at the Senior Center. Meet at noon: bring your own table service, a dish to pass, and \$1.

Detroit Symphony Orchestra

Northville Senior Center has reserved tickets to various concerts throughout the season. Departure time is 9 a.m. from MAGS. Please call to register.

"Coffee Concerts" are \$27 per ticket. Available classical Coffee Concerts include: All Mozart, April 28: and Pines of Rome on June 9.

"Pop Concerts" are \$33 per ticket. Available Pop Concerts include: On The Air: Music of the Fabulous 1940s. April 13 and Pops Goes Hollywood, June 1.

SENIOR CENTER TRIPS • Presentation on Mackinac Island "Get Together" Trip

Come to the Senior Center on April 19 for a presentation about the 33rd annual Mackinac Island trip. Starting time is 10 a.m. The presenter will answer any questions you may have about this special event.

Cabaret

On April 19. come and enjoy a great musical at the Fisher Theater for \$51. We'll depart from MAGS at 5:00 p.m. and return at approximately 10 p.m. Dinner is on your 0\\T1.

FRIDAY - SUNDAY 10-6 Craft Demonstrations

Strollers not recommended Daily Admission \$6 Under 12 FREE

Entertainment

Specialty Food

No pets please

PARKING FREE COMPLIMENTS OF SUGARLOAF

DIRECTIONS: Located on I-96 northwest of Detroit at Exit 162. Go

south on Novi Road. Turn right onto Expo

Center Drive.

During fair call

(248) 380-7003

All Indoors

• Crimes of the Heart

lunch.

Mark your calendar Meadowbrook Theater, April 26. Bus leaves MAGS at 10:30 a.m. and returns about 5 p.m. Cost for the day is \$35. You buy your own

• Dinner Out – Rainforest Cafe

We're going to Great Lakes Crossing in Auburn Hills April 27 and plan to leave MAGS at 4:30 p.m. Transportation cost is \$4.

• Mother's Day Tea

On May 9, we will be having our first Mother's Day Tea. This event will be cosponsored by Marriott's Brighton Gardens of Northville. The tea will be held from 1-3 p.m. at the Northville Parks and Recreation meeting room. Refreshments and entertainment will be provided free of charge. Please call to reserve your place.

• Frederik Meyer Gardens in **Grand Rapids**

Come along May 18 for a trip to the Frederik Meyer Gardens in Grand Rapids. The cost is \$18. Lunch is on your own. The bus departs from MAGS parking lot at 7:45 a.m. and returns at approximately 5:30 p.m. Stop by and reg-

Sound of Music

Dinner on your own. • Junior League of Detroit

Home Tour On May 24, we will be going to

this year's designers' show house in Grosse Point Park. There will be a guided tour through the home by members of the Junior League of Detroit. Cost is \$22. The bus will depart MAGS parking lot at 7 a.m.

Religion

Remarriage Workshops continue to meet at 7-8:15 p.m. on Wednesdays, from now through May 31 in room A102 at Ward Evangelical Presbyterian Church in Northville Township. One of the many topics

For more information, call (248)

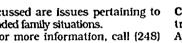
374-5912.

traditional Holy Week Brunch on April 18 at 9:30 a.m. in Fellowship Hall. Tickets are available through April 16 at Coffee Hour, the church

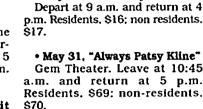
Opening Day of Trout - April 29th! Michigan Streams and Lakes stream ALL DIS'

blended family situations.

discussed are issues pertaining to



Church of Northville will hold its The First United Methodist office, or call (248) 486-1053.



SENIOR FITNESS

appointment, please arrive 10 mln-utes early. Call the Senior Center per person. today to register. • May 16, Gerald Ford Museum, Grand Rapids • Life Line Screening for Risk of Stroke and Vascular Disease Depart at 7:45 a.m. and return. On May 3. Life Line screening 6:30 p.m. Residents, \$54, non-residents, \$55. will offer three primary health screenings to detect the risk of

May 16, Motor City Casino

and return at about 3 p.m. Lunch

• Annual Mackinac Get

The Mackinac Island 33rd annu-

al Michigan Recreation and Parks

senior "Get Together" will be Oct.

22-25 at the Grand Hotel. This

special event includes hotel accom-

modations, transportation, and a

full breakfast and five-course din-

ner each day. Special activities and

The cost for a resident: \$495 for

• May 2, Turkeyville Dinner

Depart at 9:15 a.m. and return

Six days and five nights: \$900

at 6:30 p.m. Residents, \$55; non-

• May 5-10, New York City

a double or triple accommodation:

entertainment are also planned.

will be on your own.

\$625 for a single.

residents, \$56.

CONTRACTED TRIPS

Theater "Never Too Late"

Together

Gem Theater. Leave at 10:45 a.m. and return at 5 p.m. Residents, \$69: non-residents.

 Garage Sale The Northville Senior Center will be conducting its first garage sale June 2, from 9 a.m. to 3 p.m.; and June 3, from 9 a.m. to noon. • Senior Water Aerobics The sale will be held at the This is a seven-week session with a cost of \$55. Classes will Mondays on

ment.

Northville Senior Center, 215 W. and Cady St. Contact Sue Koivula at (248) Wednesdays. Session II runs May 1 through June 12. Class begins at 1 349-4140 for more information.

p.m. at the pool at Our Lady of

Providence on Beck Road. Stop by

• Senior Walking Club Join the Northville seniors at

Laurel Park Place Mall every

Wednesday morning to walk. We

will be walking at the mall.

Transportation is available from

your home starting at 8:30 a.m.

The cost is \$2, payable to the bus

driver. Call the Senior Center to

Treat yourself to a well deserved

You must call ahead to make an

appointment. Beginning June 1.

the cost will be \$31 for one hour.

To cancel an appointment, please

call 24 hours in advance or you

will be charged for the appoint-

ment. For your first massage

stroke and vascular disease. The

tests are offered for \$35 each.

Anyone interested in the screen-

ings must register at least 24

hours in advance. Please call (800)

407-4557 to schedule an appoint-

hour massage by a certified therag

• Massage Therapy

pist at the Senior Center.

register.

the Senior Center and register.

son. Transportation will depart at 5 p.m. and return about 10 p.m.

meet

Great musical! May 19 at the Masonic Temple for \$55 per per-

ister today.

350 ARTISANS HOVER 37 CATEGORIES OF FINE ART & CONTEMPORARY CRAFTS...

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gold & silver jewelry • leather handbags & briefcases • silk & hand woven clothing • custom hardwood furniture • clay & porcelain pottery • blown glass vases & leaded glass panels • metal & wood sculptures • fine art originals & prints • wildlife & scenic photography • forged iron accessories • and much more!

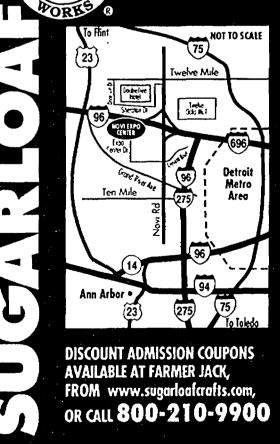
Visit our Specialty Foods section including salsas, vinegars, garlic, pasta, bread/soup/dip mixes, breads, old fashioned candy and more!

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HOMETOWN

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MDA' **Muscular Dystrophy Association** 1-800-572-1717

LOST STREAM MAP FOUND AND RESTORED

The recently published STREAM MAP OF MICHIGAN resembles another map--known to Pennsylvania anglers as the "Lost Stream Map"

The "Stream Map of Pennsylvania" was completed in 1965 after a thirtyyear effort by Howard Higbee, a former Penn State Professor

Professor Higbee succeeded in creating a map of the highest detail possi ble ...a map that shows every stream and lake. He painstakingly plotted by hand, the location of 45,000 miles of streams onto a 3 x 5 foot map

The map sold extremely well-- until it was lost several years after lit first appeared in print. Incredibly, the printer entrusted with the original drawing and printing plates, declared bankruptcy, then carelessly hauled Highee's 30 years of work to a landfill

The few remaining dog-eared copies became a prized fisherman's possession Professor Highee was offered \$400 for one of his last maps. And state agencies were forced to keep their cop-

res under lock and key. Experts told Professor Higbee that repeats were impossible, because the maps were printed in non-photographic Nue

Then, in 1991, at the age of 91, Howard Highee's dream came true. Computers made it possible to reprint the map.

Holding an updated map, Howard said. "I never thought I'd live to see this day" Then, by combining Professor Highee's knowledge with computer technology-the STREAM MAP OF MICHIGAN was created

of Michigan

Why every fisherman and boater needs this map

It is estimated that 10% of all the fishermen catch 90% of the fish. Regardless of which group you fall into...there's a sure way to up your odds...simply try new fishing waters. Fish where few fisherman ever fish.

Michigan is loaded with great fishing waters... many of them overlooked. From the AuSable River to all of the Great Lakes tributaries to the Pere Marquette River...thousands of miles of streams, lakes and rivers are now easy-to-locate on one map.

Professor Higbee's Stream Map of Michigan is the first and only highly detailed map of its kind. This new 4 foot by 4 foot color map shows virtually all of the Professor Higher's 35,000 miles of Michigan streams & lakes.

R

RAVE REVIEWS

"It is amazingly detailed and names some creeks in the Mohawk Valley that can't even be found on topographic maps." John Pitarres

OBSERVER-DISPATCH Utica

"If you're looking for the most definitive maps ever created depicting every single creek. river, stream, pond and lake .. then "Professor Higbee's Stream Maps" are without question the finest. Howard Brant

THE NEWARK STAR-LEDGER "It is in showing where to find

out-of-the-way trout streams that makes the map such a treasure to the fisherman. Joe Gordon TRIBUNE-DEMOCRAT-Johnstown

FREE LOCATION GUIDEBOOK INCLUDED

Pinpoint the best fishing in Michigan with this valuable 40 page guide Easily locate over 5,000 streams and lakes shown on the "Stream Map" Your map and guidebook will take you to the top 443 fishing waters-select waters for 14 species of gamefish

- <u> </u>	
ORD	ER YOUR COLOR STREAM MAPS
UFETI	ie rolled or folded ALSO AVAILABLE in heavy gauge ME GUARANTEED glass-like clear-lamination, write-
Send	e-off surface, with brass eyeleties for easy hanging
Send_	
Send_	4 FT by 4 FT LAMINATED maps postage/sales tail paid at \$46 15 ea
	money order enclosed \$ SHEPPED PROBITY MAL
	eck Payable to Home Town Newspapers
	ercard_Visa_Discover_AE Call-24-Hours-A-Day
Crean	t Card Orders 1-800-787-8288 Dept. HT-CC
Card #	Exp. Date
	re
	s
	Stale Zip
	Mail Completed Coupon with Payment to
	HOMETOWN NEWSPAPERS, ATTN STREAM MAPS
	323 EAST GRAND RIVER, HOWELL, MI 48843

Looking for bargains? Be sure to check out the finds in the classifieds.

Engagements



Allen-O'Shea

David and Karen Allen of Novi announce the engagement of their daughter, Sarah E., to Fenton I. O'Shea, son of Richard and Jane O'Shea of Homer, N.Y.

The bride-elect is a 1994 gradu-ate of Northville High School. She received her bachelor's degree in 1998 from Michigan State University and her master's in library science from Syracuse University in 1999. Sarah is currently employed at Steele Memorial Library in Elmira, N.Y.

The groom-elect is a 1997 graduate of General Motors Institute. He is presently studying for his master's in design engineering at Cornell University, and plans to graduate this year. He is employed at Monarch Machine Tool in Cortland, N.Y.

Their wedding will be held July 1 at Mill Race Village.

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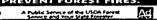
Cordon-Randolph

Mr. and Mrs. Michael J. Cordon of Brighton announce the engagement of their daughter, Carrie Ellen, to David Edward Randolph, son of Mr. and Mrs. William H. Randolph of Danbury, Conn., and Carol Randolph of Atlanta, Ga. The bride-elect is a 1991 gradu-

ate of Novi High School. She grad-uated in 1995, from Western Michigan University and is currently employed as an executive recruiter for Baeder/Murphy & Associates in Los Angeles, Calif.

The groom-elect graduated in 1991, from Penn State University and is employed as an account supervisor at Suissa Miller Advertising, Los Angeles.

A May wedding is planned.





Brown-Rielly

Richard and Karen Brown of Northville announce the engagement of their daughter, Kristen, to Brian Rielly, son of Heidi and Terence Rielly of Bloomfield Hills.

The bride-elect is a 1993 graduate of Northville High School and the groom-elect is a 1992 graduate of Brother Rice. They both gradu-ated in 1997, with bachelor degrees in business administration: Kristen. from Western Michigan University and Brian, from Walsh College. They are both currently employed as financial analysts at Ford Motor Co. in Dearborn.

A Sept. 2 wedding will take place in Bloomfield Hills.

Call GREEN SHEET

For Quick Results

CLASSIFIED



Petroski-Krych

Joseph and Irene Petroski of Northville announce the engagement of their daughter, Ann Marie, to Bryan Krych, son of Richard and Elaine Krych of Cleveland, Ohio.

The bride-elect is a 1986 graduate of Mercy High School and a 1990 graduate of the University of Dayton. She is employed at Firstar Bank in Cincinnati, Ohio. The groom-elect graduated from

the University of Dayton in 1990. and is currently employed at Industrial Automation and

Controls Engineering in Ohio. A July 22 wedding is planned.

(248) 3



Boginski-Wall

The engagement of Beth Nina Boginski and Brian Allen Wall is hereby announced by their parents. Curt and Priscilla Boginski and Gary and Betty Wall; both couples are from Northville.

The bride-elect graduated in 1997 from Northville High School. She is currently attending Walsh College and anticipates graduation in 2001. Beth is also employed at Michigan National Bank.

The groom-elect also graduated from Northville High School. Brian anticipates graduation from Schoolcraft College this year and is currently employed at Future 3 Software.

A wedding date will be determined at a later time.

:Clayton and Joan Farrell of Novi announce the engagement of their daughter, Kelly, to Pete Christian Garvin, son of Melford and Joann Garvin of Byron Center, Mich.

Farrell-Garvin

The bride-elect is a 1992 graduate of Stevenson High School in Livonia. She graduated in 1997 from Grand Valley State University and is currently employed at Manis Photography Studio in Jenison. Mich. The groom-elect is a 1995 Grand

Rapids. À June 17 wedding is planned.

Valley State University and is employed at K. Force in Grand

PRAISE CHAPEL CHURCH OF GOD	CHURCH OF TODAY WEST (Unity)
Sunday Worship 10 00 AM Eight Mie & Haggerty Road - Novi Hilton Children's Church & Nursery	New Location Meadowbrock Elementary School - Walled Lake
Home Study Groups 6:00 PM Meeting Thursday 7:00 PM	(South of 13 Mile on Meadowbrook Road) (248) 449-8900 Services at 10 AM
21260 Haggerty Road - Nazarene Church Youth Preteen, Boys, Gris, Adults	Children's Church 10 AM Minister Barbara Clevenger
GOOD SHEPHERD	FIRST PRESBYTERIAN CHURCH
	OF NORTHVILLE 200 E Main St at Hutton + (248) 349-0911
Wisconsin Ev Lutheran Synod	Worship & Church School - 9:30 & 11 00am Childcare Available at All Services Youth Logol Prog. Wed: 415 Gr 1-5: 500 M S /Sr H
Thomas E Schroeder, Pastor - 349-0565 8 45 am Sunday School & Bible Class	Singles Place Ministry - Thurs. 7.30pm Rev W Kent Clise, Senior Pastor Rev. James PRussell, Associate Pastor
FIRST CHURCH OF	OUR LADY OF VICTORY
CHRIST	CATHOLIC CHURCH
1100 W Ann Arbor Trail	770 Thayer, Northville WEEKEND LITURGÆS Saturday, 500 p.m
Sunday Waship, 10:30 am Sunday School, 10:30 am	Sunday 7.30, 9, 11 a.m. & 12:30 p.m. Church 349 2621, School 349-3610 Religious Education 349-2559
NORTHVILLE CHRISTIAN	ST. PAUL'S LUTHERAN
41355 Six Mile Road • Northville (245) 348-9030	MISSOURI SYNOD
Sunday School 945 & 1045 am Sunday Worship 9 am, 1045 am	High & Elm Streets, Northvide I. Lubeck, Postor Church 349-3140 School 349-3146
Pastor Otis T. Buchan, Sr Pastor Northville Christian School	Sunday Worship: 8:30 a.m. & 11:00 a.m. Sunday School & Bible Classes 9:45 a.m.
Preschool & K-8 (243) 348-9031	Viednesday Worship 7 30 p.m.
NOVI UNITED	FIRST UNITED METHODIST CHURCH OF NORTHVILLE
41671 W Ten Mile - Meadowbrook	349-1144* 8 Mile & Taff Roads Worship Services 800 am 9 15am 1100am
349-2652 (24 hrs.) Sunday Warship at 9 45 a m	Sunday School 915 - 11:00 Nursery both services (year round Summer Warship 9:15 & 11:00 (July thru Labor Day
Nurseny Core Available Louise R Ott, Pastor	Dr Douglas W Vernon Rev Thomas M. Beogan Rev Arthur L. Spationa Rev Cynthia Loomis-Abel
MEADOWBROOK	FIRST BAPTIST CHURCH NOVI
21355 Meadowbrook R Novi at 8 / Mile	45301 11 Mile at Jaft Rd.
Church School 10 a.m.	Daycare Inlant-S yrs., including pre-school Dayschoot K-12: Home Schoot K-12 Sun School 945 a.m. • Worshp. 11:00 a.m. & 6:00 p.m.
Minister: Rev Dr E. Neil Hunt	Dr Gary Elfner, Pastor 349-3477 349-9441 www.nov/christianoutreach.org
ST. ANNE'S	FIRST BAPTIST CHURCH
	OF NORTHVILLE
430 Nicolet St Walled Lake	217 N Wing 348-102, Sunday Worship, 10:45am & 6:30 p.m Wed. Youth Meetings 7:00 p.m.
Church School	Boys Braade 7 p.m., Ploneer Girls 7 p.m. Sunday School 9:30 a.m.
CHURCH OF THE HOLY	FIRST CHURCH OF THE
CROSS EPISCOPAL	NAZARENE 21260 Hoggerty: Northysile 348 7600
Phone 349-1175	(between 8 & 9 Mile Rds near Novi Hiton) Sunday School 9.45 am
Sunday 11 a m Holy Eucharst	Morning Worship 11:00 cm Discipleship Service 6:00 pm (missey provided)
The Rev Leslie F. Harding	(nursery provided) Dr Corl M. Lett, Pastor
FAITH COMMUNITY	SPIRIT OF CHRIST LUTHERAN
45400 W 10 Mile Novi, Novi 349-5666	CHURCH E.L.C.A.
Richard J Henderson, Pastor Jennifer M Saad, Associate Pastor	Ten Mile between Haggerty and Meadowbrook
	Worship Sat 5 30 p.m., Sun, 10 30 a.m.
& J Cyrus Smith, Parish Associate Worship & Church School 900 & 1030am Sunday	"A friendly Church" Pastor Mathew M. McMahon - 248/477-6296
A J Cyrus Smith, Parish Associate Worship & Church School 9 00 & 10 30am Sunday WARD EVANGELICAL	Pastor Mathew ML McMahon - 246/477-6296
& J Cyrus Smith, Parish Associate Worship & Church School 9 00 & 10:30am Sunday	"A friendly Church" Pastor Mathew M. McMahon - 248/477-6296
A J Cyrus Smith Associate Worship & Church School 9 (0) & 1030an Sunday WARD EVANGELICAL PRESBYTERIAN CHURCH Dr. James N. McGuire Semior Pastor 4000 Skr. Mice Road - Northwide Mice 248 374 7400 Senkces 8 30 10 (0), 11 30 am Sunday School & Nursey Powded	Afriendly Church Pastor Mathew M. McMahon - 248/477-6296 OAK POINTE CHURCH Northville High School Auditorium 8 Mille & Center St. Sunday 9:00 a m. and 10:30 a m
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You know, wool really doesn't go with April.

Come on, it's spring! Let's wear some fabrics that don't weigh as much as your car. With Hudson's, Lord & Taylor, JCPenney. Sears and 180 other fine stores to browse. you'll find spring fashions to brighten your entire wardrobe Come into Twelve Oaks today and you'll also find super spring savings and membership offers by stopping at one of the shoptwelveoaks computers Don't forget Twelve Oaks gift certificates for any occasion! Find everything you need this spring at Twelve Oaks Mall

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Community Events

Northville city and township Beautification Commissions are sponsoring their annual tree giveaway in celebration of Arbor Day. This year it will be held at Northville Township Hall, 41600 Six Mile Road on April 15, from 9 a.m. to noon. Nine varieties will be available on a first-come basis: Norway spruce, red oak, serviceberry, misty blue spruce. douglas Ffr. red maple, white flowering dogwood, austrian pine and white pire.

For more information, call (248) 344-1733.

Hospice of Integrated Health Services is seeking volunteers in Oakland and Wayne counties to serve as patient companions. Hospice provides a compassionate network of services designed to comfort and support people in the last phases of an incurable illness. Free orientation and training are available. For more information, call (800) 397-9360.

Baby! Baby! Resale Shop in Northville will host a free interactive storytelling, music and movement session during a 30-minute storytime. The event will take place on April 18, beginning at 1 p.m. Favorite children's books, simple instruments and imaginative songs and chants highlight the story times. The program is recommended for children ages 1 to 5. Registrations are suggested, but not mandatory. For more information, call (734) 455-4677.

Tickets for the Northville High School Senior All-Night Party are on sale at a cost of \$50. Tickets may be purchased by sending a check or money order to Senior All Night Party. c/o Linda Temple, 26023 North Valley, Northville, Mich. 48167. Tickets will also be sold during the intermission of the school musical. "Grease," slated for April 12-15. For more information. call (248) 348-0826 or (248) 348-8039.

The Novi Theatres group will present "Pizza With Porter" on April 14 at noon. All seats are \$12 and include the cost of lunch and the show.

Also forthcoming with the Little Theatres group -- "Charlotte's Web" will be presented on May 19 and 20 at 7:30 p.m. and May 21 at 3 p.m. at the Novi Civic Center stage. Tickets are \$8 in advance or \$10 at the door. For more information on either event, call (248) 347-0400.

Emmy Award-winner Gaia Tossing is coming to Northville Township's Noodle Kidoodle on April 15 at 1:30 p.m. Tossing received her award for her performance on PBS "Sings 'n Sign for Fun with Gaia," a new music video that introduces children to American Sign Language. Tickets are required for the show. Call (248) 449-



Girl Scout Troop No. 99 made more than 100 valentines to send to the children at C.S. Mott Childrens Hospital in Ann Arbor. Pictured above are (bottom row) Lindsay Hagan, Erika Tykar, Emma Khoury, Lauren Echelmeyer and (top row) Laura Netti, Elena Lister, Lizzy Kerr, Laura Felosak, Michelle Steiner and

5281 for further information.

Meghan Joseph.

The Novi Lions Club members will be out promoting their project, White Cane Drive, April 28 through May 7. For more information, call (248) 477-1397.

The League of Women Voters will hold its annual used book sale at Wonderland Mall. Middlebelt and Phymouth roads, on April 13 from 6 p.m. to 9 p.m.; April 14 and 15 from 9 a.m. to 9 p.m.; and April 16, noon to 5 p.m.

The League has been collecting a variety of books for the sale. Proceeds will go to educating the public on governmental issues.

The monthly bereavement support group meeting facilitated by Dr. Michael M. Meyer will be held on April 18 at the Novi Civic Center from 7:30 p.m. to 9 p.m. The topic of discussion will be "Easter Joy in the Midst of Grief." The aftercare program is provided by O'Brien Chapel/Ted C. Sullivan Funeral Home. For more information, call (248) 348-1800.

Walled Lake High School Class of 1960 will hold its 40-year reunion Oct. 7 at Multi Lakes Conservation Club. Classmates and interested parties should contact one of the following phone numbers or class Website: (248) 363-4952 or (248) 366-2085 www.RE-UNION.ORG/WL 1960.

The National Association of Letter Carriers will conduct a food drive on Saturday, May 13. Place non-perishable food donation(s) by your mailbox on that day. Your letter

carrier will deliver it to a local community food bank or pantry.

submitted photo

The Bishop Borgess Class of 1970 is celebrating their 30th class reunion with a dinner dance at the Italian American Banquet Center on Aug. 4.

If you are a Bishop Borgess 1970 alumnus who has not been contacted, please call (810) 629-5257 or 348-7104. or visit (248) www.BBHS70.com for more detailed information.

Northville High School Class of 1975: Out-of-state Mustangers are searching for local classmates to help plan and schedule their 25th high school reunion this summer in the Northville area. For more information, contact Kim Millington Kleckner at klecknerfam@earthlink.net or Daniel Ŵalker Guido at DCReports@aol.com or (703) 237-5460.

Handcrafters will sponsor its 18th annual Spring Arts and Crafts Show on April 14, 15 and 16 at the Northville Recreation Center, 303 W. Main St. Show hours Friday, April 14. 9 a.m.-9 p.m.; Saturday, April 15. 9 a.m.-5 p.m.; and Sunday, April 16. from 11 a.m.-5 p.m. Lunch will be available. Admission is \$2. No baby strollers, please.

Local artisans include Jennifer Phillips, Kay Kehoe, Kathy Chemotti, Lori Markiewicz, Sandy Vartoogian. and Tom LeGault.

For more information, call (734) 459-0050.

Downtown Northville streets will be

On Campus

in bloom during the annual flower sale on May 26 and May 27. The hours will be May 26 from 9 a.m. to 6 p.m.; and May 27 from 9 a.m. to 5 p.m. More than 15 greenhouses will participate. Main Street, between Hutton and Center streets, will be closed to cars.

For more information, please call (248) 348-0488.

Supporters of Our Lady of Providence will gather on May 6 to celebrate "Millennium Moments," at **OLP's annual Susie's Dinner Dance** and Auction. Funds raised will help care for 75 developmentally disabled. ages 18 to 45. The event will feature a dinner, dancing, and a stlent auction at Laurel Manor in Livonia. Tickets are \$60 per person. To make a reservation or for more information, call (734) 453-1300.

Single Point Ministries of Ward Presbyterian Church. Northville is sponsoring an Eagle Run/Walk Classic on Saturday, May 13 at Maybury State Park. There will be three categories: 5K at 10 a.m.; 10K at 11 a.m.; and one mile at 12:15 p.m. For more information, call Single Point Ministries at (248) 374-5920.

The Northville Assembly of **Rainbow Girls and Orient Chapter** of the Northville Order of Eastern Star have joined efforts to help collect items for the Ann Arbor Ronald McDonald House. The local Rainbow Girls and Eastern Star are working together to gather non perishable food items, toilet articles, office and miscellaneous supplies from the Northville community.

Collection boxes are located at Bloom Insurance Agency, 108 W. Main St. (Monday through Friday, from 9-5); Genitti's, 108 E. Main St. just inside the entrance lobby; and small items can be put in the mailbox of the Masonic Center, 106 E. Main St. at any time. Items will be collected until May 6, then delivered by the organizations to the Ronald McDonald House. For more information, please call (248) 349-0909.

The Novi Ice Arena is now accepting registrations for "Spring Break on Ice," held April 24-28; a oneweek skating camp for skaters 6 years old and older. The camp will include a 45-minute group lesson. 11-11:45 a.m.: two hours of open skating, noon-2 p.m.; and a camp Tshirt for all participants. The camp fee is \$60 per skater. Skate rental is \$2 per day. Class size limited to six skaters. For more information, call (248) 347-1010.

Northville resident Lisa Wisniewski was named a James В. Angell Scholar at h University of Michigan. The award is given to students who

have main-

Art Society.

tained a 4.0 GPA for three consecutive semesters. Wisniewski is president of Kaleidoscope, the Michigan Student

Lisa

Wisniewski

Local student Aubrey MacFarlane of Northville has been awarded the Outstanding Study Impact Award by the Michigan Campus Compact. MacFarlane is attending the University of Michigan.

Cadet Sgt. Colin MacFarlane, a freshman, was recently inducted into the Phi Theta Kappa International Honor Society at Valley Forge Military College. Membership is extended to students with a 3.3 or higher grade point average, model character, leadership, fellowship and service. MacFarlane is the son of Mr. and Mrs. Kenneth MacFarlane of Northville.

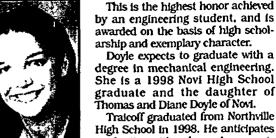
Northville resident Krista MacIver was named to the Michigan State University Dean's List for the 1999 autumn semester.

Amy L. Schroder, a junior majoring in physiology at Central Michigan University was inducted into the Gold Key National Honor Society for academic excellence.

Schroder is currently receiving a Centralis tuition award and plans to attend law school after graduation. She is a 1997 graduate of Northville High School.

Ferris State University students Sally E. Hoey of Northville, Lowell D. Anglin and Bernadette J. Uy. both from Novi and Laura Kovatch of Walled Lake received academic honors for achieving a 3.5 or better grade point average for the autumn semester.

Local students Colleen Marie Doyle of Novi and Stephen R. Traicoff of Northville, both juniors at the University of Michigan, were elected for membership into Tau Beta Pl. the national engineering honor society.



Traicoff graduated from Northville High School in 1998. He anticipates graduating with a degree in computer engineering. Traicoff is the son of Robert and Grace Traicoff of Northville.

Mark Sander of Northville was named to the Dean's List at Kettering University for fall term. He attained at least a 92.0 weighted grade average with no grades below 85.

Erin Vogel, a Northwood senior from Novi, was granted the Detroit International Showcase Scholarship for the 1999-2000 academic year.

Vogel is the daughter of Richard and Shannon Vogel.

Degree candidates from the Northville, Novi and Walled Lake area for fall semester '99 at Michigan State University. NORTHVILLE

Timothy James Beemer. bachelor's degree, horticulture; Eric David Koche, bachelor's, mechanical engineering: Christopher E. Marold, bachelor's, accounting; John Patrick Martin, bachelor's, supply chain management; John K. Matthews, bachelor's, accounting; Kevin Owen McMahon, bachelor's. advertising: Nathan Robert Paulson, master's degree, integrative management; Jason H. Rice, bachelor's, finance; Bradley J. Smith, bachelor's, economics; and Marisa P. Spinazze, bachelor's degree, communication. NOVI

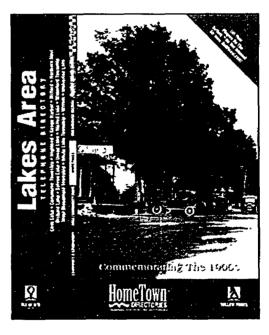
Ayumi Hanakura Cook. bachelor's degree, telecommunication: Derek Christopher Gavigan, bachelor's, advertising; David B. Gulau, master's degree, integrative management; Douglas James Householder, bachelor's, finance: Anne Elizabeth Hussey, bachelor's, psychology, high honors: Miyoung Jang, Ph.D., human nutrition: Scott Richard Kolarchick, bachelor's, accounting: Akiko Kubota, bachelor's, electrical engineering, honors; Christopher E. Nelson, bachelor's, psychology, high honors; Holly K. Ryan, bachelor's. psychology; and Natalie Stojanovski, bachelor's degree, packaging.

WALLED LAKE

Jacqueline Michele Nicastri. bachelor's degree, horticulture.







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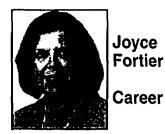




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Informational interviews can be a major career help



Eighty-two percent of all job openings are never advertised, and the quickest way to get a job is to never ask for one. When you ask somebody for a job, you are almost always asking to be turned down. I'm sure that you don't like being turned down, but there is another aspect here as well. Being forced to turn you down makes the other person feel uncomfortable. And the more uncomfortable you make them feel, the quicker they will want to forget you, which is just the opposite of what you want to happen.

Honesty is the cornerstone of the job search. You are not trying to hide the fact that you are looking for a job. you are only being reasonable when you assume that a person will not have a job or know someone with one at the exact time you are talking with them. When you ask a person for a job, you put them under pressure. When you make it clear you don't expect them to have an opening or know of one. the pressure is off both them and you. With the pressure off, they will

be willing to listen to you and think your career fit. of you in a favorable way.

Whenever you are not on a bona fide job interview — one in which you were called by a company you are on what I call an "informa-tion interview." Information interviews are perhaps the single most important tool in your job search and yet it is an area most people ignore. These interviews put you in contact with a great number of individuals, increase your chances for finding just the right job exponentially, and can be enjoyable as well. Enjoyable? Yes, because you are under no stress to ask for a job. You are simply searching for information, and people love to find out that you consider them an expert in their field. So, there is no stress on either you or the person you are talking to, and you are able to pick up some valuable information on each interview.

There are six steps in an information interview:

• Establish rapport. Have the person identify and feel comfortable with you.

• Educate the person. Let them know who you are. making certain they understand your major strengths. The more you share your accomplishments, the easier you make it for other people to help you.

• Get advice. Advice genuinely asked for is usually freely given. and you need people's advice on how they see your strengths and

• Get information. This is the main reason for the interview. Listen for the latest developments in your field, who is doing what. articles and publications you should read, professional societies you should join, etc.

• Get referrals. Remember the line: "Can you refer me to other successful individuals like yourself whose advice and guidance would be beneficial?" Not many people will turn down a request so stated.

• Be remembered favorably. If self to do it. Make a list of potential are leaving. It is simply a fact that if vou have accomplished the above five steps, you will have no trouble being remembered favorably, but just to be sure, send a thank you note. Your correspondence should be on your own stationery, which should in turn match your letter-

head on your resume. Assignment: Information Interviews

Go out and do two informational interviews this week. There is no other way than simply forcing yourinterviewees, pick two and just do it. I know you won't want to do this. but it is the most effective way to help you get the best job for you and it will give you great practice.

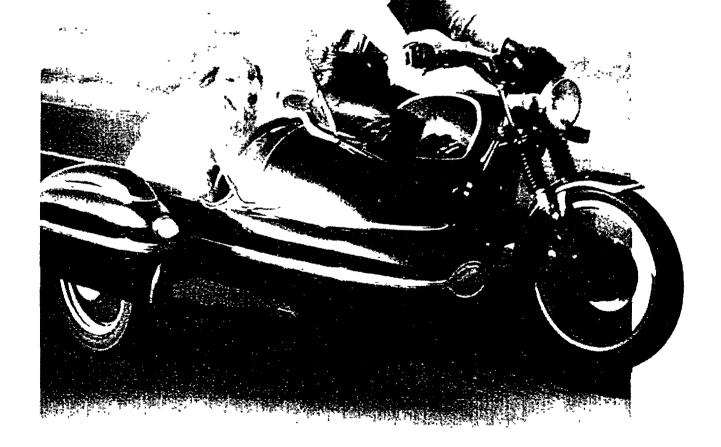
The information interview is not only the cheapest but also the most effective way of getting the information on the 80 percent of the jobs that are never advertised, and it is also the most fun. Invariably, you will say. "Can I have 20 minutes of your time?" and an hour later you

someone likes you and understands where you are going, they will want to help you get there.

Joyce Fortier has worked in career development for more than nine years. Her business. Create Your Career, is in Novi. She is a member of the Professional Association of Resume Writers. She welcomes any questions, and can be reached at (248) 478-5662 or at www.careerist.com.







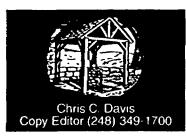
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Novi Seniors

The Novi Senior Center located in the Novi Civic Center is open to seniors 50 and older. Many services and programs are provided without charge. Classes, special events and trips each have their own fees. For more information or to register for an activity, please call (248) 347-0414 or by fax at (248) 347-3286.

SERVICES

Newsletter/Brochures/Calendars Copies of the monthly calendar of activities and menus are available at Novi Parks and Recreation. Register to receive the quarterly Novi Parks and Recreation brochure mailed to your home.

• Services for Homebound Seniors

Home delivered meals are arranged for Novi residents by calling (248) 347-0203, from 9 a.m. to noon daily. Ask for Diane.

Telephone reassurance calls are provided to homebound Novi seniors needing reassurance. Calls are made by volunteers and can be arranged by calling the Senior Center.

• Nutrition/Food Services

Catered lunches are provided daily at the Novi Senior Center. Advance reservations are necessary. Call the center from 9 a.m. to noon at least three days in advance. There is a \$2 per meal donation.

Focus Hope/Food Commodity distribution programs are provided at the Senior Center to persons meeting income criteria.

held at Novi United Methodist

Church. Hours will be from 1 p.m.

to 7 p.m., but walk-ins are wel-

come. However, if there is a time

problem. call chairperson Gerry

Stipp at (248) 442-2292 or fax

(248) 442-2495 to schedule an

There are more than 2,000 rea-

sons to donate and reason No. 376

is a little boy by the name of

Calum. By age 12 months, Calum

had used more blood than most

people would in a lifetime. He was

diagnosed with leukemia at the age

appointment.

• Health/Fitness

Blood pressure screening is provided every Wednesday at the Senior Center, between 11 a.m. to 11:50 a.m.

Body Recall exercise program with a certified instructor on each Monday, Friday at 9:30 a.m. There is a drop-in fee of \$2 per session or register for a ten-week session.

Stretch and strength training for seniors with a certified instructor on each Monday, Wednesday, Friday, from 9 a.m. to 10 a.m.. There is a \$3 per class drop-in or register for 10-week session.

Massage therapy at the center by a certified massage therapist. A 25-minute session for \$10. The sessions are by appointment only. Please call (248) 347-0414.

Tai Chi/Qi Gong and karate sessions are available through Novi Parks and Recreation.

Transportation

The Novi Parks and Recreation Department provides transportation options for Novi seniors 50 and older: Subsidized cab rides provided for \$2 for a one-way ride within the city of Novi. Call Community Cab at (248) 349-8118 for a ride. Novi senior vans operate daily within the city. Suggested donation of \$2 per ride. Advance reservations are necessary by calling (248) 735-5617, between 8 a.m. to 11 a.m. daily.

Medication Assistance

The Senior Center has several programs designed to assist those having difficulty paying for their medication.

 Home Energy Assistance Novi residents who are income eligible may receive assistance with their utilities and home repairs.

• Information and Referral

The Senior Center has information to address the needs and interests of seniors: in-home support, housing, legal services, job opportunities, Medicare and volunteer opportunities.

• Books/Cards/Clubs at the **Novi Senior Center**

Pinochle tournaments, Mondays at 12:30 p.m.

Contract bridge every Thursday. 12:30 p.m.

Duplicate bridge on Fridays. 12:30 p.m.

Held monthly, the Novi Camera Club. second Tuesday. 7:30 p.m.

Monthly Bookmobile at the Novi Center. third Tuesday of the month, 11:30 a.m.-noon.

Quilting, second Wednesday of the month, 10 a.m.

Creative writing, call Jan at 347-0414.

Crafts, Tuesdays at 10 a.m.

Pen pals, call Jan. at 347-0414. Novi Garden Club, call Elinor at (248) 477-7913.

Michigan Fishcarvers on Wednesdays, 7-10 p.m.

Oil painters every Wednesday. 10 a.m.

Monthly book discussion for seniors, second Thursday at the Novi Library, 12:30 p.m.

Senior ushers needed for the Novi Theater. Call the senior center for more information.

• Dance at the Senior Center Monthly ballroom dance to the

"Satin Sounds" band. Fourth Tuesday, from 1 p.m. to 3 p.m.

Clogging, open dance and beginners/intermediate instruction. Day and evening classes, flyers and registration at Novi Parks and Recreation.

Line dance, western and regular, on Tuesdays and Thursdays, from 9:30 a.m. to 11 a.m.

• Leagues

The senior bowling league meets at Novi Bowl each Thursday at 1 p.m.

Travel

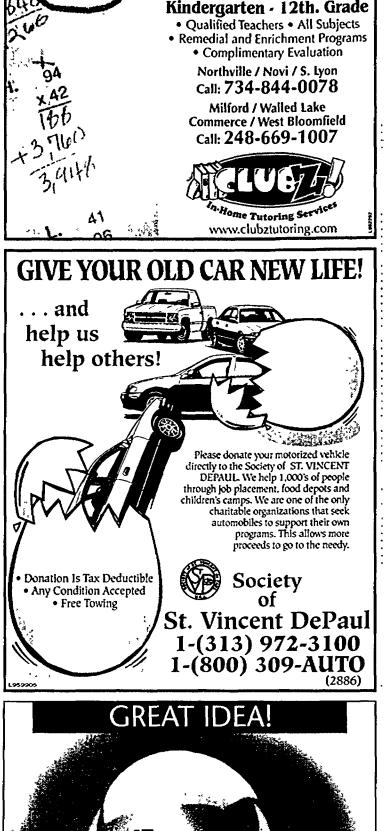
Numerous day and extended travel opportunities are available. Flyers on the many trips are displayed at the Novi Parks and Recreation office in the Novi Civic Center.

Monthly travel meetings are held on the third Thursday. Tour companies are available at that time to show slides/videos of trips. Just drop in. There are no club dues or fees.

Special Events

Friday, April 14 at noon, "Pizza with Porter." an all-senior musical/variety show. Pizza, salad and dessert will be provided at a cost of \$12 per ticket. Tickets may be purchased at the Novi Parks and Recreation office.

Saturday, May 20 at 7:30 p.m. at the Novi High School. The Novi Choralaires choir will present a musical evening featuring sounds from "The Wizard of Oz" and other shows. Tickets available at the Parks and Recreation office.



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Novi Highlights Novi Community Blood Drive 2292. This year's community blood Michigander Smockers drive is set for April 26. It will be

The Smockers will meet at 10 a.m. April 20 at JoAnn ETC in West Oaks. It's a change in location this year, rather than the Novi Library. The Smockers are a chapter of the Smocking Arts Guild of America.

Anyone interested in the world of smocking, finehand sewing and related needle arts is invited to attend the meeting and perhaps join the guild. The group is always interested in hearing from art enthusiasts of all ages and skill levels, and learn about new ideas.

donation.

For more information about the Smockers, call (248) 347-1736. Novi Chamber of Commerce

The chamber will hold a luncheon on April 18, from 11:30 a.m. to 1 p.m. at Country Epicure. Reservations must be made and paid in advance. The cost is \$17 for members, due by April 14. The price at the door (if space is available) for members without reservations and guests is \$22. For information, call the office at (248) 349-3743.

Featured at the luncheon will be speaker Keith Pretty, president and CEO of Walsh College. Mr. Pretty was vice president for external affairs and general counsel at Western Michigan University. At the same time, he served as president and CEO of Western Michigan University Foundation. In addition, his background of both experience and accomplishments led Michigan Gov. John Engler to appoint him to design a new state of Michigan Department of Career Development to match educational resources to business needs in Michigan. A morning mixer will be held free-of-charge, from 8 a.m. to 9 a.m. on April 27 at Waltonwood-Twelve Oaks. Names of chamber members who bring a non-member guest will be entered into a special drawing. However, reservations are required so plans can be made for those attending.

Lent began by the imposition of ashes on Ash Wednesday. Holy week starts with Palm Sunday on April 16: Maundy Thursday service will be held at 7 p.m., April 20. A joint Good Friday service at noon at Holy Family Catholic Church, with other churches in the Novi area. There will be no Saturday evening service on April 22. Members have been invited to to Antioch Lutheran Church for an Easter Vigil, and two services on Easter Sunday, 7:30 a.m. and 10:30 a.m. Chef Paul Kemp will be in charge of the Easter breakfast. An Easter egg hunt will precede

the 10:30 worship service.

of 4 months and depended on lifegiving blood donations during his chemotherapy treatment. With just an hour of your time, you can give kids like Calum a lifetime.

To donate blood, an individual must be over 17 years of age. weigh at least 110 pounds, and be in good health. A person may donate blood every 56 days.

During the first step, you will be asked to read a short leaflet required by the FDA and fill out a form giving your health history. The nurse will review the form and answer any questions, then check your blood pressure, pulse, temperature and iron level to make sure you are in good health to donate. The time it takes to donate a pint of blood is five to 10 minute. The process is very safe and relatively painless. After completion of the donation, you will be given juice and cookies.

Blood donations are sent to the National Testing Laboratory for testing of blood type and infectious diseases. Donors will be informed confidentially of any positive test results. Information regarding donor prescreening criteria is available by calling (248) 442-

patterns and instructions. SAGA is a non-profit educational organization, with the purpose of preserving the art of smocking and related needlework for future generations.

In the Smockers' newsletter "Cable Notes and News," information is given regarding programs. seminars, field trips and their library, which has videos available for check-out.

The Bargello ornament was finished at the last meeting and scheduled for April's meeting is the smocked Easter egg ornament. Several patterns will be available for choice, from beginner to the more advanced smocker.

In addition to monthly meetings. the group has enjoyed several field trips, such as the Henry Ford Estate, a needlepoint store, and the Dearborn Historical Museum to view different garments. A future trip includes the Wahley House in Flint for historical information on fabrics.

As this year's community service project, the Smockers provided 52 "We Care" baby gowns to Hutzel Hospital. They received a thank you note from the hospital expressing appreciation for their

Other activities include a golf mixer with the Novi Chamber challenging the

Farmington/Farmington Hills chambers. Anyone interested in the program should call the office at (248) 349-3743.

Spirit of Christ Evangelical Lutheran Church

A special program held by the church for community members was presented through a grant from the Mount Zion Lutheran Church Foundation and material donations from Lutheran Brotherhood. The program entitled, "Asset Building," presented Search Institute materials. Those in attendance took home valuable information on how to assist in creating healthy communities.

The church youth have collected donations of personal care items which they plan to give to residents of Charter House for Easter. They also plan to have a movie night after packaging the items.

Youth Sunday has always been participating and assisting in a Sunday service. However, they plan to participate more frequently throughout the month as best fits their schedule.

-The church is encouraging church families to do fun things together for one week in April In place of watching TV.

Novi Highlights is written by Jeanne Clarke. Should you wish to contact her with information for this column, call (248) 624-0173.

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RECORD MOVIES





Gordie (David Arquette), Jimmy King (Oliver Platt) and Sean (Scott Caan) team up in "Ready to Rumble."

Restoring king to his throne

Wrestling champion Jimmy King (Oliver Platt) is everything die-hard wrestling fans Gordie Boggs (David Arquette) and Sean Dawkins (Scott -Caan) would love to be.

A dreamer, an athlete, a true champion — with his crown, cape and scepter, he is a giant in his profession. Other wrestlers can only tremble in fear of his deadly finishing move. "The Crown" -atwo-handed flying slap.

Gordie and Sean live at home. have dead-end jobs and no girlfriends, but none of that matters on Friday night when they at last get to see their idol live and in person at WCW Monday Nitro.

But as the lights swirl and the Nitro girls dance, something goes horribly wrong for the King. He is ambushed by a ring-full of hostile turn-coats. At the match's shocking end. Jimmy King takes a

mighty, career-ending fall. After his humiliating defeat, the King disappears into obscurity, a casualty to the high drama of the wrestling profession.

Heartbroken and in shock. Gordie and Sean nonetheless decide to embark on an odyssey of discovery to hunt down their fallen . hero.

In space 14 of the St. Francis Motor Court, they come face-toface with a drunken. bitter Jimmy King — a phony with a made-up past whose inspirational phrases were all scripted.

But Gordie and Sean will not be discouraged. Beneath the beer gut and grizzle, they still see glimpses of their hero and vow to do whatever it takes to restore their King to his throne, no matter how many rules - or bones - get broken in the process.

TOMMY LEE JONES * SAMUEL L. JACKSON "A FORCEFUL, POWERFUL, THOROUGHLY CONVINCING FILM...WITH ITS BRAINS AND ACTION, 'RULES OF ENGAGEMENT' HAS A RING OF TRUTH AND CONVICTION NOT SINCE NEWMAN AND REDFORD OR GIBSON AND GLOVER HAS THERE BEEN SUCH A COMPANIONABLE TEAM: JONES AND JACKSON DELIVER. Gene Shalit, TODAY SHOW

> "WOW! WHAT A GREAT FILM! RULES OF ENGAGEMENT' IS TAUT, TENSE AND THRILLING WITH BRILLIAN PERFORMANCE A MAGNIFICENI MOVIE YOL Larry King, USA

"RULES OF ENGAGEMENT IS TENSE, SUPERBLY DIRECTED AND DRAWER DRAMA Jeffrey Lyons, NBC-T

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Ben Stiller Jenna Elfman Edward Norton Keeping the Faith

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CANTON 6	MJR SOUTHGATE 20	NOVI TOWN CENTER 8
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One of this decade's strongest comedies." SANDRA BULLOCK

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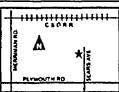
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RECORD **SPORTS**



'Stangs rack up the goals

By JASON SCHMITT Sports Editor

There's no happy in-between opponent for the Northville soccer team, at least not on their earlyseason schedule.

The Mustangs are either playing an extremely easy opponent or a rather tough one. Northville lost to Salem last Wednesday, but came back to top Walled Lake Central 6-1 this past Monday.

Northville jumped out to a 4-0 lead against the Vikings, but were held scoreless for the first 21 minutes of the game. ¹ "What Central likes to do is

play a cluster defense, bringing their 11 players down in the box and making it difficult to move around them," Northville coach Ron Meteyer said. "We figured out that if we had our girls bring the ball back into our end, it would stretch them out."

The plan worked as Nicole Cauzillo found Lindsay Dunmead on a breakaway a short time later for the game's first score. Just a minute later Lorianne Blair scored following a corner kick to make it 2-0.

Northville kept the momentum with another goal three minutes later. Dunmead broke free up the middle and Kelly Anderson hit her on the mark and Dunmead went in for her second of the night. The Mustangs would add another goal with just over seven minutes remaining when Cauzillo set up Blair for another goal. This time Blair shot high, to the top right corner of the net to get the goal.

Soccer

"We just had much better ball control than them," Meteyer said. "They had three or four core girls and they put them all up the middle.

Just 1:30 into the second half Dunmead completed the hat trick with another goal. She was unmarked and once Angela Maile realized that, she passed it to Dunmead who caught Central off guard.

Central broke free for a goal in the last 15 minutes of the game. but Northville came back as Alex Katona stole a throw in and went in for her first goal of the season. She held Central scoreless in the first half while playing in goal.

SALEM 3, N'VILLE 1

Despite leading 1-0 at the half. Northville was unable to play a complete game in this conference loss to the Rocks.

scored Salem three unanswered goals in the second half as the Mustang's play turned stale. The game was played on the same day as the funeral of junior Emily Carbott's mother, Sharon. Although Meteyer said that wasn't an excuse, he did say he thought it was on the minds of his players.

We were as flat as pancakes." he said. We took some bad shots and we didn't charge the goal at all. We didn't do a good job marking them and our team defense was weak.

Larisa Fill scored the game's early because your players may first goal just over a minute into the game, but that didn't make Meteyer feel any more secure. "I don't necessarily like scoring that

start to relax out there," he said. "Kids have a tendency to letdown after an early goal like that." Fill scored the goal after Maile's

and rolled out to the sophomore. night (after The Northville

shot bounced off the Salem goalie Northville played Canton last Record's deadline) and face South school.

With Signature

Lyon tomorrow at home. That game, along with Monday's contest with John Glenn. both begin at 7 p.m. at the high

Netters tie Seaholm 4-4

By JASON SCHMITT Sports Editor

Just as he expected, Northville battled Birmingham Seaholm tough, but just didn't have enough strength in singles play to pull off the upset last Wednesday afternoon.

Jeff Westmeyer's Mustangs tied the Maples 4-4, sweeping the doubles competition while being swept at the singles slots.

Three of the four doubles victories went to three sets before Northville pulled them out. Scott Eller and Brendan Green finished off their opponents 6-2 in the third set after splitting the first two 4-6, 6-2. Kyle Wargo and Nate Gudritz won 6-7 (7), 6-4, 6-3 at second doubles and Phil Gutowski and Garrett Brun won 6-0, 3-6, 6-4 at fourth dubs. That duo was down 4-1 in the third set before picking it up. Northville's only straight-set win came at third doubles, where Brian Wilson and Brian Arndt posted an impressive 6-4, 6-1 win.

conditioning early in the season," coach Jeff West-meyer said of his team's triumphs in the three-set matches.

Each of Northville's four singles players (Dean Conway, Mark Thomson, Dan Drake and Kyle Dehne) battled tough, but lost in straight sets. Drake put up a fight though, losing 7-5, 6-4 in what was the last match on the courts.

Northville rallied from a 3-1 deficit to take a 4-3 lead in the match. On a positive note, Seaholm and North Farmington played to an identical 4-4 score with North winning each of the four doubles matches.

JV skaters open up strong

The 2000 spring hockey season is underway as the Northville junior varsity team started the season off with wins over the Huron Valley Schools consolidated team and the Farmington JV squad.

The Mustangs defeated Huron Valley last Friday 4-0, breaking the game open with three second period goals.

Will Holden, Mike Dawson and Troy Engelland each scored in the second period, following up the game winner by David Kuhn in the first.

JV Hockey

win over Farmington back on April 3 at Redford Arena. The game was back and forth until Graham Appleford scored with just 1:36 remaining in the game to give his team the 3-2 win. The goal was assisted by Kellen Smetana.

Mike Fill scored the team's first goal of the game and Andy Minielly teamed up with Mike Dawson for a nice two-on-one goal early in the second period. Picking up assists in the two games were Appleford. Fabian Garcia. Smetana (2). Nick Reuter, Dawson and Matt Giles. The team is sponsored by the

Northville Schools Hockey Boosters and includes a roster of 18 Northville High School students. Team members include Appleford, Mark Atkins, Dawson, Ely-Bond. Engelland, Fill, Carl Galeana. Garcia, Giles, Holden, Dave Kuhn, Mike Marquardt, Mickey Mason, Minielly, Nick Reuter, Smetana, Jacob Vitale and Rob Ward.

Rick Ryan is the head coach and he is assisted by Ryan Ward, Rick Engelland and Greg Bond. Results from the team's last game on Sunday was unavailable for print. The team's next game is today at Plymouth and again on Sunday at Kensington Valley.

Photo by JOHN HEIDER Northville players celebrate following a goal against Novi. They scored plenty of goals in their 6-1 win Monday night.



"I think it goes back to all of our hard work and

The Netter's schedule picked up this week with matches on Monday (Franklin), Tuesday (Novi) and Wednesday (Salem) (all were after The Novi News' deadline). They resume that busy schedule tomorrow at Walled Lake Central and will compete at the Grosse Pointe North Invitational on Saturday. Monday the team will take on Canton on the road and Wednesday it will host John Glenn.

Northville killed off five minor penalties in the third period alone. David Ely-Bond recorded his first shutout of the season in net for the 'Stangs.

The team escaped with a 3-2

Northville trio makes HomeTown's all-area squad



File photo by JOHN HEIDER

Northville Junior Chad Neumann (above), was one of three Mustangs to make HomeTown's all-area first team.

Torrence, Scappaticci and Neumann make first team

If you were to take HomeTown's first team allarea wrestling squad to a tournament, you'd most likely come home a winner. Because not only is this team made up of winners, it's made up a group of young men who win when it matters most.

A closer look shows just how strong the Novi, Northville, South Lyon, Milford and Lakeland area is. There were two state champions, two state runnerups and five more state placers among the 14 on our first team.

With all of the talent these five teams possess, it's a shame perhaps the three toughest (Novi, Northville and South Lyon) had to square off in the district tournament. Novi went on to capture the district title with 30-27 win over Northville in the finals and followed that up with a run that saw them into the state championship match against Davison. The Wildcats gave the Cardinals a run, but came up short in a 41-28 loss,

Here's a look at each of the top 14 wrestlers in our area, with Northville and Novi leading the way with four selections each.

Ravi Saran

Northville sophomore

Is he the best 103 pound wrestler in the area? Perhaps.

Only Novi's Josh Churella has anything to say about it, and Saran happened to beat Churella twice in overtime in the two wrestlers two matchups this season.

Saran beat Churella 7-5 in their regular-season matchup and again 6-4 in the district finals. He was just one match away from qualifying for the state championships, but coincidentally lost to Wyandotte Roosevelt's Kevin Lilienthal 6-4 in

overtime to end his season. He posted a 35-8 record in his first full season on varsity.

Tim Bragg Lakeland junior

Last season. Lakeland had, essentially, two wrestlers — Kevin Neuendorf and Tim Bragg. This year, it was just Bragg, But few young men are better suited to handle the burden of representing his school. Bragg took that banner all the way to Joe Louis Arena, where he placed sixth in the state at 112 pounds. It was Bragg's third appearance at the state finals in as many tries, but the first time he placed. Never mind that he was wrestling with a torn rotator cuff, he still finished sixth, good enough for all-state. Braggs season record was 33-11, and he's not through. Look for him to be a serious state championship contender as a senior.

Dan Jilg Novi senior

Shortly after Dan Jig walked off the mat after winning the 119-pound Division I state title last month, longtime Novi coaching legend Tom Fritz said "Right now Dan Jilg is the best wrestler in Novi High School history - including Taka Watanabe.

Seeings how Watanabe won a state title his junior year and came back to finish third his senior season, that's quite a compliment from a man who's been around Novi wrestling for over 25 years.

Jilg has the credentials to be the best Novis ever seen. He is a four-time state placer, taking a

Continued on 4

чU



Emily Ott was one of the bright spots in Northville's loss.

Northville falls to North

By JASON SCHMITT Sports Editor

The Northville girl's track team received a boost when it swept both the long and high jump events against North Farmington last week, but it proved to be too little for the Mustangs in an 81-56 loss to the Raiders.

Emily Ott won both events, jumping a meet high 4feet. 8-inches in the high jump and 13-3 in the long jump. She earned athlete of the meet honors from her coaches. Esther Ling and Amber Selle were second and third in the long jump and Emily Needham and Jessica Anchor were 2-3 in the high jump.

These are areas that we actually had some doubt over, but we've done very well so far." Northville coach Karin Nelson said. "We were very excited to see our jumpers perform so well. Emily has really come through for us in some key places.

But as well as the team fared in the jumps, it fell flat on its face when it came to the relay events. North Farmington swept all four relays to shut the lady Mustangs out. North looked particularly strong in the distance relay events.

The 800 meter relay was pretty close, but Northville's inexperience may have cost them. "I think we could have won if we'd had better handoffs," Nelson said. "That's still something we need to work on." Northville was disqualified in the 400 relay because

of false starts. Inconsistencies hurt the Mustangs all day long. The team was also shut out in the 100 hurdles, and

Girl's track

claimed just a third place finish in the 800 and mile runs (Hillary McCrumb and Erin Schubert).

"North Farmington had a very small team, but some very talented runners who kept showing up over and over." the coach said.

Northville did save face in the two-mile run, where Alyson Flohr and Kelly Driscoll finished first and second.

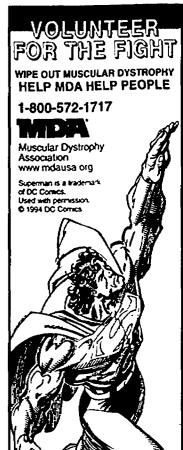
Mary Tanski came through with second-place finishes in both the shot put and discus events. She threw 33-11 in the shot and 88-0 in the discus against some very good Raider throwers.

"They had a tough throwing team, but as usual Mary managed to get right in there with them." Nelson said.

Freshmen Courtney Greulich and Lisa Bowen finished 1st and 2nd in the 400 meter dash. "Both are runners who lack experience, but go out and work harder than anyone in the race. They don't leave anything on the track," Nelson said.

Fellow freshman Genevieve Balangero won the 300 hurdles and Anchor finished third. Audrie Lin finished second in the 200 meter dash.

The team will continue its road race at Walled Lake Western and will take part in the Novi Relays Saturday. Next Wednesday the team will pay a visit to Canton.







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Sports shorts

BRONCOS U-16 SOFTBALL TRYOUTS

The U-16 Broncos softball tryouts for the 2000 season have been set. Tryouts will be located at Meads Mill Middle School on Friday, April 14 from 5:30-7 p.m. and on Saturday from 11:30 a.m. to 1 p.m. and from 2-3:30 p.m.

Players must register prior to attending the tryouts at the Northville Recreation Center at 303 W. Main in downtown Northville and bring proof of registration to the tryouts. Players must not be older than 16 years of age as of Jan. 1, 2000 to be eligible

Players should bring their glove and bat to the tryouts and are reminded to dress appropriate for the weather. Players must attend all three sessions unless excused by the team's head coach Bill Richards, Jr.

For additional information regarding the team, please contact Richards at (248) 344-2792.

SPRING BREAK BASEBALL CAMP IN NORTHVILLE

Put One in the Upper Deck. the indoor baseball/softball training facility (235 E. Main. St. Northville) will be conducting its spring camp from Apr. 24 through Apr. 27. The camp will be from 9 a.m. to noon, with free batting cage time from 12-1:30 p.m. for the campers. Instructions by professional baseball players including Barbaro Garbey of the '84 World Series Champion Detroit Tigers. To register call (248) 349-0008.

NORTHVILLE BASEBALL/SOFTBALL SIGN UPS

Northville's Baseball and Softball Association is now accepting late registrations at the recreation center for ballplayers ages four through 16.

Baseball and softball coach pitch teams for boys and girls are in the process of being formed now. Players at this level are placed on teams with friends. For U-10 and older leagues, players rating sessions and draft take place in April and players are placed on teams. Practices start in early May and the season runs from mid-May

through mid-July.

SPRING BREAK BASEBALL CAMP

Total Baseball's Spring Break Baseball Camp will take place April 24-26 from 9:30 a.m. to 1:30 p.m. at Powers Park in Novi. This camp will be instructed by Lee Bjerke, assistant coach at the University of Detroit and Aaron Knieper, former Montreal Expos professional player.

This camp will cover fielding, hitting, pitching, base running and more. Drills will be given to help improve each player's game. This camp is a sure hit. The camp is for ages 7-17. fee is \$100 per player. Registrations can be taken by phone at (248) 668-0166 or via mail, at 30990 S. Wixom Rd., Wixom, MI 48393 (inside of Total Soccer.)

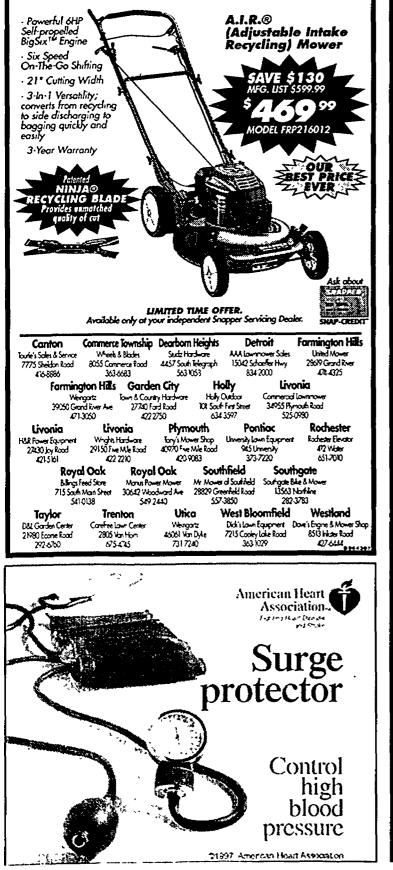
SUBURBAN HOCKEY LOOKING INTO GIRLS LEAGUES

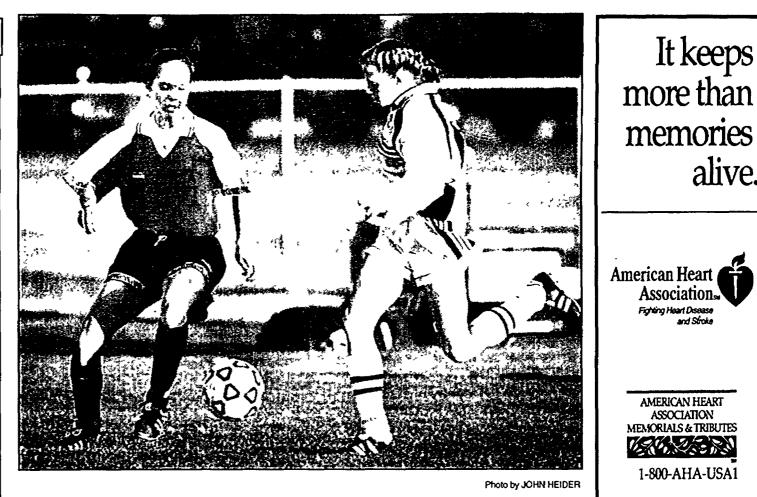
Suburban Hockey is conducting preliminary inquiries as to the feasibility of a fall hockey league for girls 12 and under, with all games to be played at the Suburban Training Center in Farmington Hills and Novi Ice Arena.

The league would adhere to all Michigan Amateur Hockey Association and USA Hockey rules, which means there would be no checking. The league would create an atmosphere of competition at two convenient locations for girls who want to play hockey with other girls at their age level.

Those interested in such a program should contact Amy Jones at Suburban Hockey (248) 478-1600 and indicate their interest by April 15. If enough interest is received, a registration period will begin immediately.

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Transition game...

Northville midfielders like Ashley Ossola (above #7) have done a nice job moving the ball upfield for Northville this season, making it easier for Mustang forwards to put the ball in the net.

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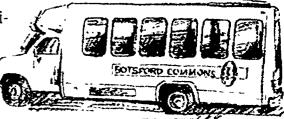


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There's an equal split of power on all-area team

Continued from 1

mathematical route to the tule (8th-4th-2nd-1st). He was 50-2 this season and holds the school records for victories (190-16) and pins. He was unquestionably the leader of this year's state finalist Novi squad and is looking to pursue wrestling at the collegiate level.

Ryan Churella

Novi junior

Immediately after Fritz completed the above statement, he went on to say Now maybe a year from now I might be saying that about Ryan Churella."

That came moments before Churella walked out onto the championship mat and defeated Northville's Reggie Tomence 7-6 in the state final at 130 pounds. It was the second time in three weeks the Novi junior took out a very talented Torrence.

Churella's rise to the top came in a different form than that of Jile. As a freshman he was a solid wrestler who won 35 matches but did not qualify for states. Last year he was 53-5 and finished runnerup at the state meet.

This season saw him battle many of the state's best wrestlers throughout the season, winning some and losing some en route to a 54-3 record. His three loses came to Mount Pleasant's Jason Borrella (D-2 state champ), Andy Summons (D-3 state champ) and Tomnee (D-1 numerup). He was the Oakland County, KVC and regional champion along the way.

Reggie Torrence

Northville senior

He may be a quiet, soft-spoken kid off the mat, but don't let that fool you. Torrence is one of the most appressive wrestlers around and if it were not for Churella, he'd be a state champion.

He dominated Churella in ther first match to wn the district championship, but lost in the regional and state finals to the Novi junior. He won yet another Western Lakes Activities Association title and placed at the state meet for the third-straight year (the first Northville wrestler ever to accomplish that feat).

He was 43-4 this season after going 45-4 last year, when he was a league and district champion. Churella praised Torrence, saying "he was the quickest guy Ive faced all year long." And that hst included Churella's aforementioned opponents as well as Davison's Chase Metcalf (3rd at state meet).

Andy Golden

South Lyon senior

Colden likely earned his all-area spot with his performance at the KVC tournament. It was there, in the 135-pound finals, that Golden turned in one of the most formidable performances of the season. He and Hartland's Bill Pare had to go into a second overtime before Andy emerged with a 3-2 victory. Always tough in big matches, Golden helped prolong South Lyon's team hopes in the districts, where he beat Novis Brent Frey 9-3. In the individual districts Golden placed fourth, qualifying for the regionals. He also had a fifth-place finish at the Oakland County meet. He ended the season with a record of 29-12.

Chad Neumann Northville junior

One of the true, pure wrestlers in the area this year, Neumann was 44-4 overall this season. Along the way he surpassed the 100win plateau and took home conference and district champianships

He was numerup at the regional and went on to place seventh at the state meet, defeating Josiah Boyer of Temperance Bedford 4-0 in his last match. Coincidentally, it was Boyer who prevented Neumann from winning the regional championship.

He captained the team along with Torrence and Dan Scappaticci this season and returns to head up what could be a surprising Northville team next year.

Dan Scappaticci Northville senior

Pound for pound he may be the strongest wrestler on our team this season. The list in a line of Scappaticci brothers, Dan was a two-time state placer who took fourth at the D-1 tournament this

He fluctuated between 145 and 160 throughout the season, but he was a winner wherever he ended went. "Scappy" posted a 44-4 record this season and won WLAA, district and regional titles. He was the only Mustang to accomplish all three feats.

Mike Chandler

South Lyon senior

Chandler absolutely dominated his competition as a senior, losing only one match prior to the state finals. He was the regional, district, conference and county champion at 152 pounds. Chandler ended up with a 43-3 record. Two of those losses were to the same character, Livonia Stevenson's Ihmad Karbush. The second one was the one that really hurt, as it came in the third-place match at the state finals. Nevertheless, with his fourth-place showing. Chandicreamed all-state accolades for the second-consecutive season.

Justin Lambert

Milliord senior

In the 1996-97, Lambert, a ninth-grader, set a Milford High school record for wins by firshman. And he never let up. By the time Lambert's career ended, in this year's Division I regionals, he had won 147 matches. That's the most by any Milford wrestler. ever. Not surprisingly, given his history. Lambert is a repeat all-area selection as a senior, after a season which saw him go 43-4. He was the KVC champion at 160 pounds, and the runner-up at both the district and county mosts.

Enic Texiera Milliord senior

his third-place fin-

ish at the individual

districts, he was one of only two Mil-

ford athletes to

A year ago, Texiera had never wrestled. The don't call America the land of opportunity for nothing. This Brazilian exchange student took up the sport this winter, and the Redskins are glad he did, as Texiera became one of the most productive team members. With

advance to the regionals. His one and only sea-son ended with a 21-6 record.

Adam Borashko Novi senior

Fhitz talked of a time where Borashko nearly

walked away from wrestling, frustrated with the time he couldn't spend with friends. Boy what he would have missed.

After shaking off a tough start to his senior campaign, Borashko came back to turn in a brilliant season. He was first crowned KVC champion, then went on to finish runnerup at districts, third at the regional and sixth at the D-1 state meet. He finished one shy win of 50 for the year (49-10).

Nick Slovan --- HomeTown's wrestler of theyea

Novi junior In preseason talks with Novi co-coach Brad

Huss, Slovan received rave reviews and plenty of hype. And it was all for good reason. The Novi junior was a match away from

advancing to the regional tournament a year ago. This year he was a win away from winning a state championship. Storan lost to Grand Ledge's Brian Cheyne

11-5 in the D-1 championship match at 215 pounds. He had earned his way to the title match with three wins earlier in the tournament. Slovan finished third at the Oakland County meet, but won conference, district and regional championships in impressive style.

The junior finished the season with a 43-8 record.

Josh Kabat

South Lyon senior

A close call over Milford's Ryan Morris, who defeated Kabat in the conference tournament. After placing third in the KVC, as the postseason progressed, Kabat got stronger, avenging his loss to Morris in the districts. It was no surprise that he was ready, having battled mostly bigger heavyweights all year long. Kabat finished third in the individual districts, then fourth in the regional, which qualified him for the Division I state finals.

After the state finals, Kabat's season record was 38-12.

ALL AREA WRESTLING

First Team

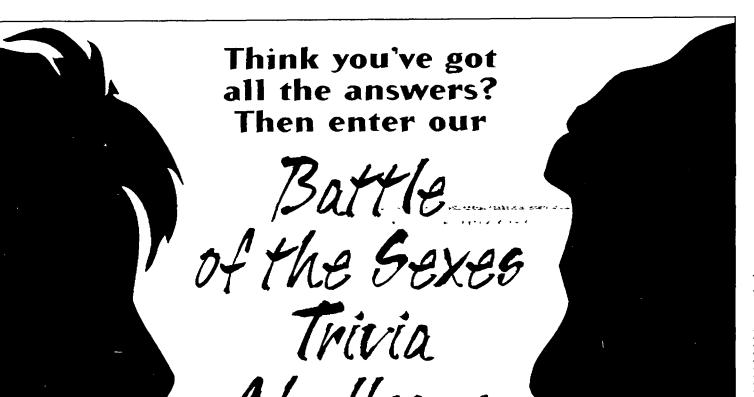
Name	School	Grade	Weight
Ravi Saran	Northville	Sophomore	103
Tim Bragg	Lakeland	Junior	112
Dan Jilg	Novi	Senior	119
Ryan Churella	Novi	Junior	125
Reggie Torrence	Northville	Senior	130
Andy Golden	South Lyon	' Senior	135
Chad Neumann	Northville	Junior	140
Dan Scappaticci	Northville	Senior	145
Mike Chandler	South Lyon	Senior	152
Justin Lambert	Milford	Senior	160
Eric Texiera	Milford	Senior	171
Adam Borashko	Novi	Senior	189
NickSlovan	Novi	Junior	215
Josh Kabat	South Lyon	Senior	НМТ

Second Team

Name	School	Grade	Weight
Josh Churella	Novi	Freshman	103
Cory Nobach	Novi	Junior	112
Brian Dodds	Novi	Senior	119
Chris Barnes	South Lyon	Senior	125
Dave Edwards	South Lyon	Sophomore	130
Brent Frey	Novi	Senior	135
Joe Petkus	Milford	Senior	140
Yusaf Qamruzzaman	Novi	Senior	145
Vince Slovan	Novi	Sophomore	152
Frank Kava	Novi	Senior	160
John Rekoumis	Northville	Senior	171
Joe Rumbley	Northville	Junior	189
Tim Zemaitis	South Lyon	Senior	215
Ryan Morris	Milford	Senior	HWT

Honorable mention

Milford - Matt Thome, Chad Rashid, Ben Lawrence Northville - Jason D'Anna, Matt Doyle, Jeremy Carter Novi - Jason Moore, Scott Kortlandt, Nate Mitchell South Lyon - Kirk Mulligan, Jake Williamson, Matt Williams



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Baseball team mercied in six innings

By JASON SCHMITT Sports Editor

When a coach says the final score wasn't indicative of how good the game actually was, sometimes he's telling the truth.

Such was the case in Northville's 12-2 mercy loss to Farmington Hills Harrison Monday afternoon. The game was close up to the sixth inning until the Hawks broke loose with nine runs. Eleven batters stepped up to the plate before the game was called with no outs and the Hawks leading by 10 runs.

"We just couldn't seem to break the streak," Northville coach Mickey Newman said. 'We've got to be able to pitch with control out there and we're gonna need to play near perfect ball

Baseball

to win ballgames in this conference."

Matt Hare kept his team in the game for five innings, allowing just three runs on three hits. He walked the first batter of the sixth inning and then hit the next guy with a pitch. From there Newman went through three more pitchers, none of whom could get an out. In all Harrison had four hits, five walks, a hits batsman and reached on an error in the inning.

"I've come to realize that after Matt, we drop off with our pitching," the coach said. Hopefully we'll find some people who can come in

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and give us some pitching."

the fifth inning on a Brian Thomas RBI-single. Tim Edick hit a solo home run in the sixth to cut the deficit to one. Brian Boyes finished the game 2 for 2 with a pair of doubles and a walk.

Hopefully our sticks will start coming around for us," Newman said. "We've been taking batting practice every day at practice."

Northville played Walled Lake Central yesterday (after The Northville Record's deadline) and play Churchill tomorrow on the road before hosting West Bloomfield in a doubleheader Saturday. The first game should start around 11 a.m.



McDONALD FORD SALUTES NORTHVILLE ATHLETES OF THE WEEK **Dan Scappaticci - Senior**



The senior capped off a brilliant career which included back-to-back state place finishes.

He took fourth place this season after notching fifthplace honors a season ago. He was a conference, district and regional champion and finished with a 44-4 record this year.

Chad Neumann - Junior



His season was nearly identical to Scappaticci's. Both posted a 44-4 record and won conference and district championships. Neumann was a regional runnerup and finished seventh at the state meet in March.

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Health Column

Be careful of where the loss comes from

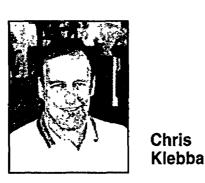
My intent in all my columns over the past couple of years is to simplify what it takes to achieve and maintain some level of fitness in today's busy lifestyle. Many of us have overcomplicated this area, and this has contributed negatively to the poor state of fitness in our overall society. Having said this, and in light of the fact the pending warmer weather makes this the most popular time of the year to lose weight. I feel it appropriate to make an exception and over-complicate the issue of weight loss.

One cannot listen five minutes on the radio without some disc jockey spouting the super effects of a weight loss formula, or turn on the TV only to find more of the same on the infomercials. This media blitz makes passing on the truth of weight loss and health (based on how the human body functions, not another opinion) very challenging and unpopular.

Let me start by asking a question. If a person loses 10 pounds and the source of this loss was a combination of their valuable lean muscle or their valuable water amount, would this be moving them closer or further from overall health? I am assuming the person does not want weight loss at the expense of their health. The answer is deeper. As many of our clients say, "I don't care where it comes from. I just want it off my body." While I understand their feelings totally (and I can relate), allow me to explain why this is not in line with overall health.

First of all, do not use the old weight scales as the only indicator of your progress. Body composition is a much more true and complete indicator of fitness and health. Your body weight resides in three main areas. (this is over-simplified for explanation purposes).

Lean Body Mass. This includes the good



stuff, lean muscle and tissue, everything that is in our bodies that is not fat or water.

• Water. You are 60 to 70 percent water. This topic always spurs feelings of excessive water weight, particularly with women. This is not what we are referring to, rather being well hydrated to assure optimal energy and efficiency. There are few things the over 30,000 registered FDA diets and plans have in common, drinking a lot of water is the exception. Water is essential to good health.

• Body Fat. This is the area people want to attack when it comes to reduction. This is the excess body fat our bodies have stored in those unwanted locations: hips, thighs, back of arms, sides of walst, etc.

There are many methods to establish where your body registers fat in all these areas. The most accurate is the Hydrostatic method. A health professional submerges you in a tank of water and special equipment measures those key areas. More popular methods, while ranging from a 2 to 5 percent error zone but much more convenient and inexpensive is either the caliper method or the body analyzer equip-

ment. Calipers involve pinching a few key areas lightly with an strange looking piece of equipment, while the analyzers involve standing on a scale as you would with a more traditional one.

Body composition is one area worth overcomplicating and getting done for you. It allows you to look beyond the weight scales to realize there is more to you. And for many, when they apply a proper fitness program, they add a little in either the water or lean muscle area which may adversely affect their sheer body weight but positively affects their overall health. We are not saying to not attack body weight, but we are saying, attack it from the right category for overall health. Average body fat percentages for females range from 23-27 percent; for males, 15-17 percent. This is usually the category most are aiming for since unfortunately, most are substantially above this range.

I constantly write steps to accomplish this which includes an overall fitness plan involving resistance training and cardiovascular training added to a proper food and nutrition program.

I know this sounds much tougher and much more unpopular than the magic potion. but shouldn't the bottom line for you - be reaching your fitness and health goals, maintaining them, not quick, temporary, unhealthy weight loss?

Get your body composition today and start down the right path to look and feel your best.

This column was written by Chris Klebba. owner and operator of the Water Wheel Health Club and Synergy Fitness. Klebba is also a certified personal fitness instructor. For more information or a free body composition analysis. call (248) 449-7634.

Health Notes

MARTIAL ARTS FOR CHILDREN

Conducted by a black-belt martial arts instructor, a physical therapist and an exercise therapist for children ages 5-16 with special needs such as cerebral palsy, add, or sensory integration dysfunction.

This is a continuously revolving eight-week course held on Friday evenings from 6 to 8:30 p.m. at Providence Medical Center-Providence

Park in Novi. There is a charge of \$100. To register, call 1-800-968-5595.

PANIC ATTACK AND AGORAPHOBIA SUPPORT GROUP

They have monthly meetings starting in September at both Northville and Livonia locations. It's a comfortable group support setting for individuals experiencing panic attacks. The cost is \$5. For more information call Susan Franceschi at (734) 420-8100.

CANCER SUPPORT GROUP

"Focus On Living." a self-help group for cancer patients and their families, meets the first Wednesday of each month at St. Mary Hospital in Livonia.

Co-sponsored by the American Cancer Society, "Focus on Living" provides an opportunity to discuss concerns, obtain answers and gain support from others who share the same experiences.

Registration is not necessary, and there is no charge to attend

HOT FLASH STUDY

Women who suffer from multiple daily hot flashes associated with menopause are being sought to participate in a nationwide study to assess the safety and effectiveness of an investigational hormone replacement skin patch to treat hot flashes. Women may be eligible if they are between the ages of 45 and 65, have not had a menstrual period in six months, or a hysterectomy. For more information, call 493-6580.

BLOOD PRESSURE CHECKS

Providence Medical Center-Providence Park is offering free blood pressure checks Monday through Friday from 9 to 11 a.m.

Area residents are invited to visit Providence Medical Center-Providence Park, 47601 Grand River Ave., to obtain the service. Screening will take place in Providence's Emergency Care Center located within the center.

For more information call (248) 380-4225.

FOOD ALLERGY COUNSELING

Individuals with food allergies can receive counseling on food choices and substitutions from a Botsford Hospital professional. The fee is



If you answered "yes" to 3 or more statements, you may be suffering from depression, a serious condition affecting millions of Americans. The Institute for Health Studies is currently looking for individuals experiencing the above symptoms to participate in a research.

study of investigational medication for depression. If you are selected, all research related care and study medication are provided at no cost. Get answers and information about depression

INSTITUTE FOR HEALTH STUDIES

For more information, call (313) 655-2922, or toll free 1-800-494-1650.

DIABETES EDUCATION

This comprehensive program includes self-monitoring of blood glucose, diet and meal planning, disease management with exercise, potential complications of the disease, and presentations by a pharmacist and a podiatrist.

This is a continuously revolving six-week program held on Monday evenings from 6 to 8:30 p.m. at Providence Medical Office Center, Ten Mile and Haggerty roads. There is a \$20 fee.

Call (248) 424-3903 to register.

SURGICAL PREPARATION

Through the Sally the Surgery Star program, children scheduled for surgery are taken on a tour and familiarized with the surgical experience. A variety of educational materials and supportive teaching tools are used to help children deal positively with the idea of a hospital stay.

Admission to the program is by appointment only. There is no charge.

Call the Providence Medical Center-Providence Park at (248) 380-4170 to register.

WEIGHT ON THE RUN

Conducted by an exercise physiologist and a nutritionist, this 12week program starts with a fitness assessment and nutritional consultation, followed by three weekly monitored workouts and weekly nutritional support. Day and evening classes are available.

A \$300 fee includes enrollment in the class "ABC of Weight Loss." For more information and to register, call (248) 473-5600.

CHILD HEALTH CLINICS

Oakland County Health Division's Child Health Clinics provide free ongoing well care for children from birth to school entry. Families who do not have an HMO or Medicaid may be eligible. Clinics are held at 12 locations throughout Oakland County.

Services include: Heights and weights; head-to-toe physical examination; immunizations; vision, hearing and lab testing; growth and developmental screening; and counseling with referrals to physicians and area resources as needed.

Appointment is required. For more information, call: North Oakland, Pontiac. (248) 858-1311 or 858-4001; South Oakland, Southfield: (248) 424-7066 or 424-7067; West Oakland, Walled Lake: (248) 926-3300; and Holly residents: 1-888-350-0900, extension 8-1311 or 8-4001.

HEALTHY SOLUTIONS SEMINARS

Healthy Solutions are offering a seminar series over the next few weeks.

All seminars are free and begin at 7:30 p.m. Please call (248) 305-5785 or stop in healthy solutions to reserve a seat (space is limited). You may show up the night of the seminar, however a seat may not be available.

STEPPING STONES

It's a divorce-recovery workshop for children and parents. It starts Nov. 4 and is offered by pre-registry only. It runs every Thursday for six weeks at Ward Presbyterian Church in Northville.

The cost is \$10 and scholarships are available. For more information please call (248) 374-5920.

\$30.

For more information or to schedule an appointment, call (248) 477-6100.

PROSTATE CANCER SUPPORT GROUP

Offering knowledgeable speakers each month, this support group provides encouragement and education about prostate cancer, its treatment and the physical and emotional issues associated with it. It meets the third Monday of every month at 7 p.m. and it's free.

Sessions take place in Botsford's 2 East A Conference Room, 28050 Grand River Ave., in Farmington Hills. For more information, call (248) 477-6100.

ALZHEIMER'S SUPPORT GROUP

The group for caregivers meet the first Tuesday of every month at 7-8:30 p.m., Botsford Continuing Health Center, 21450 Archwood Circle, Farmington Hills. For information, call (248) 477-7400.

CAREGIVERS PROGRAM

"Caring for Dementia Patients," a free program for individuals caring for adults with Alzheimer's disease or closed-head injuries, co-sponsored by Botsford's Geropsychiatric Services and the Detroit Area Chapter of the Alzheimer's Association. Topics covered include overview of dementia, managing difficult behaviors and coping skills for caregivers.

managing difficult behaviors and coping skills for caregivers. Held on Monday evenings, 6-7:30 p.m. Free. Botsford General Hospital's Conference Room 2-East B, 28050 Grand River Ave., Farmington Hills. For information and registration, call (248) 471-8723.

MENOPAUSE SUPPORT GROUP

Providence Medical Center-Providence Park in Novi offers a free monthly support group for women who have concerns about menopause.

The group meets the first Tuesday of each month at 7:30 p.m. in the Providence Park Conference Center, 47601 Grand River Ave., at the corner of Grand River and Beck in Novi. The purpose of the support group is to provide women with educational information on topics relating to menopause.

For information, call (248) 424-3014.

ASTHMA EDUCATION

Individual sessions with a registered nurse can provide the tools to better understand and manage asthma. Day and evening sessions are available. Families are welcome.

There is a \$30 fee and an appointment is required. For more information and to register, call (248) 477-6100.

BREASTFEEDING BASICS

This workshop covers the "how to's" of breastfeeding and answers questions and concerns of women who are already breastfeeding.

The fee is \$20, and the classes are held at Botsford's Health Development Network in Novi.

For information and registration, call (248) 477-6100.

CIRCUIT TRAINING

This is a multi-stationed exercise and education program designed for the individual with limited experience using fitness equipment. Participants will be instructed on the proper use of weight and cardiovascular machines.

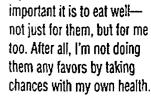
The class meets Mondays and Wednesdays from 7 to 8 p.m.

The fee is \$70 and preregistration is required. For registration and information, call the Botsford Center for Health Improvement at (248) 473-5600.

(517) 349-5505 1 (800) 682-6663 Robert J. Bielski, M.D.



When my children came into my life, I realized how



Food can be powerful medicine, and the best prescription is to eat more low-fat vegetarian meals. The more fruits, vegetables, and whole grains you eat, the more your body will thank you. For a tasty way to help prevent illness, try some black bean chili, Jamaican jerked tofu with vegetables, or pasta marinara with broccoli.

COURTESY OF

10 01 OH4

Ziggy Marley, musician

Tonight, make it vegetarian

For more information, contact: Physicians Committee for Responsible Medicine 5100 Wisconsin Ave., Suite 404 - Washington, DC 20016 (202) 686-2210, ext. 300 - www.pcrm.org

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REAL ESTATE CREATIVE LIVING



HOW TO **Exterior** painting requires care to last

By Gene Gary COPLEY NEWS SERVICE

G. Our older home (35 years) has an expan-sive wood porch that is an eyesore due to deteriorating paint. The paint is peeling in sections, and black blotches appear on the surface. I painted this structure just a little more than a year ago. I used a primer and latex-based paint. What would you suggest to ensure a more durable paint job?

A. Your problem could be caused by poor sur-face preparation; poor-quality paint, which often has inadequate adhesion and flexibility; overthinning of paint or spreading the paint too thin; failure to remove mildew on the surface prior to repainting; etc.

Since you have evidence of miklew (the black splotchy surface appearance), start by sponging or spraying on a bleach solution (one part bleach to three parts water). Then scrub the deposits off with a stiff brush dipped in soapy water, and rinse. Mildew left on the surface will continue to grow beneath new paint and cause adhesion problems.

Once the surface has been cleaned, scrape off all old deteriorating paint with a scraper or wire brush. If the cracking and deterioration goes down to the substrate, remove all of the paint by scraping, sanding and/or using a heat gun.

Once the surface is clean and free of loose and scaling paint, wash with a solution of trisodium phosphate (TSP from a paint dealer, not the supermarket variety). Mix according to manufacturer's directions. Scrub the surface, and rinse with clean water. This treatment is particularly important if you are applying a new coat of paint over old paint (which is bonded to the surface and does not show signs of peeling or flaking). TSP etches the surface to allow for better adhesive of subsequent coats of fresh paint.

Do not opt for cheaper paints. Invest in a top-quality exterior paint, either a latex (waterbased) or alkyd (oil-based) formulation. As a top coat, the best latex paints outlast the best alkyds because of flexibility and permeability. Oil-based paints still have superior penetrating capability. however, and they make a smart choice when painting over chalky substrates or bare wood.

Continued on page 4



By Annette Jaworski SPECIAL WRITER

For those of us who can't see the forest through the trees, there's new help in landscape planning. Using computer programming, Mark Hendershot, of Hendershot's Perennials and H.P. Image and Design in White Lake, designs complete plans, allowing the homeowner to see a complete land-scape project on paper, right down to the last shrub and hosta. For beginners, he'll visit the proper-ty and begin discussing preferences with homeowner. Visualizing the ter

with homeowners. Visualizing the terrain on sight is more helpful than any photos, he notes. Then he'll go home to draw up his plan. Even on the way home, he's mulling over in his mind

Plantings Drawing out your landscaping ideas helps visualize your goals

what will be the major components to the landscaping. These includes placement of flower beds, trees, shrubs, sidewalks, decks or retaining walls if desired. After he's "eyeballed the terrain" he'll begin planning.

"Most people have ideas, especially

if it's a second or third time homeowner, they remember what they liked. Certain plants stick in their mind," said Hendershot.

And, there are those who have no idea, and want to leave it up to his discretion, he adds. No problem. If

Computer generated plans helped the McCarthys of Milford transform their new home (inset) into a beautiful landscape

they don't know a lot about plants. Hendershot will bring lots of photos to help them decide. The ideal time to create a landscape design is before the lawn or sprinklers are put in. Simply because you don't want to put a sprinkler where it'll hit a flower bed. And you don't want to move sprinklers. move sprinklers.

The actual plans chart out trees, bed work, any retaining walls, driveways sidewalks, patios or terraces. It lists in detail all items, including. quantities and size.

He also realizes that sometimes in a, budget, compromises need to be made, so he'll recommend a certain size plant, but also a minimum size they can "buy down" to if necessary.

Continued on page 4.

perfect '97





WIXOM - Sharp ranch on cul-de-sac. Thermal system keeps utility bills low. 3 bedroom, 3 baths, extra large garage. On edge of Proud Lake recreation area. Home Warranty. \$189,000

\$189,000 (20018658) (248) 349-4550

NORTHVILLE - Impressive home with 4

bedroom, 2 1/2 baths. Upscale site, 3-car

garage, security system, warm fireplace.

Study, sun room, high ceilings, skylights.

\$525,000 (20018524) (248) 349-4550

FARMINGTON HILLS - Roomy 4 bedroom

home. 27 x 15 family room with cathedral

ceiling & door to private deck. Hardwood

floors, private library, 1st floor laundry, 2

NOVI - Gorgeous brand new home on

almost 1 acre. 1st floor master suite with

jetted soaking tub & walk in closet.

Dramatic Rorary with French doors.

Gourmet kitchen with Corian counters.

\$424,900 (20013693) (248) 349-4550

South Lyon

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(20015377) (248) 349-4550

lavs on main level. Oversized garage

\$314,900

Great room

Deck, professional landscaping.



NOVI - Desirable ranch condo featuring 3 spacious bedrooms & updated bath. Gas fireplace in bright living room, screened porch, professional landscaping finished in fall '99. Neutral decor.

OPEN WEEKDAYS 5:00-7:00 and WEEKENDS 2:00-5:00 61155 Allea Court

SOUTH LYON -- This home features 4 bed-

rooms, 2 1/2 baths, Great room with fire-

place, 1st floor laundry and basement. 3

HARTLAND - Very open bi-level features

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1/2 attached garage. On 1+ acre lot.

(248) 349-455

(20012930)

\$134,900

\$299,900

\$174,900

NEW HUDSON - Beautiful brick ranch on 3/4 acre. 3 bedrooms, 2.5 baths, cedar deck, partially finished basement. 2 1/2 car garage. Home Warranty. \$249,900 (965643) (248) 437-3800

OPEN SUNDAY 2:00-5:00 \$1009 Fairland

SOUTH LYON - Brick ranch on 1/2 acre

corner lot leatures 3 bedroom, 2 baths, liv-

ing room with fireplace, enclosed patio, 1st

\$157,900 (20018637) (248) 437-3800

SOUTH LYON - Country home on 3+

floor laundry & 2 car detached garage

Con State



5+ ACRE MILFORD HOME - Marvelous newer construction. Open floor plan. 4+ bedrooms, 3.5 baths, 4 car garage. 5600 sq. ft. Open 2.5 story great room with fireplace.

20862)

FENTON - New 1.5 story walkout, 4 bed-

rooms, 2.5 baths, cathedral ceilings in

foyer, bedrooms, kitchen, great room.

Natural fireplace. 1st floor laundry Preps

(20972)

phone, cable, lower level bath.

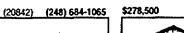
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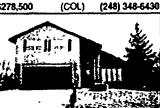
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HIGHLAND HILLS SUB HOME! - Newe home with lake privileges in great area! Ceramic entry, baths, kitchen, beautiful hardwood floors in great room. Fireplace. Heated garage.

\$176,911





built, 4 bedrooms, colonial! 2.5 baths, fam-

ity room with fireolace, hardwood lover,

ceramic baths, master bath with jacuzzi,

full basement and open floor plan!

SOUTH LYON - Transfered

NOVI - Sharp open contemporary with Novi schools! Three large bedrooms, 2% baths, 2.200 sq. ft. on treed lot. Popular Novi Sub with sidewalks! Hurry!

(HIG) (248) 348-6430 \$233,500



FARMINGTON HILLS- Sharp ranch on park like 1/2 acre! Beautifully updated kitchen, some hardwood floors, fireplace, tastefully decorated, custom deck & patio. Farmington Schools, won't last!

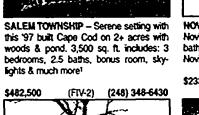
(ROC) (248) 348-6430



NOVI - 3 bedroom, 1.5 bath colonial Basement, fireplace, 2 car attached garage, sits on a nice sized lot & all appliances stay! This is a 10!!! (NIL) (248) 348-6430 \$199,900

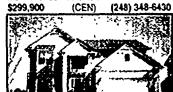
Milford

(248) 684-1065





DEARBORN HEIGHTS upgrades throughout included: Corian counters in loichen & main bath, Kitchen was done by DeGiulo, hardwood floors in bedrooms, living room & dining room. Maintenance free exterior



SOUTH LYON - Stunning '97 Cape Cod! Decorated to perfection inside & out! 1st floor master suite, wonderful kitchen with hardwood floors, professional finished basement with 4th bedroom & 3rd bath! (COL-2) (248) 348-6430

















3 CAR HEATED GARAGE - Charming older home in South Lyon. 4 bedrooms, 2 baths. All appliances included, large double lot fenced for pets & kids. 1st floor laundry, large deck.

\$163,900 (20008351) (248) 437-3800



SOUTH LYON - 4 bedroom, 2 1/2 bath traditional colonial with floor plan on corner for Beautiful dining room, natural fireplace in family room, 2 car attached garage. Home Warranty. \$214,900 (20019209) (248) 437-3800



(20372)

Lakes.

\$119.900

Northville/Novi

(248) 348-6430 • (248) 349-4550

4

4 bedroom, 3 bath historical home in quaint village of Milford. Original crown molding and beautiful woodwork through-

(21282) (248) 684-1065 \$259,900

\$280,000

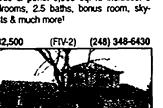
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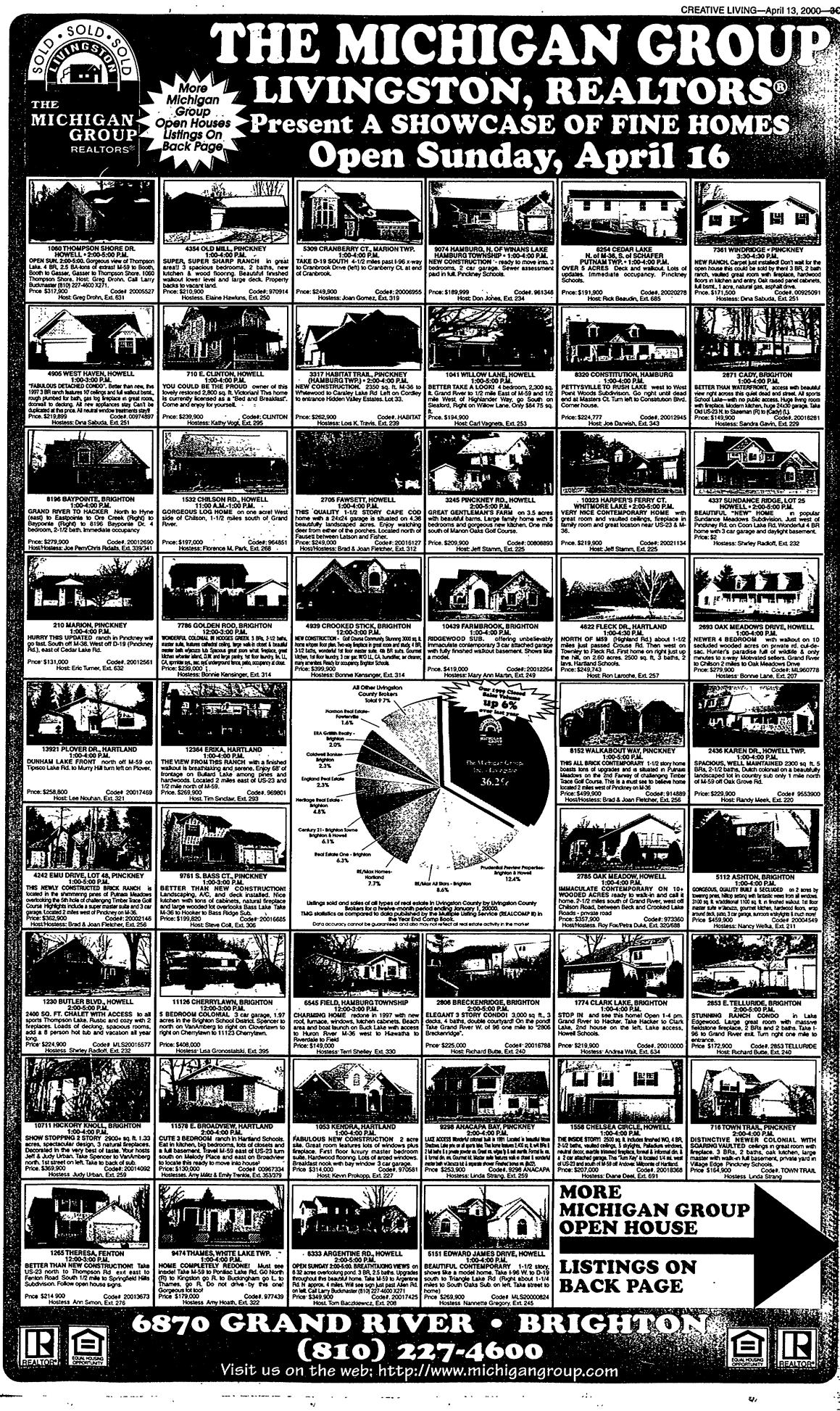






KEEGO HARBOR - Darling and alford able. 3 bedroom, 1 newer bath, living room with vaulted ceiling. Gorgeous updated 2C-CREATIVE LIVING-April 13, 2000





AC-April 13, 2000-CREATIVE LIVING

Designing on paper helps identify potential problems

Continued from page 1

For example, his plans show mature plants, but there have to be allowances for growth as well.

For the McCarthy's of Milford, water funoff was a concern, so they made sure that water was routed through big drains off the side. Trees and beds provided a sound buffer and big grindstone steps worked with a steep hill in the back. In the back yard, a shady garden was natu-

ralized with ferns, hosta and astillbee, to give it a natural plant coverage.

This is the second time that Kevin McCarthy has used a landscaper/designer. He points out that Hendershot was skilled at considering the curvatures or linear characteristics of the property.

"As a percentage of the budget, it's well worth it. To go forth without a plan is penny wise and pound foolish," he believes. "Someone like Mark can really help (homeowners) figure out what their options are and also is helpful when working with a budget."

He also credits Carl Joerin of Highland Garden Center and Steve Thomas of Huron Valley Landscaping for pulling the project together, although McCarthy provided his share of the labor.

The beauty of using the computer is that Hendershot can add to or make changes to plans.

Things that he'll ask the homeowner to consider are ...

What are your plant likes and dislikes? What about color likes and dislikes? Do you want fragrance in flowers or shrubs? How much time will you have to maintain garden?

*For some people, working in their yard is therapy, they can use something that takes a little more maintenance. Others may want low maintenance, it's easy enough to design that way," he said.

Once the plan is completed, customers have the option to purchase some of the

plants or perennials from Hendershot, or he'll recommend somewhere to purchase products he doesn't carry. The plan can also be used as a shopping list, where the client can take the order to any nursery to be filled. Along with plant names, sizes and quantities, he'll include instructions if they'll do the planting themselves.

Those interested in a custom landscape design can contact Mark or Sue Hendershot at 555 Sunset in White Lake (248) 887-8874.

Exterior painting requires proper surface preparation

Continued from page 1

An alkyd or oil-based primer has a longer drying time than a latex primer, and alkyd resins can penetrate deeper. The extra penetrating qualities of alkyd paints provide better bonding when priming bare wood or covering powdery surfaces. It's acceptable to apply a latex or acrylic top coat over an oil-based primer. In fact, many professionals recommend this. Do not, however, apply an oil-based paint over a latex or acrylic.

Bare wood should be primed. Primer over existing paint that is solidly bonded to the surface is not usually necessary. Using primer and a top coat on a wood porch floor is not recommended. Instead, choose a porch-floor enamel, which is self-priming and provides a longer-lasting surface. Follow the manufacturer's

instructions. This type of paint can be used for the entire porch and will provide a durable coating.

Don't apply paint in inclement weather. Exterior paints should be applied in dry, mild weather conditions when temperatures are above 50 degrees. Applying paint in extreme heat will also cause poor paint adhesion. In hot climates, it's best to paint in the morning hours to avoid

warmer afternoon temperatures. If the surface becomes too hot to touch, it's too hot to paint.

Send e-mail to copleysd(at)copleynews.com or write to Here's How, Cop-ley News Service, P.O. Box 120190, San Diego, CA 92112-0190. Only questions of general interest can be answered in the column.

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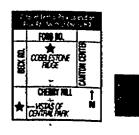


(734) 981-1747 email: cpark@selectivegroup.com Models Open Daily 12-6

he Vistas of Central Park is Conton's new luxury condominium community, featuring elegant attached and detached condominium homes. The future is here ... make yourself at home at The Vistas of Central Park.

- View 2 newly decorated models at our Cobblestone Ridge community (see map) on Ford Rd. between **Beck & Canton Center Rd.**
- Ranch & 1 1/2 story models to view
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- Convenient location





Doixes Welcome

6

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CREATIVE LIVING-April 13, 2000-5C

COLDWELL BANKER SCHWEITZER REAL ESTATE



\$769,900 **BIRMINGHAM** CHARM & SOPHISTICATION! Abound in this totally renovated, immaculate Colonial on tree lined street. Granite counters, Pella windows, pristine detailing throughout! (OEN35LIN) (248) 347-3050



BRIGHTON \$799,900 RAVE REVIEWS! For this fabulous custom home on all sports Woodland Lake. 1 acre lot with 238 feet of frontage, 4 bedrooms, 4 baths. Unfinished walk-out and more. A must see! (OEN36WAT) (248) 347-3050

: A SPACE

SPACIOUS COLONIAL. Come see this beautiful

home before it's gone! Located in a desirable Bri-ghton sub w/private wooded lot. It has an open floor

home w/large lotchen and a family room w/fire-place

that leads into a 3-season Fla. room. This house has

much more to offer. (OE-SLY-87PiN) (248) 437-4500

35.2.2%

BRIGHTON

BRIGHTON



GREEN OAK \$335,000 CUSTOM BUILT, 1% STORYI 3287 sq. ft. with 1857 sq. ft. in the finished basement w/sauna and workout room, 4% bedrooms, 3% baths. Huge study with hardwood floor, pine paneling. Cathedral ceiling. (OEN26WEX) (248) 347-3050



NORTHVILLE \$379.900 CLASSIC, BRICK & STONE! Colonial on incredible wooded lot. Walk to village of Northville. Totally updated kitchen and master suite overlooking woods. Wood floors. Cove ceilings. (OEN74GRA) (248) 347-3050



\$389,000 IMMACULATE HOME! The look of a stately Victorian on the outside, but believe me this 3,000 sq. ft. home built in 1994 has the large rooms and luxurious amenities you would want (OEN55EMI) (248) 347-3050



\$189,900 SOUTH LYON Very well maintained 4 bedroom, 2 bath home at a reasonable price! Built in 1993. Nicely decorated. Fireplace in family room, central air, coramic and hardwood flooring - large lot close to town. Many extras. (OE-SLY-74PEP) (248) 437-4500



\$314,900 **GREEN OAK** EXCEPTIONAL BRICK COLONIAL! 4 bedrooms. 2% baths. Hardwood flooring throughout. Professionally finished basement with wet bar. Neutral decor. 3rd floor wail-up attic. Quick Occupancy. (OEN57WEX)



NOVI OVER 4000 SQUARE FEET of luxurious living, enormous kitchen, Corian counters, fireplaces in breakdast area, family room and master bedroom, 3 full and 2 half baths. Spectacular! (OEN79BEC) (248) 347-3050



\$334,900 NOV QUALITY DESIGN! 4 bedroom Colonial with hardwood floors, island kitchen, large family room with fireplace open to nook. Master suite with vaulted ceiting. Finished lower level. (OEN97MUL) (248) 347-



\$300,000



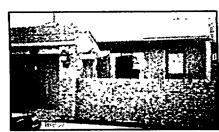




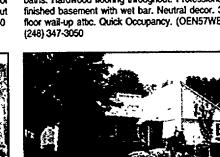
SOUTH LYON \$174,900 **GREAT LOCATION WITH LAKE ACCESS. 3** bedroom ranch with attached garage. Newer central air and furnace. All appliances stay. Year round Florida room. Fenced yard. Easy access to expressways. Lake access to Silver Lake. (OE-SLY-25TIL) (248) 437-4500



SOUTH LYON \$162,900 INVESTMENT OPPORTUNITYI Great location within walking distance to town. .05 acre lot makes this home a great investment. 1 year home warranty. 1,300 sq. ft. (OEN40NLA) (248) 347-3050



SOUTH LYON \$127,900 RY W/WALKOUT. Ad



GREEN OAK ABSOLUTELY STUNNING! This 4 bedroom, 3 bath Ranch on 6 acres. 2554 sq. fL park-like setting with pond, trees, screened in porch for beautiful views. Dramatic fireplace with culture stone. (OEN21DIX) (248) 347-3050



\$189,900



foyer, gourmet kitchen, 3 full and 2 half baths, 3 car garage, fabulous walkout lower level Northville schools. Move in ready. (OEN61BRI) (248) 347-3050

\$575,000 NOV

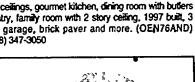
\$249,000 SHARP DETACHED RANCH CONDO! 2 bedrooms, 3 baths. Finished walkout with huge Rec Room. Parquet flooring in lotchen and entry. \$10,000 deck overlooking natural wetlands. (OEN55AND) (248)

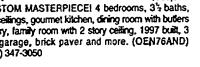


NOVI



CUSTOM MASTERPIECEI 4 bedrooms, 3¹/₂ baths, 10' ceitings, gournet kitchen, dining room with butlers pantry, family room with 2 story ceiting, 1997 built, 3

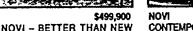












FABULOUS 4 BEDROOM, 2% bath Colonial in the heart of the sub, 2600 sq. ft., family room with fireplace and wet bar, large deck, neutral decor, spacious kitchen. (OEN22HUN) (248) 347-3050





\$509,900 NOVI 347-3050



hardwood floors. (OEN83LEE) (248) 347-3050 3.85 acres of land. (OEN39SPI) (248) 347-3050

\$407.000

\$239,900

\$246.900



BETTER THAN NEW! 4 bedroom Colonial ready to

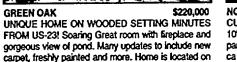
move in! Open and bright, this 6 month old home has

2's baths, a large eat-in kitchen, many upgrades. C/A,

CANTON









BEAUTIFUL 3 YEAR OLD HOME! Packed with extras: Island kitchen, bay windows, crown molding. Backs to wooded lot! Fireplace with custom oak mantle. Full basement with daylight windows. (OEN71RIV) (248) 347-3050



\$214,900 CANTON MUIRFIELD HOMES OFFERS THE LAST MODEL HOME IN RIVER MEADOW! This 3 bedroom Colonial has upgraded C/A, carpet, kitchen cabinets, crown moldings, vaulted ceiling, hardwood floors and alarm. (OEN38PAR) (248) 347-3050



ONE OF LYON'S FINEST. Immaculate 3 bedroom

NEW HUDSON



\$479,900 NORTHVILLE A ONE OF A KIND LOCATION! A ONE OF A KIND HOME! Authentic Victorian complete with stained class windows and charming turret. All in scenic downtown Historic District. Deep lot also! (OEN43DUN) (248) 347-3050

HOME! On half acre lot. Walk to Northville Schools! Oak floors in foyer and kitchen. Huge master suite with sitting area and private bath. A must see! (OEN84LAN) (248) 347-3050



\$469,900 NOVI SIMPLY ELEGANTI 1997 custom built, 4 bedrooms, 2% baths, dining room with butters pantry, library with bookshelves, gournet kitchen, family room with fireplace and master bedroom with glamour bath. (OEN62WIN) (248) 347-3050

struction, offering deluxe 1 or 2 bedroom condos. Private beach on Walled Lake. Attractive lobby and community rooms for gatherings. All appliances included. Ready to move in! (OEN55SOU) (248) 347+ 3050



PLYMOUTH

ABSOLUTELY GORGEOUSI 4 bedroom Cape Cod, 3% baths, many upgrades. Beautifully finished basement. Security system, satellite dish. Professionally landscaped. Three car garage. (OEN30WAT) (248) 347-3050

Entry level has 2 bedrooms, 1 bath, living room kitchen and eating area. Walkout basement has 1 bath, den, family room, workshop. Florida room has a beautiful pond view. Very clean. (OE-SLY-31LEX) (248) 437-4500



\$299,900

\$113,000

\$179,900 WHITE LAKE LOOK NO FURTHER! For this great Ranch with huge master bedroom plus 3 other bedrooms, 2% baths. Walk-out lower level. Nicely finished with drywall ceilings. Great room with fireplace. (OEN94GRA) (248) 347-3050



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· · ·

\$179,900 CHARMING COLONIAL WITH CANTON SCHOOLS! Pergo oak finish floors, brick fireplace. Large deck overlooks fenced yard Storage shed. Large master bedroom with walk-in. Move-in perfect! (OEN30APP) (248) 347-3050



NORTHVILLE \$479,900 SPECTACULAR ALL BRICK HOME! In prime location. Unbelievable quality throughout. Large island kitchen with white cabinets and granite countertops. Finished lower level walk-out. (OEN46FOR) (248) 347-3050



NOVI FABULOUS BARCLAY ESTATES NOVTS PREMIER HOMES! Offers open floor plan with many upgrades. 2 story '9' cathedral pan ceilings. Walk-in closets. Master bath with whirlpool/separate shower. (OEN57YOR) (248) 347-3050



\$220.000 South Lyon PRICE REDUCTION! 4 bedroom colonial which backs up to city park. Home has 2% baths, new flooring in kitchen and dining room. First floor laundry, wood burning stove in family room. Nice deck. Full basement and two car attached garage. Owner will look at all offers. (OE-SLY-45MCM) (248) 437-4500 MAKING REAL ESTATE REAL EASY."

WALLED LAKE \$269,900 BEAUTY IS IN THE EYE OF THE BEHOLDER! This beautiful 2 year old Colonial, sits on a premium wooded lot and has lots of upgrades. It has a large ktichen overlookign the family room. Great master suite. (OEN18CHE) (248) 247-3050





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HARTLAND. Open Sun, Apr 16 1-4, San Marino Sub. 1507 Moonlight Dr. 2498 sq.t. custom build home on beautiful 1+ acre wooded lot in back of cu-de-sac. 3 brs. plus den, 2/4 baths, hardwood/ceramic To place an ad call one of our local offices baths, hardwoodceramic flooning Large family room, formal living/dining room, Custom woodwork thru-out, Hartland Schools, \$369,900 M-59 1½ miles West of US-23 (\$172,64 cost (734)913-6032 (810)227-4436 (517)548-2570 (248)348-3022 (248)437-4133 (248)685-8705 24 Hour Fax (248)437-9460 (517)546-8381. VISA 1-888-999-1288 Toll Free Visit our Web site at www.htonline.com Open Sun. 1-4; 1279 Boulevard. Don't jest drive by You must come in to appreciate this supersuigh updated & remodeled Lake Chemiang cutie. 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M-36 1800sq ft. 3 br. ranch on % acre parcel, nace! \$139,900, Susan (810)225-8123 Century 21 306 Brighton Genessee County 350 Saletease 307 Byron 351 Ingham County Commercial/Industry 396 308 Canton Livingston County Vacant Property 352 Clarkston 309 397 Investment Property 353 Macomb County 310 Cohoctah Oakland County 354 398 Land S. LYON/MILFORD 30943 Ar-311 Dearborn Dearborn S. ETONYMILPORD 30343 Ar-lesian Dr. - Open Sat, 4-15, 1-5, built 1933, approx. ¼ acre in sprawling Bowers Hills sub, S. side of Pontuac Trail, be-tween Old Plank & South Hill Rd. 1875sq.ft., open floor plan, a br., 2.5 bath, deep bsmt, home office/4th br., S. Lyon echools Naar x-ways 355 Shiawassee County Heights **BEAL ESTATE FOR BENT** 356 Washtenaw County 312 Detroit 357 Wayne County 400 Apartments/Unfurnished Dexter/Cheisea 313 358 Lakefront/Waterfront Apartments/Furnished 401 Farmington Farmington 314 Homes Condos/Townhouses 402 Hils Other Suburban Homes 359 403 Duplexes 315 Fenton Out of State Homes/ schools Near x-ways. owner. 360 404 Flats \$239,900. 8y 316 Fowlerville Property 405 Homes (248)437-8822 317 Garden City Lakefront/Waterfront 361 Country Homes 406 SOUTH LYON area Open House Sun. 4/16, 1-4 Colonial on ½ acre lake lot. Mature trees. 1½ miles W. of Ponbac Trail off of 10 Mile - Oakwood Meadows Sub - 9829 Atwood \$248,000 318 Grosse Pointe 363 Farms/Horse Farms Homes 319 Hamburg Real Estate Services 407 364 Mobile Homes Hartland 320 New Home Builders 370 408 Mobile Home Site 321 Highland Southern Rentals Apartments For Sale 409 371 Holy 322 Many extras, (248)437-1042 Time Share Rentals 372 Condos 410 details call 323 Howel Vacation Resort Rentals 373 Duplexes & 411 324 Linden Townhouses 412 Living Quarters To 325 Livonía Manufactured Homes 374 Share 306 Milford Brighton 326 414 375 Mobile Homes Rooms New Hudson 327 Homes Under Halls/Buildings 376 420 Northville Residence To Exchange 328 Construction 421 (2) HOUSES for sale in Bright-on area, \$128,900 & \$131,900 Both in great shape! Call for 329 Novi 377 Lakefront Property 422 Office Space Oak Grove Commercial/Industrial 330 378 Lake/River Resort 423 details. (810) 220-0657. 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Contracts 459 House Sitting Service 51 339 Southfield/Lathrup 386 Money To Loan/Borrow 460 Convalescent Nursing South Lyon 340 387 Real Estate Wanted Homes Stockbridge Unadilla/ 341 388 Cernetery Lots Foster Care 461 **BRIGHTON AREA** Gregory Home Health Care 462 Waterford/Union Lake/ - 342 COMMERCIAL/INDUSTRIAL 463 Homes For The Aged NEW White Lake



Thursday, April 13, 2000 GREENSHEET EAST/CREATIVE LIVING - C7



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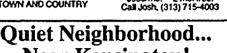
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Dairy Queen & Orange Julius-for sale. Located in high volume mall. Fun business to own. All equipment included, franchise CITY OF NORTHVILLE 331 N. Center, One story, 2400sq.ft. office building with 36 parking spots. Also available, office furniture, wice mail, phone system and office equip-ment. Call Jan Jones at: (248) 735-2516 CENTURY 21 TOWN AND COUNTRY fee & corporate training. (8074311) \$99,500.00

people. All utilities included. \$499.16 plus security deposit. Call Ed Akin at Akin-Akin in Howell (517) 546-4810 ext. 16 SPACE AVAILABLE for den-

bst, doctor or retail. 1500 sq. ft \$950/mo. ** 2 mo. free.

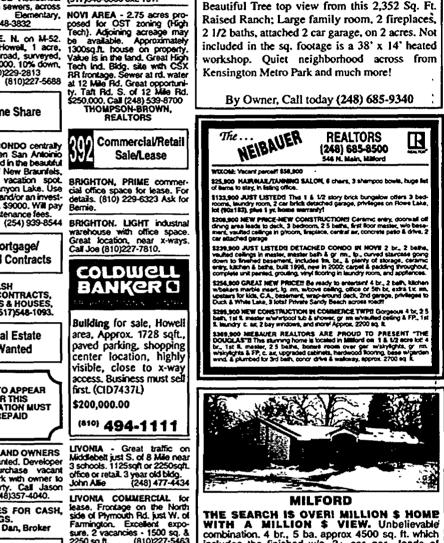
SMALL OFFICE suite for 1 or 2





Beautiful Tree top view from this 2,352 Sq. Ft. Raised Ranch; Large family room, 2 fireplaces, 2 1/2 baths, attached 2 car garage, on 2 acres. Not included in the sq. footage is a 38' x 14' heated workshop. Quiet neighborhood across from Kensington Metro Park and much more!

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NOVI, 3 br. 2 bath, 1992 PINCKNEY SCHOOLS - Beau-Champion. 1526 sq ft double tiful 4 br. home. Over 2100sq.ft., wide, central air, all appliances all appliances, fireplace, C.A., plus water softener, large shed, South Lyon schools. Asking \$35,000. (248) 380-8395 TRADE YOUR in cark home for

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YOU JUST FOUND IT! The perfect home! Delightful colonial with beautifully landscaped yard in great neighborhood! Home features 3 bedrooms, spacious living room, central air, kitchen with white cabinets & appliances stay. Dining area has doorwall to large deck leading to fenced backyard! Full basement with family room & 2 car garage. South Lyon Schools. \$192,500.

GOOD-TIME PLACE! Absolutely charming lakefront home on all sports Handy Lakel Completely remodeled within the last 6 years this home features beautiful views from every window, a newer sun room, 2 bedrooms, 1.5 baths and basement. 3 car detached garage has a basement with a workshop, office, kitchenetie and bath! Hartland Schools. \$194,900.

WHY BUY USED?! No one has ever fived in this pretty 'new' 3 bedroom, 2 bath ranch in one of the nicest subdivisions around! Open plan includes a great room with cathedral ceiling and fireplace, spacious kitchen with snack bar and ceramic tiled baths! Plus full basement, 2 car garage, 1st floor laundry, neutral décor, asphalt driverway and paved streets, Excellent location between Hartland, Brighton and Howell. Hartland Schools. \$205.000.

SELLER'S LOSS ... your gaint Sparking almost new 3 bedroom, 2.5 bath colonial in desirable neighborhood! Home features format living and dining rooms, family room with gas fireplace, beautiful lotchen & dining area has French door to large deck! 1st floor laundry, full basement and 2.5 car garage! Nicely landscaped yard Linden Schools. \$209,900.

NATURE LOVERS' PARADISEI Wonderful home on peaceful 2.5 acre setting Featuring ,2028 sq. ft., 3 bedrooms, 2 baths, living room with doorwall to deck, family room with woodburner, 1st floor master bedroom with large wak-in closet, 1st floor laundry, central air, secunty system and linished walkout basement with daylight windows and 2nd woodburner. Plus large workshop in 2-1/2 car garage, paved driveway and 3 car detached garage! Hartland Schools. \$239,800.

A BRAND NEW CLASSICI Nearing completion on this 'new" 2 story home. Featuring 2046 sq. ft., 3 bedrooms, 2-1/2 baths, large kitchen loaded with cabinets, formal dining, family room with fireplace, 1st floor laundry, master suite has cathedral ceiling, full bath with whirlood tub & walk-in closet. Plus, full basement, 2 car garage, formal front porch & large lot in Hartland's Shadowland Sub. \$259,900.

EXPECT TO BE IMPRESSED when you enter this outstanding 2 story home on a beautiful wooded 3/4 acre site in area of fine homes! Dream kitchen with custom Arnish built cask cabinets, 2 pantnes, oak flooring, large island and bay door leading to 14x14 cedar deck. Great room with natural fireplace and 17 vaulted ceiling. Full basement, 5 car heated and many beautiful details in this 3 bedroom, 2.5 bath home. Pinckney Schools garage ar \$308,000.

DON'T TOUCH A THING! Sharp newer 4 bedroom, 2.5 bath ranch in great neighborhood. Very nice floor plan features formal living and dining areas, family room has fireplace, vaulted ceiling with skylights and French door to heated suproom! Beautiful kitchen with oak cabinets, awesome master suite, newly finished lower level with rec. room and office. Loaded with quality extras. Tyrone Twp. Livingston County. Fenton Schools. \$264,900.

ROOM FOR EVERYONEL Spacious & beautifully updated home on 2 wooded acres. Featuring large loyer, 2874 sq ft., 4 bedrooms, with master on 1st floor, 3.5 baths, living room with fireplace, formal dining with fireplace & insert, kitchen with breakfast area, central air, finished walkout lower level with family room, deck, 2 car garage & barn. \$308,000. Hartland Schools





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HOWELL- 2 rolling acres, walk-out, wildlife, natural gas, elec-tric, what a view! (517):548-7231

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MARION TWP. Howell schools. 5.05 acres, perked, surveyed, natural gas available. \$70,000. (517)546-7343.

MILFORD TWP. 1½ acres, Hu-ron Valley schools, lightly treed on paved road. PERC ap-proved. \$68,000, land contract

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Brighton 2.5 acres m/l-Country

sub. setting, walk out site, out-buildings ok. Hartland Schools. (VA74391) \$74,909.00.

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Reduced \$500° Call Park Associates now for more information. Ask about our report 1-800-391-3011. IBCHLAND IMLLS This 1994 28:36 Schult has 3 bedrooms and 2 baths. Beauful home complete with Latches acob, formal disate, control bandow more mod for whith a

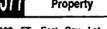
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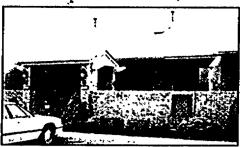
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C10 -- GREENSHEET EAST/CREATIVE LIVING - Thursday, April 13, 2000







ADULT COMMUNITY! Charming 3 bedroom, 2 bath ranch condo with living room, dining room and kitchen. Finished walkout lower level with Florida room. Clubhouse with other amenities. Appliances included. Parking space. (76POT) \$112,500 734-455-5600



'98 COLONIAL IN LIVONIA. Executive living with Stevenson High School. 4 bedrooms, 2½ baths, great room with marble fireplace. Master with oversize bath and jacuzzi. Neutral decor. Large lot. Side entry garage. (80CRO) \$329,111



WELCOME SPRING! 3 bedroom colonial backs to commons! Wonderful treed yard. Spacious kitchen with oak cabinets. Family room with natural fireplace Freshly painted. Newer window treatments & light fixtures. (61FRE) \$171,450 734-455-5600



VINTAGE 1925 BUNGALOW! 3 bedroom, 2 bath w/classic detail of wet plaster. Cove ceilings w/medallions. Refinished hardwood floors. Updated windows, copper plumbing, etc. 21/2 car garage. (21POM) \$114,900 734-455-5600



ONE OF THE BEST LOTS IN THE SUB! 4 bedrooms, 2½ baths, open floor plan with hardwood foyer. Red cedar deck with hot tub. Full basement, oak kitchen. 1st floor laundry. (10TRE) \$265,000 734-455-5600

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ELEGANT FASHIONABLE IMMACULATE three bedroom, 1% bath colonial. Huge family room w/wet bar and fireplace. Many updates include: newer vinyl windows and roof. Spacious rooms and closets. 2 car garage. Large cul-de-sac lot! (61COP) \$197,450 734-455-5600



SPACIOUS "UP NORTH FEELING" home in Phymouth. 4 bedrooms, 2½ baths, cove ceilings, natural fireplace. Custom cabinets and shelving. Many closets and newer paint and carpeting. 1st floor laundry. (12TUR) \$255,000 734-455-5600



NORTHVILLE TRAILS, Built in 1992, this 4 bedroom 2-story boasts attention to detail. Cathedral ceilings, open, bright, neutral, upgraded. Brick paver walkways, large deck and oversized heated garage. (30MEA) \$418,000 248-349-5600



SPACIOUS Farmington Hills condo. Immaculate 2 bedroom, 2 bath, 2nd floor condo with hardwood floors in foyer & kitchen. Central air, all appliances stay. New stove & countertops. 1 car detached garage. Formal dining room. (32MID) \$125,900 248-349-5600



PLYMOUTH 188 N. Main St. 734-455-5600



SUPER CLEAN COPPER CANYON BUNGA-LOW w/many amenities. Vinyl windows, central air, copper plumbing, updated electrical & a newer roof. Large screened-in porch. 2 car garage. Nice neighborhood. (45LAM) \$94,900



175 CadyCentre 248-349-5600



NOVI offers 4 bedroom, 2 bath brick home on large wooded lot. Newer windows & central air. Many updates, tiered deck, freshly painted. Newer roof. Private master bedroom. Open floor plan. Large family room with fireplace. (35BOR)



THE HEIGHT OF GRACE. This 3 bedroom brick ranch has been well cared for and features 1½ baths, large country kitchen, newer carpeting. Updated electrical, beautiful landscaping & home warranty. (45CHA) \$139,900 248-349-5600



MILFORD BRICK COLONIAL with 3 bedrooms, 2½ baths, living room, great room & dining room. walkout lower level with fireplace prep. 3 car garage. Beautiful views on a wooded lot. Wood floors & custom ceramic work. (54EAG) \$349,000 248-349-5600



BEAUTIFUL HOME maintained to perfection! Finished basement with 4th bedroom & full bath. Florida room. Culinary dream kitchen with appliances. New carpet and lots of extras! (47BRI) \$229,900 248-349-5600



CRESTWOOD SCHOOLS. Maintenance-free ranch with 2 bedrooms, 1 bath with newer roof shingles, windows, side shed for extra storage, 2 car garage & attached breezeway to home. 1 year home warranty. (31MAY) \$85,000 248-349-5600



RUN, DON'T WALK or you'll miss out on this spacious 3 bedroom, 1 bath brick home. Huge living room with wood stove, family room, garage and much more. (38EAS) \$112,500 248-349-5600



GREAT CURB APPEAL! 3 bedroom ranch with loads of updates including leaded glass steel entry door. Newer vinyl siding, updated kitchen with oak cabinets and ceramic tile. Some hardwood floors. (47BER) \$95,900 734-455-5600



BEAUTY, WARMTH & VALUE! In this almost new 4 bedroom, 21/2 bath colonial. Hardwood floors, oak kitchen & many upgraded appliances. 2 tier brick paver patios & 3 car side entry attached garage. (88TOR) \$379,900 734-455-5600



A+ CURB APPEAL! Walk to downtown from 3 bedroom bungalow! Freshly decorated & updated. Newer vinyl siding, windows & dimensional roof. Newer carpet on 1st floor. Updated central air & furnace. (78ADA) \$165,000 734-455-5600



on large lot. Updated with newer roof '99, furnace, vinyl siding and most windows. Family room with natural fireplace. Refurbished hardwood floors. (15MAX) \$149,900 734-455-5600



BEAUTIFUL BRICK RANCH! Custom 4 bedroom, 3 bath ranch built in 1996. Oak kitchen with island and large eating area. Doorwall leading to deck. Finished lower level with family room and dry bar. (10CON) \$259,900 734-455-5600



NICE 3 BEDROOM BUNGALOW. Newer kitchen floor. Hardwood floors throughout. Oak cabinets in kitchen. Freshly painted. Front and back decks, newer central air '97. Oversized garage. (51POW) \$84,000 734-455-5600



2 BEDROOM, 2 BATH CONDO. Updated to perfection. Bright neutral decor thruout, living room with gas fireplace. Spacious master bedroom with bath & walk-in closet. 1st floor laundry, dining room, patio & finished lower level with half bath & storage. (22WIL) \$165,900 248-349-5600



MILFORD VILLAGE HOME. Cozy Cape Cod on a tree-lined street has 3 bedrooms, 3 baths, finished basement, in-law quarters, huge 2nd level and lots of updates. One car garage. (25HOU) \$192,500 248-349-5600



NORTHVILLE detached condo. Prof. decorated on water with 3 bedroom, 3 baths, hardwoods & Berber flooring. Kitchen with appliances. Master with 2 walk-in closets & bath with separate shower. Finished walk-out basement, 1st floor laundry. (55LAK) \$409,900 248-349-5600



NORTHWEST LIVONIA offers this lovely 4 bedroom, 2½ bath brick colonial. Newer windows. roof & air conditioning. Master bedroom has walk-in closet & bath. Walk to Hoover Elementary, Holmes Middle & Stevenson High. (64FAI) \$249,900 248-349-5600

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ACRE WOODED ESTATE. You wouldn't believe only a mile away from town in private home with modern kitchen, family room with cozy fireplace & bar, bedrooms, 2½ baths, large deck with hot tub. Home warranty included. (93NIN) \$409,000



COUNTRY HOME in city. 3 bedroom home with 2 car garage on fenced lot. Newer kitchen with table space, family room with natural fireplace, newer carpeting, roof & windows. 12 month home warranty. (29CLA) \$145,900 248-349-5600

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GREEN SHEET HOMETOWN CLASSIFIEDS



Novi Great Lakes Jewelry: great inventory and prices

By JASON SCHMITT Staff Writer

Ever hear that old adage "quality is better than quantity?" Well, what happens when a cus-

'tomer can get both?

) Raymond Jenkins II says that's exactly what he's able to provide his customers at Great Lakes Jewelry in Novi. He specializes in the purchase and sale of high-grade watches, diamonds and estate jew-'elry, and he's good at it.

Great Lakes Jewelry offers customers a wide variety of jewelry at incredibly affordable prices that are tough for competitors to match. But there is a reason for all of the madness.

"I'm not a licensed jeweler. I have a pawn license which I use to sell high-ticket items at low prices," Jenkins said.

Whereas a licensed dealer must sell his jewelry at retail pricing or higher. Jenkins is able to give the customer a deal which could save him or her a lot of money.

"Your regular jeweler may try to double his money on an item. We work off percentages," he said. "It saves the customer money and we seem to get a lot of repeat business from it."

Store employee Brent Johnson says that's the best thing about Great Lakes. "Everybody likes to come back and work with us," he said.

Jenkins says because he can get an item for less, he's able to give customers an incredible deal on both new and previously-owned Jewelry. It's almost like a high-rate "pawn shop" according to Johnson and Jenkins. Although when one



Photo by JASON SCHMITT

Great Lakes offers over 15 brand-named watches including Cartier, IWC, Patek Phillipe and Franck Muller.

walks into the store located at 26103 Novi Road (off the Grand River/Novi roads) the feeling is that of grandeur atmosphere.

Great Lakes Jewelry carries everything from 14-karat pieces of gold up to \$250,000 diamonds, or whatever passes the time." according to Jenkins. The owner says he can get almost any item for a customer easier than other dealers because of the number of

contacts he has. He even provides other jewelry stores with diamonds. "They call me when they're in need of a product." he said.

Although Great Lakes provides a wide variety of jewelry from diamonds to bracelets to earrings, the store has a top-notch watch selection. That's Jenkins' specialty.

He currently has a Franck Muller in house. A hand-crafted watch that retails for \$35,000 can

be purchased from Great Lakes for

just \$21,000. Having been in Novi for only six months, he still does most of his business out of town and out of state.

"I do a lot of business with people in West Bloomfield and I also have a lot of people who fly in to do business with me," he said.

Jenkins is a graduate of the Gemological Institute of America. one of only 20 people in the state of Michigan with such certifica-

logical world around it. Great Lakes has a website up (www.greatlakesjewelry.com) and Ray Jenkins can be e-mailed at (ray@greatlakesjewelry.com). For more information about the store. please call Ray or Brent at (248) 449-9024 or fax them at (248) 449-9035.

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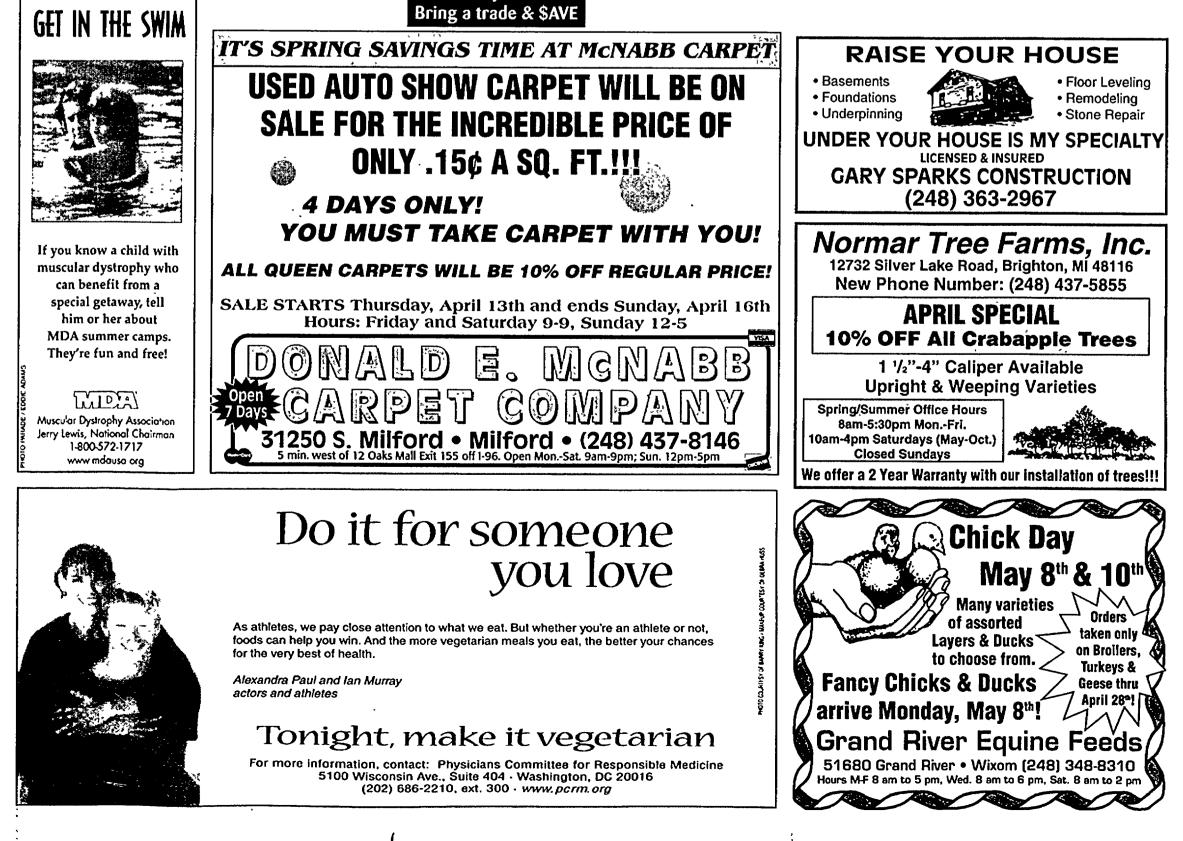
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Photo by JASON SCHMITT Ray Jenkins II, owner of Great Lakes Jewelry, specializes in a wide variety of watches.



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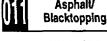






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No experience necessary Call Penny (248)349-7476 FREIGHT HANDLING INVOLVED FULL BENEFITS PACKAGE CALL 800-313-6452 (517)546-6000 ed Experienced only (734) 455-4036, 9am-5pm 800 Junction Plymouth, MI 48170 **DEADLINE: DEADLINE:** 3:30 p.m. Friday 3:30 p.m. Friday all service guide ads must be prepaid all service guide ads must be prepaid Reach over 54,000 households with your business message every week

Thursday, April 13, 2000 GREENSHEET EAST/CREATIVE LIVING - 05



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IMMEDIATE OPENINGS DISHWASHER & WAITSTAL

dates must have prior hotel

TAFF

Alpha Stamping, a QS-9000 automotive supplier, requires experienced Press Operators

PAINTERS & HELPERS

Immediate Openings.

uny rate & Dene 2 S. Main, Phy (734)455-3332

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Operator & Laborers

MACHINE OPERATORS need-

MARKETING

MANAGER

a must. Positions: maintenance,

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Thursday, April 13, 2000 GREENSHEET EAST/CREATIVE LIVING - D7



General PURCHASING

Help Wanted

Excellent base salary

optical benefits 401K retirement Plan

ment opportunities.

·Paid vacations & holidays

If you are willing to learn, we are

willing to train. Great advance-

For interview call

Tony Segura

TruGreen ChemLawn

SEASONAL DPS

(810) 225-8021.

Free undorms

Paid vacation

for Novi and Howell areas. \$8/ hr. to start. Call (810) 254-7321.

SECURITY OFFICERS in H.S.J GED in Howell area. \$7.50 per hour to start. Nights, weekends & holidays. (517)676-9893

SECURITY TECHNICIANS

Health, life, & disability ins

SECURITY

The Wackenhut Corporation has vacancies for Security Of-ficers in Ann Arbor. Start pay \$11.00 hour plus benefits. Ap-plicants must possess High School diploma/GED, valid driv-ore fiscore and have clean

School diplomarce, ers license and have clean record. Previous

1-800-275-8343

SEEKING

•No experience necessary •Commission/Incentives paid

trive_medical/dental/

National box distributor is seek ing a qualified candidate for procurement of package materi-als. Preferred candidate should have a . BS degree with a minimum of 3 years experience minimum of 3 years expension in packaging or related pur-chasing background. Compre-hensive salary and bonus incentives. Send resume to: Victory Packaging 800 Junc-ton; Phymouth, NJ. 48170 Or call 734-459-2000.

PURCHASING DEPARTMENT at Hestop's China seeking clerical help. Ambibous, detail oriented individual should possess excellent computer skills, written & oral communi-cation skills & have a pleasant phone manner. Background in purchasing preferred but not required \$9/hr, medical & 401K henefite Plaase, cend required benefits. Please send resume to:

HESLOP'S 22790 Heslip Dr. Novi, MI 48375 Attn: Kan Ziegler

QUALITY CONTROL Inspector

 GUALTIY CONTROL inspector

 for metal stamping facility in

 Howel/Brighton area. First shift, of

 1-2 yrs. expenence in floor

 inspecton. Computer skills a

 inspecton. Computer skills a

 plus. Benefits pkg. with 401K.

 Repty to: Box #5474 c/o The

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 Construction

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 Boyt or. Box #5474 c/o The

 construction

 Construction

 RAMADA INN of Howell is now

 hing front desk clarks (7-3pm, hing front desk clarks (7-3pm, a-11pm, & 11pm-7am), house-teepers, maintenance people, bartenders & salespeople. Tu-toon remoursement, cash im-centive & benefits available.

 RECEIVING CLERK, full time for a growing mail order catalog company. Good driving record a must. Call (248)437-3000 ext.

 RECEIVING CLERK, full time for a growing clarks, fault time 228 for details.

 for metal stamping facility in Howell/Brighton area. First shift,

RECEIVING CLERK, full time for a growing mail order catalog company. Good driving record a must. Call (248)437-3000 ext. 228 for details

RECEPTIONIST NEEDED Part SECURITY OFFICERS neede HECEPTIONIST NEEDED Part Time for Brighton office, looking for thendly front office person with Word, Excel, Typing and multi-line phone experience. Please Fax resume to: (810)227-1344 Attn: Carol, or ACTION900 @ WSKILLS COM

RENTAL AGENTS Immediate openings in Howell & Holt. All shifts, \$7 50 per hour to start. We offer: Needed for growing car & ruck rental agency. Learn all aspects of business. Hourty wage, monthy bonus. Room for ad-vancement. Benefit package inchudes 401K. Apply Mon-Fn 9am-5pm at McDonald Rent-A Car. 17000 Northville Ro Northville, corner 6 Mile. Paid vacadon
 Paid vacadon
 Paid varining
 Tudon reimbussements
 Retirement plan
 Great Northem Sentry Co.
 Howelt: (517)548-6051
 Hot. (517)699-4212

REPORTER

HomeTown Newspapers has immediate openings for Reporter Stringers in our Holly office. Candi-dates must have experi-ence internewing and gathering news to write gathering news to write stories. Bachelor's degree 1-3 years or rela vork expenence required Submit resume to: Home Town Newspapers, Attn: Jane Peterson, P.O. Box 188, Holty, MI, 48442, EOE/DFW.

- REPORTERS

Hometown Newspapers needs two Reporters for our Milford Times and South Lyon Herald Offices. Lingene/Clothing at home shows. No risk or investment involved. Free kt, w/90 day that period. (248) 685-3639

Qualified candidates will be responsible for writing and pro-cessing daily news for publica-tion. Taking photographs on occasion. Develops features and editionals; writes headlines, dong commercial engineered systems. Must have CDL, exca-vator & dozer exp Call 7am-5pm. Wagner Excavating, (248)486-4455 EOE dummies pages, and covers community events. Must have Bachelor's degree or 1-3 years equivalent expenence. Must be able to type 35-40wpm and able to type 35-40wpm and computer knowledge a plus. We offer great benefits package and a pleasant working environ-

do repairs for windows & siding Pay negotiable. Call Multigan Windows: (734) 425-5510 (734) 425-5510 SHIPPING & RECEIVING / Fordart Driver / Sweeper / Utility person, Full time days. Apply at.

SALES REPRESENTATIVE Brighton Area Schools is ac The nation's largest lawn & tree care company is now seeking professional, full time sales representatives for our Livonia. Woxom branch,

E.O.E SUBURBAN NURSING home eeds certified dietary manag-er. Excellent pay and benefits. Piease send replies to: Box #5491 c/o The South Lyon Herald, 101 N Lafayette, South Lyon ML48178.

Lyon, MI 48178

Computer? Put it to work! \$25-\$75/hour

Part Time or Full Time

1-888-773-5489 SCREEN PRINTING SCREEN PRINTING Expenenced flat stock screen printers wanted. Press opera-tors for large format, high vol-ume shop. U.V. expenence helpfut. Also general helpers needed. Day shift with overtime Plymouth. (734)453-7850. www.got-it-now.net

TEACHER ASSISTANT, full or part-time for accredited church daycare center.

TELLERS - Huron River Area LERS - Huron new hiring part-Seasonal part-time Department time tellers. Competitive salary & benefits Please apply in person at 123 Brighton Lake Rd, Ste. 102 or fax resume to (810) 220-1356.

The Farmington Hills Inn hung

Tire Production Operator

1-800-462-5762 for appoint. to obtain an application only

ATTN: PLUMBERS Journeyman \$22 & up Apprentices \$8 to \$20 Warehouse \$8 & up Above wages based on

PAID HOLIDAYS, 401k PLAN, WE PROVID TRUCK, TOOLS & GAS Applications being

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TOWNSHIP ASSESSOR

nilitary/security experience pre erred. Call Sue Township, Livingston County with 2,132 parcels and 133,956 878 SEV, is seeking a EOE MAINTENANCE centified Level II Assessor, ex-penence with Equalizer Soft-ware is required. This position requires good public relation skills and expensive in the SEEKING MAINTENANCE crew for Greens Dept. at Chemung Hills country Club. Benefits available for full tune. Please come and apply at: 1,3125.Golf Club Rd., Hovelly not at:

SELL- UNDERCOVER Wear

SEPTIC INSTALLER w/ exp. Township Supervisor TOYS R Us in Novi now hinng,

SECRETARIAL SERVICE PERSON needed to TRADING POST POSITION

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ADMINISTRATIVE

ASSISTANT

and

Non-profit youth serving agency has immediate part-time, year round openings for sights near Ortomule and Howell. We are seeking reliable, service orient-

Assistant - Full time posi-ton. Assistant to human resources dept. and gen-eral office support including answering phones Word Perfect Word, Excel experience desired Position includes excel

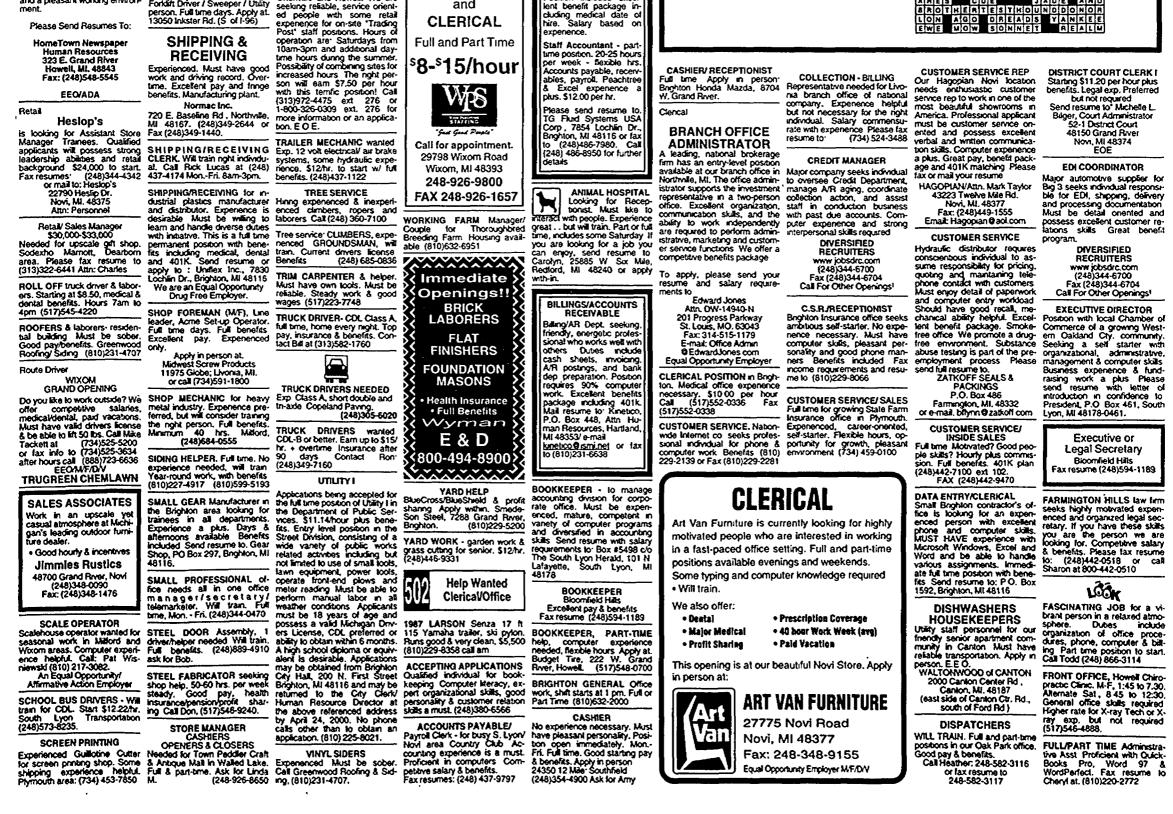
CROSSWORD PUZZLE

85 O'Hara 38 Diving bird 40 Pepsin or 3 Sheltared. al sea 4 Noun suffix homestead 86 Coup d'--arginase 41 Luau dish 5 Defense 87 Tell lales plant? 6 Author Peters 42 Actress 89 Go downhill Virna 43 Related 90 Kind of sch. 95 — es Salaam 97 Actress 7 Sack 44 Cuban 8 With 10 currency 45 Brilliant bird 205 Down, 47 Attorneys' publication 48 Tender mobster Alicia 99 DDE's veep 101 Gleeful 9 Monteverdi opera 10 See 8 Down 49 Time for sound chores? 51 Cornhusker 11 Discharge 12 Clockmaker 102 Vivaidi's The Four Thomas 107 Strong 108 "Exodus" 13 Mezzo 52 Lorra 57 Perhaps 59 Potok's "My Cecilia 14 Musical protagonist 109 A Stooge 110 Correctional biography 15 It fails but Name Is Asher ---* 112 "Olympia" **Neve** breaks 61 Loathe artist 64 Forget the 16 "Eleni 113 Camera author Nicholas setting 114 Rickrack. words? 66 Indefinite 17 Savored pronoun 69 Rationed a g. 115 Determinasome sausage 71 Meal tion 116 Steber solo 18 Guided 72 Sign of 117 — -friendly 118 — au rhum 119 Wilson's 28 Hoopsters SUCCOSS 73 Hardware org. 29 Swimmer item 75 Acquire 76 Fit for predeces-Gertrude 30 Massa-120 A Four chusetts farming 77 Backs, 10 Corners city 34 "The Powe state 121 Lacerated Kildare 79 Coney Island and the Glory 122 Diva Destion 123 Bit of butter Itraction 35 Entirely 82 Wine word 84 Jason's 124 Chemical 38 Pair 37 suffix - Jimi vesse 10 111 16 17 18 13 114 22 26 33 40 41 43 44 53 60 61 74 75 76 77 73 82 53 92 190 89 91 98 99 97 03 106 107 108 112 113 117 1118 119 120 121 122 126 127 130 131 135 134 TO BILL PESIC B. M. OLOMET 17.20-RULER MIRAGE OPERAS ARAAAT TEE BOARDKILCKDIS END A NE SER IAY DEVI IUP SAON NITA PIG NETO

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· D8 --GREENSHEET EAST/CREATIVE LIVING - Thursday, April 13, 2000



Call Wagner Excavating, Inc. 7am-2:30pm. (248)486-4455

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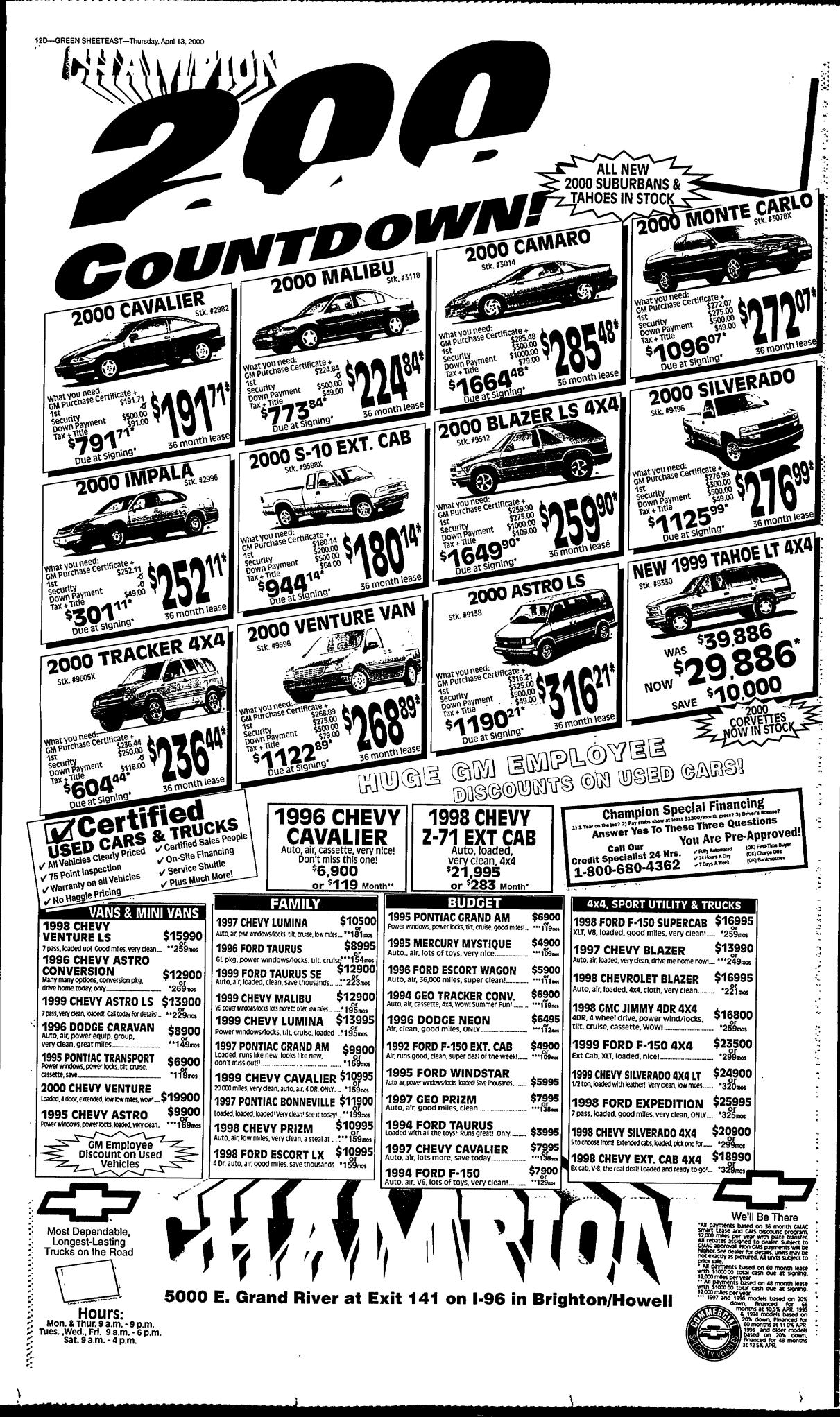
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Thursday, April 13, 2000 GREENSHEET EAST/CREATIVE LIVING -- D13



cond , \$150. (810) 227-2309.	brands. New, used, demos, trade-ins Spa Liquidators of	twin bagger, utility cart, exc. 12°-16° cinder blocks. cond.\$2600.(810)229-1785 (517)545-9096.	Left foot	
DARK OAK Roll Top Desk. Good condition, \$175 (810) 225-2393	America, Milford/Brighton, (810)225-4417. SWIMMING POOL	CASE LAWN tractor, 12HP, LAPTOP P120, 48MB Ram, 44m, cut, rear discharge. Office 97, all manuals, \$3507 (517)546-9442 best. (810)225-9333	First steps	
green, wrought iron, w/do not disturb Beautyrest mattress	FACTORY must sell its enture inventory of new 1999 swmming pools. Huge 31'x19' outside diameter oval pools w/big sundeck, fence & fitter. (Complete pkg) \$1299	FERRIS PROCUT walker com- mercial mower. 48 in cut used only by owner on owners prop- cart and cables, \$7,000 best	Baby steps Giant steps	
ELECTRIC TREADMILL, flex fold, new \$2500, now \$800 Nordic Track, \$100. Sofabed, \$250. Oak rolftop desk, \$300. (248)524-9553.	1-800-754-0050, 24 HRS. WANTED: USED Kayak pool,	lawn tractor, \$2,500 Shp. used \$900. (734) 878-5883 shredder, Bnggs & Stratton,		
GOLF SETS \$10, Queen iron bed wrbrass, \$75. Entertain- ment center, \$150. Microwave \$25. Twin mattress & box springs, \$35. Antique school desk, \$100. Washerdryer, \$75.	720 Bargain Buys	$\mathcal{C}^{(0)} = \mathcal{C}^{(0)} = C$	MAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA	
(240)040-0220	Cage, 375. (010)155-0251			
LEATHER SOFA, char, oto- man, mauve/leat, quality, good cond. \$1100 (517)546-8004	Recliner, \$50. Mens Olin snow			
ble w/pads, 6 full back chairs, lighted hutch w/glass shelves/ buffet, \$1200. Harden channel	KENMORE WASHER, \$75 &	JIUNE		
MOVING, ENTIRE house furni-	NEW MATTRESS, full size, \$75. (248)349-6376	CLOSING SALE!		
dining set, lamps, pictures, cocktail & end tables, wall clock, washer & dryer. (248)347-2187. OAK DRESSER, Exc. cond., \$350. (517)521-4929.	721 Bicycles	EVERYTHING		
	RALEIGH SUPER Grand Prix, extra large frame, exc. cond \$200 (517)548-3477	GOES!		•
QUEEN BR. set - headboard, chest, dresser, mirror, panled white, \$250. (248) 887-2774.	Building Materials		A baby was born with a disability	
QUEEN-SIZE SPINE-O-PEDIC firm mattress set (still in plastic) with frame. Cost \$700, sacrifice \$190. (517) 372-1393.	Sat., Apr. 15, 8-3, Sun., Apr. 16, 10-3 & Mon. Apr. 17, 8-5, 46925 West. Rd., Wixom (E. of Beck	"South Lyon Location Only"		
SOFA - 8' solid down pillows, \$20, 1996 Boys bite - 10 yr. old, \$20. Air cond unit, \$10 Carol (248)349-6364.	vinyl products Up to 70% off. Windows, entry doors, & special size windows available CASH & CARRY (248)926-4500.	Saturday, April 15 10am-6pm Entire Inventory From 5000+	At Easter Seals, we help people with disab	
THOMASVILLE BEDROOM Sel, 2 Dressers, Nightstand, Headboard & Mirroz. Like new condition, \$750 (248) 344-4762	724 Business & Office Equipment	Square Foet Store! If You Want Bargains On Used	disabilities learn, grow and live up to their pote has a disability, and Easter Seals is there with	
TWIN WALNUT bedstead with Posturepedic mattress (never used). (248)349-0580	LUCENT/AT&T - used and new business telephone systems. Professional installation. Ten- Comm. (810)227-2900	Movies and Bamos	To learn more, call Easter Seals or visit	
WURLITZER 580A organ & bench, \$1500/best. (248)348-8359	730 Comm.Andust.J Rest. Equip.	VIDEO		
GREEN SHEET action ads get results.	3 HAIR STATIONS, double sided, gray w/ black tim, exc. cond \$225 each or best offer. (734)449-4949		Creating solutions, changing live	*8 .

COUCH & loveseat, good SPAS - Factory buy outs. Major 38m. cond . \$150. (810) 227-2309. brands. New, used, demos, two

014 -- GREENSHEET EAST/CREATIVE LIVING - Thursday, April 13, 2000

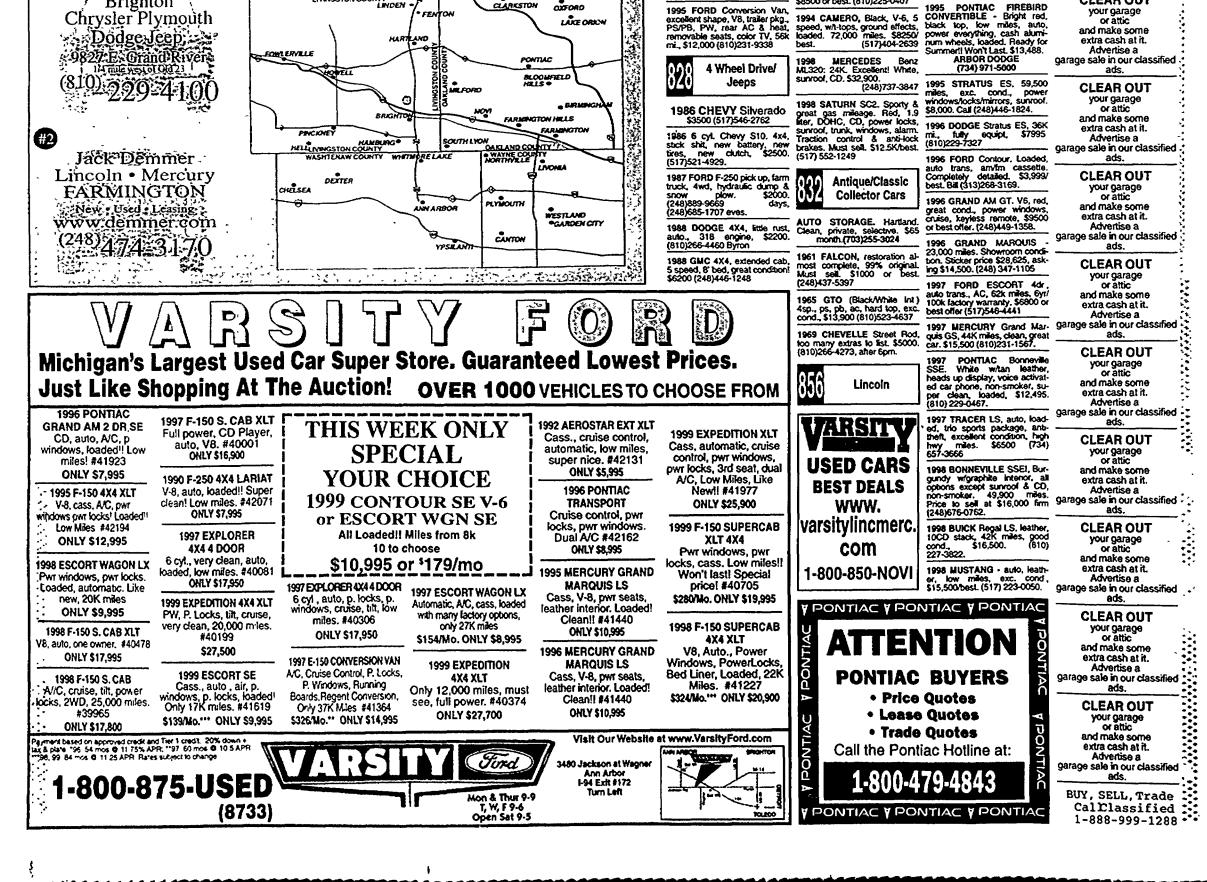


Thursday, April 13, 2000 GREENSHEET EAST/CREATIVE LIVING - D15



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16 -GREENSHEET EAST/CREATIVE LIVING - Thursday, April 13, 2000					-
Boat Parts/ Equipment/Service 1995 HARLEY FLT Ultra, two- tone red, loaded, 56K miles \$14,000 best (248)349-7686 101 2 Campers/Motor Homes/Trailers 1995 ROCKWOOD poor ton. \$2,750 (810) 632-5129	p 1973 GMC dump 6000 V-8. 10 - ft. box, needs work. Make offer. (248) 669-1117	1996 DODGE Ram 1500 series ext. cab, loeded, 68k miles, like newl \$16,500 (810)629-8589	AC looper clean, runs excel-	876 Autos Over \$2,000	1998 FORD Escort wagon SE. Garage kept, 10K miles, war- ranty, amter cassette, acros, powerside mirrors, power with
DOUBLE JET Sku Mr. \$450 or Electra-Gide Standard, 3300 14FT XT/AFT. HAY trailer, exc. camper, Sleeps 8. Like ner best offer (517) 223-7626 miles, options, \$17,800 best, cond, \$2,000 best, offer (248) 349-5982 (517) 546-5905.	p 1978 FORD Tandem Dump, v. new box, rebuilt engine, 13 0 speed, (517)546-6709 t. 1993 DITCH Witch 4/40A Jet	1997 SONOMA Sportside, 5 speed, loaded 3,300 miles, \$11,900. (810)227-8220. 1998 DODGE RAM QUAD	4dr., auto, sport viser, loaded, \$5500 (810)220-2707		dows & door locks, remote entry and lock wralarm, first \$11,800 drives it away. Call Bob (517)545-0123 (313)680-8663.
Boat Docks/ 1998 KAWASAKI Vulcan Clas- 1977 ARGOSY Notor Home. Deluxe, V-10, awning, av, m sic 800 Green & white, only 28t, cood cond, with ceneral crowave, low mileage, perfe	ii- Trac Bonng Machine w/trailer, ct 400ft of rod, and all accesso- 3 nes. Maintained in good condi- tion, \$11,000.	CAB 4x2 - SLT Laramie Pkg. 5.2L V-8, 4 speed auto, air, pw, pl, cruise, tilt, CD, low miles, very clean. \$17,452.	1991 SUBARU Legacy. 4 dr., 4 wheel dr., exc. cond., loaded, 3 sets of bres & wheels, \$5,000 or offer. (313)441-4521, eves.		1996 FORD MUSTANG COUPE - Fly yellow, black Interior, auto, CD, power seats
PRIVATE LEASE. Non/ 1999 HARLEY DAVIDSON PICK-UP CAMPER 1979 Wol- Commercial. Not open to public Hentage Springer Custom, 95 use Dock or Land space of S & motor, heavy duties whauching 6mo season, lump battery, statters, brakes, best 51,600 (810)750-7233 whauching 6mo season, lump battery, statters, brakes, best 51,600 (810)750-7233 sum or monthly installments, on eventiming, lots of chrome, erc Hurton River Chain of Lakes cond 900 males \$16,900 Dates \$16,900	GEORGE A. ODIEN, INC. (248) 437-1767 - John Adams	ARBOR DODGE (734) 971-5000 1999 CHEVY S10. Dark blue, auto, air, chrome toobox, 20k.	1993 GMC Suburban SLT. 4x4, loaded, 100K miles, exc. cond, \$13,500 or best. (248)477-2913 1993 GRAND Cherokee Lumit-	They are available on Fridays at 4:30pm, and Mondays at 4:30pm. The charge is \$30, Call the Green Sheet for details.	windowstocks, cruse, tilt, nice. Like newt \$13,488. ARBOR DODGE (734) 971-5000
(734) 449-5954 or pgr. at (734)498-2427. (313)219-2902 (313)219-2902 (313)219-2902	- A- 15x7 wheels off Trans Am	\$10,500/best. (248)446-1566	ed. Leather, cd, V8, towing pkg, metallic blue, 120K \$7600. (248)346-7001.	1.888-999-1288	1998 NEON all option & sunroof 26K, warrany, \$9,300 best (248)388-1000, (517)540-9882
Motorcycles/ Minibikes/Go-Karts		1986-1996 VANS WANTED. Instant cash. I come to you. Call	1993 JEEP Wrangler Sierra. 6 cyl., automatic, newbires/ shocks, runs great, looks great, \$8200. (810)632-5960.	1973 CORVETTE Sbngray	1998 NISSEN Utoma DX. Air, CDT, low miles. Ext. bond. \$12,900 (248) 437-8743
250CC, Great shape, extras, 6800 m \$1850 (734)878-3212 A11 \$12,500 (517)223-7681 8am3 30pm. (734)953-2228	rs \$350, TCI racing starter \$115.	Dale, in Lansing, 8am to 8pm anyday, (517)882-7299. 1987 CHEVY Astro. 30K on rebuilt engine. New transmis-	seats amfm cassette, factory	\$11,500, (517) 546-5905. 1977 FORD Granada, 33.5K miles, V-8, exc. cond. \$2995/ best. (248)348-2929	wheels nower everything. Very
1991 HARLEY FLSTC Must seet tu-tone purple, leather bags, S/S carb, Dyna DS-6 genton, Crane coil, Russell YAMAHA SNO-SCOOT runs South States (517)882-7299. (517)223-3056 1-800-240-116		sion, exhaust, bres. Runs great. \$2,500/best. (734) 878-9292 1991 FORD Aerostar. 104K, loaded, 4 new tires, new tune-	everything. You won't find a nicer one! \$16.288. ARBOR DODGE (734) 971-5000	1985 MUSTANG GT Convert- ible, 5 0L, good condition \$3900/ best (517) 223-1741	clean. Low miles. Just \$17,988. ARBOR DODGE (734) 971-5000
rotors, White Bros suspension All else O E M spec 5700 miles, \$18,500 (517) 546-6147 1993 SUZUKI RM-125 exc 1995 SKIDOO 670, good (248)477-2913	LIFT KIT for 1997 F-350 Pick-	up, very dependable, \$3500 or best. (810)229-3213. 1992 AEROSTAR XLT, 135k miles, exc. cond. \$2,500 or best	battery, starter & tres. 75k mi, \$13,500/best (734)878-9452	1988 BUICK Regal, good con- dition, very clean, runs great \$2500. (517)521-1177 1991 CORSICA clean, main-	1999 CHEVY Cavalier, 2 dr. ; white, exc. cond., low miles. ; \$12,000/best. (517)548-1852
cond, race ready. Too many shape, motor fresh, lots of extras to list \$2,850 Motorcy extra's, \$2500 or will trade for 1995/4 COLEMAN Utah, Indge. 1969 CHEVY Stake-Dump 35 cle trailer wistorage. \$1 200 1988 TRX 250R 4 wheeler with a r, heater, screened-in awing. V8, Split axte, new tres, goo Must sell. (810)229-7296 same value (810)523-6201 \$5300 (248)437-9953 cond \$1500 (517)546-1607 pr	000	offer. (810) 632-7375 1992 PLYMOUTH Grand Voy- ager, V6, PS/PB, air, 132K,	1996 DODGE Ram, 1500 ext. cab. 4x4, SLT pkg. V8, 318, 38K miles, sunroof, Tonneau cover, bediner, kowng pkg. \$17,800/best. (810)266-4612	tained, tires & many updates \$2500/best (248)486-7737 1992 DODGE Shadow Ameri- ca. sunroof, spoiler, \$2,500.	6,000 miles, \$8000. (248)887-0796 after 5pm.
NATIONWIDE AUTO EXCHANGE	1984 CHEVY S10. 6 cyt., good work truck, \$1000. After 5pm (734)449-0983.	(734)878-5035 1994 MERCURY Villager fully loaded, sun rool, leather intenor	1996 FORD Explorer XLT pkg. 59K miles, very good cond. Strawberry Red, \$14,500. (248)848-7044.	(810) 225-1733 1992 LESABRE, Ltd Original owner, Excellent, looks new, loaded, 134K, expressively	1999 CONTOUR SVT - Silver, 5 speed, 8500 miles, moonrool, • \$14,695/best. (734) 547-9692 *
9797 E. Grand River	1987 FORD F-250. heavy duty, 4x4. Moving must sell. \$55,000 best. (734)878-0207	\$5,499. (810) 229-2137 1994 PONTIAC TransSport, AZ car, V-6, clean, loaded, \$4500. (248) 486-3189	1996 GMC Jimmy. White, 91k miles, loaded, exc. cond.	miles. \$6200 (248) 476-1954 1992 MERCURY Capri, 2 lops, 4 cvl. auto. Super clean, 46k, 1	1999 ESCORT ZX2 Sport, auto. air, CD, nonsmoker, keyless entry, \$9100. (734)954-0161
Brighton	great, rebuilt trans, 5 speed manual, new clutch, \$3500/ best, Must sell due to injury.	\$9500/best (248)676-0660	1996 JEEP Cherokee Country, 4x4, clean, 76K, new bres, battery, \$10,750.	130k mi., Rebuilt trans., 23k mi	1999 MAZDA Protege LX. 12K miles, loaded, exc. cond, \$13,500 (248) 684-1537.
1-800-875-6800 1-810-229-6800	(248)437-2455 1990 GMC ½ Ion pickup. Re- built engine, Runs good, \$3200 or best. (810)229-8661.	1996 CHRYSLER Town &	1997 CHEVY Z-71 Silverado, 98K miles, very good cond., topper, \$15,600/best	on new quad 4 engine. Excel- lent shape, loaded, \$4700/best (517)545-0229 1992 TAURUS LX 3.8 L, V-6,	pkg. 24v, CD, fully loaded, sharp, \$15,900 (810)229-6376
	1990 RANGER XLT, 2.9L V-6, 5 speed, extended cab, air, CD, 168K, new clutch, runs & looks good, \$1990. (734)878-5035		1997 FORD Explorer XLT, 4 dr. Power seats, doors, windows. 44,000 miles. \$18,000 neg.	car, 48K mi., new brakes.	Autos Under : 11.11 \$2,000
Vehicles	pick up, 8tt. box. Tow package w/electric brakes, Reese & gooseneck hitches, Tonneau	1996 MERCURY Villager GS,	(517) 223-3067 1997 GMC Sierra, extended cab, CD, power seats, very clean, extended warranty, 58K	miles, 3.3L, V-6, auto, air,	\$600/best (734)878-3646
Daily S	55995/best. (517)546-2658	\$13,500/best (810) 225-1268	miles. \$17,900 (248)685-8786. 1998 DODGE DURANGO SLT- 4x4, 4 dr., loaded, 5.2 V-8, front	num wheels. \$4500/best. (810)227-2903	trans, transier case, bres & , drive shaft. Rebuilt hubs & , lockouts \$750 or best. All or *
Gary Vanderwill Jim Kennedy Sales Sales Sales Sales	\$4,950/best. (248) 437-5303. 1993 CHEVY Silverado. loaded, great condition. Must see. \$8,500. (810) 229-7296	Good cond. \$9700. (248)437-8253 1998 CHEVY Astro, 8 passen- oer, am/im cassette 40k miles.	thing. 3rd row seat, cast alumi- num wheels, trailer pkg Won't find a nicer one! Nice \$22,988. ARBOR DODGE	miles \$8,700 ar ahs nowed	1986 BUICK Century. California car, \$1700/best. See at Howell
Greg Martin Sales Staff! Customer Satisfaction Is Our Main Attraction	1994 CHEVY Silverado, V-8, exc. cond., loaded, fiberglass cap, \$6500. (517)223-4699	000	1998 JEEP Cherokee Sport 4x4 33k miles, loaded, \$17,500/best Must sell (610)227-6442	Day, (248)344-1770, Eves, (734)420-7948. 1993 STORM Automatic, good cond, new tires, 78,000 miles,	1986 FORD Escort 1.9L for parts or repair. Runs good.
200 vehicles in stock	1995 FORD Ranger XLT Red, 53k, AC, Eke new \$6,250 (248)349-0443	1979 FORD Van Econoline		\$3200 (517)546-2770 1994 BUICK Century. 63,000 miles, loaded, clean, \$5,500	1986 MERCURY Marquis 5 0 V- 8, 2 door, gnill damage, runs
nour & ucad cor		1986-1995 HANDICAP VANS WANTED, Call Dale in Lensing	wheels. Like new, low miles. \$15,487. ARBOR DODGE (734)971-5000	1994 CAMERO auto, power evenything, 100k mi, \$6000/best (248)681-4403	1987 BMW 528E. sale & de- pendable. Looks & drives good.
IIC W CLUSCU La		1986-1996 VANS WANTED. Instant cash, I come to you. Call		1994 EAGLE Vision, 3.3 liter, air, Infinity stereo, CD, power seats/windows. 90k miles. Spot- less. \$6,800. (248)348-6524.	1000 EODD Course Minteda
DFALER DIRECT	IRY	1988 FORD E-150 conversion van. good cond., \$2,350. (248)348-6250	DUTY 4x4 - 5 4L V-8, 4 speed, auto, anvim cassette, power steennybrakes, Diamond tool box, bediiner, Tow pkg, New	clean, 1 owner, Non-smoker, \$5195. (810) 231-1686.	(517)546-9748
		1989 GMC 1 ton cargo van, 350, runs and drives great, no options, white/gray, must see \$1500/best. (810) 231-3336.	\$18,465. ARBOR DODGE (734) 971-5000	75K, alarm system, climate control, traction control, leather tinp computer, Infinity sound system, Loaded, \$8900/best	 1992 MERCURY Topaz, auto- matic, air, 2 new tres & new brakes, well maintained engine dependable, 1 owner, \$1550.
In place your ad. call Sandy		1990 FORD E150 Conversion Van. New trans., CD, TV, Front & rear AC, very good condition, \$3600/best (517) 546-5547	[[W]] Courte & Immented	(734) 878-9292 1995 GRAND Marquis LS 854 mi., Immaculate Florida car \$9,900/best (810) 225-8462	CARS AS LOW AS \$500 Police Impounds & tax repo's.
		1995 DODGE ¾ Ton Cargo Van, 318, AC, cruise, bit, bulk- head, \$5900 or best offer (517)552-0988	sary, white, red intenor. New brakes, tres, front end work. \$8500 or best. (810)225-0407	Loaded, 64,000 actual miles \$12,800/best. (810) 227-5320	1-800-319-3323, ext. 7375 CLEAR OUT
HOMETOWN 999-1288 ext#227 to place your ad, call Sandy	DRY	150, \$500, (734)449-0179. 1986-1995 HANDICAP VANS WANTED, Call Dale in Lansing anyday, (517)882-7299. 1986-1996 VANS WANTED, Instant cash, I come to you. Call Dale, in Lansing, 8am to 8pm anyday, (517)882-7299. 1988 FORD E-150 conversion van. good cond., \$2,350. (248)348-6250 1989 GMC 1 ton cargo van, 350, runs and drives great, no options, white/gray, must see \$1500/best. (810) 231-3936. 1990 FORD E150 Conversion Van. New trans., CD, TV, Front & rear AC, very good condition, \$3600/best (517) 546-5547 1995 DODGE ¼ Ton Cargo Van, 318, AC, cruise, tilt, bulk- head, \$5500 or best offer	steenng/brakes, cash aluminum wheels. Like new, low miles. \$15,487. ARBOR DODGE (734)971-5000 1999 DODGE Ram 1500. Ouad cab, sport 4x4, 40,000 miles, \$19,000. Munt. (248)437-4686. 1999 FORD F-250 SUPER DUTY 4x4 - 5 4L V-8, 4 speed, auto, am/fm cassette, power steenng/brakes, Damond tool box, bediner. Tow pkg New bras, Bice new - work ready. \$18,465. ARBOR DODGE (734) 971-5000 Sports & Imported 1978 CORVETTE 25th Anniver- sary, white, red intarior. New brakes, bres, front end work. 88500 or best. (810)225-0407	miles, loaded, clean, \$5,500 best (248) 486-3642 1994 CAMERO auto, power everything, 100k mi, \$6000/best (248)681-4403 1994 EAGLE Vision, 3.3 liter, air, Infindy stereo, CD, power seats/windows. 90k miles. Spot less, \$6,600, (248)348-6524. 1995 CHEVY LUMINA. 4 dr. clean, 1 owner. Non-smoker \$5195. (810) 231-1686. 1995 CHRYSLER New Yorker 75K, alarm system, climate control, traction control, leather trip computer, Infinity sound system, Loaded, \$8900/best (734) 878-9292 1995 GRAND Marquis LS 856 mi, Immaculate Florida car \$9,900/best (810) 225-8462 1995 OLDS 98 Regency Elite Loaded, 64,000 actual miles	8, 2 door, grill damage, runs good, \$350. (248) 685-1419 1987 BMW 528E. sale & de- pendable. Looks & drives good. \$1,750. (810) 227-0239 1988 FORD Crown Victoria, \$750/best. (517) 546-6254 1989 TAURUS wagon, good shape, runs great\$900. (517)546-9748 1992 MERCURY Topaz, auto- matic, air, 2 new tres & new brakes, well maintained engine dependable, 1 owner, \$1550. (517)545-9267, after 5pm. CARS AS LOW AS \$500 Police Impounds & tax repo's. For issing call 1-800-319-3323, ext. 7375 CLEAR OUT

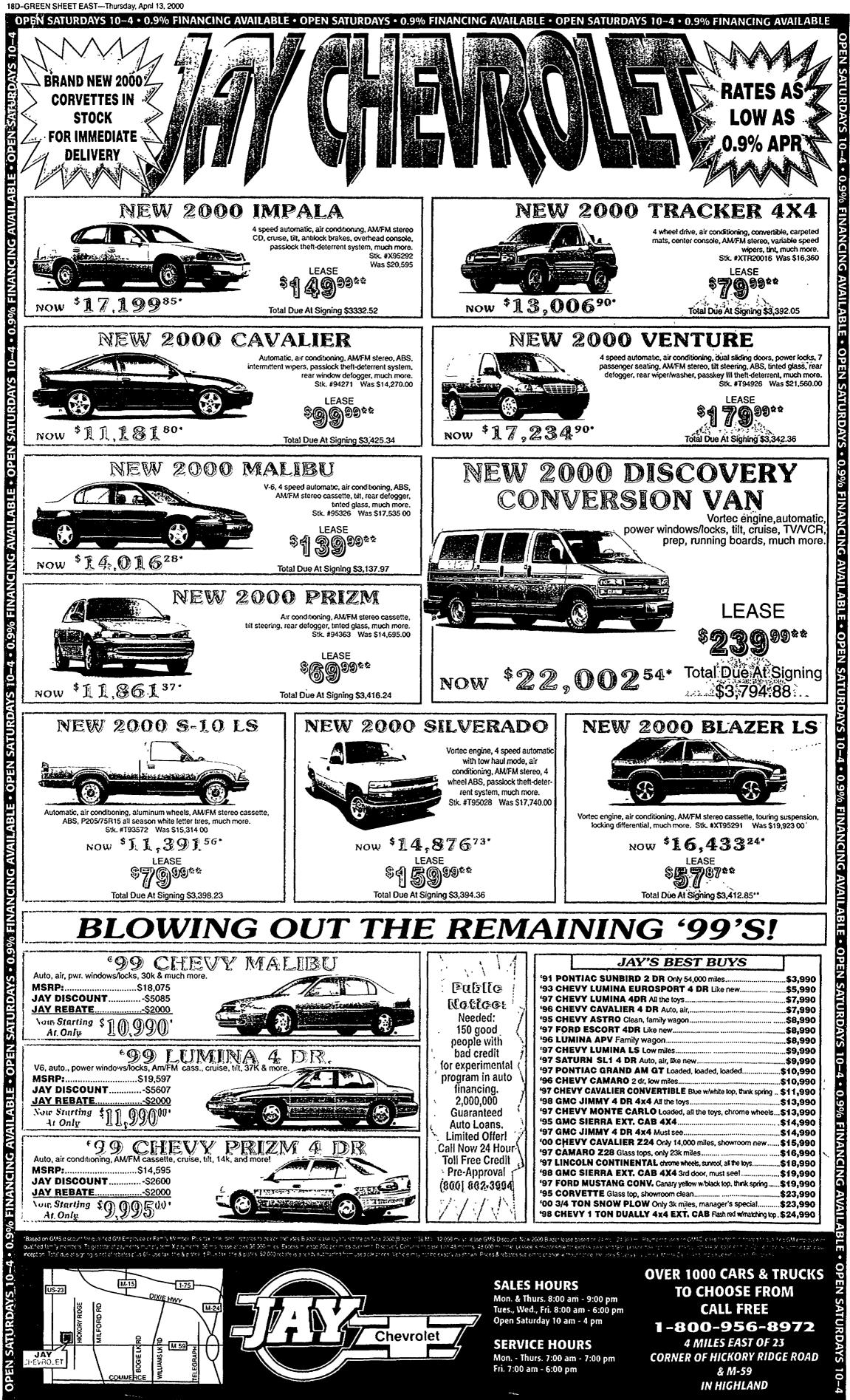


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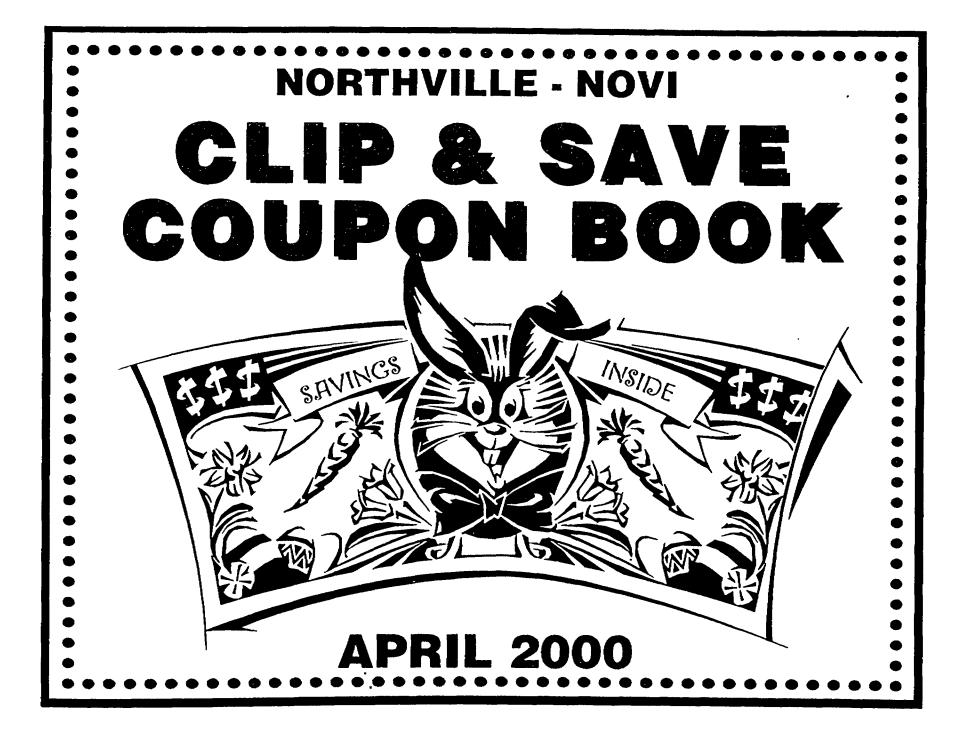


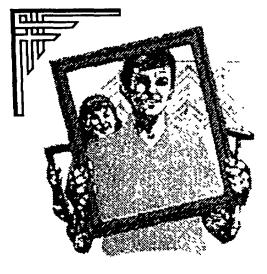


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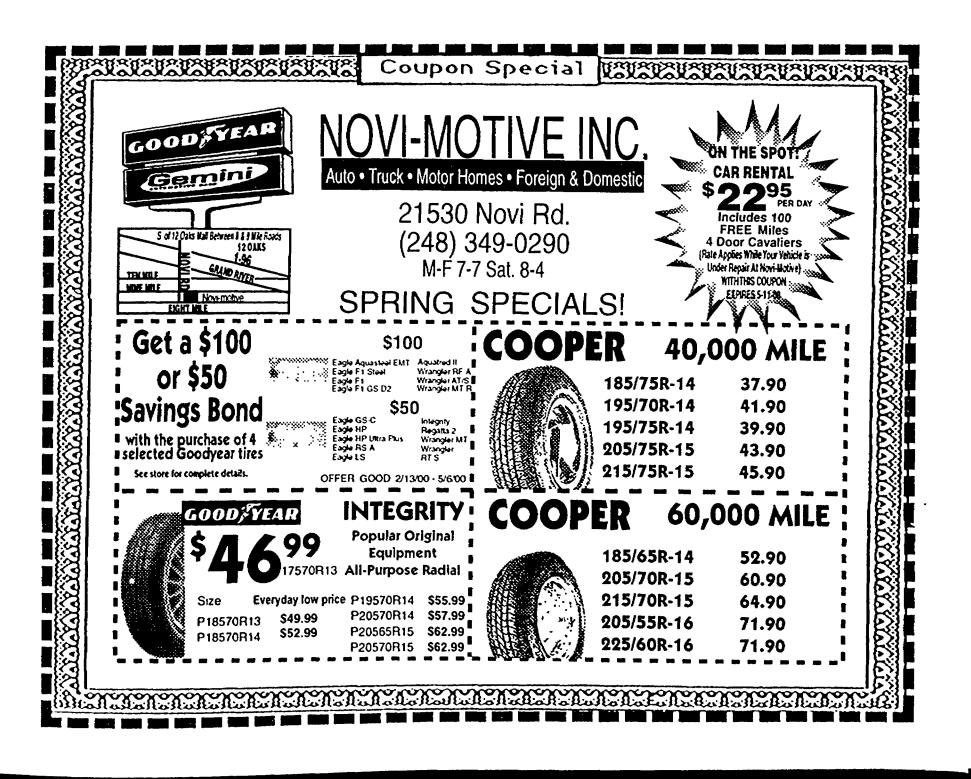
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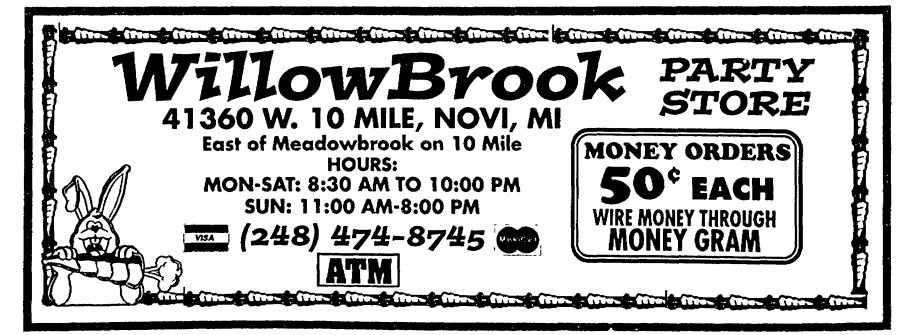
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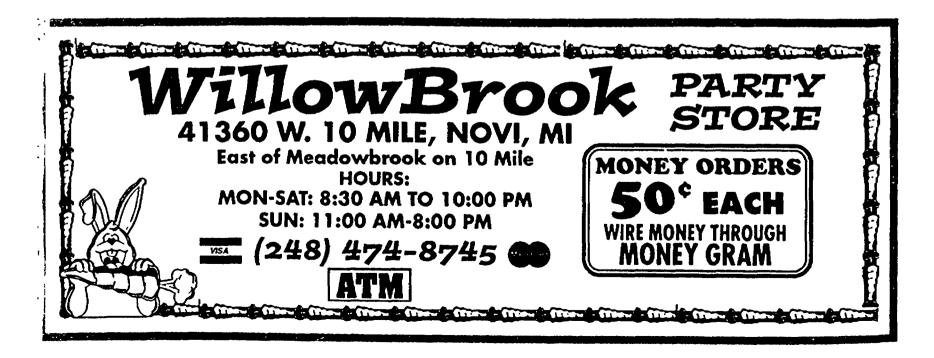






As featured in the Novi News: Doinidis graduated from Oakland University in 1973 with a math degree and graduated from Life Chiropractic College in Georgia in 1978. At Doinidis Chiropractic Center patients don't wait for hours to receive help. Appointments are also short, between 10 and 20 minutes after the first visit. "I accommodate people with hectic schedules," said Doinidis...... That first session takes about an hour. Making people feel better is his job, said Doinidis.











Community Houth Guide

CLASSES PROGRAMS SUPPORT GROUPS HEALTH TIPS

& MUCH MORE!

First Babies to enter the New MILLENNIUM

Spring/Summer 2000

St. Jes Joh Mency Hospit

SAINT JOSEPH MERCY HEALTH SYSTEM

Welcome!



to Saint Joseph Mercy Health System Community Education

Saint Joseph Mercy Health System is pleased to present the following programs, events and services for you and your family's better health. Programs have limited space available and require advance registration unless indicated. The classes listed here and/or their dates and times are subject to change. Please call the Saint Joseph Mercy HealthLine at (734) 712-5400 or (800) 231-2211 or the telephone number listed with the program for more information, dates, fees, directions and/or to get details on registration.

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Look for the blue boxes



throughout the calendar for useful health hints! Remember, the health tips contained in this calendar are not intended to substitute for professional care.

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COVER **STORY**

Meet the first babies to enter the new millen-



nium at Saint Joseph Mercy Family Birth Centers. Vincent Gabriel Matuszak, son of Argenta and Matthew Matuszak was born January 1, at McPherson Hospital in Howell at 12:33 a.m. On January 1, Rock e'l Rea' Jones, daughter of Georgine McKivens-Jones and Rocky Jones, arrived at 3:39 a.m. at St. Joseph Mercy Hospital, Ann Arbor.

For more information about Saint Joseph Mercy Family Birth Centers, call and ask for your free "Bundle of Joy" kit: (800) 231-2211.

Pregnancy, Childbirth and Infant Care Seniors

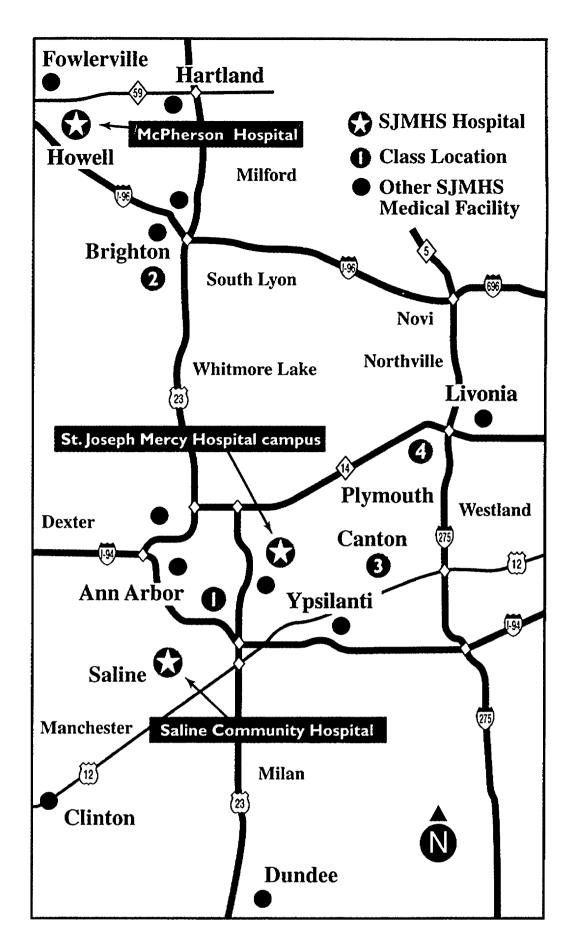
Special Programs/Events Substance Abuse Education and Support Women's Health Support Groups and Programs

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The Community Health Guide is produced and published by the Marketing and Media Relations Department of Saint Joseph Mercy Health System.

If you have any comments or would like additional copies of this guide, please call (734) 712-2357.

Cover Photo by Sister Anne Marilyn Tyler



Saint Joseph Mercy Health System and its physician partners provide a comprehensive range of health care services for residents in Washtenaw, Livingston, Jackson, Lenawee, Monroe and western Wayne counties.

St. Joseph Mercy Hospital

5301 E. Huron River Drive Ann Arbor, MI 48106 (734) 712-3456

McPherson Hospital

COMMUNITY EDUCATION LOCATIONS

Ann Arbor: St. Joseph Mercy Hospital **Education Center** 5301 E. Huron River Dr., Ann Arbor, MI 48106 (734) 712-3456 Ann Arbor/MCCC: McAuley Cancer Center (734) 712-5948 Ann Arbor/MHVI: Michigan Heart & Vascular Institute (734) 712-5205 Ann Arbor/MMHS: McAuley Mental Health Services and McAuley Chemical **Dependency Services** 2006 Hogback Ann Arbor, MI 48105 (734) 712-2595 Ann Arbor/RHC: Reichert Health Center (734) 712-5300 Ann Arbor/SHB: Senior Health Building (734) 712-5189 Ann Arbor/Briarwood Mall:

Health Stop 620 Briarwood Circle Ann Arbor, MI 48108 (734) 827-3777

 Brighton: Saint Joseph Mercy McPherson Health Building 8580 West Grand River Ave. Brighton, MI 48116 (810) 220-8900

 Canton: Saint Joseph Mercy Canton Health Center
 1600 S. Canton Center Rd. Canton, MI 48188 (734) 398-7557

- Howell: McPherson Hospital 620 Byron Rd. Howell, MI 48843 (517) 545-6000
- Plymouth: Saint Joseph Mercy Arbor Health Center
 990 W. Ann Arbor Trail Plymouth, MI 48170 (734) 414-1010
- Saline: Saline Community Hospital 400 W. Russell St. Saline, MI 48176

620 Byron Rd. Howell, MI 48843 (517) 545-6000

Saline Community Hospital 400 W. Russell St. Saline, MI 48176 (734) 429-1500

For information on physicians, services and community education classes, call **Saint Joseph Mercy HealthLine:** (800) 231-2211 (734) 429-1500 Greenbrook Recovery Center (734) 429-1592

St. Joseph Mercy Health System Mission

We work together and with others, in the tradition of the Sisters of Mercy, to relieve suffering of body, mind and spirit and to improve the health of our communities.

Visit Health Stop at Briarwood Mall in Ann Arbor

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Thurs.	20	Prenatal Tours	15
Thurs.	20	Supermarket Sleuthing	13
Sat.	22	Childbirth Education	14
Mon.	24	Childbirth Education	14
Tue.	25	Childbirth Education	14
Tue.	25	Food & Mood	12
Tue.	25	Health Care Provider	
		Basic Life Support (Renewal)	7
Tue.	25	Prenatal Tours	15
Wed.	26	Managing Your Stress	11
Wed.	26	Maximizing Your Food Choices	13
Thurs.	27	Boot Camp for New Dads	14
Thurs.	27	Childbirth Education	14
Thurs.	27	Marvelous Meats	13
Sat.	29	Immunization Clinics for Children	8
Mon.	31	Fabulous Fiber	12

6

		P	age No.			Diagnosis & Treatment	11
Tue.	1	Exercise—Aerobics, Resistance	-	Thurs.	7	Breastfeeding Preparation	
		& Stretching	9			(Women Only Class)	14
Wed.	2	Effects of Smoking on the		Mon.	11	Childbirth Education	14
		Heart & Blood Vessels	11	Mon.	11	Health Care Provider	
Wed.	2	Finding Fats that Fit	12			Basic Life Support (Initial)	7
Thurs.	3	Boot Camp for New Dads	14	Tue.	12	Adult Heartsaver/Basic Life Support	7
Thurs.	3	Cooking with Common &		Tue.	12	Childbirth Education	14
		Uncommon Vegetables (DASH II)	12	Tue.	12	PMS: Questions and answers	9
Thurs.	3	Exercise—Aerobics,		Wed.	13	Diabetes Education Class	9
		Resistance & Stretching	9	Wed.	13	Doe Day Golf Outing	16
Fri.	4	Coping with Chronic Illness	11	Wed.	13	Knowing When to Slow Down	11
Sat.	5	Fabulous Fiber	12	Wed.	13	Leg Pain & other Vascular Diseases	11
Tue.	8	Cholesterol and Your Heart	11	Thurs.	14	Childbirth Education	14
Tue.	8	Health Care Provider		Thurs.	14	Prenatal Tours	15
		Basic Life Support (Renewal)	7	Tue.	19	Anti-aging skin care	9
Wed.	9	Cholesterol Confusion	12	Tue.	19	Hospice of Washtenaw Grief	
Wed.	9	Living with Heart Failure	11			Recovery Support Group	19
Thurs.	10	Breastfeeding Preparation		Tue.	19	Prenatal Tours	15
		(Women Only Class)	14	Tue.	26	Immunization Clinics for Children	8

Thurs.	10	Maximizing Your Food Choices	13
Thurs.	10	Meal Planning: What's for Dinner	13
Sat.	12	Childbirth Education	14
Sat.	12	Joy of Soy	13
Mon.	14	Health Care Provider	
		Basic Life Support (Initial)	7
Tue.	15	Lower Your Blood Pressure	11
Tue.	15	Pediatric Basic Life Support	7
Wed.	16	Living with Heart Failure	11
Wed.	16	My Weakened Heart	11
Thurs.	17	Breastfeeding Preparation (Partners Class)	14
Thurs.	17	Prenatal Tours	15
Mon.	21	"Cruise In" to benefit Livingston	
		Community Hospice	15
Tue.	22	Prenatal Tours	15
Wed.	23	Infant Care & CPR	14
Wed.	23	What are my Heart Medications?	11
Thurs.	24	Health Care Provider	
		Basic Life Support (Renewal)	7
Sat.	26	Boot Camp for New Dads	14
Sat.	26	Immunization Clinics for Children	8
Mon.	28	Marvelous Meats	13
Tue.	29	Heart Disease: Diagnosis & Treatment	11
Tue.	29	Prenatal Tours	15
Wed.	30	Cholesterol and Your Heart	11

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SEPTEMBER

Sat.	29	Immunization Clinics for Children	8			Pag	e No.
Mon.	31	Fabulous Fiber	12	Sat.	2	Childbirth Education	14
	31			Wed.	6	Health Care Provider	••
				WCu.	v	Basic Life Support (Renewal)	7
AUG	UST			Wed.	6	Heart Disease: Diagnosis & Treatment	11
				Wed.	6	Irregular Heart Rhythms,	
		р	age No.	vvcu.	U	Diagnosis & Treatment	11
Tue.	1	Exercise—Aerobics, Resistance		Thurs.	7	Breastfeeding Preparation	
1401	•	& Stretching	9	1114751	,	(Women Only Class)	14
Wed.	2	Effects of Smoking on the	5	Mon.	11	Childbirth Education	14
mean	-	Heart & Blood Vessels	11	Mon.	11	Health Care Provider	••
Wed.	2	Finding Fats that Fit	12		• •	Basic Life Support (Initial)	7
Thurs.	3	Boot Camp for New Dads	14	Tue.	12	Adult Heartsaver/Basic Life Support	7
Thurs.	-	Cooking with Common &	••	Tue.	12	Childbirth Education	14
1114151	0	Uncommon Vegetables (DASH II)	12	Tue.	12	PMS: Questions and answers	9
Thurs.	3	Exercise—Aerobics,	1	Wed.	13	Diabetes Education Class	9
11141.51	9	Resistance & Stretching	9	Wed.	13	Doe Day Golf Outing	16
Fri.	4	Coping with Chronic Illness	11	Wed.	13	Knowing When to Slow Down	11
Sat.	5	Fabulous Fiber	12	Wed.	13	Leg Pain & other Vascular Diseases	11
Tue.	8	Cholesterol and Your Heart	11	Thurs.	14	Childbirth Education	14
Tue.	8	Health Care Provider	••	Thurs.	14	Prenatal Tours	15
iue.	U	Basic Life Support (Renewal)	7	Tue.	14		15 9
Wed.	9	Cholesterol Confusion	12	Tue.	19	Anti-aging skin care	9
	9	Living with Heart Failure	11	iue.	17	Hospice of Washtenaw Grief	10
Wed.		•	• •	Tura	10	Recovery Support Group	19 15
Thurs.	10	Breastfeeding Preparation	14	Tue.	19 26	Prenatal Tours	15
		(Women Only Class)	14	Tue.	26	Immunization Clinics for Children	8

Health Information Library in the Reichert Health Center

Books, pamphlets and videos are available on a variety of disease and wellness topics. Mondays-Thursdays; 9 a.m.-4 p.m. and Fridays; 9 a.m.-1 p.m. (734) 712-5177

CPR/BASIC LIFE SUPPORT

First-Aid and Basic Life Support (BLS)

Learn basic first-aid techniques including assessment, respiratory care, sudden illness and trauma. Includes Basic Life Support (BLS) for adult, child and infant. Appropriate for day care and adult foster care providers, and others who require certification. Class consists of three sessions, three hours long. Call for start dates. \$60/3 classes, \$25/1 class (May be a covered benefit; check with your insurance carrier.)

Howell: Meets weekly for three weeks; 6:30-10 p.m. (517) 545-6517

Health Care Provider Basic Life Support (BLS)–Initial

For health care professionals or others who require a CPR course for employment purposes. Covers adult, child and infant CPR and foreign airway obstruction. \$30 (May be a covered benefit; check with your insurance carrier.) Ann Arbor/MHVI: Thurs., May 4; 5:30-9:30 p.m. (734) 712-2948

Howell: Mondays, May 8, June 12, July 10, Aug. 14, Sept. 11; 1-4 p.m. (517) 545-6517

Health Care Provider Basic Life Support (BLS)–Renewal

Renewal class for those who need to renew their course completion card for employment purposes. \$25 (May be a covered benefit; check with your insurance carrier.) **Howell:** Tuesdays, Apr. 18, Aug. 8; 3-5 p.m., or Thursdays, July 6, Aug. 24; 1-3 p.m., or Tuesdays, May 23, June 20, July 25; 1-3 p.m., or Wednesdays, May 10, June 7, Sept. 6; 1-3 p.m. (517) 545-6517

Adult Heartsaver/Basic Life Support (BLS)

Class teaches CPR, foreign airway obstruction, Chain of Survival, signs of heart attacks and strokes and hearthealthy living. \$28 (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/MHVI: Thursdays, April 27, May 25, June 29; 5:30-9:30 p.m. (734) 712-5400 / (800) 231-2211 Howell: Tuesdays, May 9, June 13, July 11, Sept. 12; 7-10 p.m. (517) 545-6517

CANCER EDUCATION & SUPPORT

Brain Tumor Support Group

For people diagnosed with brain tumors and their families/friends. Ann Arbor/MCCC: Fourth Tuesday monthly; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

Breast Cancer Support Group

Ongoing support for women who have been diagnosed with breast cancer.

Ann Arbor/MCCC: Third Thursday monthly; 7-8:30 p.m. (734) 712-2920

Cancer Lecture Series

Free sessions designed to provide up-to-date information about a variety of topics relevant to cancer patients. A light dinner is provided.

Call for location: Second Wednesday monthly through June; 6-7:30 p.m. (734) 712-2920

Kids Care

Free education and support program for children of cancer patients and their parents. Separate groups for children and adults run concurrently.

Ann Arbor/MCCC: Fourth Wednesday monthly; 6:30-8 p.m. (734) 712-5314

Prostate Cancer Support Group

Free education and support for men diagnosed with prostate cancer and their partners.

Ann Arbor: Third Thursday monthly; 7-8:30 p.m. (734) 712-3655

Share and Care

Free ongoing support group for people with cancer, their family members and friends. Offers an opportunity to discuss common concerns, share feelings and explore ways of coping with others who have similar situations.

Ann Arbor/MCCC: First and Third Tuesday monthly; 7-8:30 p.m. (734) 712-5314



Pediatric Basic Life Support

Covers pediatric and infant CPR and foreign airway obstruction. Participants also learn how to implement the Chain of Survival. \$25/other family members may attend for \$20. (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/MHVI: Thursdays, April 13, May 18, June 15; 5:30-9:30 p.m. (734) 712-5400 / (800) 231-2211 Howell: Tuesdays, June 27, Aug. 15; 6-10 p.m. (517) 545-6517



7

June is National Cancer Survivors Month

McAuley Cancer Care Center at Saint Joseph Mercy Health System joins all cancer survivors in celebrating life. During June, the center offers survivors a small token of recognition for their courage and spirit. To receive your free memento, please call McAuley Cancer Care Center at (734) 712-5948.

Attention Individuals with Lymphedema

Lymphedema can be treated and managed! Individuals do not have to "learn to live with it." Lymphedema is a serious condition characterized by a swollen limb or body part that worsens over time. Consult with a lymphedema specialist and receive screening and education important to your diagnosis. \$10

- Learn about the latest innovative treatments available
- Learn how to prevent further complications
- Learn how to care for your affected limb

Ann Arbor/Briarwood: Fridays, May 5-June 16; 4-7 p.m. (734) 712-3160

Or...for a free telephone consultation to answer questions about lymphedema prevention and treatment, call the St. Joseph Mercy Hospital Rehabilitation Services Department at (734) 712-3160.

The Importance of the Spirit in Healing and Health

Larry Dossey, MD, is one of the world's leading proponents of holistic medicine and integrating the science of body, mind and soul. In this talk, Dr. Dossey will give participants a glimpse of how he foresees medicine evolving in the future and will share his new powerful views on what real health is all about. \$10 (Tickets available at Michigan Union Ticket Office or all Ticket Master Offices.) Sponsored by St. Joseph Mercy Hospital, McAuley Cancer Center in cooperation with the University of Michigan Health System.

Ann Arbor/Horace Rackham School of Graduate Studies: Wed., May 3; 7-8:30 p.m. (734) 763-8587

CHILDREN'S, ADOLESCENT & TEEN HEALTH

Attention Deficit Hyperactivity Disorder (ADHD) Groups

Group for 6-11 year olds with ADHD/ADD discusses common concerns, develops problem-solving skills and improves self-image. Separate concurrent parent group focuses on improving coping skills. Call for start dates. \$120 (\$60 per child/\$60 per parent)

Children of Divorce

Educational and peer support group designed for school-age children ages 5-11 whose parents are in the process of divorcing or have been through a divorce. Call for start dates (day/time may change). \$120 Ann Arbor/MMHS: Mondays; 6:30-7:30 p.m. (734) 712-4399

Immunization Clinics for Children

Immunizations provided: all vaccines except flu. Bring your child when it's convenient for you. No pre-registration required. Bring child's immunization records with you! \$7 **Canton:** Tuesdays, April 18, May 23, June 27, Sept. 26; 4-7 p.m. or Saturdays, July 29, August 26; 10 a.m.-1 p.m. (734) 398-7557

Groups for Teens

Teens ages 12-17 learn about the different groups McAuley Mental Health Services has to offer in a free introductory meeting. Parents meet in a separate group. Ann Arbor/MMHS: Fourth Wednesday monthly; 4-5 p.m. (734) 712-4399

Kids Cook!

Be amazed at what your young child can do in the kitchen. In this cooking class, high emphasis is on food safety and the cook's safety. Kids Cook 1 is for children ages 3-8. Kids Cook 2 is more involved and for ages 8-12. \$20 (second child from same family is \$10) **Ann Arbor/Briarwood: Kids Cook 1**—Tues., May 2; 4:30-6 p.m. **or Kids Cook 2**—Tues., May 23; 4:30-6 p.m. **or Kids Cook 2**—Sat., June 10; 4-5:30 p.m. **or Kids Cook 2**— Mon., July 10; 4-5:30 p.m. **(734) 827-3777**

NutriTots

Learn how to develop good eating habits in young children ages 2-4. Designed for parents and children, with separate classes held concurrently. Includes cooking demonstrations, recipe packets, food samples, food tasting and fun for all. Second class is at a local supermarket; parents only for that class. \$40 (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/Briarwood: Thursdays, May 4-18; 10:30 a.m.-12 noon. (734) 827-3777

ShapeDown

Innovative 10-week weight management program for children and teens. Parents and kids work together to learn how healthy eating, an active lifestyle and effective communication promote weight loss and family unity. \$375 (May be a covered benefit; check with your insurance carrier.) **Ann Arbor/MHVI:** Free orientation Tues., April 18; 7-8 p.m. for Thursday evening classes beginning May 4 for ages 6-12, **or** Free orientation Mon., June 12; 7-8 p.m. for Monday evening classes beginning June 26 for ages 6-12, **or** Free orientation Tues., April 18; 7-8 p.m. for Tuesday evening classes beginning May 2 for ages 12-16. (734) 712-5694



Ann Arbor/MMHS: Wednesdays; 6:30-7:30 p.m. (734) 712-4399

Health Tip

Safe Toys for Your Child

To avoid injury, make sure that the toys your child plays with fit your child's age, interests and skill level. Play with your child to boost development and ensure that toys are used properly. Teach your child how to put toys away safely after playing. And check toys regularly for damage.

"Surginauts"

Designed to familiarize you and your child with the surgery experience. A tour is included. Howell: First and Third Saturdays monthly; 10-11 a.m. (517) 545-6728

Health Tip

Living Well with Diabetes-A Tip for Those with Diabetes

This health tip was contributed by Debbie Longo, MSW ACSW

Summer is often a time to relax, play and share in the company of family and friends. Picnics, barbecues, vacations and trips to the ice cream shop can make managing diabetes a real challenge.

Like most things in life, it is important to find balance. To enjoy the pleasures life has to offer, one needs to feel physically, emotionally and spiritually well. If a person with diabetes gives up on managing their health, it is likely they will not feel well or have the energy to enjoy life. By planning ahead, enjoying things in moderation and staying active you will be able to enjoy the summer fun without compromising your well being.

Remember, you're the only one who can manage your diabetes.

DIABETES

Diabetes Education Class

Health professionals assist newly diagnosed and long-term diabetics to better manage their disease through diet, exercise and healthy living. \$50 (1 support person can attend for free)

Howell: Wednesdays and Thursdays, May 24-25, July 12-13, Sept. 13-14; 6-9:30 p.m. (517) 545-6517

Diabetes "Learn, Taste & Share" Program
 Free diabetes nutrition program geared toward people with
 limited insurance coverage or limited financial resources.
 Includes hands-on cooking demonstrations, tasty meals
 and supermarket tour.

Ann Arbor/Briarwood: Tuesdays, May 9-30; 4:30-6:30 p.m. (734) 827-3777

Living Well with Diabetes

Free education and support group for people with diabetes and their families. Meetings feature educational presentation, questions and answers and time to share your thoughts and feelings.

Ann Arbor: First and Third Tuesdays monthly; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

Diabetes Personalized Education Plan

Health professionals assist you and your doctor develop a personalized education plan to assist you to manage your diabetes. Program provides basic information on diabetes as well as more complex diabetes management. Fee is approximately \$85 an hour. Call for an appointment. (734) 712-2431

Anti-Aging Classes

Free classes by Pamela Smith, MD, board certified in antiaging medicine. Call to register.

Canton: 7:00 p.m. (734) 398-7522

Tues., April 18	Male menopause: Is this for real?
Thurs., May 4	Vitamins: Do we really need to
	take them?
Thurs., May 11	Natural Hormone Replacement Therapy
Thurs., May 18	CoEnzyme Q10: Is it for you?
Thurs., May 25	DHEA & Melatonin: What's the
-	real story?
Tues., June 6	Stress reduction: What does it have to
	do with aging?
Tues., Sept. 12	PMS: Questions and answers
Tues., Sept. 19	Anti-aging skin care

Chronic Pain Management

Free ongoing lecture and therapy group for individuals with chronic pain. Participants will learn self-management skills for coping with chronic pain.

Ann Arbor/MCCC: Second and Fourth Monday monthly; 7-8:30 p.m. (734) 712-5898

Exercise—Aerobics, Resistance & Stretching

Learn the basics of a healthy exercise program that will fit your lifestyle. Develop a schedule for building physical activity into your daily life. \$20 **Ann Arbor/Briarwood:** Mon., May 15; 7-8 p.m., **or** Mon., May 29; 10-11 a.m., **or** Thurs., June 1: 1-2 p.m., **or**

Mon., May 29; 10-11 a.m., or Thurs., June 1; 1-2 p.m., or Wed., July 12; 2:30-3:30 p.m., or Tues., Aug. 1; 7-8 p.m., or Thurs., Aug. 3; 7-8 p.m. (734) 827-3777

FREE Healthy Resolution Packs

You made the resolutions—we'll help you keep them! Call (517) 545-6535 for your free healthy resolution kit brimming with valuable, easy to follow advice on diet, exercise, smoking cessation and more!

Group for Young Adults with Major Depression or Bi-Polar Disorder

Group for young adults ages 18-23 who have been diagnosed with major depression or bi-polar disorder. \$15 a session, with a one month minimum (\$60) Ann Arbor/MMHS: Tuesdays; 6:30-8 p.m. (734) 712-4399

Health Tip

HEALTHIER LIVING

Anger Management Group

Learn some concrete skills to help control your anger during this eight-week program. Call for start dates. \$120 Ann Arbor/MMHS: Tuesdays; 7:30-8:30 p.m. (734) 712-4399

Set Your Mind to Good Health

Your feelings, attitudes and emotions can affect your health. Here are some tips for lifting your spirits. Exercise to reduce anxiety and boost your selfesteem. Get involved—volunteer for a charity, take a class or try a new hobby. Share your feelings with a friend. And eat a plant-based, low-fat diet to help your mind function at its best.

Introduction to Cognitive Behavior Therapy

Attend a free introductory session and learn about the different groups offered by McAuley Mental Health Services that will teach you how to better manage anxiety, panic and depression. Call for appointment. Ann Arbor/MMHS: (734) 712-4399

Kidney Treatment Options Class

Free class for patients with kidney failure and their families. Focus is on treatment options including hemodialysis, peritoneal dialysis and transplantation.

Ann Arbor/RHC: Third Thursday monthly: 1-3 p.m. (734) 712-3483

Marital Arts Seminar

Seminar designed for couples who wish to strengthen their marital relationship. Emphasis is on the practical application of interpersonal skills to develop greater intimacy within the marriage. Call for start dates. \$180 for six-week course Ann Arbor: Tuesdays: 7-8:30 p.m. (734) 712-2503

Navigating Health, Wellness and Disease: The Mind-Body Connection



Dr. Mehmet Oz, a prominent thoracic surgeon from Columbia-Presbyterian Medical Center in New York City, has been exploring the world of integrating alternative healing with traditional medicine. At this free community event, Dr. Oz will discuss the power of the mind to heal and will share his research and experience in providing holistic care. The session will provide opportunity for questions.

Ann Arbor: Mon., May 22; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

Smoke Stoppers

Education program to help smokers change their attitude toward nicotine and stop smoking for good. Learn proven behavior modification techniques. Information session FREE. \$165 (May be a covered benefit: check with your insurance carrier.) Ann Arbor/Briarwood: Call to arrange start date (734) 827-3768

The Well-Informed Family Series

Clinical Depression: Understanding the Diagnosis and Treatment of Depression

Single session designed for individuals who wish to learn more about their depression diagnosis.

Ann Arbor/MMHS: First Monday monthly; 7-8 p.m. (734) 712-2503

- Through Sickness and in Health:

Understanding Depression and Its Impact on Marriage Single session for couples who wish to learn how depression impacts their marital relationship. Ann Arbor/MMHS: Second Monday monthly; 7-8 p.m. (734) 712-2503

 When Someone You Love is Depressed: Understanding Depression and Its Impact on the Family Learn how to assist a loved one suffering from depression.

Ann Arbor/MMHS: Third Monday monthly; 7-8 p.m. (734) 712-2503

 Understanding the Diagnosis and Treatment of Panic Disorder

Single session for individuals and their families who wish to learn more about panic disorder, its manifestation and implications for daily living.

Ann Arbor/MMHS: Fourth Monday monthly; 7-8 p.m. (734) 712-2503

HEART/CARDIOVASCULAR

Gift certificates are available for any of these classes.

"...And the Beat Goes On"

Cardiovascular information whether you have a cardiovascular condition or not! Walk-ins welcome! \$5

Ann Arbor/Briarwood: (734) 827-3777

Wed., April 12	Put the Salt Shaker Down
_	11:30 a.m12:30 p.m.
Wed., April 19	Managing Your Stress
•	7-8 p.m.
Wed., April 26	Lower Your Blood Pressure
-	6-7 p.m.
Wed., May 3	Cholesterol and Your Heart
-	10-11 a.m.
Wed., May 10	Exercising with Heart Disease
-	6-7 p.m.
Wed., May 17	Effects of Smoking on the Heart
	and Blood Vessels
	7-8 p.m.
Wed May 24	What are my Heart Medications?

Stress Management Group

Four two-hour blocks where participants identify the obvious and subtle stressors which contribute to stress. Learn to manage stress through techniques like progressive muscle relaxation and deep breathing. \$90 Ann Arbor/MHVI: Quarterly: at various times (734) 712-4399

wed., May 24 what are my mean methods: 12 noon-1 p.m. Am I having a Heart Attack? Wed., May 31 10-11 a.m. Wed., June 14 Surviving after a Heart Attack 3-4 p.m. Wed., June 21 Lower your Blood Pressure 10-11 p.m. Exercising with Heart Disease Wed., June 28 6-7 p.m. Daddy, are you Okay? Wed., July 12 6-7 p.m. (continued on next page)



"...And the Beat Goes On" (continued)

Ann Arbor/Briarwood: (734) 827-3777					
Wed., July 26	Managing Your Stress 6-7 p.m.				
Wed., Aug. 2	Effects of Smoking on the Heart and Blood Vessels 10-11 a.m.				
Wed., Aug. 9	Living with Heart Failure 11 a.m12 noon				
Wed., Aug. 16	Living with Heart Failure 6-7 p.m.				
Wed., Aug. 23	What are my Heart Medications? 10-11 a.m.				
Wed., Aug. 30	Cholesterol and your Heart 11 a.m12 noon				
Wed., Sept. 6	Heart Disease: Diagnosis and Treatment 3-4 p.m.				
Wed., Sept. 13	Knowing When to Slow Down 6-7 p.m.				
Canton Health Build	ling: (734) 712-5400 / (800) 231-2211				
Fri., May 5	Coping with Chronic Illness 1:30-2:30 p.m.				
Tues., May 9	The Rhythm of the Heart 6:30-7:30 p.m.				
Fri., Aug. 4	Coping with Chronic Illness 1:30-2:30 p.m.				
Tues., Aug. 8	Cholesterol and your Heart 6:30-7:30 p.m.				
Tues., Aug. 15	Lower your Blood Pressure 6:30-7:30 p.m.				
Tues., Aug. 29	Heart Disease: Diagnosis and Treatment 6:30-7:30 p.m.				
MHVI Auditorium:	(734) 712-5400 / (800) 231-2211				
Tues., April 25	The Rhythm of the Heart 6:30-7:30 p.m.				
Wed., July 12	Cholesterol and your Heart 6-7 p.m.				
Wed., Aug. 16	My Weakened Heart 6-7 p.m.				
Wed., Sept. 6	Irregular Heart Rhythms: Diagnosis and Treatment 6:30-7:30 p.m.				
Wed., Sept. 13	Leg Pain and other Vascular Diseases 6:30-7:30 p.m.				

Cardiac Rehabilitation

Supervised exercise program for individuals with cardiovascular disease or significant risk factors for developing heart disease. Program includes education on heart healthy eating, exercise, stress management and more. Program at Saline Community Hospital called "Pumper Power." Fee involved (May be a covered benefit; check with your insurance carrier.) Call for appointment. Ann Arbor/MHVI: (734) 712-3105 Saline: (734) 429-1640

Heart-to-Heart Network

Talk with other people who have heart or vascular disease in this free group. New groups forming on a regular basis. Ann Arbor/MHVI: (734) 712-3583

"Life Lessons" Wellness Program

This 16-week program takes a mind-body-spirit approach to increasing your overall health and well being. The program focuses on nutrition, exercise, yoga, meditation, stress management, time management and personal awareness. Fall class now forming. \$1,400 Ann Arbor/MHVI: (734) 712-7240

Partners at Heart

Free support group for spouses, partners and children of cardiovascular patients. New groups forming on a regular basis.

Ann Arbor/MHVI: (734) 712-3583

Support Group for Persons with Implanted Cardioverter Defibrillators (ICDs)

Free group for people who have ICDs, their families and significant others. Group meets every two to three months. Call to get on mailing list which gives upcoming meetings dates.

Ann Arbor/MHVI: (734) 712-8036

LUNGS/PULMONARY

Breathing Easy—Pulmonary Rehabilitation Exercise and educational program designed to improve the breathing capacity for those who suffer from chronic lung diseases, such as emphysema, asthma, and chronic obstructive pulmonary disease (COPD). Each session is designed to meet individual needs and is coordinated by a respiratory therapist. Saline Community Hospital program is called "Puffer Power." Fee involved (May be a covered benefit;



Wednesday is Heart & Vascular Day at Health Stop

Cardiac nurse will be available to do risk factor assessment screenings for heart disease and stroke, answer questions, take blood pressures and help patients find resource material.

Ann Arbor/Briarwood: Wednesdays; 9:30 a.m.-5 p.m. (except July 19 and July 26) (734) 827-3777 check with your insurance carrier.) Call for appointment. Ann Arbor/Plymouth/Howell: (734) 712-5367 Saline: (734) 429-1640

Breathers Club

Learn how to reduce the impact of lung diseases and how to improve your breathing in this free support group. Designed for adults who have chronic lung diseases and their families.

Ann Arbor/Plymouth: Second Wednesday monthly (734) 712-5367 Howell: Second Tuesday monthly (517) 545-6382

NUTRITION & HEALTHY EATING/COOKING CLASSES



Healthy Gourmet Club

Each month our Health Stop chef or a guest chef from an area restaurant will guide you on how to prepare healthy and delicious foods that you can serve at your next party or event. It's a hands-on program with a new menu each month. \$20

Ann Arbor/Briarwood: First Saturday monthly;1:30-3 p.m. (734) 827-3777

ABCs of Fruits and Vegetables (DASH I)

Learn new ways to increase fruit and vegetable intake. The DASH program has found that as people increase their fruit and vegetable intake, their blood pressure, cholesterol and weight improve. \$20

Ann Arbor/Briarwood: Mon., April 17: 10-11 a.m., or Thurs., April 20: 7-8 p.m., or Tues., May 2: 7-8 p.m., or Wed., May 31: 2:30-3:30 p.m., or Mon., July 10: 10-11 a.m. (734) 827-3777

Beating the Cravings

If you find yourself frequently overeating, this class will help you examine how to make changes with this behavior and how to manage food cravings. \$20

Ann Arbor/Briarwood: Mon., April 17; 7-8 p.m., or Thurs., May 4; 1-2 p.m., or Mon., May 8; 10-11 a.m., or Tues., June 20; 7-8 p.m., or Wed., June 28; 2:30-3:30 p.m., or Thurs., July 13; 7-8 p.m. (734) 827-3777

Breads, Muffins and More

Power up your day with nutritious and delicious whole grains. Prepare breads, muffins and other baked goods using a variety of flours. \$20 Ann Arbor/Briarwood: Thurs., June 8; 1-2:30 p.m. (734) 827-3777

Cholesterol Confusion

Learn how high cholesterol levels can increase the risk for heart disease. Understand what the numbers mean and the difference between "good" and "bad" cholesterol. Sample foods that help lower cholesterol. \$20 **Ann Arbor/Briarwood:** Wed., April 12; 2:30-3:30 p.m., **or** Thurs., April 13: 7-8 p.m., **or** Sat., May 13: 4-5 p.m., **or** Thurs., June 29; 1-2 p.m., **or** Wed., Aug. 9; 2:30-3:30 p.m. (734) 827-3777 intake, their blood pressure, cholesterol and weight improve. \$20

Ann Arbor/Briarwood: Mon., April 24; 10-11:30 a.m., or Thurs., May 4; 7-8:30 p.m., or Tues., May 16; 7-8:30 p.m., or Wed., June 14; 2:30-4 p.m., or Mon., July 17; 10-11:30 a.m., or Thurs., Aug. 3; 1-2:30 p.m. (734) 827-3777

Delightful Desserts

Join us in the kitchen to help prepare healthy and delicious desserts your whole family will love. \$20 Ann Arbor/Briarwood: Tues., April 25; 7-8:30 p.m. (734) 827-3777

Dine Fine

This class is designed for those who eat out often. Learn about the best fast food choices and other restaurant survival tips. \$20

Ann Arbor/Briarwood: Thurs., April 20; 1-2 p.m., or Mon., May 8; 7-8 p.m., or Wed., May 24; 2:30-3:30 p.m., or Mon., June 5; 10-11 a.m. (734) 827-3777

Emotional Eating

It is not uncommon for people to eat in order to relieve emotional stress. Learn to identify the many forms emotional eating can take, how it can sabotage your best efforts to manage your weight and how you can let your emotions work for rather than against you. \$20

Ann Arbor/Briarwood: Mon., April 24; 7-8 p.m., or Thurs., May 11: 1-2 p.m., or Mon., May 22; 10-11 a.m., or Wed., July 5; 2:30-3:30 p.m., or Tues., July 11; 7-8 p.m. (734) 827-3777

Fabulous Fiber

Learn about the health benefits of fiber and how to increase fiber in your diet. Topics include fiber-rich foods and preparation of delicious, high-fiber recipes. \$20 Ann Arbor/Briarwood: Wed., April 26; 2:30-3:30 p.m., or Thurs., May 18; 7-8 p.m., or Mon., July 31; 10-11 a.m., or Sat., Aug. 5; 4-5 p.m. (734) 827-3777

Finding Fats That Fit

This class will show you how making small changes in your diet can decrease fat, but keep the flavor in your meals. \$20

Ann Arbor/Briarwood: Sat., May 6; 4-5 p.m., or Thurs., June 22; 1-2 p.m., or Wed., Aug. 2; 2:30-3:30 p.m. (734) 827-3777

Food and Mood

 Cooking With Common and Uncommon Vegetables (DASH II)

Join us in our kitchen and help prepare a variety of tastetempting fruit and vegetable dishes. The DASH program has found that as people increase their fruit and vegetable Learn how food can affect moods and how moods can effect food choices. Tips and guidelines provided to help with emotion-based eating. \$20 Ann Arbor/Briarwood: Tues., July 25; 7-8 p.m. (734) 827-3777

Get Hooked on Fish!

Learn that cooking fish can be quick, easy, tasty and within your budget. Tips on purchasing and storing fresh fish will be provided. \$20 Ann Arbor/Briarwood: Thurs., May 25; 1-2:30 p.m.

(734) 827-3777

"Healthy Solutions" Weight Reduction Program at Health Stop

This program is designed for those seeking a weight reduction program with a proven success record. "Healthy Solutions" is a 13-week program that combines intensive lifestyle education with a nutritionally complete, "decision-free" diet utilizing delicious shakes, puddings and microwaveable entrees. Research has shown that participants have maintained weight loss for over seven years after completing the program. Orientation is FREEI Approximately \$100/week (\$20 class fee + \$80 food) Call the Health Stop at (734) 827-3777 to get started!

Introduction to Herbal Supplements

Overview of popular herbal products, including recommended dosages and safety issues. Discussion on research and testing of herbal products. \$20

Ann Arbor/Briarwood: Mon., July 10; 7-8 p.m. (734) 827-3777

Joy of Soy

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Take advantage of the many health benefits soy has to offer. Learn to prepare dishes including tofu, tempeh, soy flour and soy milk. \$20

Ann Arbor/Briarwood: Sat., Aug. 12; 4-5:30 p.m. (734) 827-3777

Marvelous Meats

Learn healthy and nutritious ways to include meats in your diet. You'll learn to prepare Pork Tenderloin with Fruit Sauce, Chicken and Black Bean Quesadillas, and more! \$20

Ann Arbor/Briarwood: Mon, April 10; 10-11:30 a.m., or Wed., May 17; 2:30-4 p.m., or Thurs., June 1; 7-8:30 p.m., or Thurs., July 27; 1-2:30 p.m., or Mon., Aug. 28; 10-11:30 a.m. (734) 827-3777

Maximizing Your Food Choices

Get the facts on how much fat, protein and carbohydrates to eat to feel your best. \$20

Ann Arbor/Briarwood: Thurs., June 15; 1-2 p.m., or Thurs., June 15; 7-8 p.m., or Wed., July 26; 2:30-3:30 p.m., or Thurs., Aug. 10; 7-8 p.m. (734) 827-3777

Meal Planning: What's for Dinner

This class will help you learn quick and easy ways to prepare healthy, balanced meals. \$20

Ann Arbor/Briarwood: Thurs., April 13; 1-2 p.m., or Wed., May 10; 2:30-3:30 p.m., or Tues., May 23;

Nutricare Nutrition Consultation

Personalized individual consultation with a registered dietitian. \$76 per hour (May be a covered benefit; check with your insurance carrier.) Call for appointment Ann Arbor/Briarwood: (734) 827-3777

Nutrition and Cancer

Attend this two-session program to learn how nutrition can impact cancer treatment, prevention and recurrence. Learn the role of vitamins and minerals in cancer care. One class will feature hands-on cooking. \$40

Ann Arbor/Briarwood: Mondays, May 15 and 22; 1-2:30 p.m. (734) 827-3777

Popular Weight Loss Approaches

Become familiar with the benefits and risks of various weight loss approaches and determine which method best suits your needs. High-protein diets will be discussed. \$20 Ann Arbor/Briarwood: Mon., May 8; 5:30-6:30 p.m. (734) 827-3777

Summer Picnic Time

Learn how to prepare delicious, simple and healthy recipes for all your summer outdoor eating needs. \$20 **Ann Arbor/Briarwood:** Tues., June 27; 7-8:30 p.m., **or** Thurs., July 13; 1-2:30 p.m. (734) 827-3777

Supermarket Sleuthing

This class will take you on a "tour" of a fictitious supermarket and hone your label reading skills. After this class, you'll find nutrition labels less confusing and trips to the supermarket more satisfying. \$20

Ann Arbor/Briarwood: Tues., April 18; 7-8 p.m., or Wed., May 3; 2:30-3:30 p.m., or Thurs., May 25; 7-8 p.m., or Sat., July 15; 4-5 p.m., or Thurs., July 20; 1-2 p.m. (734) 827-3777

Troublesome Triggers

This class will provide information on how to identify your eating behaviors and what triggers them. It then gives you suggestions on how you can change your behavior. \$20

Ann Arbor/Briarwood: Mon., April 10; 7-8 p.m., or Mon., May 1; 10-11 a.m., or Thurs., April 27; 1-2 p.m., or Tues., June 6; 7-8 p.m., or Wed., June 21; 2:30-3:30 p.m., or Thurs., July 6; 7-8 p.m. (734) 827-3777

PARENTING

7-8 p.m., or Thurs., June 22; 7-8 p.m., or Thurs., Aug. 10; 1-2 p.m. (734) 827-3777

Nutricare Weight Management Support Groups

Led by a social worker, these free ongoing groups focus on sharing feelings and stresses associated with weight management. Topics include emotional eating, nurturing ourselves without using food and getting support for making healthy lifestyle changes.

Ann Arbor/Briarwood: Wednesdays; 1:30-2:30 p.m., or Every other Tuesday; 6:15-7:15 p.m. (734) 827-3777

A Heart-to-Heart Conversation for Mothers and Daughters on Puberty and Growing Up

Provides both mothers and daughters ages 9-12 with accurate information about the normal physical and emotional changes that pre-teen girls will experience as they enter puberty. \$45 mom and one daughter (\$10 for each additional daughter or grandmother). Ann Arbor: Sat., June 10; 1-5 p.m. Saline: Sat., May 20; 1-5 p.m. (734) 712-5400 / (800) 231-2211

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How to Help Your ADD/ADHD Child with Homework

One-time session to learn strategies to help your child do better in school and with their homework. Separate meeting for elementary, middle and high school students. \$25 Ann Arbor/MMHS: Wednesdays; 7:30-9 p.m. (734) 712-2556

Introduction to Parenting Your Adolescent Series

Learn about three great workshops available to parents or primary caretakers of teens (Basic Concepts and Skills in Parenting, Understanding Your Teen's Development and Self Awareness in Parenting) in this free introductory session. Ann Arbor/MMHS: Fourth Wednesday monthly; 5-6 p.m. (734) 712-4399

Positive Parenting: Redirecting Children's Behavior

Five-week course helps parents with children of any age learn why children misbehave and how to redirect their actions. Call for start date. \$150 per person or \$225 per couple.

Ann Arbor/MMHS: Wednesdays: 6-9 p.m. (734) 996-4259

■ Raising Strong and Confident Daughters[™]

Parents of pre-adolescent girls ages 5-12 can develop practical strategies to help their daughter achieve and maintain high self-esteem. Learn strategies to counter limiting cultural stereotypes in this six-hour program. S65 per person or \$120 per couple raising same daughter. **Ann Arbor:** Sat., May 13; 9-3 p.m. **Saline:** Tuesdays, June 6-27; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

PREGNANCY, CHILDBIRTH & INFANT CARE

Boot Camp for New Dads

If you're about to become a father for the first time, don't miss this special man-to-man workshop that builds pride and confidence in caring for your baby. Learn useful tips on baby care, parenthood, becoming a family and more. Get hands-on experience with the help of "veteran"

dads who bring their babies to class. Enlist today at (800) 231-2211. \$20



Breastfeeding Preparation (Partners Class)
 Class offers expectant mothers and their partners instruction on breast-feeding. \$15 (May be a covered benefit; check with your insurance carrier.)

Howell: Thursdays, Apr. 20, May 18, June 15, July 20, Aug. 17; 7-9:30 p.m. (734) 712-5400 / (800) 231-2211

Breastfeeding Preparation (Women Only Class)

Class to educate and prepare expectant mothers to nurse their infants. \$15 (May be a covered benefit; check with your insurance carrier.)

Howell: Thursdays, May 4, June 1, July 13, Aug. 10, Sept. 7; 7-9:30 p.m. (734) 712-5400 / (800) 231-2211

Childbirth Education

This class for expectant mothers and their labor coaches prepares them for the childbirth experience. Includes information about the phases and stages of labor and delivery, relaxation and breathing techniques for natural childbirth, medical interventions available and Caesarean-section births. \$60 (May be a covered benefit; check with your insurance carrier.)

Howell: Mondays, April 10-May 22 (skip Easter week); June 5-July 17 (skip July 4 week); July 24-Aug. 28; Sept. 11-Oct. 16; 7-9 p.m., or Tuesdays, June 6-July 18; Sept. 12-Oct. 17; 7-9 p.m., or Saturdays, May 20 and 27; July 1 and 8; Aug. 12 and 19; 10 a.m.-3 p.m. Brighton: T:esdays, April 11-May 23; July 25-Aug. 29; 7-9 p.m., or Thursdays, April 13-May 25 (skip Easter week); June 8-July 20 (skip July 4 week); July 27-Aug. 31; Sept. 14-Oct. 19; 7-9 p.m., or Saturdays, April 29 and May 6; June 10 and 17; July 22 and 29; Sept. 2 and 9; 10 a.m.-3 p.m. (734) 712-5400 / (800) 231-2211

Childbirth Education "Refresher" Classes

Two-evening class designed for expectant mothers and their significant others who have already experienced childbirth and who wish to review the stages and phases of labor, breathing, relaxation techniques and medical interventions available. \$25 (May be a covered benefit; check with your insurance carrier.)

Howell: Thursdays, May 18 and 25; July 13 and 20; 7-9:30 p.m. (734) 712-5400 / (800) 231-2211

Grow Fit Exercise Program

Exercise program for pregnant and postpartum women. \$5 per session.

Saline: Mondays and Wednesdays; 3:30-4:30 p.m.

Ann Arbor: Thursdays, May 4, June 22, July 13, July 27, Aug. 3; 6-9 p.m.

Ann Arbor: Saturdays, June 3, August 26; 9 a.m.-12 noon. Canton: Sat., May 20; 9 a.m.-12 noon.

Howell: Thurs., May 11; 6-9 p.m. Howell: Wed., June 14; 6-9 p.m. Brighton: Sat., July 15; 9 a.m.-12 noon (734) 429-1640

Infant Care and CPR

Prenatal class for expectant parents, grandparents and older siblings (ages 7+) to learn newborn baby basics. Infant CPR is demonstrated, as well as foreign airway obstruction removal. \$20/\$10 for each additional family member; 7-16 free with parents. (May be a covered benefit; check with insurance carrier.) Howell: Wednesdays, May 3, June 28, July 19, Aug. 23; 7-10 p.m., or Sat., June 3; 10 a.m.-1 p.m. (734) 712-5400 / (800) 231-2211



Baby Building

Learn the building blocks for healthy nutrition before and during pregnancy and during breastfeeding. Topics covered include the foods you should eat, rating your own diet, common food-related discomforts of pregnancy, hints for cooking and shopping and nutritious recipes. \$20 Ann Arbor/Briarwood: Tues., June 27; 2:30-4 p.m. (734) 827-3777

Family Birth Center Open House

Is there a baby in your future? If so, don't miss the chance to see McPherson Hospital's renovated Family Birth Center during our free Open House. There'll be tours, presentations, information, refreshments and giveaways. Howell: Sun., May 7, 12 noon-4 p.m. (734) 712-5400 / (800) 231-2211

NutriBaby

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This class can help your child get a healthier start toward a lifetime of good eating. Learn how to feed your baby, when to introduce different foods, and how to make feeding time fun for your baby and relaxing for you. Class includes cooking demonstrations, recipes and food tasting. \$20 **Ann Arbor/Briarwood:** Wed., April 26; 2-3:30 p.m., **or** Thurs., May 11; 7-8:30 p.m. (734) 827-3777

Prenatal Education

Classes for expectant parents who plan to deliver their baby at St. Joseph Mercy Hospital. Topics include: Breastfeeding, Self Care, Infant Care and Pain Management During Labor. Many dates/times to choose from. \$10 Ann Arbor: (734) 712-5400 / (800) 231-2211

Prenatal Tours

Tour the birthing facility of your choice. **Ann Arbor:** Many dates/times to choose from **Howell:** Tuesdays, April 18, May 23, May 30, June 20, June 27, July 25, Aug. 22, Aug. 29, Sept. 19; 7:30-8:30 p.m., **or** Thursdays, May 11, June 8, July 13, July 20, Aug. 17, Sept. 14; 7:30-8:30 p.m. (734) 712-5400 / (800) 231-2211

"Surf's Up" Prenatal/Postpartum Aquatic Exercise Class

Aquatic exercise class designed for prenatal and postpartum women who wish to exercise under the supervision of a health care professional. \$5/session **Howell High School Pool:** Dependant upon pool availability (517) 545-6517

SENIORS

Peer Counselors and Senior Volunteers
 Ongoing group is actively recruiting older adults to
 participate in volunteer opportunities, including peer
 counseling and more.

 Ann Arbor/SHB: Fourth Thursday monthly; 1:30-3 p.m.

Ann Arbor/SHB: Fourth Thursday monthly; 1:30-3 p.m. (734) 712-5464

"The Village" Senior Housing Community

The Village at St. Joseph Mercy Hospital is a 90-unit Senior Housing Community scheduled to open in spring 2001. Fifty of the units will be traditional apartments with services that include meals, housekeeping and social activities. Forty "assisted living" units will also feature 24-hour care and assistance. Residents will have full access to the Saint Joseph Mercy Health System continuum of care. For more information on The Village at St. Joseph Mercy Hospital, call (248) 305-8857.



Senior Fitness Day

Enjoy a day of fitness, education and personal enrichment. Dress casually, grab your favorite tennis shoes and have fun! Attend workshops on nutrition, tennis, walking fit and more. Keynote

speaker Dr. William Bush will discuss "Exercise and Your Health" during lunch. Free; \$2 donation for lunch. Brighton Athletic Club: Fri., May 12; 9 a.m.-1 p.m. (734) 712-5400 / (800) 231-2211

Senior Health Day at Health Stop

The first Tuesday of every month is Senior Health Day at Health Stop. It's education about a variety of health and wellness topics of specific interest to seniors. From 8:30 a.m. to 9:30 a.m. there's health screenings available. At 9:30 a.m. professionals who work with the aging will lecture on topics specific to seniors. Topics will change monthly. At 11 a.m. we finish off with a hands-on cooking class that addresses the special dietary needs of people as they age and individuals who are cooking for one. \$10 for cooking class/lunch

Ann Arbor/Briarwood: First Tuesday monthly (except for July 4); 8:30 a.m.-12:30 p.m. (734) 827-3777

Bill Help for Seniors

Free assistance in managing bills and answering questions related to health insurances. Sponsored by Senior Health Services, Catholic Social Services and Washtenaw Council on Aging. Pre-registration required. Ann Arbor/SHB: Wednesdays, 9:30-11:30 a.m. (734) 712-3625 or (800) 803-7174

LifeLine

Phone response system that links subscribers to 24-hour emergency assistance. Howell: (517) 545-6161

SPECIAL PROGRAMS

"Cruise In" to Benefit Livingston Community Hospice

Benefit to help Livingston Community Hospice. Stop by and check out the cruisers. There'll be trophies for 50 choice cars, door prizes, great food and drink specials. \$10 (\$15 day of event) Brighton/Memories (Old US 23): Monday, Aug. 21, 4-9 p.m. (517) 545-6794



Health Exploration Station in the Saint Joseph Mercy Canton Health Center Now Open

While there you can

- See the distance a sneeze really travels
- Become a food molecule as you wind your way through the larger-than-life intestines
- Discover many more wonderful things about your body and how to keep it healthy.

Reservations now being taken for school, scout and civic group programs.

For more information, call (734) 398-7518.

Health-O-Rama

Free and low-cost health screenings including: blood pressure, vision, and glaucoma, height and weight, body composition, blood tests (includes lipid profile), PSA (blood test used to screen for prostate cancer), ovarian cancer screening and colorectal kits. First come, first served: no registration required.

Saline: Fri., April 14; 7 a.m.-3 p.m. (734) 429-1634

Hospice Volunteering

Seeking volunteers to provide support and care to terminally ill patients and their families. Volunteer training is required. Office help is also needed. We have a Hospice/Home Care Speakers Bureau as well. Hospice of Washtenaw, Ann Arbor: (734) 327-3400 Livingston Community Hospice, Howell: (517) 545-6797

Livingston County—2000 Home Show

Three-day event features Livingston County businesses displaying their goods and services. Includes Taste of Livingston County. Auto and Fine Art Show. \$4 adults. \$3 seniors, kids free when accompanied by an adult.

Howell High School: Fri., April 14; 5-9 p.m.,

St. Joseph Mercy Hospital Pro Am Golf Classic

Proceeds from this third annual golf classic will benefit Saint Joseph Mercy Health System's campaign for Women's Health. \$2,000 for a corporate sponsorship that includes play for four and much more!

Canton/Pheasant Run Golf Club: Wed., June 14; 8:30 a.m. (734) 712-3192

McPherson Hospital Golf Classic

Proceeds from this eighth annual event will benefit McPherson Hospital's Women and Children Services. \$150-175 per golfer (sponsorships also available) **Brighton/Oak Pointe Country Club:** Mon.,



June 19; 9:30 a.m. (517) 545-6194

Saline Community Hospital Golf Outing

Proceeds from the tenth annual event will benefit Saline Community Hospital. \$175/individuals; \$900/golf package includes foursome, lunch, dinner and more!

Ann Arbor/Travis Pointe Country Club: Mon., June 12; 11:00 a.m. (734) 429-1582



Doe Day Golf Outing

Saline Community Hospital Auxiliary's 25th annual Doe Day. \$50 includes lunch and team prizes Saline/Rustic Glen Golf Course: Wed., Sept. 13; 8:30 a.m. (734) 429-1581

Southeastern Kiwanis Club Golf Outing

Sat., April 15: 10 a.m.-9 p.m., Sun., April 16: 10 a.m.-4 p.m. (517) 546-4115

McPherson Arthritis Recovery Center (MARC) Walk

Free indoor walk for patients and coaches that have been through the McPherson Arthritis Recovery Center in the past year. Information stations throughout the course. Refreshments, tours and giveaways. Howell: Sat., May 20; 9:30 a.m.-12 noon (734) 712-5400 / (800) 231-2211 Proceeds from this annual event benefit Catherine's House which provides assistance to those in need. \$150/individuals; \$600/team includes continental breakfast, lunch and snacks with prizes (sponsorships also available.) **Ypsilanti/Eagle Crest Golf Club:** Tues., June 13; 9 a.m. (734) 973-2044 or (734) 712-2700

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Parish Nurse Partnership

A partnership between a local Saint Joseph Mercy Health System hospital and your local church to bring a health ministry to area congregations.

 St. Joseph Mercy Hospital:
 (734) 712-8766

 McPherson Hospital:
 (517) 545-6757

 Saline Community Hospital:
 (734) 429-1638

Pregnancy Loss Memorial Service

Free ecumenical service for those who have experienced a pregnancy loss. Close friends and family members can gather with you to remember your baby.

Ann Arbor/SJMH Chapel: Mon., Oct. 2; 7:30-8:30 p.m. (734) 712-3354

Volunteering

All three hospitals and several outpatient facilities have ongoing needs for volunteers to assist patients and/or staff. Many opportunities are available. Call for details and to make an appointment.

Ann Arbor:	(734) 712-4159
Howell:	(517) 545-6296
Saline:	(734) 429-1581

Health Tip

Tips to Help Tame Your Pain

Everyone suffers from back or headache pain at one time or another, but there are things you can do to reduce triggers such as strain and tension. Carry heavy loads close to your body and bend at the knees. Don't bend forward or twist. To avoid tension headaches, take time to relax, adjust your posture and exercise daily.

SUBSTANCE ABUSE, EDUCATION & SUPPORT

Chemical Dependency Treatment: Adolescent Recovery

Group educates adolescents ages 12-17 on addiction and how to achieve and maintain recovery. Assists youths from early through advanced recovery. Two different groups; call for start dates. \$73 (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/MMHS: Mondays, Tuesdays; 7:30-9 p.m. (734) 712-4328

Chemical Dependency Treatment: Couples Group

Group which focuses on couples/relationship issues for people in early recovery. Call for start dates. \$192 (May be a covered benefit; check with your insurance carrier.) Saline/Greenbrook: Wednesdays, 7-8:30 p.m. (734) 429-1592

Chemical Dependency Treatment: Family Recovery Group

Three-part series on chemical dependency which focuses on family dynamics, education about what to expect and options for families in recovery. Call for start dates. \$192 (May be a covered benefit; check with your insurance carrier.) Saline/Greenbrook: Tuesdays; 6-7:30 p.m. (734) 429-1592

Dual Diagnosis and Chemical Dependency Recovery Group

For adults who are chemically dependent and also have a mental health diagnosis. Call for start dates. \$516 (May be a covered benefit; check with your insurance carrier.) **Saline/Greenbrook:** Mondays; 5:30-7 p.m. (734) 429-1592

Education & Orientation for Adult Significant Others of Chemically Dependent People

Free single session focusing on chemical dependency and its effect on family members. There is also an eight-week program for partners, parents, adult siblings or adult children of a chemically dependent person. It's held on Wednesdays from 6 to 7:30 p.m. and the fee is \$568.

Ann Arbor/MMHS: Every other Thursday, 4-5:30 p.m. (734) 712-4399

The Growing Tree

Eight-session program provides age-appropriate substance abuse education and peer support to children ages 4-11 who are closely associated with someone who is abusing alcohol or drugs or who is in a recovery program. \$300 for child and caretaker/\$100 each additional child. The Growing Tree Alumni Group is also available for graduates of The Growing Tree.

Ann Arbor: Thursdays, 6:30-8 p.m. (734) 712-4320

Parenting for Prevention

Eight sessions focusing on raising children who are less likely to use alcohol and drugs. Recommended for those individuals with a family history of substance abuse. Call for start dates. \$150 (free if child is involved in The Growing Tree) Ann Arbor: Thursdays, 6-7:30 p.m. (734) 712-4320

Parents of Substance Abusing or Chemically Dependent Children of Any Age

Peer-led, free support group provides parents with informa-

Chemical Dependency Treatment: Early Recovery for Adults

Adults are involved in gender-specific or mixed-gender weekly groups along with individual therapy. Focus is to achieve and maintain abstinence from chemicals and to develop a healthy lifestyle. \$516 minimum (May be a covered benefit; check with your insurance carrier.) Saline/Greenbrook: Various days/times (734) 429-1524 tion and emotional support as they deal with a chemically dependent or substance abusing child, regardless of their age. Ann Arbor/MMHS: Tuesdays; 7:45-9:15 p.m. (734) 712-4328

Teens and Siblings Related to Substance Abusing People

Education and support group for teens ages 12-17 who have a parent, sibling or relative who is abusing substances or who is in recovery. \$120 Ann Arbor/MMHS: Dates/times based on participants needs (734) 712-4399

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Health Tip

Easy Phone Access to a Wealth of Health Information

Health information is as close as your phone with the Mercy Health Information Library, a service of Saint Joseph Mercy Health line. This free automated telephone service features audio-recorded health information on hundreds of topics. Call (800) 231-2211 for your free copy of the directory listing all available health topics.

Sample topics:4576Self-Care—The First Step
Toward Quality Healthcare7150Osteoporosis Quiz6130Eating for a Healthy Heart7718Childproofing Your Home

Teens Using Drugs: How to Know

Free session for parents, teens, professionals and anyone else who works with or cares about teens. Learn how to identify substance use, abuse and dependency. Ann Arbor: First Tuesday monthly: 7:30-9 p.m. (734) 973-7892

Teens Using Drugs: What to Do

Another free session that will clarify issues about the appropriate way to deal with a teen's use of alcohol and other drugs.

Ann Arbor: Second Tuesday monthly: 7:30-9 p.m. (734) 973-7892

WOMEN'S HEALTH

Assertiveness Training for Women

Learn how to express your beliefs, feelings and wants in an honest, direct and appropriate way in this free theoretical and practical class. Common barriers to assertiveness will be discussed. You'll receive starter exercises to take home and practice.

Plymouth: Wed., May 24; 7:30-9:30 p.m. (734) 712-5400 / (800) 231-2211

 Body Image: A Support Group for Women If you are an adult woman who struggles with negative body image, this six-week group may be for you. Join other women who are striving to identify and improve negative body images. \$90
 App Arbor(MMHS: (734) 712 4300

Ann Arbor/MMHS: (734) 712-4399

Breast Cancer Prevention Study
 St. Joseph Mercy Hospital is a research site for the Study of Tamoxifen and Raloxifene (STAR) breast cancer pre-

Chronic Pain Management Group for Women

Therapy group for women with chronic physical pain. Call for start dates. Nine-week program is \$639 (May be a covered benefit; check with your insurance carrier.) **Ann Arbor/MMHS:** Saturdays; 10:30-12 noon (734) 712-4399

Divorce Support Group for Women

Group provides an opportunity for women to talk about the process of divorce and its aftermath. \$15 a session, with a one month minimum (\$60). Ann Arbor/MMHS: Fridays; 1-2:30 p.m. (734) 712-4399

If Men are from Mars and Women from Venus, What Planet is My Husband From?

Join us for this free session on gender differences and their impact on marital communication. Ann Arbor: Thurs., April 13; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

Lifestyle Strategies for the Menopause Years

Learn practical nutrition and exercise strategies to help you maintain vitality and health before, during and after menopause. For women in the late 30s through the 40s, making lifestyle adjustments now can reap numerous health benefits later, including easing some symptoms associated with menopause. For those in their 50s



and beyond, it's never too late to begin. Presented by a nutritionist and an exercise physiologist. \$5. Ann Arbor: Mon., May 15; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

Making Sense of Childhood Sexual Abuse

Group for adult women who were sexually abused as children. Topics include the effects of sexual abuse on self image, sexuality and relationships with your partner and other family members and ways to build a positive recovery plan. Call for start dates. Ten-week program is \$710.00 (May be a covered benefit: check with your insurance carrier.) Ann Arbor/MMHS: Thursdays; 6-7:30 p.m.

vention trial. These medications show tremendous promise in the prevention of breast cancer. For more information about the STAR study or for a free breast cancer risk assessment, call the Ann Arbor Regional CCOP at (734) 712-5658.

Challenges for Women in Midlife

Support group focuses on the transitional issues for women in mid-life. \$15 a session, with a one month minimum (\$60)

Ann Arbor/MMHS: Wednesdays; 7-8:30 p.m. (734) 712-4399

(734) 712-4399

 Menopause Treatment Options: Hormone Replacement and Complementary Therapies

Join us for an overview of the symptoms and health risks associated with menopause. You'll learn the facts about hormone replacement therapy and complementary therapies such as herbs, soy proteins and other nutritional supplements. \$5 Ann Arbor: Mon., June 19; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211



Mental Health Services for Women

McAuley Mental Health Services has ongoing groups which assist women with specific needs related to stress, depression, life changes, relationship difficulties, sexual traumas, compulsive behaviors, pregnancy and neonatal loss, infertility and other issues. Call (734) 712-4334 for further information.

Preparing for Menopause

This presentation designed for women ages 35-50, gives a comprehensive overview of the physical and emotional changes, symptoms and health risks associated with menopause. It also shows you how to best prepare for and manage them. \$5

Ann Arbor: Mon., May 1; 7-8:30 p.m. (734) 712-5400 / (800) 231-2211

Weekly Support Group for Women

Support group focuses on improving self-esteem, confidence, exploring relationships, role demands and other challenges from a female perspective. \$15 a session, with a one month minimum (\$60) Ann Arbor/MMHS: Tuesdays: 6:30-7:30 p.m. (734) 712-4399

Women and Body Image

This free workshop explores how body images develop, the symbolic meaning of food, and women's relationship to consumer culture. A social worker will discuss how to achieve the harmony between eating and body image. Ann Arbor: Wed., June 14: 6:30-8:30 p.m. (734) 712-5400 / (800) 231-2211

Health Tip

Water Fun-Safe Diving Tips

Taking a water plunge is a favorite summertime activity, but it is important to swim safely. Diving accidents can lead to serious spinal cord injuries. To avoid injury, only dive into water that is at least eight feet deep. Look out for swimmers, toys and other diving hazards. And make sure you have a buddy or a lifeguard nearby.

SUPPORT GROUPS & PROGRAMS

 AIDS/HIV Education and Support: Michigan AIDS Hotline: (800) 872-2437

- Alcoholics Anonymous Alumni Group Saline/Greenbrook: Sundays; 10 a.m. (734) 429-1526
- Alzheimer's Support Group Howell/First Presbyterian Church: Third Thursday every month; 2-4 p.m. (517) 545-6023 Alzheimer's Association: (734) 741-8200
- Amputee Support Group Ann Arbor/MHVI: (734) 712-3516
- Ann Arbor Stroke Club Ann Arbor/SJMH Rehab Unit: First Tuesday monthly (734) 712-2426
- Caregivers Support Group Howell: (517) 545-6797
- Community Hospice Grief Education Series

Free to those who have lost a loved one through death. Understand the many stages and phases of grief and the importance of a support person. Offered at various times and locations throughout the year.

Ann Arbor: (734) 327-3400 Howell: (517) 545-6797

Grief and Bereavement Counseling

Hospice of Washtenaw offers counseling for individuals and families grieving the loss of a loved one. All related bereavement concerns and feelings are explored. Donation. Ann Arbor: Call for appointment (734) 727-3409

Hospice of Washtenaw Grief Recovery Support Group

Free, five-part educational services to help survivors with their grief. Provides support, understanding and friendship to those who have survived the loss of a loved one. Registration required.

Ann Arbor: Starting dates of upcoming groups: June 1, July 18, Sept. 19, Nov. 14; 7:00 p.m. (734) 327-3400

- Narcotics Anonymous Saline/Greenbrook: Sundays; 7:30 p.m. (734) 429-1526
- Parkinson's Support Group Ann Arbor: Sundays, 1:30 p.m. (734) 741-9209 Howell: Last Tuesday monthly; 7-8:30 p.m. (517) 546-3307
- Survivors of Suicide Support Group Howell: First Tuesday monthly: 7-9 p.m. (517) 545-6796
- **"Transitions" Loss Support Groups** For anyone who has lost a loved one through death. Free

HIV/AIDS Resource Center & Support Groups: (800) 578-2300

Alcoholics Anonymous

Saline/Greenbrook: Thursdays, Saturdays; 7:30 p.m. Sundays; 1:30 p.m. (734) 429-1526 group designed for coping with life's transitions in a safe,
confidential atmosphere. Individual appointments can also
be made.
Howell: First Wednesday monthly: 12:30-2 p.m.
(517) 545-6797

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For more information about other support groups, call the Michigan Self-Help Clearinghouse at 1-800-777-5556 (Monday-Friday, 10 a.m.-3 p.m.)

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COACH'S CORNER

Facts About In-Line Skates

Wheels

- The larger the diameter, the faster the wheel.
- Soft wheels grip the surface better: hard wheels wear longer.
- Rotate wheels frequently for even wear. Skaters tend to push harder with one leg and wheels wear in relation to that force.

Bearings

- Clean or replace bearings when grit builds up.
- Precision bearings carry an ABEC rating between 1 and 9. The higher the number the higher the precision. If skating

for recreation and fitness purposes, use a 1 or 3 ABEC rating.

Frames

- Flat frames are nonadjustable and all wheels touch the gound at the same time.
- Rockerable frames allow you to position the wheels for increased manuverability.

SPORTS FITNESS TIPS

Play It Safe

Stretching and warming up are by far the best ways to prevent strains and sprains from outdoor activity. If you do get injured, follow these tips from WebMD and our sports and fitness partner HealthSouth:

- Minimize initial swelling by following the RICE principle: rest, ice, compression, and elevation.
- Apply the ice as often as you can for the first 1-2 days. You can apply it for about 20 minutes every hour you are awake during the day.
- Don't use heat, which could increase swelling.

If the injury is severe or isn't beginning to feel better after 3-4 days, see a doctor.

These sports and fitness tips are brought to you by WebMD, the healthcare destination for you and your doctor.









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SPORTS FITNESS TIPS

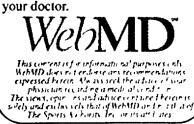
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save 40% Entire Sonoma knit tops for misses. petites and plus size. Reg \$12-\$24 sale 7.20-14.40



3/\$18 or 6.99 ea. Juniors' SO ... ribbed tee. Cotton/spandex Reg S12 ea



save 40% Entire Bodysource* bath & body and home fragrances. Reg \$3-\$20. sale 1.80-12.00



19.99 Men's Regular, Relaxed or Loose Fit



Entire save 33% Stock Erika & Co. casual weekend wear. Reg \$15-S30 sale 10.05-20.10



5.99 Juniors' SO... sleeveless solit crew ribbed tee. Reg S10



Jeneiry photo enlarged to show detail

save 60% 14k oold chains and bracelets. Reg S40-S800 sale \$16-\$320



16.99 Men's Levi's* Red Tab" denim shorts. Sonoma 5-pocket denim jeans. Bugle Boy" fashion Regular Relaxed or Loose Fit



Entire save 30% Stock Shorts for misses, petites and plus size. Reg. \$28-S40 sale 19.60-28.00



18.99 Juniors' SO... stonewash jeans. Boyfriend and Boot Leg styles Reg S28



25-30% Off Watches. Plus Take an EXTRA 10[%] Off FINAL PRICE 10.11-266.62 Excludes S-10



19.99 Men's denim jeans and khakis.





save 50% Misses' Croft & Barrow' solid or striped polo. Cotton/ spandex Reg S20, sale S10



16.99 Juniors' SO... denim, twill and cotton/nylon shorts. Reg \$24



Sunglasses. For men and women Reg \$15-\$25. sale 9.75-16.25



Entire save 50% Stock Kids' Buole Boy* apparel. Reg. 12 99-31 99. sale 6.49-15.99





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Entire stock maternity sportswear. Reg \$16-\$50. sale 10.40-32.50



save 40% Panties and crop tops. Reg 3/12.00 to 16 50 ea . sale 3/7.20 to 9.90 ea. Excludes Jackey



12.99 Men's Croft & Barrow* short sleeved solid piqué polo. Available in extended sizes Reg \$24



Kids' outerwear. For boys 4-20, girls 4-16, toddlers and infants Reg 17 99-42 99, sale 8.99-21.49



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Spring outerwear

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Handbags and purse

accessories. Reg. \$6-

\$75. sale 4.02-50.25

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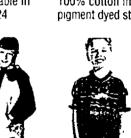
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Sonoma solid T-shirt. 100% cotton in vintage and pigment dyed styles Reg \$14



save 40% Entire Stock Kids' character playwear. Reg 12 99-26 99, sale 7.79-16.19 Play, ear not intended as sleepy ear











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save 40% Stock Kids' sets. For newborns. infants, toddlers, girls 4-16 and boys 4-7. sale 7.79-14.99



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Entire save 50% Stock Infants' and toddlers' sleepwear. Reg 12 99-17 99 sale 6.49-8.99

carter's



69.99 2-pc. set Stratus luggage. Reg 149 99 50% off all other luggage. sale 17.49-179.99





154.99 **Classic Stand Mixer.** 250 watts: 4/-qt_stainless steel bowl Reg 229 99



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and name brand athletic apparel sale 7.49-74.99



save 33% Entire Entire Comforters, bedskirts and accessories. Reg \$12-\$220 sale 8.04-147.40

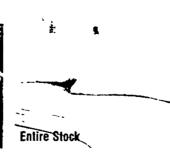
159.99 Your Choice

SteamVac^{*} deep cleaner or

WindTunnel* vacuum.

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save 25% Entire Stock Adults' and kids' cleated shoes. Reg 22 99-84 99. sale 16.99.63.74



save 25-50% Sheets. Many name brands. Reg 7 99-79 99 sale 4.99-54.99

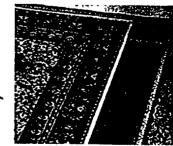
Rockport .

38.99 shoes. Reg 54 99-64 99

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Men's selected athletic shoes. Reg 54.99-64.99 30-40% off other men's, women's & kids' athletic shoes, 20.99-55.99

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Room size rugs & matching scatters. Reg. 19.99-399 99. sale 11.99-239.99



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Bath rugs. Great variety of colors, styles and sizes. Reg. 9 99-39.99. sale 5.99-23.99



After \$10 139.99 mfr. rebate 40-pt. dehumidifier, sale 149.99 50-pt. dehumidifier, sale 169.99



49.99 fron park bench. Perfect for your deck or garden Reg 99 99

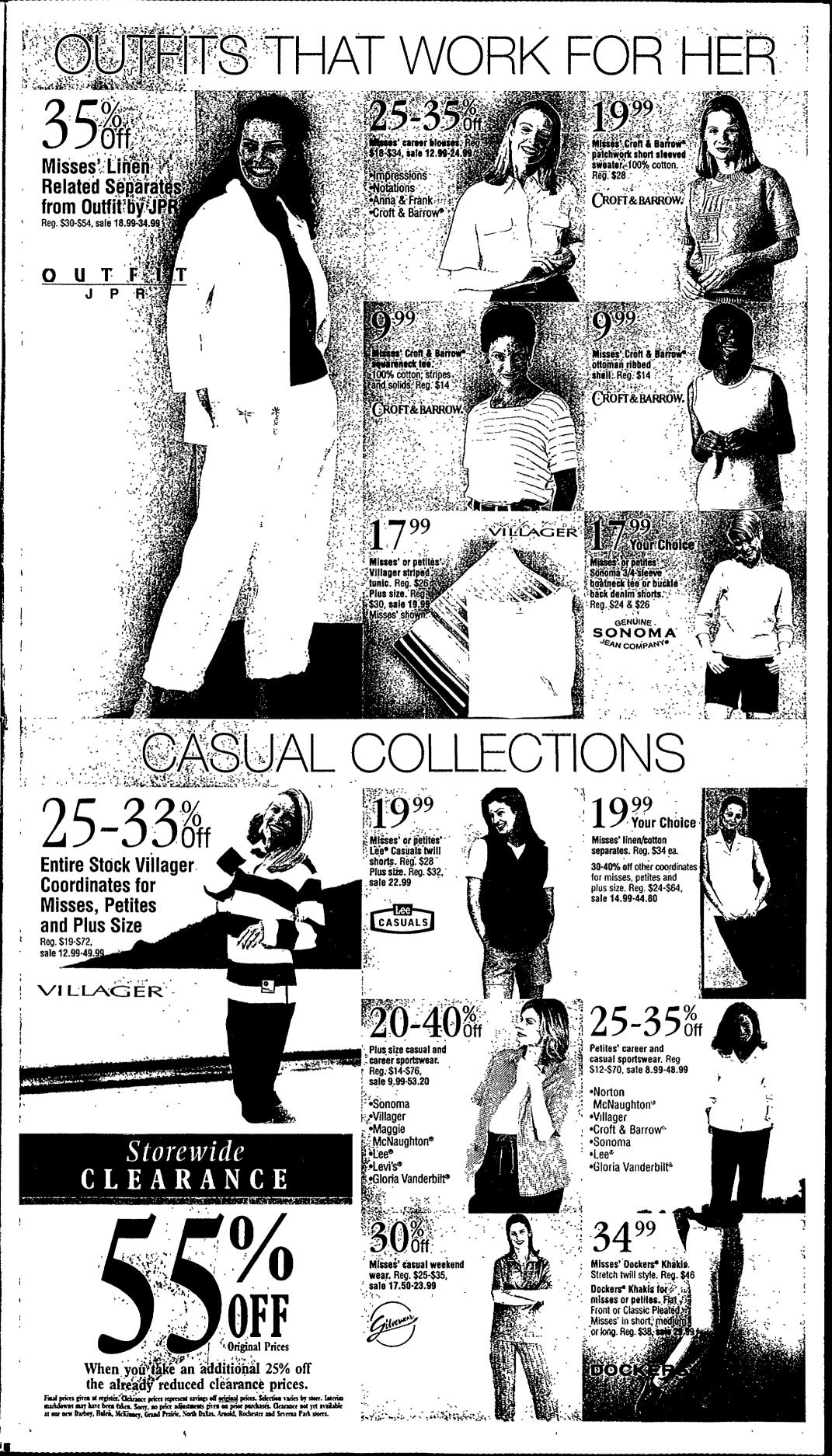


Entire save 50% Stock Resin furniture. Choose from many items. Reg. 11 99-99 99, sale 5.99-49.99

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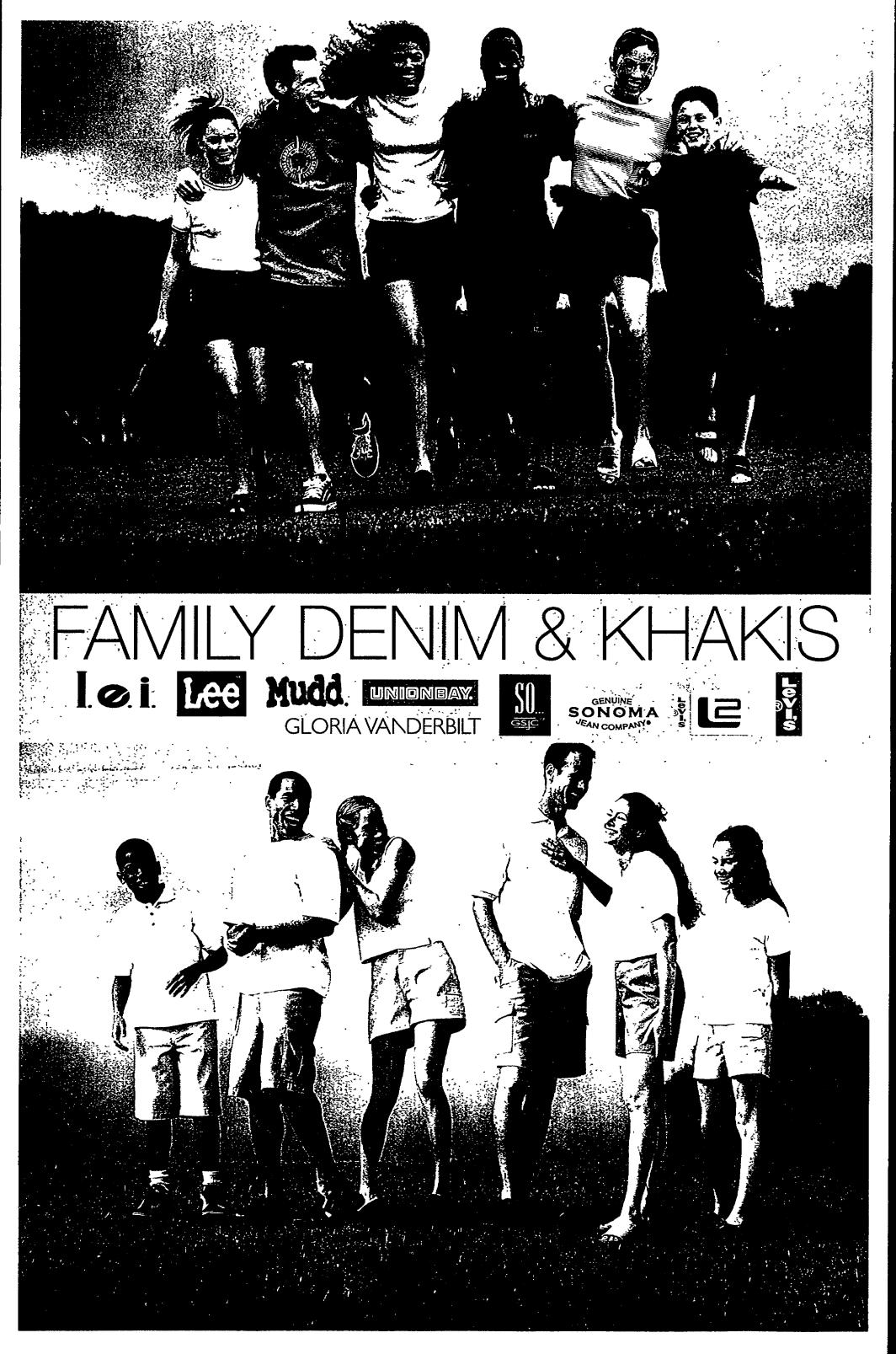
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