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#### Thursday, April 11, 2002

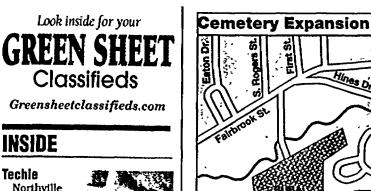
northvillerecord.com Northville, Michigan

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General

2001

Volume 134 Number 15



Northville Township has a new computer support specialist, and his name is Eric Dickinson. Read about the California transplant who's now

Techie

working in the township. --Page 5Å

#### Jolly of England

Two Northville's elementary schools were visited Tuesday by Kate Nash, an elementary school teacher England.



Read about what the teacherf from the other side of the pond was doing in the Northville community.- Page 6A

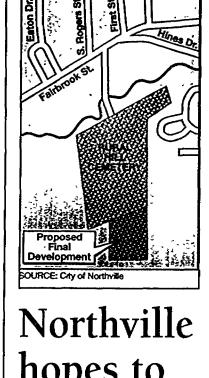




in style Healthstyles Health & Wellness is the South Lyon facility that's making waves in physical well-being. Read about the location and the staff. - Page 16A

#### **SPRING SPORTS '02**

Spring 2002



## **Rural Hill seeks to expand**

EXXXXX9XXXXXXXXX FIRM 49284

#### City, township work out kinks to add additional acreage on south side of area

#### By Pauline Campos STAFF WRITER

Due to a declining number of gravesites avail-able for both public and veteran purchase, the city of Northville began initiating steps to build out the remaining undeveloped land of the

cemetery three years ago. The estimated six acres lies at the extreme southern end of the cemetery and should provide adequate burial space for the next 40-60 years.

Because approximately two-thirds of the cityowned 20-acre cemetery lies within the corporate limits of the township, the city and township have been working together within the limits of the township's zoning ordinance.

As required by the township's ordinance, the trees in the proposed build-out area would have had to be replaced.

'In the ordinance, it lists trees and the process of replacing them. Some trees are at 50 percent and some are at 100 percent and that is dependent on their size." said township planner Maureen Osiecki. "If a developer cannot replace the trees required and the property being developed, they may contribute to the township tree replacement fund, and from this fund, trees are planted on public property such as parks."

According to city manager Gary Word, city

and township representatives had attempted to find an exemption from the ordinance due to the hundreds of thousands of dollars that would have been added to the development costs. A waiver could not be granted due to the fact that it was not provided for in the zoning ordinance.

We appreciate the fact that the township was not willing to compromise its stand on that and vere willing to look at other alternatives." said Word, referring to the annexation proposal.

"I looked at the annexation proposal as operationally as a very sound and community-oriented solution to the problem," said Snider.

Continued on 13

# Baby goats — no kid-ding!

## hopes to enhance hazardous waste day

**By Pauline Campos** STAFF WRITER

Due to the Northville community's need for more frequent hazardous waste disposal, a new and expanded hazardous waste disposal program is being introduced. The new hazardous coalition will allow Northville and Livonia residents more options in disposing of their hazardous waste materials.

The city of Northville has hosted five annual hazardous waste programs in past years, four of which included participation from the Northville Township.

"It's a popular program," said public works director Jim Gallogly. People love it. The only complaint that we got was that we didn't offer it enough throughout the year." "According to the State of

Michigan, any community which has two or less household hazardous waste collections per year is considered under served," said Mary Vangleson, resource recovery coordinator for the land resource management division of the Wayne County department Environment. "We started looking at Wayne County communities and



#### The rites of spring

We take a look at sports of the green grass and blue skies that can only be part of spring. Read about the Mustangs who earn their letters on the track, the diamond or the soccer field. --Page 1B

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**Continued on 9** 

a couple of weeks ago. More photos appear inside on page 2A,

Living Farm farmhand Sarah Marino shows Maybury State Park visitor Slison Karadjoff one of the newest kids that was born

## VFW honors community's best and bravest

#### By Pauline Campos STAFF WRITER

Sergeant Michael Carlson and firefighter Jason L. Jordan were recognized as the city of Northville's Officers of the Year at the 19th annual Police and lifesaving Firefighters Appreciation Dinner held this past Sunday. The event award was sponsored by the Northville Mothers VFW Post No. 4012 and Auxiliary. Sergeant Michael Carlson was recently promoted to his current position in December after having police been with the department since 1992. Previous to that, Carlson

**City of Northville** 

2002-2003 SOURCE: City of Northville

• .... ¥

officer. Carlson, a member of the bike patrol.

was nominated by a fellow officer based on many factors, including his from Against Drunk

Driving. Michael According to Carlson chief

James Petres, Carlson has received the honor

spent time as a military police for the past two years for making the most drunk driving arrests.

"I think he's deserving of the honor." said Petres. "He's a dedicated, hard offiworking The award for Firefighter of the Year

went to Jason Jason Jordan Jordan. Jordan's

mother, Linda, accepted the award in her son's honor.

Building & Grounds

Jordan, a member of the Northville Fire Department since 1993 and a staff sergeant in the Air Force Reserve, is currently stationed at McConnell Air Force in Wichita, Kan.

He served in Kandahar, Afghanistan after being called back to active duty after the events of Sept. 11.

The appreciation dinner is a family tradition for the Jordan, whose grandfather, two uncles, and brother were also previously received the Firefighter of the Year\* award.

"The firefighters who nominat-

ed him thought he was deserving in serving his community. Now he is actually serving his country." said fire chief James Allen.

photo by JOHN HEIDER

The event has been chaired by Cathy and Carl Baker since Carl Baker began the tradition when he was commander of the VFW.

"It's our way of thanking them for doing such a great job keeping the community safe." said Cathy.

Pauline Campos is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 109. or at pcampos@ht.homecomm.net.

## City takes 12% hit in shared revenue

#### Residents won't likely be affected

#### **By Pauline Campos** STAFF WRITER

The bad news: the city of Northville will be tightening its financial belt this year after losing its second largest source of revenue.

The good news: thanks to some careful planning on the part of city officials, residents will not be feeling the pinch.

As discussed at the April 1 city council meeting, slightly more than 12 percent of the 13 percent allocated from state shared revenue was cut from the city's budget.

The net effect is that we lost \$120,000." said city manager Gary Word. 'It's caused us to delay some purchases and to adjust our budget accordingly," he continued. "And with the likelihood that it's not going to be restored, it's caused us to be very careful because we know we are not going to get it back."

Continued on 4

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**Expenditures** Insurance, Central Supplies & Unallocated Reserv \$943.040 16% Police 365,812 6% Debt Service Department 2,087,145 36% 282,832 5% Contribution 237,980 4% to Other Fund 554,251 10% 209,455 -4% Shared Servi 190,740 3% 445,808 Planning, Zonir 8% & Inspection Ser 238,054 4% 200,334 Fire Department 3% Department of Technology \$5,746,452 Public Works 100%

Administration

cer."

orthvillerecord.com

# Animal House

Spring brings new life to Maybury State Park in Northville Township



A curious cow is interested in the photographer's camera at the Maybury State Park Living Farm. The park and farm are open seven days a week year-round.

pring means new life.

And the sound of young animals can be heard coming from the farm area at Maybury State Park.

Park officials have welcomed a host of wriggling, feisty farm babies including piglets. chicks and kids (goats).

Eric Fischer, a Maybury State Park farmer, said there are currently four new piglets. which were born March 24.

"Four is quite a small litter," he said. They usually [have] a dozen on average."

In addition to the arrival of the young piglets. farm visitors will also see several new, furry kids.

Fischer said one set of twins, a set of triplets and three individual kids have been born recently.

Park visitors can also see many young chicks and a few new bunnies have also arrived.

"People really enjoy seeing the new additions," he said. "It's one of the indicators of spring."

But the farm population isn't done growing yet.

Fischer said there should be about a dozen new lambs born within the next four to six weeks.

"it's a nice time to come out and see the new additions," said Fischer, adding that children are typically very eager to see the farm inhabitants.

"Kids are the most excited about the animals," he said.

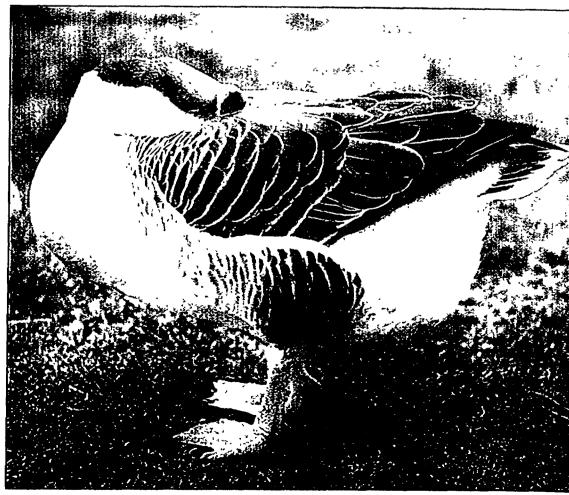
Public access to the farm is available seven days a week from 10 a.m. until 5 p.m.

In addition to residents being able to see the newest arrivals on the farm, other special events are in

#### **MAYBURY STATE PARK**

Here's some quick information on Maybury State Park:

- The park is bound by Eight Mile, Seven Mile, Napier and Beck roads. The main entrance is located on the south side of Eight Mile, west of Beck.
- · A daily parking permit is required to enter the park, which can be purchased. Annual passes, good for entrance at all Michigan state parks, can also be purchased.
- The park can be reached at (248) 349-8390.



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This Maybury State Park barnyard goose appears to be using its own down as a comforter from the chills of an early April afternoon.

#### **Police Reports**

#### **Northville Police**

OUIL: Northville police arrested a 22-yearold Westland man at around 2:45 a.m. March

30 on suspicion of drunk driving. Police on patrol on Eight Mile Road near Center street, officer observed a 2001 Chevrolet Camaro hearing eastbound traveling 57 mph in a 40 mph zone. Police turned around and initiated a traffic stop near Carpenter Street.

The vehicle was occupied by three males. When asked for identification, the driver produced a temporary driver's permit issued to OUIL offenders. No registration was produced by the driver.

The driver told police he had two drinks earlier in the evening. He also told police his father was a lieutenant in the Detroit police department, and asked Northville officers to "help him out."

After performing several field sobriety tests, the driver was administered a breathalyzer test at the police station, which registered at

IDOP: A 61-year-old Saratoga Court resident and his wife called police after hearing ss break in the family's kitchen around 2 on April 1. The residents discovered their kijchen window smashed and glass sprayed all over the floor. The residents reported that they were not sure how the incident had occurred nor had they seen who had broken the window, but they had seen a yellow Frisbee in the road near their driveway. Police matched the dent in the window screen to the Frisbee. The residents then reported seeing two young boys in the area but had not seen

them playing with or throwing the Frisbee.

NO LICENSE TO DRIVE: A 25-year-old Livonia resident was stopped by Northville police at around 9 a.m. on April 6 after blocking an intersection for Novi Street traffic. The intersection is marked "Do Not Block." Upon initiation of a traffic stop, the driver produced a suspended driver's license. The driver was placed under arrest and will be appearing in 35th District Court on May 1.

MDOP: Many residents contacted police after discovering their tires had been flattened in the early morning hours of March 29. Ten vehicles were reported to have had tires slashed, with each vehicle containing a 1- to 2-inch slash in the damaged tires. Vehicles tires were found damaged on Dubar Street, S. Wing, First Street and Orchard.

A S. Wing resident whose car was not damaged established a time frame for the crimes when she reported that she had been awake between 2 a.m. and 3 am. The resident stated that she heard what she thought had sounded like the "whoosh" of a large truck's airbrakes. The resident looked out the window and saw nothing suspicious but now believes the sound was the escaping air from her neighbor's damaged tires.

There are no suspects.

BOOZE, SMOKES 'N' RUN: Northville police stopped a 1996 Pontiac occupied by two 17-year old Northville teens at approximately 1 a.m. on April 1 after observing the vehicle swerve multiple times.

When the vehicle came to a stop, the driver

opened his car door and ran, but not before the officer on the scene recognized him as a

former co-worker with a previous company. Officers approached the car and ordered the two passengers out of the vehicle after detecting a moderate odor of alcohol. When asked what they had had to drink that night, one passenger denied alcohol consumption and was eventually released to his father, while the other replied that he had had "too much" to drink." The teen was read his breathalyzer test rights and then agreed to give a breathe sample with 0.117 results. The teen was arrested for underage consumption of alcohol. While being searched, the officer discovered a pack of cigarettes in his pocket, adding a charge for underage possession of tobacco as well. The teen will be appearing in 35th District Court on April 24.

Officers tracked down the address for the teen that had run and arrested him for operating while intoxicated and resisting police. He is scheduled to appear in 35th District Court on April 10.

#### **Township Police Briefs**

WAKE UP CALLS: A Muirfield Lane resident reported to police on April 2 that he began receiving phone calls at or around 2 a.m. He stated that the phone would only ring once and when he would answer it the caller would hang up. The calls were usually received during the week and never more than once a night. Police advised the complainant to keep a log of dates and times of the telephone calls if they persisted. The complainant stated that he was not interest-

ed in prosecution.

STOLEN IDENTITY: A 32-year-old Pon Valley Drive resident contacted police on April 2 after she discovered that her Comerica Visa card which doubled as a Visa check card had been used without her authorization to make a purchase of more than \$1,000 through a Florida based company. The complainant contacted Visa check investigations to dispute the purchase and was told that proper authorization and address verification had been given at the time of the purchase and supplied her with the phone number and email address given by the purchaser. The information led to a Detroit woman.

The complainant received a purchase credit from her Visa card issuer but is still responsible to pay for the \$250 shipping and handling charge for the purchased merchandise. The woman does not know how her personal information was attained.

CREDIT CARD FRAUD: A Northville Township couple reported to police unauthorized use of their credit card on April 2. The couple discovered the four unauthorized charges while checking their account on the Internet and immediately called to cancel their credit card. Two charges were made to unknown locations and two were made to Sprint PCS. The couple told police they were under the impression" that they would be fully reimbursed for the purchases they did not make and did not know how their credit card information was attained

ASSAULT AND BATTERY: A 33-year old

Innsbrook resident called 911 on April 2 stating that she had been assaulted be her exhusband's girlfriend. The suspect had come to visit the ex-husband but apparently got upset when she saw victim present. The exhusband then pushed the suspect out of the apartment door. According to the victim, she was clawed in the face and her hair was pulled when she attempted to help the exhusband. The suspect then fled on foot.

The victim will be prosecuted for assault and the ex-husband wants to prosecute for a PPO violation stemming from a a previous domestic violence case.

FRAUD: Police were contacted by the Hayes Lemmerez Company on April 3 with a report of a former employee who had committed fraud. The suspect was fired last year but given a severance package that included continuation of health and dental coverage, but all plans were canceled in October. Hayes Lemmerez reported the suspect had fraudulently purchased glasses from the LensCrafters located on Novi Road by presenting himself as an employee of the Hayes Lemmerez plant located in California. The suspect obtained glasses for himself and his family at a cost of \$3,500.

The suspect had been transferred to world headquarters in September of 2001 but had continued to bill his eyeglasses to the California plant. The scheme was uncovered during an audit.

The suspect is also the suspect in the theft of a company car which was recovered from the suspect's driveway on April 2. Hayes Lammerez is seeking prosecution.



## 'Finally, a proven solution to your low back pain."

Hello. I'm Dr. Tucker Ford . I'm the new chiropractor in Northville and I would like to introduce you to my new office. The name of my office is First Choice Chiropractic of Northville and I want to help you get relief from the painful agony of a bad low back. If you suffer from low back pain, you know how it can keep you from living a happy, healthy, care-free life. You shouldn't have to think about your back all the time and live with all that pain---and you don't have to. Chiropractic can help.



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When you visit my new office, you will receive a thorough spinal and chiropractic examination to determine the exact cause of your pain and I will give you the results of your exam in a clear and understandable way. If your exam leads me to believe you would not benefit from chiropractic care, or if you need to see another kind of doctor, I will tell you that, too.

If you live with the misery of low back pain, please give me a call. Chiropractic might be your answer. You have nothing to lose but your low back pain because if you aren't happy with your results, you won't have to pay. That's right, if you don't get results that you are happy with, I'll give you your money back\*.

#### A special offer for you

If you would like be rid of your low back pain, or if you just want to see if chiropractic might be right for you, bring this ad to our new office and become one of our first new patients (friends) and receive your initial consultation, spinal examination, x-rays for only \$37 (a \$200-\$300 value and NO hidden costs or gimmicks).

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## **Dr. Tucker Ford**



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#### 4A Northville Record --- Thursday, April 11, 2002

## Slowing economy hits city to tune of 12% loss

**Continued** from 1

"State shared revenue is primarily sales tax revenue. Last year we received \$752,000. What happened this year [was that] municipalities came to term as the 'double roll' effect, leaving us with a projected \$730,00 in state shared revenue." explained assistant city manager and finance director Nicolette Bateson.

According to Bateson, when the economy slowed down people made fewer purchases. In turn, there was fewer sales tax revenue to share.

"That's the double roll: The economy slowed down and then the state held back some of the money that did come in to balance their budget." said Bateson.

But the additional 2 percent that was added to Michigan's sales tax with the passage of Proposal A in 1994 is subject to the state's budgeting process.

"They have some discretion over whether to allocate all of that [2 percent] or not to cities and townships," said Bateson. The partial cut of the additional two percent in state shared revenue translated into the

"...it's caused us to be very careful because we know we are not going to get [the 12 percent] back."

> Gary Word Northville city manager

loss of over 12 percent due to initial projections from the state being too high.

They had not expected the slow down of the economy to the extent that which it had occurred," said Bateson. "Along the same line, I don't think anyone would have been able to expect that they would have tapped into the 2 percent portion to assist in the state's budget."

The other four percent is protected by the State's constitution and is automatically shared among cities and townships according to a pro capita basis.

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Bateson explained that the loss in revenue was offset by the contingency plan provided for in the budget in the event of uncertainties and the increased activity in building department activity. Each depart-ment was also asked to hold off on purchases or make some budget cuts of their own.

"With everybody helping a little bit we were able to meet the \$120,000 lost." said Bateson. "I think what concerns us most, though, is long term effects because it is our second largest source of revenue."

Word said that for the time being and into the immediate future during the next year, funding for the city will likely be held at current levels.

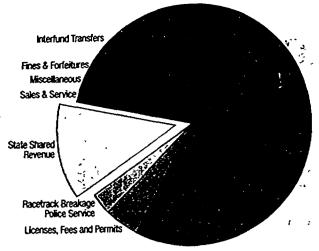
The word we've gotten at this point is that our state shared revenue will not be cut below the level at which it was funded at this year." said city manager Gary Word. "So we don't expect future cuts, but we have in effect established a new base."

Pauline Campos is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 109, or at pcampos@ht.homecomm.net.

#### **City of Northville Revenue Sources** 2002-2003

SOURCE: City of Northville

Property Taxes	\$3,962,815	69%
Licenses, Fees and Permits	267,730	5%
Grants	3,500	0%
Racetrack Breakage/Police Service	e 167,270	3%
Financing Proceeds	0	0%
State Shared Revenue	738,566	13%
Sales and Services	97,670	2%
Miscellaneous	129,530	2%
Fines and Forfeitures	116,000	2%
Interfund Transfers	263,371	5%
	\$5,746,452	100%



## State among tops in trash import

Michigan ranked third among the nation's two chief exporters net importers" of trash, bring- of trash. New York and New net importers" of trash, bringing in 2.755 million tons more of municipal solid waste than it sent elsewhere, according to year 2000 figures.

Only Pennsylvania (11.7 million tons) and Virginia (3.7 million tons) took in more.

In 2001, imports of trash to Michigan rose another 10 percent to total 3.116 million tons. The garbage comes from Illinois, Ohio. Canada. Pennsylvania, Wisconsin and Jersey.

Michigan on the other hand sends out only 85,000 tons of city trash each year. The numbers, the latest avail-

compiled the able. were **Congressional Research Service** and analyzed by the National Solid Wastes Management Association. The analysis found that interstate shipments of

trash have tripled since 1989. the same year the U.S. struck a

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349-1252

Waste Trade Agreement with Canada. It also showed that the number of states receiving trash from outside their borders has grown from 14 to 45.

Those figures are expected to grow in coming years. But the analysis doesn't tell the whole story, according to Bruce Parker, president of the waste management trade association.

Michigan, for instance, also sends 55,000 tons of more toxic "hazardous waste" Canada's way each year, he said.

Thursday, April 18th 7:00 pm **Register** by calling (248) 380-3550 Oakland Physical Therapy, P.C. 47601 Grand River Avenue Suite B124

Novi, MI 48374 (Grand River and Beck Road)

## **"Fit After Fifty"**

Oakland Physical Therapy will present a seminar for all individuals interested in learning current concepts in safe, effective exercise for generalized strengthening and cardiovascular fitness. While all individuals are welcome and will benefit from this class, it is specifically geared to those over 50.

#### **Objectives**

- Identify the key components of a well-rounded fitness program, including exercise frequency, duration and intensity.
- Identify and discuss specific considerations for fitness in the "over 50" population.
- Demonstrate the most appropriate posture to maintain with all exercise and daily activities.
- Demonstrate safe and appropriate ways of stretching key muscles for injury prevention with exercise.
- Discuss appropriate footwear for safe exercise training.

There is no charge for this class, however, space is limited and we do require a RSVP if you plan to attend.

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Thursday, April 11, 2002 - Northville Record 5A

photo by JOHN HEIDER

United Way

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## **Township adds** computer guru to staff ranks

#### **By Pauline Campos** STAFF WRITER

Northville Township has upgraded its staff by adding a brand new computer support specialist. Eric Dickinson, a resident of Howell, was chosen to fill the newly-created position and started work on March 25. Dickinson, previously a data processing coordinator with U.S. Foods, is looking forward to working in Northville. He doesn't mind the 40 minute commute from Howell "on a good day.'

, "I'm originally from southern California, so commuting is inborn." he said.

Dickinson moved to Michigan four years ago to stay close to family. "I think if I had had one more year

of decorating the palm tree for Christmas, I would have gone crazy." he added. Dickinson's responsibilities

include desktop support, web page cand database creation, as well as other computer related activities. The postition is being referred to as "new" only because prior to Dickinson, all computer support was outsourced through a consultant on a part time basis.

"I think Eric's position here rep- pcampos@ht.homecomm.net.

"I think if I had one more year of decorating the palm tree for Christmas, I would have gone crazy."

resents the managed growth of our township staffing need,." said township manager Chip Snider.

tor Dee Bowden, Dickinson was selected based on his previous experience as well as his ability to create web pages and databases.

contribution that I possibly can to the community of Northville." Dickinson said.

reached at (248) 349-1700. ext. 109. or

Eric Dickinson N. Township computer support specialist

According to network administra-

"I am excited to make the biggest

Pauline Campos is a staff writer for the Northville Record. She can be at



Northville Township's computer support specialist Eric Dickinson works on the township's main server systems last Friday.

## Tree seedling giveaway planned

#### By PAULINE CAMPOS STAFF WRITER

The Northville Township and City Beautification committees will be hosting the annual seedling give away April 27. The giveaway will be held from 9 a.m. until noon at Township Hall on Six Mile road.

According to Barbara O'Brien, a member of the township beautification committee, the wide variety of seedlings were purchased by the beautification committees and will be given away for free. Austrian pine, misty blue spruce, Douglas fir, red oak, white pine, and redoisier dogwood are the types of seedlings that will be available. Each resident

who attends should expect to receive about five seedlings along with directions on how best to care for them.

Detroit Edison provides the following tips for those considering planting trees:

Determine if you are planting trees or shrubs to provide shade, a colorful view, or privacy before you plant them.

· Avoid planting large trees too close to a walkway or drive as their roots can rise and break the pavement.

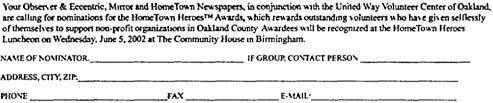
· Consider the size of your residential lot to the size of the tree you want to plant will reach at maturity. • Remember that trees grow in two

directions: Out and up. Keep this in mind when planting so that proper placement of your tree is ensured.

"Last year we had a very success-ful turnout even though it rained cats and dogs," O'Brien continued. The beautification committees are hoping to repeat last year's seedling give away success, minus the rain. "It's an effort to keep our city and

our town beautiful, because it is a beautiful city and town and the trees are a part of that," O'Brien said. in the

Pauline Campos is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 109, or at pcampos@ht.homecomm.net.



CATEGORIES DIRECT SERVICE	SENIOR	DYOUTH	DGOVERNANCE	OFAITH BASED
NAME OF NOMINEE				AGE
and wa like which we a	1 (Must v	olunteer for an Oc	kland County non-profit of	rganization)
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PLACE OF VOLUNTEER SERVICE.				YEARS OF SERVICE

AVERAGE NUMBER OF HOURS WORKS PER MONTH SCHOOL ATTENDING (if applicable)

Mirror

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HOMETOWN

NAME OF NOMINATOR.

PHONE

ADDRESS, CTTY, ZIP.

On a separate sheet, in 200 words or less, tell why you have norminated this individual or business. Describe the normine's major accomplicitimental Or a separate socie, in 200 wors or less, ten why you nave nominated tins merivation to obsine's Deservice the horizon activity activity instantiation organization (s) that have benefited from these efforts. Entries must be typewritten. Do not staple pages. Optional, Include a photo (no larger than 5° x 7°) of the nominated person or proup, or for Business Champion nominates, include a photo of persons participating in the volunteer activity. *Entries must be received by Fridey, Mey 3, 2002.* Mail or fax forms to HomeTown Heroes<sup>14</sup> Awards, to united Way Volunteer Center, 50 Wayte Street + Pontiae, MI 48342 + Fax 248-456-8809 + For questions or further information go to www unnedway vakland org or call 248-874-1633

Observer & Eccentric

h) al about you?



are calling for nominations for the HomeTown Heroes<sup>TM</sup> Awards, which rewards outstanding volunteers who have given selflessly of themselves to support non-profit organizations in Oakland County Awardees will be recognized at the HomeTown Heroes Luncheon on Wednesday, June 5, 2002 at The Community House in Birmingham.

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INCOMMUNICIPAL S

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TYPE OF WORK PERFORMED

Northvillerecord com

## Cheery-o! British teacher pays visit

#### **By Jennifer Norris** STAFF WRITER

Two of Northville's elementary schools were visited Tuesday by Kate Nash, an elementary schoolteacher in England.

After applying for a scholarship through the English Speaking Union, Nash was awarded the opportunity to travel to the U.S. to study computer technology.

According to officials, the ESU is a non-profit. tax-exempt organization that initiates and implements innovative programs to expand and improve the comprehension and use of English.

According to Annalee (who legally changed her name such that she has no last name), a Northville resident and president of the English



Speaking Union of Michigan, Nash

ent states.

visit.

Springs

During

Elementary. Kate Nash Nash, who teaches at

Wattenden Primary School in England, said she was interested in learning effective methods to teach students how to use the Internet and discovering how teaching may be enhanced by using such a tool.

In a questionnaire, Nash stated, will be staying in Michigan for four 1"I would like to study the use of 1 computers in primary schools, particularly the use of the World Wide Web and also look at evidence of successful teaching using the Internet at home as a link with school-the 'virtual classroom' concept."

Annalee said Nash is also in charge of the computer program set up at her school in England.

She set up the lab that they have," said Annalee, adding that the lab is a recent addition to the building.

After visiting Thornton Creek Elementary, Nash said she enjoyed the opportunity to interact with the students and see how computers are being used in the school.

"It was excellent," she said,

adding that she has enjoyed the opportunity to see local highlights and attractions. During her visit,

Nash is staying with host families. "It's been absolutely wonderful." said Nash. "It's been lovely. The ESU has just been marvelous."

She said when she returns from her trip, she will be giving a presentation to other ESU branches in England as well as other teachers.

"I'm just so lucky to have the scholarship," said Nash. "I'm so grateful to the ESU for what they provided me. I've met some wonderful people."

Jennifer Norris is a staff writer for the Northwille Record. She can be reached at (248) 349-1700 ext. 107 or by e-mail at inorris@ht.homecomm.net.

#### Engagements



Lutes-White

Timothy Guy Lutes announces the engagement of his daughter, Tricia Renee Lutes of Northville, to

· · · ·

Matthew William White, son of Jon and Sandy White of Temperance. The bride-elect is a 1998, graduate of Novi High School and is cur-rently attending Western Michigan University. The groom-elect is a 2000 graduate of WMU and is

employed as a flight instructor at Bowling Green State University. A Dec. 28 wedding is planned.

#### **Library Lines**

#### **LIBRARY HOURS**

The Northville District Library is open Mon. - Thurs. from 10 a.m. to 9 p.m., Fri. and Sat. from 10 am. to 5 p.m., and Sunday from 1 to 5 p.m. Located at 212 W. Cady St., near City Hall, with parking off Cady St.

For detailed information about programs or services, or to request or renew library materials. call (248) 349-3020.

#### WILD AND CRAZY JUGGLER **ENTERTAINS FOR LIBRARY** WEEK!

Wow! Great! Totally cool! That's what people are saying about the

hilarious and daring juggling antics of Tim Salisbury. Join us on April 16 from 4:15 to 5 p.m. for this special program to celebrate National Library Week, open to children of all ages. No registration is required.

#### **BETWEEN THE LINES**

Join this lively evening book discussion group that meets every second Monday at 7 p.m. On April 8, we will be discussing the non-fiction work. The Outsider: A Journey Into My Father's Struggle With Madness," by Nathaniel Lachenmeyer.

#### JUNIOR BOOKS CHAT AND CHOW

Kids in grade 4 and up. join us for this lively book discussion group that meets each month. On April 24 at 4:15 p.m. we will be discussing "Can of Worms" by Kathy Mackel.

Please sign up and request a copy of the book at the Information Desk or by calling the library.

#### MIDDLE EARTH MAGIC: **TOLKIEN AND HIS WORLD**

Fans of "The Lord of the Rings" series are invited to hear more about the creator this mythic trilogy on April 18 at 7 p.m. Philip and Amalie Helms, editors of the Journal of the American Tolkien Society, will present an overview and discussion of the author and his work

Please register at the library or by calling.

#### LIBRARY BOARD MEETING

The next meeting of the Northville District Library Board of Trustees will be April 25 at 7:30 p.m.

The public is welcome to attend these monthly meetings, which are typically scheduled on the fourth Thursday of the month.



THE NORTHVILLE RECORD Published Each Thursday By The Northville Record 104 W. Main Street Northville, Michigan, 48167 Periodical At Northville, Michigan

#### Subscription Rates:

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#### HomeTown Newspapers"

HomeTown Newspapers" A Subsidiary of HomeTown Communications Network. Postmaster, send address changes to: The Northville Record, Post Office Box 470, Howell, MI 48844. POLICY STATEMENT. All advertising published in HomeTown Newspapers" is subject to the conditions stated in the applicable rate card, copies of which are available from the advertising department, The Northville Record, 104 W. Main Street, Northville, Michigan, 48167. (248-349-1700). HomeTown Newspapers" reserves the right not to accept an advertiser's order. HomeTown Newspapers" ad-takers have no authority to bind this newspaper and only publication of an advertisement shall constitute final acceptance of the advertiser's order. Postmaster, send address changes to: The Northville Record, Post Office Box 470, Howell, MI 48844.

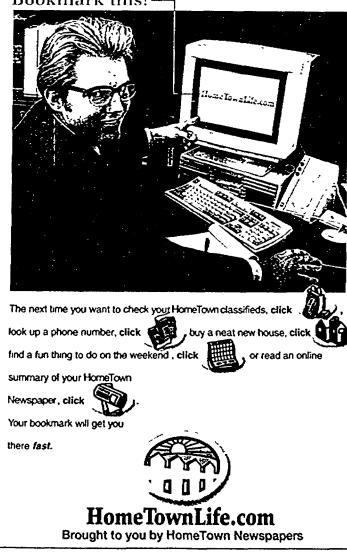
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## MARCH 1 APRIL

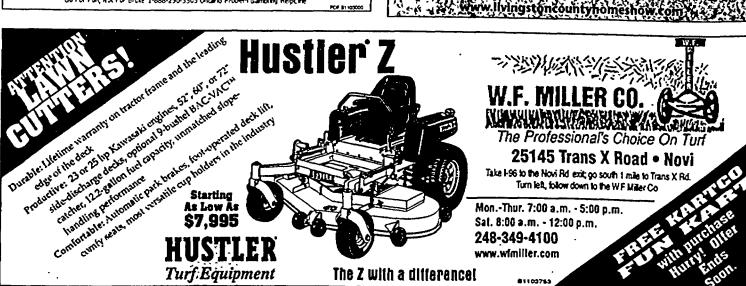
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#### **Obituaries**

#### **Donald L. Jones**

Donald Jones of Northville died April 2 at St. Joseph Mercy Hospital in Ann Arbor. He was 71,

Mr. Jones was born Sept. 12, 1930
Mr. Jones was born Sept. 12, 1930
In Flat Rock to Asa L. Jones and
Gladys Kirkendall. A long-time resition of Northville, Mr. Jones worked as a surveyor for Warner, Cantrell and Padmos, Inc. A protestant, Mr. Jones was a veteran of the Korean
Toons was a veteran of the Korean
the Purple Heart and the Korean
Service Medal. Mr. Jones was a
member of VFW Post No. 4012 and an avid bowier.

Mr. Jones is survived by his children, Robin (Ron) Baggett of Northville, Donald (Florence) Jones of Livonia, Barbara (Mark) Lelik of California, Janice Jones of California and David (Cindy) Jones of Romulus; his siblings, Donna (Bud) Affholter of Wyandotte, Robert (Bonnie) Jones of Honor, Lynn Jones of Wyandotte and Norma Kirkendall of Lincoln Park; 11 grandchildren and thre great-grandchildren. He was preceded in death by his son, Paul Jones; his sister, Ruth; and his brothers, Norman and Ekdon, Richard.

A memorial service for Mr. Jones

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was held April 6 at Casterline Funeral Home of Northville. Rev. Gordon Nusz of First United Methodist Church of Northville officiated. Interment will be at Rural Hill Cemetery in Northville.

Memorial contributions may be made the Disabled American Veterans, 477 Michigan Ave., Room 1200, Detroit, Mich. 48226; or to the Veterans of Foreign Wars, Dept. Headquarters, 924 N. Washington, Lansing, Mich. 48906.

Funeral arrangements were made by Casterline Funeral Home.

#### **Thomas Arthur Rose**

Thomas Rose of Northville died April 5 at Angela Hospice in Livonia. He was 75.

Mr. Rose was born Feb. 17, 1927 in Detroit to the late Percy and Mary Dinser Rose. A resident of Northville for 30 years, Mr. Rose was the founder and chairman of the board of Weathervane Windows until he retired in 1999. He was a member of the Walnut Creek Country Club and the American Knife Throwers Alliance.

Mr. Rose is survived by his wife,

Mary Ann Rose; his son, Gary (Patricia) Rose of Novi; his grandchildren, Michael and Elena Rose; and his, siblings, Mickey Rose' of Nashville, Tenn., John Rose of Fredericksburg, Pa., Joanne Galloway of Wixom, Marjorie Dettloff of Bloomfield Hills and Mary Lou Bongiovi of Annville, Pa.

Mr. Rose was preceded in death by his parents and brothers, Richard and Donald Rose.

Memorial contributions may be made to Angela Hospice. Funeral arrangements were made by Northrop-Sassaman Funeral Home of Northville.

#### **Jerome Francis Hockle**

Jerome Hockle of Northville died April 7 at Cambridge-South Health Care Center Beverly Hills, Mich. He was 86.

Mr. Hockle was born Feb. 23, 1916 in Jonesboro, Ark. He is survived by his daughter, Paula (Jeff) Kirsh of Northville; three grandchildren; his nephew rich (Sherry) Hockle; and his special friend Helen Johnson. Mr. Hockle was preceded in death by his wife, Wilma. A memorial Mass for Mr. Hockle was celebrated April 9 at St. Gerald Church in Farmington Hills. Father John Menner officiated the service. Mr. Hockle will be cremated.

Funeral arrangements were made by Heeney-Sundquist Funeral Home of Farmington Hills.

#### Del F. Campbell

Del Campbell of Salem Township died April 7 at University of Michigan Hospital in Ann Arbor. He was 94. Mr. Campbell was born Nov. 1, 1907 in Detroit to Claude Campbell and Alice Powers. A Northville High School graduate, Mr. Campbell worked as an electrician at Auto City Candy Company.. He was a member of Salem Bible Church and the Northville Masonic Lodge. He married Marjorie Campbell in 1932. She preceded him in death in 1988.

Mr. Campbell is survived by his children, Dawn (Cliff) Schroder of Howell and Leo (Noble) Campbell of Pontiac; seven grandchildren and 12 great-grandchildren. He was preceded in death by one brother. A memorial service for Mr. Campbell was held April 10 at Casterline Funeral Home of Northville. Pastor Lance Rubringer of Salem Bible Church officiated the service. Interment will be at Worden Cementery in Salem.

Memorial contributions may be made to the Alzheimer's Association / Detroit Area Chapter, 17220 W. Twelve Mile Road, Ste. 100, Southfield, Mich. 48076.

Funeral arrangments were made by Casterline Funeral Home.

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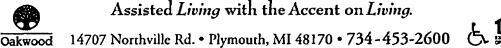


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## **NHS student selected to** international stage program

#### By Jennifer Norris STAFF WRITER

Northville High School Junior Jonathan Masnari will soon be

packing his bags for Europe. According to Michael and Krystn Masnari, Jonathan's parents, their son has been selected to perform with "The Sound of America Honor Band and Chorus," a national performing organization.

"This is group that is by invita-tion tryout only," said Michael Masnari, who added that Jonathan will join other selected student musicians - chosen from applicants representing nearly every state — when the Sound of America Honor Band and Chorus begins its 2002 European Concert Tour in July.

Masnari said his son will be performing at various locations in Europe. The destinations include visits to Germany, Austria, Switzerland, Italy, France and Luxembourg. "I think it's kind of an opportuni-

ty of a lifetime," Masnari said. "It's an opportunity to not only perform for a number of different audiences, but it's a great chance to see Europe and the great sites over there.

According to Jonathan's parents, all student performers will meet on the campus of Dickinson College in Pennsylvania on July 5. After four days of intensive rehearsal and orientation, the group will depart from the John F. Kennedy International Airport in New York for Frankfurt, Germany, they said.

"it's an opportunity to not only perform for a number of different audiences, but it's a great chance to see Europe and the great sites over there."

#### Michael Masnari father of Jonathan Masnari

His parents also said the group is scheduled to present eight performances in some of Europe's finest concert halls during its 25day concert tour.

Masnari said Jonathan, an accomplished trombone player, has been studying the instrument for the past six years. In addition, he has been a member of the upper classman symphonic band and Jazz I Ensemble for the past three years.

"He's pretty good." said Masnari, who added that his son will have the opportunity to go on various tours when the group is not performing or rehearsing.

Students who have qualified for the trip are responsible for all costs, although Masnari said his son will likely be doing fundraising activities to offset the cost.

Masnari said Jonathan learned he was accepted to the program about three weeks ago.

"He received a letter in the mail indicating he had been selected to try out for this group," said Masnari. "I don't know how they got his name. He had to submit a taped audition along with his application. One of the pieces [was] "Stars and Stripes Forever."

According to his parents, Jonathan has attended the Blue Lake Fine Arts Camp, the Summer Youth Institute at the University of Michigan and Interlochen Center for the Arts. In addition, he was a member of the Michigan Youth Orchestra in Ann Arbor.

Masnari said this will be the first time that Jonathan has traveled abroad.

"It's one of those opportunities that comes your way...and you don't get that chance again," he said.

Jennifer Norris is a staff writer for the Northville Record. She can be reached at (248) 349-1700 ext. 107 by e-mail at inorris@ht.homecomm.net.

#### **CITY OF NOVI**

NOTICE IS HEREBY GIVEN that the Woodlands Review Board, of the City of Novi, will hold a meeting on Thursday, April 18, 2002 at 4:30 PM at the City of Novi, Community Development Conference Room, Novi, Michigan to review the Woodlands Review Board Permit Application for Chris Stone Lot 21, Park Place Subdivision (Case #02-02). ALL INTERESTED PERSONS are invited to attend. Any written comments may

be sent to Novi Parks, Recreation and Forestry, Attention: Woodland Review Board, 45175 West Ten Mile Road, Novi, Michigan 48375, until 3:00 p.m., Thursday, April 18,

ROBIN KUMMER, NOVI PARKS, RECREATION AND FORESTRY (4-11-02 NR/NN 1103708)

## **Mill Race Matters**

Northvillerecord com

APRIL 11	9 a.m.	Archives open	Cady Inn
	4 p.m.	Brownies tour of Mill Race	Buildings / grounds
	6 p.m.	Progressive dinner committee meeting	Cady Inn
APRIL 12	9:30 a.m.	Girl Scout leaders' meeting	Cady inn
APRIL 13	1 p.m.	Colonial Reinactors' meeting	Cady Inn
APRIL 14	10 a.m.	Mill Creek Community Church	Church
	2 p.m.	Eagle Scout ceremony	Church
	5:30 p.m.	17th Michigan Reinactors meeting	Church
APRIL 15	4 p.m.	Brownies	Cady Inn
APRIL 16	9 a.m.	Stone Gang	Buildings / grounds
	4 p.m.	Thornton Creek Scouts	Buildings / grounds

The Northville Historical Society is a non-profit organization which maintains Mill race Village. One important component of keeping the village alive is its membership. If you want to help preserve this living museum and have not yet joined the Historical Society, please contact the office at (248) 348-1845 or stop in any weekday from 9 a.m. to 1 p.m.

While you are doing your spring cleaning, keep the Northville Historical Society in mind if you have some treasures you've decided to let go of. We are gathering pieces for our annual auction held at Mill Race Village on July 4. If you have something you once loved and the love affair is over, please contact us. It could become the love of someone else's

Read then Recycle

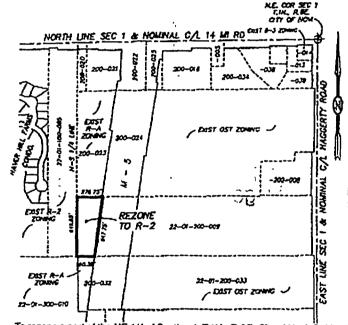
#### CITY OF NOVI **PUBLIC HEARING NOTICE**

Our future

depends

on 86.

NOTICE IS HEREBY GIVEN that the Planning Commission for the City of Novi will hold a public hearing on Wednesday, May 1, 2002 at 7:30 p.m. in the Novi Civic Center, 47175 W. Ten Mile Road, Novi, MI to consider ZONING MAP AMENDMENT 18.618 FOR POSSIBLE RECOMMENDATION TO CITY COUN-CIL FROM REZONING ON PROPERTY LOCATED ON THE SOUTH OF 14 MILE ROAD WEST OF M-5, FROM RA (RESIDENTIAL ACREAGE) TO R-2 (ONE FAMILY RESIDENTIAL) OR ANY OTHER APPROPRIATE ZONING DIS-TRICT.



To rezone a part of the NE 1/4 of Section 1, T.1N., R 8E, City of Novi, Oakland County, Michigan, being part of parcel 22-01-200-009 more particularly described as follows:

Beginning at a point on the West right-of-way line of the M-5 Highway, said point being S02°30'22'E 2483.18 feet along the East line of Section 1 (nominal C/L of Haggerty Road) and S86°43'09'W 2594.58 feet from the NE corner of Section 1; thence continuing S86°43'09'W 190.38 feet to a point on the N-S 1/4 line of Section 1; thence N02°45'05'W 641.55 along said N-S 1/4 line; thence N88°48'25'E 276 55 feet to a point on the West right-of-way line of the M-5 N88°48'32'E 276.75 feet to a point on the West right-of-way line of the M-5 Highway; thence S04°53'41'W 647.75 feet along said right-of-way line to the point of beginning. Containing 3.44 acres. FROM: R-A RESIDENTIAL ACREAGE TO: R-2 ONE-FAMILY RESIDENTIAL DISTRICT IO: H-2 ONE-FAMILY RESIDENTIAL DISTRICT ORDINANCE NO. 18.618 ZONING MAP AMENDMENT NO. 618 CITY OF NOVI, MICHIGAN All interested persons are invited to attend. Verbal comments will be heard at the public hearing and any written comments must be received by the Planning & Community Development Department, 45175 W. Ten Mile Road, Novi, MI, 48375, until 5:00 p.m. on Wednesday, May 1, 2002.

## Re-Upholstery Special Sofas as low as \$560 All Fabrics 15% OFF! **DICK'S UPHOLSTERY** 19162 Farmington Road • N. of 7 Mile • Livonia (248) 471-6590 · · · · **NOTICE OF PUBLIC HEARING - REZONING**

CHARTER TOWNSHIP OF NORTHVILLE

DATE:	APRIL 30, 2002
TIME:	7:15 p.m.
PLACE:	Northville Township Civic Center
	41600 Six Mile Road
	Northville, MI 48167

The Planning Commission of the Charter Township of Northville has scheduled a Public Hearing for Tuesday, April 30, 2002 at 7:15 p.m. at the Northville Township Civic Center, 41600 Six Mile Road, Northville, Michigan, on a proposed Rezoning. This request is to rezone property located on the west side of Beck Road, north of 5 Mile Road, Northville Township, MI, from R-2 Single Family Residential to OS Office. The public is invited to attend this public hearing and express their comments and questions. Written comments regarding the pro-posed changes will be received by the Township Planning Commission, 41600

**CITY OF NOVI NOTICE OF ADOPTION ORDINANCE NO. 02-37.24** 

NOTICE IS HEREBY GIVEN that the Novi City Council has adopted Ordinance No. 02-37.24-AN ORDINANCE TO AMEND THE CITY OF NOVI CODE OF ORDINANCES, AS AMENDED, CHAPTER 34, DIVISION 4, SUBDI-VISION XI TO ESTABLISH THE MEADOWBROOK CORPORATE PARK WATER MAIN EXTENSION AND SERVICE DISTRICT AND TO PROVIDE FOR USER CONNECTION FEES FOR SERVICE FOR THE REIMBURSEMENT OF CON-STRUCTION COSTS.

STRUCTION COSTS. The provisions of the ordinance shall become effective lifteen (15) days after is adopted by the Cry Council on Monday, April 1/2 2002 and will be effective April 16, 2002. A complete copy of the Ordinance is available for public use and inspection at the office of the Cry Clerk, 45175 W. Ten Mile Road, during the hours of 8.00 a.m. and 5:00 p.m. prevailing local time. (4-11-02 NR/NN 1103162) MARYANNE CORNELIUS, CITY CLERK

#### **CITY OF NOVI PUBLIC HEARING NOTICE**

NOTICE IS HEREBY GIVEN that the Planning Commission for the City of Novi will hold a public hearing on Wednesday, May 1, 2002 at 7:30 p.m. in the Novi Civic Center, 47175 W. Ten Mile Road, Novi, MI to consider ZONING ORDI-

LODIA RICHARDS, SECRETARY,

West Six Mile Road, Northville, MI 48167

(4-11-02 NR 1103161)

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DATE: TIME:

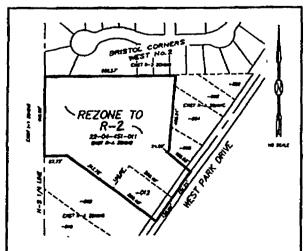
LISA ANDERSON, CHAIR PLANNING COMMISSION

#### **CITY OF NOVI** NOTICE OF ENACTMENT **ZONING MAP AMENDMENT 18.614**

THE CITY OF NOVI ORDAINS: Part I. That Ordinance No. 97-18, known as the Zoning Ordinance of the City of Novi is hereby amended as indicated on ZONING MAP NO. 18.614, attached hereto and made a part of this Ordinance. Part II. CONFLICTING PROVISIONS REPEALED, Any Ordinance or parts of

any Ordinance in conflict with any of the provisions of this Ordinance are hereby repealed.

Part III. WHEN EFFECTIVE. The provisions of this ordinance are hereby declared to be necessary for the preservation of the public peace, health and safety and is hereby ordered to take effect fifteen (15) days after final enactment. The effective date of this Ordinance is April 16, 2002.



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#### # 22-04-651-811

#### 22-04-451-012

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ORDINANCE NO. 18.614

ZONING MAP AMENDMENT NO. 614

MADE AND PASSED by the City Council of the City of Novi, Michigan this 1st day of April, 2002. Copies of the Ordinance Amendment may be purchased or inspected at the Office of the City Clerk, Novi, Michigan, weekdays between 8:00 AM and 5:00 PM, local time.

(4-11-02 NR/NN 1103163)

**;** 

RICHARD J. CLARK, MAYOR MARYANNE CORNELIUS, CITY CLERK

CMC Center, 47175 W. Ten Mile Road, Novi, MI to consider <u>ZONING\_ORDI-NANCE TEXT AMENDMENT 01-18.170:</u> AN ORDINANCE TO AMEND ORDINANCE NO. 97-18, AS AMENDED, THE CITY OF NOVI ZONING ORDINANCE, FOOTNOTE(u), OF THE SCHEDULE OF REGULATIONS CONTAINED WITHIN SECTION 2400 OF SAID ORDINANCE, RELATING TO HEIGHT REQUIREMENTS IN AN OST DISTRICT; AND TO AMEND SUBPART 2509.6(g), RELATING TO BERMS, IN ORDER TO CLARIFY THE PLANNING COMMISSION'S AUTHORITY TO WAIVE REQUIRED BERMS WHEN ADJACENT TO RESIDENTIAL DISTRICTS UNDER CERTAIN CIRCUM-STANCES. STANCES.

All interested persons are invited to attend. The proposed ordinance is avail-able for review at the Planning Department. Verbal comments will be heard at the public hearing and any written comments must be received by the Planning Department, 45175 W. Ten Mile Road, Novi, MI, 48375, until 5:00 pm. on Wednesday, May 1, 2002. NOVI PLANNING COMMISSION

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For information call

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STORAGE ST

(4-11-02 NR/NN 1103916)

(4-11-02 NR/NN 1103915)

**NOVI PLANNING COMMISSION** LODIA RICHARDS, SECRETARY

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Final Registration May 2 and 3

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## **Reciprocation planned for hazardous waste days**

#### Continued from 1

realized that all of our communities are underserved in this regard."

"Our division receives a lot of calls from residents inquiring about what they can do with their household hazardous waste," said Vangieson. "And if their community does offer it, most people are not willing to wait a year if they just missed their communities program."

Vangieson's original intent had been to start a coalition between the communities of Northville, Northville Township. Livonia, Plymouth, and Plymouth Township. allowing residents to utilize the

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cooperating communities programs. But since Northville and Northville Township combine their program and the Plymouth communities decided to not participate in this year's coalition, residents will have just one more day to dispose of waste.

"That's still better than one," said Vangleson. "And we are going to keep working together to make it larger.'

According to Gallogly, Plymouth and Plymouth Township have decided to step back for a year to observe how the new program progresses

"This is the first time they are

"If residents decide to carpool, it will help with the cost."

> Jim Gallogly city of Northville public works

offering a joint program to their residents and I think they just wanted to see how things go. If things go well I'm sure they'll consider joining us next year. And I'm sure they'll do

As for Northville and Livonia, residents will now have two days a year to properly dispose of hazardous waste. Northville will be hosting its sixth annual program on Sept. 21 and Livonia's will be held on May 4. Northville/Northville Township will pay Livonia \$31 per vehicle for using their program and Livonia will do the same for their residents using Northville's program.

"The cost is per car. It's \$31, whether it is one can of paint or 20." said Gallogly. "If residents decide to car pool, it will help out with the

The \$10,000 cost to the city will be offset by the \$12 monthly charge for the residential solid waste program.

Residents will be able to dispose of oil-based paints, any kind of fuel, insecticides, and mercury. Ammunition will not be accepted. A thermometer exchange will also be held for residents who still posess mercury thermometers. The Wayne County department of environment will be supplying free non-mercury digital thermometers.

Latex paint, although non-hazardous, will be accepted in the Northville program only. Those resi-dents who have only latex paint to dispose of are encouraged to put the cans of paint out with the weekly

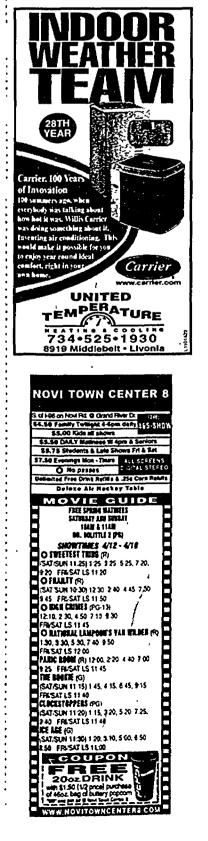
trash after having popped the lid and letting the paint dry. Hazardous materials or not, the city will be charged per vehicle.

Environmental Quality Company of Ypsilanti will be on hand for each community's hazardous waste day to properly dispose of materials.

They've done it for all five years that we have offered the program." said Gallogly. "And they have always done a great job."

Pauline Campos is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 109. at or pcampos@ht.homecomm.net.





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Northvillerecord.com

#### **Community Events**



"Jack and the Beanstalk" will be appearing at the Marquis Theatre now through April 20. For additional info, see below.

#### THIS WEEK

WHAT: "Jack and the Beanstalk" DATE: Various dates, now through April 20

LOCATION: Marguis Theatre (135 .E. Main)

TIME: 2;30 p.m. each show **DETAILS:** The show welcomes school classes, birthday parties and groups, but children under three are not admitted. Tickets to all shows are \$7.50

PHONE: (248) 349-8110

WHAT: Nutrition lecture DATE: April 11 LOCATION: Main Street Family Chiropractic Center (109 W. Main)

TIME: 7 p.m. DETAILS: Registered nurse Chris Doyle will discuss the fundamentals of making the right food choices. Registration is required. PHONE: (248) 735-9800

WHAT: Kindermusik classes DATE: April 12 (runs for multiple weeks)

LOCATION: Northville Center for Music & Arts (145 N. Center) TIME: Call for info

DETAILS: Classes are offered for 1 children of all ages, from newborns through 4 years old. Children and their caregivers will interact or learn about music in an age-appropriate manner. A \$20 deposit is due the

first day of class. Other fees will

apply. PHONE: (734) 464-1412

WHAT: Marathon training / participation opportunity DATE: April 13

LOCATION: Running Fit (17783 Haggerty)

TIME: 9 a.m.

DETAILS: Runners, walkers, cyclists, skaters and triathletes will have the chance to train and participate in events around the country. Registration is requested. PHONE: (800) 456-5413

WHAT: Northville Genealogical Society meeting DATE: April 14

LOCATION: Northville District Library (212 W. Cady) TIME: 2:30 p.m. (1:30 p.m. meet-

ing for newcomers to family research)

**DETAILS:** The meeting will feature Plymouth genealogist Kathy Patlewski, who will address the complexities of locating women in a family history. PHONE: (734) 878-0361

WHAT: Arthritis Foundation Walk DATE: April 14 - \* \* \*\*\*\* LOCATIÓN: Northville (call for specific start location) TIME: Call for info

DETAILS: The walk benefits persons afflicted with arthritis.

PHONE: (734) 354-1856

WHAT: Sarah Ann Cochrane Plymouth-Northville Chapter / Daughters of the American **Revolution sandwich luncheon** 

DATE: April 15 LOCATION: Plymouth Library

(223 S. Main, Plymouth) TIME: Noon

**DETAILS:** Wear loose-fitting clothes, as a portion of the meeting will be devoted to learning tai chi. PHONE: (734) 455-5525

#### • LOOKING AHEAD •

WHAT: Grief support workshop for adults

DATE: Begins April 18 (runs for seven consecutive Thursday evenings)

LOCATION: New Hope Center for Grief Support (113 E. Dunlap) TIME: 7 p.m.

DETAILS: The workshop will allow adults to discuss and deal with normal grief responses following the death of a loved one. The sessions are free, but registration is required. PHONE: (248) 348-0115

WHAT: Northville Parks & Recration used sports equipment sale

DATE: April 20

LOCATION: Northville Recreation Center (303 W. Main) TIME: 9 a.m. - noon **DETAILS:** Items for sale may be dropped off from 2 p.m. to 7 p.m. on April 19. the Department will sell

the equipment for the prices the seller requests, but will retail 25 percent of the cost. Unsold items must be picked up between 1 p.m. and 4 p.m. on April 20. Unclaimed merchandise willbe discarded. PHONE: (248) 349-0203

WHAT: Northville Historical Society progressive dinner DATE: April 20 LOCATIÓN: Call for info TIME: 7 p.m. **DETAILS:** A simple but elegant meal will be eaten in stages, beginning at Bellagio, a showcase home. Tickets are \$50 for members and \$55 for non-members, which includes a membership in the Society.

PHÓNE: (248) 349-5435

ED BY KIRK & RACHEL BADE/

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WHAT: "Believer!" youth musical DATE: April 21 LOCATION: Novi High School

Fuerst Auditorium TIME: 5 p.m.

DETAILS: Some 235 teens from First United Methodist Church of Northville will be participating in the Christian musical. Open seating is available on a first-come, first-served basis.

PHONE: (248) 349-1144

WHAT: Arianna String Quartet performance

DATE: April 21 LOCATION: First Presbyterian Church of Northville (200 E. Main Street)

TIME: 7 p.m. DETAILS: A performance by younger-aged musicians will feature a string program of composers Schubert, Mozart and Beethoven.

DATE: April 24

PHONE: (248) 349-0911

WHAT: Northville Senior Center "Senior" Prom

LOCATION: Hiliside Middle School (775 N. Center)

TIME: 4 p.m. - 6:30 p.m.

DETAILS: Senior citizens will be given a meal prepared by students from Hillside and then have the chance to dance to music played by the Northville High School jazz band.

Continued on 12





## April 19, 20, 21, 2002 Novi Expo Center Novi, MI

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#### **Northville School Briefs**

#### MORAINE: KINDERGARTEN ROUND UP If you have a child who will be in kindergarten next year, the Parent

Orientation will take place on May 2 at 6:30 p.m. at Moraine Elementary. Kindergarten Round Up will take place

on the atternoon of May 9 and the moming of May 10. Parents of incoming kindergarten students will receive a letter prior to Kindergarten Round Up, indicating which one-hour session their children have been assigned to attend, along with other important information. Note that this year's afternoon kindergarten students will not have school on May 9 while this year's morning kindergartens students will not have school on May 10 due to Kindergarten Round Up.

For more information, Moraine Elementary can be reached at (248) 344-8473.

RESOURCE FAIR—APR. 13 The Early Childhood Community Resource Fair is scheduled to take place April 13 from 10 a.m. until 2 p.m. in the Northville Community Center, located at 303 West Main.

This fair will be an opportunity to meet with community resource staff and hear about programs and organizations that provide services or products for families with children newborn through 5 years old.

There is no charge for admission. The event is sponsored by the Northville Public Schools Early Childhood Center.

MORAINE FUN FAIR The Fun Fair is scheduled for May 31 from 5:30 p.m. until 8 p.m. at Moraine

EVERY GIRL IN AMERICA SHOULD

HYPERTIME IT TO SEE JESSE

WAY-COOL SPECIAL EFFECTS

BEACON EAST

BRADFORD IN THIS FILM."

ICK TO THE FUTURE' FOR A NEW GE

#### UP Elementary.

Note the date on your calendar and consider volunteering to work a shift, or donating one or two of many needed items. The Fun Fair is currently in need of a deejay for the evening.

Along with the Fun Fair, there will be a silent auction and a raffle. All of the monies raised from the auction will be donated to the Moraine PTA for the purchase of playground equipment.

Robin Ginnard will be chairing the event along with Fun Fair co-chairs Elizabeth Diminick and Celeste LeFort. They can be reached at (248) 347-1533 or (248) 374-0455.

#### LEARN TO DRIVE

Applications for Segment One Driver Education classes are now available in the Northville High School office. There is a fee of \$185 that covers both Segment One in the summer and Segment Two in the fall/winter. The application deadline is April 18. Even further information, contact Linda

For further information, contact Linda Murphy at (248) 344-8427.

#### QUEEN OF THE SILENT SCREAM The 2002 Hillside Middle School play will be presented April 23 at 7:30 p.m.

Admission is \$1. The play, entitled "Oueen of the Silent Scream" is about Larry Stark of Los Angeles Police Department who takes on a clever adversary while investigating the untimely demise of Norma Starr, the "Oueen of the Silent Scream."

#### DESTINATION IMAGINATION The combined Hillside and Meads Mill Destination Imagination (formerly

"CLOCKSTOPPIN," REART-THUMPIN," FUN

**...** AN EXTERTAINING

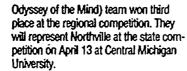
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eens and their parents

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Team members are Shannon Sestak, Kristen Nuyen, Carly Goldberg, Jamie Cotrone, Caitlin Northcutt and Becky Soyster.

#### SENIOR CITIZENS PROM

The 12th annual Senior Citizens Prom will take place April 24 from 4 p.m. to 6:30 p.m. Students will be acting as waiters and waitresses, decorating the room for the event, dancing with the seniors and listen to music performed by the NHS Jazz Ensemble.

ST. PAUL'S OPEN ENROLLMENT St. Paul's Lutheran School in Northville is now holding open enroliment for Preschool through Grade 7. St. Paul's is located in downtown Northville behind Hiller's Market at 201 Elm Street. For more information visit or call (248) 349-3146.

JIM FAY PRESENTS APRIL 15

Jim Fay will be presenting two seminars for parents in the Northville High School auditorium April 15. During the first session from 4:30 p.m. to 6 p.m., Fay will be discussing "Parenting with Love and Logic." With this approach to raising children, adults learn to set firm limits in a loving way, using enforceable statements, choices within limits, sincere questions and empathy. During the presentation, Fay will help parents reflect on their parenting style, common parenting issues and discuss how to raise self-confident, motivated and responsible children.

The second session will run from 7:30 p.m. to 9 p.m. in which Fay will discuss "The Value of Childhood Mistakes."

There is no cost or registration required unless childcare is needed. For information on childcare service contact Karen Waltz at (248) 344-

MEADS MILL MUSIC The Meads Mill eighth grade band received a Superior Rating of a 'l' at the MSBOA District 12 Festival.

8443.

Under the direction of Robin Taylor and Tonya Brown, the eighth grade band students competed in a festival on Saturday, March 16 at Airport High School. Students were graded by three judges in their performance and one judge in sight-reading For their performance, students played a march, a required piece, and a selected piece. In sight-reading, students played a march and an overture that they had never played before.

On Feb. 2, Meads Mill Middle School had 56 seventh and eighth grade band students participate in District Solo & Ensemble. Out of 45 events participating, 32 received supenor marks of a 't' and 10 received excellent marks of a 'l'. Below is a list of the groups receiving a 't' or 'll' rating:

Seventh Grade Jake Whitecar Snare Solo II: Aric Miller Snare Solo I; Elizabeth Qutlen, Mike Yuhas Saxophone Duet I: Jessica Boerger, Hilary Frimenko, Lindsey Vershave Woodwind Trio I; Jackie Zhang, Carlen Zhang Clarinet Duet I; Elliott Huang, Hannah Ackerman, Jeremy West, Stephanie Kozak, Molly Devendorf Woodwind Quintet 1; Kirstyn Wildey, Mary Sprader Clarinet Duet I; Hannah Gill, Kirsten Hogan Clarinet Duet J; Laura Halash French Horn Solo I; Jason Susick Trumpet Solo I; Jeremy West French Horn Solo I; Alex Wolin Trumpet Solo II; Elliott Huang Violin Solo I; Vince Shaw Trombone Solo II: Jeremy West, Laura Halash French Horn Duet II; Kristine Valo Flute Solo I; Mary Sprader Clarinet Solo I; Stephanie Kozak Bassoon Solo II; Susan Snyder Piano Solo I; Molly Devendorf Piano Solo I; Blake Kandah, Matt Bednar, Brian Watson, Sean Kollipara Brass Quartet II; Mallory Lee Flute Solo I; Hannah Ackerman

Flute Solo I; Kristine Valo Piano Solo II; ElEot Huang Piano Solo I.

#### Eighth Grade

Katy Ehlert, Jenny Zhao, Rami Bzeih Woodwind Trio I; Colin Sheidon, Zach Elker, David Juenemann, Chris Fort Saxoohone Quartet 1; Kim Sammut Snare Solo II; Kim Sammut, Jake Whitecar, David York, Jessica Meyer, Matt Sklut, Jake McClory Percussion Ensemble I: Erin Morrell, Sarah Northcutt Hute Duet II; Stephanie Gonzales, Lauren Lutz Clarinet Duet II; Stephanie Gonzales Clarinet Solo I; Jenny Zhao, Amy Song Clarinet Duet I; Ryan Paree Baritone Solo I; Matt Amatangelo Tuba Solo I; David Juenemann Saxophone Solo I; Amy Song Piano Solo I; Jenny Zhao Piano Solo I; Walter Lin Piano Solo I; Emily Smith Piano Solo II: Jason Learman Piano Solo I: Katy Ehlert Flute Solo I; Lauren Bennett Piano Solo I;

H.M.S. STUDENTS LAUDED

Five Hillside Middle School students had their projects accepted in the Science and Engineering Fair of Metro Detroit. The SEFMD will be held at Cobo Hall. Public viewing will be held April 11 and 12.

The five students are Lindsay Williams, Stephanie Bommarito, Elliot Njus, Sarah Ilkhani-Pour and Karlek Johnson.





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#### Northvillerecord.com

## Childhood Center offers info for families with youngsters

#### By Jennifer Norris STAFF WRITER

On April 13, members of the Northville community are invited to attend the Early Childhood Community Resource Fair.

The resource fair, which is being sponsored by the Northville Public Schools Early Childhood Center, is scheduled to take place from 10 a.m. until 2 p.m. in the Northville Community Center, located at 303 West Main in Northville.

"This fair will be an opportunity to meet with community

resource staff and hear about programs and organizations that provide services or products for families with children 0-5 years old," said Joanne Payne, assistant program coordinator of the Northville Public Schools Early Childhood Center.

She said approximately 25 tables, representing various organizations from around the community, will be set up at the fair.

There is no charge for admisslon.

Payne said this is the first year that an Early Childhood Community Resource Fair has been organized and she anticipates a large turnout for the event.

She also said that participants will find information about edu-cational opportunities for parents and children, health care services, safety, nutrition and recreational activities for young chil-

"Our goal is to create a network of support for Northville families with children ages 0-5 because the early years are so important." said Payne. "It's just meant to be a fun, informative event for families.

She said children are welcomed and encouraged to attend. The resource fair has received funding through a grant.

We did it in conjunction with a parenting education series," said Payne, who added that the community resource fair is the culmi-

nating event which followed a parenting education series of classes which was by sponsored the Northville Public Schools and the Northville District Library.

"We wanted to provide some education and some networking possibilities," she said.

Participating businesses and organizations include Discovery Toys, Early Learning Foundation,

Babies R Us, Center for Financial Planning, Children's Hospital of Michigan, New Morning School, Northville city fire department,

Northville city police department, Co-op Preschool, Northville Northville District Library. Northville Lions Club, Northville Parks and Recreation. Northville Youth Assistance. Providence Hospital, Stay Safe-Starfish Family Services, Scholastic Book Fairs, Wayne County Department of Public Health, Northville First Care, and MOMS.

For more information on the Early Childhood Community Resource Fair, call (248) 344-8465.

## New take on story of Noah's Ark take center stage at area theater

#### By Jennifer Norris STAFF WRITER

Northville residents may split their sides laughing as Genesis Troupe, a community theater group, performs "Two by Two," a musical comedy based on the biblical story of Noah's ark. The upcoming musical is

scheduled to take place May 10-12 and May 17-19. Friday and Saturday shows will begin at 8 p.m. Sunday shows are slated to start at 7 p.m.

The Genesis Troupe performances of Two by Two will take place at the St. Kenneth Parish, located at 14951 Haggerty Road. "We've done a bunch of shows

in the past," said Chris Falkowski, a Genesis Troupe board member and a former Northville resident.

Falkowski said the troupe consists of residents of Northville. Plymouth and scattered surrounding areas.

He said the upcoming play is suitable for a variety of age

dy.

Assistant

groups. "It's family appropriate." said Falkowski. "It's definitely a comegreat group." director and Northville resident Betty Booher

(734) 420-0288. said the cast will consist of eight people and preparations for the

play are well underway. "The play is a musical comedy."

she said. "We'd love to have people come out to see it. We've got a Tickets are \$5 and are avail-

able by contacting the parish at

Falkowski said interested residents may also reserve their tickets online by e-mailing their request, indicating their preferred showdate. number of tickets and name, to genesistroupe@aol.com.

Jennifer Norris is a staff writer for the Northville Record. She can be reached at (248) 349-1700 ext. 107 or by e∙mail Inorris@ht.homecomm.net.

#### Community Events (cont'd)

#### Continued from 10

There is no charge.

PHONE: (248) 349-4140

- WHAT: Lecture on American abstract writer Gertrude Stein DATE: April 25
- LOCATION: Hillside Middle School
- TIME: 7:30 p.m. DETAILS: The discussion will be lead by Michael Farrell. Tickets are
- \$10 and \$5 for students and will be available at the door. PHONE: (248) 449-9950

WHAT: ASP Dinner and Silent Auction

DATE: April 26 LOCATION: First United Methodist

Church of Northville (777 Eight Mile Fload)

**TIME:** 6 p.m. - 10 p.m. **DETAILS:** Tickets are \$10 to the eevent, which will feature such items tas a week in Steamboat Springs, Colo., gardening supplies and tickets to "The Oprah Winfrey Show." The evening's theme is 1950s rock n' roll. PHONE: (248) 349-1144

WHAT: Northville-Northville

Township beautification commission seedling giveaway DATE: April 27 LOCATION: Call for info TIME: Call for info

**DETAILS:** Free tree seedlings will be given away to residents of Northville and Northville Township PHONE: (248) 349-5566

WHAT: Biblical history women's retreat

DATE: April 27 LOCATION: First United Methodist Church of Northville (777 W. Eight Mile)

TIME: 8:30 a.m. - 4:30 p.m. DETAILS: The day will allow women to learn and discover through learning about Biblical history.

PHONE: (248) 380-2027

- WHAT: Friends of Northville Parks & Recreation dinner auction DATE: April 27
- LOCATION: Laurel Manor (39000 Schoolcraft Road, Livonia) TIME: 6 p.m.

**DETAILS:** Proceeds from the event benefit development of Northville and Northville Township parks and rec facilities. Tickets are \$60. The Friends' are a registered 501(c)(3) organization. PHONE: (248) 348-7866

WHAT: First Presbyterian Church of Northville Single Place golf league DATE: May 3 - Aug. 23 LOCATION: Westbrooke Golf Course (Grand River / Beck Road) TIME: 5:30 p.m. tee times DETAILS: Up to 16 league members are eligible to participate. League fees are \$150. Substitutes are required to pay \$15 per round. PHONE: (734) 420-4161

WHAT: Northville Historical Society plant swap DATE: May 4 LOCATION: Mill Race Historical Village (Griswold Street)

TIME: 8 a.m. - noon **DETAILS:** Gardeners are invited to bring any plants, compost or gardening materials they have to trade or deal with fellow gardeners. Those attending should bring their own containers, as well as a refreshment to share.

PHONE: (248) 348-1845



Survivor

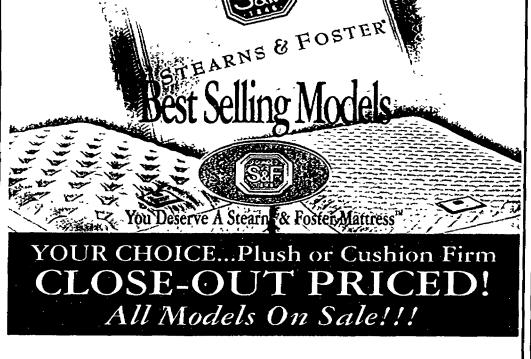
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## Rural Hill annexation takes gradual steps forward

#### Continued from 1

The annexation process began in early March and is essentially a four step process:

• A resolution must first be adopted stating that the city wants to annex the cemetery from the township.

• The township must then adopt a resolution stating that it is willing to release

· the property.

• The city will then adopt a resolution of confirmation.

• Lastly, the resolutions would be sent to the Office of the Great Seal at the Secretary's of State office and to the Wayne County clerk. The process will be complete once the resolutions are filed.

The first step was completed at the city's April 1 council meeting.

The township board of trustees will be presented with the resolution to release the property at their April Both Word and

Snider view the annexation as advantageous to the communities. Snider said annexation would give the city ownership and maintenance responsibilities, and would provide a safeguard to the Northville community because the city would guard that under its current woodland ordinance. The annexation procedure is simplified in matters like this with a working partnership, insofar as after city council and Northville. Township board, approve the resolution, the annexation becomes a lawful merger.

"In addition," Word stated in his written analysis to the city council, "consistent with past practice, it is understood that the city would continue to operate Rural Hills Cemetery as a true community cemetery." Reduced fees would be provided for Northville Township residents who wish to be buried there.

Pauline Campos is a staff writer for the Northwille Record. She can be reached at (248) 349-1700, ext. 109, or at pcampos@ht.homecomm.net.



# **OPINION**

#### Thursday, April 11, 2002

## Northville Record

Part of HomeTown Communications Network<sup>TM</sup>

Chris C. Davis EDITOR Grace Perry PUBLISHER **Richard Brady** VP/COC Jeanne Towar **VP, EDITORIAL** 

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Our fundamental purposes are to enhance the lives of our readers, nurture the home towns we serve and contribute to the business success of our customers.

## Hazardous waste day is a worthwhile effort

Thirty dollars is a

reasonable price to

ronment clean and

residents' health

safe.

pay to keep the envi-

Garage doors are apt to open this city and township residents will be weekend, as warmer weather and blue skies dominate the Northville landscape. Those rays of sun will probably cascade down on shelves that contain all kinds of springand-summer liquids...

Cans of paint. Used motor oil, Antifreeze. Maybe old fuels.

PAGE 14A

Once upon a time, draining those fluids into soil on the side of a house may have been an acceptable way to dispose of them. Those days, thankfully, have gone the way of the dinosaur.

Thankfully,

municipalities are waking up to the fact residents want to be more careful in the disposal of such products. In Northville, Hazardous Waste Day has become as much a part of spring as garden hoses and lawn chairs. That's created a pleasant problem - a massive interest in wanting to eliminate such products has gone beyond just one day a year. Rising population and greater use of household chemicals is forcing communities to find better ways to accommodate the needs of residents.

Northville Northville and Township have hosted five hazardous waste programs over the last four years. Beginning this year,

able to participate in Hazardous Waste Day in the nearby city of

Livonia. That's good news. "It's a popular program," said city of Northville public works director Jim Gallogly. "People love it. The only complaint that we got was that we

offer didn't it enough throughout the year."

At the reasonable cost of roughly \$30 per car, residents can bring as much material as they have to disposal sites. That's about 8 cents a day over the course of year. It's an inexpensive

price to pay for keeping the environment cleaner and ridding homes of materials that can hurt its occupants.

The city and the township should be congratulated on working in tandem with our neighbors to see. this program through.' So tooshould Livonia city officials be saluted for extending a hand across Haggerty. We hope Plymouth city and township administrators decide to jump into the program, as well. There's much to be gained when communities partner with each other.

Now, dust off the lawnmower and the wheelbarrow — spring is upon us!



This sow (female pig) gave birth to a small litter of small piglets about a week ago. One of her piglets, right, weighing around seven lbs., contrasts with the sow at left who weighs in excess of 300 lbs.

## Going from automobiles to animals

27-year automobile executive trad-

ed in a successful career to pursue

more "philanthropic endeavors"

I recently received a reminder of why I appreciate my job so much. The pleasant surprise came in the form of an interesting interview with Bob Thorne the owner of Petland in Novi.

I had called Mr. Thorne to request an interview after I heard of the many early visits he was

despite his claim-to-fame of bringing adjustable brake and accelerator pedals to the automotive market. "In my heart I was a frustrated

social worker that was caught up in the auto world," Thorne said. After finally walking away from the auto Industry, he studied various franchises for about five months.' The University of Michigan-

Dearborn graduate said he has always loved animals, but was adamant about not being involved with a retail establishment.

He then learned about Petland. "It touched my heart and I pulled out my wallet," he told me in his interview. "This is just following my heart.'

Now, he says his sense of accomfollow plishment is enormous and his heart may lead stress level has been dramatically you.

cedar chips.

Thorne explained to me how most pet stores sell the popular bedding material when it is a wellknown published fact it is harmful to an animal's respiratory system. "it is about putting animals

first," Thorne said.

After our interview, I felt touched. A feeling that unforfunately doesn't come after every person I meet. Here is a man in our community who is a positive role model for many

reasons, includ-

ing where tak-

ing a chance to

your

'This'is the "Highlight Box" style. It is just like the quote style except the no name/ attribution is used. Use it to pull an important

childhood ment centers before his Twelve Oaks store opened

Victoria Sadlocha

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ing.

#### GOVERNMENI

#### **UNITED STATES SENATE**

Carl Levin (D-Detroit) 459 Russell Senate Office Building Washington, D.C. (202) 224-6221 senator@levin.senate.gov

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h

Oakland County portion of Northville † Wayne County portion of Northville

thought it sounded like a good story, but after a cup of coffee and a very interesting conversation, I learned I had the opportunity to meet another one of Novi's gems.

Along with all of the wonderful deeds he does, I was also impressed by another living example of a lesson I had been told many years ago. If you follow your dreams, you

will be successful.

With less than two years in as the owner of his store, Mr. Thorne has already seen measurable results of this philosophy.

What many may not know is the

#### reduced.

He even battled kidney cancer shortly after opening his store and still remains a beacon of positiveness.

He loves his store, his employees, his animals and enjoys all the time he spends learning about the world of pets.

"Our pet count at home has went up," Thorne said.

During our time together he spewed so many animal facts and passionately told me about practices his store does and does not maintain to put the animals first. One example is he does not sell

So if you are ever shopping point from the in Twelve Oaks

Mall, stop in at the lower-level

Petland store and take a puppy into the play area, but make sure you do not leave without saying hello to Mr. Thorne.

Your day might just be a little better too.

Victoria Sadlocha is a staff writer for the Novi News and Northville Record. She can be reached at (248) 349-1700, ext. 105 or at vsadlocha@ht.homecomm.net.

## Hillside student heads to geography bee

#### **By Jennifer Norris** STAFF WRITER

Joined by students throughout Michigan, Hillside Middle School student Andrew Kelly was selected to compete in the National Geographic Bee at Central Michigan University Friday.

Wayne Kiefer, state of Michigan coordi-nator for the National Geographic Bee, said the competing students became eligible to participate in Friday's contest after winning their local school bee competition and then earning a top score on a written 60-question exam.

"The way they got here was to compete through their school," said Kiefer, who is also a Central Michigan University geography professor.

He said the written tests are graded by state. The best 105 scorers were invited to compete at the state level competition.

During the contest, Kiefer said the students were split into five groups and underwent eight rounds of questions. The 10 best scorers out of the five groups then compete for the state championship, he said

Students in grades 4-8 from all parts of Michigan were included in the competition

"It's just terrific," said Kiefer. "These kids amaze us. None of us would want to take that test. These kids amaze us every year. That wasn't easy to qualify as one of ne top 100 in the state."

Kelly, who is a seventh grade student at Hillside Middle School, said he was elated to learn he earned the honor to represent his school at the state level competition.

"That was a good day," he said. "I figured I was going to be out on the first round of questions."

Christine Kelly, mother of Andrew Kelly, said her son has always had an interest in geography.

"I'm very proud of him," she said. "It's basically 100 contestants and there are two levels of competition. There's really no way they can prepare for this."

She said Andrew's inquisitiveness about geography began at a young age.

"At age three, his dad was in China at the time and he brought me over to a globe and was showing me where Beijing [was located] on the globe," she said.

According to contest officials, the winner in each state will advance to the national finals in Washington on May 21 and 22 to contest for National Geographic crown, first prize of a \$25,000 college scholarship and a lifetime subscription to National Geographic magazine. The second and third-place winners in the national competition will receive \$15,000 and \$10,000 scholarships respectively.

Kiefer said in past years, Michigan stu-dents have earned top honors in the competition.

"We've had three national first place winners from Michigan and one third place from Michigan," he said.

Jennifer Norris is a staff writer for the Northville Record. She can be reached at (248) 349-1700 ext. 107 or by e-mail at jnorris&ht.homecomm.net.

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## **OTHER OPINIONS**

#### Page 15A

Thursday, April 11, 2002

**Proposal A was** 

## Proposal A has a dark side, too

Proposal A, passed back in 1994, revolutionized school financing in Michigan. But serious defects in the new system have emerged over the years. It's time to fix them.

Proposal A cut local school property taxes by two-thirds and raised the state sales tax from 4 percent to 6 percent to make up the lost

revenue. Each

received a guar-

grant of \$4.200

per pupil, a figure

which has since

grown to \$6,500.

Although voters

were allowed to

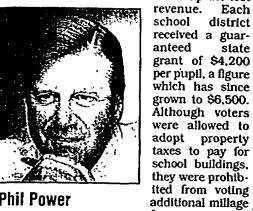
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Phil Power

operating expenses. Forty-five higher-spending districts were allowed to levy limited "hold harmless" millages to support high quality programs.

for

The results in equalizing K-12 expenditures from district to district were dramatic. Before Proposal A was adopted, the difference in spending between the richest district and the poorest was three to one; today it's two to one. Before Proposal A. 508 of the state's 555 school districts spent less than the \$6,500 basic grant; today, 455 districts spend between \$6,500 and \$7,000 per pupil.

So far, so good. Poorer school districts are getting more per pupil funding and the spending gap between poor districts and rich ones is far less than it used to be. And there is some evidence (through MEAP results) that kids in poor districts are doing better today.

But — and it's a big "but" — it's impor-tant to bear in mind the deal that really sold Proposal A to the voters, especially those in relatively well to do, high-voting school districts: Proposal A will bring up schools at the bottom, but it won't pull down the high quality districts at the top.

As the years have passed, it is precisely those good school districts that are being pinched. Look around. In districts from Birmingham to Canton Township, from Northville to Southfield, funding for good school districts isn't keeping up with inflation. Good teachers are being laid off - East Lansing plans on cutting a third of its teachers at the end of the school year. Valuable programs are being cut. Good school districts with declining

enrollments - Livonia comes to mind are being especially hard hit because their variable per pupil funding from the state is going down but their fixed costs keep going up. Rapidly growing districts - Northville, for example - are also being squeezed, too. They can pass property taxes to build new schools, but they have to rely on fixed state grants to operate them.

The problems with Proposal A are now so clear that parents and school officials are taking notice. A couple of weeks ago, a grass-roots group called Michigan Citizens for Fairness in Public Schools Funding held a forum in Canton Township to discuss changes in Proposal A. They invited various candidates for governor to speak, most of whom were predictably less than forthright.

They are running the risk of getting out of sync with the voters. A statewide poll published in the March 25 edition of The Detroit News indicated that 75 percent of voters want the option of raising taxes to pay for increased operating budgets for their schools.

Some legislators are beginning to respond. A bill allowing voters to levy

local taxes to fund local school operations has been introduced by Rep. Patricia "Pan" Godchaux (R-Birmingham). Other proposals would require rich districts that raise property taxes to divert some of the money to poorer districts.

it's easy to make snide remarks about rich school districts feeling pinched, but at the end of the day

it's self-defeating. Birmingham and Bloomfield Hills districts, for example, designed to pull spend more than \$11,000 per pupil. But the communiup the worst ties and families schools, not to they serve have high expectations pull down the that's part of why best. Prop A's they moved there in the first place — and Proposal A handcuffs 'schools' problems a ting the att ability to meet those of parents a expectations. វេ these districts have school offic to cut back, parents will put their children in private schools, and the state money lost

with each defection will only accelera the slide in quality.

Proposal A was designed to pull up the worst schools, not to pull down the bes Failure to fix the problems with scho finance in Michigan will only guarante all our kids get an equally mediocre ed cation wherever they go to school.

Phil Power is chairman of HomeTou Communications Network Inc., the comp ny that owns this newspaper. He w comes your comments, either by voice me at (734) 953-2047, ext. 1880, or by e-ma at ppower@homecomm.net.

## Voters are getting sandwiched now

Been to the grocery store lately? Perhaps issue soon, and hopefully, Republicans you've noticed that the nation's leading there will return a little consumer choice maker of peanut butter has started selling its product with grape jelly already packaged right inside the same jar. What a marvelous little marketing idea.

It's a great time saver for those of us who have kids. Now parents can dole out peanut-butter-and-jelly sandwiches from

a single jar with just one swipe of the knife.

Of course, they still sell the two products separately, too. So if you just want peanut butter, you can have that. Or if you

vours

want

this

whatever.

have that, too.

to the issue by splitting the two proposals.

SB 1137 would authorize a \$2 billion bond issue, to be used as a revolving fund to make low interest loans to local communities for construction or upgrades of sewers and schools. In the case of schools, the interest rate would be adjusted according to the district's ability to pay.

The poorest districts would be eligible for zero interest loans. Stille wants the two kept together because he believes both needs are critical.

No argument there. The sewer problem has been the most discussed. Federal money for sewer construction has dried up in recent years, so many suburban communities are sluck with growing populations pumping more waste water into with aging deteriora ting sewer nines that designed for many fewer residents. strawberry jelly. The result has been an increase in the or cherry jelly, or number of sewer overflows across the you region. The Southeast Michigan Council of The point is, Governments estimates the cost of business addressing sewer needs in municipalities in the metro Detroit area alone at as high as \$30 billion. A \$1 billion revolving fund is only a start. Homeowners should note that the state supreme court has recently upheld a new state law that means municipalities will no longer be held automatically responsible for sewer backups that damage basements. Communities will have immunity unless there was some negligence involved. What everyone has to understand is that the ultimate solution is not figuring out who pays for the damage — it is building a new sewer line large enough to prevent the overflows in the first place. As for school buildings, they've been overlooked. Proposal A solved the problem of paying for operations, but districts still have to float bond issues for construction.

Some districts don't even have a lan enough tax base to do the work. In other voters have been less willing to approve th necessary bond issues. By cutting interest rates, lawmakers hope they can entice vo ers in local districts to accept the bor issues needed to fix or replace agi schools

Together they have a better chance being passed," according to Stille's offic This way you'll

have multiple communities coming forward to this support voters will ha because one of the proposals will no choice but be good for them, or both." vote for sewe

"I don't see the

Rep.

Patterson

#### **Street Improvements 2002**

In an effort to save significant reconstruction costs down the road, the Northville city council recently awarded a contract in the amount of \$193,000 to the Hartwell Abbey Knoll subdivisions.

The project will focus on spot repairs to existing concrete curbs, pavement, and sidewalk as well as resealing the joints of the following areas:

- Elmsmere Drive
- Glenhill Drive
- Whitegate Drive
- Coldspring Drive
- McDonald Drive
- Mill Pond Court
- Abbeys Court
- Portsmere Court
- Coachford Court
- Shannon Court
- · Eight Mile road (sidewalk adjacent to subdivisions)
- The project limits are:
- Glen Hill to Coldspring
- Whitegate to Elmsmere
- Eight Mile to •Elmsmere Eight Mile to Mill Pond Court
- Coldsoring to Mill Pond Court

The project will allow residents to have access to their driveways. New sidewalks will also be placed on Potomac between Lexington and N. Rogers

Street. The additional work is budgeted at \$14,000, but will not exceed the budgeted. \$250,000 for the project.

problems are get- ting the attention		
ting the attention		
	GOOD SHEPHERD LUTHERAN CHURCH	CHURCH OF TODAY WEST (Unity)
of parents and	9 Mile & Meadowbrook Wisconsin Ev Lutheran Synod	New Location Meadowbrook Bernentary School - Novi (South of 13 Mile on Meadowbrook Road)
school officials.	Sunday School and Adult Bible Class 8,45am	(248) 449-8900 Services at 10 AM
	Worship 10am Thomas E Schroeder, Pastor - 349-0565	Children's Church 10 AM Minister Barbara Clevenger
	FIRST CHURCH OF	FIRST PRESBYTERIAN CHURCH
will only accelerate	CHRISTSCIENTIST	OF NORTHVILLE 200 E Man St at Hutton - (248) 349-0911
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igned to pull up the pull down the best.	Sunday School 1030 am Wednesday Meeting 7.30 p.m.	Youth Logos Prog. Wed. 415 Gr. 1-5, 500 M.S./Sr.H. Singles Place Ministry - Thurs. 7,30pm Rev.W. Kent Cise Senior Pastor
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ork Inc., the compa- ewspaper. He wel-	Northville Christian School Preschool & K-8 (245) 343-9031 • www.northvillechristian.org	Church 349-2621, School 349-3610 Religious Education 349 2559
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. 1880, or by e-mail	METHODIST CHURCH	MISSOURI SYNOD High & Em Streets, Northville
	41671 W Ten Mile - Meodowbrock 349-2652 (24 hrs.)	T Lubeck, Postor Church 349-3140 School 349-3146
	Sunday Worship at 9:45 a m Nursery Care Available	Sunday Worship 8:30 a.m. & 11:30 a.m. Contemporary Service at 11:00 a.m.
now	Louise R Ott. Postor	Sunday School & Bible Classes 9.45 a.m.
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	EPISCOPAL CHURCH (248) 624-3817	<b>NOVI</b> 45301 11 Mile of Edit Rd.
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	9 am Warship Service & Church School	Dr Gary Elfner Pastor 349-3477 349-9441
	The Rev Lesle Hording Vicor	www.novichnshanoutreach.org
In this case,	CHURCH OF THE HOLY CROSS EPISCOPAL	FIRST BAPTIST CHURCH
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	Sunday 11 a.m. Holy Eucharist 11 a.m. Sunday School & Nursery	Boys Brigade 7 p.m., Pioneer Gris, 7 p.m. Sunday School 9:30 a.m.
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	ST. JAMES ROMAN	OAK POINTE CHURCH
Patterson, but ulti- about how to pack-	CATHOLIC CHURCH NOVI	Northville High School on 6 Mile
sure passage.	46325 10 Mile Rd Novi Mi 48374	Sunday 9:30 a.m. and 11:00 a.m. Casual, contemporary live band
give voters their they have to try to	Saturday 500 p.m. Sunday 8, 9:30 & 11:30 a.m. Reverend James F Cronk, Pastor	(248) 615-7050
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#### Mike Malott

gives you a choice.

On other hand, Michigan's run-government-like-a-business Republicans are getting ready to put a \$2 billion bond issue on the ballot this fall to pay for infrastructure improvements.

In this case, they've decided to jam sewer improvements into the same package with school construction.

If put on the ballot as currently designed, voters will have no choice but to take the two together, or not at all. You'll have to eat grape jelly with your peanut butter because some state senator decided that you should.

The proposal is Senate Bill 1137, sponsored by Republican Sen. Leon Stille, from Spring Lake, and already approved by the GOP-controlled upper chamber.

The House is expected to take up the

improvement the two issues," the same pac Bruce íRage a school Canton) counters, who wants to split construction the issues. would not want to issues. It's Pl see a coalition rolled togethe come forward in

an attempt to kill one or the other and end up elimi-nating both."

I agree more with Patterson, but ulti mately both are talking about how to pack age the proposals to assure passage.

Instead they should give voters thei choice, even if it means they have to try to sell both ideas to voters separately. It' their money. Ultimately, it should be their choice.

Mike Malott reports on the local implica tions of state and regional events. He can be reached by phone at (517) 548-7125 o by e-mail at mmalott@homecomm.net.



In the movie "The Secret of My Success." Michael J. Fox played the role of a recent college grad who decides to uproot himself from his native Kansas



and make the move to New York City in the hopes of pursuing a career in business.

Unfortunately, despite four years of intense classwork, no one will hire him, because he's missing the one thing businesses are looking for experience.

In one of the

early scenes of the film, Fox's character has a conversation that goes something like this:

"Sorry, kid - we can't hire you without any experience."

But how am I supposed to get experi-

ence if you won't give me a job?" You'll have to figure that out for yourself."

I remember my own plight for an internship while I was attending CMU. I took all the right steps and was willing to give just about anything for the chance to bulk up my resume' with a line or two that would tell a future employer that I knew what the Real World was all about. It didn't come easily.

Until finally - finally - Marty Bucholz, the editor of the little Clare County Cleaver decided to take a chance on me. It was a peculiar 16 weeks, but it got me what I wanted, and ultimately unlocked the door to a career for me.

I'm constantly reminded of what Marty did for me, even if we didn't really see eye to eye in a lot of areas. I owe him a debt of gratitude. I repay it by offering up-andcoming journalists the chance to see what the newspaper business is all about.

Later this summer, you'll be seeing the bylines of a few such journalism students appear in the Record. They'll be making

the phone calls, doing the interviews writing the stories and fighting deadline pressure. It's something they need to do, either to a) learn if this crazy vocation is really what they want to do for a living for the next 30 years, or b) tell a prospective boss that yes - they've seen the blood and guts of a newsroom, and they can handle it.

They're doing all this work pro bono. That says a lot, considering summers are the golden time to earn some cash at a part-time job or blow off a few days at Cedar Point. They've already earned my admiration for having the interest. O course, they'll have to earn journalistic respect by doing the job and proving to me and the readers that they've got what it takes.

The interns are coming. I hope you'll give them a chance.

I already have.

Chris C. Davis is the editor of the Northville Record. He can be reached at (248) 349-1700, or at cdavis@ht.homcomm.net.

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## **REGIONAL MARKETPLACE**

Page 16A

Thursday, April 11, 2002

## HealthStyles keeps you fit and well Your Money Matters



Photo by HAL GOULD

HealthStyles Health and Wellness employees (front row, left to right) Vicky Albois, Barb Herzog, Beth Sarotte, Ellen Lecuveux and Kathy Rigley. in the back row, from left to right, are: Lisa Krec, Donna Luma and Cristina Mellas.

#### South Lyon facility focuses on wellness, in addition to fitness programs By Annette Jaworski

CONTRIBUTING WRITER

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In case you've wondered what's new at HealthStyles, it's a giant step towards fitness and wellness. As of Jan. 28, they've added a 6,000 square foot fitness facility addition to the physical therapy portion of their establishment.

"People go by the clinic for years and see us, they don't realize that we've added fitness," said owner and physical therapist, Barb Herzog. We've expanded our interests to include wellness, which is a popular concept nowadays.

And it made perfect sense for them to offer exercise facilities to be utilized independently after physical therapy. It's called HealthStyles Health and Wellness, a part of their philosophy that prevention is the key to continued health.

Being health care profession-

**HEALTHSTYLES HEALTH AND WELLNESS** 

HealthStyles Health and Wellness and HealthStyles Physical Rehabilitation is located in downtown South Lyon at 301 S. Lafayette. For more information, call (248) 486-1110. In Brighton they're located at 833 Grand River Ave. or call (810) 533-2642.

Physical therapy hours are Monday, Tuesday, and Thursday from 7:45 a.m. to 8 p.m. and Wednesday and Friday from 7:45 a.m. to 6 p.m.

Fitness Center Hours are Monday through Friday from 5 a.m. to 9 p.m., and Saturday and Sunday from 7 a.m. to 3 p.m. Ask about the

spring fitness contest.

Personal trainers are on hand to assist one on one during customer's visits

"A personal trainer will set you up on your specific program to reach your wellness goals," said Barb Herzog. There are many reasons to

improve fitness, including many facts and medical research. "It's been proven that corporate fitness programs provide for less

illness, injury and absence in the

Health and Wellness chose to offer exercise programs to include the needs and requests of all ages.

"Our exercise specialists have a varied background from senior arthritic programs to school sports camps," Herzog said.

The physical therapy portion of HealthStyles continues to offer all their traditional as well as many specialized services. For example, Occupational Therapist Linda BeVier is a certified hand specialist, who provides a unique service, not available at many clinics. Lynda Pierce is a speech pathologist, who addresses speech problems for children to adults, as well as offers a summer speech camp. Occupational Therapist Kathy Rigley has been part of the staff for two years and offers a lymphedema program due to breast cancer along with BeVier. Physical Therapist Ellen LeCureux has with been

HealthStyles for 9-and-a-halfyears.

"She's been a great benefit to the people of the community and has touched many of their lives throughout the years, said Herzog.

Another long time valued staff member is certified massage ther-apist Cristina. Mellas, who's worked for eight years in the South Lyon office. Recent addi-tions to the ctoff include physical tions to the staff include physical therapists Donna Luma and Jill Sullivan. Among the skills that Sullivan offers are the therapeutic pool programs.

Of special importance is the office staff, notes Herzog. Lisa Kree, their receptionist, is ready to greet clients. And office manager Vicky Albers, "who is behind the scenes, but we couldn't survive without her," she added.

HealthStyles is proud of the longevity of the staff and the expertise they offer.

#### By Lori Z. Bahnmueller

Exchange The Securities Commission (SEC) launched a series of Web sites earlier this year to trap hasty investors who shop the Internet.

Borrowing from the tactics of stock market con artists, the Web sites appear to be investment opportunities offering tremendous financial gains. But anyone who tries to invest is instead led to a page that warns, 'If you responded to an investment idea like this....you could get scammed!" The first SEC scam site, www.mcwhortie.com. tallied some 150,000 hits within the first three days of its launch.

What if you were offered an investment that promised large returns with relatively low risk? Would you jump on it, or would you take time to investigate the claims? If you don't research the details.

you might become the victim of an investment scam. The SEC and other regulators urge investors to be extremely skeptical about get-rich-quick schemes. To help consumers avoid such schemes, the North American Securities Administrators Association shares its annual list of top ten investment scams, listed in order of prevalence or concern:

Unlicensed individuals selling securities. An unlicensed seller is a sure sign of a scam. Always verify that a person is licensed or registered to sell securities by calling your state securities regulator. To contact your state securities regulator, go to www.nasaa.org and click on "find regulator."

Affinity group fraud. Many scammers use the victim's religious or ethnic identity to gain trust-knowing that it's human nature to trust people like you-and then steal their savings through "gifting" programs. The money is said to go to help others, but it just goes into the scammer's pocket.

Payphone and ATM sales. Investors lease payphones for between \$5,000 and \$7,000 and are promised annual returns of up to 15 percent. Instead, the people whom the investors lease from make the money.

Promissory notes. These shortterm debt instruments are issued by little-known or sometimes nonexistent companies that promise high returns-upwards of 15 percent monthly- with little or no risk.

## Bureau releases charity list

The Better Business Bureau has made available to the public an online database containing information on over 275 chari-

#### **ALL ABOUT LORI**

Lori Z. Bahnmueller is vice president of Association Services for the Michigan Credit Union

League, a statewide trade association representing Michigan credit unions. Send your financial questions to "Your Money Matters" c/o the Michigan Credit union League, P.O. Box 8954, Plymouth, MI 48170-8054, or stop by our Web sit (www.mcul.org) to learn more about smart money management.

Internet fraud. Regulators urge investors to ignore anonymous financial advice on the Internet, through unsolicited e-mail, and in chat rooms.

Ponzi/pyramid schemes. The only people who consistently make money are the promoters who set them in motion, using money from new investors to pay previous investors. Eventually the schemes collapse and the investors lose money.

Callable CDs. These higher-yielding certificates of deposit won't mature for 10 to 20 years, unless the bank, not the investor, "calls" or redeems them. Redeeming the CD early may result in large losses. Often, the risks and restrictions aren't adequately disclosed.

Viatical settlements. These originated as a way to help the gravely ill pay their bills; the insured gets a percentage of the future death benefit in cash now, while the investors get a share of the benefit when the insured dies. Because of uncertainties predicting when someone will die, these investments are extremely speculative.

Prime bank schemes. Scammers promise investors triple-digit returns through access to the investment portfolios of the world's elite banks. Purveyors of these schemes frequently promise access to the "secret" investments used by, example, the wealthy for Rothschilds or Saudi royalty.

Investment seminars. At many get-rich-quick seminars, the people getting rich are those hosting the event, making money from admis-sion fees and the sales of books and audiotapes.

Unfortunately, the books and audiotapes rarely hold much useful Information

cautious in the sea of appeals." stated Fred Hoffecker, president of the Better Business Bureau of Eastern Michigan. "Making ties raising money or providing the informed choice about services related to the Sept. 11 which charity to support will help to ensure that your generosity has an impact." The Better Business Bureau database provides addresses. program descriptions, staff contacts, and tax status information for organizations from 27 states and captures \$1.8 billion in donations. The database is being maintained by the Metro New York Better Business Bureau office in coordination with the BBB Wise Giving Alliance. The Metro New York BBB, through affiliated its Foundation, also houses the Philanthropic York New Advisory Service that reports on regional charities in the state of New York and specifies if they meet BBB charity standards. For more information, visit www.newyork.bbb.org.

How business gets gane.

Lyon Communications

als, we're in a good position to offer a more skilled approach to a fitness facility," said Herzog.

The fitness facility is not only for physical therapy patients, it's open to the public as well. In fact, they offer quarterly and annual memberships for individuals or families.

"We see lots of couples in here together," she commented.

The facility includes a cardio area, free weights, an indoor walking track and exercise classes.

#### **Business in Brief**

#### **Retailer outlook optimistic**

Michigan retailers' optimism rose for the fifth consecutive month, to the highest level in nearly two years, despite a dip in sales activity during February, according to the Michigan Retail Index.

Sixty nine percent of retailers surveyed in February said they expect sales for the March-May period to increase, compared to the same time last year. The results create a seasonally adjusted outlook index of 74.7, the highest since 76.7 in May 2000. In January the index stood at 70.3.

Forty one percent of retailers said they increased sales in February, compared to a year ago, while 42 percent said sales declined

work place. Wellness and fitness have a place in the home, school and work place," she said. When she moved her home to

South Lyon and opened up her physical therapy business nearly 10 years ago, she hoped that the population would support the services. It has more than fulfilled her dreams. In recent years they've looked to grow and expand, which brought about the recent addition. HealthStyles

Our goal is to relieve or manage pain through a team approach and restore function that will lead our patients back to a normal lifestyle," said Herzog.

They also offer physical therapy at a second location at Independence Village in Brighton, which is operated by Sandra Jenkins. This facility is not only open to residents of the development, but to the general public. It's open on Mondays, It's Wednesdays and Fridays.

and 17 percent reported no change. The results create a seasonally adjusted performance index of 51.9, down from 56.1 in January, but still the second best since September 2000.

The Michigan Retail Index is a joint project of the Michigan Retailers Association (MRA) and the Federal Reserve Bank of Chicago and is based on a monthly survey of MRA members. Results of the nearly eight years of surveys are now seasonally adjusted to provide a better comparison of month-to-month retail data.

"Retailers' optimism continues on the upswing as sales gradually improve," said Larry Meyer, MRA chairman and CEO. "February's sales dip is simply a blip in the otherwise positive trend of recent months."

The Michigan Retailers Association is the unified voice of retailing in Michigan and the nation's largest state trade association of general merchandise retailers. MRA's more than 4,400 retail business members operate more than 12,000 stores across the state.

#### Branson hired by EPS

Environmental Permit Specialists, LLC of Northville have hired chemical engineer Christine Branson and environmental professional Karen Reaume to co-direct the ISO 14001 Management Group. Both Branson and Reaume are RAB-certified ISO 14001 Environmental Management System lead auditors and certified hazardous material

· highly

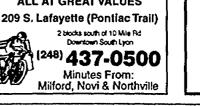
attacks on America.

The database can be accessed at www.easternmichiganbbb.org and visitors can search its contents by charity name, focus area and/or key word.

"Americans contributed an immense amount of money in the wake of the terrible events this September, and the Better Business Bureau system is committed to monitoring the organizations that were the recipients of this unprecedented generosity and show of public trust," said Art Taylor, presi-dent and ceo of the BBB Wise Giving Alliance.

"In addition. an unusually high number of charities have either been founded or turned their attention to Sept. 11 related activities. It is important that donors remain vigilant and

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## **Sports** northvillerecord.com

Spring 2002

SPORTS

Thursday, April 11, 2002

#### TENNIS

**Division** I. here we come The Northville Mustangs will have a lot of challenges this season. as they move up to Division I competition. Page 4B



#### BASEBALL

**Pitching is** going to be key The Northville Mustangs will need good pitching and offense to keep them going -



## Girls track ready to go

By Sam Eggleston SPORTS WRITER

The Northville girls track team is returning a multitude of talent to its ranks this season and has high hopes of being competitive in the Western Lakes Activities Association and hopefully beyond.

The Mustangs, led by firstyear track coach Nancy Smith. will be looking to win the division title and make a run at the conference.

Some of the girls also have goals at going after some school records again this year," Smith said.

The Mustangs will have a slew of competition to go against, including powerhouses Churchill and Harrison as well as defending conference champion Walled Lake Central.

This is a great group to work with." Smith said of her team. They are a very dedicated and talented bunch of young women and all work great together."

Smith noted that although the weather has been bad through the last couple of weeks, she has already seen marked improvement in her team. 'On March 23 we ran at the Eastern Michigan University Relays indoor meet and placed in five events, competing against 47 other teams from Michigan, Ohio and Indiana." Smith said. In that meet, Emily Ott, one of the team captains, placed eighth in the high jump while Julia Williams, Ott, Genevieve Belangero and Lauren Rocco placed fifth in the shuttle hurdle. The middle distance team of Heather Moehle, Katy Miller, Jenny Maile and Lisa Bowen took sixth while Devon Rupley. Moehle, Miller and Maile took third in the 3200 relay. Katy McClymont, one of the team's long distance runners. took eighth place in the two mile run. We will be very strong in the. distance, middle distance, hurdles and sprints again this season," Smith said. "Our weakest areas that we will need to work. on include our shot, discus and; pole vault. Besides those areas. we have at least two or more talented athletes in each area that will be able to grab us points. Leading the distance runners is All-Area cross country runner Moehle, who won the regional in the two mile last season in a time of 11:41. Leading the Middle Distance and the sprints will be all state cross country runner Devon Rupley. Heather has an incredible amount of work ethic and has. been running non-stop since; cross country season. She is inexcellent shape and only expects the best our of herself daily," Smith said. "Devon has an incredible amount of talent and she could be used in any events from the 200 through the 800." Others who will provide depth in the middle distance events

#### GOLF

#### **Experience** galore

The Mustangs will have plenty of experience to lead them through the season - the only true goal that the Mustangs seemed to have set is to become more competitive as they were in years past. - Page 3B

#### SOCCER

Top-Notch athletes The

Northville Mustangs girls soccer team has plenty of athletes that have experience, determination, dedication and

desire. This is a team to watch in the bigger scheme of things in the WLAA and beyond. Watch for Lindsay Dunmead, Larissa Fill and Kelly Anderson to lead the pack.

#### TRACK



**Tough teams** The Northville Mustangs girls and boys track teams are going to be tough for everyone who faces

17

them this season. - Boys, Page 6B; Girls, Page 1B



Sam Eggleston

stand out above the rest.

ticipates in Northville High School athletics is expected to perform at a certain level in both the class room and on the playing field -- I can't tell you what goes on in the classroom, but I can tell you that I

Now these are what the term athletes refer to. Lindsay Dunmead looks ready to kick more than a ball on her way to a victory while Matt Cornelius (left) shows the legs that carry him across the ground at lightning speed while Robbie Harmer shows why baseball players are still the bad boys of sports.

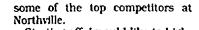
Mustangs teeming with fine athletes

Northville Mustangs will be sending plenty of talent onto their fields of this spring seabut there are a few athletes, at least in

my humble

opinion. that

Each and every athlete who parbelieve the following athletes are



Starting off, I would like to highlight Robbie Harmer. This Mustang senior participated in a sport during each season with his performances in soccer, basketball and most currently baseball. He is a tough athlete who often excels for his team and his teammates. Since I began working here. I have had the opportunity to see Harmer in action and I can tell you there are few athletes that match his intensity and his enthusiasm for sports.

Senior Emily Ott is another such athlete. A top-notch performer, Ott participated in basketball, volleyball and now track and field. I have always viewed this senior Mustang as one of the school's top female athletes and she has yet to let me down on that view. Ott is the type of player coaches know they can

turn to in tough times and expect her to perform, which she does.

Matt Cornelius is another athlete that I feel will be one of the deciding factors for his sports team this season. A track star and an impact player on this year's football team. Cornelius is a dedicated player with a lot of heart. He simply seems to thirst for wins. Fans can expect to see this Mustang running until he can run no more in hopes of getting a victory.

Now, I have not had the pleasure of watching this next athlete as of yet, but I have been told that few match her ability and her desire on a soccer field. Lindsay Dunmead rightfully deserves a mention, if not two, when it comes to a discussion of who are the best athletes at Northville High School for the

Continued on 7

Continued on 3

hometownnewspapers.net

Sam Eggleston, Sports Writer 248-349-1700

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GAME OF THE WEEK

Northville

Mustangs

SPRING

SPORTS

TOP

ATHLETES

## Softball team may have rough season in 2002

#### By Brian Doyle SPECIAL WRITER

After losing some key players to last year's team, the Northville softball team is looking to come out strong this year with some young talent.

The Mustangs this year will be led by senior captain Ashley Nicely and junior captain Lauren Besides Nicely, Karney. Samantha Cooke is the only other senior on the team. The underclassmen that round out the rest of the line-up will Include 10 juniors and two sophomores. Northville lost three strong senior pitchers to graduation, but coaches believe they have some young talent emerging that could possibly take over the mound.

"Originally I was a little concerned when I was losing three senior pitchers." Northville coach Kelly DeWitt said.

However, at tryouts her concern changed when she noticed two younger players that could be very strong assets to the team.

"I was pleasantly surprised at tryouts by Candra Nabozny and Carrie Banner," DeWitt said. ' Banner is one of two sopho-

mores that made the team.

"They're looking pretty strong." DeWitt said of Banner and Nabozny.

Coming off of last year's season. Northville will be really trying to improve their game from the offensive side.

'Offense is what we lacked," DeWitt said.

According to DeWitt, this year the team will be focusing a lot on hitting and slap bunting.

"I'm hoping our strength will be hitting," she said.

Northville has been pretty successful in the field in past years and hopes to continue that trend. Karney is coming back to the team as a senior second baseman who played in all of the ganies last year.

We don't get caught 'in' the field with a lot of errors," she

"Originally I was a little concerned when I was losing three senior pitchers."

> Kelly DeWitt Softball Coach

Among the juniors coming up to varsity from the JV level is Amy Prentiss. Prentiss will add versatility to the team and can also play catcher for the Mustangs.

I can utilize her in a lot of different ways," DeWitt said. Besides the aforementioned

players Lindsay Tomasak, Emily Wooderson, Kim Larson, Allison Long. Jamie Geist, Kim Hayes, Alexis Mimikos and Stephanie Jones will all be a part of the 2002 Northville Mustang softball team.

The Mustangs will open up their season April 9 against South Lyon. The team has hopes of doing well in its division and conference but will face some

tough opponents. "Walled Lake Central and Walled Lake Western are always strong." DeWitt said.

The team also has revenge on their minds against Livonia Churchill. Northville lost in 15 innings to that team last year.

The Mustangs have a lot of young talent on the team that they hope to utilize. Two seniors will add experience to the team, while the core of 10 juniors will add another dimension to the team.

Finally, the two sophomores on the squad hope to add strength and talent to the team.

Brian Doyle is an intern for the Northville Record, Novi News and the Lake Area Times. Comments can be directed to the sports department at (248) 349-1700. ext. 104.

Northynllerecord com



The Northville Mustangs lost a lot of pitching to graduation. Can they overcome such losses and pull out a winning sea-

## Mustang boys in need of top-notch pitching this year

#### By Sam Eggleston SPORTS WRITER

This season may prove to be a tough, yet fulfilling season for the Northville Mustangs baseball team.

The Mustangs, led by coach Mickey Newman, will have to make up for the loss of six starting seniors from last season's team — two of which were the squad's top pitchers. Even with such a loss, Newman is confident his team will come out strong and looking to win.

Coming into this season we

knew we had to get better Baseball pitching," he said. "Pitching Preview is the question mark on this

team. These kids have been working hard this off season. but they are going to be spending a lot of time on the mound trying to get even better."

Taking up some of the pitching duties for the Mustangs will be senior three-sport athlete Robbie Harmer, who also played soccer and basketball for the Mustangs this season.

Junior catcher Scott McNeish will be securing his spot behind the plate this season and is being looked at as one of the leaders for the 2002 team.

"He caught quite a bit for us last year as a sophomore on the varsity team," Newman said.

Jim Wolbers will be returning to the lineup in the outfield while Matt Sebastian returns to his post at first base.

Another returning player who was a sophomore on the varsity squad last season will be Tyler Carter — a player who has proven himself on the mound for the Northville Broncos in the summer NABF Leagues, but not on the high school mound. Newman said that Carter's abilities and talents will make him one of the top Mustang pitchers this season - but he had to believe in himself and his talent in order to become such.

"We have to get him real confident," Newman said. "He hasn't experienced a lot of baseball at this level. He is an outstanding kid and actually caught some for us last year. He is just a great kid and I am looking forward to watching him develop this season."

'A senior returning this season will be Ben Abbott, who plays in the outfield. Abbott is expected to be one of the top batters for the Mustangs this season.

"He has always had a good stick," Newman said of Abbott's hitting ability. "Always real good at bat and he tremendously improved his defense in the outfield. We are counting on him to give us a lot of offense in the lineup this year.

Another senior this season is Joe Adamson, who is a utility infielder for the 'Stangs. According to his coach, Adamson has the ability to play second base, shortstop and third base with no problems, and he will probably find a permanent starting job at one of them.

Playing' a key role for the Mustangs will be Mike Donovan, who is the type of player who makes his teammates better with his goodwill and support of the squad. Dan Abaud will be stepping his 6-foot-5, 210 pound frame into the picture at both first base and as a pitcher. Another junior who may be a big factor in pitching for the Mustangs will be Roger Garfield. Garfield is penciled in as one of the underclassmen pitchers that will be taking reps on the mound.

Junior Jimmy Riehl is a lefthanded hurler with nice control and a player that Newman said will "be very valuable in middle and possibly late innings."

Rounding out the junior pitchers is Bret Malkowski, a 6foot-4 hurler who brings 180 pounds to the mound.

"We have a lot of tall, lanky

in the state **Continued on 8** 



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## **Plenty returning** to golf program

#### By Sam Eggleston SPORTS WRITER

The Northville Mustangs girls golf team will be looking to take their experience — being that they have been a very young team the past few years - and turn it into victories.

The Mustangs, led by coach Trish Murray, still have plenty of youth on the squad, but what is most important is that all of the youth has plenty of experience. "We still have a pretty young

team." Murray said of the Mustangs golf team, which is comprised of 16 players — only four of those are seniors. "We were young when we won regionals in 1999 and 2000, and we are

still pretty young." The Mustangs will look to the leadership of senior captains Lauren Farris and Kate MacDonald while turning to a slew of talented players to sup-port the team throughout the 2002 season.

The Mustangs include Farris and MacDonald as well as Stephanie O'Neill and Lauren Longton in their senior year while Katie Abbo, Andrea Gorecki, Kelly Harrison and Shannon Lewicki are the 'Stang juniors this season. Sophomores include Andrea Fillipps. Layne Scherer and Marie Snyder. The freshmen on the team are Renee Christopher, Marie Defer, Allison Grant, Lauren Grisgby and Theresa Juthage.

"Even the freshmen on this team have a lot of experience." Murray said. "I have a requirement that everyone on the team plays in three tournaments in

#### "We were young when we won regionals in 1999 and 2000, and we are still pretty young."

#### Trish Murrav Golf Coach

with their dads all year, but the tournaments is when it counts." Murray noted that with the graduation of no seniors, the Mustangs will be looking to greatly improve on last year's record of 8-3 while increasing their place in both the conference (fifth in 2001) and in the regional (seventh in 2001).

team coming back this year. and in tryouts we had the strongest freshman that I have seen since the program started in 1991."

As far as goals go this season, the Mustangs will be looking to have a better showing in the Activities Western Lakes Association as well as a better meet in the Regional Tournament - which Murray said team for team she believed was one of the toughest in Michigan.

\* "Another thing we would like to accomplish is for the team to make it the state meet," Murray said. "We did it when the seniors were freshmen and sophomores. and now they want to do it again.

Continued on 4

the off season. They can play golf "I think we are going to do OK." she said. "We have the same

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#### **Next Level** Athletes

#### By Sam Eggleston SPORTS WRITER

The Next Level Athletes portion of the sports section is dedicated to the men and women who have taken the next step in their collegiate careers. It is here that we are able to salute them for their determination, their dedication and their abilities in the sports they love. Congrats to all of these athletes for what they have accomplished and what they have yet to accomplish:

Sarah Pipas, sophomore, Alma College — Sarah Pipas, a Novi High School graduate, notched a 6-0, 6-3 win over Spring Arbor College's Angela Kishpaugh March 28 in a meet that the Alma women's tennis team won 8-1. Pipas was also a member of the doubles team, along with Emily Brookhouse, that defeated Kishpaugh and Julie Maier 8-2.

Pat Muston, sophomore, UMBC - Pat Muston, a graduate of Novi High School, scored three goals and notched an assist to lead UMBC (2-3, 1-2 ECAC) to a 9-8 victory over Penn State in men's lacrosse March 23. Muston scored his first three goals of the year in the contest and also captured 9 of 14 faceoffs. Muston honed his lacrosse skills as one of the best-ever Novi High School lacrosse players before earning a place with UMBC.

Harvey Steele, Albion College - Harvey Steele, a graduate of Novi High School, notched a season best 43-foot, six and 1/4 inch throw of the shot put for the Albion College Britons. Steele, who threw the season best against the University of Indianpolis, helped his team to a season-opening third-place finish.

Next Level Athletes includes former athletes from the readership area of the Northville Record, Novi News and the Lakes Area Times, The Next Level Athletes are individuals who have taken the next step beyond high school athletics to the next level - including college, semiprofessional, minor league and professional athletics. Anyone who would like to submit information about an athlete can do so via an email

seggleston@ht.homecomm.net or mail information to The Northwille Record, 104 W. Main Street, Northville, MI. 48167.

## Good Luck to the Northville Mustangs from these Area Businesses

against Livonia Stevenson. Kelly is just one of the many returners to the Northville golf program this spring.

Northville's Kelly Harrison watches her drive leave the tee at Fox Creek Golf Course in a match

## Girls have weapons to be competitive in '02

#### Continued from 1

include Jenny Maile, Lisa Cauzillo. Bowen, Nicole Belangero and Shannon Hogan will also see time in the 800 and 400 this season.

2 Leading the sprinters this season will be senior captain Ott. who is a three sport athlete.

Along with her will be Maggie Ossola, who also plays soccer. Ossola will be an impact player in the sprints and the long jump. Other sprinters who should make an impact will be Taylor Anusbigian, Angela Niehoff, Shannon Hogan and Nicki Probst.

Field events will be lead by Erica Johnson, Lisa Bowen, Bonnie Bakewell in both the shot and discus while Katy Hanley. Alex Barcelona, Amanda Lee and Saran Tochman participate in the Nikki Probst, Pole Vault. Nikki Probst. Amber Selle and Ossola will be

the top Mustang long jumpers. "We presently have 76 girls out (for the team)," Smith said. "It's early and there is still a lot of hidden talent that I am sure will surface during the next few weeks as the season meets begin. If we can stay healthy and injury free we will see a lot of

success again this season."

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 at seggleston@ht.homecomm.net.

Photo by JOHN HEIDER



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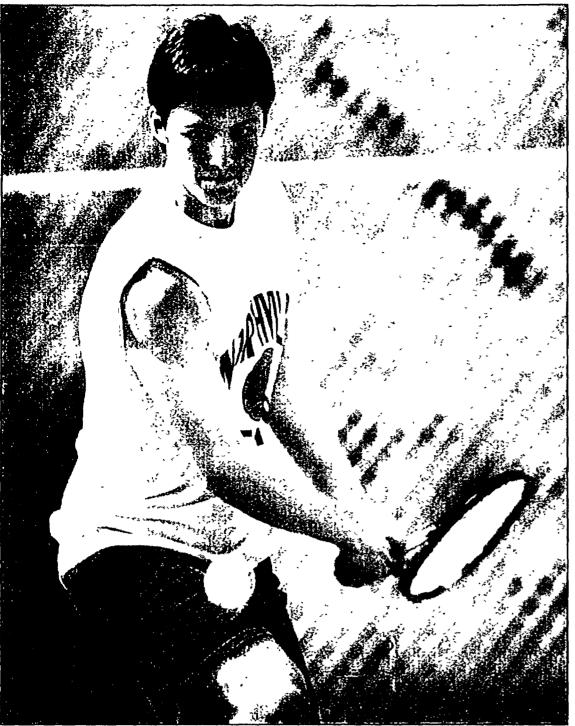


Photo by JOHN HEIDER

The Northville Mustangs will have a tough season this year after moving up in the ranks to Division I tennis. The Northville netters, led by coach Doug Button, are hoping to improve on last 'season's stellar record.

## **Mustang netters hope to improve**

#### By Brian Dovie SPECIAL WRITER

After losing 10 players to graduation, the Northville boys tennis team will try to improve on the stellar season the team had last year. The team finished second in the regional competition and advanced to the state playoffs last year.

This year, the team moved up into the ranks of division one and will try and overcome the only team that topped them at the conference and regional competition - North Farmington.

The Mustangs will have a very young team this year with only four upperclassmen. Although graduating ten players seems to be an obstacle that would be insurmountable. Northville

Button said.

it

strong all year long and not let down at any point during the season. "We're going to have to not look too far ahead," Bulton said.

The team will have to stay

According to Button, this will b

e easier than was in the revious year	Tennis
ecause they fill face	Preview
ougher com-	

petition at the front of their schedule. Conference rival North Farmington and another strong tennis program, Ann Arbor Huron will face Northville early this year.

"It's going to be easier to stay focused," he said.

Button believes that it will be

The team will have to deal with a lot of young players who don't much varsity experience. However, the team will be able to counteract this because of other attributes the team has.

"They have a lot of desire," Button said, "It's amazing after only the few practice's we've had, how motivated they are." Button said

The team has had to deal with the recent weather and practicing around it. The team will have its first scrimmage against Novi this week.

With only two seniors and two luniors on the team, a lot of underclassmen will have to step up and perform well. So far it appears that the team will be able to overcome this through hard work and also team unity.

## **Sports Shorts**

**Hawks Football registration** The Lakes Area Hawks varsity is accepting registration for five players. Only serious players, eager to start the transition to high school football, should call. These players will be involved with coaches closely related to what they will learn in high school The Hawks staff includes state champion experience with one of the most successful teams of the 90s and today. The Hawks are the only little league football team with their own stadium For more information, call Dan Welch at 360-6647.

#### Women's Spring Basketball League

Contact the Northville Parks and Recreation at (248) 449-9947 if you are interested in joining a Wednesday league that starts April 24. Cost is 340 dollars per team and the season lasts eight weeks.

#### Sand Volleyball League

A Sand Volleyball League, held Mondays. Tuesdays. on Wednesdays and Thursdays starting May 13 is starting up. Interested teams should contact Northville Parks and Recreation at (248) 449-9947. The league costs 50 dollars for fours, 40 dollars for twos and will run 11 weeks. Nonresidents must pay 15 dollars per person.

Northville/Novi Colts registration

The Northville/Novi Colts youth football organization is holding registration for the 2002 season May 4 at 9 a.m. at the Novi Civic Center.

The registration is for openings on the cheerleading and football squads.

Due to the large number of returning players, the only football squads accepting registrations are the freshman football (eight and nine years old, maximum of 105 pounds) and the varsity football (11 years old with max of 150 pounds; 12-13 years old, max 150 pounds). The cheerleading teams have openings on the freshman cheer (eight and nine years old) and the varsity cheer (12-13 years old).

Registration is on a first-come-first-serve basis. The registration fee is 260 dollars. For more information of for questions, call Cathy Thomas (football registration) at (248) 348-4282 and Rene Ellison (cheerleading registration) at (248) 344-8977.

Spring leagues forming Men's 35 and Over Basketball

Leagues: Mondays, leagues starts April 22 \$340/team, 8 weeks.

Contact: Northville Parks & Rec. (248)449-9947

12 & Under Lacrosse: April/May, 11 games

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Women's Spring Basketball League:

Wednesdays, league starts April 24

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Golf has lot of returning players to lead way to win in spring '02

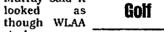
#### **Continued** from 3

Our goal is to finish in the topthree in the regionals. I don't care which one (of the top-three places), as long as we go to the state meet.'

Murray said that in the WLAA as well as the Regional Tournament, the difference between first and fifth is usually only a few strokes — which is began coaching golf at Northville with the boys team.

'It used to be that if you were shooting a 200 you won," she said. "Now if you shoot 200 you lose.

Of the teams the Mustangs will face this year, Murray said it looked



rivals Plymouth Salem and Livonia Churchill, along with perennial much different than when she powerhouse Livonia Stevenson, 104 were going to be the teams to beat.

Even with the experience leading the way this season. Murray said that there is plenty of youthful excitement boiling up.

"We have a lot of underclassmen chomping at the bit." she said.

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. seggleston@ht.homecomm.net. ..



**Catholic Youth Organization Football Meeting** 

The Our Lady of Good Counsel football program is holding an organizational and informational meeting. All boys, grades third through eighth for the 2002-03 school year, and their parents should attend.

The meeting will be held today at p.m. at the Our Lady of Good Counsel gym located at 1062 Church Street in Plymouth. Boys who are members of the following parishes are eligible to play at OLGC: Our Lady of Good Counsel, Our Lady of Victory. St. Mary of Wayne, St. Richard, St. Thomas A'Beckett. Divine Savior. Resurrection, St. James, St. John Neumann, St. Kenneth and Holy Family of Novi.

at home, (734) 454-0847, or at

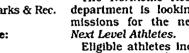
department is looking for submissions for the new section.

Eligible athletes include collegiate, semi-pro, professional and minor league players (please email first if other levels).

Please email submissions to seggleston@ht.homecomm.net or mail them to The Northville Record, 104 W. Main Street, Northville, MI. 48167. Please include name, year and college as well as the sport and position

**Next Level Athletes** The Northville Record sports Next Level Athletes.

If interested or have any ques-tions, please contact Mike Girskis work (734) 427-6270.



Northy Ferecord com

believes they have the talent to compensate for that loss.

"Originally I thought it was going to be [a problem]," Northville coach Doug Button said, "But we had quite a good pool of freshman and the sopho-mores really improved their game.

looking forward to a successful season.

"Our goals haven't changed since last year." Button said. The team wants to win their conference and go on to win regionals. "It will be a little tougher because we are in division one,"

5.

important for the team to stay on top of every match, even against teams that are known to be weaker, so that the players can use those to build upon.

"We want to make sure we use those matches for building," he said.

The team will be lead this year The team, although young, is by Kyle Dehne and Adam O'Donnel. Dehne will be the number one singles player and Jackson Knoll and Jonathon Lee will be the number one doubles pair.

"It's going to be up to Kyle and Adam to maintain the focus," Button said.

Button said, "Our main focus is trying to stay gelled."

The team will have to follow in the footsteps of a very successful program before them, without most of the players on that team. Overcoming inexperience and a change in divisions will be a test that the 2002 Northville Mustangs boys tennis team desires to pass.

Brian Doyle is an intern for the Northville Record, Novi News and the Lake Area Times. Comments can be directed to the sports department at (248) 349-1700, ext. 104.

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Thursday, April 11, 2002 - Northville Record 58



Before they began their one-week spring break, members of Novi High's boys track team hits oval for some laps last Thursday afternoon. Many local teams had their first competitions cancelled last week due to cold weather. The meet between Novi and Northville was cancelled.

## Track has strong core to work with this season

#### By Sam Eggleston SPORTS WRITER

The Northville Mustangs boys track team is getting ready to speed into the season with engines at full ahead under the guidance of first-year helmsman Bill Cornelius.

The Mustangs. who return a slew of top-shelf players, will be looking to be competitive in the Western Lakes Activities Association.

"I think we'll be decent." Cornelius said of the Mustang boys. "I think we are strong in the middle distance races and I also think we have a lot of pretty good athletes on the team this year.

Some of those athletes include Matt Foster, who will be hurling the discuss again this season, as well as Robert Cameron, who runs the hurdles for Northville.

Matt Cornelius, who proved his

speed in football this year, will put his quick feet to use on the because of that I think we have track when he runs sprints alongside teammate Zach Wollack.

A newcomer to the Northville track team will

be soccer star Pat Kelleher, Track who looks to Preview be in the running in the 400 meter event as

well as the half-mile. Tim Higgins will also be taking to the quarter and half-mile events in hopes of earning some points for the Northville squad. Tim Dalton will be back at his running mid distance with good showings in the 800 meter run this season.

For the mile run, Mike Gabrys will be strutting his stuff on the oval track, while Phil Santer will be right along side him.

"I think we have a good core of runners," Cornelius said. "There

is a lot of talent on this team and what it takes to be competitive this season."

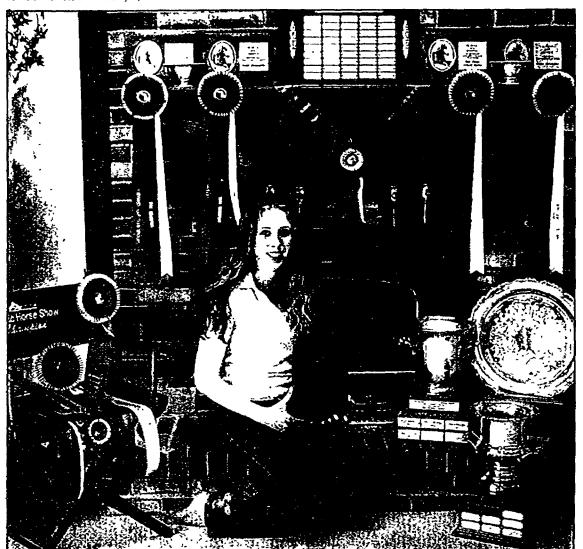
When it comes to field events, Matt Cornelius will be looking to be lead dog in the long jump while freshman Alan Shanoski will try to prove his talents range beyond middle school, where he won his district high jump, along with sophomore Bill Brown.

When it comes to the schedule and who is who in the WLAA. Cornelius said that he really hasn't caught up with the most recent information but added that his team will just try to be as good as they can be.

"To be honest, I don't know (who the top teams are);" Cornelius said. "The teams that have been tough in the past are Canton and Churchill, but I really couldn't tell you. I know that

**Continued** on 8





Northville freshman Renee Christopher poses with her recently won trophys.

## Renee Christopher wins awards for sport she loves

When an athlete puts time and effort into a sport for years and years, it is almost a certainty that they will eventually be awarded for the fruits of their labors in one way or another.

Northville freshman Renee Christopher, who has been riding and showing Morgan horses since the age of five. recently received the awards for such labors as she took a first-place finish in the Michigan Justin Morgan Horse Association's Morgan Hunter Pleasure Junior Exhibitor. Morgan Western Junior Exhibitor. Pleasure Morgan Western Equation for riders 13 and under and the Morgan Hunter Equation for riders 13 and under.

Along with those fine finishes,

Christopher won the High Point Youth for the most points gathered during the season by any exhibitor 17 years old and under an award she also won in 1999.

For the Michigan Horse Show Association year-end awards, Christopher took home the Norman J. Ellis Stock Seat Equition Trophy, which is awarded to the youth in the state with the most points in Western Equition accumulated during the 2001 year showing any breed of horse. She also took home the Carl Thomas Earhart Hunt Seat Equitation Trophy for having the most points accumulated in Hunt Seat Equitation during the 2001 showing year.

Christopher also added to her

already impressive trophy case with awards for the High Point Youth at the Michigan Justin Morgan Horse Association Youth show for four years in a row as well as the Michigan Junior Youth of the Year for the past four years straight.

Submitted Photo

Christopher has also competed on the National level and won numerous awards t the Grand National and World Championship Morgan Horse Shows that take place each year in Oklahoma City, Oklahoma during the month of October.

In 2000, Christopher notched the World Championship trophy as the World Champion Western Pleasure 13 years and under on her horse. Fair Haven Federal Xpress.

## WLC shooting for title Watch out WLAA, these girls want wins

#### By Brian Doyle SPECIAL WRITER

Back to back district championships is what the 2002 Walled Lake Central girls soccer team has in their sights. With a number of returning players and a very strong defensive team, the championship is a distinct possibility.

"We definitely want to win dis-tricts," Walled Lake Central head coach Joel Sharpe said.

The team finished last year 9-10-2, but took home the district championship for the first time last year. This year, the team has only lost few players to graduation and is bringing back a lot of talented players.

We only lost a few players to graduation. A lot of our key players are returning," Sharpe said. The Vikings will be led by cap-

tains Amy Rathsburg, Sarah Scarpace, and Corinne Wurmlinger. They hope to lead the team to a title in their league, which is a distinct possibility for the 2002 season.

"For the first time our program has a chance to compete in our league," Sharpe said.

Competing in the league will not be an easy task. A lot of talented teams are apart of the 'Lakes Athletic Western Association, which Walled Lake Central plays in.

"Our league is pretty stacked." Sharpe said.

Strong teams such as Livonia Stevenson, Northville, Plymouth Canton and Plymouth Salem will be facing off against the Vikings this year. ures. According to Sharpe, the team will also need to learn to this year.

The team will rely heavily on a strong defense unit this year. The team has a solid core of defenders and is not worried about that part of their game.

"Defense seems to be our strongpoint," Sharpe said. "The question mark is whether or not we can score.

The team will be able to do well because of their defense, but According to Sharpe, in the postseason their offense will have to perform very well for Walled Lake Central to do well and capture another district championship. "We can win games defensive-

ly," he said.

A big part of that defense will be Emily Laroush. She is the team's sweeper this year and will be vital to the success of the team's defense. According to Sharpe, Laroush will bring a lot to the team this year.

"She is probably one of our most skilled players," Sharpe said.

Other key players will be Worth, a freshman, and Lauren Baker. Those are the players that will be responsible for taking control of a very important aspect of the game.

"A lot up top is going to depend on Worth and Baker," Sharpe said.

However, it won't be just those players that will have a strong impact on how the team does this year. All of the players on the team will have their hand in the team's successes and failplay as one unit.

We have to gel as a team," he saíd.

The team already has a very strong defense and is hoping that they can perform as well on the offensive end. They are looking to be contenders in their division and their league. They have high hopes for the season and firmly believe that they will perform well.

"We have some tremendous girls, both character and skill wise," Sharpe said.

Last years team set up the measuring stick by which this years team will be judged by. After taking the district championship for the first time, Walled Lake Central wants to keep the team going in the same direction. "After last year's accomplishments we don't want to let down," Sharpe said.

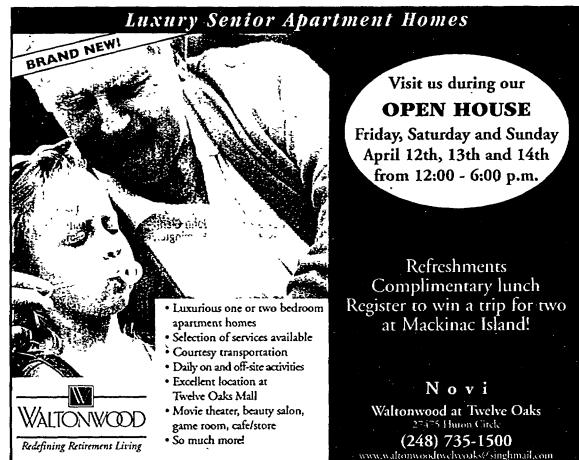
The Vikings will have to per-form well at both ends this year to match the success they had last year.

With a lot of the same players from last year's team, the future is looking up for Walled Lake Central soccer this year.

"We're looking for a great year," Sharpe said, "We're looking to repeat as district champs."

Brian Doyle is an intern for the Northville Record, Novi News and the Lake Area Times. Comments can be directed to the sports department at (248) 349-1700. ext. 104.

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7 p.m. TBA

Time

3:30 p.m.

3:30 p.m.

3:30 p.m.

9:30 a.m. 3:30 p.m. TBA

12 p.m.

Time

3:30 p.m. 10 a.m.

3:30 p.m.

3:30 p.m.

3:30 p.m.

3:30 p.m.

3:30 p.m.

9:30 a.m.

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Time

3 p.m. 3 p.m.

8 a.m.

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3 p.m.

3 p.m.

9 a.m.

10 a.m. 3:30 p.m. 10 a.m.

10 a.m. 3:30 p.m.

#### Northville High School Sports Schedule - Spring 2002

Tennis			•	Soccer	
Head Coach:					Ron Meteyer
Date	Opponent	Time	Place	Date	Opponent
April 15	N. Farmington	4 p.m.	A	e linqA	South Lyon
April 17	Harrison	4 p.m.	H	April 10	Harrison
April 18	AA Huron	3:30 p.m.	A	April 12	Novi
April 22	Franklin	4 p.m.	A	April 15	Franklin
April 23	Hartland	4 p.m.	. <b>H</b>	April 17	Salem
April 24	Salem	4 p.m.	н	April 18	Brighton WL Central
April 24 April 29	WL Central Canton	4 p.m.	A A	April 22 April 24	Canton
May 1	John Glenn	4 p.m. 4 p.m.	Ĥ	April 29	John Glenn
May 3	Farmington	4 p.m.	A	May 1	Farmington
May 4	AA IV Invite	8 a.m.	Â.	May 6	Churchill
May 6	Churchili	4 p.m.	Ĥ.	May 8	WL Western
May 8	WL Western	4 p.m.	Ä	May 13	Stevenson
May 9	Stevenson	4 p.m.	Ĥ	May 15	N. Farmington
May 11	Dearborn	8 a.m.	Ā	May 17	Dearborn
May 14	Conference	9 a.m.	Â	May 20	Playoffs
May 17	Regional	9 a.m.	н	May 22	Playoffs
	Ŭ			May 23	Howell
* Baseball				May 28	District
Head Coach:	Mickey Newman				
Date	Opponent	Time	Place	Girls Trac	
April 15	Stevenson	4 p.m.	H		Nancy Smith
April 17	Franklin	4 p.m.	A	Date	Opponent
April 19	N. Farmington	4 p.m.	A	April 11	N. Farminton
April 22	WL Western	4 p.m.	н	April 13	Novi Relays
April 24	、 John Glenn Harrison	4 p.m.	H	April 18	Churchill Harrison
April 26 April 27	W. Bloomfield (DH)	4 p.m.	A A	April 25 April 27	Yps. Lincoln Relays
April 29	Churchill	11 a.m. 4 p.m.	Â	May 2	WL Western
April 30	Brighton	4 p.m.	Ĥ	May 4	Stafford Relays
May 1	WL Central	4 p.m.	Ä	May 9	Canton
May 3	Canton	4 p.m.	н	May 11	Troy Athens Relays
May 6	Franklin	4 p.m.	н	May 14	Franklin
May 8	Salem	4 p.m.	н	May 17	Regional
May 9	WL Western 🍡 🥖	4 p.m.	Α	May 21	Conference
May 13	Harrison	4 p.m.	H		
May 15	Farmington	4 p.m.	A	Boys Trac	K
May 17	Churchill	4 p.m.	н		Bill Cornelius
May 18	Novi (DH)	11 a.m.	A	Date	Opponent
Maý 20	Canton	4 p.m.	A	April 11	N. Farminton
May 22	Conference	4 p.m.	A	April 13	Novi Relays
May 28	District District	TBA	A	April 18 April 25	Churchill Harrison
June 1	District	TBA	n	May 2	WL Western
				May 2 May 4	Observer Relays
Softbali				May 9	Canton
Head Coach:	Kelly DeWitt			May 11	Troy Athens Relays
Date	Opponent ·	<u>Time</u>	Place	May 14	Franklin
April 9	South Lyon	4 p.m.	. A	May 17	Regional
April 13	Taylor Invite	9 a.m.	A	May 21	Conference
April 15	Stevenson	4 p.m.	Α	- ···	
April 17	Franklin	4 p.m.	Н	Golf	
April 19	N. Farmington	4 p.m.	H	-	: Trish Murray
April 22	WL Western	4 p.m.	A	Date Date	<u>Opponent</u>
April 24	John Glenn	4 p.m.	A	April 10	South Lyon
April 26	Harrison	4 p.m.	н	April 11	Novi Hartland Invite
April 29	Churchill	4 p.m.	н	April 19	-
May 1	WL Central Capton	4 p.m. •4 p.m	H A	April 23 April 24	Canton WL Western
May 3 May 6	Canton Franklin	·4 p.m. 4 p.m.	A	April 26	Brighton Invite
May 6 May 8	Salem	4 p.m.	A~	April 29	Salem
May 0 May 9	WL Western	4 p.m.	Ĥ	May I	Stevenson
May 13	Harrison	4 p.m.	Ä	May 3	Chuchill
May 15	Farmington	4 p.m.	Ĥ	May 6	Pinckney
May 17	Churchill	4 p.m	- A	May 6	John Glenn
May_18	, Novi Invite . Samuela	-10 a.m.	A	May 8	Farmington
May 20	Canton	4 p.m.	H	May 9	'Franklin



Photo by JOHN HEIDER Northville's Dean Conway returns a shot by WLC's Brian Gray.

## Now these are top-notch athletes

TBA

TBA

May 14

May 17

May 21

WL Central

Conference

Regional

#### Continued from 1

May 22

May 28

June 1

spring sports. This soccer player has already earned herself a college scholarship and will continue

Playoff

District

District

the tennis team to victory more times than one this season. Lauten Farris is the final athlete I will highlight in this particular column. A steady player that can like the ones mentioned above. All of the Northville athletes are dedicated and determined individuals that know what it means to be part of a winning tradition and to be part of a team. Good luck in all the spring sports Mustangs, I look forward to following you through the remainder of this year.



to back that up with great play this season. I look forward to seeing what she has to offer.

Kyle Dehne is a senior who excelled in golf during the fall and will no doubt excel in tennis this spring. A student of the game, Dehne seems to know what he needs to be able to accomplish in order to notch a victory. I am looking for this Mustang senior to lead lead by example, Farris is going to be one of the key golfers for the Mustangs this spring. Her ability to read the field of play is unmatched thanks to her tennis abilities and her determination and dedication to the sports she plays is practically unparalleled. Look for this Stang to lead the way on the links this spring.

There are many more athletes

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 or at seggleston&ht.homecomm.net.





11 -



#### CHARGE!

Photo by JOHN HEDER

The Northville Mustangs girls soccer team is charging head first into the 2002 spring season with one goal in mind — winning, it is rumored that the Mustangs have one of the best teams in Oakland County, but coach Ron Meteyer isn't buying it - according to the soccer helmsman, the only way to know if you are one of the best teams around is by winning...something the Mustangs are sure to do.

## Distance runners will lead the way for Novi girls track squad

#### By Sam Eggleston SPORTS WRITER

The main goal of the Novi Wildcats girls' track and field team this year is a solid one to set - to send as many girls to the state finals meet as possible.

The 'Cats, who are coached by Sue Tomanek, are looking to be competitive in their league and hopefully the regional, but their final goal is to send the maximum number of girls they can manage to the state championship meet.

"We are a decent team." Tomanek said. "There is no doubt about that. I think when it comes to our dual meets, we should do OK.

The Wildcats, who finished third in the KVC last season behind the Brighton Bulldogs and the Milford Redskins, have gained some more quality sprinters than they had last season while retaining a majority of their distance runners.

Leading the pack for the Wildcats will be senior Bethany Kittle, followed by newcomer Allison Gilchrist.

"Allison is a new girl to Novi who moved here from New York."

pretty well."

Also taking some places in the distance running should be junior distance star Nina Schmitt. who strutted her stuff in cross country earlier this season. Another distance girl will be Laine Williams, who Tomanek is looking to have a good season.

"I think we are hurt a little bit in the field, but we should do OK." Tomanek said. "We gained a few sprinters over last season. which is something we have always struggled with."

• Tomanek noted that the inter-esting thing about Novi track is that you never quite know what you are going to get.

You never know what to expect," she said. "So many new kids with our 10th-graders and our freshman. At this point, we have 111 girls on the team. which is huge.

Tomanek said that without having been able to run in a meet thanks to the weather, she didn't know what her massive amount of athletes could accomplish.

"Right now I only know them in practice," she said. "Until we have a meet under our belt. I don't know which ones will be

Tomanek said. "She should do able to compete and which won't."

The massive numbers of the track team will be led by an experienced few. Senior captains Kittle, Liz Dean, Anna and Erin eid.

The team goals seem to fall into the wishes of winning regionals or even states — but all the girls are aware that they have to take it one step at a time.

"The girls always hope to finish top three in the conference," Tomanek said. "We are hoping to stay competitive in the conference and get as many girls to the states that we can.

But do' the top girls on the team have what it takes to go to the finals meet?

Yeah, I would say we have a few with that capability," Tomanek said. "We will have to wait and see who is going to be competitive at that level and what is really important to them.

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 or at seggleston&ht.homecomm.net.

## Novi tennis boys very young but experienced

#### By Sam Eggleston SPORTS WRITER

Northvillerecord.com

The Novi Wildcats boys' tennis team is heading into the 2002 spring season with a lot of young-looking faces in their lineup - but looks can be deceiving. The Wildcats, led by coach Jim

Hanson, will be sporting plenty of experience and intensity, as well as talent, to go along with their nine underclassmen and six seniors.

"It is a pretty nice situation," Hanson said, noting that the squad has 10 returning letterwinners from last year's varsity team that tied for second in the Kensington Valley Conference. "There are a lot of kids coming back, but a lot of them are still pretty young."

As young as you can get in some cases. Freshman Prasanna Venugopal is penciled in as this year's number one singles player. "He is one of the better freshman

tennis players I have ever seen here in Novi,\* Hanson said. At second singles, returning let-

terwinner Joe Lynch is expected to start while Suraj Ramachandran, a sophomore returner, is looking good in the third singles slot.

"I think they played two and three last year as well," Hanson said.

## Baseball looking to improve pitching

Continued from 2

pitchers to develop." Newman said. "If they can gain confidence, they will become better pitchers for us as the season goes on.

Other players on the team this season include junior Joe Zumstien, a top-notch hitter and outfielder, as well as junlors Ben Sherman and Jeff Huguelet. Junior Alex Richard, who looks to be the team's third baseman this season, is going to be expected to step up and become more fluid defensively while utilizing his offensive skills.

"We are looking great defen-sively," Newman said. "We are going to have to try to limit our pitchers to four, five or six batters an inning. That is going to take us playing defense, making the plays and not putting too much pressure on our pitch-

ers. The Mustangs will have a lot

"It is a pretty nice situation. There are a lot of kids comina back, but a lot of them are still pretty young."

> Jim Hanson Novi Tennis Coach

They are both talented tennis players.'

Sophomore Chris Kovacinski, who is up from last season's JV team, is expected to start at the fourth singles position.

Leading off on the doubles will most likely be senior Matt Peurach and junior Andrew Laskowski.

"Matt played singles for me last year and may end up playing some of both this season," Hanson said. 'He is one of the better doubles players and he really helps as we are trying to strengthen our doubles."

A.J. Sansom and Vishal Rungta are expected to be the number two team in doubles while Drew Doster.

a returning sophomore, and returning senior Josh Christopherson appear to have the third doubles position all wrapped up for their own.

"All four of them know what it takes to win," Hanson said. "I am expecting solid play out of both of those teams."

Returners Jeff Wallen, a junior, Vinay Arora, senior. and Eric Llao, senior, will have to compete with Phil Schuyten, a senior, and Conor Hogan, a junior, for the final team on the squad during meets.

. There will be plenty of experience back this season." Hogan said. "You have to have depth to win a title and I think we have depth in both singles and doubles this year.

The Wildcats will be running with the top teams in the KVC this season, hoping to stop Brighton from repeating their KVC victory from last season.

The KVC was extremely balanced last year." Hanson said. "I am expecting it to be the same this year. It is going to be a run for the title."

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 or at seggleston@ht.homecomm.net.



The Northville baseball team is going to have to rely on some heavy hitting if they want to stay in with some of the teams in the WLAA.

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is our number one goal - to think we are going to have plenimprove. There are not easy ty of guys that are going to step on our schedule. and game is going to be tough. Unless we get some experience in our pitching, it is going to be ough to stay in ball games. But Newman also noted that a team has to be able to score runs in hopes of winning a contest.

## Track team has solid nucleus

souad

#### Continued from 5

the guys on this team are going to be able to send some." to go out and do what it takes to stay in the meet. They are going

Hopefully this year we are going Out of his \_

to do well at the regionals. think they have the potential to go on to the state meet." he said. but added that there may be oth-

ers who have the same potential, but just haven't shown it yet really won't know what we have some that stand out on this until our first meet."

to go out and try to win each time they compete."

As a goal, Cornelius said he would like to see as many of his athletes take a trip to the state finals meet as possible.

"My goal is to have as many athletes go to the state finals as possible," he said. "I want them

Cornelius said that the mem- bers showing promise early were Kelleher,	Northville Track and Field
Brad Stoner, Matt Cornelius	. Gabrys and
Higgins.	at I have see. I

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 at or seggleston&ht.homecomm.net.

season's schedule include West Bloomfield, Novi, Brighton and South Lyon.

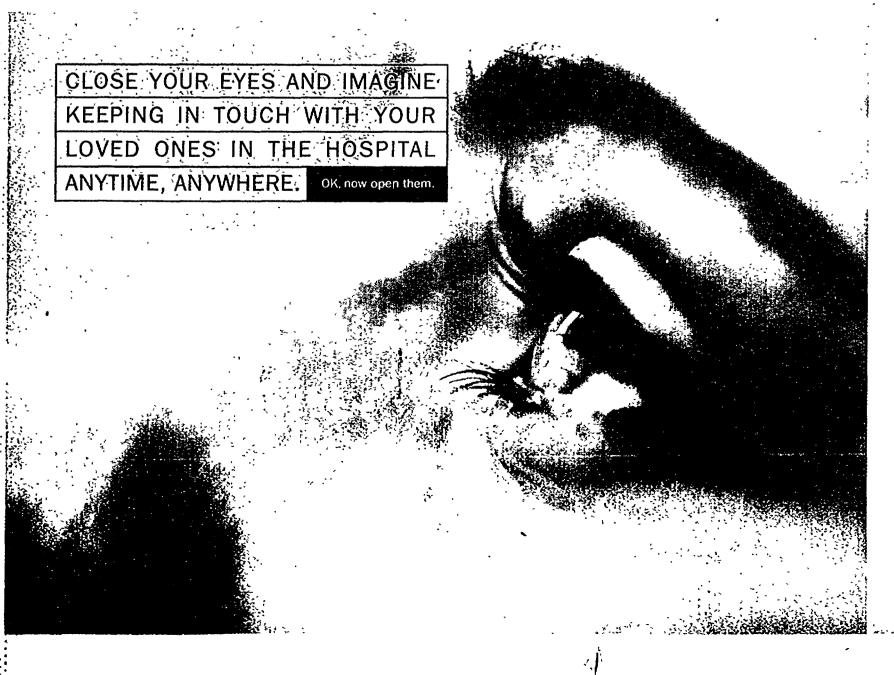
"They are all great programs," Newman said. The kids are just going to have to stay focused and continue to improve as the season goes on. Right now, that

1

"I love our offense," he said. "I

ball pretty good.'

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700. ext. 104 ог at seggleston&ht.homecomm.net.



# HomeTown Classified REAL ESTATE

**Design, decor, outdoor and more** Annual Livingston County Home Show starts Friday in Howell

#### By Andrew Domino SPECIAL WRITER

EAST

The 39th annual Livingston County Home Show is coming to the Howell High School Fieldhouse this weekend.

"It's one-stop shopping for your home," said Barb Rakowski of the Chamber Howell Area of Commerce, coordinator of the show. "Everything from windows and garages to saunas."

Construction companies, decorators and others catering to homes show their wares, introduce themselves and help visitors find out right away who can provide the perfect product.

"it's a place to get ideas, or just go shopping." Rakowski said. "In a couple hours' time, they can know who's in the area, without going through the phone book and hav-ing to drive around to every place." She said some businesses can

accumulate six months to a year's worth of work in the Home Show's three days.

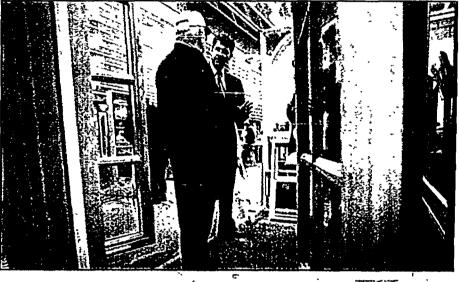
"I've heard from vendors that the people there are serious buyers it's not just people who want to go out on the weekend," she said.

Those who attend the show can see designs for decks, hot tubs, cabinetry and landscaping. Banks at the show will introduce customers to home equity loans, for those just starting to house-hunt. And the vendors themselves come not only from Livingston County but as far as Ann Arbor.

"The biggest draw is having that many businesses together." Rakowski said.

The show's official Web site. www.livingstoncountyhomeshow.c om, promotes exhibitors all year and gives Home Show attendees a virtual tour of the show so they can plan out their visit.







File photos by ALAN WARD/DALY PRESS & APOUS

(Above, left) Visitors browse the aisles at the 2001 Livingston County Home Show. This year, visitors can expect more than 200 displays and booths, the Taste of Livingston food-sampling event, the popular golf show and several events for kids. (Above, right) "Welcome to April Fools day," chuckles Paul McClorey, owner of Wilson Tent Services, as he struggles to raise one of two tents weighed down by unexpected heavy snows at the 2001 Home Show at Howell High School. (Left) Henri Barnett, sales manager of Window Concepts in Brighton, explains his products to Stan and Jane Barker of South Lyon. The annual Home Show is an opportunity for local manufacturers and distributors to show off their wares and for customers to do some one-stop home improvement shopping.

#### HOME SHOW DETAILS

Thursday, April 11, 2002

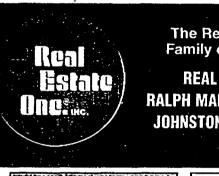
The Home Show takes place 5-9 p.m. Friday, 10 a.m. to 9 p.m. Saturday and 10 a.m. to 4 p.m. Sunday at Howell High School. Tickets are \$5 for adults and \$4 for seniors. There is no admission charge for children and teen-agers. For more information, call the Howell Area Chamber of Commerce at (517) 546-3920.

#### HOME SHOW EVENTS

AAA Michigan will host a safety identification session for parents and kids from 11 a.m. to 2 p.m. Saturday. Home Depot will host a "garden fun" workshop where children can get their green thumbs dirty and have a plant to take home from 11 a.m. to 2 p.m. Saturday. The Taste of Livingston, set

- for 11:30 a.m. to 3 p.m. Saturday, offers visitors a chance to sample foods from
- county restaurants.
- A fine art exhibition will be held throughout the weekend.

The Home Show comes to a close with the golf show, an exhibition of clubs, gear and techniques for those who will be on the course when they aren't fixing up their house.



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& close to everything.

\$184,000

see!

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finished basement, wonderful neighborhood

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ceiling in LR, newer neutral carpet in living

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finished walkout basement. Exquisite detail,

gourmet kitchen w/granite counters &

(31BEA2)

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HIGHLAND - Passes The White Glove Test! Charming 3 bedroom, 2 bath brick cape cod, full basement & 2 car garage. Over 2,200 sq ft. plus Florida room leading to gorgeous inground pool



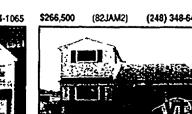


WATERFORD . Lovely colonial. Located in a great family sub. 4 bedroom, 2% bath, fireplace in great room, partial finished basement. Tons of storage. Fenced backyard Home backs up to woods.

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South Lyon 248) 437-3800



car garage & lenced yard.

(24HU82)

\$199,900



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LIVONIA - Great home, great location? 4 bedroom Quad home. Children can walk to school & park, 2's baths, deck, patio, FR, neutral decor, newer floor in kitchen, C/A, 2-

\$265,000

蛇 - 555-

(50DOH2) (248) 348-6430



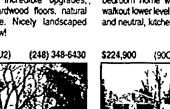
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GREEN OAK - Beautiful 2 story home wapprox 9.5 acres. Features large kit. & dining area widoonwall to enclosed front porch. Living room has French doors leading to I/b Large master bedroom wisiting area, 3 closets, master bath. Many update

\$324,900 (21060628) (248) 437-3800



SOUTH LYON - Most affordable adult co-op. Choice ground level unit. Beautiful fake view Natural décor in move in condition. Monthly maintenance lee includes taxes and heat. Nearly everything except electricity and phone. Large bsml, rec room & 8x10 laundry. \$69,900 (22017403) (248) 437-3800 \$69,900

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(248) 348-6430 \$2,100

(10E)

(248) 348-6430

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NOVI - Lease! Nice 3 bedroom Colonial in

popular area of Novil Granite floors in

kitchen, baths & 1st floor laundry FR

w/natural FP, den, sunroom, finished

basement. Possession end of March LEASE!

PLYMOUTH - Downtown Plymouth charme Remarkable curb appeal and delightful inside! Coved ceilings in LR, original doors w'glass door knobs. Updated windows, siding, gutters & bath. Pergo floor in Retro kitcher

\$214,900



SOUTH LYON - Stunning Colonial in Trotters Pointe! 3,342 SF, incredible upgrades, gourmet kitchen, hardwood floors, natural fireplace w/gas line. Nicely landscaped w patio and great view!

NORTHVILLE - Magnificent home on exceptional lot backing to nature preserve in Fox Hollow! Dramatic cedlings, gourmet kitchen w'granite. Magnificent master suite, finished walkout basement Numerous

amen.t.es! \$1,300,000 (54WOO2) (248) 348-6430





WESTLAND - Picture perfect cherry Oak, 3 and neutral, kitchen w'oak cabinets Hurry

bedroom home with professionally finished walkout lower level on oversized lot! Spacious



Milford

(248) 684-1065

## Home/Garden Events

#### Parade of Homes runs through April 21

The 12th annual Parade of Homes, a scattered site open house of new model homes is on now. Model homes include condominiums and single family homes priced from \$120,000-\$3,300,000.

A Parade of Homes plan book containing renderings of teh 99 par-ticipating homes, features and location maps for all homes is available at Standard Federal bank offices and at the model homes. The information is also available online at www.builders.org.

The Parade of Homes will run through April 21 to give people time to see the models. Building industry experts will judge the homes and award winners in several categories before the show opens. Judging will be based on the design, architecture, special features of the home and value for the price.

#### Free home buying seminars this month

- Beacon Financial Inc. of Brighton along with Advanced Tax Strategies LLC and Remax Homes Inc. are continuing their free home buying seminar series.

The seminars will inform you on how to obtain a mortgage, real estate matters and what the benefits are of home ownership from a tax advantage standpoint. The special seminars will be April 22 and April 30, both at 7 p.m. at the Village Chapel in downtown Fowlerville, 123 S. Second St. Soft drinks and light hors d'oeuvres will be available. You may either call in your reservation or just show up. To call in advance, contact Bob Shepard of Beacon Financial Inc. at (810)

220-0567 or Karen Ryan of Advanced Tax Strategies LLC at (517) 223-5046.

#### Cavalcade of Homes is coming

The Home Builders Association of Livingston County is hosting its 11th annual Cavalcade of Homes, a site parade of new homes for sale over two four-day-weekends:-from May-16-26.

This year's show will feature 30 distinctive homes ranging from just under \$300,000 to over \$750,000 and will include amenities ranging from golf courses and equestrian facilities to gourmet kitchens, surround sound systems, "planned neighborhoods" and more.

Come out and vote for your favorite home for a chance to win over \$5,000 in cash and prizes in the People's Choice Award and find out which homes were voted best of show by a panel of expert judges. sponsored by Preview Properties.com.

Tickets are \$7 for adults over 16 and can be purchased at the Home Builders Association office in downtown Brighton, or at any home on the tour. Watch for discount coupons on the association's Web site, www.hbalc.com and in various newspapers throughout Livingston, Oakland, Washtenaw and Wayne countles.

Show hours are noon to 8 p.m. Thursday, Friday and Saturday and noon to 6 p.m. Sunday on both weekends.

For more information, call (810) 227-6210.

## Murphy beds return to the fold

#### By Rose Bennett Gilbert COPLEY NEWS SERVICE

Q. Whatever happened to Murphy beds? They used to show up sometimes in the movies or on TV when Charlie Chaplin or somebody would get snapped up into the wall. My uncle had a fold-down bed that I thought was totally cool as a child. I loved the idea of putting the bed up out of the way and having all that room space. You didn't even have to make up the bed! I've been thinking about Murphy beds lately and wonder if they are still available.

A. Murphy beds are alive, well, and living up against some of the smartest walls around these days. At least, what we know generically as a "Murphy" bed is actually enjoying a comeback. In fact, I understand that the presto-change-o bed patented by William L. Murphy back in 1908 has now come into the public domain, so you may find the idea reinterpreted under different names and in many new and newsworthy new materials.

It's a better than ever bet for any room that's starved for floor space by day, especially with some many of us desperate for a home office. The perfect case in point is the instant guestroom we show here. For 9 to 5 on weekdays, it hums along as a well-equipped, highly efficient home office.

But at the drop of an invitation, the room morphs into comfortable, graceful accommodations for overnight guests, all thanks to the socalled Murphy bed that spends the business week up against the wall, literally. This photo, borrowed from Better Homes and Gardens' \*Bed & Bath Decorating Ideas & Projects" (Meredith Books), shows how you can make "instant hospitality" even faster: pull down the bed and the poster's already hung in place.

#### Storage solutions

Q. There's never enough storage space in our apartment. We have a sleeper in the living room so at least we can have overnight guests, but with the new baby and all her stuff. there's no place to stash the extra covers and linens. My husband thinks we should buy a quilt and just hang it on the wall until we need it. Think of something else!

A. The right hamper can, well, un-hamper your space. Chances are your local furniture store can track down a storage ottoman for you. the larger the better. Such ottomans open to



A fold-down bed turns a home office into an instant guest room. The art print stays put when the bed folds up again.

offer generous hidden storage inside. Plus, they're usually on small wheels so you can roll it where you need it, then out of the way. Buy it in a durable fabric, like leather, or have it upholstered to work with your sofa fabric. If your guest room needs are infrequent, you might also have a glass top cut to fit, the better to work as a cocktail table. Trade the storage ottoman for your usual cocktail table, and no one will guess it's chock full of company linens. At least, not until bedtime.

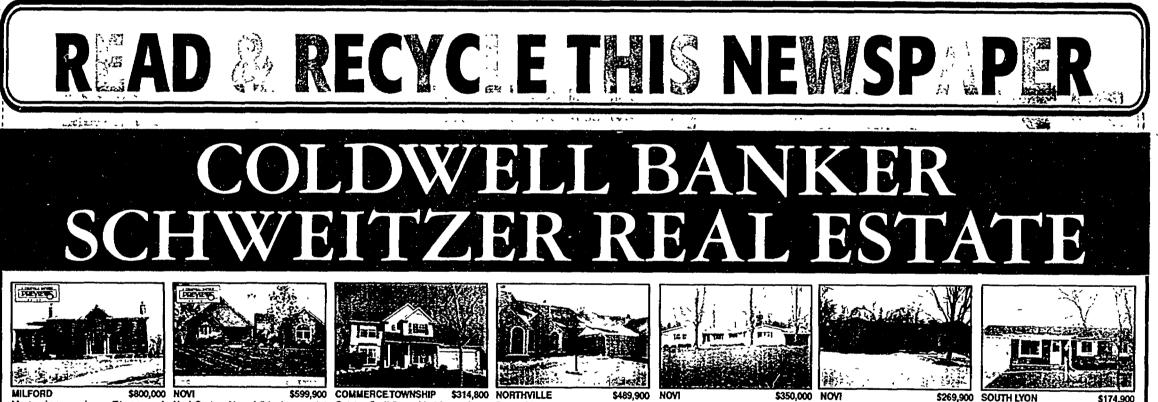
#### Treating ceiling beams

Q. I need help: my living room has open beams on the ceiling that are stained dark brown. The ceiling is stained light (maple). I want to paint the beams and the walls so (the room) is not so dark. ...

A. Then by all means set those brushes in motion. As you already know, the lighter the overhead in a room, the higher the ceiling feels and the brighter the room below.

You have a couple of choices here: 1. Paint both the beams and the background ceiling the same bright white to smooth out any \*busyness" overhead: 2. Paint the ceiling itself very clear white and make the beams a slightly warmer white, so you have just a hint of eyecatching contrast.

Either way, you'll love how the space opens up and the room fills with new light.



Masterpiece in Elegancel Unsurpassed quality, 3 acres, formal floor master suite, Florida rm Irving/dining rooms, Brazilian Cherry overlooking in ground pool & tree-lined floors, gournet kitchen, first floor backyard, huge kitchen w/2 way Exceptional multi level cedar deck for bsmt, bridge overlooking ir, 1st flr, master, 2 fireplaces, patio, 3 car fireplace, fabulous finished bsmt, & 35 summer relaxation. (BGN26FOO) 888- master ste & three suites. (BGN88LOC) garage. (BGN09IVY) 888-220-3751

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br Colonial! W/pond. Northwide built, 1st floor master, gr w/bridge address/S. Lyon Schools. Fine tile above 2.5 car garage, 2 story loyer, foyer, curved oak stair, 23x20 fam rm tree lined backyard, oak floor in loyer, w/gas fp, libr, 1st fir, Indry, sunr room dr & 1/2 bath, original owners! French doors. (BGN69HIC) 888-220- (BGN68WOR) 888-220-3751 3751



NOV Absolutely Gorgeous 3+ Acres 3223 ft Novi Cape Cod on Large Lot! Custom 3751



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and

SOUTH LYON 1.33 acres of beautiful buildable land Located just outside of town on a private road. Excellent perk. Survey done & recorded at township. Private rd. to be completed by seller. Call lister for info (BGSLYVLDON) 888-224-1387



NORTHVILLE \$574,900 Spectacular expanded Bridgemont Model! Popular Northville sub, walk-out bsmnt, gourmet kitchen w/bridge above, 1st floor master suite fireplace, 2 staircases & much more (BGN89CAS) 888-220-3751



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with maple cabinets and Pergo floors. story formal living/dining rooms, Ceramic bath with heated floors, great conservatory, 1998 built, master suite room has natural fireplace and cove w/glamour ceitings. Very well maintained. Home Warranty included 888-224-1387



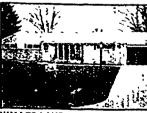
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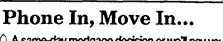
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CANTON RANCH - Three bedrooms, 2 THERE IS NOTHING TO DO - Super EXCITING INVESTMENT FAMILY COMPOUND - Main house and PERFECT HOUSE ON A LAKE! - TOTALLY UPDATED & IMPECCABLY COMMERCIAL OPPORTUNITY - Be it full baths brick ranch. Finished basement completely remodeled ranch with new white OPPORTUNITY - 1950 sq. ft. quad-level guest cottage on beautiful 5.10 acre country Ready to move in home on all sports MAINTAINED - The updates in this retail, office or service, these 3.574 square with 4ft bedroom, katchen and bath. New kitchen and remodeled basement. Perfectly home on huge wooded but Four bedrooms, setting. Three ponds, in-ground pool English Runyan Lake. This year round spacious Redford ranch include: kitchen with oak feet rich in Plymouth history offer a unique with 4th bedroom, latchen and bath. New kitchen and remodeled basement. Perfectly home on huge wooded tot. Four bedrooms, furnace, air and hot water heater in 2001. white glove clean. Must be seen to 2 full baths, 2 half baths, 2 half baths. Newer kitchen, Large yard with 2 car garage. \$169,900 appreciate! \$167,900 (411GL) fooring, windows, rool, more. Finished basement with sauna. Needs TLC Lot can

EXCITING

INVESTMENT FAMILY COMPOUND - Main house and

2 full baths, 2 half baths. Newer kitchen, garden, gazebo, 4 car garage, kennel, home has living room with fireplace, Florida cabinets, windows with warranty, vinyl opportu flooring, windows, rool, more, Finished Custom built home has formal dining, den room with serene views of the lake, and 80 siding, roof on home and garage, furnace (198LI) basement with sauna. Needs TEC Lot can family room with fireplace, spacious master fL of frontage with dock & boat facilities. with air conditioning and garage and entry be split and sold. \$320,000 (125MA) and finished basement. \$649,900 (899HA) \$335,000 (532RU) doors. Squeaky clean! \$115,900 (341BR) doors. Squeaky clean! \$115,900 (341BR)

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CLOSE TO TOWN - Freshly painted 3 EXECUTIVE GOLF COMMUNITY bedroom, 4 ½ bath in Arnold Palmer Gott bedroom, 1 bath ranch in Plymouth Large Canton colonial has gournet kachen Community. Picture perfect wooded views Township. Updates: remodeled bath wibuilt-in appliances, sunny nook wigoth Middlestraits Lake home-2 kull baths and from every window. Outstanding landscape, winever plumbing, beautiful Andersen bay course views & formal dining room, Private finished basement with separate 2 car decking and paver walkways. Spectacular window, newer & easy to maintain laminate 1st floor den & living room. Supersized 2nd garage. Year round playground with dock interior with extensive upgrades. Hardwood floors, newer carpet & newer furnace bedroom, master wirks own glamour bath, and easy boat access \$524,900 (462LA) Neutral thruout. Also included: 16x8 Florida Extra deep storage closets & open 2-story room and a 1 % car attached garage with loyer Enjoy the full basement, 3 car garage lots of storage \$145,000 (861MA)





describes this cape cod, bedroom



updates. Windows, doors, siding, furnace,

Air. PLYMOUTH RANCH - Don't miss out on COME LOOK AT ITS VALUES - Enjoy this fantastic 3 bedroom home with all the well-maintained 3 bedroom, 2 bath

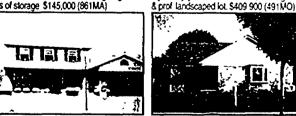
bungalow on tree-fringed street. Neat brickair conditioning, paini, carpet, etc. It's all vinyl 1 ½ slory Near schools. 2 ½ car been done \$158,500 (195Gi) garage. Oak woodwork, hardwood flooring, garage. Oak woodwork, hardwood flooring, fireplace, formal fiving room, master Quality throughoutt 2000 but new carpeting. Newly painted interior, new bedroom witrey ceiling, bath & WIC Victorian \$839,000 (703TH) lotchen, central heat/air. Finished basement. Entertaining sized kitchen w/appliances, 1st Deck, big porch. New roof & lence. Home Boor laundy, Prol. landscaped, 3 car garage with nice leatures. \$133,500 (401N) & extra deep basement. \$409,900 (903ST)



% bath colonial w/2 story entry w/ceramic,

-

huge master suite, family room with formal DR w/HDWD. Pillared FR with natural Breplace, wrap around porch, and more. sunroom off the family room, 1st floor freplace, formal living room, master Quality throughout 2000 built Queen Anne laundry, and a finished basement. All this in



baths. Traditional floor plan, 3 season a nice Livonia location! \$1,950 (747SU)

PRESTIGIOUS STRATFORD PARK - HISTORICALLY AUTHENTIC - Block ONE YEAR LEASE AVAILABLE - This SPACIOUS CAPE COD - Great 4 Private court setting sets stage for 4 BDR, 2 to downlown Northville. Spacious kitchen, sharp colonial offers 4 bedrooms and 2 ½ bedroom, 2 bath home. Spacious bedrooms, SPACIOUS CAPE COD - Great 4 throughout. Main bath totally remodeled Large open kitchen. Big tenced yard with brok paver pabo and 2 car garage, \$160,000 (070HE)

185



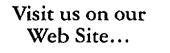
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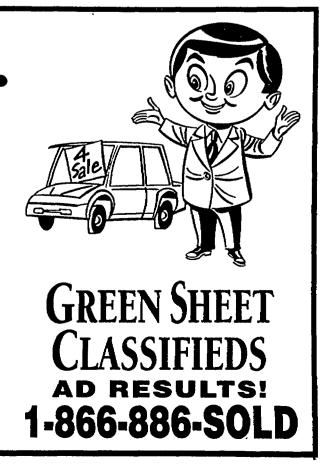
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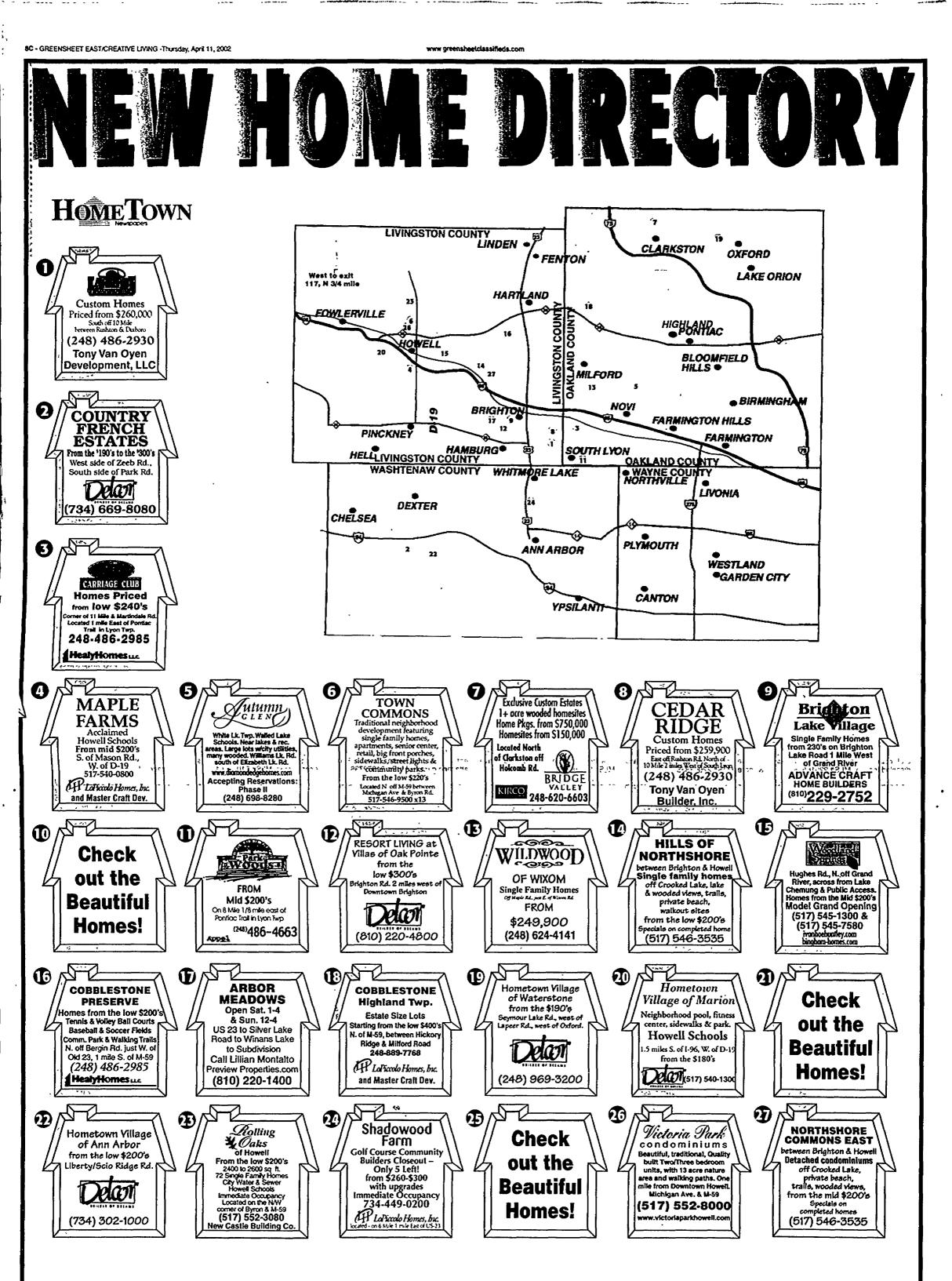
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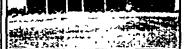




HOWELL AREA Home features 3 bedrooms, 2 full baths w/ule floor. Kitchen & dining w/hardwood floors, FP, air conditioner, full basement & attached garage. MLS# 21100777.

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HOWELL AREA \$295,000 Gorgeous rustic w/open floor plan, vaulted ceiling, massive windows in dining area, covered porch, 3 car garage and more, MLS# 21080568.



**HOWELL AREA** \$219,900 Stately 2 story Colonial w/hardwood loyer, ceramic tile baths, great room with fireplace. Paved roads & park area.



HOWELL AREA \$184.900 Open great room w/stairway to basement w/daylight windows. Tile in baths & kitchen, Basement plumbed for 3rd BR,



**HOWELL AREA** \$229,900 Beautiful secluded 5 acre parcel w/small pond. Many extras such as spacious kitchen w/an abundance of cabinets,

magazine in stores

everywhere or call and

have one sent to you!



Oak Memiat kitchen cabinets with snack bar, master bath with double sinks, large fiberglass tub, split floor plan & neutral decor, MLS# 21093591,



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Michigan's #1 CENTURY 21 Firm!

You Losel 3 bedroom ranch w/n

w/newer built garage. Almost all work

has been done, like roof, C/A, electri-

cal, hot water heater, windows, carpet,

kitchen cabinets & counter, bath too.

Newer siding & super front porch. \$109,900 (03DUD) 248-349-5600

WALLED LAKE - Great Location.

Smaller complex w/pool & clubhouse.

Very nice 2 bedroom, 1.5 bath whard-

wood floor in kitchen & dining area.

Full basement, carport, newer hot

water heater. Association dues include

PLYMOUTH - Trailwood Sub! Much sought after Trailwood Colonial. Original owners took pride in maintaining & updating home, 4 bedrooms, 2.5 baths, updates include: electricity, roof, windows, kitchen, bath & plumb ing' \$298,000 (18APP) 734-455-5600

**ROCHESTER HILLS - Barclay** 

Townhouse! 2 BR, 2.5 BA w/neutral

decor & a feeling of spaciousness.

Main floor w/ceramic entry, living room

w/fireplace & cathedral ceilings, dining

room w/doorwall to deck, 2nd level

bedrooms have private bath, loft.

\$189,900 (27ASH) 734-455-5600

(25AUB) 734-455-5600

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window air conditioner, 3 bedrooms, partially finished basement & garage \$116,900 (68FOX) 734-455-5600





REDFORD - Charm & Characterl 4 bedroom, 2 bath bungalow. Large living room wheautiful fireplace, cheerful, sunny dining room full of windows, full basement, newer windows, nature



PLYMOUTH - Downtown Plymouth! GARDEN CITY ~ Wonderful Home! Walk to downtown Plymouth from this North Garden City. 3 bedroom, 1.5 appealing bungalow! Updated kitchen, bath ranch w/newer windows, roof & bath & master bedroom, coved ceilhot water heater, beautiful oak kitchen w/hardwood floors under. Roof stripped '01 & finished basement ings, neutral decor, newer carpet, landscape & central air. \$204,900 w/wet bar. \$158,900 (45GOL) 734-



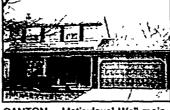
WESTLAND - A Must See! 3 bed-LIVONIA - Country in the Cityl Livoroom, 2 bath brick ranch. Totally remodeled down to the studs in '96! Beautiful oak kitchen, quality windows, newer carpet, flooring & window treat-ments, large deck & 1st floor laundry.



CANTON - Spectacular! 4 bedroom, 2.5 bath colonial on a much sought kitchen, family room w/fireplace, overlooks private yard, finished basement. Prime Sunflower Sub! Over 20 acres of parks1 \$315,000 (90HAT) 734-455-



REDFORD - Don't Miss This Home! 3 bedroom, 1.5 bath brick bungalow w/newer vinyl windows, aluminum trim, wet plaster, coved ceilings, updated kitchen w/Pergo floors, finished rec room, master with walk-in closet, 2 car garage. \$121,900 (02LEN) 734-455-5600



CANTON - Meticulous! Well maintained colonial w/3 bedrooms, 1.5 baths. Large family room w/fireplace & newer carpet, updated country kitchen, 1st floor laundry, newer windows, shingles & entry doors. Walk to Flodin Park \$214,500 (78MOR) 734-455-5600



Michigan's #1 **Century 21 Firm!** 



PLYMOUTH - Not in 29 Years! First time on market in 29 years! Clean & well maintained Tri-level! Andersen wood windows throughout. Cheerful eating area w/window overlooking yard, newer siding. \$179,000 (350RA) 734-455-5600



SOUTH LYON - Adult Ranch Condo. Clean & charming end unit w/clubhouse on Crooked Lake. 2 full ceramic baths, formal dining room & kitchen w/extra cuoboards & opening to living room, newer central air unit, Florida room that is ready for summer time. \$122,000 (13LEX) 248-349-5600



NOVI - Open contemporary floor plan & attention paid to details. Paladium windows & soaring ceilings in living room. Master bedroom suite w/bay window, deck & sitting area. Large deck w/screened room, approx. 1.6 acres. Daylite basement, ready to finish. \$626,900 (30THO) 248-349-5600



SOUTH LYON -- Spectacular Custom Home. Builders own home. 4 spa-cious bedrooms, 4 baths & 2 staircases. Custom throughout w/cherry wood, marble & granite. Golf course frontage w/beautiful views. Bonus room w/closet completely finished. \$776,900 (58STA) 248-349-5600



REDFORD - Clean & Neutral. Updated 3 bedroom bungalow. Partially finished basement and 2.5 car garage. Great location & price. Home protection plan included. \$123,900 (08APP) 248-349-5600



HARTLAND - Lake Privileges & Quiet. Perfect for 1st time buyers seeking all-sports spring-fed lakes. 4 bedroom, 1 bath ranch on large lot on private road. Large heated back porch. Roof tear-off in 1998. \$134,500 (32SHO) 248-349-5600



GARDEN CITY - 3 bedroom ranch. Ready to move in. Freshly painted, hardwood floors, updated bath w/oak cabinets, solid core oak interior doors, newer cement drive, porch w/awning, vinyl siding, shed w/electric-phone & generator hook-up. Warranty offered.

SOUTH LYON - Tanglewood Goli Community. Cape Cod walk-out on 2nd fairway, 1st floor master w/2 walkin closets, ceramic bath, great room w/2-way fireplace, oak kitchen w/walkin pantry, fin walk-out basement w/full bar-game area, deck, 3 car garage. \$459,000 (60SPY) 248-349-5600



LIVONIA -- Well Maintained Livonia Tudor, 4 bedroom, 2.5 bath home with spacious rooms, newer roof, carpeting, windows & fresh paint in most rooms. Completely remodeled ceramic bath, sliding glass door to deck overlooking ravine lot. \$274,900 (250UA) 248-349-5600



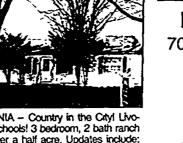
WEST BLOOMFIELD - Doesn't Get Any Better. Home w/dynamic decorating. Setting backs to protected wetlands. Prof. fin walk-out basement, 2 fireplaces, crown molding, doors, hardwood & trim package. Granite countertops & renewal windows. 39.900 (410AK) 248-349-5600



NOVI - Ready and Waiting. Great family sub. Vista's of Novi. 4 bedroom. 2.5 bath Colonial. Very open floor plan. Beautiful hardwood floors. Home warranty included. Occupancy negotiable, \$345,000 (93HEA) 248-349-3 5600



FARMINGTON - Absolutely Spectacular. Custom built Colonial with 4 bedrooms, 3.5 baths, 4 fireplaces, 3 car attached garage, finished basement. Approx. 1 acre lot that is country living in the city. Veranda surrounding 3 sides of this home that was rebuilt in



nia Schools! 3 bedroom, 2 bath ranch on over a half acre. Updates include: new kitchen, many new windows, updated electrical & plumbing, master bedroom w/private bath & walk-in closet. \$174,900 (52GRO) 734-455-



after private lot! Large luxury island 5600

finished basement, 2 car garage. \$159,900 (45CAR) 734-455-5600

LIVONIA - Well Maintained Ranch!

Livonia w/Livonia schools! offers 3

bedrooms & living room w/hardwood

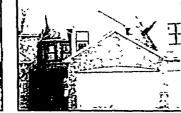
floors under carpeting. Updated spa-

cious kitchen, newer windows & fur-nace, central air & central vac, partially

\$162,000 (34BAR) 734-455-5600



REDFORD - Bright Redford Bunga low! Many updates: newer vinyl siding, windows, doors & furnace, 11x7 deck partially finished basement & updated electric w/breakers, carpeted thru-out, lots of storage. FHA & VA. \$109,900 (07CEN) 734-455-5600



CANTON - Carriage Park! 2 bed-room, 2.5 bath condo w/soaring ceilings & open floor plan, master suite w/extra closet space, formal dining room, living room w/oak mantle, door-wall to patio, 1st floor laundry. \$185,900 (49HOR) 734-455-5600



CANTON - Backs to Commons! 3 bedroom, 2.5 bath Colonial. Nice, open floor plan w/neutral tones throughout, dining room w/bay win-dow, island kitchen w/lots of cabinets & newer floor, family room w/fireplace & vaulted ceiling, finished basement. \$249,900 (38RIV) 734-455-5600



CANTON - Like New! 3 bedroom, 2 bath Cape Cod, just 8 years old. Light oak kitchen cabinets, all seasons fami ly room, hardwood entry foyer, ceiling fans & 2 car attached garage & floral gardens<sup>1</sup> \$189,900 (36ELM) 734-455-5600



GARDEN CITY - Top of the Linel Stunning 3 bedroom, 2 bath ranch w/updates galore: Wallside windows, roof, paint, cement, garage door, ceramic tiled bath, electric & plumbing tool Custom kitchen & finished baseWESTLAND - From Any Angle! This

REDFORD - Look No Furthert 3 bed-

room, 1.5 brick bungalow. Absolutely

beautifull Sparkling remodeled

kitchen, refinished hardwood floors,

elegant dining room, finished base-

home shows GREATI From the Pergo floors to the deck and park-like backyard you will smile w/approvali Updated windows & carpet, open floor plan, deck on a cul-de-sac location.





WESTLAND - Space for the Dollarl 4 bedroom, 1.5 bath & attached garage with a large backyard in Westland! Newer roof & windows, highlight this home, with room for family. Your deo orating touch is all that is needed!



FARMINGTON - Chatham Hills on the Park. 4 bedroom colonial w/beautiful hardwood floors in foyer, family room & dining room. Family room has marble fireplace, bay window & custom wall decorator moldings. Tiered gardens lead to park. \$319,000 (64SMI) 248-349-5600



WHITE LAKE - Newer White Lake Ranch. Beautifully maintained 3 bedroom, 2 bath ranch w/full master bath, first floor laundry, cathedral ceiling, hardwood floors in kitchen, dining, laundry rooms and large cedar deck. \$244,500 (090NA) 248-349-5600

HUNTINGTON WOODS - Charming 4 bedroom, 2.5 bath home. Hardwood

floors exposed throughout. Large sun-

room in rear, natural fireplace & par-

\$129,900 (11KAT) 248-349-5600 

FARMINGTON HILLS - Ranch. This 1995 built builders own home has 3 bedrooms & 3 baths. State of the art gourmet kitchen. Library & formal din ing room. Spacious finished basement included 4th bedroom, kitchen & full bath, 3 car side entry garage. \$449,900 (95TEA) 248-349-5600

**GREEN OAK - Executive Colonial** 

w/view of lake from extra large deck,

plus hot tub. 4 bedrooms, 3 baths



SOUTH LYON - All Brick Georgian Colonial. 3 bedroom. 2 full & 2.5 bath home that is grand hotel style-porches. Island kitchen open to dining room w/fireplace, wet bar in family room plus fireplace. Huge rooms, master sute w/Jacuzzi tub, bidet, walk-in closet. \$340,000 (07AYL) 248-349-5600



NOVI - Cut Above. Amenities abound in 4 bedroom colonial w/soaring ceilings, 2 staircases, granite counters, plantation shutters, brick patio/wrought iron, cul-de-sac location, professionally landscaped w/Northville schools. \$578,000 (97AUT) 248-349-5600

wisland kitchen & first floor laundry. Library has closet & adjacent bath, could be in-law suite, soaring ceilings in great room w/natural fireplace. \$337,000 (88TAR) 248-349-5600



SOUTH LYON - Prestigious Golf Community, 4 bedroom, 3.5 bath masterpiece home is still in the process of being custom designed. There is still time for your design input. \$699,900 (13STA) 248-349-5600



PLYMOUTH - Great Investment. Multi family house w/3 bedrooms and 3 baths. Tenant occupied, 1 story workshop/garage/storage building on property. \$325,900 (53NOR) 248-349-5600

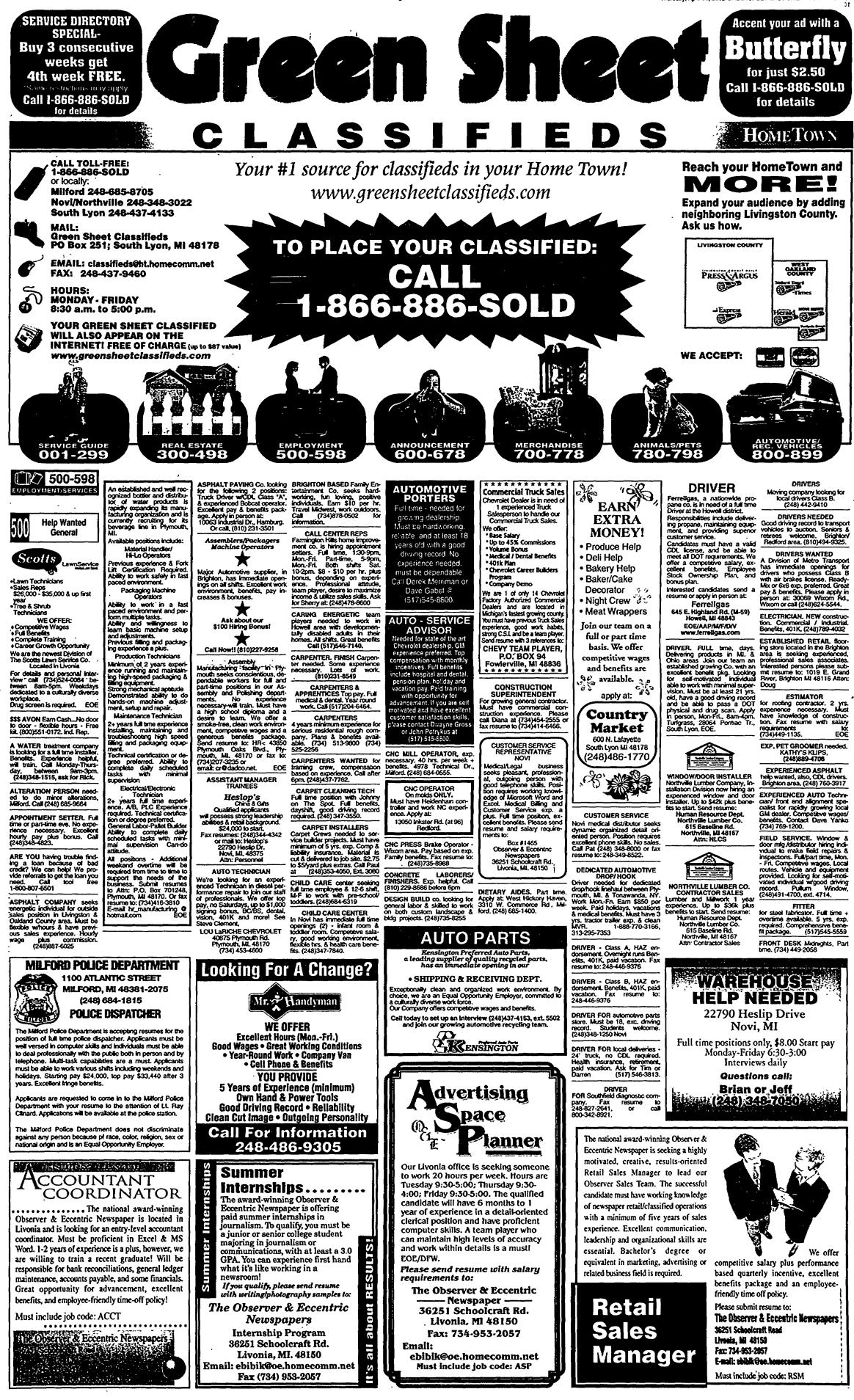






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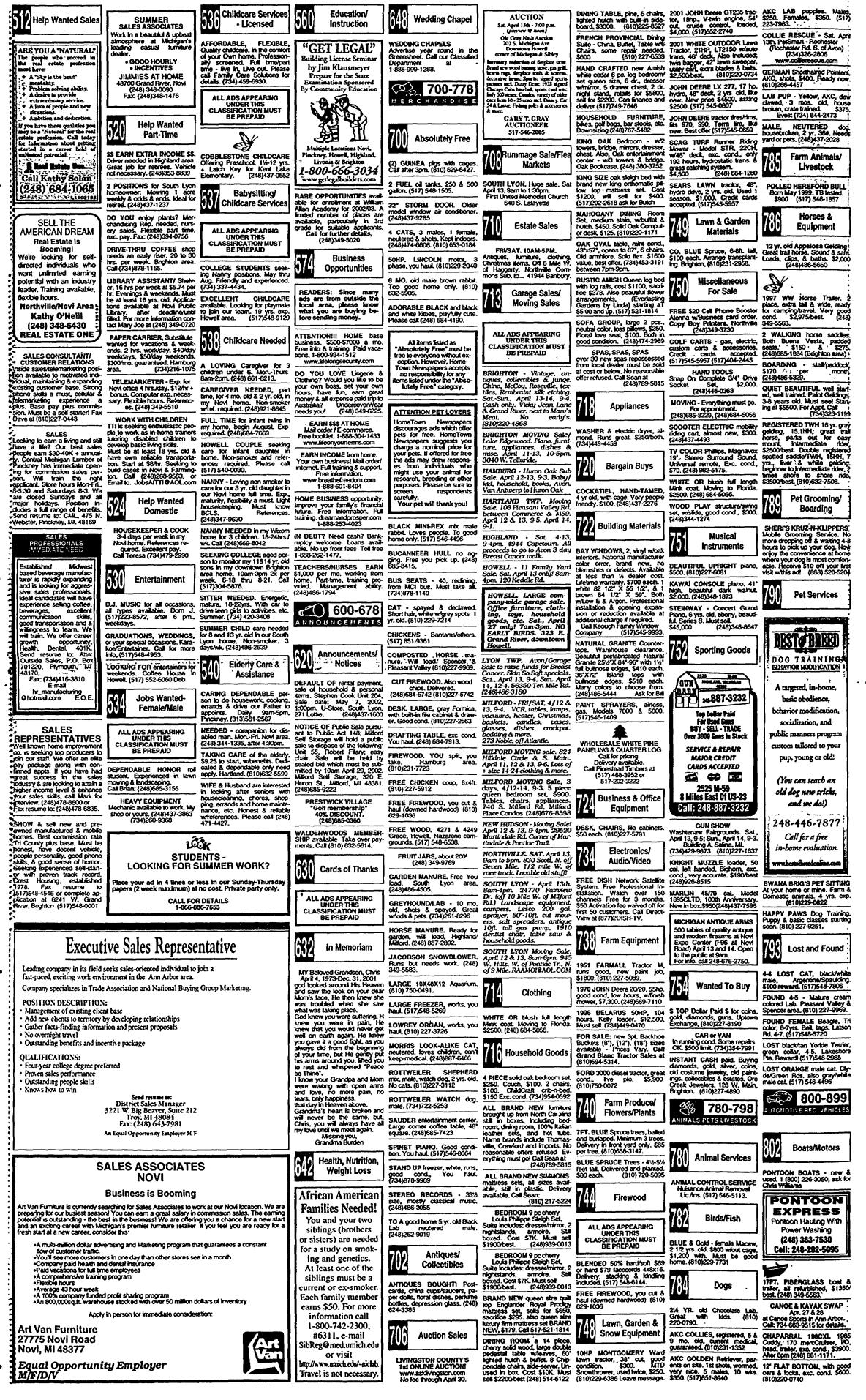
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 96 INTREPID, 3.5, V6, loaded, never smoked in, adult owned, autom amber metallic, tan lop & smoked in, adult owned, autom amber metallic, tan lop & air bags, CD, remote entry, Strong (2600 cond., \$12,500 (810)227-5459

 1990 SUNDANCE, 75K miles air, automatic, exc. cond. \$2,700/best. (248)486-3998 1991 LEXUS LS400. traction Nak. CD, heated seats, 108K miles. \$9,500. (810) 225-1720 speed, 106k, runshooks good. \$2900/best. (810)231-8301

1992 ACCORD 2 door manual 1995 FORD Taurus GL. 4 door. New transhires. Great conditon. \$4,300/best. (517)548-5526 106k, loaded, 4 cyl. no rust. sunroof. \$8500. (517)546-6369

1992 TEMPO, 83K miles, clean in & out. \$2300/best. (810) 206-0751 1995 GRAND Marquis LS, 104K, easy miles, garage kept. \$6900/best. (734)449-0470 1995 TOYOTA Corolla DX.

138,000 miles, good cond. \$3,300/best. (517)404-2532 1996 ESCORT LX WAGON Manual, loaded, runs great, 125K. \$2,600 (734) 498-3319

well-deserved laurels.

should come in time.

come back to hurt you.

mitment seems to be wavering.

right decision

'96 INTREPID. 3.5, V6, loaded, exc. cond., tuneup, new brakes, air bags, CD, remote entry, 69K, \$6200. (248)486-6082 1997 DODGE NEON, red, air,

cassette, 69K miles, exc. cond. \$6000/best. (810)229-6386 1997 GRAND Prix GTP - ga-rage kept since new, very low miles, only \$1800 below black book \$99 down. TYME AUTO (734)455-5566.

1996 GRAND PRIX, GTP, CD, am/im, leather, black/bla miles, exc. cond. \$13,500 or best offer. (810)714-4932

someone else take credit for the project you

started by finishing it yourself. Then it will be

you lovely Lambs who will be wearing those

TAURUS (April 20 to May 20) The facts about

a new opportunity are still emerging. Wait

until they're all out in the open, and then use

your keen business sense to help make the

GEMINI (May 21 to June 20) You might feel

confused, even hurt by a friend who suddenly

puts distance between you. If she or he won't

discuss it, don't push it. An explanation

CANCER (June 21 to July 22) Your willing-

ness to be part of the team opens doors that

had been shut to you. Keep them open by

keeping your promises even when your com-

LEO (July 23 to August 22) Congratulations.

LIBRA (September 23 to October 22) A

stress-filled period takes a positive turn as you deal with the underlying problem. Act now to

You're really getting things done to purr-fec-

SALOME'S STARS

ARIES (March 21 to April 19) Avoid having avoid a recurrence by changing some basic

1998 NEON - auto, air, stereo. \$490 down, \$116mo. No co-signer - needed. Must be No co-ust be

Working. TYME AUTO (734) 455-5566 2002 TOYOTA Corola CE, 700 miles, 4 door, air, auto., am/im. \$11,500. (517)546-1916 1999 CIVIC LX - 44K, exc. cond. power. \$10,800 (810)220-8603

1999 SAAB 9.3 turbo, green, loaded. \$18,599 (810)227-8516

rules in your relationship.

both at home and on the job.

er for guidance.

2000 CHRYSLER 300M, blue, 1980 FORD Thunderbird - 55K, exc. cond., loaded, 40k hwy. original owner, good cond., new miles. \$18,250. (810)231-2888 tres. \$1,800 (248) 347-9676

SCORPIO (October 23 to November 21) Your

rising energy levels make it easier for you to

achieve some important objectives. This could

lead to a big boost in how you're perceived.

but could be so wrong. Look to a trusted advis-

AQUARIUS (January 20 to February 18) You

could be assuming far too many responsibili-

ties, whether it's at work or in personal mat-

ters. Be careful that you're not weighed down

1999 VW Beete GLs, 2.0, 5 1986 HONDA Accord, engin speed, 50K, new Perelii Tires, nuns great, needs clutch work chrome wheels, asking \$13,000 Great fixer or parts car. \$500, c • (517) 223-1374, 10-8, ask for best offer. Call (248)465-623 Keily or see at Pro Street Auto -Fowlerville.

2000 ALERO. Exc. cond., 1 1989 BUICK REGAL Custo owner, assume lease, 2 yrs. auto, 120K miles, \$1300be remaining or purchase. (517) (248)486-7005 404-7630.

1993 DODGE Spinit runs grea \$1500/best. Call before Spr \$1500/best. Ca (734) 878-6074

1993 FORD Festiva, cd player 83k miles. Runs good \$500 (248)449-5438 Autos Under \$2,000

POLICE IMPOUNDS! Cars from \$500. Lists: (800)319-3323, x7375

**CLEAR OUT** your garage or attic and make some extra cash at it. Advertise a

garage sale in our classified ads.

# Your Search Ends Here

No matter what SAGITTARIUS (November 22 to December you're looking for, 21) A changing picture begins to emerge as you a new home, learn more about an offer that seemed so right

a new job, a new car, or maybe a contractor to work

CAPRICORN (December 22 to January 19) Spiritual aspects are strong. Take time to on that reflect on the path you're on and where you new home .... hope it will lead you. It's also a good time to your search ends

here in Your Green Sheet Classifieds!





tion. And don't forget to take a catnap now and	PISCES (February 19 to March 20) You're
again to keep those energy levels up and	getting closer to your goals. And since nothing
bristling for action.	succeeds like success (or the promise thereof),
VIRGO (August 23 to September 22) Your	don't be surprised to find new supporters
"plain-talking" honesty is admirable. But	swimming alongside you.
sometimes sharp words can leave painful	BORN THIS WEEK: You are always the first
scars. Be careful that what you say doesn't	to try new ventures and confront new chal-

by them.

reach out to loved ones.

lways the first to try new ventures and confront new challenges. You inspire others with your courage to follow your bold example.

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# Paw's Corner By Samantha Mazzotta

### Dressing Up the Aquarium

Q: Can I put live plants in an aquarium without harming my fish? 

4 .... A: Absolutely — as long as you know which types of plants are suitable for enclosed aquariums. Plants that aren't designed to live underwater can die and decay, creating an unhealthy environment for the fish. Proper care of aquarium plants is also important, because algae or disease can finish them off quickly.

Aquarium plants release oxygen into the water and create a beautiful, natural environment for fish to swim in --- and for you to enjoy observing. So, how do you find out which plants to use? Lucky you - a new, beautifully photographed and illustrated book is now available that

plants, will die when submerged; they're really houseplants.

Checklists for shoppers, and a basic guide to aquarium maintenance, are notable features that make this a nice guidebook for new aquarium owners. Gula also tells you how to plan and design the layout of plants before filling the aquarium, and gives instructions for care and feeding of your underwater garden.

Best of all (in my opinion), this is a small reference book - only 64 full-color pages. But it's packed with information and laid out in an easyto-understand manner that beginners will appreciate. Bigger books with longer lists of aquarium plants and suitable fish are out there, but this is a great starting point.

Pick up a copy today, and start planning the beautiful aquarium you've been dreaming off

866-886-SOLD **CLEAR OUT** your garage or attic and make some extra cash at it. Advertise a garage sale in our classifi CLEAR OUT your garage or attic and make some extra cash at it. Advertise a rage sale in our classified ads. ads. ads. CLEAR OUT your garage or attic and make some extra cash at it. Advertise a garage sale in our classified ads.

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# CROSSWORD PUZZLE

moonroof, \$7,800

5 OL, auto, red Must See1 \$3,500/bes1 (810)629-8575 sunroof, complete maintenance record. Very good cond. \$3,150/ best. (248) 349-5563

Honda

very good cond (248)486-3196.

**Autos Over** 

\$2,000

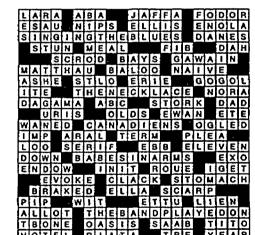
1994 ACCORD EX - ar, stereo,

1978 PONTIAC Trans Am. Runs good, little rust, driveable \$2200 best (517)548-7987.

1989 MUSTANG LX

Ì 1993 SATURN SC2. Air, power

# **ANSWERS TO** LAST WEEK'S PUZZLE



# INFOLINK By Bob Vogel

What Video Game is Johnny Playing?

Dear Mr. Vogel: I was surprised that you seemed to take the position, for two weeks in a tow, that violent video games are "harmless." It has been my understanding for some time how that every legitimate study has demonstrated that there is a strong relationship between violent entertainment and aggressive behavior in children, youths and adults.

The following Web site was listed as a source for information on media violence and www.extension.lastate.edu/familiteracy: lies/media/resources.html. - A Reader in Hastings, Mich.

Dear Reader: Thanks for the link. In my defense, however, I never did take the position that video games are "harmless." I only meant to point out that violent video games are unfairly blamed for violent youth, and to think that isolating kids from violent media in general would make them wonderful human beings is a gross dversimplification.

. Most of the studies out there do establish a "relationship" as you say, between violent enterfainment and aggressive behavior in kids, but I've only seen a handful that had the bravado to make the leap to causality, and I've seen just as many

that go to pains to say, "sure there's a relation- gelatin ship, but ....

Still, the link you provided will be very helpful and-serve pudding mix for parents willing to take the time to figure out what their kids are playing on the X-Box. Of par- water, drained and 1/2 cup liquid reserved ticular interest is the Entertainment Software Rating Board (www.esrb.org), the nonprofit organization that developed a comprehensive rating system for video games to help parents decide what video games they'd like to let junior play.

(The ESRB's system has been endorsed by bigname athletes such as Derek Jeter and Tiger Woods, as well as Regis Philbin. OK, which of these things do not fit? I admire that Regis cares, but let's face it, his endorsement might not carry a lot of weight with the young'ns.)

get involved in Johnny's video-game choices may be a good parent anyway. But there are plenty of bad parents waiting to blame their child's violent behavior on society. Heavy metal rock music went through this, and so will violent video games.

Aspiring good parents, on the other hand, will find some useful information at the link provided by our friend in Michigan.

Comments? Questions? Contact InfoLink at robertvogel@earthlink.net. (c) 2002 King Features Synd., Inc.

by Wolfgang Gula (Barron's Education Series, Inc.), provides clear, precise information for aquarium owners delving into the world of aquatic plants.

addresses this issue. "Plants for Your Aquarium"

Gula tells you which plants to use - and which to avoid. For example, spider plants and philodendrons, sometimes sold as aquatic

**Comfort Foods Made Fast &** Healthy

By JoAnna M. Lund

No Lie - This Is Good!

Even if George Washington didn't cut down the cherry tree — he'd be first in line for a tasty piece of this ultra-easy dessert!

CHOCOLATE CHERRY COBBLER

1 (4-serving) package sugar-free cherry

1 (4-serving) package sugar-free vanilla cook-

1 (16-ounce) can tart red cherries, packed in 1 1/4 cups water

3/4 cup biscuit reduced-fat baking mix

3 tablespoons unsweetened cocoa

Sugar substitute, suitable for baking, to equal 1/2 cup sugar

3 tablespoons chopped pecans

1/3 cup plain fat-free yogurt

1/4 cup fat-free mayonnaise

1 teaspoon vanilla extract

Preheat oven to 350 F. Spray an 8-by-8-inch



Send your questions or tips pawscorner@hotmail.com, or mail them in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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utes. Divide into 6 servings.

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THE NEW

**Muscular Dystrophy Association** 

1-800-572-1717

Fat.

changes.com.

extra cash at it. Advertise a extra cash at it. Advertise a garage sale in our classified CLEAR OUT your garage or attic, and make some extra cash at it. Advertise a garage sale in our class ads. **CLEAR OUT** your garage or attic and make some extra cash at it. Advertise a garage sale in our classif fied In a medium saucepan, combine dry gelatin, ads. dry pudding mix, reserved cherry liquid and 1 CLEAR OUT cup water. Stir in cherries. Cook over medium your garage or attic heat until mixture thickens and starts to boil. and make some extra cash at it. stirring often and being careful not to crush Advertise a garage sale in our classified cherries. Spoon hot mixture into prepared baking dish. In a large bowl, combine baking mix, ads cocoa, sugar substitute and pecans. Add **CLEAR OUT** yogurt, mayonnaise, remaining 1/4 cup water your garage or attic and vanilla extract. Mix gently just to combine. and make some Drop by spoonfuls onto cherry mixture to form extra cash at it. 6 mounds. Bake for 25 to 30 minutes. Place garage sale in our classified baking dish on a wire rack and let set for 5 minads. / **CLEAR OUT** your garage or attic Each serving equals: 147 Calories, 3 g Fat, 4 and make some g Protein, 26 g Carb., 389 mg Sodium, 2 g Fiber; extra cash at it. Diabetic Exchanges: 1 Fruit, 1/2 Starch, 1/2 garage sale in our classified **CLEAR OUT** your garage or attic and make some Visit JoAnna's Website at www.healthyexextra cash at it. Advertise a garage sale in our classified ads. **CLEAR OUT** your garage or attic and make some SAFETY ZONE extra cash at it. Adventse a garage sale in our classified Help make the world safe from **CLEAR OUT** 40 neuromuscular diseases. your garage or attic and make some extra cash at it. Advertise a garage sale in our classified ads.

The kind of parent who would take the time to baking dish with butter-flavored cooking spray.

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www.greensheetclassifieds.com

Thursday, April 11, 2002 GREENSHEET EAST/CREATIVE LIVING - D7



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# **Serving Independently Living Seniors**

# Seniors Can Make the Most of Their



Book clubs, travel, card, theater and movie groups. These are all activities that many seniors enjoy because they offer opportunities to stay fit, active

and social. Most important, they encourage seniors to maintain a fulfilling quality of life. Enjoying a rewarding and satisfying quality of life is important for everyone, young and old. For seniors, however, it is especially important.

Besides the social and cultural stimulation that these activities afford their participants, seniors are able to meet other seniors who have similar interests and are more apt to show fewer signs of isolation and depression. Some believe that seniors who participate in a variety of activities are healthier, both physically and mentally, than those who live isolated and withdrawn from society.

However, it is not always easy for seniors to take the initiative to get involved with activities outside of their homes. Maybe they are dealing with the death of a spouse, have some sort of physical initiation of fear rejection by those who have already established a

### States Constants and a strain

# **Affordable Living**



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*By Pamela Marron Senior Advisor, American House* 

In a book written by former President Jimmy Carter, *The Virtues of Aging*, there is a section that analyzes the quote: "Seniors worry too much about something to live on — and too little about something to live for." Creating a better quality of life for seniors is what American House strives for. Inevitably, the cost of providing this type of living arrangement can be expensive.

By Eden Elbinger Manager, American House West Bloomfield



niche in a group. In some cases, the loss of a core group of friends triggers a fear of 'starting over.' To help alleviate this fear, many organizations are focusing their attention on establishing quality programming and convenient transportation for seniors. Groups such as the Older Persons Commission provide transportation to a variety of locations, and in some instances, only request a small donation.

Golden Years

Senior Centers hire full time staff members to deal with the high volume of requests for social, recreational and cultural activities for their members and activity professionals are always looking for innovative and high quality programming ideas. Technology has also become an important tool in the eyes of those who work with seniors. Computer classes are in high demand and for those who are limited physically; computers offer a valuable opportunity for connections with family, friends and others who are surfing the net. Some companies provide in-home computer training.

Taking the initiative to be involved with various activities, and communicating with others on a regular basis, will help seniors to maintain a positive outlook on life. Being involved can help lessen the shock of a life changing event or crisis in the future.

If you are a senior eager to become involved, or know of someone who would like to learn more about available resources that will promote involvement, call your local senior centers and parks and recreation departments. Also, churches and synagogues pride themselves on special programs designed specifically for seniors. Take advantage of everything these organizations can offer. A healthy mind and attitude leads to a healthy body. Have Fun!



Two American House facilities to



The growing need for affordable assisted living is tremendous. As our seniors are living longer, and their monies being spent, why should their only choice be a nursing home? By working together, American House Senior Living Residences, along with the Michigan State Housing Development Authority (MSHDA) and Medicaid Waiver agents, have been instrumental in an effort to make it affordable for seniors to reside in assisted living facilities.

(continued on page 7)

### open in Rochester Hills, spring 2002

Two new American House facilities, Freedom Villas and Freedom Manor, are



scheduled to open spring 2002 in Rochester Hills. Located at 3741 S. Adams Road, these facilities will join the existing American House Stone facility.

### Freedom Villas

Designed exclusively for seniors 55 or better, Freedom Villas is an independent living facility offering all the benefits of condominium living without the expenses. Featuring 44 elegant and extra large one- and two-bedroom luxury apartments, some with two bathrooms and a den.

(continued on page 5)

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### Edition No. 1, 2002

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# **President's Address**



Welcome to the first edition of The Senior Banner. This newspaper is dedicated to the wonderful residents of American House and to the senior population throughout Southeast Michigan. With this newspaper we hope to encourage seniors to be involved with activities, community, learning and to enjoy a quality of life in their golden years.

The Senior Banner will feature articles regarding quality of life issues, showcase residents, provide information about American House and its future developments while offering opportunities to learn new things and to remain active. The Senior Banner is also a great way for residents to be involved. Visit 'Whatever's on your Mind' and submit an article or offer some feedback.

If you are not a resident of American House we hope The Senior Banner serves as a solid source of information. We are excited about what is happening at our American House communities. Whether you or someone you love is looking for affordability, security and companionship through independent or semiindependent senior living, you will be sure to find a new home at an American House. With 29 communities throughout Wayne, Oakland, Macomb and Washtenaw counties, we're sure there is one near you and those dearest to you. Please stop by one of our senior communities anytime.

Sincerely,

Bib & illetter

J. Robert Gillette



Welcome to Whatever's On Your Mind the section of The Senior Banner reserved for American House residents who want to contribute, well, whatever's on *your mind!* 

Have something to say? How about an article, a gripe, recipe or craft idea? Send it in! Send us feedback on The Senior Banner and let us know what you think.

Please submit your material to: ideas and images c/o Pamela Turner, Editor 22 West Huron Street, Suite 200 Pontiac, MI 48342 Email: pturner@ideas-images.com Fax: 248-335-7848

Just submit your work to the address, e-mail or fax listed to

the right and see your name in lights — well, black letters anyway.

We are eager to hear from you! This is your newspaper and your opportunity to share your thoughts and ideas with us.

The results

Some American House residents took part in a. current events survey:

How do you feel about our **President?** 

Like him			•		•					.60%
Don't like him								•		.10%
Undecided	•	•		•	•	•	•	•	•	.30%

Are you familiar with your community?

Yes										•			•				.60%
No		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	.40%

Are you interested in the Stock Exchange?

### How do you feel about the casinos?

Like casinos				.30%
Against casinos				.40%
Could go either way				

### What did you think of Mayor Archer's political style?

Liked					•					.40%
Disliked			•						•	.20%
No Comment	•	•		•	•	•	•	•	•	.40%

non





# Soup Cure the **Common Cold?**

By Brian K. Rosso, RD Food and Beverage Director, American House

Eating chicken soup when you have a cold will not cure you. However, the aroma, taste and vapors from chicken soup can help relieve the stress associated with your cold symptoms.

On average, over 1 billion colds occur every year in the United States. People spend about 8 billion dollars a year on cold treatments and visits to their doctor's office. Below is a list of dos and don'ts to help ease your cold symptoms.

Before beginning new methods for treating a cold, consult your doctor for specific recommendations tailored to your medical situation or personal circumstances.

- Don't sweat out a cold even though spending time in a steamy room can provide some temporary relief when you are ill.
- Don't take large doses of Vitamin C to prevent or cure a cold. Studies have shown that taking large doses of Vitamin C over a period of time can possibly lead to diarrhea and kidney stones. The Recommended Dietary Allowance for men and women is 60 mg daily. One 8-ounce glass of orange juice provides 97 mg of Vitamin C to meet the daily requirement.
- Don't drink alcohol when you are sick. The alcohol expands your blood vessels and increases nasal congestion.

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- Drink milk when you have a cold. Studies have shown that milk does not lead to excess mucous production.
- Wash your hands often to stop the spread of the common cold. Everyone should take about 20 seconds to wash his or her hands thoroughly.
- Drink plenty of liquids to avoid being dehydrated when you are sick. The average person should drink eight 8-ounce glasses of water daily.
- Gargle with salt water, 1/4 teaspoon to 1 cup of warm water, to help lessen a sore throat.
- Take zinc when you have a cold. Taking zinc supplements can reduce the severity and length of time of your cold symptoms. Drug stores now carry throat lozenges containing zinc. The Recommended Dietary Allowance for zinc is 15 mg daily for men and 12 mg for women. Some food sources for zinc are 3 oz of lean roast beef = 5.90 g of Zinc; 1/2 cup of raw Pacific Oysters = 20.6 mg of Zinc; 1 cup of boiled kidney beans = 1.89 mg of Zinc.
- Feed a cold and starve a fever. The human body needs sufficient calories and nutrients daily to heal.
- See your doctor. Your doctor can help heal you because he/she knows you and your body better than anyone.

Page 3

# Serving Independently Living Seniors Gary Waller — On His Second Silver Star



Gary Waller survived some of the most horrific days of WWII. As a 19-yearold U.S. Army Corporal, Waller killed three German soldiers in hand-to hand combat at the Abbey of Monte Cassino in Italy. President Harry Truman officially

recognized Waller by honoring him with a Silver Star, the nation's third highest military award.

Last year, Waller joined hundreds of WWII Veterans in a Memorial Day Parade. He rode with the VFW Post 1407, the Paul W. Hornaday Post.

Don't Panic -**Arm Yourself with** Knowledge

## Conquer Anthrax-related fears with awareness

The September 11 attacks on America left us wondering: "what will be next?" Anthrax-related deaths and mysterious white powder sent another wave of panic across the nation. We cannot, however, allow the fear of Anthrax to overcome us. Instead, we must educate ourselves about Anthrax, therefore relieving the stress and panic.



According to the CDC

Adapted from The Detroit News and Free Press

Waller didn't wear the Silver Star bestowed upon him by President Truman during a 1944 White House ceremony it was misplaced when Waller relocated to American House Southfield.

This was unacceptable to the caring staff members of American House. Instead of allowing Waller, 78, to ride in the parade without a Silver Star, they purchased a new star and pinned it on his brown cardigan in time for the parade.

"These people are our nation's treasures," said Bob Gillette, President of American House, which has 29 complexes throughout Metro Detroit. "My God, if this guy's talking about his experiences, you'd better stop and listen."

Waller spent a week in Washington, D.C., in 1944 for the White House medal ceremony and then returned to fight on the second day of the D-Day invasion at Utah Beach in northern France. 50 of the 200 men in Waller's unit survived.

"It was doomsday. It was just as bad as the first day. Men were dying everywhere," said Waller. "You couldn't hear anything but machine gun fire."

In light of the recent September tragedies, Waller wants so badly for younger generations to understand the sacrifices that men and women made to protect our freedom. "So many soldiers had so many experiences and nobody knows about it," he said. "I want them to know what we did for them. I want them to know they live in the greatest country in the world."

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# **Large Studios** and Freedom Villa

Health Advisory, Anthrax can be prevented and treated with early detection and appropriate antibiotics. Anthrax cannot be

spread from one person to another. For Anthrax to be effective as a covert agent, it must be aerosolized into very tiny particles - a very difficult process requiring a great deal of technical skill and technical equipment. Even if this process is carried out successfully, and Anthrax is contracted, prompt recognition and treatment are effective.

Unfortunately, the recent events have imposed a sense of panic when carrying out normal everyday tasks --- such as picking up the mail. According to data from the US Postal Service, over 200 billion pieces of mail are delivered each year. During the last vear, of these billions of pieces of mail, they only received approximately 60 threats/hoaxes that included Anthrax among other diseases. Therefore, the likelihood of receiving Anthrax via mail is very, very slim.

Don't allow Anthrax scares and the "what will be next" question to generate needless worry. Instead, be confident knowing that Local, State and Federal health and emergency program officials are prepared to deal with terrorist activities involving the release of Anthrax spores.

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Information for this article courtesy of the CDC Health Advisory

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In Farmington Hills, Middlebelt just north of 10 Mile

American House

Farmington Hills is a

spacious one-floor

retirement community on several acres. The main building offers large studio apartments, three complete meals served daily in a



For more information please call 248-471-9141

lovely dining room, daily housekeeping services including laundry and linens, 24-hour security and an emergency call system in each apartment. Next door, in Freedom Villa, are one- and two-bedroom apartments featuring a full kitchen and private laundry center with appliances, central air conditioning, gas heat and an emergency call system with 24-hour attendant. All facilities include month-to-month rentals, a full program of activities and scheduled transportation in our bus. Small pets welcome. Barber/beauty shop available.

## Edition No. 1, 2002

Serving Independently Living Caller's

# **Seniors Learn How to Surf**

By Sue Mize

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Page 4

Manager, American House Northville

Senior citizens living at four American House locations in Michigan enjoy ExperienceSeniorPower classes with local school children. The children help seniors surf the net, e-mail grandchildren and design their own home page. ExperienceSeniorPower has won the support of Lynn Alexander, Director of Michigan's Office of Services to the Aging.

"Connecting seniors to the Internet assures their world forever expands. ExperienceSeniorPower not only brings seniors the lessons they'll need to enjoy the Internet, but does it through building caring relationships between children and seniors," said Alexander. "I can't imagine a more rewarding way for seniors to learn the ins and outs of computer technology."

ExperienceSeniorPower is a division of Maria-Madeline Project, Inc., of Oak Park, Michigan, which designed the computer-based program.

"We are delighted to be part of this exciting new concept. American House is committed to enhancing the lives of seniors through innovative programming. ExperienceSeniorPower is an ideal fit as we work toward that goal," said J. Robert Gillette, President, American House.

American House locations in Sterling Heights, Northville, West Bicomfield and Dearborn Heights have signed contracts with the Maria-Madeline Project for use of ExperienceSeniorPower. Gillette anticipates expanding ExperienceSeniorPower to additional American House sites throughout Michigan.

ExperienceSeniorPower brings children together with senior citizens. The pretext just happens to be a computer and it really provides an enjoyable fit. Children are taught to respect senior citizens while seniors realize they can still learn. For many seniors who are isolated, 和中心

the computer becomes a gateway to the outside world. Seniors also do some teaching through a

biography writing exercise where children write seniors' life stories for posting at www.mariamadeline.com, Maria-Madeline Project's home on the web. Dell Computer Corporation supplies discounted PCs to ExperienceSeniorPower sites.

For more information, please contact American House at (248) 642-8850. For more information regarding the Maria-Madeline Project, please visit www.mariamadeline.com.

# Now is the Time

### By Linda Lawther

Executive Director, Michigan Center for Assisted Living



If you are considering a move to a senior community, then "now" is probably the right time. A number of years ago I met a wonderful older gentieman who was visiting his wife in a nursing home I was working at. A very healthy, able-bodied man, he came every day, often several times a day to visit with her. He brought

flowers from their garden, books to read to her, and sometimes food that he had prepared. He was dedicated to her. There was of course a sad ending. In this case, however, the sad ending led to a new beginning after a while.

on the go. The happy ending is that this gentleman went on to participate in many meaningful activities, volunteering for the local chamber of commerce and for a number of senior-focused organizations. He was recognized with a number of awards and helped many other seniors to find other options for a new period in their lives.

A nice story! But you ask what does this have to do with me? It is not just a nice story. It is a factual account of one person's situation and it could be you, if you choose for it to be you. The main point is to find the best option for your particular needs. Get information and review it. Ask the places you visit for a full disclosure of their fees and the services they offer. Very importantly, find out how long you can live there and under what circumstances would it be necessary for you to move. In short, do your homework. Now is the right time! Make the move and enjoy the opportunities that are "out there" waiting for you.

Our friend continued to live in the home they had made together. Months had gone by when he finally realized that he was not having any meaningful interaction with anyone else except for a few short conversations at church. He was healthy and he recognized the need for more social interaction in his life. His only child lived out of state and visited regularly but he needed more. So ... the search began.

He visited some senior housing complexes in his community. He toured the buildings and reviewed the services they offered. He considered the social activities that were available and even joined some of them for dinner to see if the food was tasty. He asked his son to come and take a look also. It was not long until he found his new home. He made choices. He chose some activities and declined others. Sometimes he chose to spend time alone in his apartment and at other times he was

Linda Lawther has a strong background in senior housing and assisted living services and is a licensed nursing home administrator. Her degree from Spring Arbor College is in Management of Health Services with certification in gerontology. Ms. Lawther is the Executive Director of the Michigan Center for Assisted Living (MCAL), an association of Housing with Services Communities, Homes for the Aged, and Adult Foster Care Providers in Michigan. MCAL is also a resource for consumer education and information. You may contact MCAL by calling 517-627-1561 or by e-mail at mcal@hcam.org.



By Brian K. Rosso, RD Food and Beverage Director, American House

# Stay Fit and Healthy with Exercise

On average, you should exercise at least 20 minutes a day, 3 times a week.

Before beginning any exercise program, consult an exercise, fitness and/or medical professional for specific exercise recommendations tailored to your medical situation or personal circumstances.

## <u>Top 10 benefits of exercising:</u>

- 1. Lowered blood pressure
- 2. More muscle and less fat
- 3. Lowered risk of stroke
- 4. Reduced stress levels
- 5. Decreased joint swelling
- 6. Increased energy level
- 7. Lowered risk of obesity
- 8. Improved bone strength and a

decreased chance of developing osteoporosis

9. Lowered blood sugars if you have a diagnosis of diabetes and the Ster IIII providenting of

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### www.american-house.com

saving in an an any limite series.

# Here She Comes, Ms. Senior American House

Compiled from previously released material from The Source Newspaper, Heritage Newspapers and Senior Living.

American House residents, ladies only, competed in the Tri-County area last year for the title of Ms. Senior American House. Dressed in formal attire, the ladies answered questions with the hopes of becoming the next Ms. Senior American House Wayne, Macomb or Oakland, Pageant categories included personality, human relations, sincerity, grace, inner beauty, composure, confidence and presentation. The pageant is held every second year.

When answering her questions, 90-year-old Catherine Speck Stamps shined in the spotlight. She received a tiara when named Ms. Senior American House Wayne County. 

"They asked me a question about why I thought I have lived so long," Stamps said. "I told them at my age you have to watch what you eat. I always walk. I never take the elevator. And I like having a little glass of wine, but I don't

drive anymore." Frances Hemmen, 73, is a resident of

American House Sterling Meadows and was named Ms. Senior American House Macomb County.

Like other contestants, Hemmen explained why she liked living at American House. "You can do things you wanted to but never could before because there wasn't time," Hemmen said. She advises new residents to "participate in all the activities you can and enjoy life to the fullest."

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### (continuation from page 1: Coming Soon: The Village)

Apartments are equipped with a full kitchen with refrigerator, oven and disposal, stacked washer/dryer, window treatments and emergency pullcords in each bedroom and bathroom. Landscaping and maintenance is provided, daily continental breakfast, optional lunch and dinner meals, optional laundry/linen service and optional carports. Residents enjoy putting greens, a private entrance and pets are welcome.

1 Bedroom 1 Bathroom \$1,100

2 Bedroom 1 Bathroom \$1,250

2 Bedroom 2 Bath with Den \$1,400

Catherine Speck Stamps

Helen Enlow

should work for it. What you believe, you can achieve." Helen Enlow, who was crowned Ms. Senior American House Oakland County, was surprised to wear the tiara. "I had no idea I

would win," she said. "I kept saying, is it over yet - I want to go home." Enlow, 86, is a former Detroit teacher who plays the cello and the piano.

Hemmen enjoys spending time with Joe,

her husband of 53 years and staying in

touch with her family. "Some people say

bowl of cherries. It can be very trying,"

life is just a bowl of cherries, but it is not a

Hemmen said. "If you want something, you

Enlow answered questions about her philosophy of life and why she likes living at the Royal Oak 1 American House. She read a poem that she wrote ending with this verse:

"So give a little thanks to American House Where our needs are met each day And say a little prayer for American House That the aged have a place to stay."

American House Stone also offers optional services such as furnished apartments for respite stay and an independent healthcare provider on the premises to provide added service when needed, up to 24 hours per day.

### Stone Building **Full Service**

Three Meals Daily Daily Housekeeping Service Weekly Laundry/Linen Service

Starting at: Studio \$1.995 1 Bedroom \$2,200 2 Bedroom \$2,500

Terrace Building Rent Only 1 Bedroom \$1,200 Breakfast \$145/month Dinner \$275/month Supper \$255/month Laundry/Linen \$155/month Housekeeping \$220/month



Freedom Manor offers a wealth of choices and a wonderful lifestyle. With 139 one- and two-bedroom, spacious, luxury apartments designed for semi-independent living, you can choose your large apartment from the three available floor plans. Each apartment has a fully-equipped kitchen and some feature two bedrooms, two bathrooms, a den and large dining room.

Residents enjoy a continental breakfast and lunch served daily in our elegant dining room, weekly laundry and housekeeping service, complete program activities, beautiful lobby and lounge areas, scheduled transportation in our bus, 24-hour emergency response and on-site management. Other features include a health and wellness center, enclosed "English garden" green house inside, putting greens, a movie theater, ice cream parlor/coffee shop, computer learning center and indoor postal station.

Apartments are pre-wired for cable, have individually controlled heat and air, entrance intercom system, state of the art fire safety facility, personal laundry facilities in the building, all utilities (except phone and cable), library/chapel and window treatments, optional carports and small pets are welcome.

1 Bedroom 1Bathroom \$1,900

2 Bedroom 1 Bathroom \$2,200

2 Bedroom 2 Bath with Den \$2,800

### **American House Stone**

An assisted living facility offering studio, one- and two-bedroom apartments. Our Stone facility includes emergency pull-cords in each bedroom and bath, scheduled transportation in our bus, an Activity Director with a full social program, 24-hour emergency response, window treatments and month-to-month rentals. Small pets are welcome.

Whether you are looking for an independent or semi-independent living facility, American House can accommodate your needs with our new Rochester Hills facilities: Freedom Villas and Freedom Manor and existing American House Stone. For more information please call 248-853-2330.

# Live in one of Oakland County's most desirable communities!



- 24-hour in-house staffing
- On-site beauty/ barber shop
- Personal care services on request
- Two meals plus continental breakfast served daily
- Month-to-month rental

New openings at American House West Bloomfield ...

### On Maple Road west of Orchard Lake Road

Located in one of Oakland County's most desirable communities, American House West Bloomfield is within walking distance of retail centers and religious facilities. An elegant retirement community, American House West Bloomfield is designed for individuals and couples 55 and better. This new facility offers gracious living with full kitchens. Amenities include impeccable housekeeping services, laundry and linen services, recreational/ cultural/social programs, scheduled transportation in our van, and much more!



For more information call: 248-538-5283

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### Edition No. 1, 2002

Page 6

Serving Independently linking Station

# My American **House Experience**

By Mindi Hunsaker Manager, American House Birmingham

I am Mindi Hunsaker, Manager of American House Birmingham. I have worked over 20 years as a recreation therapist with psychiatric, addictions, geriatric and neurological populations in acute rehab and outpatient settings in a variety of locations, including Alaska, Hawaii, Arkansas, New Mexico, Missouri and Kansas. When I moved to Michigan a few years ago, I decided to explore a new career



path. American House appealed to me immediately.

I applied for the position of Activity Director and received a call the same day from Bob Gillette, President of American House. Mr. Gillette suggested I visit one of the residences prior to interviewing with him to ensure my interest in working with seniors and with American House. I visited with employees and I saw their devotion to the residents and was impressed with their longevity in working with the company. Also, I couldn't help but notice the residents. They expressed happiness with their quality of living — they love living at American House.

The initial question Mr. Gillette asked: "... do you like working with seniors," made an impression. Though I had worked with the geriatric population for over ten years, it didn't guarantee that I was a caring person. He made it very clear that American House hired people who have a compassion for seniors. Having been a caregiver for my aging mother who lived with me during her battle with breast cancer, I know what many families are experiencing

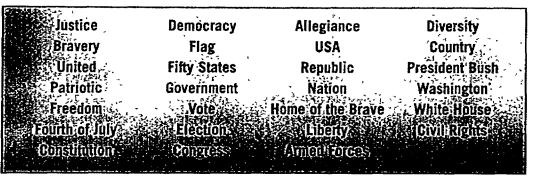
I couldn't help but notice the residents. They expressed happiness with their quality of living ---

when they come to tour our senior residence. I am proud to include myself as an American House employee — it signifies that I, too, am part of an organization that truly cares for seniors.

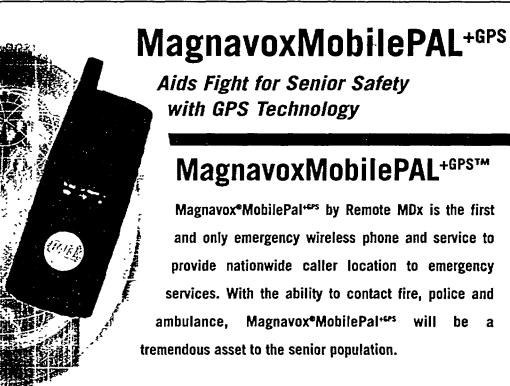
I enjoy working for American House because I am able to follow

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<sup>(</sup>answers on page 8)



# they love living at American House.

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through with programs that I feel are beneficial for seniors. I strongly support The Eden Alternative. A fairly recent strategy

developed by Dr. William Thomas, The Eden Alternative consists of creating a home-like environment to encourage quality of life and healthy living for seniors. My dream of becoming a certified Eden Alternative associate became a reality this past April because of Mr. Gillette's desire to adopt the philosophy and to "make it happen."

The value of animal-assisted therapy and the benefits derived from having animals in a home environment is another practice I encourage. I am very happy to say that American House welcomes this belief. My dogs, Fluke and Summer, have been accepted at several locations. Summer is assigned to Royal Oak II while Fluke accompanies me to Birmingham most days.

After my mother died from breast cancer, I moved to Michigan from my home state of Kansas to live with my older sister. I've been a single mother since my eighteen-year-old son, Matthew, was two years old. In addition to my older sister, I have a twin sister who is married and currently resides in The Netherlands. Some of my favorite life activities include reading, watching sports, being with family, church fellowship and spending time with my dogs and cats.

### For more information regarding The Eden Alternative, contact Mindi Hunsaker at American House Birmingham, 248-645-0420.

• 3-way calling capabilities

- Single large button for immediate connection to a PAL operator.
- Place direct calls to 911
- 60 minutes of talk time
- 95-decibel alarm
- Signal test button

The patented MobilePal<sup>-GPS</sup> solution, available nationwide, uses global positioning system (GPS) satellites to enable monitoring experts to pinpoint a caller's location. "Magnavox® MobilePal+GPS is the only wireless phone to give Americans a powerful tool in their fight for safety," said Tom Natale, president of Remote MDx.

Serving as their one-touch emergency contact solution, the senior population will benefit greatly from this new technological service. Regardless of the situation — whether a senior is hurt, lost or requires any type of emergency assistance, by pushing one button on the MobilePal+GPS, a call will be placed pinpointing the caller's location ensuring a quick response for the senior's safety.

"MobilePal-GPS was created specifically to provide security. Its simple, one-button design allows anyone of any age to get help quickly and instinctively," said Natale.

The FCC estimates the deadline for nationwide implementation of MobilePal-ces as December 31, 2005. Retailing at \$299.95, MobilePal<sup>cors</sup> will be available for as little as \$99.95 after activation rebate during the introductory period.

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For more information regarding the MobilePal<sup>4695</sup>, please contact Ike Engelbaum, R.Ph. at 313-929-6105 or 800-686-3784.

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### www.american-house.com

# Serving Independently Living Stations

# Page 7

# Singing Canine Tops the Charts With American House Residents

### By Debby Mittelbach Manager, American House Elmwood

"Show me the way to go home," sings Katie as a closing song to her monthly appearance at American House Elmwood.

Katie, a pedigree cocker spaniel, has been singing for her kibble for the past 11 years. Owner, Robin Beck, acquired Katie when she was eight weeks old and put her right to work debuting at American House Parkway in May 1991.

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### (continuation from page 1: Affordable Living)

The result of this effort was the Affordable Housing Project. This project combines the use of an assisted living facility like American House Senior Living Residences, the subsidies of the Medicaid Waiver Program and the HUD Section 8 Portable Voucher. This pilot project has been operating for 10 months, is available in Oakland County and has recently expanded to Macomb County. The long-term goal is to make this project available to seniors in need across Michigan.

Programs are available to those in need if they meet the eligibility criteria. I strongly feel that consumers are not given enough information to help them solve their problems. Why should a senior have to go to a Medicaid nursing facility just because they have no other choice? There are affordable assisted living facilities, just not enough knowledge and assistance about these facilities available for those in need.

I feel that American House Senior Living Residences has been very innovative and instrumental with state and federal programs, it is the answer to the future crisis for affordable assisted living. There is always a need for nursing homes and there are people who need skilled nursing. It costs the state a lot more money to keep a person in a nursing home on Medicaid than living in the community with assistance from state and federal funds. Giving a client the opportunity to live a better quality of life at a cheaper cost to the taxpayer is a win-win situation.

If you are struggling with difficult decisions about your loved one, please call Pam Marron at the American House corporate office: 248-642-8850. ■



A music major and terrific singer, Robin teamed with Katie as a way of bringing a unique interaction with music and animals to the elderly. "Music has therapeutic value and allows us to touch the hearts of many through song," said Beck.

> Commands were sung to Katie as a pup and are prompted by music cues when the microphone is in place. Using history trivia linked to era music allows seniors to connect songs to memorable moments in history — a great way to reminisce.

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Robin and Katie make monthly visits to various American House locations and are booked on the activity calendar for each building. Visits last approximately 45 minutes.

As for Katie's personal voice training, word has it she studied under Pavarotti using an alias, but we aren't going to tell!

# **American House Resident Celebrates 2 Years on the Job**

By Julie Candler Public Relations, American House

When Joanne Davis, 69, completed two full years on the job at American House Oakland, she cried. "I never worked a full year in my life," recalls Davis who is also a resident of American House Oakland, located on Baldwin Road in Pontiac, MI.

Suffering from back trouble, asthma, bladder and digestive problems, Davis found it difficult to work full time. "I always wanted to work but I could only work a little while and then I would have to stop. I had not worked since the '60s," said Davis. "I never



had enough quarters of work to apply for social security. Eventually, I was put on SSI (Social Security for the disabled) because I was not able to work."

Working 8 - 3, Monday through Friday, Davis works as an office assistant while also assisting Manager Shelley Rosso and Assistant Manager Nancy McClintic. "I answer the telephone and show apartments and rent them," said Davis. Taking visitors on tours through the 160-unit building, Davis shows off the library, poolroom, exercise gym, dining room and the 24-seat movie theatre. "I do whatever is needed," Davis said.



# Loving Care for a Loving Place

By Dorothy Johnson American House Livonia

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My name is Dorothy Johnson. My partner, Gloria Stirgill, and I manage a business called Loving Care for seniors who live at American House Livonia located on Middlebelt Road. Loving Care is a direct care service for the elderly and has been around for 9 years.

We have a wonderful around the clock staff for the residence. American House itself is one big beautiful place and filled with lots of love and laughter. The building reminds me of one big family. The entire staffing service works together to make the residence not only comfortable, but also a happy and safe place to live. I can go on for hours telling you about this great place, but I would probably take up a lot of your time.

Gloria and I began our careers at American House 11 years ago as aides. It wasn't until November of 1992 that we established Loving Care, with the assistance and great help of Pat Lodish (Regional Manager, American House). Pat has been a great inspiration and help to Gloria and I. I just want to say thank you to Pat and American House.

Like I said, I could go on and on about this place, but I just don't have enough time. I will add that I love my home away from home and that is American House.

For more information about Loving Care, please contact Pat Lodish

"I love helping people and the rapport that I have with the other residents. Working here has given me a life!" Still, the job assignment that satisfies her most is spending eight daytime hours monitoring emergency calls and responding when residents use the 24-hour pull-cords in their apartments. "A resident may have had a fall and pulls the cord for help in getting up. If they have been injured, I call 911 for them. Some of the calls are for help in closing or opening a window. People call because they are too cold or too warm," said Davis.

Working for American House Oakland

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has been very fulfilling for Davis. "I love what I do," she said. "I love helping people and the rapport that I have with the other residents. Working here has given me a life! My job keeps me busy and keeps my mind off myself so I don't even get tired. My asthma and other problems cleared up so I can function normally — which I thank God for!

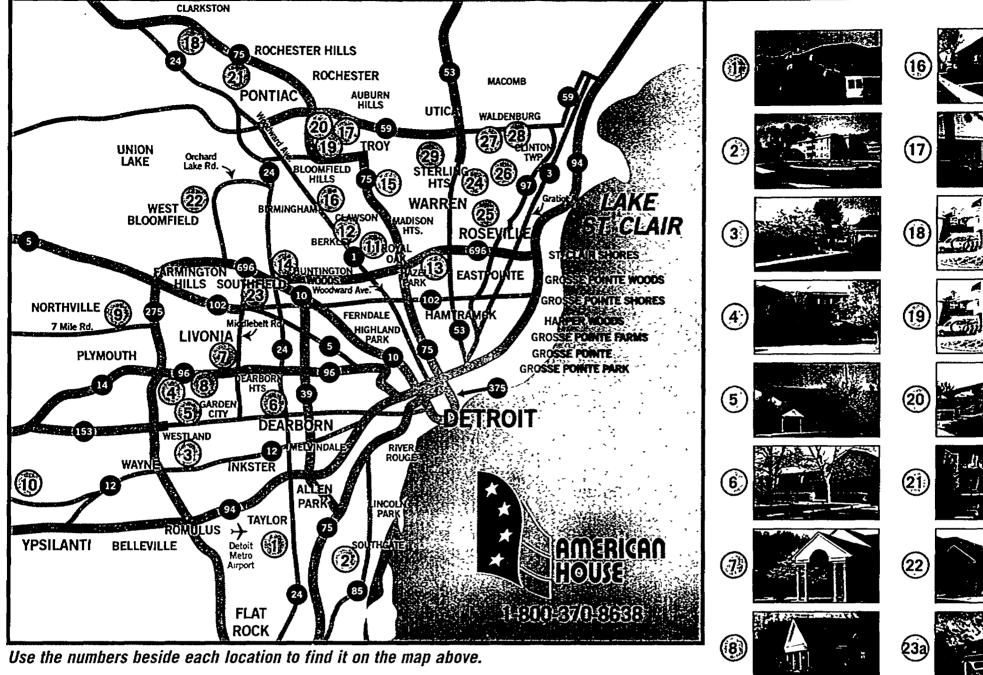
"Before I got the job, I lived in the building for five years and I hardly ever came out of my apartment. I watched TV. I didn't participate in activities," said Davis. "(Shelley Rosso) told me I am doing a great job and it made me feel good to be wanted," said Davis.

### Edition No. 1, 2002

Pare 8

Saming Internation of the Series

# There's an American House Near You



# American House Locations

WAYNE COUNTY Taylor (1) 25250 Eureka Rd. Taylor, MI 48180

(734) 946-9900

**Riverview (2)** 20300 Fort St.

20300 Fort St. Riverview, MI 48192 (734) 479-1010

Westland I (3)

Northville (9) 42000 7 Mile Rd. Northville, MI 48167 (248) 449-1480

## WASHTENAW COUNTY

**Carpenter (10)** 3470 Carpenter Rd. Ypsilanti, MI 48197 (734) 677-0071 Elmwood (17) 2251 Auburn Rd. Röchester Hills, MI 48309

Clarkston (18)

(248) 852-1980

On Sashabaw Rd. just west of I-75 (248) 852-1980 OPENING LATE 2002

3741 S. Adams Rd.

Rochester Hills, MI

(248) 853-2330

**OPENING SPRING** 

3741 South Adams

Rochester Hills, MI

(248) 853-2330

Oakland (21)

1915 Baldwin Rd.

Pontiac, MI 48340

5859 W. Maple Rd.

West Bloomfield, MI

(248) 538-5283

West Bloomfield (22)

Farmington Hills (23)

24400 Middlebelt Rd.

Farmingon Hills, MI

(248) 471-9141

(248) 335-7020

48309

2002

48309

48322

48336

Which American Polse Location is Desidor You? 1988 3709:353

Stone (20)

MACOMB COUNTY Sterling Heights (24) 11255-15 Mile Rd. Sterling Heights, MI 48312

(586) 978-1060

### Sterling Meadows (25) 33433 Schoenherr Rd. Sterling Heights, MI (48312

(586) 979-5340

### 1100dialia i (0)

1660 Venoy Westland, MI 48186

(734) 326-7777

### Westland II (4)

39201 Joy Rd. Westland, MI 48185

(734) 454-9838

### Westland III (5)

35700 Hunter Ave. Westland, MI 48185

(734) 728-8670

### **Dearborn Heights (6)**

26600 Ann Arbor Trail Dearborn Heights, MI 48127

(313) 278-6430

### Livonia (7)

14265 Middlebelt Rd. Livonia, MI 48154

(734) 261-2884

### Livonia II (8)

11525 Farmington Rd. Livonia, MI 48150 (734) 425-3050

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### **OAKLAND COUNTY**

### Royal Oak I (11)

1900 N. Washington Royal Oak, MI 48073 (248) 585-2550

### Royal Oak II (12)

1725 Chester St. Royal Oak, MI 48073 (248) 549-1222

### Hazel Park (13)

777 E. Woodward Hts. Hazel Park, MI 48030 (248) 545-0707

### Southfield (14)

27599 Lahser Rd. Southfield, MI 48034 (248) 353-5835

### Troy (15) 2300 Grand Haven Troy, MI 48083 (248) 589-3555

# Birmingham (16)

1100 N. Adams Rd. Birmingham, MI 48009 (248) 645-0420 **The Village (19)** (586)

### Parkway (26)

36725 Utica Rd. Clinton Twp., MI 48035 (586) 792-7231

### Lakeside I (27)

15731 19 Mile Rd. Clinton Twp., MI 48038 (586) 263-0081

### Lakeside II (28)

<sup>3</sup>15821 19 Mile Rd. Clinton Twp., MI 48038 (586) 228-8889

### **Birchcrest (29)**

41155 Pond View Dr. Sterling Heights, MI 48314

(586) 739-9494

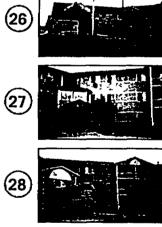


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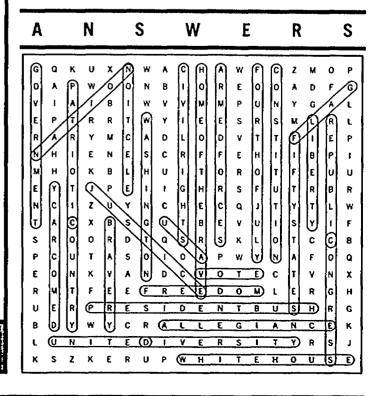


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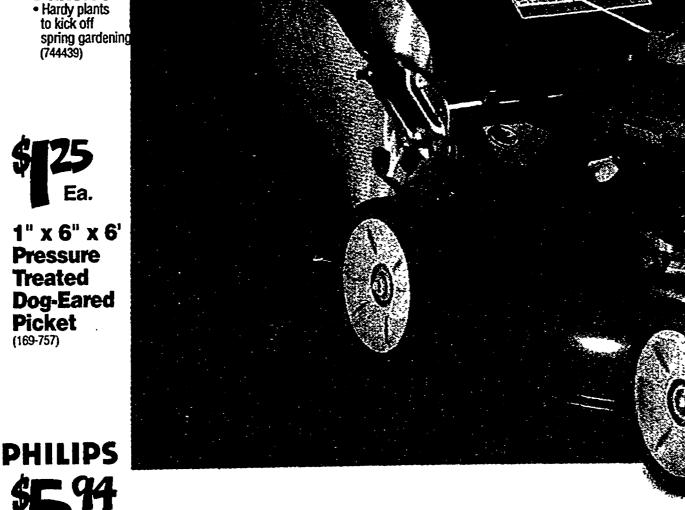


Driving Down the Cost of Home Improvement.

47 Jumbo 6-Pack **Pansies** Hardy plants to kick off

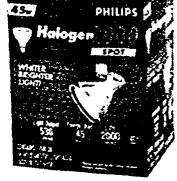
Pressure

Treated **Dog-Eared Picket** (169-757)









• Choose from 45 or 90 watt 120 volt • 2,000 hours average life 265595 (197276)(197274)



# 5.5 HP 21" 2-in-1 **Steel Deck Rear Bagger**

2-in-1 versatility bag-mulch
Honda overhead valve engine Self-propelled single speed
6-position height adjustment · Honda Quadracut system cuts grass clipping up to four times smaller 636590 (227-040) \*On The Home Depot\* Consumer Credit Program. . .see page 16 for key credit terms.



ONLY

17



# How big is your yard?

If you have <sup>1</sup>/<sub>4</sub> acre or less, choose between a reel, electric, push, or self-propelled walk behind mower.

If you have  $\frac{1}{4}$  to  $\frac{1}{2}$  acre, consider a self-propelled walk behind or a rear engine rider.

# drive: walk or self-propelled

There are 2-kinds of Walk-Behind mowers – Push and Self-Propelled. If you have a larger yard, rough terrain, health concerns, or are concerned about heat exposure, you need to consider a self-propelled mower.

# walk behind push mowers

Push mowers are simple machines that offer the opportunity to combine yard work with moderate exercise.

Electric Mowers - Lightweight, require no gas or oil -meaning no fumes. Ideal for small yards.

Gas Powered - Operate on gasoline and are usually 4-stroke engines (separate oil & tank). Gas mowers require periodic maintenance.

# self-propelled mowers

Self-propelled mowers are faster than push mowers, to reduce mowing time. Great for larger areas or hilly terrain. There are 2-basic types of drive systems:

Front Wheel Drive (FWD) - Offers better maneuverability around trees and flower beds.

Rear Wheel Drive (RWD) - Offers the best traction on all terrains and on thick grass.





### We rent tools and equipment • Drills and Hammers • Plumbing and Pumps • Fastening/Welding • Compactors/Trencher • Lawn/Garden • Floor Care/Sanding

• Generators • Scaffolding/La

2

• Scaffolding/Ladders

• Pressure Washers

and much more!



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ap1 - 75,101,67,72,115,120,

\*When You Use Your Home Depot Consumer Charge Card. See back page for details.



ap10 - 72-4/11-2	HONDA Power Equipment 5.5 HP 21" Cut Harmony II Single-Speed Mover Converts easily to rear bag, mulch or side discharge Power propelled rear wheel drive 60600 (229-531)	TORO 6.5 HP 22" Personal 3000 6.5 HP 22" Personal 3000 Pace Mower Electric start - starts with the turn of a key Self-propel system adjusts to your mowing speed up to 4.8 mph Encludes rear bag, mulch plug and side discharge Two-year, full warranty Charger included (445-105)	TORO 6.5 HP 22" Personal 5599 6.5 HP 22" Personal 5599 pace 3.in-1 Mower Self-propel system adjusts to your mowing speed up to 4.8 mph 9. Rear-wheel drive for superior bagging performance 1. Includes rear bag, mulch plug and side discharge 1. Two-year, full warranty (445-086)	Printly-Hardby Co   Determined   Determined   Sectored   Sectored <p< th=""><th></th></p<>	
-	*When You U	se Your Home Depot Consumer Charge Ca	ard. See back page for details. Not all proc	ducts available in all stores.	



# *Tips for buying fertilizer*

Choosing a fertilizer for your lawn doesn't need to be confusing. Understanding the basic nutrients and knowing the function of each is the first step to a healthy and beautiful lawn.



# N-P-K What is it?

(N) Nitrogen, (P) Phosphorus and (K) Potassium fertilizer is rated by the numbers on the front of the bag. Nitrogen (the first number) is for greening grass, phosphorus (the second number) stimulates root and seedling growth and potassium (the third number) protects against disease and drought as it helps grass multiply.

# What is slow release?

Fertilizers are available in slow, fast and controlled release formulas depending on your lawn's requirements. The slow and controlled release formulas are preferred because they will not burn your lawn.



# Soluble or Insoluble?

Grass plants can only absorb nitrogen after it is broken down by soil microorganisms. Fertilizers release at a rate depending upon its solubility. Water-soluble formulas cause a quick green-up. The controlled release formulas provide nutrients slowly so there is even top and deep root growth.

grasses





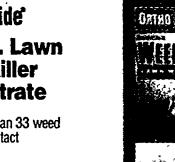
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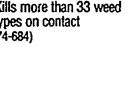
ap1



### **Spectracide** 38.4 Oz. Lawn **Weed Killer** Concentrate Water-based Kills more than 33 weed types on contact (174-684)

\$5.97











# Bayer

**32 Oz. Concentrate** All-in-One Lawn Weed Killer • Kills dandelions, crabgrass, nutgrass, clove, plus other listed weeds without harming the lawn (683-674)



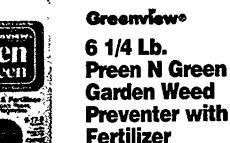
for Lawns

# Greenview

5 Lb. Preen Granules • Stops weeds before they start • Apply just once and enjoy weed-free gardens for up to 14 weeks (933-740)



WHOEGO



\$657

Ortho

32 Oz.

lawn grass

\$497

URTHO

24 Oz.

Ready to use

(341-711)

Weed-B-Gon

Weed Killer

Kills 60 different weeds
Quickly kills dandelions,

chickweed, plantain, clover

and other wide leaf weeds

(216-208)

Weed-B-Gon

**Concentrate** 

weeds, roots and all

Kills dandelions, wild onion,

plantain and other broadleaf

Kills weeds without harming

**Fertilizer** 500 sq. ft. coverage
Prevents weeds while it feeds Easy to use with over 155 plant varieties (933-732)



GREEN SWEEP

WEEDEGO

Monsanto

> 32 Oz. Green Sweep<sup>™</sup> Weed and Feed Fertilizes lawns and kills broadleaf weeds Easy-to-use hose-end attachment (228-072)





granular products for even coverage

& healthier let us show you how to maintain the perfect lawn



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\$Q98

\$797

Ortho

(946-435)

Ortho

Gallon

· Ready to use

and clover

(436-046)

Weed-B-Gon

Controls broadleaf weeds

Kills dandelions, chickweed

anywhere in your lawn

32 Oz. Weed-B-**Gon Spray Lawn** 

Weed Killer • Ready to use, attaches to garden hose

other broadleaf weeds

Kills dandelions, chickweed,

knotweed, clover and many

Scotts GrubEx (236-467)

72,115,120,127,143,157,208,237,246-4/11-2

ap3



Electric Pressure Washer
Ideal for frequent, quick cleaning of auto, boat, deck or siding
Adjustable spray nozzle- from pencil point to fan spray
Turbo spray wand attachment
35' of power cord with GFCI
23' of high-pressure hose (203-977)

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2300 PSI

FUEL



EXCEL

2300 PSI Gas Pressure Washer • 6.0 HP • Briggs & Stratton Engine • Low-maintenance pump with easy-start feature • 2.1 GPM

300 PSI

• 25'x 1/4" hose with easy connect fittings (280-530)

per month

(819-683)

leed

# 2400 PSI Gas Pressure Washer 5.0 HP Honda overhead engine Heavy duty, high flow, oil bath pump 2.5 GPM 25'x 5/16' heavy duty hose with quick connect fittings (819-683)

HONDA ENGINES



per month



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# cleamers to optimize

vour Pressure Washer

# Yourchoice



# Choose From

Multi-Purpose Cleaner & Degreaser (582-480)

House & Siding Cleaner (582-485)









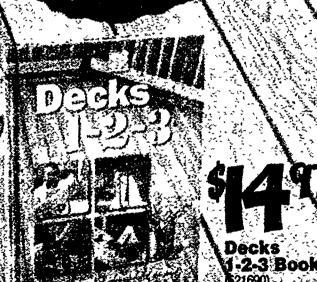


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skatura ingeneraling kangis



16'

\$7.68

<sup>\$</sup>10.66

**16'** 

المؤ بسية

\*6.79 \*9.69

12'

\$5.29

\$7.49

12'



The prices in this ad may be different at the time of purchase. We adjust our prices daily to the lumber commodity market.



Help homeless animals-Donate \$10 and receive a free T-shirt. April 6-28 All PETsMART stores.

Companion Road "Pepper" Raincoat April showers bring May flowers! Keep your pet dry and fashionable. 2 pc. ensemble XS - XXXL **Q**99





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Let Whiskas and PETSMART put you in the drivers seat of a luxury sedan.

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**Bubble Buddy** 

Dog Toy

will make

for joy.

999

Dog-licious

scented bubbles

your dog jump

online search item 5021321

# Playful exercise helps reduce stress

and boredom in pets.



lams Cat Food Original or original hairball relief formulas 8 lb. bag





DNUS BAG

6 lbs.



8

7218

Nutro

**Dog Food** 

Natural Choice



3.5-4 lb. bag







Call 800-768-8858 to be id at participating Banfield hospitals an

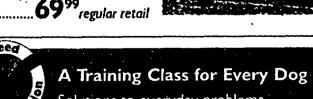
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regular retail 

Kennel Aire Car Barrier Schoolst

Keeps your pet safely contained while you drive.



Solutions to everyday problems Classes are at convenient times through out the week. Sign up today

> Puppy Head Start **Basic Education** Click-A-Trick - NEW

Courses are taught by accredited training instructors using positive reinforcement. Your satisfaction is grantateed.

For the health of your pet Regular grooming promotes a healthy skin and coat.

Preassembled gate -

239<sup>99</sup> after savings

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No welds to rust

or break

7x13'x 6'

"Bath, Brush & More" which includes:

• Shampoo, hand brushing and blow-dry • Nail & ear care package

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• Bow or bandana '

Appointments available. Grooming salon open 7 days a week.

Professional Grooming with a Gentle Touch



**PSCAPR** at checkout to

receive your discount.





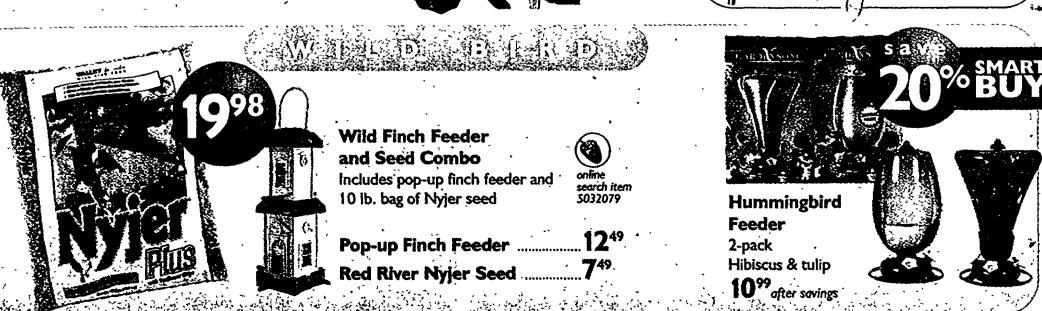


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Berry white (not shown) ..... 1799 after savings

Offer expires 5/4/02. Coupon offered and redeemed by PETSMART.com only. S5 off is not applicable toward-shipping or tax and purchase must be a minimum of S50. Offer excludes charitable donations, gift cards and clearance items. These items cannot be used to meet the minimum purchase requirement. Discount does not apply to back ordered items. Offer may not be used in combination with other discounts, coupons or offers. Void where prohibited or restricted by law. Valid in the U.S., terntories and possessions.





great gift for mom!



PetSTEP SUV/Van Pet Ramp

Online prices may vary

Makes it easier for your pet to get into vehicles and climb stairs. Excellent for senior pets. **149**<sup>99</sup> after savings



Prices effective April 2nd, 2002 through April 21st, 2002.

For the PETsMART location nearest you, visit www.petsmart.com

or call toll free I (877)4PETsMART (I -877-473-8762)

valuable tips and recommendations on products and services that ensure optimum health care from the pros at PETsMART.

Topics to be discussed include: Choosing the best food and treats for your senior pet • Bone and joint supplements • Specially designed products for senior pets • Plus much more! keep your dog looking great between professional grooms.

Topics to be discussed include:
Proper brushing between grooms • Selecting grooming tools, shampoos and conditioners
• Proper use of nail trimmers • Tips on how to make home grooming more enjoyable for your dog • Grooming secrets that only
PETSMART PETStylists know!

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CHERRENE HONORING STATISTICS

Perfect Coat Dog Deodorant Bath Wipes Give your dog a quick and easy bath. 80 ct.

All PETsMART circulars are recyclable.



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- and the series with the

We accept all manufacturers' coupons. PETsMART reserves the right to limit quantities on merchandise sold. Leashed pets are welcome. For the safety of your pet as well as others please make sure your pets are current on all shots before you bring them shopping.



9

72-4/11-2

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# Why Choose Vinyl Fencing?

- No maintenance, no painting
- Will not warp, twist or yellow
- Easy to install
- Decorative and privacy panels available • 20-year limited warranty
- AT-HOME SERVICES

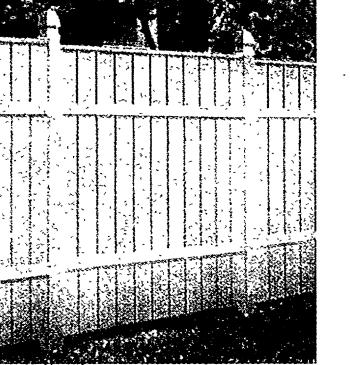
# Fencing Installed for You

Professional Contractors will:

- Locate property lines (based on customer's survey).
- Mark location of utilities.
- Obtain and post local permits in accordance with local laws.
- Tear down and haul off existing fence (if needed).
- Install using only the highest quality materials.
- Llean-up and haul away installation-related debris.
- Provide 1 year warranty on all installation labor.

See store for details. Call for a FREE At-Home Estimate 1-888-445-4570

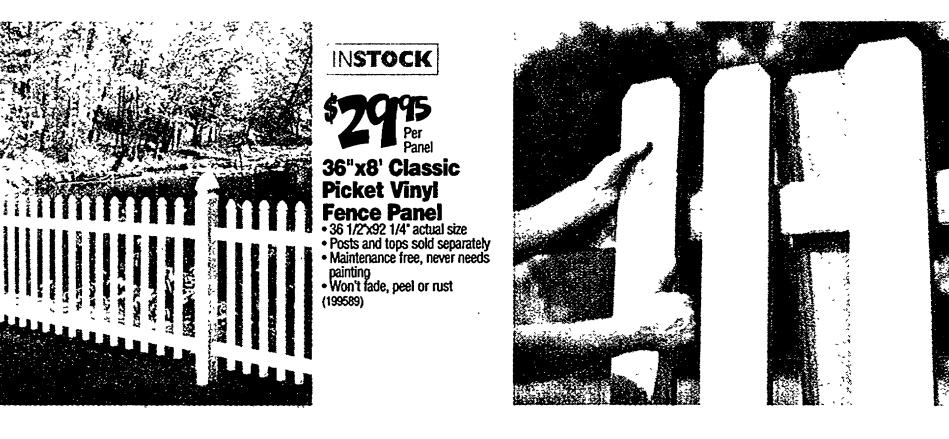






6'x6' Windsor Vinyl Fence Panel • Posts and tops sold separately (198354)



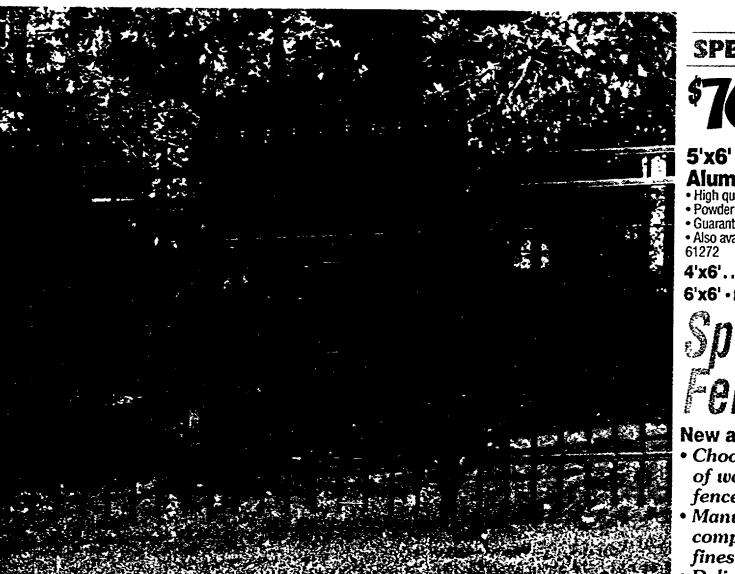




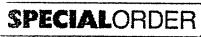
1"x6"x6' **Pressure Treated Dog-Eared Picket** • 1/2" thick (169757)



Posts and tops shown sold separately, Panels may vary by store. Check location for Special Order or In-Stock availability.









5'x6' Black Aluminum Fence Panel • High quality, low maintenance • Powder coated finish Guaranteed not to rust
Also available in white 4'x6'.....\$66.00 6'x6' • Pool Code Approved \$86.00 Special Order Fence

**New at The Home Depot!** 

- Choose from a wide variety of wood, vinyl, and aluminum fence panels
- Manufactured with quality components in America's finest mills
- Delivery available
- Guaranteed lowest prices
- Check out our display in the fencing aisle
- Place your order at the service desk with one of our friendly associates

691





Fast Setting **Concrete Mix** • Use for setting fence posts,

mailbox posts and lamp No mixing required — pour dry mix into hole and add wáter Sets in 20-40 minutes 100455 (842-303)

AMES SACE 174

Bronco Post Hole Digger • 44' lacquer coated, ash handles • Rust protected blades 17-086 (228-176)

PURIER

3-1/2" Clipped Head

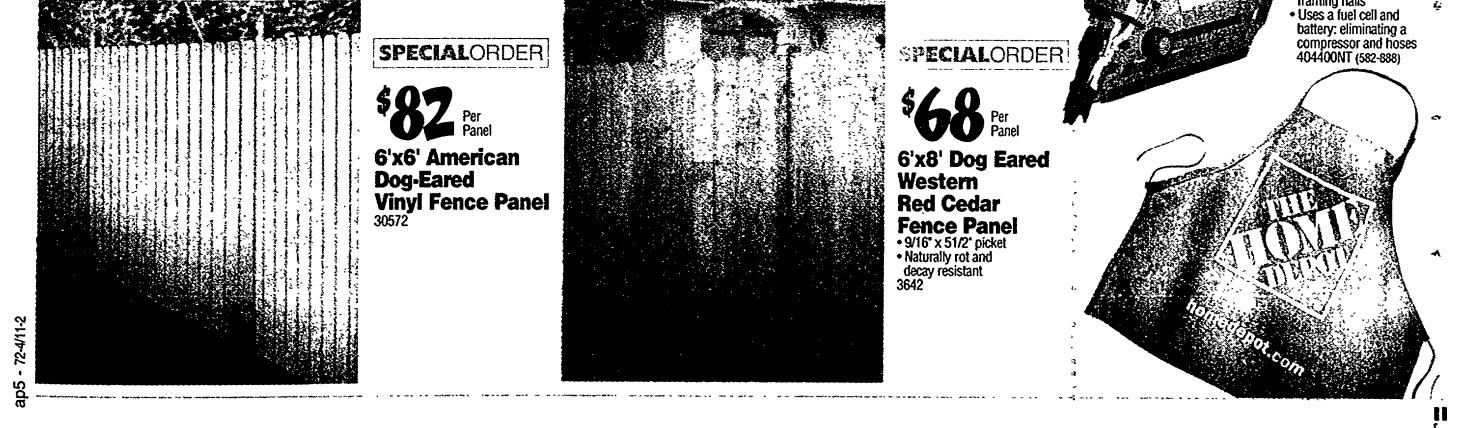
**Framing Nailer** FC350 (166779)





Cordless Impulse **Framing Nailer** Kit • Drives 2' to 3-1/4' framing nails • Uses a fuel cell and



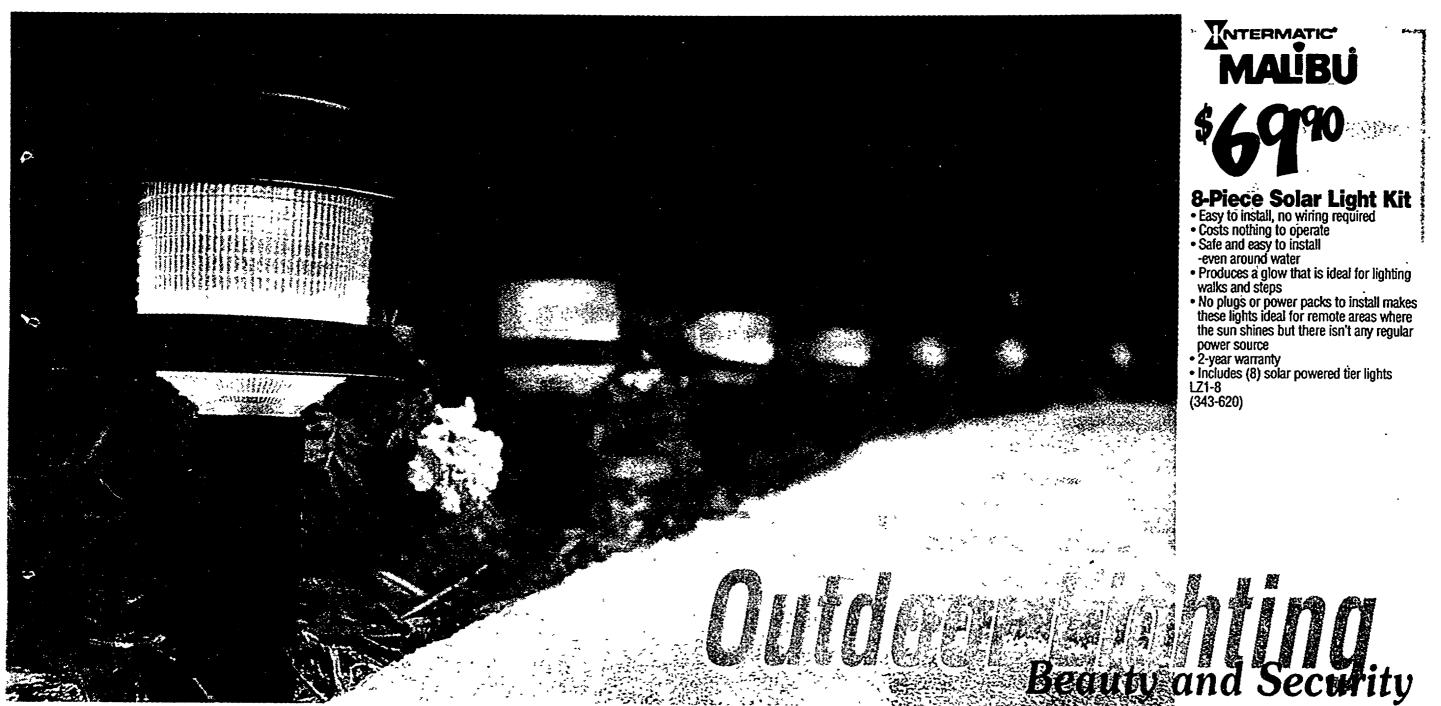




SPECIALORDER

Per Panel 6'x8' Lattice Top Fence Panel • Delivered to home 7 panel minimum

**Pressure Treated** 





# MALIBU \$39%

### 20-Light Plastic Low Voltage Light Kit

Kit includes (14) tier and (6) flood lights
Includes 4 watt bulbs, 88 watt transformer/timer and 100'of cable
2-year warranty LX19720T (648-835)

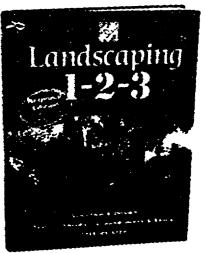


# MALÍBU \$4997

### **14-Light Deck Kit** • (14) rectangular surface lights, 4 watt bulbs • 75' low voltage cable and 60 watt power pack • Safe and easy to install • Adds safety and security to landscapes LD62414T (813-576)

67.72,115,127,130,139,143,156,157,208,237,246-4/11-2

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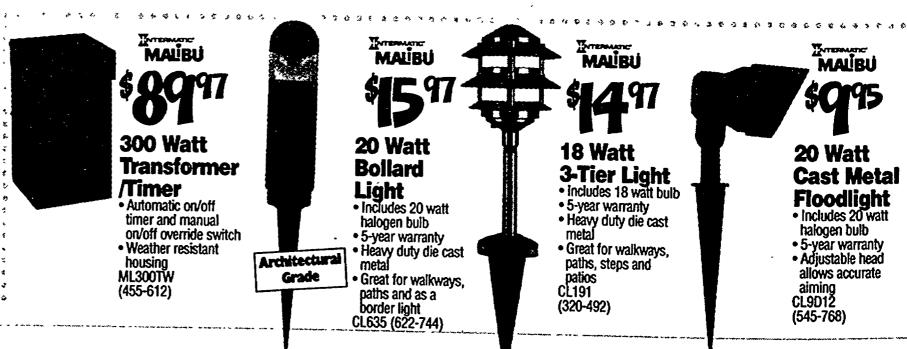
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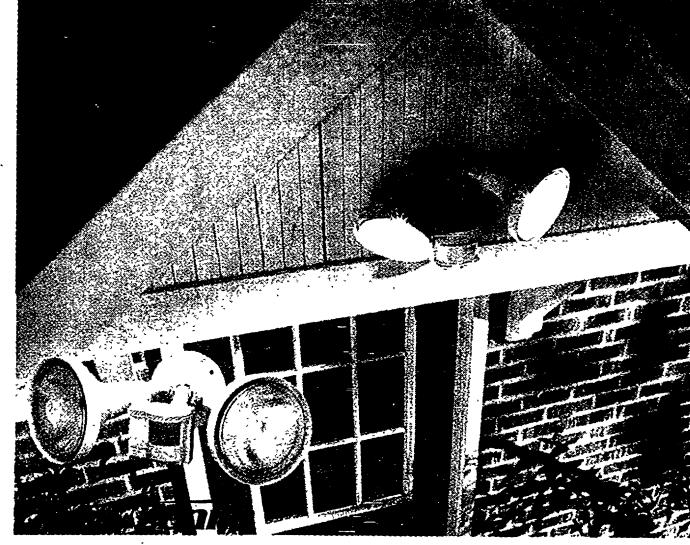
**J2** 



Landscaping 1-2-3 from the landscaping experts at The Home Depot<sup>®</sup> is specifically tailored for your climate. Inside you'll find everything you need to help you plan, design, select, create and care for a landscape that will make your yard a showcase.

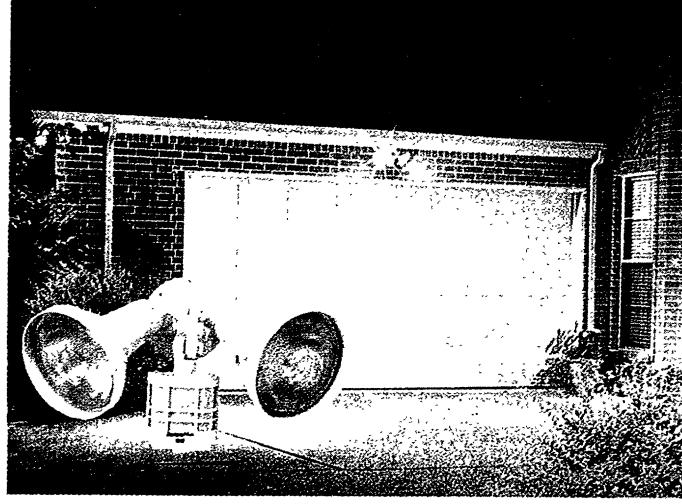
(521-527) (542-464) ......<sup>\$</sup>14.97





### 240° Dual Brite' Motion Sensor Security Light Available in bronze and white

- Available in bronze and write
  Dual Brite<sup>®</sup> timer with off, 3 hour, 6 hour or dusk to dawn settings
  Up to 100' range and 21,000 sq. ft. of coverage
  LED flashes day and night to indicate motion detected
  Manual override, daylight shutoff and automatic power outage reset
  Uses (2) 150-watt max. par floodlights
  10-year warranty SL5318W (244-801) (244-791)



## 270° Journey Man Motion Sensor **Security Light**

- Available in bronze and white
- Heavy duty all metal construction protects lens and electronics
  Up to 23,500 sq. ft. of coverage
- · Will not rust, corrode or fade
- Automatic power outage reset
- Lifetime warranty HD-9250-WH (707-314) (707-299)



Exterior lighting not only provides security by keeping away intruders and illuminating walkways, steps and other possible danger spots, but it's also the first impression your home gives at night. Therefore, make sure your exterior lighting choices are functional and fashionable. When choosing and placing a light fixture, there are several tips to remember: **: ج**ر • Select fixtures that complement your home's design

• Durable Can be used with standard dimmer switch

6 0 0 6 **6 9** 

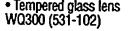
The a stage way with y the sink int

**Motion Sensor Replacement Head** • 240° motion coverage, turns lights on when motion is detected

Heatti/Zenith

**150-Watt Twin** Floodlight

 Choose from white or bronze
 Two 150-watt halogen bulbs included Ideal for lighting small yards Dimmer switch compatible Mounts to standard junction box



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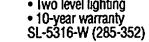
Includes buib

Instant on/off

ap15 - 72-4/11-2

**300-Watt Quartz** 

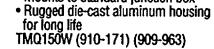
Halogen Floodlight • Available in white



Select 3 hour, 6 hour or dusk to

dawn low level lighting

• White finish











13

Bulbs shown sold separately, unless otherwise stated.

# All Seasons Dools Feature Lifetime Matranitest

# **Choose the** Style

That's Right for You

# DECORATIVE

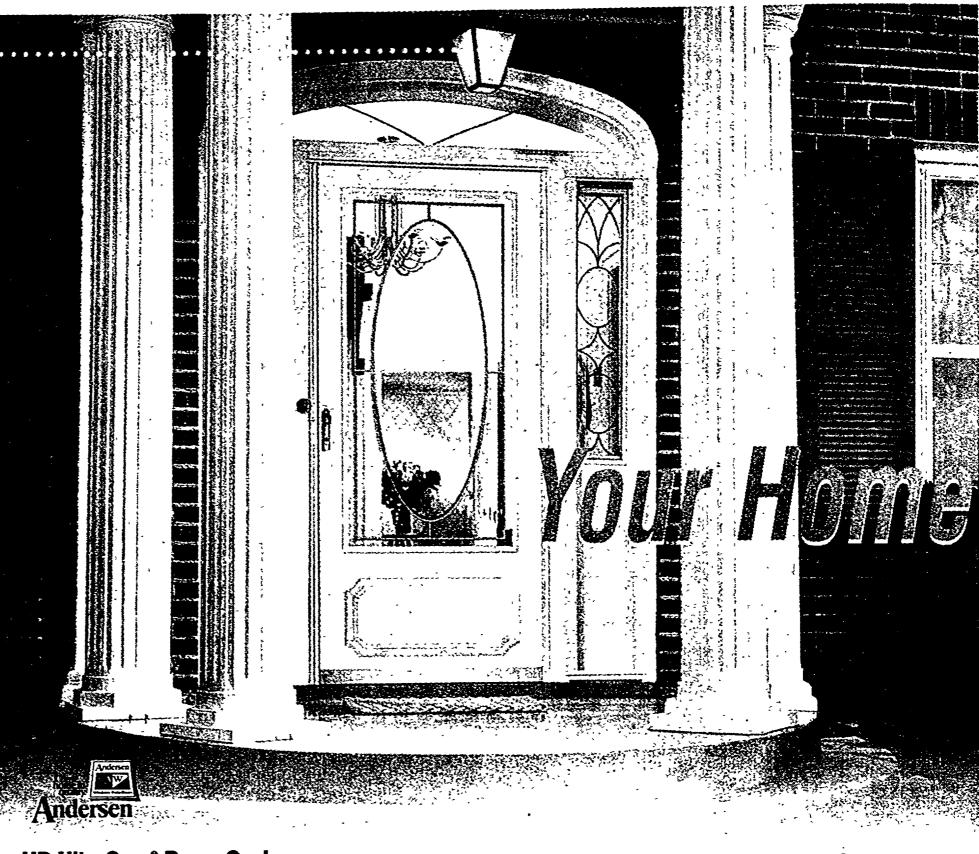
Deluxe solid-brass accents, etched-glass designs, elegant handlesets and more open up a world of beautiful possibilities for your home.

# FULLVIEW

For maximum light and ventilation, frame your home's entrance with this classic style that looks great with any exterior design.

out the elements — the choice is

~**H** 



# **HD UltraCore® Brass Oval**

Interchangeable glass and screen
Includes solid-brass lockset and keyed deadbolt
1" thick, dent-resistant ForeverTech" composite frame (165970)





- 75,101,64,67,72,115,120,127,130,131,139,143,156,157,158,164

ap1

Sidelites sold separately. \*Lifetime Warranty does not apply to Emco or MI Home Product doors.



Some doors not stocked in all stores, but are available through special order. See store for details. \*Lifetime Warranty does not apply to Emco or MI Home Product doors.

- 67,72,115,120,127,130,139,156,157,208,237,246-4/11-2

ap2



# Driving Down the Cost of Home Improvement. **Open Every Day!** Tool Rental

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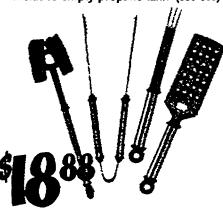
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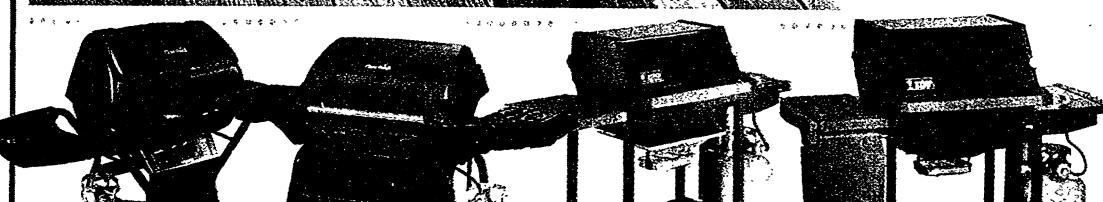
# FICC ASSEMANT Gas Gril Purchase

**Char-Broil** The Big Easy® • Prepare breakfast, lunch and dinner

- Cooks as a grill and a smoker
- Bonus porcelain cast iron griddle Full front panel with condiment basket
- Stainless steel control panel VersaFlame" 32,000 BTU cooking
- system with 2 stainless steel burners and
- SmokerTents\* 405 sq. in. porcelain grate
- 180 sq. in. porcelain cast iron griddle
- 179 sq. in. Chef's Delite" warming rack
- Rotary ignition Includes empty propane tank (539-668)



**4-Piece Stainless Steel BBQ Tool Set** · Set includes spatula, tongs, fork and brush Long handles for easy use (481-803)



Northland (248) 423-7777

(248) 698-4801 Woodhaven (734) 671-4400

White Lake Township

(419) 537-1920



General merchandise prices may vary after 4/21/2002 if there are market variations (commodities excluded) "If there are market variations (commodities excluded) "Key Credit Terms: Payments are not required for 6 months on any approved purchase of \$299 or more charges and optional insurance charges will be billed from the date of purchase, but finance charges will be reversed if the promotional purchase and any insurance charges are paid in full within 6 months. If they are not, you will be responsible for these charges. Regular credit terms apply to non-promo purchases. APR is 21% (18% in IA) and 15.48% for purchases of \$2,000 or more. Min. finance charge is \$1.00 (\$50 in IA). Offer subject to credit approval. Valid at all U.S. Home Depot stores, Vilager's Hardware" and The Home Depot Floor Store". License numbers available upon request. We reserve the right to limit quantities to the amount reasonable for homeowners and our regular contractor customers. It is our policy to run truthful, accurate advertising. In the event of an error, we will make every reasonable effort to accommodate our customers. Details on any product warranties available at store. @2002, HOMERT TLC. Inc. All rights regerved. iecerved.

Char-Broil Char-Broil 40,000 BTU **Quick Set Gas Grill** . 680 sq. in. total cooking area Push button ignition Swing-away warming rack SmokerTents" · Porcelain cooking grid Plastic side shelves for easy cleaning Includes empty propane tank (596-039) Rotary ignition 4638267 (199-401)

The Big Easy\* **Grill with Sideburner**  VersaFlame" 36,000 BTU cooking system with 3 stainless steel burners and 405 sq. in. porcelain cast iron grates. 180 sq. in. porcelain cast iron griddle and 179 sq. in. Chel's Delite<sup>®</sup> warming rack • SureFire<sup>®</sup> 8,000 BTU flush mount sideburner Cooks as grill and smoker Includes empty propane tank

ONLY

\$11

er month'

weber 22,000 BTU **Genesis Silver A Gas Grill** • 458 sq. in. total cooking area 2 stainless steel burners Removable thermoset work surface. 2' tool holder Crack-proof all-weather wheels Includes Weber<sup>®</sup> cookbook Includes empty propane tank (682-587) Patio and Deck Protector (743-599) \$5.97

ONLY

\$15

per month

acreronth weber 36,000 BTU **Genesis Silver B** Gas Grill • 611 sq. in. total cooking area 3 stainless steel burners · Porcelain-enameled Flavorizer\* Bars • Removable thermoset work surface • 3' tool holder • Locking casters Includes Weber<sup>®</sup> cookbook Includes empty propane tank (682-594)

ONLY

<sup>\$19</sup>

Contractor's License# HOMED\*\*088RH Printed by Rhodes Printing Group/Charlestown, IN

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\*Empty propane tank will be exchanged for a full tank at time of purchase. Offer ends April 21, 2002. Not available at some stores.



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SEE IN-STORE MANUFACTURERS' REMATE FORMS FOR COMPLETE DETARS. WE RESERVE THE BICHT TO LIMIT QUANTITIES. SOME ITEMS NOT ALMAYS AS PICTURED. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. PRICES ARE FOR STORE STOCKED ITEMS, SPECIAL ORDERS MAY BE HIGHER.

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#### MINIMUM PURCHASE

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#### ARTS & CRAFTS BIG SCREEN WALL

•Spice correct for time finished oak •Lighted display areas •Expands to hold big screen from 40" to 60" wide •Removable speaker panels •Beveled glass doors •Central lighting control •Tape storage libraries hold 120 VHS tapes or 240 CDs •Extra deep audio pier to accommodate large components •Authentic pewter finished hardware •Made in the U.S.A.



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Entertainment Center

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#### 36" Monitor Size A/V Unit

comury Medium Oak

**Entertainment Center** 

Billy Bob's went to the Orman Grubb factory with the idea to manufacture an entertainment unit with loads of storage. Compact in size, each unit is 60' W x 56' H x 21' D, has a 36' monitor capacity with lighted display area with touch light dimmer switch, roll out VCR and disc storage, removable speaker panels. It is surround sound ready in styles and finishes to fit any decor and at a price to fit every budget. Constructed in the USA of oak solids and select oak veneers.



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## Starts Friday, April 12 at 8am

## **27.00** orig. \$38 Missias or Petites'

shop online for selected items P4118

 Misses' Petites' Women's Misses' shown

SAGSHAR

## 40-50% off

ENTIRE STOCK Sag Harbor® coordinates. Orig. \$28-\$54, sale 16.80-32.40



## 40% off

**ENTIRE STOCK Sonoma** knit tops for misses, petites & women, sale 6,99-13,99 A shop online P41450



## 40% off

**ENTIRE STOCK Briggs®** sportswear. Orig. \$34-\$40, sale 20.40-24.00 shop online P41452



## 17.99 Orig: \$28-\$32

ENTIRE STOCK Gloria Vanderbilt\*, Lee<sup>®</sup> & Levi's<sup>®</sup> shorts. Women's, sale 19.99 🔉 shop online W2100 Shop online P41451

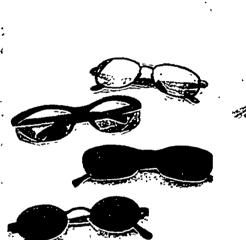
40% off **ENTIRE STOCK maternity** sportswear. Orig. \$6-\$40, sale 3.60-24.00

 Misses' Petites' •Women's Juniors; Misses' shown

40% off

Romi Nicole

**ENTIRE STOCK dresses** & pantsuits. Orig. 24.99-89.99, sale 14.99-53.99



•Boys' 4-7

•Toddlers' •Girls<sup>1</sup> 4-6x

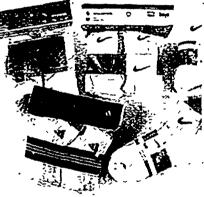
bonus buy savings

•Toddiers' •Girls' 4-16 Boys' 4-14 Infants'

## 40-50% off

**ENTIRE STOCK** kids' sleepwear.





## 33% off

**ENTIRE STOCK boys' and** girls' athletic socks.

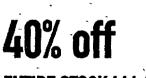
## 40% off

**ENTIRE STOCK sunglasses** for men and women. Orig. \$18-\$25, sale 10.80-14.99

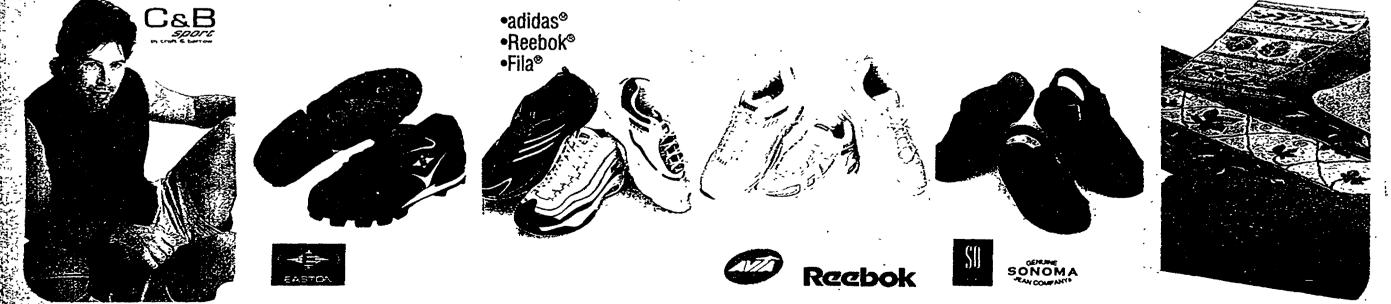
## 40% off

Panties. Orig. 3/\$12 to \$16 ea., sale 3/7.20 to 9.60 ea. Excludes Jockey®





**ENTIRE STOCK kids' sets** and character playwear. Playwear not intended as sleepwear.



## 50% off

Men's C&B Sport activewear. Orig. \$10-\$30, sale \$5-\$15 Shop online P41463

## 25-30% off

**ENTIRE STOCK kids'** and men's soccer & basebali cleats. Shop online P4143

#### 37.99 Men's selected athletic

shoes. Orig. 59.99-69.99

## 29.99

Women's selected athletic shoes. Orig. 44.99-54.99 Shop online for selected items P4144

## 30-50% off

50% off

SO... shorts.

Shop online P4141

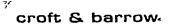
ENTIRE STOCK boys' 4-20

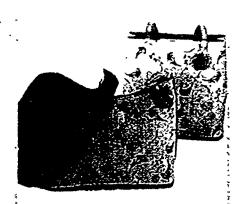
Sonoma and girls' 7-16

ENTIRE STOCK men's, women's & kids' SO... and Sonoma sandals. A shop online for selected items P4142

## 40-50% off

**ENTIRE STOCK accent, area** & bath rugs and mats. Shop online P4145





## 40% off

ENTIRE STOCK fashion accessories and Croft & Barrow<sup>®</sup> & Sonoma handbags. Orig. \$3-\$75, sale 1.80-45.00





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ENTIRE STOCK juniors' tanks.

Orig. \$10-\$15; sale \$6-\$9

40% off

S shop online J1110



Men's Croft & Barrow® solid cotton interlock polo. Orig. \$24, sale \$12 Shop online 11261



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50% off

ENTIRE STOCK juniors' SO...

denim and poplin crop pants.

Orig. \$24-\$26, sale \$12-\$13

A shop online P41454

## 40% off

ENTIRE STOCK men's golf apparel. Orig. \$30-\$38, sale 17.99-22.80 Shop online for selected items P41458

# 19.99

49.99 Final Price 10k gold 1/4 ct. T.W.

ENTIRE STOCK diamond.

already 55% off, plus

**Excludes Super Buys** 

gemsione & pearl jewelry

take an extra 15% off

Final Price 19.12-669.37

diamond hoop earrings. Reg. \$200, sale 58.99

ENTIRE STOCK men's Levi's® Red Tab™ 5-pocket denim shorts. ♀ shop online P41461



**19.99 Final Price** 

ENTIRE STOCK 14k gold

55% off, plus take an

extra 20% off

Excludes Super Buys

Final Price 14.40-288.00

chains & bracelets already

T#k.gold 1.5 mm hollow rope 18% necklace & 7" bracefet set. Reg \$80, sale 24.99

## 50% off

ENTIRE STOCK men's Levi's<sup>®</sup> Red Tab<sup>™</sup> 505<sup>®</sup> Regular Fit twill pants. Orig. 34.99, sale 17.49 Desert Khaki & Earth



**ENTIRE STOCK watches** 

already 25-30% off,

extra 10% off

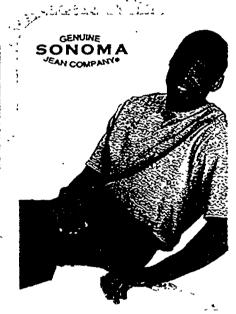
\Lambda shop online P41456

Final Price 10.11-253.12

plus take an

## 40-50% off

Men's Croft & Barrow® dress & casual pants. Orig. \$36-\$45, sale \$18-\$27 \$ shop online P41460



## 50% off

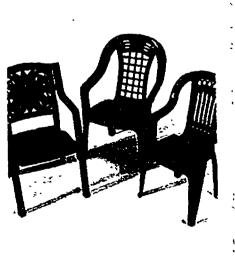
ENTIRE STOCK men's Sonoma loungewear. Orig. \$16-\$24, sale \$8-\$12 Shop online P41459











sale 139.99 Self propelled bagless vac



## 79.99

All sizes 200-thread count Bed in a Bag® sets. Reg. 109.99-189.99 Shop online H1212

## 59.99

Verdi<sup>™</sup> 2-piece luggage set with free tote. Orig: 149.99 50-70% off other luggage.

## 50% off

ENTIRE STOCK resin furniture.

15-40% off

ENTIRE STOCK vacuums, deep cleaners and hand vacs.

## 25% off

ENTIRE STOCK stand mixers. Featuring KitchenAid® Ultra Power Stand Mixer. Shop online H1642

## 25-50% off

ENTIRE STOCK personal care. Your choice massager or fountain. Reg. 24.99-29.99, saie 14.99

## From top to bottom,

GENUINE SONOMA JEAN COMPANY

7.99

Misses' or Petites' Sonoma Textured Tee •100% combed cotton •Ribbed neck & sleeve binding •XS, S, M. L, XL, PS, PM, PL, PXL Orig. \$12 Shop online P41468

## 27.99

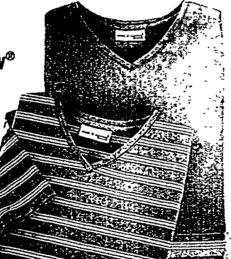
Misses' Villager Stretch Capris •Sateen finish •Comfort stretch •Sizes 6-16 Orig. S40 Shop online P41471

VH QXGER

## 9.99

1275

Misses' Croft & Barrow® V-neck tee. •Cotton/spandex •Stripes & solids •S, M, L, XL Orig. \$16 Shop online P41469



## 9.99

Misses' Croft & Barrow<sup>®</sup> tee. •Cotton/rayon •Satin trim •XS, S, M, L, XL Orig. \$16 Women's. Orig. \$18, sale 10.99 Shop online P41120

croft & barrow

## 21.99

Misses' Croft & Barrow® stretch shirt. •Cotton/spandex •3/4-sleeved •S, M, L, XL Orig. \$30 Shop online P41121

croft & barnes

croft & barrow

19.99

Misses' Sonoma 5-pocket capris. •Denim or twill •21" inseam •Sizes 6-16 Orig. \$30 • shop online P41470 • GENUINE SONOMA · FAN COMPANY•

### 19.99

Petites' Sonoma stretch capris. •Cotton/spandex •19" inseam •Sizes 4-14 Orig. \$30 \$ shop online P41472

GENUINE SONOMA JEAN COMPANY



### 19.99

Misses' Briggs® stretch capris. •Cotton/rayon/spandex •18" inseam •Sizes 6-18 Orig. \$34 Women's. Orig. \$38, sale 21.99 O shop online P41112 BRIGGS

NEW YORK



## more choices give you

## morewaystorenew

DOCKERS

## 21.99

#### Men's Dockers® Pleated Twill Shorts •100° o cotton

•Soft. stonewashed twill •Even sizes 30-44 and size 33 Orig. \$34 S shop online P4119

## 17.99

Men's Croft & Barrow® microfiber shorts. •Easy care microfiber •Contemporary style •Even sizes 32-42 Orig. \$28 Shop online 11389



## 14.99

Men's Croft & Barrow® solid and striped piqué polos. •100% combed cotton •Reinforced shoulder seams •S, M, L, XL, XXL, LT, XLT Orig. \$24-\$26 Shop online P41162



## 17.99

croft & barrow

#### Men's Croft & Barrow® cargo shorts. •100% cotton twill or denim Comfort waist •Even sizes 32-44 Orig. \$28 Shop online P41110



14.99

Men's Croft & Barrow® Solid Jersey Henley •100% combed cotton •Reinforced shoulder seams •S, M, L, XL. XXL, LT, XLT Orig. \$24 Shop online 11401

croft & barrow.



croft & barrow

croft & barrow.

### 24.99

haggar.

Men's Haggar<sup>®</sup> Collections solid camp shirt. •Polynosic rayon/polyester •Straight bottom with side vents •M, L, XL, XXL Orig. \$42 Shop online 15414



## 19.99

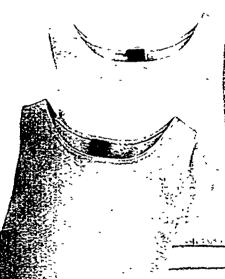
81 1002

Men's Haggar<sup>®</sup> Cool 18<sup>™</sup> microfiber shorts. •Keeps you cool & dry •Wrinkle-Free<sup>\*\*</sup>, easy care •Even sizes 32-42 Orig. \$34 Shop online 16452



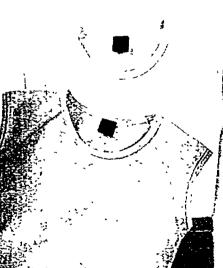


Juniors' SO... boatneck tank. •Cotton/spandex •Variety of colors •XS, S, M, L, XL Orig. \$10 shop online 12063



## 7.99

Juniors' SO... raglan muscle tee. •Cotton/spandex •Variety of colors •S, M, L, XL Orig. \$12 shop online 14377



## 19.99

Misses' one piece tank. •7 colors •Scoop back •Sizes 6-18 Orig. \$30 🔊 shop online 16135







7.99

Juniors' Energie® shorts. •Cotton/spandex •Solids and stripes •Machine washable Orig. \$14 Shop online for selected items 16596

Juniors' L.e.i.® shorts. •Denim or twill •Belted or

frayed waist •Whisker blast finish Orig. \$26

lei



## 17.99

SO

### 16.99

Juniors' SO ... stretch poplin crop pants. •Cotton/spandex •22" inseam •Plaids, prints and solids Orig. \$24 shop online P4111







6 energie

## gives the entire family



## 9.99

Boys' 8-20 Sonoma knit polo. •100% cotton piqué •Taped neckline •S, M, L, XL Orig. \$16 Ashop online K1112



## 6.99

Girls' 7-16 SO... knit shorts. •100% cotton piqué •Assorted colors •Solids & prints Orig. \$10 Shop online P4111

## 6.99

Girls' 4-6x Sonoma embroidered tee. •100% cotton •Short sieeved •6 colors Orig. \$10 Sshop online for selected items P4149





4.99

Boys' 4-7 Sonoma jersey tee. •100% cotton •Stripes and solids •S, M, L, XL Orig. \$8 Shop online P4113



9.99

Toddler boys'

pull on shorts.

•Jersey or twill

Orig. \$16

•Assorted colors

shop online P4112

OshKosh B'Gosh®

•Elasticized waistband









carter's

GENUINE JEAN COMPANY



Women's Croft & Barrow\*

St. Claire Shoes

•Comfort footbed

► shop online for selected items 14813

Orig: 34.99

•Genuine leather upper •White, brown or black

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croft & barrow

## 29.99

Men's Sonoma Hemingway shoes.

•Genuine leather upper •Cushioned insole •Flexible outsole Orig. \$50 •Shop online 17182

GENUINE SONOMA JEAN COMPANY



## 39.99

Men's Lee® Montgomery shoes.

Soft, tumbled leather uppers
Flexible outsole
Black or brown Orig. 49.99
Shop online 20033

#### Lee

## More choices, more brands

2/510

Sonoma 3-Pack Sport and Casual Socks for Her •3 pr. value, pack •Made with Lycra •Machine washable Orig. \$6-\$8 • shop online for selected items P41715

SONOMA

## <u>49.99</u>

Men's Sperry® Defender shoes.

Handsewn moccasin construction
Rustproof eyelets
Molded traction to channel water
Orig. 69.99
Shop online P4115

GENUINE SONOMA

JEAN COMPANYS

SPERRY



19.99

**Toe ring.** •10k gold •Adjustable •Various styles Reg. \$60 **Shop online** P41116











## 12.99

Juniors' bath or cosmetic set. •Destiny's Hip Hop Hair Klub •Brittany's Body Artz Klub •Kristina's Kolor Klub Orig. \$20 •Shop online W1633





#### Summer Living® flip flops.

Variety of colors and patterns
Assorted silhouettes
Shoe sizes 4-11 Orig. \$12





Longchamp<sup>™</sup> glassware. •24% lead crystal •Set of 4 •6 styles Reg. 24.99 Shop online H2132



**Sonoma Accent Collection** 3x3" pillar candle.

•Hand poured •Rich scent

•Unique finish Reg. 5.99

35% off all other Sonoma candles. collage styles







## 9.99

21x36" Kensington accent rug. •Heavyweight plush nylon face •Nonskid latex back •15 colors Reg. 19.99 Shop online C179





#### 19.99 Twin The Big One™ sheet set. •250-thread count •Extra wide flat sheet •Fits up to a 17" mattress



Cannon Royal Tamily

Reg. 26.99





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## 30% off

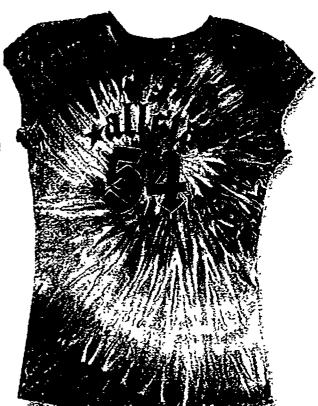
ENTIRE STOCK misses', women's, and juniors' swimwear and coverups. Orig. \$24-\$86, sale 15.99-60.20 Shop online for selected items W3200 **17.99** Juniors' Mudd<sup>®</sup> denim carpenter shorts. Orig. \$26



7.99

**Juniors' screen printed tee.** Orig. \$16

Juniors' active shorts. Orig. \$14-\$16, sale 7.99



## Use your Kohl's Charge and take an extra 10% off This offer may be used multiple times Friday—Monday, April 12–15.







## 19.99 Super Buy!

14k gold earrings. Reg. \$50 pr. ▶ shop online P41476

## 29.99 Super Buy!

14k gold earrings. Reg. \$80 pr. A shop online P41477

## 49.99 Super Buy!

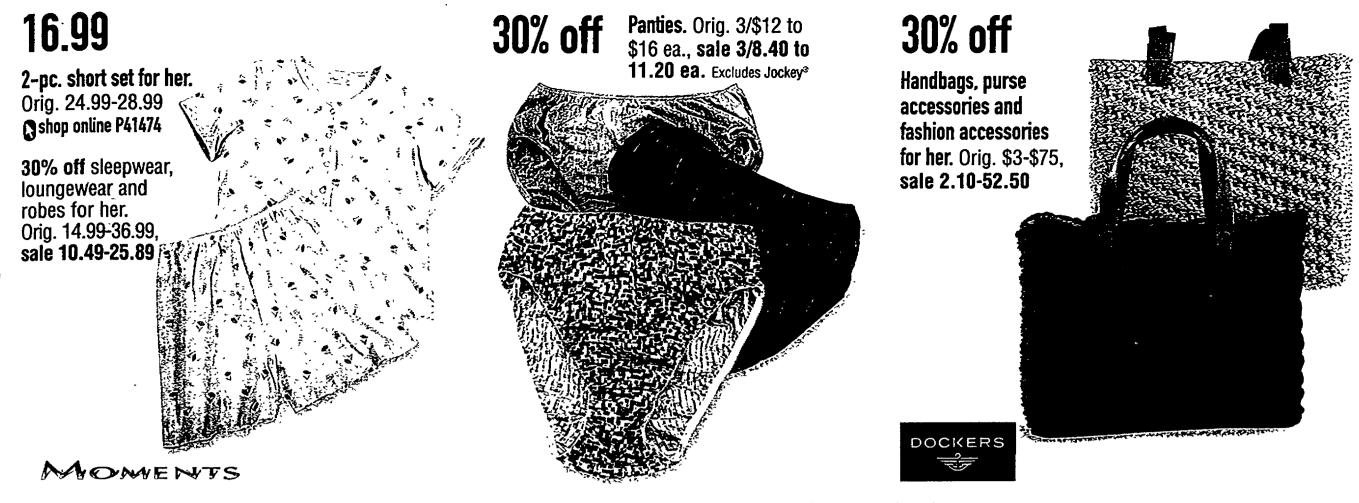
Your choice 10k gold 1/8 ct. T.W. or 1/10 ct. T.W. diamond hoop earrings. Reg. \$150-\$200. shop online for selected items 11562

### 99.99 Super Buy!

14k gold 1/4 ct. T.W.
diamond hoop earrings.
Reg. S300
▶ shop online for selected items 7864

## 55% Off Entire Stock Fine Jewelry

Reg. 29.99-3,000.00, sale 13.49-999.99 Some jewelry photos enlarged to show detail. Diamond Total Weights are approximate. T.W. may vary up to .05 ct.



## **Use your Kohl's Charge and take an extra 10% off** This offer may be used multiple times Friday–Monday, April 12-15.

16.99

Famous maker bras. Orig. \$17-\$29

•Maidenform<sup>®</sup>

•Warner's® •Lily of France®

•Barelythere®

Buy 2 Maidenform<sup>®</sup>, Warner's<sup>®</sup>, Lily of France<sup>®</sup> or Barelythere<sup>®</sup> Bras, Get 1 Same Brand Bra by Mail. See store for details. 17.99

Famous maker bras. Orig. 19.50-29.50

Women's Lingerie dept. ●Bali<sup>©</sup>

•Playtex<sup>®</sup>

•Olga<sup>®</sup> •Vanity Fair<sup>®</sup> .

Buy 2 Bali<sup>®</sup>, Olga<sup>®</sup> or Vanity Fair<sup>®</sup> Bras, Get 1 Same Brand Bra by Mail. See store for details.



KOHES

A.S. 2.5243

ENTIRE STOCK men's Arrow short sleeved sport shirts. Orig. \$30-\$36



#### ARROW

## 24.99

Men's Dockers® Chino Pants. shop online 8145

30% off entire stock men's Dockers® Sport Shirts. Orig. \$19-\$44, sale 13.30-30.80

## 30% off

ENTIRE STOCK men's Hanes® Classics® underwear. Orig. \$10-\$14, sale 7.00-9.80 Shop online P41489

Classics

24.99

Men's Haggar® Great

American Khakis™

shop online P41483

Men's Haggar®

Generations"

short sleeved

shirt. Orig. \$36,

woven sport

sale 19.99



## 30% off

ENTIRE STOCK men's swimwear. Orig. \$18-\$44, sale 12.60-30.80



## 26.99

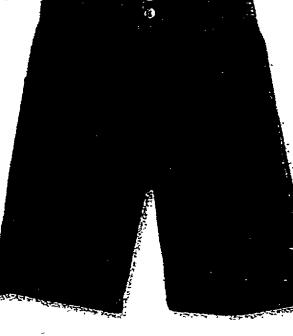
Men's Levi's® 5-pkt. denim jeans.

•505<sup>°</sup> Regular Fit
•550<sup>°</sup> Relaxed Fit
•560<sup>°</sup> Loose Fit
•569<sup>°</sup> Loose
Straight Jeans
•557<sup>°</sup> Boot Fit
•579<sup>°</sup> Baggy Fit

▶ shop online M1232

40% Off entire stock young men's Genuine Sonoma Jean Company<sup>®</sup> screen printed & novelty tees. Orig. \$18, sale 10.80 

Boys' 4-7 Levi's® 550™ **Relaxed Fit shorts.** Orig. 21.99



## 

## 19.99

Your choice boys' 8-20 Unionbay® fashion top or **cargo shorts.** Orig. \$28 & \$30 ea. ▶ shop online P41150

## 30% off

as sleepwear.

### **ENTIRE STOCK kids'** Healthtex® playwear. Newborns', infants', toddlers', girls' 4-12 and boys' 4-7. Playwear not intended

Health tex

16.99

**ENTIRE STOCK** 

 $\mathbf{k}$  shop online P41412

Orig. 24.99

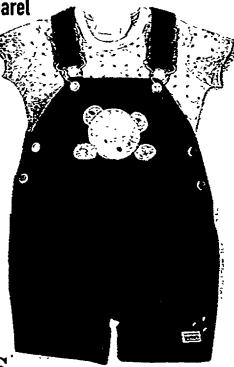
girls' 7-16 Mudd® or

I.e.i.® flood pants.

C

## 25% off

**ENTIRE STOCK Carter's®** Just One Year<sup>™</sup> apparel for newborns.



## JustOneYear.

## **30% off** ENTIRE STOCK kids' swimwear.

Girls' 4-16, boys' 4-20, toddlers' and infants'.















All sizes My Room My Way" mini bed sets. Twin or full; includes comforter and 180-thread count percale sheet set. Reg. 79.99-99.99 Shop online for selected items H1281

#### 25% off coordinating accessories.

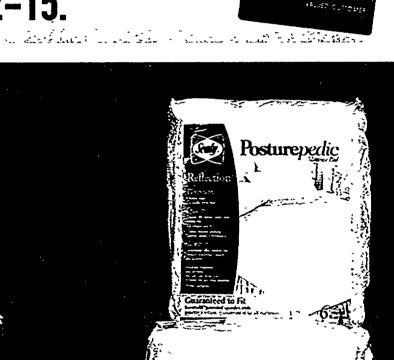
## **69.99**

**All sizes Elite Collection** bedding ensembles. 180-thread count; cotton rich comforter, bedskirt,

sham(s), flat & fitted sheets and pillowcase(s). Reg. 99.99-169.99

🖪 shop online H1211

## Use your Kohl's Charge and take an extra 10% off This offer may be used multiple times Friday–Monday, April 12-15.

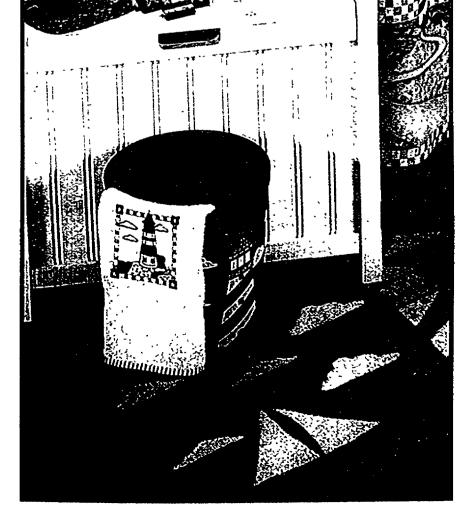


KOHĽS



Other sizes and pillowcases.

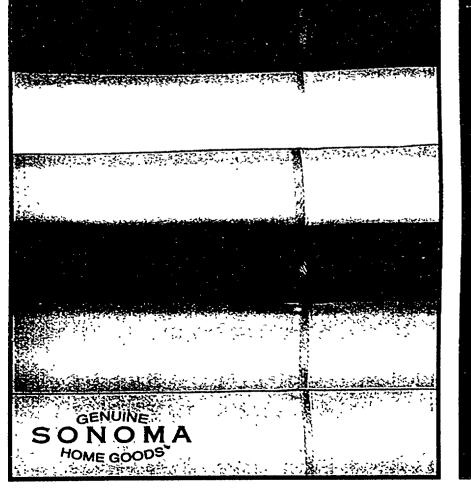
Reg. 19.99-35.99, sale 14.99-26.99



Matching towels, accessories, shower curtains, wall borders

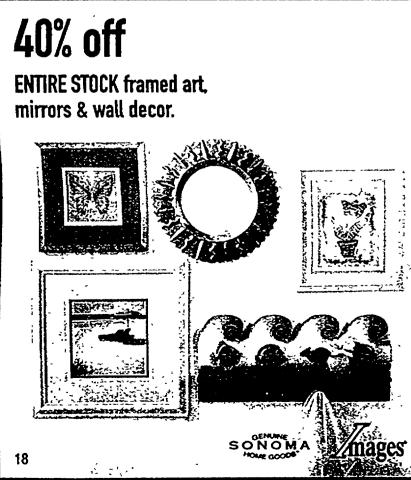
and rugs.

🖪 shop online H1130

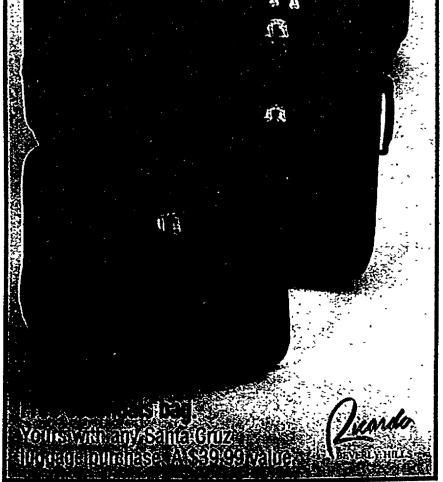




















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▶ shop online POSH





#### that's more like it\*

#### Prices good Friday, April 12-Saturday, April 20, 2002.

**Store Hours:** Friday-Saturday, April 12-13 8am-10pm; Sunday, April 14 9am-9pm; Monday–Friday 8am-10pm; Saturday, April 20 7am-11pm

Fargo, ND and Oxmoor, KY stores open Sunday Noon-9pm

Items indicated on sale or referencing a comparative former or future price represent reductions from former or future offering prices (with or without actual sales) at Kohl's or at a competitor of the item or of comparable merchandise. Intermediate markdowns may have been taken. Clearance merchandise is excluded from entire stock categories herein. Actual savings may exceed percent savings shown. KOHL'S® and Kohl's brand names are trademarks of Kohl's Illinois, Inc.



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# PROGRAMS SUPPORT GRO HEALTH-IPS

## Spring/Summer 2002

## Mobility is a precious possession.



Your knees and hips play a major role in your ability to move. St. Joseph Mercy Hospital in Ann Arbor is one of the top hospitals in the nation for knee replacement and care. Our services include: Hand and Foot Surgery • Total Joint Replacement (Hip, Knee and Shoulder Arthroplasty) • Arthroscopy • Sports Medicine • Arthritis Treatment • Joint, pain and mobility services • Rehabilitative therapy



At Saint Joseph Mercy Health System we have the experience of over 1,000 knee and hip replacements each year, the location (facilities in Ann Arbor, Saline and McPherson Hospital in Howell), the personal service and professional staff to serve all of southeast Michigan and Livingston County. We help keep you on the move. For more information call **800-231-2211** 

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## SAINT JOSEPH MERCY HEALTH SYSTEM





3

#### to Saint Joseph Mercy Health System Community Education

Saint Joseph Mercy Health System is pleased to present the following programs, events and services for you and your family's better health. Programs have limited space available and require advance registration unless indicated. The classes listed here and/or their dates and times are subject to change. Please call the Saint Joseph Mercy HealthLine at (734) 712-5400 or (800) 231-2211 or the telephone number listed with the program for more information, dates, fees, directions and/or to get details on registration.

Look for the blue boxes Health Tip throughout the calendar for useful health hints! Remember, the health tips contained in this calendar are not intended to substitute for professional care.

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Women's Health

The Community Health Guide is produced and published by the Marketing and Media Relations Department of Saint Joseph Mercy Health System.

If you have any comments or would like additional copies of this guide, please call (734) 712-2357.

#### **Community Education Locations**

#### **St. Joseph Mercy Hospital:**

5301 E. Huron Dr. PO Box 995, Ann Arbor, MI 48106 Phone: (734) 712-3456

#### Ann Arbor/EC:

Administration Services Building Education Center 5305 E. Huron River Dr. Phone: (734) 712-3456

Ann Arbor/MCCC: Saint Joseph Mercy McAuley Cancer Center Phone: (734) 712-5948

Ann Arbor/MHVI: Michigan Heart & Vascular Institute Phone: (734) 712-5205

Ann Arbor/RHC: Saint Joseph Mercy Reichert Health Center Phone: (734) 712-5300

Ann Arbor/SHB: Senior Health Building Phone: (734) 712-5189

Ann Arbor/WHC: Saint Joseph Mercy Women's Health Center Phone: (734) 712-5800

#### Ann Arbor/MMHS:

Saint Joseph Mercy McAuley Mental Health Services 2006 Hogback Phone: (734) 712-2595

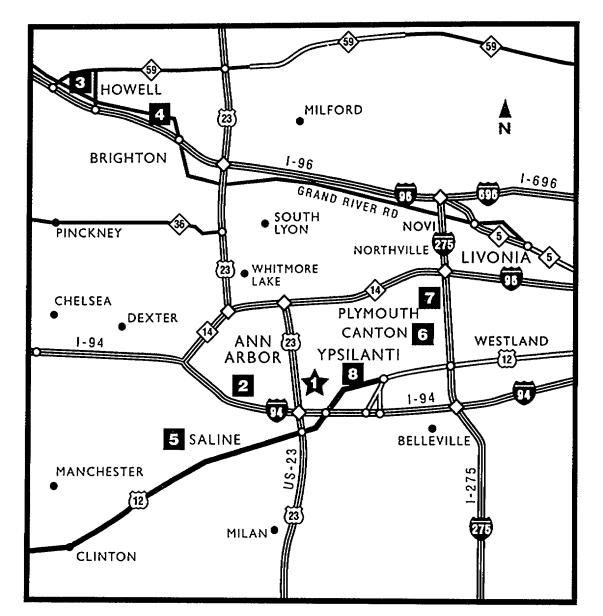
Saint Joseph Mercy Greenbrook Recovery Center (formerly McAuley Dependency Services) 2008 Hogback, Suite 8 Phone: (734) 712-4300

#### 2 Ann Arbor/Briarwood:

Saint Joseph Mercy Health Stop 620 Briarwood Circle Ann Arbor, MI 48108 Phone: (734) 827-3777

#### 3 Howell:

McPherson Hospital 620 Byron Rd. Howell, MI 48843 Phone: (517) 545-6000



#### 5 Saline:

Saline Community Hospital 400 Russell St. Saline, MI 48176 Phone: (734) 429-1500

#### 6 Canton:

Saint Joseph Mercy Canton Health Center 1600 S. Canton Center Rd. Canton, MI 48188 Phone: (734) 398-7557

#### **7** Plymouth:

Saint Joseph Mercy Arbor Health Center 990 W. Ann Arbor Trail Plymouth, MI 48170 Phone: (734) 414-1010

#### 8 Ypsilanti:

Saint Joseph Mercy Haab/Ypsilanti Health Building 111 N. Huron St. Ypsilanti, MI 48197

#### Saint Joseph Mercy Health System Mission

We serve together in Trinity Health, in the spirit of the Gospel, to heal body, mind and spirit, to improve the health of our communities and to steward the resources entrusted to us.

#### 4 Brighton:

Saint Joseph Mercy Woodland Health Center 7575 Grand River Brighton, MI 48114 Phone: (810) 844-7575 Saint Joseph Mercy Health System and its physician partners provide a comprehensive range of health care services for residents in Washtenaw, Livingston, Jackson, Lenawee, Monroe and western Wayne counties.

For information on physicians, services and community education classes, call Saint Joseph Mercy HealthLine: (800) 231-2211.

Visit our Web site at www.sjmh.com

## **EVENTS AT A GLANCE**

	April				May	(con	tinued)
			]	Page No.			
	Mon.	15	Supermarket Sleuthing	12	Tues.	7	Tea Time
	Mon.	15	Vegetarian Wonders II	13	Tues.	7	Senior H
	Tues.	16	Pediatric Heartsaver	7	Wed.	8	Maximiz
	Tues.	16	Run This Way for Women	19	Wed.	8	Superma
	Wed.	17	Baby Building	14	Thurs.	9	Basic Life
	Wed.	17	Shapedown Orientation	8	Fri.	10	Senior Fi
	Wed.	17	Compulsive Eating and Depression	9	Mon.	13	Joy of So
	Thurs.	18	Meditation Class	9	Mon.	13	Maximiz
	Fri.	19	Project Healthy Living	9	Mon.	13	Medical A
	Sat.	20	Mother/Daughter Puberty	14	Tues.	14	Pediatric
	Mon.	22	Triggers & Cravings	12	Tues.	14	Teens Us
	Tues.	23	First Aid	7	Tues.	14	Learning
	Tues.	23	Whole Grain Exploration	13	Tues.	14	Emotiona
	Tues.	23	Run This Way for Women	19	Wed.	15	Learning
	Wed.	24	Living With Grief	18	Thurs.	16	Heart of
	Wed.	24	Irregular Heart Rhythms	13	Thurs.	16	Kids Coc
	Wed.	24	Finding Fats That Fit	11	Mon.	20	Learning
	Wed.	24	Women's Night Out	19	Mon.	20	Redefinir
	Thurs.	25	Finding Fats That Fit	11	Mon.	20	Joy of So
	Fri.	26	Learn, Taste & Share	9	Tues.	21	First Aid
	Mon.	29	Irregular Heart Rhythms	13	Tues.	21	Initial Ba
	Mon.	29	Men's Night Out—Cooking	12	Wed.	22	Finding I
	Tues.	30	Lower Your Blood Pressure	13	Thurs.	23	Kitchen S
	Tues.	30	Get Hooked on Fish	11	Thurs.	23	Learning
	Tues.	30	Senior "Lunch & Learn"	16	Thurs.	23	Caretakin
	Tues.	30	Run This Way for Women	19	Mon.	27	Finding I
					Tues.	28	Cooking
	May				Wed.	29	Fabulous
. –	Wed.	1	NutriBaby	15	Thurs.	30	NutriTot
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Mon.	15	Supermarket Sleuthing	12	Tues.	7	Tea Time	12
Mon.	15	Vegetarian Wonders II	13	Tues.	7	Senior Health Day	16
Tues.	16	Pediatric Heartsaver	7	Wed.	8	Maximizing Your Food Choices	11
Tues.	16	Run This Way for Women	19	Wed.	8	Supermarket Sleuthing	12
Wed.	17	Baby Building	14	Thurs.	9	Basic Life Support Renewal	7
Wed.	17	Shapedown Orientation	8	Fri.	10	Senior Fitness Day	16
Wed.	17	Compulsive Eating and Depression	9	Mon.	13	Joy of Soy	11
Thurs.	18	Meditation Class	9	Mon.	13	Maximizing Your Food Choices	11
Fri.	19	Project Healthy Living	9	Mon.	13	Medical Auxiliary Golf Outing	17
Sat.	20	Mother/Daughter Puberty	14	Tues.	14	Pediatric Heartsaver	7
Mon.	22	Triggers & Cravings	12	Tues.	14	Teens Using Drugs—Part 2	17
Tues.	23	First Aid	7	Tues.	14	Learning About Stroke	13
Tues.	23	Whole Grain Exploration	13	Tues.	14	Emotional Eating	11
Tues.	23	Run This Way for Women	19	Wed.	15	Learning About Stroke	13
Wed.	24	Living With Grief	18	Thurs.	16	Heart of a Woman Lecture	18
Wed.	24	Irregular Heart Rhythms	13	Thurs.	16	Kids Cook 1	8
Wed.	24	Finding Fats That Fit	11	Mon.	20	Learning About Stroke	13
Wed.	24	Women's Night Out	19	Mon.	20	Redefining Stress	10
Thurs.	25	Finding Fats That Fit	11	Mon.	20	Joy of Soy	11
Fri.	26	Learn, Taste & Share	9	Tues.	21	First Aid	7
Mon.	29	Irregular Heart Rhythms	13	Tues.	21	Initial Basic Life Support	7
Mon.	29	Men's Night Out—Cooking	12	Wed.	22	Finding Fats That Fit	11
Tues.	30	Lower Your Blood Pressure	13	Thurs.	23	Kitchen Science	8
Tues.	30	Get Hooked on Fish	11	Thurs.	23	Learning About Stroke	13
Tues.	30	Senior "Lunch & Learn"	16	Thurs.	23	Caretaking for Elderly Parents	18
Tues.	30	Run This Way for Women	19	Mon.	27	Finding Fats That Fit	11
				Tues.	28	Cooking with Vegetables	11
May				Wed.	29	Fabulous Fiber	11
Wed.	1	NutriBaby	15	Thurs.	30	NutriTots	8
Wed.	1	Fabulous Fiber	11	Thurs.	30	Starting an Exercise Program	9
Thurs.	2	Shapedown Orientation	8				
Thurs.	2	Lower Your Blood Pressure	13	June	•		
Thurs.	2	Stress Management	10	Mon.	3	Fabulous Fiber	11
Sat.	4	Boot Camp	14	Mon.	3	Vegetarian Wonders	13
Sat.	4	Guest Chef	11	Mon.	3	Saline Golf Outing	17
Mon.	6	Joy of Soy	11	Mon.	3	Kiwanis Golf Outing	17
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Mon.	6	Pregnancy Loss Service	16	Tues.	4	Teens Using Drugs—Part 1	17
Tues.	7	Heartsaver CPR	7	Tues.	4	Delightful Desserts	11
Tues.	7	Teens Using Drugs—Part 1	17	Tues.	4	Senior Health Day	16
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All dates and times subject to change

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## **EVENTS AT A GLANCE**

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			ge No.				Page No.
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Mon.	10	McPherson Golf Classic	17	Sat.	13	Boot Camp	14
Tues.	11	Pediatric Heartsaver	7	Sat.	13	Emotional Eating	11
Tues.	11	Teens Using Drugs—Part 2	17	Mon.	15	Mother/Daughter Cooking	12
Tues.	11	Irregular Heart Rhythms	13	Mon.	15	Menopause Series	18
Tues.	11	Walk/Run Club for Women	19	Wed.	17	Women Who Love/Give Too Much	19
Wed.	12	Heart Disease, Diagnosis, Treatment	13	Thurs.	18	Kitchen Science	8
Wed.	12	Maximizing Your Food Choices	11	Thurs.	18	Supermarket Sleuthing	12
Wed.	12	Triggers & Cravings	12	Fri.	19	Senior Health Screening	16
Wed.	12	Pro Am Golf Classic	17	Mon.	22	Menopause Series	18
Wed.	12	Marriage Enrichment Series	19	Wed.	24	Triggers & Cravings	12
Thurs.	13	Boot Camp	14	Wed.	24	Marriage Enrichment Series	19
Thurs.	13	Basic Life Support Renewal	7	Thurs.	25	Starting an Exercise Program	9
Thurs.	13	Irregular Heart Rhythms	13	Sun.	28	Mother/Daughter Puberty	14
Thurs.	13	Maximizing Your Food Choices	11	Mon.	29	Menopause Series	18
Sat.	15	Mother/Daughter Puberty	14	Tues.	30	Breads, Muffins & More	11
Sat.	15	Walk/Run Club for Women	19				
Mon.	17	Middle Eastern Delights	12	Αμσυ	ef		
Mon.	17	Nutrition & Cancer	12	Augu			
Tues.	18	First Aid	7	Thurs.	_	Kids Cook 2	8
Tues.	18	Get Hooked on Fish	11	Tues.	6	Senior Health Day	16
Thurs.	20	Lower Your Blood Pressure	13	Tues.	13	Mother/Daughter Cooking	12
Sat.	22	Women's Center Grand Opening	18	Tues.	13	Pasta, Pasta	12
Mon.	24	Triggers & Cravings	12	Wed.	14	Triggers & Cravings	12
Mon.	24	Vegetarian Sushi	12	Sat.	17	Boot Camp	14
Tues.	25	Teens Cook	8	Sat.	17	Mother/Daughter Puberty	14
Wed.	26	Finding Fats That Fit	11	Mon.	19	Vitamins, Minerals & Herbs	13
Wed.	26	Marriage Enrichment Series	19	Tues.	20	Sports Performance	12
Thurs.	27	Finding Fats That Fit	11	Sat.	24	Boot Camp	14
				Mon.	26	Father/Son Cooking	11
				Wed.	28	Baby Building	14
July							
Mon.	1	Whole Grain Exploration	13	Septe	embe	er	
Tues.	2	Mediterranean Cuisine Series	12	Tues.	3	Heartsaver CPR	7
Tues.	2	Senior Health Day	16	Sat	7	Emotional Fating	11

Tues.	2	Senior Health Day	16	Sat.	7	Emotional Eating	11
Wed.	3	Fabulous Fiber	11	Mon.	9	Heart Disease, Diagnosis, Treatment	13
Mon.	8	Father/Son Cooking	11	Tues.	10	Pediatric Heartsaver	7
Mon.	8	Vegetarian Wonders II	13	Tues.	10	Heart Disease, Diagnosis, Treatment	13
Tues.	9	Sports Performance	12	Wed.	11	Lower Your Blood Pressure	13
Wed.	10	Asian Cooking Series	11	Thurs.	12	Basic Life Support Renewal	7
Wed.	10	Supermarket Sleuthing	12	Thurs.	12	Are You at Risk for a Heart Attack?	13
Wed.	10	Marriage Enrichment Series	19	Tues.	17	First Aid	7
Thurs.	11	Fabulous Fiber	11	Thurs.	19	Initial Basic Life Support	7

Call Saint Joseph Mercy HealthLine at (734) 712-5400 / (800) 231-2211 or noted number for further information

### **CPR/BASIC LIFE SUPPORT**

#### Adult Heartsaver CPR

American Heart Association course covers adult CPR and foreign body airway obstruction. Use of barrier devices and automated external defibrillation (AED) is also discussed. \$30 **Howell:** Tuesdays, May 7, June 4 or Sept. 3; 7–10 p.m. (517) 545-6517

#### Basic Life Support (BLS) Initial Class for Health Care Providers

Course for health care providers who have no prior BLS training or whose card has expired. Covers adult, child and infant CPR; foreign body airway obstruction; and automated external defibrillation (AED) training. 100

Howell: Tues., May 21 or Thurs. Sept. 19; 8 a.m.-4:30 p.m. (517) 545-6517

#### Basic Life Support (BLS) Renewal Class for Health Care Providers

Course for health care providers who have prior BLS training. Class reviews adult, child and infant CPR; foreign body airway obstruction; and automated external defibrillation (AED) training. \$60 Howell: Thursdays, May 9, June 13 or Sept. 12 (517) 545-6517

#### First Aid

Standard first aid information and techniques including assessment, respiratory care, sudden illness and trauma. Prerequisite for this class is an adult CPR course. \$30 **Howell:** Tuesdays, Apr. 23, May 21, June 18 or Sept. 17; 7–10 p.m. (517) 545-6517

#### Pediatric Heartsaver

American Heart Association Pediatric Heartsaver CPR course trains participants to recognize emergencies and provide resuscitation for infants and children up to 8 years old. \$30 **Howell:** Tuesdays, Apr. 16, May 14, June 11 or Sept. 10; 7–10 p.m. (517) 545-6517

#### CANCER EDUCATION AND SUPPORT

#### Cancer Care Resource Center

Books, pamphlets and other educational materials are available to assist patients. Also available is Cancer Help an Interactive Touch Screen Information System that helps facilitate searches for cancer information and specific treatments for patients.

Ann Arbor/MCCC: Monday–Friday; 10 a.m.–3 p.m. (734) 712-5042

#### Cancer Lecture Series

Free monthly sessions designed to provide up-to-date information on a variety of topics relevant to cancer patients and their families. Pre-registration required. Ann Arbor/MCCC: Second Wednesday monthly; 6–7:30 p.m. (734) 712-2920

#### Cancer Survivor Day

More than 300 cancer survivors from across Michigan, along with family members and health professionals, will gather to celebrate life at this free community event. Sponsored by Circle of Care Cancer Fund, Saint Joseph Mercy McAuley Cancer Care and the University of Michigan Comprehensive Cancer Center.

**Ypsilanti/Washtenaw C.C.:** Sun., June 9; 1–4 p.m. (800) 742-2300, 6275

#### Lymphedema Support

Lymphedema is a serious condition characterized by a swollen limb or body part that worsens over time. For a free telephone consultation to answer your questions about lymphedema prevention and treatment, call the St. Joseph Mercy Hospital Rehabilitation Services Department at (734) 712-3160.

Check out the Meditation Series listed in the Healthy Living Section, page 9.

#### Prostate Cancer Support Group

Free education and support for men diagnosed with prostate cancer and their partners. Ann Arbor/EC: Third Thursday monthly; 7–8:30 p.m. (734) 712-3655

#### Prostate Screenings

If you are a male age 50-70, or have a family history of prostate cancer or are an African American male age 40-70, you are eligible for a free annual prostate cancer screening. Pre-registration required.

Brain Tumor Support Group

For people diagnosed with brain tumors and their families and friends.

Ann Arbor/MCCC: Fourth Tuesday monthly; 7–8:30 p.m. (734) 712-3658

Breast Cancer Support Group

Monthly discussion group providing ongoing support to women diagnosed with breast cancer. Ann Arbor/MCCC: Third Thursday monthly; 7–8:30 p.m. (734) 712-2920 Ann Arbor/MCCC: Fourth Thursday monthly; 4–5 p.m. (734) 712-5400 / (800) 231-2211

#### Share and Care

Free ongoing support group for people with cancer, their family members and friends. Offers an opportunity to discuss common concerns, give and receive encouragement and learn from others. Join at any time; pre-registration preferred.

Ann Arbor/MCCC: First and third Tuesday monthly; 7–8:30 p.m. (734) 712-5314

All dates and times subject to change

#### **Research Studies—Seeking Volunteers**

Below are some of the research studies that St. Joseph Mercy Hospital is involved in:

- Colorectal Cancer Screening Study Seeking volunteers to participate in a new screening tool for colon and rectal cancer. The study will look at the effectiveness of a new non-invasive test to detect colon polyps and colon cancer. Volunteers must be a male or female, age 50–80, who have not had a colonoscopy or sigmoidoscopy in the past 10 years. For more information call (734) 712-3304.
- Quit Smoking Study

Ready to quit smoking? This research will help determine whether the nicotine inhaler combined with a study medication is more effective than either one alone in helping people stop smoking. The nicotine inhaler and/or study medication will be provided free of charge for up to a year. For more information call (877) 590-5995.

 SELECT Prostate Cancer Prevention Trial St. Joseph Mercy Hospital is a research site for the Selenium and Vitamin E Cancer Prevention Trial (SELECT). This national study will evaluate whether these two supplements, either alone or in combination, can prevent the development of prostate and other cancers in men over 55 or African American men over 50. For more information call (877) 590-5995.

#### CHILDREN'S, ADOLESCENT AND TEEN HEALTH

#### Adolescent Insight Group

Ongoing group for adolescents who are interested in exploring and understanding significant issues through discussion. Recommended for ages 16–18. \$15 session; four-week minimum.

Ann Arbor/MMHS: Tuesdays; 6:30-8 p.m. (734) 712-0813

 Growing Tree Resiliency Skill Building Group Eight-week program provides resiliency skill building, education and peer support to children ages 4–11 who have experienced stressors within the home. Call for next start date. \$315 for child and caretaker (Each additional child is \$105.) Ann Arbor/Child Care Center: Thursdays; 6:30–8 p.m. (734) 712-4320

#### Kids Cook!

Hands-on cooking class designed to teach kids how to prepare healthy and tasty foods in a safe way. Kids Cook 1 is for children ages 3–8. Kids Cook 2 is for ages 8–12 and is more involved. \$20 (Second child from same family is \$10.) Kids Cook 1—Thurs., May 16; 4–5:30 p.m. Kids Cook 2—Thurs., Aug. 1; 4–5:30 p.m. Ann Arbor/Briarwood: (734) 827-3777

#### Teens Cook!

This fun and interactive cooking class will have teens ages 13–17 cooking up a storm. For both beginner and experienced cooks. \$20 Ann Arbor/Briarwood: Tues., June 25; 5:30–7 p.m. (734) 827-3777

#### NutriTots

Learn how to develop good eating habits in children ages 2–4. Separate classes for kids and adults. Learn skills to deal with picky eaters and make meals peaceful and enjoyable. \$20 (for both child and adult) Ann Arbor/Briarwood: Thurs., May 30; 10:30 a.m.–12 noon (734) 827-3777

#### ShapeDown

Innovative 10-week weight management program for children and teens ages 6–18. Parents and kids work together to learn how healthy eating, an active lifestyle and effective communication promote weight loss and family unity. \$400 (May be a covered benefit; check with your insurance carrier.) (734) 712-5694

- Free orientation Wed., Apr. 17; 6:30–7:30 p.m., MHVI, Room 203
- Free orientation Thurs., May 2; 6:30–7:30 p.m., MHVI, Room 203
- Free orientation Tues., May 7; 7–8 p.m.;
   Chelsea Community Hospital, White Oak Building
- Advanced ShapeDown

Ongoing meetings held every other Tuesday; 6:30–8 p.m. \$250 (10 sessions) Ann Arbor/MHVI: (734) 712-5694

Surginauts Pre-operative Teaching Program
 Designed to familiarize you and your child with the surgery
 experience, thus easing their fear of surgery. A tour is included.
 Howell: First and third Saturdays monthly; 10–11 a.m.
 (517) 545-6728

#### Health Tip

#### ls Your Child Getting Enough Exercise?

Regular activity boosts a child's selfesteem and emotional well being. Continued into adulthood, exercise also can reduce the risk of heart disease and other health problems.



Adults are often motivated to exercise for health benefits or to lose weight. In contrast, children say they like to exercise because it's fun, and they cite their families as the biggest influence on their exercise habits. Here are some more guidelines for parents:

#### Kitchen Science

Kids ages 8–12 will have fun in the kitchen experimenting with food while learning basic cooking skills such as measuring ingredients, properly using cooking equipment and overall kitchen safety. And while cooking, they'll learn about scientific reactions like carmelization, oxidation, saturation and emulsions. \$20 Ann Arbor/Briarwood: Thursdays, May 23 or July 18; 4:30–6 p.m. (734) 827-3777

- Encourage kids older than six to swim, run or engage in other exercise for 20 to 30 minutes, three to five times a week.
- Offer to join your child in exercise activities. Or suggest that he or she invite a friend.
- Limit your family's television watching to an hour a day.
- To prevent injury, children should avoid weight lifting.
- For safety reasons, keep young children away from exercise equipment.

Call Saint Joseph Mercy HealthLine at (734) 712-5400 / (800) 231-2211 or noted number for further information

#### Health Tip

#### The Good News about Avoiding Diabetes

How can you reduce your risk of diabetes? The answer is relatively simple: exercise regularly, maintain a healthy weight and eat a low-fat diet. Adopting these healthy lifestyle choices will do more than protect you from diabetes. You will also reduce your risk of cancer, heart disease and stroke.

A study from the National Institutes of Health (NIH) recently showed that diet, exercise and weight loss can lower diabetes risk dramatically and improve your overall health. The participants in the study adopted simple lifestyle changes: eating more fruits and vegetables, cutting down on sweets and walking 30 minutes a day.

Being overweight and sedentary increases your risk of diabetes and other serious health problems. Regular aerobic exercise may help prevent diabetes by controlling blood sugar levels. It also can help you control another risk factor: excess weight.

Research shows that starchy carbohydrates, which are low in fiber, may increase the risk of diabetes in some people. For example, white bread, white rice and potatoes are linked to higher risk. That's because your body digests these foods quickly, which raises blood sugar levels.

A diet that will decrease your risk for diabetes includes whole grains, high-fiber cereals, fruits and vegetables. Highfiber foods, such as bran cereal, beans and whole-wheat bread, digest more slowly and regulate blood sugar levels.

### DIABETES

#### Diabetes Education

The Saint Joseph Mercy Center for Diabetes Education and Management can help you live well with diabetes. Our diabetes specialists work with you and your doctor to come up with a treatment plan that suits you best. We teach you about your condition and show you how to care for your health. Program requires a physician referral. Fee involved. (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/RHC: (734) 712-2431

#### Diabetes "Learn, Taste and Share" Program

A free, community diabetes education program led by a dietitian and a nurse. Activities include taste testing of healthy recipes, hands-on cooking and a supermarket tour. Information about high and low blood sugar, sick day management, diabetes medicines and foot care will also be provided. **Ypsilanti/Haab Bldg.:** Fridays, Apr. 26–May 24;

Compulsive Eating and Depression
 Workshop will look at the biochemical, emotional, social and behavioral relationship of binge eating and mood.
 Howell: Wed., Apr. 17; 10 a.m.-12 noon (517) 545-6360

#### Freedom from Joint Pain

Free presentation for people suffering from arthritis and/or joint pain. Physician available for questions after presentation. **Howell:** Fourth Friday monthly; 2–3 p.m. (517) 545-6289

#### Health Exploration Station (HES)

Pre-school through high school programs are offered on a variety of



health related topics at this educational facility. Call to make a reservation for your school, scout or civic group to visit. The interactive exhibit gallery is also open to the public on the fourth Thursday of each month from 10 a.m. to 8 p.m. No reservations needed. Please call (734) 398-7518 or visit www.healthexplorationstation.com for more information.

#### Health Information Library

Books, pamphlets and videos are available on a variety of disease and wellness topics.

Ann Arbor/RHC: Mondays–Thursdays; 9 a.m.–4 p.m. or Fridays; 9 a.m.–1 p.m. (734) 712-5177

#### Individual and Group Therapy for Adults

McAuley Outpatient Mental Health Services in Ann Arbor offers a wide variety of individual and group therapy sessions. Call (734) 712-4399 to arrange a personal assessment to determine your needs.

#### Kidney Education Class

Class for patients with kidney failure and their families. Information about how our kidneys work and treatment options. Overview of issues including nutrition, insurance coverage and coping with illness.

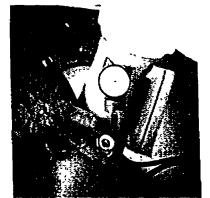
Ann Arbor/RHC: Third Thursday monthly; 1–3 p.m. (734) 712-3483

#### Meditation: Explore Your Inner Treasure

Join us for this free, six-week instructional and meditation experience where participants learn new ways of paying attention to mind, body and spirit. Plan to attend all sessions. Ann Arbor/MCCC: Thursdays, Apr. 18-May 23; 5:30-7 p.m. (734) 712-5314

#### Project Healthy Living

Free and low-cost health screening available on a first come, first served basis. No registration required. Screenings include:



9

10 a.m.-12 noon (734) 712-5400 / (800) 231-2211

#### **HEALTHIER LIVING**

#### Be Fit—Benefit— Starting an Exercise Program

Learn the ABCs of a healthy and workable exercise program. Get started on a schedule for building exercise into your life. \$20

**Ann Arbor/Briarwood:** Thursdays, May 30 or July 25; 7–8 p.m. (734) 827-3777

- Blood pressure
- Vision and glaucoma
- Height and weight
- Pulmonary function
- Bone density
- Blood tests (including lipid profile)
- PSA (used to screen for prostate cancer)
- Ovarian cancer screening
- Colorectal kits

Saline: Fri., Apr. 19; 7 a.m.-1 p.m. (734) 429-1764

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 "Healthy Solutions" Weight Reduction Program "Healthy Solutions" is a 13-week program that combines intensive lifestyle education with a nutritionally complete, "decision-free" diet utilizing delicious shakes, puddings and



microwaveable entrées. Approximately \$100/week (\$20 class fee + \$80 food.) Orientation is FREE! Call (734) 827-3777 for the date, time and location of the next orientation session.

#### NutriCare Weight Loss Series

With the NutriCare Weight Loss Series, we've designed a program that has the best of both worlds—personal attention and innovative, entertaining nutrition presentations. Included in the program are body fat analyses, individual counseling sessions with a registered dietitian and classes designed to meet your personal goals. \$200 (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/Briarwood: Many dates and times to choose from! (734) 827-3777 Howell: Wednesdays; 7–8:30 p.m. (starting May 1) (517) 545-6339

 "Take Charge" Lifestyle Modification Program "Take Charge" is a 13-week personalized lifestyle modification program, which teaches you how to make healthier choices to maintain long-term good health.
 With "Take Charge" you meet one-on-one with a registered pharmacist to discuss your goals and needs. "Take Charge" is then customized to help you achieve your goals in a healthy way. Approximately \$80/week (\$45 session + \$35 products.) Call (734) 712-2222 to get started!

#### Mood Disorders for Young Adults

Support, skill development and understanding are available through this ongoing group for young adults, ages 18–24. \$15/session; four week minimum. Ann Arbor/MMHS: Tuesdays; 5–6:30 p.m. (734) 712-0813

#### Redefining Stress and Managing it Effectively

Adult class challenges how stress is thought of and offers tools to manage it more effectively. Howell: Mon., May 20; 6-8 p.m. (517) 545-6360

#### Smoke Stoppers

Educational program to help smokers learn proven behavior

 Ten Steps to Self-Esteem (Depression Treatment Group)

Enjoy life more by learning concrete steps to decrease depression and increase emotional wellness in this ten-week program. Call for next start date. \$73/week (May be a covered benefit; check with your insurance carrier.) Ann Arbor/MMHS: Thursdays; 6:30–8 p.m. (734) 712-4399

#### The Well-Informed Family Series

All sessions held at McAuley Mental Health Services from 7–8 p.m. Call (734) 712-2503 for more information.

 Clinical Depression: Understanding the Diagnosis and Treatment of Depression

Free session designed for individuals who wish to learn more about their depression diagnosis. First Monday monthly.

- Through Sickness and Health: Understanding
   Depression and Its Impact on Intimate Relationships
   Free session for couples who wish to learn more about the impact of depression on marital and other committed
   relationships. Second Monday monthly.
- When Someone You Love is Depressed: Understanding Depression and Its Impact on the Family

Free session designed so you can learn how to assist a loved one suffering from depression. Third Monday monthly.

 Understanding the Diagnosis and Treatment of Panic Disorder

Free session for individuals and their families who wish to learn more about panic disorder, its manifestation and implications for daily living. Fourth Monday monthly.

#### Teriyaki Salmon

Fish is truly fast food! This quick and simple dish adds new variety to plain old broiled fish!

#### Marinade

 tbsp. light soy sauce
 tbsp. sherry
 clove garlic, minced
 tsp. fresh ginger, grated or 1/4 tsp. ground ginger
 tsp. honey

#### Fish



1/2 lb. Salmon (or try sturgeon, shark or sablefish-black cod)

modification techniques to stop smoking for good! Program offers one-on-one counseling. Information session is FREE! \$165 (May be a covered benefit; check with your insurance carrier.) Call to arrange start date. Ann Arbor/Briarwood: (734) 827-3768

Stress and Lifestyle Management

Four-week course for managing stress and implementing lifestyle changes. Participants learn to manage stress through physical and cognitive techniques. \$90 Ann Arbor/MHVI: Thursdays, May 2-May 23; 6:30-8:30 p.m. (734) 712-3546 To make marinade, combine soy sauce, sherry, garlic, ginger and honey. Marinate fish in marinade about 30 minutes, turning once. Broil four inches from heat source for about 10 to 15 minutes or until fish flakes when tested with a fork. Garnish with lemon wedges.

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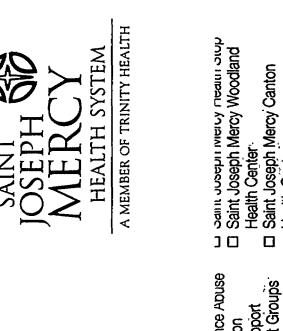
Calories	200	Cholesterol
Fat	7 gr.	Sodium
Saturated Fat	1.2 gr.	Fiber

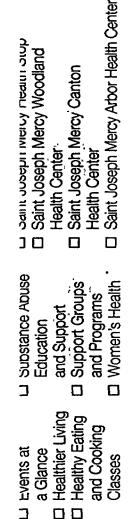
esterol	45 mg.
um	355 mg
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or support groups offered by Saint Joseph Mercy Health System?

Let us show you how to prepare healthy desserts your whole family will love. \$20

Ann Arbor/Briarwood: Tues., June 4; 5:30–7 p.m. (734) 827-3777

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  - Clinical Dep and Treatmo Free session learn more a First Monda
  - Through Sic Depression : Free session impact of de relationships
  - When Some Depression : Free session one suffering
  - Understand of Panic Dis Free session learn more a implications

# PLEASE TAKE A MOMENT TO TELL US WHAT YOU THINK To serve you better, Saint Joseph Mercy Health System would like to get your

year to give you information about the classes, programs and support groups we offer. Please take a few minutes to answer the questions below. Your input will help make this guide more useful for you and your family. When you are

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Please take a few minutes to answer the questions below. Your input will help make this guide more useful for you and your family. When you are done answering the questions, please tear the postcard out and return it to us, postage paid.

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#### Marinade

- 1 tbsp. light soy sauce
- 2 tbsp. sherry
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- 1/2 tsp. fresh ginger, grated or 1/4 tsp. ground ginger
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Fiber	0 -

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Call Saint Joseph Mercy HealthLine at (734) 712-5400 / (800) 231-2211 or noted number for further information

nts at a Glance" li inity Health Guide		Are the health tips in the Community Health Guide helpful to you?	Very helpful Don't know Not helpful	Is the format of the Community Health Guide appealing to you?	D Yes D No	Where are you most likely to attend a health class, program or support group? (Check all that apply.)	Character St. Joseph Mercy Hospital     McPherson Hospital     Character St. 1999		<ul> <li>Saint Joseph Mercy Health Stop</li> <li>Saint Joseph Mercy Woodland</li> <li>Health Center</li> </ul>	Saint Joseph Mercy Canton Health Center	Saint Joseph Mercy Arbor Health Center	
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Are you likely to use the Communi Health Guide in the future to	determine what classes, program	or support groups are being offer bv Saint Joseph Mercv Health Svst	Very likely Dor	5 4	Which of the following topic area	covered in the Community Health Guide are of the greatest interest	to you? (Check all that apply.)	CPR/Basic	Life Support	Cancer	Education		Children's,	Adolescent and	Teen Health	Diabetes	C Events at	a Glance		Healthy Eating	and Cooking	Classes

Before receiving the Community Health Guide, were you aware of the classes, programs and support groups Saint Joseph Mercy Health System offers?	c Yes C No	If you answered "yes," where did you get information about these classes, programs and support groups?				Since you started receiving the Community Health Guide, have you signed up for any classes, programs or support groups offered by Saint Joseph Mercy Health System?
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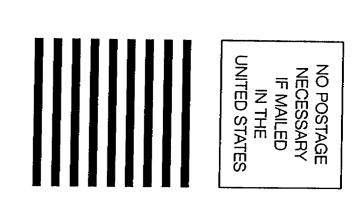
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**Smoke Stoppers** 

MARKETING DEPARTMENT SAINT JOSEPH MERCY HEALTH SYSTEM 5301 E HURON RIVER DR PO BOX 992 NN ARBOR, MI 48106-9834



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Postage will be paid by addressee

# Teriyaki Salmon

Fish is truly fast food! This quick and simple dish adds new variety to plain old broiled fish!

#### Marinade

- 1 tbsp. light soy sauce
- 2 tbsp. sherry
- 1 clove garlic, minced
- 1/2 tsp. fresh ginger, grated or 1/4 tsp. ground ginger
- 1 tsp. honey



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# HEALTHY EATING AND COOKING CLASSES

Fee is \$20 per class. (\$15 with multiple class punch card!) Some classes require prepayment.



## Asian Cooking Series

Take a tour of Asia in this four-week hands-on, cooking series. You'll be preparing meals from India, Northern China, Southern China and Japan using ingredients that can be found locally. \$80

Ann Arbor/WHC: Wednesdays, July 10–31; 5:30–7 p.m. (734) 712-5400 / (800) 231-2211

## Breads, Muffins and More

Power up your day with nutritious whole grains. Prepare breads, muffins and other baked goods using a variety of flours. \$20

**Ann Arbor/Briarwood:** Tues., July 30; 5:30–7 p.m. (734) 827-3777

### Cooking With Common and Uncommon Vegetables

Cooking class that gives you hands-on practice with some tempting fruit and vegetable dishes. \$20 Ann Arbor/Briarwood: Tues., May 28; 5:30–7 p.m. (734) 827-3777

## Delightful Desserts

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(734) 712-5400 / (800) 231-2211

# Finding Fats That Fit

This class will show you how making small changes in your diet can decrease fat while keeping the flavor. \$20 Ann Arbor/Briarwood: Wednesdays, Apr. 24 or June 26; 2:30–3:30 p.m.

Thursdays, Apr. 25 or June 27; 7–8 p.m. Wed., May 22; 7–8 p.m. Mon., May 27; 10–11 a.m. (734) 827-3777

## Get Hooked on Fish!

Learn how cooking fish can be quick, easy, tasty and within your budget. Tips on purchasing and storing fresh fish will also be discussed. \$20

**Ann Arbor/Briarwood:** Tuesdays, Apr. 30 or June 18; 5:30–7 p.m. (734) 827-3777

## Guest Chef

Take advantage of a rare opportunity to have a hands-on cooking class with a great chef from the community. \$20 Ann Arbor/Briarwood: Sat., May 4; 1:30–3 p.m. (734) 827-3777

# Joy of Soy I, II & III

These classes show you how to incorporate different soy foods (tofu, tempeh, soy, flour, soymilk, TVP, etc.) into your diet. Learn creative ways to begin including these tasty and nutritious foods in your daily menu. \$20

#### Ann Arbor/Briarwood:

Joy of Soy I—Mon., May 6; 5:30–7 p.m. Joy of Soy II—Mon., May 13; 5:30–7 p.m. Joy of Soy III—Mon., May 20; 5:30–7 p.m. (734) 827-3777

## Marvelous Meats

Learn healthy and nutritious ways to include meats in your diet. \$20 Ann Arbor/Briarwood: Tues., May 7; 5:30–7 p.m.

### Fabulous Fiber

Learn why we need fiber, what it does and where it's found. Good fiber intake can help with overall health. \$20 **Ann Arbor/Briarwood:** Wednesdays, May 1 or July 3; 2:30–3:30 p.m. Wed., May 29; 7–8 p.m. Mon., June 3; 10–11 a.m. Thurs., July 11; 7–8 p.m. (734) 827-3777 (734) 827-3777

### Maximizing Your Food Choices

Get the facts on how much fat, protein and carbohydrates to eat so you can achieve a healthier, more nutritionally balanced diet. \$20

#### Ann Arbor/Briarwood:

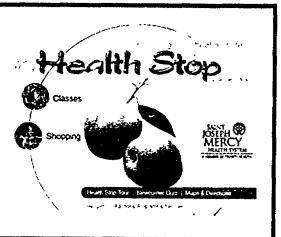
Wed., May 8; 7–8 p.m. Mon., May 13; 10–11 a.m. Wed., June 12; 2:30–3:30 p.m. Thurs., June 13; 7–8 p.m. (734) 827-3777

All dates and times subject to change

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#### Health Stop Web Site!

Saint Joseph Mercy Health Stop now has a Web site. It's a new, convenient way to register for classes, programs or events held there. You can also shop for your favorite merchandise. Visit it today www.healthstop.org



# Mediterranean Cuisine— Four-week, hands-on cooking class

You'll prepare meals from Spain, Italy, Greece and North Africa. As an added bonus, each week Marshall Field's Travel will be doing a brief presentation on the highlighted country. \$80

Ann Arbor/Briarwood: Tuesdays, July 2–23; 5:30–7 p.m. (734) 827-3777

# Men's Night Out—Cooking Class for Men

Learn easy, tasty and quick dishes that will keep the whole family happy and healthy. \$20 Ann Arbor/Briarwood: Mon., Apr. 29; 5:30–7 p.m. (734) 827-3777

## Middle Eastern Delights

Many Middle Eastern foods are healthy, delicious and easy to prepare. \$20 Ann Arbor/Briarwood: Mon., June 17; 5:30–7 p.m. (734) 827-3777

### Mother and Daughter (ages 8–14) Cooking Class

Get into the fun of cooking together. You'll make an entire meal and then enjoy it. Kitchen and food safety is also discussed. \$30 (covers mother and daughter)

#### Ann Arbor/WHC:

Mon., July 15; 4:30–6 p.m. Tues., Aug. 13; 5–6:30 p.m. (734) 712-5400 / (800) 231-2211

## Nutrition and Cancer

Attend this two-week program to learn how nutrition can impact cancer treatment, prevention and recurrence. Learn the role of vitamins and minerals in cancer care.

### Pasta, Pasta

Hands-on cooking class that teaches you how to use different pastas with different toppings. \$20 Ann Arbor/Briarwood: Tues., Aug. 13; 5:30–7 p.m. (734) 827-3777

### Sports Performance

Do those special drinks, powders and bars give you an advantage? Learn about these products and how you can make some of them at home. Class includes some hands-on cooking. \$20

Ann Arbor/WHC: Tuesdays July 9 or Aug. 20; 7–8:30 p.m. (734) 712-5400 / (800) 231-2211

## Supermarket Sleuthing

This class takes you through the grocery store in the comfort of a classroom and discusses all aspects of label reading. After this class, you'll find labels less confusing and trips to the supermarket more efficient and healthier. \$20

#### Ann Arbor/Briarwood:

Mondays, Apr. 15 or June 10; 10–11 a.m. Wed., May 8 or July 10; 2:30–3:30 p.m. Wed., June 5; 7–8 p.m. Thurs., July 18; 7–8 p.m. (734) 827-3777

### Tea Time

Learn about the important health benefits of black, green and oolong tea. Sip and sample popular teas, learn the art of preparing and serving tea, and then make some delicious scones and fruit salad to go with the tea. \$20 Ann Arbor/Briarwood: Tues., May 7; 3-4:30 p.m. (734) 827-3777

## Triggers and Cravings

Many eating behaviors are linked to emotions and habits that are hard to change. This class will provide you with valuable tools to gradually change many of your unhealthy eating habits. \$20

#### Ann Arbor/Briarwood:

Wednesdays, June 12 or Aug. 14; 7–8 p.m. Mondays, Apr. 22 or June 24; 10–11 a.m. Wed., July 24; 2:30–3:30 p.m. (734) 827-3777

### Vegetarian Picnics

One week includes hands-on cooking. \$40 Ann Arbor/Briarwood: Mondays, June 17–24; 12 noon–1:30 p.m. (734) 827-3777

## Old Time Favorites

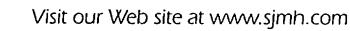
Learn how to prepare your favorite recipes in a healthier way. We'll take traditional recipes and modify them to lower the fat, sugar or salt content and increase the fiber and nutritional value. \$20

**Ann Arbor/Briarwood:** Thurs., June 6; 5:30–7 p.m. (734) 827-3777

Learn how to prepare plenty of finger licking, easy-to-make vegetarian foods for your summer picnics in this hands-on cooking class. \$20 Ann Arbor/WHC: Thurs., July 11; 5:30–7 p.m. (734) 712-5400 / (800) 231-2211

# Vegetarian Sushi

This hands-on class teaches you how to make vegetarian sushi (Nori rolls) using a variety of techniques. \$20 Ann Arbor/Briarwood: Mon., June 24; 5–6:30 p.m. (734) 827-3777



# Vegetarian Wonders

Cooking class that teaches quick and simple ways to incorporate grains, legumes and other meatless entrées into your diet. \$20 Ann Arbor/Briarwood: Mon., June 3; 5:30–7 p.m. (734) 827-3777

## Vegetarian Wonders II

Continuation of above with more mouth-watering vegetarian dishes. \$20

**Ann Arbor/Briarwood:** Mondays, Apr. 15 or July 8; 5:30–7 p.m. (734) 827-3777

# Vitamins, Minerals and Herbal Supplements

Determine if you are meeting your vitamin and mineral needs, and learn how to change your food choices and/or supplements to maximize your health. Includes an introduction to herbal products. \$20 Ann Arbor/Briarwood: Mon., Aug. 19; 7–8:30 p.m. (734) 827-3777

### Whole Grain Exploration

Make delicious dishes with couscous, quinoa, bulgur, buckwheat, wild or brown rice and other whole grains. Not only do they taste great, they provide great health benefits. \$20

**Ann Arbor/Briarwood:** Tues., Apr. 23 or Mon., July 1; 5:30–7 p.m. (734) 827-3777

# HEART/CARDIOVASCULAR

### "...And the Beat Goes On"

Cardiovascular information whether you have a heart/cardiovascular condition or not. Call (734) 712-3546 for more information or to register.

### Ann Arbor/Briarwood: Wednesdays; 1:30-2:30 p.m.

- Apr. 24 Irregular Heart Rhythms
- May 15 Learning About Stroke
- June 12 Heart Disease, Diagnosis and Treatment
- Sept. 11 Lower Your Blood Pressure

#### Ann Arbor/MHVI: Mondays; 1:30–2:30 p.m.

- Apr. 29 Irregular Heart Rhythms
- May 20 Learning About Stroke
- Sept. 9 Heart Disease, Diagnosis and Treatment

#### Ann Arbor/MHVI: Tuesdays; 1:30-2:30 p.m.

May 7 Emotionally Surviving a Cardiac Event

Ann Arbor/MHVI: Thursdays; 1:30–2:30 p.m.



#### Are you having heart problems?

Are you concerned about your heart or heart disease?

# What is your risk for heart disease?

Our comprehensive heart manual can help you with these questions and more. It's on-line at www.mhvi.org. Visit it soon!

### Cardiac Rehabilitation

Supervised exercise program for individuals with cardiovascular disease or significant risk factors for developing heart disease. Program includes education on exercise, stress, cholesterol, body fat, low-fat cooking and medications. Program at Saline Community Hospital called "Pumper Power." Fee involved. (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/MHVI:Call for appointment(734) 712-3105Howell:Call for appointment(517) 545-6385Saline:Call for appointment(734) 429-1640

# Heart & Vascular Day at Health Stop

Every Wednesday a cardiac nurse will be available to do risk factor assessment screenings for heart disease and stroke, take blood pressures, do cholesterol screenings, answer questions and help patients find resource material. Free (except for cholesterol screenings which are \$15) Ann Arbor/Briarwood: Wednesdays, 10 a.m.-3 p.m. (734) 827-3777

## Heart of a Woman Program

Program geared for women who want to learn more about their cardiovascular health and seek guidance from a female practitioner. (May be a covered benefit; check with your insurance carrier.)

Ann Arbor/MHVI: Wednesdays, 9 a.m.–12 noon (734) 712-5100

### Support Groups

Michigan Heart & Vascular Institute offers the following

Lower Your Blood Pressure June 20 Brighton/Woodland: Tuesdays; 3-4 p.m. Lower Your Blood Pressure Apr. 30 Learning About Stroke May 14 June 11 **Irregular Heart Rhythms** Sept. 10 Heart Disease, Diagnosis and Treatment Canton: Thursdays; 10:30-11:30 a.m. Lower Your Blood Pressure May 2 May 23 Learning About Stroke **Irregular Heart Rhythms** June 13 Are You at Risk for a Heart Attack? Sept. 12

free support groups: (734) 712-3516 Amputee Support Group Atrial Fibrillation Support Group (734) 712-0595 (734) 712-5100 Heart Failure Support Group **Implanted Cardioverter Defibrillators** (734) 712-8036 (ICD) Support Group (734) 712-3583 Heart-to-Heart Network (for people who have cardiovascular disease) (734) 712-3583 Partners at Heart (for spouses or significant others who have loved ones with cardiovascular disease)

All dates and times subject to change

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#### Technology reduces costly return visits to hospital for CHF patients

A new system at St. Joseph Mercy Hospital (SJMH) of Ann Arbor will now allow doctors and nurses to monitor their patients with congestive heart failure (CHF) without the patients having to leave their homes. Telemanagement is an automated phone call system that tracks patient weight and symptoms on a daily basis from the patients' homes. At-risk CHF patients receive a specially designed scale that the hospital has provided them. Each day, they step onto the scale that is connected to their telephone jack. The system identifies any readings that are outside of the parameters set by the patient's primary care physician. If a problem is identified, or if the patient for some reason does not get on the scale, the system automatically notifies a nurse at the CHF clinic at SJMH. The nurse can immediately begin intervention. The scale allows for monitoring without patients leaving their home.

# LUNGS/PULMONARY

# **Breathers Club**

Learn how to reduce the impact of lung diseases and how to improve your breathing in this free support group. Designed for adults who have chronic lung diseases and their families. Ann Arbor/Plymouth: Second Wednesday monthly (734) 712-5367

Howell: Second Tuesday monthly (527) 545-6020

#### Pulmonary Rehabilitation

Structured exercise and educational program designed to improve the breathing capacity of those who suffer from chronic lung diseases, such as emphysema, asthma and chronic obstructive pulmonary disease (COPD). Each session is designed to meet individual needs and is coordinated by a respiratory therapist. Saline Community Hospital program is called "Puffer Power." Fee involved. (May be a covered benefit; check with your insurance carrier.) Ann Arbor/Howell/Plymouth: Call for appointment (734) 712-5367

Saline: Call for appointment (734) 429-1640

# PARENTING

Parenting in the 21st Century 

Interactive class on the "how to" and "how not to" of parenting.

Howell: Mon., May 6; 6-8 p.m. (517) 545-6360

A Heart-to-Heart **Conversation for Mothers** 



# **PREGNANCY, CHILDBIRTH** AND INFANT CARE

# **Baby Building**

This class will help you adopt a healthy diet, increase your energy and enjoy a more comfortable pregnancy. Help ensure that you're doing everything you can nutritionally to give your baby a healthy start. \$20

Ann Arbor/Briarwood: Wednesdays, Apr. 17 or Aug. 28; 7–8 p.m. (734) 827-3777

## Boot Camp for New Dads

This class is designed for first time fathers of all ages. You'll learn lots of practical information on parenthood, baby care, becoming a family and supporting the new mom. You'll even get hands-on experience in holding and comforting a baby with the help of "veteran" dads who bring their babies to class. Taught by men! \$25 Ann Arbor/Briarwood: Sat., May 4; 9 a.m.-12 noon Ann Arbor/EC: Thurs., June 13; 6–9 p.m. Ann Arbor/WHC: Sat., July 13 or Aug. 24; 9 a.m.-12 noon Howell: Sat., Aug. 17; 9 a.m.–12 noon (734) 712-5400 / (800) 231-2211

# **Breastfeeding Preparation**

Class offers expectant mothers and their partners (optional) instruction on breast-feeding techniques. Ann Arbor/EC: Offered twice a month, once on a Monday; 7:30 p.m. and once on a Saturday; 9 or 11 a.m. \$10 Howell: First Thursday monthly (no July class); 7:30 p.m. and third Thursday monthly (no July class); 7 p.m. \$20 (734) 712-5400 / (800) 231-2211

#### **Childbirth Education Class**

Labor and delivery preparation class for expectant mothers and their labor support coach. Receive information on natural childbirth techniques, relaxation exercises, medical intervention and Caesarian births. \$60 (May be a covered benefit; check with your insurance carrier.) Classes available in Brighton and Howell. Call to schedule the best time for you!



### and Daughters on Puberty and Growing Up

Provides both mothers and daughters

ages 9–12 with accurate information about the normal physical and emotional changes that pre-teen girls will experience as they enter puberty. \$45 for mom and one daughter (\$10 for each additional daughter or grandmother) Ann Arbor/EC: Sat., June 15; 1–5 p.m. Ann Arbor/WHC: Sun., July 28; 1–5 p.m. **Canton:** Sat., Apr. 20; 1–5 p.m. Howell: Sat., Aug. 17; 1–5 p.m. (734) 712-5400 / (800) 231-2211

#### (734) 712-5400 / (800) 231-2211

#### **Childbirth Education** \* "Refresher" Classes

Class designed for experienced parents who wish to review the relaxation and breathing techniques for natural childbirth and want information on medical interventions and comfort techniques for controlling pain. \$20 (May be a covered benefit; check with your insurance carrier.) Brighton/Woodland: Wednesdays, May 8 or Aug. 14; 7-10 p.m. (734) 712-5400 / (800) 231-2211

Call Saint Joseph Mercy HealthLine at (734) 712-5400 / (800) 231-2211 or noted number for further information

# Health Tip

#### Prepare Yourself for a Healthy Pregnancy

Early prenatal care is important to ensure that you have a healthy baby. If you think you are pregnant, call your doctor or obstetrician to make an appointment. It is important that you start prenatal care within the first three months of your pregnancy.

#### See Your Doctor for Prenatal Care

During your prenatal visits, your doctor will check your medical background and other factors. Your doctor may perform tests based on your risk factors. He or she will also tell you how to register with your hospital and arrange for your delivery and hospital stay.

#### Adopt a Healthy Lifestyle

In addition to seeing your doctor regularly, you should make lifestyle choices that will help you have a healthy pregnancy.

- Eat wisely. Your growing baby depends on you for nutrition. Make sure you eat a variety of protein-rich foods, low-fat milk products, grains and plenty of fruits and vegetables.
- Take vitamins with iron, calcium and folic acid while you are pregnant. Folic acid, found naturally in fruits and vegetables, may increase your chances of delivering a healthy baby.

#### **Avoid Harmful Substances**

To protect your baby's health, you should not drink alcohol during your pregnancy. Talk to your doctor about limiting your intake of caffeine. If you smoke, ask your doctor to help you quit. You should also check with your doctor before you take any medication. He or she can tell you if it is safe for you and your baby.

### Infant Care

Classes for expectant mothers and their partners to learn about basic newborn care. Includes feeding, burping, bonding, diapering, bathing, infant safety and much more! **Ann Arbor/EC:** Offered twice a month, once on a Monday; 5:30 p.m. and once on a Saturday; 9 a.m. \$10 **Howell:** First Saturday monthly (no July class); 10 a.m.-1 p.m. or third Tuesday monthly (no July class); 7-10 p.m. \$20 (734) 712-5400 / (800) 231-2211

### McPherson Hospital Family Birth Center Tours

#### Pain Management During Labor Class reviews different relaxation techniques and answers questions about options available including labor epidurals. \$10

Ann Arbor/EC: Tues., May 7 or Thurs., June 6; 7:30–9:30 p.m. (734) 712-5400 / (800) 231-2211

### Prenatal/Postnatal Land-based and Aquatic-based Exercise Classes

Classes provide an opportunity for women to exercise safely during pregnancy and postpartum recovery. These unique classes offer supervised exercise for women during and right after pregnancy. A permission slip from your obstetrician is required. Classes are on a drop-in basis and are \$5 each.



Land-based classes—(734) 712-5400 / (800) 231-2211 Ann Arbor/SHB: Tuesdays; 7–8 p.m. Brighton/Woodland: Saturdays; 9–10 a.m. Canton: Tuesdays; 7–8 p.m. Saline: Mondays; 7–8 p.m.

Aquatic-based classes—(517) 545-6517 Howell/Aquatic Center: Wednesdays; 8–9 p.m.

## St. Joseph Mercy Hospital Family Birth Center Tours

Open house tours are available the second Monday of every month; tours leave every 10 minutes between 5:30-8 p.m. Meet in the main hospital lobby. No reservations required. (734) 712-5400 / (800) 231-2211

# Greenhills students help OB/GYN clinic break language barrier

Most people study a foreign language in the hopes of visiting another country someday. But students at Greenhills School are using their knowledge of French and Spanish to help the staff of St. Joseph Mercy Hospital's Academic OB/GYN Clinic. The English-speaking clinic staff sees a large number of women who speak only French or Spanish. The staff asked Greenhills students to help with two methods of communications: translate standard forms and letters for the patients to read and translate standard questions typically asked of patients during exams, test or delivery. Once the students have completed the translations, Greenhills French and Spanish teachers Mijo Pappas and Lisa La Cicero, respectively, check the work and then send to professional translators.

Available first Thursday monthly; 6:30–7:30 p.m., first Saturday monthly, 9–10 a.m. or third Tuesday monthly; 6–7 p.m. No July tours. Meet in the Main Lobby. (734) 712-5400 / (800) 231-2211

### NutriBaby

Help your child (six months to two years) get a good start on a lifetime of healthy eating. Learn ways to make mealtimes pleasurable. \$20

Ann Arbor/Briarwood: Wed., May 1; 7–8:30 p.m. (734) 827-3777

#### All dates and times subject to change

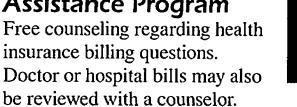
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# **SENIORS**

# LifeLine

Phone response system that links subscribers to 24-hour emergency assistance at the touch of a button. \$40 installation + \$31/month Howell: (517) 545-6427

#### Medicare/Medicaid # Insurance **Assistance** Program





Sponsored by St. Joseph Mercy Hospital's Senior Health Services and Catholic Social Services. Appointment required. Ann Arbor/SHB: Wednesdays; 9:30–11:30 a.m. (734) 712-3625 / (800) 803-7174

# Senior Health Day

The first Tuesday of every month is Senior Health Day at Saint Joseph Mercy Health Stop in Briarwood Mall. It's a morning filled with health screenings and a health lecture on topics of interest to seniors. Call (734) 827-3777 to register.

**Upcoming Topics:** 

- Depression and Mood Changes May 7
- June 4 Vision Problems
- July 2 Foot Care
- Aug. 6 Skin Care

#### Senior Health Screening Day

Give yourself the gift of good health by joining us for a variety of free screenings, health information, refreshments and fun! No registration required. Howell: Fri., July 19; 9 a.m.-1 p.m. (517) 545-6023

#### Senior "Lunch and Learn" Program

Come to lunch and hear Dr. Alan Dengiz, Medical Director of Senior Health Services present "Does Forgetfulness Mean I'm Getting Alzheimer's?" Reservations required! Silver Advantage members \$2; non-members \$4. Ann Arbor/SHB: Tues., Apr. 30; 11:30 a.m.–1:30 p.m. (734) 712-2989

#### Silver Advantage— A Program for Adults 50 and Over

This unique health, wellness and educational program is specifically designed to help you better understand personal health issues. As a Silver Advantage member you will enjoy numerous benefits—and at no cost! Call (734) 712-2989 for an enrollment form!

# Senior Fitness Day

A day of fitness, education and fun for seniors! Dress casually and remember to bring your favorite tennis shoes. Sign up soon-space is limited. \$2 donation for lunch. Brighton/Athletic Club: Fri., May 10; 8:30 a.m.-12:30 p.m. (734) 712-5400 / (800) 231-2211

# SPECIAL PROGRAMS

#### **Advance Medical Directives**

Need help with your Advance Medical Directive or need Durable Power of Attorney/Designation of Patient Advocate forms? The Department of Medical Ethics at St. Joseph Mercy Hospital can assist you either by phone or in person. This free service is also available to groups. Call (734) 712-5874 for more information.

#### Hospice Volunteering

Seeking volunteers to provide support and care to terminally ill patients and their families. Volunteer training is required. Call to receive an information packet and to pre-register. Office help is also needed

Office help is also needed.	
Hospice of Washtenaw, Ann Arbor:	(734) 327-3413
Hospice of Washtenaw,	
Volunteer Information Line:	(734) 327-3448
Livingston Community Hospice, Howell:	(517) 545-6797
Hospice/Home Care Speakers Bureau	
Available to community groups.	
Hospice of Washtenaw, Ann Arbor:	(734) 327-3413

# Parish Nurse Partnership

Nurses from Saint Joseph Mercy Health System help local churches develop a health ministry.

Ann Arbor:	(734) 712-8766
Howell:	(517) 545-6757
Saline:	(734) 429-1638
Plymouth/Canton:	(734) 414-1060

# Pregnancy Loss Memorial Service

Ecumenical service for those who have experienced a pregnancy loss. Close family and friends can gather with you to remember your baby.

#### The Village—Senior Housing Communities—NOW OPEN!

The Village at St. Joseph Mercy Hospital and The Village at Woodland are 90-unit senior housing communities that are now open. Fifty of the units are traditional apartments with services that include meals, housekeeping and social activities. Forty assisted living units will also feature 24-hour care and assistance. For more information, call The Village at St. Joseph Mercy Hospital at (734) 712-1600 or The Village at Woodland at (810) 844-7477.

Ann Arbor/Hospital Chapel: Mon., May 6; 7:30-8:30 p.m. (734) 712-3354

#### Volunteering

All three hospitals and several outpatient facilities have ongoing needs for volunteers to assist patients and staff. Many opportunities are available. Call for details and to make an appointment. Ann Arbor: (734) 712-4159 Howell: (517) 545-6296 Saline: (734) 429-1581

Call Saint Joseph Mercy HealthLine at (734) 712-5400 / (800) 231-2211 or noted number for further information

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#### St. Joseph Mercy Hospital Pro Am Golf Classic

Proceeds from this annual golf classic will benefit the Saint Joseph Mercy *Health Exploration Station*. \$350/individual; \$2,000/corporate sponsorship. **Canton/Pheasant Run Golf Club:** Wed., June 12 **(734) 712-4040** 

#### St. Joseph Mercy Hospital Medical Auxiliary Golf Outing

Proceeds to benefit the Saint Joseph Mercy Neighborhood Health Clinic. Individuals and foursomes are welcome. Ann Arbor/Polo Fields: Mon., May 13 (734) 665-7769

#### McPherson Hospital Annual Golf Classic

Proceeds from this annual event benefit McPherson Hospital's

campaign for Women and Children Services. Individual and corporate sponsorship packages available.

Hartland/Majestic Golf Club: Mon., June 10 (517) 545-6194



#### Saline Community Hospital Golf Outing

Proceeds benefit the Judy Ivan Healthy Communities Endowment Fund. Individuals and foursomes are welcome.

Ann Arbor/Travis Pointe Country Club: Mon., June 3 (734) 429-1582

#### Southeastern Kiwanis Golf Outing

Proceeds will benefit Saint Joseph

Mercy Hospice of Washtenaw. \$150/individual; company hole recognition and sponsorships are also available. Chelsea/Reddeman Farms Golf Club: Mon., June 3 (734) 973-2044

# SUBSTANCE ABUSE, EDUCATION AND SUPPORT

## Alcoholics Anonymous

Saline/Greenbrook: Thursdays, Saturdays; 7:30 p.m., Sundays; 1:30 p.m. (734) 429-1526

# Parenting for Prevention

Eight sessions focusing on raising children who are less likely to use alcohol and drugs. Recommended for those individuals with a family history of substance abuse. Runs concurrently with Growing Tree for children. Call for the next start date. \$150 (free if child is in Growing Tree).

**Ann Arbor/Child Care Center:** Thursdays; 6–7:30 p.m. (734) 712-4320

### The Growing Tree/Growing Tree Alumni Group

Eight-week program that provides age-appropriate substance abuse education and peer support to children ages 4–11 who are closely associated with someone who is abusing alcohol or drugs or who is in a recovery program. Call for next start date. \$300 for child & caretaker (Each additional child is \$100.) Alumni group also available for those who have graduated from the program.

Ann Arbor/Child Care Center: Thursdays; 6:30–8 p.m. (734) 712-4320

# Teens Using Drugs Series

Free sessions for parents, teens, professionals and anyone who works with or cares about teens.

#### Part 1-How to Know

Learn how to recognize the signs of a teen substance abuse problem, understand the progression of substance abuse and know when a teen's use of alcohol and other drugs requires action.

Tuesdays, May 7 or June 4; 7:30–9 p.m.

#### Part 2—What to Do

Learn what should and shouldn't be done when a teen substance abuse problem is recognized. Usually includes a recovering teen speaker.

Tuesdays, May 14 or June 11; 7:30–9 p.m. Ann Arbor/EC: (734) 973-7892

## Therapeutic Services at Greenbrook Recovery Center

Greenbrook Recovery Center offers a wide variety of chemical dependency therapeutic groups and services. Call us at (734) 429-1592, and we will arrange a personal assessment to determine your individual needs. Offerings include: intensive outpatient treatment, partial hospitalization (day treatment), traditional outpatient treatment, dual diagnosis groups, couple groups, family groups, early recovery for adults and education series.



- Alcoholics Anonymous Alumni Group Saline/Greenbrook: Sundays; 10 a.m. (734) 429-1526
- Introduction for Adult Significant Others of Chemically Dependent People

Learn about chemical dependency and the effects on family members. Become acquainted with services available to family members through McAuley Outpatient Behavioral Services and self-help groups. Ann Arbor/MMHS: First and third Tuesdays monthly; 4-5:30 p.m. (734) 712-4399

# Therapeutic Services at McPherson Behavioral Services McPherson Behavioral Services offers a wide variety of chemical dependency therapeutic groups. Call us at (517) 545-6360, and we'll arrange a personal assessment

to determine your individual needs.

Visit our Web site at www.sjmh.com

# **SUPPORT GROUPS** AND PROGRAMS

For more information about other support groups, call the Michigan Self-Help Clearinghouse at 1-800-777-5556, Mon.-Fri., 9 a.m.-4 p.m.

#### Alzheimer's Support Group

Support for people caring for an individual with Alzheimer's or other dementia.

Howell/First Presbyterian Church: Third Thursday monthly; 2–4 p.m. (517) 545-6023

#### Ann Arbor Stroke Club

Support group for stroke survivors and their family/friends. Ann Arbor/SJMH Rehab Unit: First Tuesday monthly; 7 p.m. (734) 712-2426

# Arthritis Support Group

Free monthly support group for people suffering from arthritis and/or joint pain or for those recovering from joint replacement surgery.

Howell: Third Friday monthly; 2–4 p.m. (517) 545-6289

# Caretaking for Elderly Parents

Free workshop focuses on the medical and emotional aspects of aging parents and the level of care they need. Howell: Thurs., May 23; 10 a.m.-12 noon (517) 545-6360

#### Fetal Alcohol Syndrome Support Group

Support group for parents raising children affected by fetal alcohol syndrome.

**Ann Arbor/EC:** Fourth Wednesday monthly; 7–9 p.m. (734) 662-2906

#### HOSPICE OF WASHTENAW:

#### - Grief and Bereavement Counseling

Counseling for individuals and families grieving the loss of a loved one. Focus is on age-related bereavement concerns and feelings. Donation.

Ann Arbor/Hospice of Washtenaw: Call for appointment (734) 327-3409

### - Grief Recovery Group

Free, five-part education series dedicated to helping survivors understand and develop new coping skills. Registration required. Call for next start date. Ann Arbor/Hospice of Washtenaw: (734) 327-3409

 Living with Grief—Teleconference *Living with Grief—Loss in Later Life* is this year's topic. Ann Arbor/Hospice of Washtenaw: Wed., Apr. 24; 1:30-4 p.m. (734) 327-3409

Surviving After Suicide Support Group Free monthly support group open to anyone who has suffered the loss of a loved one by suicide. Howell: First Tuesday monthly; 7-9 p.m. (517) 540-9037

# WOMEN'S HEALTH

## Breast Cancer Prevention Study

St. Joseph Mercy Hospital is a research site for the Study of Tamoxifen and Raloxifene (STAR) breast cancer prevention trial. These medications show tremendous promise in the prevention of breast cancer. For more information about the STAR study or for a free breast cancer risk assessment, call the Ann Arbor Regional CCOP at (734) 712-3304.

#### Grand Opening Celebration— Saint Joseph Mercy Women's Health Center

Come meet Tina Wesson, the first female winner of "Survivor" from the Australian Outback. Visit our new facility and learn more about survival tactics you can use to be the healthiest you can. Free survivor



kits to the first 1,000 adults. No registration required! Ann Arbor/WHC: Sat., June 22; 10 a.m.–12 noon (734) 712-5400 / (800) 231-2211

#### Heart of a Woman Lecture Series— Hormone Replacement in the Peri-menopausal Woman

Please join Dr. Sharon O'Leary as she discusses the most recent information on the role of hormone replacement therapy in the peri-menopausal woman. Barbara Kong, MD will then discuss the role of hormone replacement therapy in cardiac disease.

Ann Arbor/MHVI: Thurs., May 16; 7–9 p.m. (734) 712-5400 / (800) 231-2211

#### Learning About Menopause Series

### – What You Should Know

Overview of the physical and emotional changes, symptoms and health risks associated with menopause and how you can best prepare for and manage them. Designed for women ages 35–50. \$15 Ann Arbor/WHC: Mon., July 15; 7–8:30 p.m. (734) 712-5400 / (800) 231-2211

#### LIVINGSTON COMMUNITY HOSPICE:

- Grief Support Group/"Walking With Grief"

Free groups for adults who have experienced a loss by death. Groups give individuals the opportunity to share experiences and learn coping skills in a safe, confidential setting. Individual counseling also available. Howell: (517) 540-9125

Fowlerville/Dillingham-Liverance-Niblack Funeral Home: Fourth Thursday monthly; 7-8:30 p.m. (517) 545-6368 or (517) 223-8712

#### - Lifestyle Strategies

Learn practical nutrition and exercise strategies to help maintain vitality and health before, during and after menopause. \$15 **Ann Arbor/WHC:** Mon., July 22; 7–8:30 p.m. (734) 712-5400 / (800) 231-2211

– Hormone Replacement and Complementary Therapies Overview of the symptoms and health risks associated with menopause. You'll learn the facts about hormone replacement therapy and complementary therapies. \$15 **Ann Arbor/WHC:** Mon., July 29; 7–8:30 p.m. (734) 712-5400 / (800) 231-2211

18

Call Saint Joseph Mercy HealthLine at (734) 712-5400 / (800) 231-2211 or noted number for further information

# Mental Health Services for Women

McAuley Mental Health Services has ongoing groups which assist women with needs related to stress, depression, life changes, relationship difficulties, sexual traumas, compulsive behaviors, pregnancy, neonatal loss and infertility to name a few. Call them at (734) 712-2556 for further information.

#### Run This Way—For Women!

Learn the basics of a running program. Attend one or all sessions to learn how to get the most from your running program. Come dressed to participate. Held at Michigan Heart & Vascular Institute on Tuesdays from 7-8:30 p.m. \$15 (734) 712-5400 / (800) 231-2211

- Apr. 16 Tips about preventing injuries when running. Screen your body type for injury risk factors and find out about the proper shoes and clothes.
- Add an effective strengthening regime to your Apr. 23 warm up and cool down. Learn strengthening exercises and techniques to cross train and vary your workout.
- Learn how to train for a 5K race for fun or Apr. 30 fitness. Learn tips on pacing yourself, increasing mileage and pre-race preparation. Geared for beginning runners.

### Walk and Run Club for Women

New, six-week group where medical professionals help you learn how to get the most from your workout. First week starts with participants identifying personal and group goals. Separate groups for walkers and runners. \$35

Ann Arbor/EC: Tuesdays, June 11–July 23; 6:30–8 p.m. (no July 2), Saturdays, June 15–July 27; 8:30–10 a.m. (no July 6) (734) 712-5400 / (800) 231-2211

# Health Tip

#### **Reduce Your Risk of Breast Cancer**

Breast cancer is the most common form of cancer in women and a leading cause of death. As your age increases, your risk increases. Fortunately, there has been great progress in its detection and treatment.

Early detection is your best defense against breast cancer. The earlier the diagnosis, the greater the chance for a cure. There are three screening procedures used to detect breast cancer. They are:

Monthly self-breast exam. A self-breast exam is an effective way to become familiar with your normal breast texture and to recognize any changes or new lumps. The best time for this exam is one week after you start your period. If you are post-menopausal, do your exam on the first day of the month.

# Weekly Support Group for Women

Ongoing support group focuses on improving self-esteem, confidence, exploring relationships, transitions, role demands and other challenges from a woman's perspective. \$15/session; minimum four weeks

Ann Arbor/MMHS: Tuesdays; 6-7:30 p.m. (734) 712-4399

### Women's Night Out— **Finding Your Inner Strength**

Jan Dravecky, wife of former San Francisco baseball pitcher, Dave Dravecky, shares her personal story of finding hope and encouragement in the midst of personal pain and tragedy. Her captivating presentation will make



you laugh-and cry-as it touches your heart. \$20 for dinner, presentation and a variety of pampering vendor booths.

Brighton/Lake Point Manor: Wed., Apr. 24; 5:30–8:30 p.m. (734) 712-5400 / (800) 231-2211

## Women Who Love or Give Too Much

Informative workshop that addresses the common pitfall many woman face by giving too much and then feeling exhausted and used by family and friends. Includes recovery techniques for long-term change. \$15 Plymouth: Wed., July 17; 7:30–9 p.m. (734) 712-5400 / (800) 231-2211

### The Marital Arts— Marriage Enrichment Series

Classes designed for couples who wish to strengthen their marital relationship. Men are encouraged to attend. Call (734) 712-5400 / (800) 231-2211 to register.

- Men and Women—Understanding Each Other Men and women often look at things very differently. Join us to explore these gender differences and how they can impact a marriage. \$15 Ann Arbor/EC: Wed., June 12; 7–8:30 p.m.
- Best Kept Secret in Having a Good Marriage-**Fighting Fair** Fighting is good for a marriage. Join us and learn how to fight effectively. \$15

Ann Arbor/WHC: Wed., June 26; 7–8:30 p.m.

Clinical breast exam. Your doctor should perform this exam every one to two years.

Mammography. In spite of conflicting reports, most experts agree that this X-ray procedure is still the most effective way to detect breast cancer early. Talk to your doctor about how often you should be tested.

New screening tests are coming into use. Talk to your doctor about what screening procedures are appropriate for you.

Power Balances and Imbalances

Decisions about money and housework are part of the power struggle that is in every marriage. Learn about the roles of reciprocity, compromise and resentment in getting what you want in marriage. \$15 **Ann Arbor/WHC:** Wed., July 10; 7–8:30 p.m.

#### Emotional Intimacy and Sexuality

Come learn how to maneuver around the most common pitfalls that couples encounter in negotiating the balance between physical and emotional intimacy. \$15 Ann Arbor/WHC: Wed., July 24; 7–8:30 p.m.

All dates and times subject to change





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# "A Doctor's Confession to Novi"

And why, despite all, I still do what I do...

#### Dear Friend,

Confessions are tough. Real But, sometimes a contough. fession can help clear the air, so there's no misunderstanding. I want to talk about a confession that I have, but let me say a few other things first. Let me tell you about this photo, and why I am using it in this letter. Well, I'll start with me, the lady in the middle.

#### Let me tell you my story... Twenty-eight years ago something happened that changed my life forever.

Back during High School, I was in love with competitive running. It was my life. It was going great until I developed some injuries. It was so painful that I had to ice my legs before and after every run. I couldn't take the pain and nothing seemed like it was helping.

As time went on, the pain continued. I had seen the best doctors and trainers around. But the pain was increasing. Finally, I decided to try chiropractic care since it helped my mother who lived with migraines daily.

After an examination and xrays, he showed me the reason for my suffering. Then he "adjusted" my spine. It didn't hurt; it actually felt good. There was a sensation of great relief. After several months of care, not only was I feeling great, I was running better than ever! Now I would be able to fulfill my dream to run in college. I began my first two years of college at Eastern Michigan University. But it didn't take me long to pack my bags and be off to chiropractic school.

This helps her to since birth. maintain optimal health and keeps her focused on her daily task.

It's strange how life is, because now people come to see me with their athletic injuries. Also they come to me with their headaches, migraines, chronic

people who saw a chiropractor were happy with their results. That's pretty incredible. Americans are smarter Look, it's not easy being a

and that's why we get wonderful

results. Perhaps that's also why a

Virginia study showed that 99% of



neck pain, shoulder/arm pain. pain, whiplash, ear infections, asthma, allergies, numbness, digestive problems, just to name a few.

#### Here's what some of my patients have to say:

"My posture has improved 200%, my circulation has improved, and my numbness is almost gone." -Mary Ellen

"It has changed my life...I'm more flexible and my breathing has improved. I feel better and have more energy." –Susan

"My kids and I stay much healthier because of Chiropractic Care." -Melissa

"My mental and physical attitude has improved. I'm more focused and have more patience." -Kristine

There's a lot of chiropractor. "experts" out there who know nothing about our profession, but give people 'advice' and a lot of misinformation. But, you know, the truth always seems to win out. People are coming to us in droves because they are sick and tired of just having their symptoms covered up with drugs. They know better.

Forty-five million Americans no longer have health insurance, and those who do have found that their benefits are reduced. That's where chiropractic comes in. Many people find that they actually save money on their health care expenses by seeing a chiropractor. These people find that they, and their families, don't get sick as often. Another way to save... studies show that chiropractic can double your immune capacity, naturally and without drugs. The immune system fights colds, the flu, and other sicknesses. So you may not be running off to the doctor as much. This is especially important if you are And, an entire self-employed. week of care in my office may cost what you could pay for one visit elsewhere. You Benefit from an Amazing Offer- Look, it shouldn't cost you an arm and a leg to correct your

health. When you bring in this article by May 9, 2002 you will receive my entire new patient exam for only \$27. That includes a consultation, exam, and if necessary, x-rays... the whole ball of wax. This complete exam could otherwise cost you well over \$200. And, further care is very affordable and you'll be happy to know that I have affordable family plans. You see I'm not trying to seduce you to come to see me with this low start up fee, then to only make it up with high fees after that. Further care is very important to consider when making your choice of doctors. High costs can add up very quickly.

#### Great care at a great fee...

Please, I hope that there's no misunderstanding about quality of care just because I have a lower exam fee. You'll get great care at a great fee. My qualifications... I'm a 1982 graduate of Life University School of Chiropractic. I was the 1999 Michigan Chiropractor of the Year. I presently sit on the Board of the Michigan Chiropractic Association, and the Board of Chiropractic Examiners, which the Governor appointed me to. I have lectured to various chiropractic groups across the United States. I've been entrusted to take care of tiny babies to pro athletes. I just have that low exam fee to help more people who need care.

My staff is friendly and always willing to help. Our office is called NOVI CHIROPRACTIC CLINIC and it is at 23975 Novi Road, Suite A101. Our phone number is 248-380-9444. Call today for an appointment. We can help you. Thank You.

Now for Tai (second from right), my oldest daughter, who went through a very traumatic birth. She was not breathing when she was born. She was immediately adjusted and has grown into a healthy young lady. Tai and her friend Stephanie (far right) receive regular health care so they can perform at their best on the soccer field.

Kayla (on the left), my youngest, has also been adjusted You know, everyday patients come to me and thank me for "curing" them of this or that, but I have a confession. My confession is that I don't cure anyone of anything. I never have. What I do is perform specific spinal adjustments, and the body responds by healing itself. It's as simple as that. Your body was made to heal itself, as long as there's no interference. Chiropractic removes nerve interference,

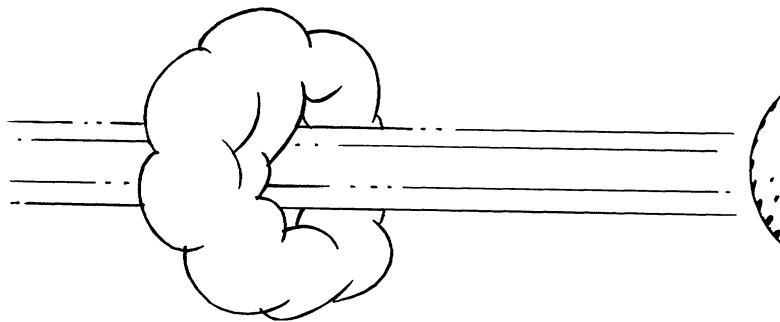
#### -Dr. Patricia Chelenyak

**P.S.** When accompanied by the first. I am also offering the second family member this same examination for only \$10.

P.P.S. I am an Aetna provider as well as BCBS PPO. I accept most insurance that covers chiropractic care.

**P.P.P.S.** We value your time; it is as important as ours. Therefore, we have a "no-wait" policy and we see patients within a few minutes of their arrival.

# Save Some Green!





# **Golf Outing Sign Package**

Everyone looks great with this quality, customized golf outing sign package! Includes everything you need to make your tournament look professional and organized while properly recognizing sponsors:

- (1) Durable indoor/outdoor tournament **banner** with your custom message and grommets for easy hanging
- (2) Customized table registration signs
- (2) Customized **hole contest signs** with metal lawn stakes
- (18) Customized **hole sponsor signs** with sponsor logo or name and metal lawn stakes



Individual hole sponsor signs, ad specialties & other unique golf outing items including our exclusive combo business card, golf tee & cigar caddy also available.

See store for package details. Cannot be combined with any other offer. Good only at Novi location.

# Sign \* A \* Rama novi

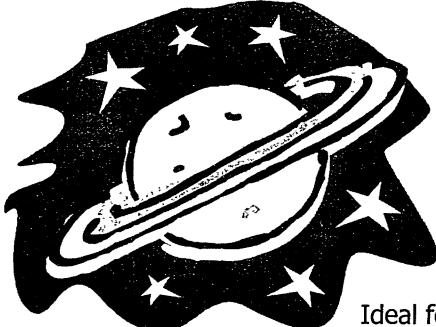
# **Northwest Detroit's Banner Headquarters**

On Novi Road just north of 10 Mile in the Pine Ridge Shopping Center

# 248-380-SIGN (7446)

Window & Vehicle Lettering / Neon / Vehicle Magnets / Commercial Signs

# What's Your Sign?



# Our Best Value All Occasion Sign Package

Ideal for special events, sales, trade shows, banquets, sporting events, retirement parties,

anniversaries, birthday milestones, graduations, holiday greetings, family reunions, class reunions, company picnics, church functions & more.

# Includes:

- 24"x5' heavy-duty white indoor/outdoor banner with 2-color, 1-sided custom message and grommets for easy hanging
- 18"x24" durable corrugated plastic sign with 1-color, 1-sided custom message and choice of metal stake for standing lawn display or grommets and suction cups for hanging window display



See store for package details. Cannot be combined with any other offer. Good only at Novi location.

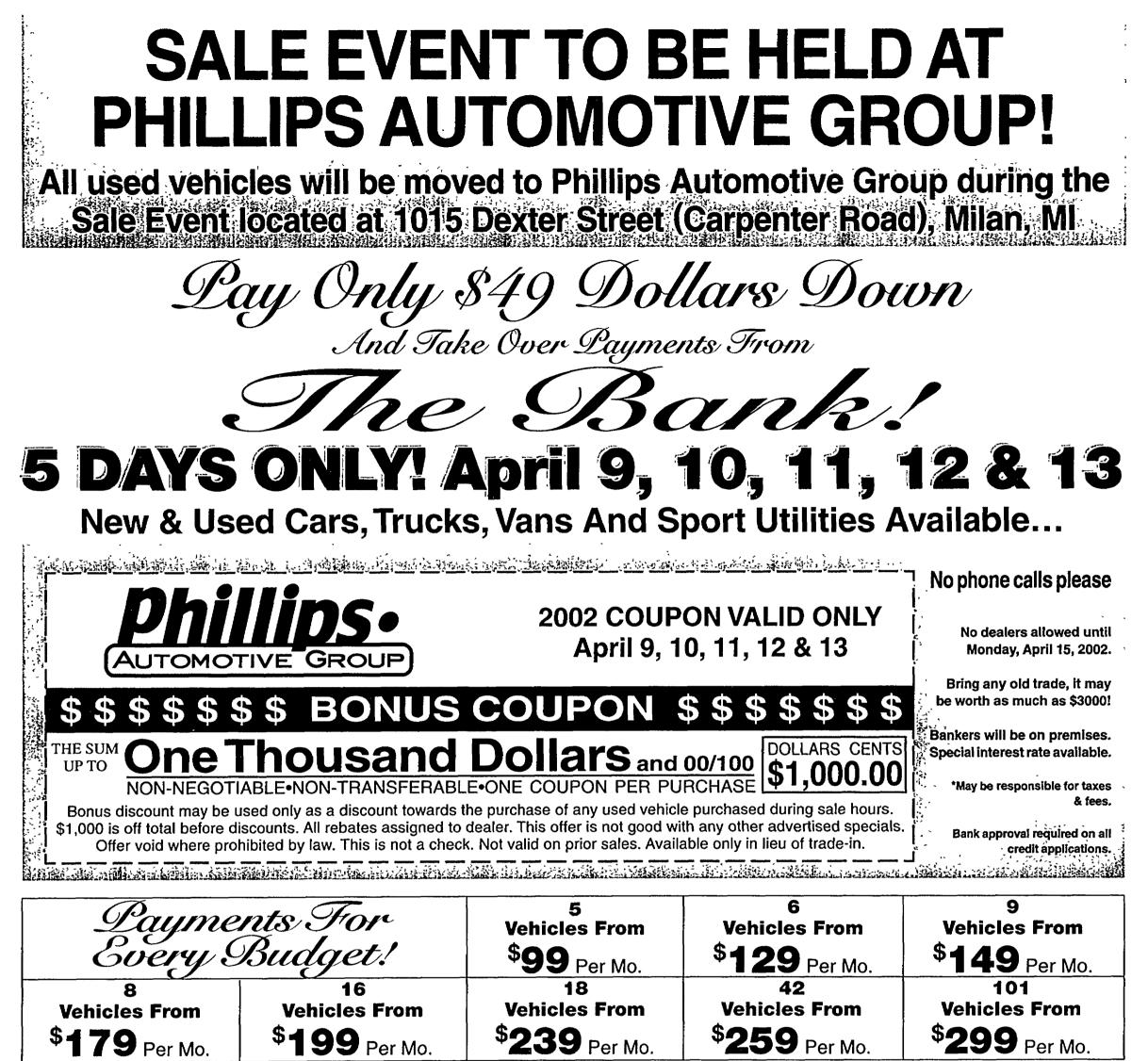
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# Window & Vehicle Lettering / Neon / Vehicle Magnets / Commercial Signs





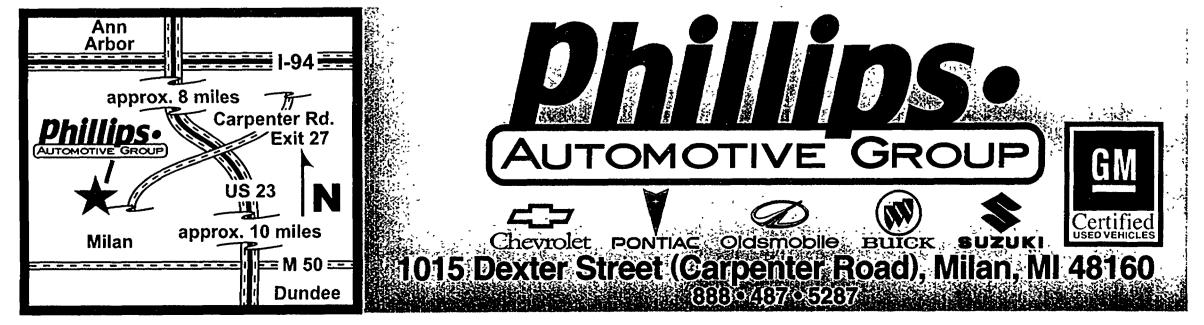








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- 15 HP Kohler OHV engine
- Exclusive heavy-duty hydrostatic transmission with cruise control
- 38" cutting deck
- Cast-iron front axle
- Solid-steel hood
- Cup holder
- Extra large fuel opening

### ALSO AVAILABLE:

# **Model 1517**

- 17 HP Kohler OHV engine
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# Model 3204 Tractor

-

- 20 HP Kohler Command V-Twin OHV engine
- Choice of 44" or 48" shaft-driven VersiDeck™

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Shown with optional bagger and 44" deck.

**Front Blade** 

Dual-Direction, Hydraulic-Driven Tiller

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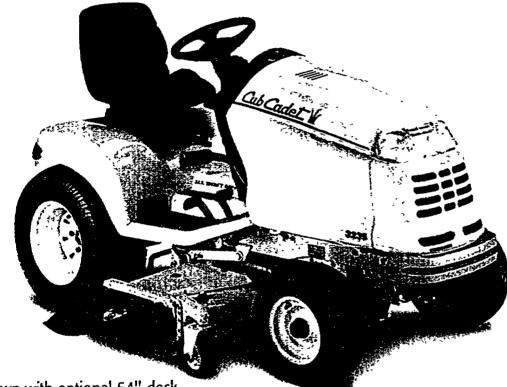
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Shown with optional 48" deck.



# Model 3206 Tractor

- 22 HP Kohler Command V-Twin OHV engine
- Choice of 44", 48" or 54" shaft-driven
   VersiDeck™ cutting deck

\$**116**/month\* [\$5,799<sup>†</sup>]

Price does not include optional deck.

# Model 3235 Tractor

- 23 HP Kohler Command V-Twin OHV engine
- Choice of 44", 48", 54" or 60" shaft-driven VersiDeck™ cutting deck



Price does not include optional deck.

Shown with optional 54" deck.

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**Series 3000 Tractors** Big on versatility – 1-3 acres

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AutoHydro<sup>~</sup> Transmission **Steel Direct Drive Shaft** Fully Welded Steel Frame **Cast-Iron Front Axle** 

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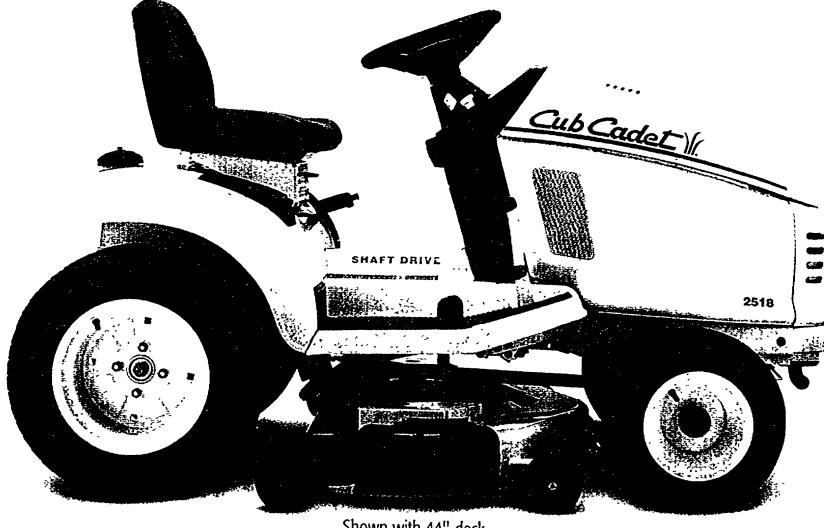
With cruise control and foot-pedal speed control. Brings power directly from the engine to the transmission. 11-gauge for increased strength. Adds strength and durability.

# Model 2518 Tractor

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- 18 HP Kohler Command V-Twin OHV engine
- Choice of 44" QuickAttach ~ cutting deck with mulch plug or 48" QuickAttach cutting deck

Built with the power and strength to take on ground-engaging attachments, including a tiller!



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# COMPLETE YARD CARE PERFORMANCE.

Model 365 Tractor

• 54" cutting deck

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• 20 HP Kohler V-Twin OHV engine

/month

Cub Cadet has everything you need to give your yard a beautiful, professionally-landscaped look. Every piece of equipment is engineered with the innovative features to get your work done faster and easier.



# Model 364 Tractor

- Zero-turning radius delivers a
- professional-looking cut in up to half the time
- Dual-lever steering controls operate each wheel independently
- 18 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 44" cutting deck

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# Model ST23 String Trimmer

- 22.2cc engine
- Tap-n-go head
  Anti-vibration shaft
- Optional attachments available
- \$**249**<sup>†</sup> [<sup>\$15/month]</sup>

### Model 24HC Hedge Trimmer • 25.6cc engine • Double-sided 24" bla

- Double-sided 24" blade
- Vibration protection







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**Commercial Engines** 

PosiTrak™ On-Demand 4WD Hydrostatic Transmission Fully Welded Steel Frame Deliver the highest power in their category. Plus, they're the only gasoline engines in their class.
4WD power is automatically shifted when and where you need it most. (Model 7254 only.)
With single foot-pedal speed control.
No-bolt construction provides rigid strength.

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Price does not include optional

mid-mount mowing deck.

7252

## Model 7252 Tractor

- 25 HP, 2-cylinder, liquid-cooled, commercial, gasoline engine
- 2WD hydrostatic transmission
- Live 540 rpm rear/2,000 rpm mid PTO
- Power steering

#### ALSO AVAILABLE:

#### Model 7254 Tractor

- 25 HP, 2-cylinder, liquid-cooled, commercial gasoline engine
- PosiTrak<sup>™</sup> On-Demand 4WD hydrostatic transmission
- Live 540 rpm rear/2,000 rpm mid PTO
- Power steering

Shown with optional mid-mount

mowing deck.

Redefine the landscape with the optional front loader and backhoe.

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Cub Cadet V

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Take a look at the **Big Country 6x4 utility vehicle**, and discover how Cub Cadet is redefining power and versatility.

Six-Wheel Fully-Independent Suspension 20 HP Honda V-Twin OHV Engine 1,400 lb. Payload and 13.3 cu. ft. Capacity Bed Standard 4WD

SIG COLONITION

With coil over shocks, gives this hauler the smoothest ride imaginable over the roughest terrain.

Delivers exceptional power for reliable starting and extremely smooth, quiet operation.

Let's you take on larger loads and get the job done in fewer trips.

Gives you the traction to carry, haul or tow through whatever nature throws your way.

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Starting at: \$172/month<sup>†</sup>

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# LR 927 RIDING MOWER

- 9 HP Briggs & Stratton engine
- 27.5" 3-in-1 cutting deck
- Unique internal bagging system





# LT 13 LAWN TRACTOR

- 13.5 HP Briggs & Stratton Industrial Plus OHV engine with oil filter
- 38" twin blade deck

\$999<sup>†</sup>

community • 6-speed CruiseMatic® transmission

\$30 per month\*

TURBO COOLING

Turbo Cooling hood provides maximum

performance and tonger engine life.

Also available:

# LT 135 LAWN TRACTOR

- 13.5 HP Briggs & Stratton Industrial Plus OHV engine
- 42" twin blade deck



# LT 1500 LAWN TRACTOR

- 15.5 HP Briggs & Stratton Industrial Plus OHV engine
- 42" TurboCut" deck



# <u>LT 1850</u> LAWN TRACTOR

- 18 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 46" TurboCut" deck



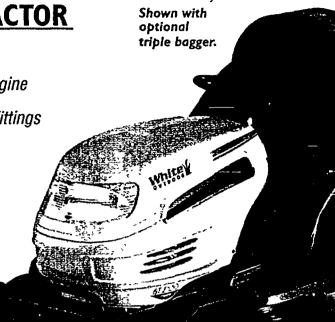
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# % FOR 12 MONTHS ON ALL WHITE OUTDOOR ZERO-TURN RIDERS.

# LT 1650 LAWN TRACTOR

- 16.5 HP Briggs & Stratton Industrial Plus Opposed Twin engine
- 42" TurboCut<sup>™</sup> deck with grease fittings
- Hydrostatic transmission







- 25 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 54" deck with electric PTO
- Hydrostatic transmission

\$90 per month\* \$3,599<sup>†</sup> Price does not include optional triple bagger.

# ZTT 1850 ZERO-TURNING RADIUS LAWN TRACTOR

- Save up to 50% of your mowing time with zero-turn capability
- 18 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 42' TurboCut<sup>™</sup> deck with grease fittings

**\$83** per month\* **\$3,299**<sup>†</sup>



- 21 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 46" TurboCut<sup>~</sup> deck



### ZT 1850 ZERO-TURNING RADIUS MOWER

- 18 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 44\* TurboCut<sup>\*\*</sup> deck

\$**100**<sub>per month</sub>\* \$3,999<sup>†</sup>

# ZTT 2150 ZERO-TURNING RADIUS LAWN TRACTOR

- 21 HP Briggs & Stratton Industrial Plus V-Twin OHV engine
- 46" TurboCut" deck



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- Operate 33% cooler
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# **0%** FINANCING AVAILABLE.

# 6.5 HP Push Mowers



# **6.5 HP Self-Propelled Mowers**

#### **TUFF CUT® 220 TUFF CUT® 230 TUFF (UT**<sup>®</sup> Smart Touch<sup>™</sup>- pull start once, then get Smart Speed<sup>™</sup> variable-speed transmission Featuring a special heavy-duty, multiple restarts with the touch of a button lightweight aluminum deck! • Patented 3-in-1 mulching blade-mulch, bag or Patented 3-in-1 mulching • Patented 3-in-1 mulching side discharge blade-mulch, bag or blade-mulch, bag or side discharge side discharge (optional) <sup>\$</sup>349 \$**399**\* 549 \$15 per month \$15 per month \$**17**permonth<sup>-</sup> ()

www.troybilt.com

# Better Tools for Better Lawns and Gardens.

# **0%** FINANCING AVAILABLE.

# Tillers

# Bronco™

- 5.5 HP Briggs & Stratton Intek<sup>™</sup> OHV engine
- 16" tilling width
- Adjustable tilling depth up to 6"



# Pony®

- 7 HP Briggs & Stratton Intek<sup>™</sup> OHV I/C engine
- 16" tilling width
- Adjustable tilling depth up to 8"



# Tiller/Edger

- 1.5 HP 4-cycle Honda engine
- 4.5" 10" tilling width
- Edger attachment included





Also available: Tuffy® Tiller • 3.75 HP Briggs & Stratton engine • 14"\_uilling width

\$**549**<sup>†</sup> \$16<sub>per month</sub>

# **Custom Yard Care**

# Wide Cut Self-Propelled Mower

- 9 HP/33" wide cutting deck
- Multiple-speed drive system

<sup>\$</sup>42<sub>per month</sub>.

• 3-in-1 capability-mulch, side discharge or bag (optional)

# Trimmer/Mower

- 6.5 HP Briggs & Stratton Quantum engine
- 22" cutting width

\$15 permonth

 Adjustable cutting height-1.5" to 5"

This

- Edger
- 3.75 HP Briggs & Stratton Classic engine
- Great for sidewalks, driveways & fences



# Tough Equipment Engineered for Tough Customers.

# Special Financing Available. Ask your dealer for details.



# Heavy-duty performance you can depend on.

# Model M60 TANK

- 25 HP Kawasaki V-Twin OHV engine or 25 HP Kohler Command V-Twin engine
- 60" fabricated deck with Command Cut System<sup>™</sup>
- Fully welded steel frame-for increased strength and durability



# COMMAND CUT SYSTEM™

An exclusive commercial-grade deck that's cut out for hard work. (Available on most Cub Cadet Commercial turf products.)

### **Exclusive 3-Year Warranty**

The best warranty in the industry.§

### Next Day Parts Program

Get the parts you need by tomorrow, or they're FREE<sup>§</sup>

<sup>4</sup> Ask your authorized dealer for complete details.

www.cubcommercial.com

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M M E R C

Cub Cadet Commercial mowers are intended for use by professional landscapers only.

# Special Financing Available. Ask your dealer for details.

# Heavy-Duty Performance You Gan Depend On.

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# Model M54 TANK

- 23 HP Kawasaki V-Twin OHV engine
- 54" fabricated deck with Command Cut System™
- Fully welded steel frame-for increased strength and durability

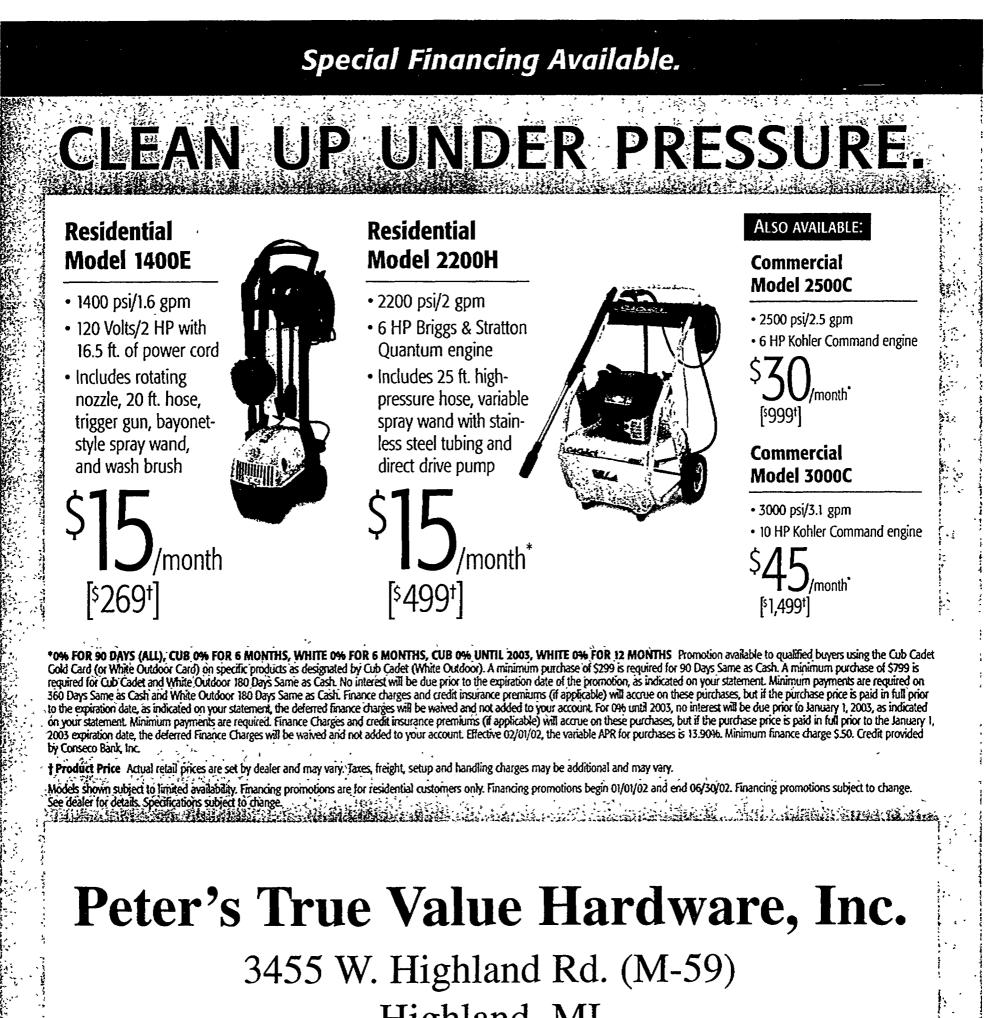


# Model M48S

- 17 HP Kawasaki V-Twin OHV engine
- 48" stamped deck
- Fully welded steel frame-for increased strength and durability



www.cubcommercial.com



Highland, MI 248-887-7795

Sale Ends Soon



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