Strictly Business Q&A with **Northville Stitching Post, B5** 



In sync with success

Sports, B1

## Northville neighbors attend inauguration

Local news, A6



# Northville Record

THURSDAY January 29, 2009

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# Township reviews special assessment policy

### Procedures to be put in place

BY PAN FLEMING STAFF WRITER

Jim Nield sat in the front row at the Northville Township trustees' study session on special assessment districts last Thursday. He knows how controversial and emotional such

assessments can be, as he, along with fellow resident Terry Marrs, just worked on getting a special assessment for roads approved in the Edenderry subdivision south of Seven Mile Road between not always true. Sheldon and Beck roads.

SADs can pit neighbor against neighbor, but, that's

More than 50 percent of property owners affected must sign the petition for the township to even investigate costs, use staff time and hire a consultant. Under the new proposed policy, once an assessment cost is determined, owners would be notified by mail about an informational meeting.

**Edenderry Road's proximity** to other subdivisions. Nield said at the meet-Don Weaver, director of ing that Edenderry was an

unusual situation because of public services for the township, said on issues such as sewer installation, there's often no controversy. "We've had several SADs on street lighting and sewers that

went smoothly," he said. However, following the Edenderry situation, in which the assessment failed in 2007, then was approved last year, with many residents still angry about the outcome, the township felt

BY PAN FLENING STAFF WRITER

The Northville Chamber of Commerce's annual Fire & Ice Festival will be the hottest cool thing to do downtown this weekend.

This year will bring the fourth annual event to the city, which takes place from noon-4 p.m. Saturday in

Events include a Chili & Salsa Cook-off at the Northville Community Senior Center; hot sales at downtown stores; cool ice-carving demonstrations; and cool salsa tunes by Saoco at

This event is our way of relieving cabin fever," said Jody Humphries,

downtown Northville.

the senior center.

Fire & Ice Festival hits

downtown this weekend

Get fired up for chili, salsa contest

compelled to take a closer look at the process.

Weaver presented some new guidelines during the session that include such things as a public meeting prior to residents taking a vote on a proposed assessment and before a public hearing takes place on the issue.

Please see POLICY, A5



PHOTO BY JOHN HEIDER/NORTHYTLLE RECORD

**SALON HOURS** 

The staff of Northville's Salon Tré Bella V. Center, owner Jessie Simcheck. Surrounding her are Victoria Simcheck, Faye Vangel, Lauren Laur, Christie Lafferty, Rene Schmitt and Margie Brace.

# Salon Tré Bella V brings beauty to downtown It's owner's 'dream come true'

chamber president. "We have some fun ice carving demonstrations throughout downtown, and the merchants will be offering some good shopping opportunities. And, of course, the chili cookoff is always a great time, and with it moved into the Senior Community Center, we a guaranteed a warm setting to sample all the chili and listen to a great salsa band ... good way to beat the winter blues." The festival is being sponsored this year by Tom Holzer Ford, the Leukemia & Lymphoma Society Team in Training and Varsity Lincoln, Mercury and Ford dealership. Participants in this year's Chili & Salsa Cook-off will include Deadwood Bar and Grill, Dino's Lounge, George's Senate Coney Island, Hotz Catering, Independence Village of Plymouth, Little Italy Ristorante, City of Northville and Northville Township Fire Departments, Poole's Tavern, Riffle's Homestyle Restaurant, the Red Pepper Deli, Rocky's of Northville, the Rusty Bucket, Solid Grounds Coffee House and Sweety Pie's Bakery and Catering. In past years, cooks from the two fire departments have had a bit of a rivalry in the cooking contest. But, with so many new entrants this year, it's anybody's guess as to who will grab the top prize. Festival-goers are reminded that the Northville Parks & Recreation **Departments Blizzard Breakfast** Fund-raiser will also be going on



#### BY PAN FLENING STAFF WRITER

Jessie Simcheck, owner of the new Tré Bella V Salon at 105 N. Center St., said the hair salon is her "dream come true."

The daughter of Morgan and Sherry Humecky of Northville, the local resident graduated from South Lyon High School and opened the salon just a few weeks ago in the space just north of the

Dancing Eye Gallery.

She has four hair stations now, giving her room to grow. She spent a lot of time renovating the space, which is reminiscent of a salon in Paris, one of her favorite cities. "It's a little Parisian, a little Tuscan," she said. "I did go to Paris a few years ago," visiting boutiques to get ideas for hers. I wanted to restore the look of downtown Northville." She has two product lines from

An open house at Tré Bella V Salon, 105 N. Center St. in downtown Northville, is slated from 5-9 p.m. on Friday, Jan. 30. The salon is normally open from 8 a.m. 8 p.m. Monday-Saturday, although Jessie Simcheck, owner, will see clients before 8 a.m. and handle other bridal needs or other special requests. Walk-ins are welcome, or call (248) 305-9850 to make an appointment. The salon's e-mail address is trebellav@gmail.com.

Europe that include pommades, shampoos, conditioners and a men's line.

The salon's name refers to her and her husband, Jamie's, three daughters, Victoria, 14; Valerie, 12; and Vanessa, 8.

"I wanted a name that was pretty and reflected who I am," Simcheck said.

#### Please see BEAUTY, A2



Saturday morning from 7:30-10 at Genitti's Hole-in-the-Wall Restaurant on E. Main Street. Proceeds from this event will help pay for a new scoreboard for the Northville Senior Community Center gymnasium.

So, between the breakfast and the chili, who needs to cook on Saturday?

The Northville Chamber of Commerce especially needs area residents' support at this time.

Chip Snider, Northville Township manager, mentioned at the last township board meeting that the chamber is hurting right now financially. Membership is down, and the staff is still trying to bounce back from money lost from last year's Victorian Festival, which suffered torrential rains throughout the mid-September event.

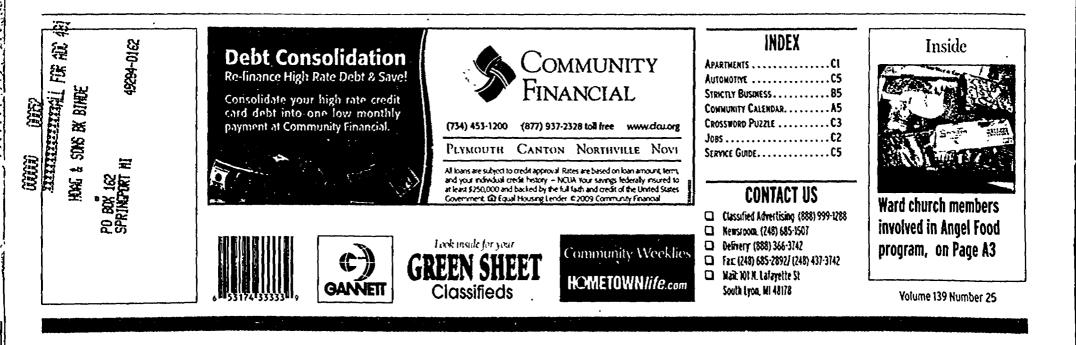
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So, if anyone would like to make a donation to the chamber, this would be an excellent time to do so.

For more information about the chamber, visit their Web site at www. northville.org.

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"We're simply not going to be

able to do all the things we've

Projects completed this year

include the CVS Pharmacy, the

Engerer Professional Building

at 311 E. Main St. and the ren-

ovation to the chapel and old

school at Our Lady of Victory.

largest design firms, will soon

Waterwheel Building, which

is now filled. The city contin-

ues to field inquiries on the

McDonald Ford site, but no

ted yet.

said.

Hill Cemetery.

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(248) 349 1700 est 260

firm plans have been submit-

include the restoration of Mill

PonJ and the development of

the remaining portion of Rural

will be presented for approval

at the Feb. 2 council meeting.

In the current economy,

We're simply not going to be

able to do all the things we've

done in the past," Johnson

A new list of all the priorities

Other lower-priority projects

move their Detroit office to the

HKS, one of the world's

done in the past."

HATEL CREES JOILISON

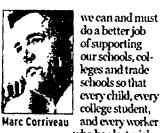
#### LEGISLATIVE UPDATE WITH STATE REP. MARC CORRIVEAU

The past two wars working in the Michigan House of Representatives on behalf of our community have been some of the most rewarding of my lifetime. I am honored to serve as the voice for the Plymouths, the Northvilles, Wayne and Canton, and it is with a deep sense of gratitude that I look ahead to the coming two war.

Our state is facing unprecedented challenges, and I am more committed than ever to working to build a stronger Michigan. With the state's unemployment rate hitting 10.6 percent in December, it's clear that the focus must be on jobs, jobs, jobs. My job every day is to create jobs for our workers: Jobs that can't be outsourced to other states and countries. Jobs that will help our struggling working families find financial security once more. Jobs that will rebuild our economy and attract more investment to our state.

In the coming months I also will focus on strengthening health care in Michigan. It is imperative that we have a system in Michigan that gives every resident access to affordable, quality health care. We must make health care more affordable for our businesses that are being crushed under the burden of skyrocketing costs. Michigan's health care system is sick right now, but I am confident we can forge solutions.

Another area where I will focus my attention is education. From early childhood education to college studies to worker retraining.



every child, every college student, who has lost a job to outsourcing or downsizing has the opportu-nity to succeed in the 21st global

economy. Michigan's own success in today's world hinges on the having a highly educated, highly skilled workforce. By having a world-class education system we can build on the strengths we have and find a new direction that will make our state a leader once again.

I want you to know that I am always ready to listen to your ideas, suggestions and concerns, and I encourage you to reach out to me. I hold regular office hours throughout the communities I represent. Please note that I have undated my office hours to better increase the amount of time I am available to meet you and hear your concerns. Additionally, you can always reach me via e-mail at MarcCorriveau@house.mi.gov or by calling my office toll-free at (877) 20TH-REP.

Marc Corriveau (D-Northville) represents Northville, Northville Township, Plymouth, Plymouth Township, the eastern portion of Canton Township and the city of Wayne in the Michigan House of Representatives Contact him at (517) 373-3816 or send email to MarcCorriveau@house.mi.gov

### City reviews goals for next and every worker fiscal year

#### BY PAM FLENING STAFF WRITER

With double-digit unemployment and foreclosures at an all-time high in the consumer market in Michigan, it's no surprise that long-term financial stability was named the top priority for the city of Northville.

**Council members met** Monday night to review goals, objectives and priorities for fiscal year 2009-10, with just a few changes made.

Even with flat revenues in fiscal year 2007-08, the city broke even and maintained a fund balance of 35 percent. (The goal was to maintain a fund balance between 25 and 35 percent.)

Council approved a balanced budget for 2008-09, with \$100,000 allocated to cover unforeseen expenditures.

A consultant is conducting an organizational and opera-

# FROM PAGE AL

#### SHE LOVES NORTHVILLE

Simcheck loves downtown Northville and is finding it very welcoming.

People wave from the street and even from their cars," she said. "I've also had a lot of the store owners coming in to welcome me, which has been very thoughtful and nice as well."

Simcheck said she and Jamie married young; she was 18, and he was 19. She attended cosmetology school at Oakland Technical Center, has worked in various salons throughout the area and has

tional study of all city departments. Also, 10 similar-size cities in Southeast Michigan were asked to complete extensive surveys so that budgets and staff levels could be compared. All 10 responded, and a report should be ready by mid-February

Council: Long-term financial stability priority

The only other top priority identified in Northville is the Detroit Water and Sewer Department water service contract.

Last year, the city negotiated a new 30-year contract with DWSD. As a result a proposed 46 percent rate increase switched to a 20 percent decrease because the city can now limit the amount of water it takes from Detroit. This contract saved the city \$300,000 for the current fiscal year. The utility is considering an increase this year, however.

#### MEDIUM PRIORITIES

Water and sewer improvements were moved from a high-priority item to a medium-priority item, although Nancy Darga, councilmember, thought they should remain a high priority.

'It doesn't mean that water and sewer aren't going to be

been licensed for 18 years. Their daughter, Victoria, works part-time in the salon, as all three girls have been home-schooled.

"I'm extremely busy," Simcheck said. "I do not like idle moments. And, this was my life's dream to have my

Her husband also comes Meadowbrook Acres Sod & Landscaping in Brighton.

products from Paris are sold.

a priority, just a lower one," noted Michele Fecht, councilmember.

Jim Gallogly, public works director, said the city needs to get on board in hiring consultants for the city for various projects, and that a local engineering firm will be proposing what key areas need to be tackled first.

"It looks like we can jump on anything in this (federal government) stimulus package, said Mayor Chris Johnson. Darga suggested the city start prioritizing projects rather than present a laundry list of needs to the Barack Obama administration.

Other medium-level priorities set are the implementation of a Downtown Strategic Plan; retention of the retail operation of the post office within the Central Business District; street, sidewalk and bike path improvements; and the development and implementation of a follow-up process for board and commission decisions.

#### LOWER PRIORITIES

Development and redevelopment issues in the city were moved from a medium prior item to a lower priority.

line that enhances the products you already have," Simcheck said. These include such items as lash extenders and a special makeup cleanser. "I've done a lot of research to bring in some

boutique products," she said. Pedicures are offered, and a room has been set up for facials and waxing. The store also has a rear entrance if clients want to park in the lot at Wing and Dunlap streets and not have to walk to the front of the salon.

"I want to bring an upscale elegance to Northville, Simcheck said. "I want people to feel pretty and to be able to afford to do so in this econo-

She is offering a \$15 gift

certificate toward a hair service to all first-time clients through April. Call (248) 305-9850 or send an e-mail to trebellav@gmail. com.

"We welcome everybody to just come in and see what we've done with the space,' Simcheck said.

Kim Behmer, owner of the building where the salon is located, said Simcheck already has an established clientele.

We're thrilled to have her," Behmer said. "It's a nice fit for the downtown."

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own salon."

from a family business,

**MAKEUP AND MORE** Makeup is also done at the salon, and beauty-enhancing

"It's a beauty supplemental

my."

# Ward Church members involved in Angel Food program

# Church's first distribution last Saturday

#### BY PAN FLEMING STAFF WRITER

Everyone needs an angel in their life.

And, Ward Evangelical Presbyterian Church in Northville Township has started to participate in Angel Food Ministries, a nonprofit ministry that sells groceries at deep discount through churches and community organizations to more than 500,000 individuals and families a month in 35 states. Operating from a 160,000-square-foot warehouse in Monroe, Ga., Angel Food Ministries dispatches 600 semi-trailers monthly.

Unlike other programs, Angel Food is open to anyone regardless of income. There are no qualifications. It's available to everyone; if you eat, you qualify. Also, purchasing Angel Food does not prevent someone who may need it more from getting it.

For \$30, a person can purchase enough restaurant-quality food, which includes a variety of fresh and frozen items to feed a family of four for a week or an individual for about a month.

The same food could cost twice as much in a grocery

store. Ten microwaveable meals are available for \$28 per box.

Since 1994, Angel Food has been distributed monthly via churches and other organizations that have taken advance orders. The program was started by Pastor Joe Wingo and his wife, who responded to the closing of textile mills in the South by purchasing food for their unemployed neighbors. The cost is so low because of Angel Food's enormous buying power and the fact that most of the labor is volunteer.

#### **PROGRAM BEGAN IN DECEMBER**

Ward Church piloted the Angel Food program in December and had its first fullscale distribution last Saturday at the church.

In addition to reaching out to Ward members, Angel Food orders are being taken at Northville Civic Concern, and church officials are investigating other places to get the word out. In January, there were 109 food orders.

Next month, people can order food for themselves or to give to others between worship services at Ward Church until 12:30 p.m. on Sunday, Feb. 1, 8 and 15 and from 5-7 p.m. on Wednesday, Feb. 4, and 11.

Order pickups for February will be on Saturday, Feb. 28, between noon and 2 p.m. in Room C307 at the church.

"We expect to begin offering online ordering in February," said Alan Adler, an elder at Ward coordinating the Angel Food community outreach effort. "We're working on getting that going." In the current economy,

In the current economy, "Even well-to-do suburbs like Northville have residents struggling (perhaps for the first time) to make ends meet," he said.

To learn more about the Angel Food charity, visit www. angelfood.com. Specifics on Ward's participation can be seen at wardchurch.org/angelfood.

"We think this new program at Ward can be very helpful to Northville residents and other communities in this tough economy," Adler said. Volunteers are also needed for order taking and on distribution days. For more information, call (248) 374-7400, ext. 5912.

pfleming@gannett.com (248) 349-1700, ext 260



SUBMITTED PHOTO

From the Angelfood Ministries distribution at Ward Church this past Saturday, this is an example of what an individual would receive for a regular box which costs only \$30. Each month the menu is different.



#### LOCATION: 212 W. Cady St., near Northville City Hall

TIME/DAY: 10 a.m.-9 p.m., Monday-Thursday; 10 a.m.-5 p.m., Friday-Saturday; 1-5 p.m. Sunday. CONTACT: (248) 349-3020 or northvillelibrary org for information regarding programs and fibrary materials. Book Donations

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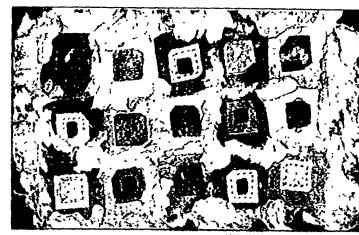
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#### LOCAL NEWS

### Art in Stitches

The Northville Art House presents 'Art in Stitches,' an exhibit that celebrates the creativity of fiber arts. From traditional to non-traditional techniques using cloths, fibers and mixed media, this exhibit highlights the unique styles of nine Michigan artists. Featured artists include Ann Avery, Boisali Biswas, Juliana Cerra, Anne Hiemstra, Sidney Savage Inch, Lynn Krawczyk, Jackie Lams, Linda Larsen and Joan Potter Thomas. The show will open with an artist reception Friday, Feb. 6. from 6-9 p.m. and will continue through Feb. 22 during the Art House Gallery hours (Thursdays-Sundays, 1-5 p.m.). For additional information, call (248) 344-0497 or visit www. northvillearts.org. The Art House is located at 215 W. Cady Street and is a facility of the City of Northville. Admission to Art House shows is always free and open to the public.



DECONSTRUCTION IT BY JOAN POTTER THOMAS



#### SAVVY SENIOR

How to find

Dear Savvy Senior

I just turned 60, and before

I get any older I would like to

get back in touch with some

long-lost friends from years

ago. What's the best way to

long lost

friends

find them?

**Reaching Back** 

Dear Reaching,

information you can remember about the person you're try-ing to find. Things like their full name, age or birth date, last known address or phone number, old e-mail address, names of family members, etc. Knowing details can help you turn up clues as you search.

#### WEB SEARCH

After you gather some information, a good place to start searching is at Google.com. When you get there type in the person's first and last name in quotation marks to indicate you're searching for a specific phrase (for example, "John Doe"). Unless your friend has a unique name, you're likely to get a ton of results, but don't give up. You can narrow your search by adding other criteria like their middle initial or middle name, the city or state they may live in, or even their occupation. Also be sure to take advantage of the advanced search feature which is right on the front page. Some other good and free people search sites to try are www.411.com which also has a reverse phone and address look-up, www. zabasearch.com, www.find-people-free-search.com and http://people.yahoo.com.

You can also find long lost friends through public records Web sites which provide a plethora of searching tools and massive amounts of data. To start digging, stop by www. searchsystems.net, the largest directory of links to free public record databases on the Internet. Or for a few dollars, you can search sites like www.peoplelookup.com, www. peoplefinders.com, www.public-records-now.com and www. intelius.com, all of which produce fantastic results.

#### **BACK TO SCHOOL**

Two sites commonly used to track down former classmates and old high school sweethearts are Classmates.com and Reunion.com. Classmates.com claims 40 million users and offers free registration, but if you want to contact someone, you need to become a member, which costs \$15 for three months. Reunion.com claims to have 51 million users and costs \$36 for three months. These sites require users to register with them, so if the person you're looking for hasn't registered, you won't find them.

Another option is to check out your high school's alumni Web page. Not every school has its own site, but many do and you can look for it by going to any search engine and typing in the name of your school with the city and state

it's located in. You can also do

a search at www.alumniclass.

ing site for thousands of high

schools across the U.S. If you

com, which is a huge host-

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> www.nov/towncenter.com

NTC Shopping Spree hoo Novi Town Center for Valentine's ay gits from now thru February 15th and you could write or five \$100 . Stopping Sprees. \* For complete details on our

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don't have any luck here, contact your high school to see if they have any resources or recommendations. If you're looking for old college friends, your best resource

n,`

is your university alumni association who are experts at tracking people down. If they aren't able to give you the contact information, they may be able to forward a message for you. You may also want to try the previously mentioned sites Classmates.com and Reunion. com, and for help in hunting down old sorority or fraternity members check out www. greekpages.com.

#### **MILITARY BUDDIES**

If you're looking for someone you served with in the military, Military.com offers a free Buddy Finder service that has a data base of more than 20 million records. Also try Militaryconnections.com and Classmates.com.

#### **DECEASED FRIENDS**

And finally, to find out if the person you're looking for has passed away try www.legacy. com, a site that provides links to obituaries published by the company's network of newspaper affiliates. You can also do a death search at www.ancestry.com - click on "search," or through the public records sites previously listed.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

Consistently ranked tops in customer satisfaction surveys. Schel Annal Pr. may Tel 2017 is a scale of UT47001 Hennes spring blan suplement is ST(EDI Dynch an diverting an an analysis an any bar part of a statistican analysis of a statistican analysis of a statistican angle in part of a statistican analysis of a statistican angle of a statistican angle in part of a statistican angle of a statistican angle input for a statistican analysis of a statistican angle of a statistican angle input for a statistican angle of a statistican a International of a statistican angle of a statistic

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#### www.hometowalife.com

#### **NORTHVILLE COMMUNITY BRIEFS**

#### Patterson prepares for 2009 State of the County address

Oakland County Executive L. Brooks Patterson is putting the finishing touches on his upcoming 2009 State of the County Address which will be delivered Tuesday, Feb. 3 at the MSU Management Education Center, 811 W. Square Lake Road in Troy.

"This is shaping up to be one of the most difficult speeches I have ever written because of the many serious challenges we face," Patterson said. "But I also feel it will be one of the most important speeches I have ever delivered."

News/Talk 760 WJR will broadcast the address live starting at 7 p.m. Civic Center TV 15 in West Bloomfield will videotape the speech for rebroadcast on many cable systems throughout Oakland County at 8 p.m. on Friday, Feb. 13. Please check with your local cable operator to find out if you will be able to view the speech in your area.

#### **DIA Lecture Series** at Art House

The Northville Art House is excited to bring the Detroit Institute of Arts to Northville in a continuing series of lectures highlighting current exhi-bitions on the first Wednesday of each month, starting Feb. 4 at 7:30 p.m. February's DIA lecturer is Boyd Chapin speaking about "The Woman with a Thousand Faces." Whether a realistic portrait or an abstract rendering, women have been the source of inspiration for artists and have represented stories, legends, ideas, and myths. Explore the meanings behind the images of these women. Cost is just \$5 per person at the Northville Art House, 215 W. Cady in downtown Northville. Call (248) 344-0497 for questions.

#### Corriveau tapped for Key House health committee

**State Representative Marc** Corriveau (D-Northville) will serve as Chair of the House Health Policy Committee.

Corriveau also was appointed to the **Education Committee, Government Operations Committee and Judiciary** Committee.

"During my first term I worked on getting the groundwork laid for health care reform, and I am looking for-ward to building on what we began," Corriveau said. "We need real reform

for Michigan's health care system



#### PHOTO BY JOHN HEIDER/NORTHY'LLE RECORD

#### Snow throw

Emilio Macilroy tosses a shoveful of snow out of his Coldspring Drive driveway on Jan. 13. City plows were still pushing piles of snow in local driveways after the snowstorm of Saturday the 10th.

- not band aids that will do nothing more than cover up the serious problems we're facing. We're going to hit the ground running to make sure we bring about the change we need to get Michigan's health care system back on track."

#### Let Parks & Rec host your outing

Northville Parks & Recreation would like to host your next outing at the Recreation Center at Hillside pool, located at the corner of 8 Mile and Center Street, inside Hillside Middle School.

Your "campers" will enjoy exclusive access to our warm water, indoor pool. The pool depths range from 3 ½ to 10 1/2 feet deep, which is great for all ages and swimmers. You'll be provided with American Red Cross certified lifeguards, noodles, water toys and a list of pool games. Some lifejackets will be available for your use. Best rental times are Monday-Friday from noon-6 p.m.

Basic fees are \$98/hour residents; \$153/hour non-residents.

The basic cost provides you with all of the above amenities, with two rotating guards. Additional lifeguards for over 30 guests are \$20 per hour, for a maximum of 125 people. The number of additional lifeguards needed is based on the age range and number in your group. Contact Lindsey Butzin, aquatic supervisor, at (248) 349-0203 ext. 1410 to book your reservation.

#### 43rd Annual Detroit Camper & RV Show coming to the Rock

The Michigan Association of Recreation Vehicles and Campgrounds (MARVAC) is sponsoring the 43rd Annual Detroit Camper & RV Show, Feb. 11-15 at the Rock Financial Showplace in Novi (located on Grand River, just one mile west of Novi Road). Over 300 new recreation vehicles will be on display including folding campers, motorhomes, travel trailers, truck campers and fifth wheel travel trailers.

Show times are weekdays 2-9 p.m., Saturday 10 a m 9 p.m. and Sunday 11 a.m.-6 p.m. The cost for adult

admission (ages 13 and up) is \$9; children ages 12 and under are admitted free! Seniors (ages 55 and over) are admitted for just \$5 on Wednesday, February 11 and Thursday, February 12 (no coupon necessary).

Consumers can visit www.marvac. org to print a two-for-one admittance coupon, as well as register to win free tickets to the show, compliments of Big Boy.

The show is sponsored by the Michigan Association of Recreation Vehicles and Campgrounds. Call (517) 349-8881 or visit marvac.org.

#### **Commissioner Cox to meet** with citizens in Livonia

Wayne County Commissioner Laura Cox will hold office hours on Thursday, Jan. 29 at the Livonia Civic Center in Livonia from 11 a.m. to 12:30 p.m.

Cox was recently appointed chair of the commission's Committee on Ways and Means, which reviews and approves the county \$2.27 hillion 415 budget, and provides oversight of . compensation, bond issues, retirement, tax matters, and the assessment and equalization of property.

"I will provide updates on various County initiatives and answer any questions that citizens may have,' Commissioner Cox said.

Commissioner Cox represents the communities of Livonia, Plymouth, Plymouth Township, Northville and Northville Township.

For more information, please contact Jordyn Salmon in Cox's office at (313) 224-0946.

#### Whine to Wine on Feb. 4

"Whine to Wine: An Evening of Professional Speed Consulting" will take place from 6-8 p.m. on Wednesday, Feb. 4, at Wine Sync, 122 W. Main St., in downtown Northville.

Are you worried about the local economy and the effect it has on your wealth, home, health and future? Join a group of local professionals for a glass of wine and a free five- minute consult with any of the professionals of your choice. Questions can be answered by one or all of the following: Kelly & Kelly, P.C., Attorneys at Law; Jeff Voss, Lender LTD; Sue Dillion, Graphic Visions, Inc.; David J. Boyd, CFP, Edward Jones; Patti Mullen, Remerica; Dr. Ryan Cooper, Health for Life Chiropractic; and Nicole Salesky, Certified Massage Therapist, Main Street Massage.

For more information, contact Kelly & Kelly, P.C., at (248) 348-0496 or ryan@kellykellylaw.com.

#### Keep hydrants visible

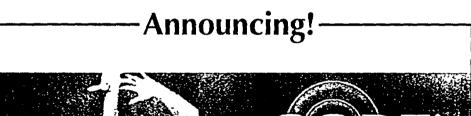
With the recent heavy snowfall, Northville Township's fire hydrants are becoming less visible. Capt. Guy Balok of the Northville Township Fire Department asks citizens to help keep fire hydrants accessible by removing snow and ice from around them.

"In the past, responses to similar requests from the fire department have been outstanding," Balok said. "Families and businesses throughout Northville Township have worked together to help the Fire Department maintain a continuously high level of fire protection."

#### DDA grants to be awarded

The Northville Downtown Development Authority is preparing to offer a new series of grants through its Business Assistance Program. Applications are due Feb. 27, with grants to be awarded in April. For more information, call the DDA Office at (248) 349-0345. Details are also available on the DDA Web site, www.downtownnorthville.org.





# 12-4pm **Downtown Northville**

**Ice Sculpture** Displays **Town Square** 

**Blizzard Breakfast Hosted by Northville Parks** and Recreation at Genitti's 7:30 - 10:00am

**Kidz Art Zone** Sandy Candy/ Spin Art/Sand Art Northville Senior **Community Center** 



**Cool Ice Carving** Demonstrations Town Square/Gardenviews

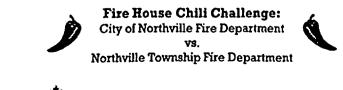
**Hot Entertainment** Live Salsa music by Saoco (1-3 pm)

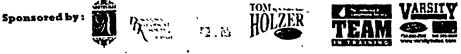
Northville Senior **Community Center** 

Chili & Salsa Cookoff Northville Senior **Community Center** 

#### Chili and Salsa Cookoff Participants:

George's Senate Coney Island, Poole's Tavern, Rocky's of Northville, Solid Grounds Coffee House, Sweety Pies Bakery and Caterers, Rusty Bucket, Deadwood Bar and Grill, Little Italy, Riffle's Homestyle Restaurant, Hotz Catering, Dino's, Independence Village of Plymouth, and Red Pepper Deli.





Northville Chamber of Commerce 248-349-7640 www.northville.org nber Events Hotline or check the w rs, call the Cha



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**Core Rhythms Creators** 

Julia Powers

12 time U.S. Champion

å Joanna Kitnikz

10 time International Champion

DanceSport

1926 South Telegraph Rd. Bloomfield (next to Carl's Golfland) 248.338.6390

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### PEOPLE |

#### NORTHVILLE WEDDING

#### Lewis & Krueger

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Ι,

Betsy Lauren Lewis and **Robert Charles Krueger were** married on Aug. 9, 2008, at the First United Methodist Church in Northville by Pastor Jim A. Lewis and Reverend Lisa Cook,

Betsy is the daughter of Paul and Susan Lewis of Novi and is a 2002 graduate of Novi High School and a 2008 graduate of Grand Valley State university with a degree in group social studies with a history emphasis and a minor in elementary education.

Robert is the son of Robert and Judith Krueger of Northville and a 1995 graduate of Northville High School. He is currently employed in sales.



Attending Betsy as maids of honor were Andrea Boyer and Jasmine Olsen, both of Grand Rapids. The brides maids were Anna Wrobel of Northville, Rebecca Dillon of Novi and Emily Sanders of Allendale. Serving as best men were

Brenden Draper and Matthew

ETC.

TIME/DATE: 4-6 p.m. every Sunday

Beemer, both of Taylor. The grooms attendants were Michael Fraley of Rochester, Adam Kmet of Northville, and Cameron Lewis of Novi. A reception was held at the Elks Lodge in Livonia. The couple will reside in

#### Parks & Rec

#### **NORTHYILLE PARKS & RECREATION**

LOCATION, 775 N. Center St. (back entrance of Hillside Middle School) CONTACT For registration and information on camps, classes and activities call (248) 349 0203 or visit northvilleparksandrec.org

Parks and Recreation Commission DATE/TIME: 7 p.m. second Wednesday, every other month beginning in Jan. LOCATION Northville Township Hall, 44405 W Six Mile Road **Group Fitness Classes DETAILS** Classes include Yoga, Pilates Ba'l, Aerob.cs, Step Kickboxing, Cycle and overall strength training. Class schedules are flexible and vary; monthly calendar available at Web site or call. Fees are \$8 for drop-ins or \$50 for an unlimited monthly resident pass. Classes held at Hillside Recreation Center or Senior Community Center, All fitness levels welcome to participate, certified instructors provide safe and fun workouts. **Open Adult Basketball** TIME/DATE: 6-9 p.m. every Sunday LOCATION: Senior Community Center, 303 W Main St. DETAILS \$3 per person. **Open Family Basketball** 

LOCATION: Senior Community Center, 303 W. Main St. DETAILS \$2 per person. Open 40+ Basketball TIME/DATE: 7-9:30 p.m. every Wednesday LOCATION Senior Community Center, 303 W Main St. DETAILS: \$3 per person. **Open Volleyball** TIME/DATE: 7-10 p.m. every Thursday LOCATION: Recreation Center at Hillside DETAILS: \$4 per person. **Open Badminton** TIME/DATE: 7-9:30 p.m. every Tuesday and Friday LOCATION: Recreation Center at Hillside **DETAILS:** Competitive style badminton available, all skull levels welcome; \$8 per player. **Open Picideball** TIME/DATE: Noon-3 p.m. every Wednesday; 6-8 p.m. every Saturday

LOCATION Recreation Center at Hillside DETAILS: \$4 per player. Call (248) 449-9947 for more information. **Open Table Tennis** TIME/DATE: Noon-4 p.m. every Saturday LOCATION. Hillside Recreation Center, 700 W Baseline Road DETAILS Eight tables available, all skill

levels weicome; \$5 per player. Coed Adult 50+ Volleybali TIME/DATE: 10 a.m.-noon every Monday, Wednesday and Friday DETAILS: \$1 per player. Bring your friends. All levels of play welcome. CONTACT: (248) 449-9947 for information.

#### Volunteering

Wixom.

ART HOUSE STORE LOCATION: 215 W. Cady St. DETAILS: Looking for volunteers to work four hours per month, réceive 10 percent off store purchases.

CONTACT (248) 344-0497 \*

#### FRIENDS OF THE NORTHVILLE DISTRICT LERARY

DETAILS: There are openings for our Board of Directors. The Friends are volunteers who promote reading, support programs in the library and financially support projects not covered by the library's budget. Board members attend a monthly meeting and serve on a committee. If interested, send a letter to James Morche, President of the Friends, c/o Northville District Library, 212 W. Cady St., Northville, 48167.



#### **KIMBERLY A. AHOLA**

Age 43, of South Lyon, died Jan. 24, 2009 Funeral Service was held last Wednesday. Contributions to the Children of Kimberly Ahola c/o Casterline Funeral Home, Inc. 59255 Gdula. Lillian was very artistic and

#### LILLIAN B. KOTARSKI

Age 98, of South Lyon, passed away January 24, 2009. Lilian was born on October 2, 1910, in Detroit, to the late Anthony and Agnes (Stafiet) 10 Mile Rd., South Lyon 48178 she enjoyed puzzles and reading. anoreciated. She is survived by her sons:



#### YOUR NORTHVILLE NEIGHBORS

# Having a ball – it's all in the family

Mnich family attends Obama's inauguration, military ball

Mike and Jan Mnich, residents of Northville since 1980, attended the Jan. 20 inauguration festivities in Washington, D.C. To the Mnichs, this day was significant not only because of the historic swearing in of the 44th resident of the United States, but because it also fell on the same day as the 25th birthday of their oldest son, Jeff.

Jeff, who is currently in training to become a reserve pilot in the U.S. Air Force, is living near Andrew's Air Force Base located outside of the nation's capitol.

"We made a decision to come to D.C. for the "double" celebration." said Jeff's mother, Jan Mnich. Initially Mike and Jan were planning on visiting Jeff and then attending the inauguration. Without tickets, the Mnichs planned to be a part of the festivities along with hundreds of thousands of other well-wishers. However, a week before the inauguration they found out that Jeff was given two tickets to the Commander-In-Chief's Inauguration Ball, one of just 10 gala balls the Obamas were planning on attending inauguration evening.

"I'm a strong and active sup-porter of Barack Obama," said Mike Mnich. "However, when I found out that Jeff could only take one other person to the Commander-In-Chief's Ball, there was no doubt in my mind that my wife would be the one attending." Reluctantly, Jan went to

searching for a long formal dress to wear for the gala ball. She was successful in finding a very affordable dress at the Northville Consignment Store located east of Northville Road on 7 Mile. The dress I picked out still had a price tag on it!" said Jan. "And for \$30, I couldn't believe the deal!"

A new pair of shoes (price not disclosed to her husband) later and Jan was all set for the ball.

Not only was Jeff's birthday on the same day as Presidentelect Obama's inauguration, but they (Jeff and the president) also shared something



SUBMITTED PHOTO

Jan Mnich and her son Jeff attended the Jan. 20 military ball in Washington, D.C. after the inauguration of President-elect Barack Obama. Jan's husband, Mike, also attended the inauguration.

the role of class president his senior year at Northville High School (Class of 2002). Since graduating, Jeff went on to school at George Washington University in Washington, D.C. where he graduated in 2006. Jeff one more thing in common with Obama: They both worked at the U.S. Capitol, with Jeff working for Michigan Sepator Debbie Stabenow prior to his being selected to attend Air Force pilot training.

Jeff graduated in December from officers training with a rank of Second Lieutenant at the Air Force training camp located in Montgomery, Ala. He is now training for the next few months at Andrews Air Force Base in Maryland before heading to Texas for over a year of extensive training learning to fly the KC-135 Stratotanker

The events of Jan. 20 are now just a memory for the Mnichs but the stories will last a lifetime.

We stood almost a mile away from the stage during the swearing in at noon with over a million other people, and then, some 10 hours later, Jeff and I were standing 15 feet from the newly-elected president of the United States!" said Jan. Jeff wore his formal military

uniform for the gala ball while his father served the role of taxi cab driver, transporting Jan and Jeff to and from the ball.

Who knows, maybe one day Jeff will have something else in common with President Obama if and when he decides one day to run for elected office, a decision he does not rule out in the future.

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#### REBECCA K. COMPLIMENT

Age 63. January 25, 2009. Beloved wife of Henry. Dear sister of Phyllis McLeod, Patricia Hancock & Gerald Turner, Funeral Service was held Wednesday at St Joseph Church Memorial donations may be made to Karmanos Cancer Institute, 4100 John R., Detroit, MI 48201. On line sympathy message at www.obriensullivanfuneralhome.com

#### DANIEL ROY KENNEDY

Of South Lyon, MI. Age 57, died suddenly January 19, 2009. He was born December 13, 1951 in Detroit, MI the son of Calvin and Jane (Halle) Kennedy. Daniel was currently employed as a truck driver with Schneider Trucking He is a member of the Coast Guard Auxiliary and was a member of the Michigan Skin Diving Council Survivors include his parents Calvin and Jane of South Lyon his daughters; Kathleen of Algonac and Margaret of New Baltimore and his brothers; David of South Lyon, Brian (Marsha) of Ubly, Mi and Paul of Hamburg A Healing Farewell was held 11.00 am Saturday, January 24, 2009 at Borek Burial in Fairview Jennings Cemetery in Brighton Memorial contributions are suggested to the family for future designation Please leave a Message of Comfort to Daniel s family by calling 877-231-7900 or visit and sign his guestbook at www.borekjennings.com

#### JESSE F. "JACK" WESTMEIER

Age 92 Passed January 18th. Memorial Service with Military Honors January 31, 11 a m. at Grace Lutheran Church, 25630 Grand River (at Beech Rd ), Redford. In lieu of flowers, donations to Grace Lutheran Church, The Lutheran Choralaires or Northville VFW 4012.

#### HERBERT E. "RED" ZACHOW JR.

A long time resident of Milford, died on Jan. 23, 2009. Funeral Services were held at Lynch & Sons, Milford, on Monday, Jan. 26, 2008. Mem-orials may be made to Clinton Valley Council of Boy Scouts of America.

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Leonard (Agnes) Kotarski of South Lyon and Kenneth (Margaret) Kotarski of Harrison Twp.; grandchildren: Deborah Higgins and Randy Kotarski; and great-grandson Jason Higgins. She was preceded in death by her husband Leonard Kotarski. A Funeral Mass was held at St. Joseph Catholic Church on January 27, 2009. Memorial Contributions may be made to St. Joseph Catholic Church, 830 S. Lafayette, South Lyon, MI 48178. Funeral Arrangements entrusted to PHILLIPS FUNERAL HOME. Online guestbook www.philipsfuneral.com

#### **GEORGE C. REGAN**

Age 80, of South Lyon, passed away January 24, 2009 Mr. Regan was born on November 20, 1928, in Chicago, to F. Weldon Sr. and Adriana (Wilke) Regan. George moved to South Lyon in 1954 and worked for C&O Railroad. On September 10, 1955, he married Jean L. Wortley in Milford. Most of his electrical career he worked at Ingersol Rand in Farmington Hills. He retired from General Motors in 1995. Mr Regan was an active member of St Joseph pansh and served as an Extraordinary Minister. He was a lifetime member of the Knights of Columbus, the Father Edmund Battersby Council No. 7586 and also of the Carmelites. George and Jean have a Raspberry Farm and have enjoyed their customers for 28 years. George is survived by his loving wife Jean; his six children Joan (Craig) Dow of Shepherd, George (Rene) Regari of Webberville, Martha Gauss of Dexter, Anne (Randy) LeFevere of Gregory, Paula (Brad) Braun of South Lyon, and Gregory Regan of South Lyon; four brothers, three sis-ters; 11 grandchildren, seven step-grandchildren, and three greatgrandchildren. He was preceded in death by his parents, three sisters, and one brother. Visitation was held Tuesday, January 27 at PHILLIPS FUNERAL HOME, South Lyon, from 1:00-900 pm. The Mass of Christian Burial was celebrated at St. Joseph Catholic Church, South Lyon, at 11:00 am Wednesday, January 28. Memorial Contributions may be made to Alzheimer's Association Michigan Great Lakes Chapter, 310 N. Main St., Suite 100, Chelsea, MI 48118-1291 or to St. Joseph Parish, 830 Lafayette, South Lyon. Online guestbook www.phillipsfuneral.com



#### JAMES P. WALDEN

Age 84. Of Howell, formerby of South Lyon. Passed away Saturday, January 24, 2009. He was born April 19, 1924 in Detroit, the son of Ralph S. and Stella I. (Morse) Walden. Beloved husband of Mildred R. (Stueckle) Walden whom he married May 26 1951 in Northville. Dear father of James D. (Mary) Walden of Wolverine Lake, MI and Jan (Gary) Britigan of Naperville, IL. Also survived by grandson, Jeffrey Walden of Mountain View, CA and granddaughter, Stephanie Walden of Wolverine Lake, MI. James was a graduate of Walled Lake High School in 1942, a World War II Army veteran and had retired in 1979 from GM Proving Grounds. Funeral services were held Monday, January 26 at St. John's Lutheran Church, Fowlerville, Burial in Glen Eden Cemetery, Livonia. Arrangements by MacDonald's Funeral Home, Howell (517-546-2800). Memorial contributions may be made to Medilodge of Howell or St. John's Lutheran Church Please visit the family's online guestbook at www.macdonaldsfuneralhome.com



**OBITUARY POLICY** e-mail your obit to: HTWObits@hometownlife.com

Or fax to: Attn: Obits c/o Jennifer Musztuk 586-826-7318

For more information call:

Jennifer Musztuk . 586-826-7115 The first seren 'billed' have of an obtuary are published at no cost All additional hnes will be charged at \$3 per line you may place a photo of your loved one for an additional cost of \$25 Symbolic emblems may be included at no cost (erample' American Flags, religious symbols etc.) symbols etc.)

Deadline: Tuesday at 10 am for Thursday Obituaries received after these deadlines will be placed in the pext available issue else in common. Jeff served in (refueler/cargo carrier).

#### **NORTHVILLE ENGAGEMENT**

#### Kinsman & Riha

Jennifer Kinsman and Thomas Riha are engaged to be married on March 28,2009 at Collingwood Presbyterian Church in Toledo, Ohio.

Jennifer is the daughter of Doug and Valerie Kinsman of Archbold, Ohio.

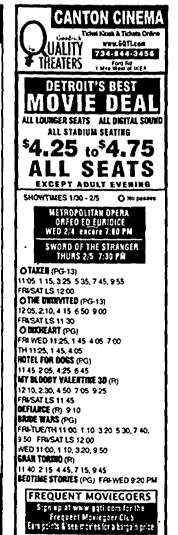
Thomas is the son of Tom and Martha Riha of Northville.

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#### iPods stolen at Meijer

A man and woman forced open the iPod display case at the Meijer store at 20141 Haggerty Road at Eight Mile Road, stole about 50 iPods and left the store undetected about midnight on Jan. 19.

That same morning, four additional Meijer stores had numerous iPods stolen in the same,manner and by possibly the same suspects. The Washtenaw County Sheriff's Department arrested a man and woman from Indiana later that morning and recovered numerous stolen iPods.

The case is still under investiga-

#### tion with charges pending.

#### Driving, no license

A woman was arrested for driving while her license was suspended at 6:51 a.m. on Jan. 13 at Seven Mile and Haggerty roads.

An officer initiated a traffic stop because the vehicle's driver's side headlamp was not working.

He noticed that the vehicle also did not have a metal license plate but a paper plate in the window. The woman admitted to not having

a license and said she was trying to drive to work.

#### NORTHVILLE TOWNSHIP POLICE BRIEFS

#### Home invasion reported

A resident on Mulberry Court told police that someone rummaged through her vehicle between 9 p.m. Jan. 19 and 8:30 a.m. Jan. 20.

A female caller said she woke up on Jan. 20 and went outside to take her child to the school bus stop when she noticed she had accidentally left her garage door open and that the driver's side door was ajar on the vehicle in the garage.

Papers had been strewn about, and the center console was open. Missing items included about \$5 in change and a Nintendo D.S. with an 80game chip inside with an estimated

value of \$200.

When police asked if she had checked the other vehicle parked in the driveway, she said she had not. Police found papers strewn about and the center console open on this vehicle as well.

Only about \$5 in change was missing from this vehicle.

#### **Retail fraud arrest**

A man was arrested for shoplifting at the Kroger store at 17447 Haggerty Rd. at 4:50 p.m. on Jan. 20.

A loss prevention employee watched as the man pushed a shopping cart with soft drinks and beer in it.

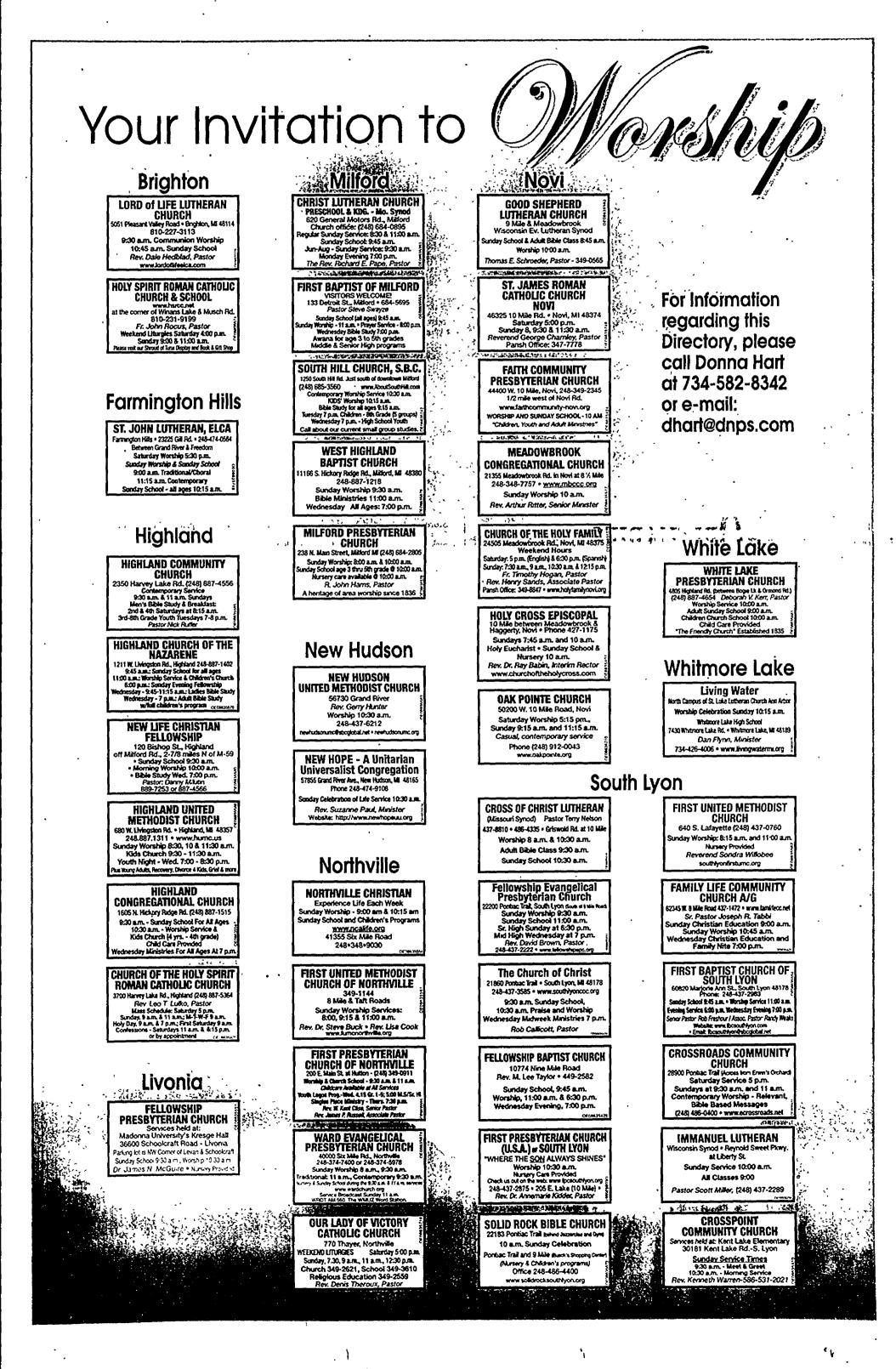
He then saw the man select a summer sausage from a display rack and proceed to the doors of the store without offering to pay for the items.

Two loss prevention employees then approached the man outside the store, identifying themselves.

The man tried to flee but fell in the parking lot. He was then handcuffed and escorted to the loss prevention office to await police's arrival.

Total value of the merchandise was \$40.83. The man cut on his nose and forehead when he fell but refused treatment.

Compiled by Pam Fleming



ALLERANGERERANDER LELERECTURIZISER RELEASED IN .

LALLELLA CALESSER

Community Weeklies | Thursday, January 29, 2009 (WO)

# ADVERTORIAL **88** The road to a new you

#### FOOD FOR THOUGHT

Two out of every three Americans are overweight or obese — defined as having a body mass index over 25.

Obesity and being overweight may cause serious health problems. Diabetes, heart disease, high blood pressure and problems with mobility are just some of the significant health consequences of being overweight. Even if you're not overweight, many of these illnesses may be prevented by a balanced diet and by an active lifestyle.

You don't need to go to the gym five times a week to be healthy. For instance, a 45 minute walk at a brisk pace (3 to 4 miles an hour) can burn up to 300 calories.

In order to lose weight, you have to burn more calories than you consume.

Most restaurants serve more food than one person needs at one meal. Take control of the amount of food that ends up on your plate by splitting an entrée with a friend, or asking the wait person for a "togo" box and wrap half your meal as soon as it's brought to the table. Take the leftovers home, refrigerate and enjoy another meal or a snack tomorrow.

Instead of an alcoholic beverage, try a diet soda or club soda with fresh lemon or lime. You will consume less calories.

Try mixing 100 percent fresh fruit with club soda for a refreshing alternative to soda or packaged drinks.

# Start small

Improve your fitness, well being with small changes that pack big results

#### BY NIKE HOGAN SPECIAL WRITER

Are you determined to make a big change in your health? Start small. Even the slightest changes in your daily life can vastly improve your well-being. The first changes can be made

in the morning. "Eat breakfast," said registered

dietician Kevin Sarb. "It gets your metabolism going." Sarb holds a master's degree

in nutrition and has 30 years of experience in the field. Currently a nutrition coach in

Novi, Sarb said his job is all about taking the complicated concepts of the human body and "breaking them down into terms people can understand."

Sarb recommends that a person eat between five and six moderate meals and snacks in a day.

"It keeps your blood sugar steady throughout the day," Sarb said.

When choosing what to eat, Sarb suggests organic foods. If organic is too pricey, Sarb recommends'low-fat'daity products'and

foods with simple carbohydrates, like fruits. But improving health isn't just

about what you eat - it's also about what you do. For those with deskbound jobs, Sarb has a few tips for keeping the metabolism up while working.

Look for patterns to raise your metabolism," Sarb advised. "I tell people to put a box at their desk to put their computer on, so they

"We are open 24 hours a day, so we make it convenient to work out on a busy schedule. And we'll make sure you don't miss your favorite shows." To kick-start your workday,

Rochon recommends a 15-minute cardio routine in the morning to boost metabolism throughout the

day. Trainers also are on-hand at Snap Fitness to personalize workouts, so less time is wasted on the wrong exercises.

Boo Sadikot, certified trainer and owner of Fitness Together in Novi, said achieving your fitness goals can be easier if you have a personalized plan.

"We're a private personal training studio, so we definitely help our clients make small changes by holding them more accountable," Sadikot said. "In this environment, there is never a distraction or waiting for equipment."

Each client receives an individualized exercise plan tailored to their goals and capabilities so that training can be immediately effective.

**Trainers at Fitness Together** will also modify your food intake with a safe and easy -to-follow meal plan.

Fitness professional Dave Pacheco says stretching at your desk can put off body fatigue a little longer. He recommends an overhead stretch every 15-20 minutes.

But Pacheco would rather see a person set aside a good amount of time for their health.

"If your body is not performing



PHOTO BY MIKE HOGAN

South Lyon Snap Fitness Manager Sharon Sower demonstrates simple stretches using an exercise ball at work. Replacing the average desk chair with an exercise ball at work will keep you in motion all day. Take short breaks to pace around the office to keep your metabolism and energy levels up.

#### **CHANGE IT UP**

#### If you normally...

Drive to work distant with an Walk, rollerblade or bike Park as close to the store Drive the kids home from school Let the dog out back Take the elevator Have lunch delivered Relax while the kids play Use a shopping cart

#### Try this instead!

Park further away Walk to pick the kids up Take the dog for a walk Take the stairs Walk to pick up lunch Get involved in the activity Carry a shopping basket

Source: The U.S Department of Health and Human Services, www.smallstep.gov

Try to work activity into your daily life by setting realistic goals. Activity doesn't have to take up a lot of time in your day — in fact, many people find that they can significantly increase their activity just by taking a few small steps.

#### Source: The U.S Department of Health and Human Services, www.smallstep.gov

while they work.

Sarb also recommends replacing the average desk chair with an exercise ball, which keeps a person constantly in motion all day. Even small actions that keep you moving are helpful, according to Sarb. He suggests taking short breaks to pace around the office, or just bouncing your leg or tapping your foot.

#### Get off the couch

Changing your night-time routine from couch potato to treadmill walker is an easy way to burn calories without missing your favorite prime time TV shows. "Instead of going home and watching TV, make it a point to exercise," said Carol Rochon, owner of Snap Fitness in Novi.

at your dest. oure not going to do a good job," Pacheco said. Pacheco, a fitness profes-

sional for more than eight years, is a certified member of the International Sports Sciences Association and is one of several ISSA certified trainers at Snap Fitness in South Lyon.

#### 'A' for effort

For Pacheco, making that big health change takes more than rules or plans. It involves a bit of mental effort, a foundation to build your changes upon.

You need the right foundation to stay motivated," Pacheco said. "Whether it's a professional (consult) or a book, some kind of drive to help you stay on track."

This foundation can include

picking the right workout program or the right nutrition program, which can be found easily by speaking with a certified trainer or nutritionist. Pacheco suggests using a trainer because it encourages accountability, or another person to keep the prog-

ress going. In order to keep these small changes, Pacheco encourages his clients to continue to make the best choices.

\*Baked instead of deep-fried, broiled not sautéed," Pacheco repeated.

But the first step is just to make a decision to start.

Within the first week, that first bit of training, we see that people are a little more energetic," Pacheco said.

Sharon Sower, ISSA certified trainer and manager of Snap Fitness in South Lyon, said that first step involves dumping some tired ideas about the gym.

"Gyms are now user-friendly," Sower explained. "All walks of life, from teenagers to senior citizens, belong in the gym."

To Sower, these small changes lead to big changes, and not just physically. "We see a lot of people who

change themselves outside and we see them change inside, too," Sower said.

They have more confidence and more self-esteem."



#### www.bometownlife.com

The latest in eyewear trends, procedures

# **ADVERTORIAL** Ioday's Hea The road to a new you

# The HEALTH Spot

#### **Health Education**

Join Dr. Keri Topouzian Feb. 11, 2009, at **Specialty Medicine** Compounding Pharmacy in South Lyon for an informative lecture on fitness, metabolism and health-related issues. Call 248-446-2643 for more information (see advertisement below).

#### Foot fitne'ss

Arch/heel pain, corns, calluses, bunions, ingrown nails, sprains and more - your feet take quite the beating, especially when after you've chosen to become more active. Don't let painful feet get in the way of your fitness resolutions. **Call South Lyon Foot** & Ankle Specialists at 248-486-8886 (see advertisement below).

10 DING

BY ANY SKININ SPECIAL WRITER

If you're ready to try a new look for the new year, don't forget about your eyes. A new pair of glasses can offer you a quick style upgrade while improving your vision. This year, rectangular

frames are big, with designs around the temples for women and a heavier, European look for men, according to Lisa Dubuis of Henry Ford OptimEyes in South Lyon.

A popular new line of frames for men is the Randy Jackson collection, designed by the "American Idol" judge for which it was named. That's the latest one that we

just got in," said Dubuis. The list of popular women's brands reads like an inventory of designer handbags, with .

names like Juicy Couture, Valentino, Bebe, BCBG and Kate Spade. Dubuis expects the big styles now will stay popular for a while — "at least a couple of years," she said.

Of course, it's also important to take into account what will look good with your facial shape. Dubuis said a good rule of thumb is to look at frames opposite the shape of your face. A person with a round face, for example, would best be able to pull off rectangular frames. Also remember to take skin tone and facial size into account when selecting new glasses. You don't want to pick a frame in a color that will wash you out or in a size that will look too big or too small.

If you can't figure out what looks best on you, just ask. Dubuis and other employees are there to help. 11.1.1.1.1. 1.1.1

While you're thinking about new glasses, don't forget to protect your eyes from the sun with a new pair of sunglasses. As well as looking stylish, sunglasses also shield eyes from harmful UV rays. Exposure to UV rays from sunlight has been associated with the development of cataracts and agerelated macular degeneration.

Update your eyes

This year, bigger is definitely better, especially for women. Expect to see a lot of oversized, plastic frames both in stores and out on the street. "We are finding that women's fashion is more of the thicker, colorful plastics or a completely rimless, nude look, like you're not wearing anything at all," said Tom Hein, owner of Heinsight Optical, the only private eye practice in Milford.

"People are getting away from the kids sunglasses, like Oakley, and they're going for a classier look, like Maui Gym, Kate Spade and Coach." Frame lines for kids are especially popular this year

too, with Hannah Montanaand High School Musicalinspired looks all the rage for kids.

"Kids used to cry when they had to get glasses, now they cry when they can't get glasses," Hein said. "We have kids , that come in and flunk the eye ~

test on purpose because they want glasses so bad."

a popular look for women this year.

Glasses not your style?

If you would rather not deal with glasses - no matter how stylish - at all, there are several new choices in contact lenses

"People are getting away from the two-week disposable lenses and we're having more requests for the daily disposables, which are healthier for the eyes," Hein said. "The pric-- es are coming down more and more and they're available in all prescriptions now, including astigmatism."

Lisa DuBuis of Henry Ford OptimEyes in South Lyon said rectangular frams with designs around the temples are

A more permanent solution for people ready to go glasses-free is LASIK surgery. The current procedure uses two lasers to cut a flap in the cornea, then re-shape it. Past versions used only one laser, and unlike when the procedure was in it's early days, it can now fix vision problems beyond nearsightedness. ", "It can be done for everyone,

if the patient is qualified," said Philip Kontry, D.O. of **OptimEyes.** Conditions that would disqualify a patient include thin corneas, past corneal injuries, dry eyes and autoimmune diseases. To find out if you're qualified, consult your eye doctor.

LASIK surgery is performed in a doctor's office on an outpatient basis, and involves no general anesthesia. In most cases, people can return to work the day after having the procedure.



PHOTO BY AMY SKIMIN

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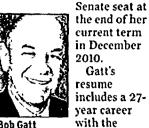
# Novi's Gatt seeks Sen. Cassis' seat

#### City Councilman prepares for run

Bob Gatt of Novi has formed a committee to prepare a run for the Michigan Senate 15th District seat, presently held by the Novi's Nancy Cassis. Michigan term limit law mandates that Cassis must vacate her

Gatt's

Novi Police



8ob Gatt

Department, a bachelor's degree in business from Wayne State University and a master's degree in liberal studies from Eastern Michigan University. Gatt is currently the chief of Operations for **Oakland County Community** Corrections and a sworn law enforcement officer.

In 2003, Gatt was elected to Novi City Council for a four-year term. He was reelected in 2007 for a second term. Recently, Gatt was appointed to be Novi's mayor pro-tem.

With the Senate election still nearly two years away, several prominent local and regional political leaders are already offering their endorsements and backing

*;*\*

for Gatt. Regional businessman and owner of the Rock Financial Showplace, Blair Bowman, is an early supporter.

"Gatt is an outstanding leader. With his diverse background and his commitment to excellence, I can think of no one who is better qualified to be our next State Senator than Bob Gatt" said Bowman.

Also supporting Gatt . is Oakland County Commissioner Kim Capello, the former Novi mayor protem.

"Bob Gatt will bring experience, leadership and fresh ideas to the Michigan Senate. We need him and his conservative s pending approach in Lansing now more than ever' said Capello.

Additionally, Novi Mayor David B. Landry, Novi City **Councilperson and Oakland** County Republican Party Treasurer David Staudt, Novi City Councilperson Terry Margolis and Novi City Councilperson Brian Burke have already pledged their endorsement and help to Gatt.

Gatt, married and the father of six children, said that he has the perfect background to tackle the State Senate issues.

"I will set my priorities, and stick to them" said Gatt. Zeroing in on what he calls

#### CASSIS RETURNS MORE THAN \$213,000 TO STATE

State Sen. Nancy Cassis announced that during her terms as a senator, she has been able to save more than \$213,000 in her office and committee budgets by being fiscally responsible.

"Michigan is facing a budget shortfall this year and next," said Cassis, R-Novi. "I am just doing my part as a legislator to reduce spending in these difficult times. My office has led by example in making smart spending decisions that have reduced operating costs while maintaining quality service to the community. This could not have been achieved without the input and cooperation of my very competent, conscientious staff."

Since joining the Michigan Senate in 2003, Cassis has returned \$203.372 from her office and staff budget and \$9,714 from her Senate Finance Committee budget.

"I am extremely proud of my fiscal record," said Cassis. "As chair of the Senate Finance Committee, I want to set an example of fiscal responsibility. I have taken the initiative to manage taxpayer dollars wisely in my office. Having realized savings in my office budget, I know that there are potential cost savings to be found throughout state government."

the number one priority for the state, Gatt said, "First, it is critical that we focus on creating new jobs for Michigan while supporting and retaining the businesses that have made Michigan the great state that it is. Second, we have to examine the way we operate our Corrections Department. We're running out of time and we're running out of money. We need fresh, innovative ideas about how to house our prisoner population. During my 34 years of law enforcement experience, it has become abundantly clear that our state prison system is broken. It needs a

major overhaul. The State is bleeding money through the Corrections department. It's going to take someone with my background to fix it. We need strong leadership in Lansing and I have prepared my whole life for this oppor-

Gatt maintains that he is not a "business as usual" poli-

"I'm passionate, I'm driven, I'm honest and I stay be asking for your support. I will be asking for your ideas. help. And, I will be listening.

**GARY S. WEINSTEIN** 

GEMOLOGIST.

POLICY FROM PAGE AI

#### SAME INFORMATION NEEDED

After some of the "he said, she said" talk following the Edenderry vote, with several residents wanting to change their vote after the fact, the township believes it's imperative all residents receive the same information and that it's accurate.

Weaver said he talked to some local attorneys about the topic, as well as Farmington Hills and **Canton Township officials** about how they handle their special assessment districts.

Michigan's Public Act 188, established in 1954, is the law that governs SADs.

"We would like to rely on state law," Weaver said. "It's pretty clear and concise. We could even place it on our Web site.'

Right now, the township requires a group to submit a petition for an SAD plus a \$300 fee.

"Once we get a petition, we must hire engineers, then schedule a public meeting. If there are major changes in the request, we would ask the petitioners to contact us.

More than 50 percent of property owners affected must sign the petition for the township to even investigate costs, use staff time and hire a consultant. Under the new proposed policy, once an assessment cost is determined, owners would be notified by mail about an informational meeting.

"Then, if they're still interested, we would go through the petition pro-cess," Weaver said. "The purpose of the meeting is to see if the petition is valid." Any suggestions on perhaps a cheaper way to do

the work would be brought up during this meeting.

'We'd want to hear from people who have a prob-lem with the assessment," Weaver said.

If an assessment is approved, the first payment would be on Feb. 14 of the following year.

Some said one of the problems with the Edenderry situation is that the subdivision doesn't have a formal homeowners' association that could have communicated facts to all the residents.

**Trustee Marv Gans** believes the problem was a combination of the current economic climate and the overall cost of the road replacement, which will be about \$11,250 per petitioner over a 15-year period. Trustee Sue Hillebrand

thinks the township should send every petitioner a copy of the petition.

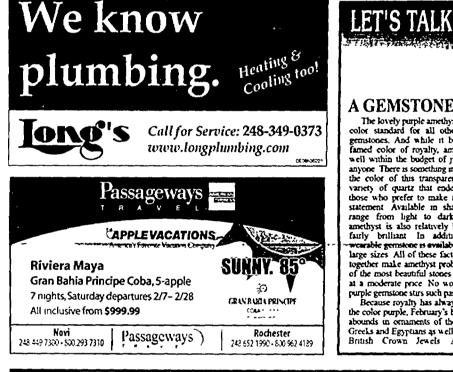
Supervisor Mark Abbo agreed, adding that the township should also send a letter outlining the details of the proposed assessment so the township can control what facts are being distributed.

Trustee Margie Banner said it also needs to be made clear when people cannot offer or reject their support of an assessment. Weaver said if costs increase during the process, however, that those who previously supported an assessment could change their minds.

Abbo asked Weaver to develop a flow chart on the proposed new SAD policy for further review by the board. Weaver added that he would not include the \$300 fee for an assessment petition under the new policy.

pfleming@gannett.com (248) 349-1700, ext 260





# A GEMSTONE WITH ROYAL BEARINGS

Valentine is said to have

The lovely purple amethyst sets the color standard for all other purple genistones. And while it boasts the famed color of royalty, amethyst is well within the budget of just about anyone There is something inherent in the color of this transparent purple variety of quartz that endears it to those who prefer to make a fashion statement Available in shades that range from light to dark purple. amethyst is also relatively hard and fairly brilliant. In addition, this wearable genistone is available in very large sizes All of these factors taken together make amethyst probably one of the most beautiful stones available at a moderate price No wonder this purple genistone stars such passion?

Because royalty has always adored the color purple, February's birthstone abounds in ornaments of the ancient Greeks and Egyptians as well as in the British Crown Jewels And St

worn an amethyst engraved with the figure of a tiny Cupid, making romance a "miss" at least occe a year Amethyst is also a wrse jewelry choice because fine quality gems are available at relatively low prices. Let us help accessorize your wardrobe with rich, regal amethyst jewelry from WEINSTEIN JEWELERS OF NOVI, 41990 Grand River Are PH-248-347-0303 We are licensed by the city of Novi to offer loans on jeweiry. Our regular business hours are: Tues. 10 a.m.6p.m, Wed. 11 a.m.6p.m, Thurs & Fri 10 a.m.-7 p.m, Sat. 10 a.m. 4p m, Sun & Mon we are closed.

Amethyst, the birthstone for February, has been included in royal collections from the ancient Egyptians to the British crown jewels.

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focused" said Gatt. "I will I will be asking for your Really listening."

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NT & Your swings federally instead by it lease \$250,000 and hydred by the full lists and medicial the Listerd Scales Government 😡 Equili Housing Lender #2009 Community Environ

#### **CITY OF NORTHVILLE** NORTHVILLE HOUSING COMMISSION **REQUEST FOR PROPOSALS** ALLEN TERRACE BALCONY REPLACEMENT

The City of Northville - Housing Commission requests sealed proposals to replace eighty-four (84) balconies located at Allen Terrace.

Requests for Proposal Forms, Drawing and Specifications are available at NSA Architects, Engineers, Planners, 23761 Research Drive, Farmington Hills, MI 48335. Questions regarding job specifications and job-site conditions shall be referred to Mr. Chris Arnold at NSA, at (248) 477-2444. Each bidder will be allowed one copy of the specifications for each \$25.00 non-refundable fee paid, checks payable to "NSA Architects, Engineers, and Planners". A pre-bid conference (mandatory) is scheduled for Tuesday, February 10, 2009, at 2:00 p.m. at the Allen Terrace, 401 High St , Northville, MI 48167 (248) 349-8030.

This is a federally funded project. The contractor and subcontractors on this project must comply with HUD contract provisions 24CFR part 85 36(i), the Davis-Bacon Act, Nondiscrimination, Equal Employment Opportunity, Affirmative Action, Section 3 requirements, Anti-Kickback Act, Federal Occupational Safety and Health Act and Department of Labor Standards and Regulations as set forth in the Contract Bid Documents. This municipality is an equal opportunity employer, business owned by women or minorities are strongly encouraged to bid.

An original proposal and two (2) copies must be submitted by Tuesday, February 17, 2009 at 2:00 p m. at which time they will be opened and read to: Dianne Massa, City Clerk, 215 West Main Street, Northville, MI 48167. Proposals must be sealed in an envelope marked "Allen Terrace Apartments - Balcony Balcony Replacement Proposal". Faxed and emailed proposals will not be considered.

The City of Northville reserves the right to accept and/or reject any or all proposals and to waive any irregularities in the proposals that are in the best interest of the City of Northville. Persons with disabilities, who require assistance to participate or attend this public meeting, are requested to contact the housing director at the above number at least 72 hours prior to the start of the meeting.

An electronic version of this Request for Bid can be obtained from the City's web site.

http://www.ci.northville.mi.us/Services/PurchasingAndRFPs/ ProposalsBids.htm

SHERRY NECELLIS, HOUSING DIRECTOR DIANNE MASSA, CITY CLERK Publish, January 29, 2009

LOCATION, 200 E. Main St. CONTACT: (248) 349-0911 or visit firstpresnville.org Sunday Worship TINE: 9.30.11 a.m. Walking in the Park TIME/DATE: 10-11 a m. every Saturday LOCATION: Weet at the Visitor's Center of Heritage Park (Farmington Road between 10 and 11 Mile roads) **DETAILS:** Group meets for lunch afterwards. CONTACT: Sue (734) 459-0016 Single Place Ministries TIME/DATE: 7:30 p.m. social time: 7.45 p.m. opening; 8-9 p.m. program, every Thursday. **DETAILS:** Informative and entertaining programs of interest to singles; \$5 per person. Check Web site for details singleplace.org. **Divorce Recovery Workshop** TIME/DATE: 7:30-9 p.m. Thursdays to Feb. 19 DETAILS: Regardless of age or circumstances, this workshop helps in a healthy recovery. Northville Women's Club Meeting / Local Events TIME/DATE: 1:30 p.m., Feb. 6 **DETAILS:** Paul Kavieff will be the guest speaker, discussing the "The Purple Gang". This day will also be a quest day.

CONTACT; 248-349-3064 JII Engerer

#### GAK POINTE CHURCH

LOCATION: 50200 W. 10 Mile Road CONTACT. (248) 912-0043 or visit oakpointe.org **Worship Services** TIME: 515 p.m. Saturday: 9 15 and 11 15 a.m. Sunday **ReNew Life Ministries** TIME/DATE: 7.15-9 p.m. every Monday **DETAILS:** Ongoing Life Groups that support and facilitate personal growth, healing, learning and change from a Christian perspective. CONTACT: For more information or to register call (248) 912-0043 or visit oakpointe org **Charmed Influence** TIME/DATE: 9.30 a m. every Wednesday DETAILS: Studying the book "Surviving a Spiritual Mismatch in Marriage". CONTACT: Joy Ruby at joy@oakpointe org or call the church

#### FIRST UNITED METRODIST OF RORTHFILLE A Stephen Ministry church LOCATION 777 W. Eight Mile Road-... CONTACT; (248) 349-1144 or fume-

Name of the second

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northville.org Sunday Worship TIME: 8, 9:15 and 11 a m. Coffee hour at 11 a.m. **Healing Service** TIME/DATE: 4 p m. first Monday of every month **Radical Joy** TIME/DATE: 6-8 p m. first and third Thursday of every month. **DETAILS:** All women seeking to

FIRST PRESETTERIAR COURCE OF HORTHYILLE TIME/DATE: 5:15-8:15 p.m. every Wednesday, through May. DETAILS: For children in grades 4-12. Every week, this four part program includes Bible study, dinner, choir/ worship and activities.

#### NOVI UNITED METHODIST

LOCATION: 41671 W. 10 Mile Road CONTACT: (248) 349-2652 or visit umcnovi.com Sunday Worship TIME: 9:45 a.m. Healing Service and Holy Communion TIME/DATE: 9.45 a m. first Sunday of every month Peace Vigil TIME/DATE: Noon, first Sunday of every month LOCATION: In front of the church DETAILS: Members of the congregation and the community will stand united in prayer for peace. **Advent Service** TIME/DATE: 9.45 a.m. Sunday

#### WARD EVANGELICAL PRESBYTERIAN COURCE

LOCATION: 40000 Six Mile Road CONTACT: (248) 374-7400 or (248) 374-5978 Sunday Worship TIME: 8 a.m., 9:30 a.m. and 11.0 a m. Traditional: 9:30 a.m. Contemporary. Nursery and Sunday School during the 9:30 a.m. and 11 a.m. services. Service Broadcast DETAILS: IF a.m. every Sunday on WRDT-AM 560, The WMUZ Word Station. Single Point Ministries - 45 and older TIME/DATE: 11 a.m. Sunday for fellowship and Bible study. Single Focus Ministries - 35-50 years TIME/DATE: 9:30 a.m. Sunday to deepen your personal relationship with Christ. Single Purpose Connexions - 20-30 years TIME/DATE: 11 a m. Sunday in the Chapel for singing, Bible study, and fellowship. **DETAILS:** For single adults. Active ministry offering various Bible study classes, volleyball, bicycling group, tennis group, support groups, support group for widowed over age 50, fellowship, friendships and more. Contact the number below for more information. CONTÁCT: (248) 374-5920 **Grief workshop** 

TIME/DATE: eight week beginning

CHURCH EVENTS

on February 9 from 7 to 8:45 p.m.

**DETAILS:** Grief workshop, From Grief

to New Hope. This free workshop is

open to the community and will be

of New Hope Center for Grief

presented by Cathy Clough, Director

Support. Each session will begin with

a presentation about one aspect of

ticipation led by trained facilitators.

Attendees will be placed in groups

with others who have had similar

losses. The workshop will meet for

eight consecutive Monday nights. For

registration information call Barb at

Ward Presbyterian Church at (248)

374-5943. For information about

other age and loss specific grief

support groups offered by New Hope

Center for Grief Support call (248)

**Bible Studies and Prayer Nights** 

TIME/DATE: 7 p.m. Mondays Room

TIME/DATE: 6'30 a.m. Wednesday

TIME/DATE: 7 p.m. second andfourth

CEURCH OF THE HOLY FAMILY

LOCATION: 24505 Meadowbrook

CONTACT: (248) 349-8847 or visit

TIME/DAY: 7:30, 9, 10:30 a m. and

12:15 p.m. Sunday; 9 a.m. Monday,

Wednesday, Thursday, Friday: 6:30

a.m. Tuesday, Wednesday, Thursday;

7 p.m. Tuesday; 5 p.m. (English), 6:30

Holy Days: 9 a.m., 5:30 and 7:30 p.m.

Reconciliation: beginning 9 a m.

Saturdays or by appointment

TIME/DATE: 10-11 a m. last

Wednesday of each month

DETAILS: Free, informational meet-

ing open to all adoptive families in

Oakland County. Child care is avail-

DETROIT FIRST CHURCH OF THE NAZARENE

LOCATION: 21260 Haggerly Road.

CONTACT: (248) 348-7600 or visit

Sunday Schedule: 9:15 a.m. Worship

service with Praise Band, children's

Fellowship; 10.15 a m. Fellowship and

Sunday School and Adult Bible

north of Eight Mile Road

dfcnazarene.org

able. Registration is required.

**Adoptive Parent Networking** 

Single Adult Ministries office

Learner's Bible Study

**Men's Bible Study** 

Single's Bible Study

Mondays, Room C309

holyfamilynovi.org

p.m. (Spanish) Saturday

Meetina

**Mass Schedule** 

348-0115.

A101

Road

grief followed by small group par-

refreshments; 11 a.m. Traditional worship service, Children's Church, Youth Sunday School and Adult Bible Fellowship: 6 p.m. Evening Service. Children's program, Youth Worship Service

Tuesday Schedule: Tuesday 9:30 - 11.15 a m. Women of the Word Bible Study with childcare available for through age 5; 6:45 p.m. Ladies Evening Bible Study; 7 p.m. Men's **Evening Bible Study** Wednesday Schedule: 5:30 p.m. Family Meal, \$4 per person, \$12 per family; 7 p.m. Children's Caravan, Club 56, Bible Study, Quilting, Adult **Classes, Youth Blast** Thursday Schedule: 6 a.m. Men of Purpose Prayer Group; 7 p.m. Tae Xwon Do

ST. JANES CATROLIC LOCATION: 46325 10 Mile Road, Novi CONTACT: (248) 347-7778 **Mass Schedule** TIME/DAY: 8, 9:30 and 11:30 a m. Sunday: 9 a m. Monday-Tuesday, 7 p.m. Wednesday; 5 p m. Saturday **Mothers Group** TINE/DATE: 9:30-11 a.m. first and third Wednesday every month, through May 20 DETAILS: Providing fellowship, support and opportunities to grow faith. Childcare available. Suggested donation \$20. Don't have to be a parishioner to join. CONTACT: Becky at (248) 305-5924 or Jeanne at (248) 380-6361

#### FIRST BAPTIST CHURCH OF NORTHVILLE

LOCATION: 217 N. Wing CONTACT: (248) 348-1020 Sunday Worship: 10:45 a m. and 5.45 D.M. Sunday School: 9:30 a.m. Ladies Bible Study: 9.30 a.m. and 7 p m. Tuesdays

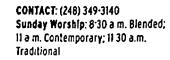
Men's Bible Study: 9 a.m. first Saturday of every month

#### FAITH CONNUNITY PRESBYTERIAN

LOCATION: 44400 W. 10 Mile Road CONTACT: (248) 349-2345 or visit faithcommunity-novi.org Sunday Worship: 10 a m. LOGOS TIME/DATE: 4 30 p.m. every Wednesday DETAILS: For children in kindergarten to 6th grade. Enjoy recreation, Bible study, music and dinner.

ST. PAUL'S LUTHERAN CRURCH LOCATION: 201 Elm St., Northville

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#### KEADOWBROOK CONGREGATIONAL

LOCATION: 21355 Meadowbrook Road, between Eight and Nine Mile roads CONTACT: Rev. Arthur P. Ritter, Senior Minister (248) 348-7757. visit mbccc org or e-mail to office@ mbccc.org. Sunday Worship 10 a m. **YogaFit Classes** TIME/DATE: 7:30 p.m. every Monday DETAILS: Eight weeks, \$55 continuous or \$8 per drop in session. **Merry Widows Luncheon** TIME/DATE: 11:30 a m. fourth Thursday of each month Spiritual Journey's TIME/DATE: 11 30 a m. every Sunday

OUR LADY OF VICTORY CATHOLIC CHURCH LOCATION: 770 Thayer, Northville CONTACT: (248) 349-2621 or olynorthville org Saturday Worship TIME: 5 pm. Sunday Worship TIME: 7.30, 9, 11 a.m. and 12:30 p.m.

#### GRACEPOINTE PRESBYTERIAN CRURCH

LOCATION: The Novi Civic Center, **Council Chambers** CONTACT: Rev. Brian C. Sleeth, Pastor (248) 497-3178 or gracepointe@mac.com, and gracepointepca.org Sunday Worship TIME: 10 a m. **DETAILS:** Nursery staffed by Nanny Poppinz.

#### OUR SREPHERD PRESBYTERIAM CHURCH

LOCATION: 140 N. Center, above Tutto's in Old Church Square, Northville CONTACT: Pastor Bill Burke at (734) 927-0891 Sunday Worship: 11.30 a.m. with fellowship and food after service

#### FIRST BAPTIST CHURCH OF HOVI-FAMILY INTEGRATED COURCE

LOCATION: 45301 W. 11 Mile Road CONTACT: (248) 349-3647 or firstbaptistchurchofnovi.org Family Bible Hour: 9:45 a m. Family Worship: II a m. Bible Study: 6 p m. Family Movie Night: 5:30 p m ; fourth Sunday of every month

TIME: 8:45 a.m. Sunday School and Bible Study; 10 am. Worship

TIME: 10:15 a.m.

#### ST. JOHN LITTLEFUL

LOCATION: 23225 Gill Road, Farmington Hits CONTACT: (248) 474-0584 or visit stjohnlutheran.com Saturday Worship TIME: 5:30 p.m. **Sunday Worship** TIME: 9, 11:15 a.m. Sunday School

Send calendar submissions via e-mail to news@northvillerecord; by fax to (248) 349-9832; or by mail to Church Events/ Northville-Novi, 101 N. Lafayette, South Lyon, MI 48178. Items must be received by noon on Monday to be included in Thursday's newspaper.

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#### HORTHYILLE CHRISTIAN ASSEMBLY LOCATION: 41355 Six Mile Road

CONTACT (248) 348-9030

#### **BOCHARD WELLS SAPITIST CHURCH**

LOCATION: 23455 Novi Road CONTACT, Pastor Jon Hix (248) 349-5665 Preschool/Kids Choir TIME/DATE: 7-8:15 p.m. every Wednesday DETAILS: For ages three to six ongoing event; no need to pre-register; all are welcome.

#### CONSERVATE NEADOWS CONNECT

LOCATION: 29000 Meadowbrook Road. south of 13 Mile Road CONTACT: (248) 669-9400, 9 a.m.-3 p.m. Monday-Thursday or visit www. crosspointemeadows.org Sunday Worship: 9 a.m. and 11:15 a.m. Bible study classes: 10 a.m. for all ages DETAILS: Nursery and older children programs available. Worship blends traditional and contemporary elements resulting in a multi-sensory worship experience.

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#### EPISCOPAL CHURCH OF THE HOLY CROSS

LOCATION: 40700 W. 10 Mile Road CONTACT. (248) 427-1175 or churchoftheholycross.com Sunday Worship: 7.45 a.m., 10 a.m. Sunday School and Nursery Care TIME: 10 a.m. Worship Service Alzheimer's Support Group TIME/DATE: 10 a.m. second Saturday of month

COOR SHEPHERR I HTHERAIT CHINCH LOCATION: 41415 Nine Mile Road, corner of Meadowbrook Road, Novi CONTACT: (248) 349-0565 Sunday Schedule

strengthen their faith and connect with other women are invited to attend, irrespective of church affiliation. Cost is \$25 per four-week session. Sign up for the entire year for only \$60. Dinner is served and child care is available on request. Logos Youth Club

# KNOW THE SCORE check out the numbers in today's SPORT Spection

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"FOUR PAWS

KON-TY PLAS YNEAS) STIFLET & HOWARD

# **Tanglewood Restaurant**

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| Australia Wine & Dinner |
|-------------------------|
| February 3rd at 7:00 pm |
| Four Course Meal        |
| Paired with Four Wines  |
| \$30.00 per Person      |
| Cooking Classes         |
| With Chef Manna         |
| \$10.00 per Person      |
| Call for Details        |
|                         |

**Reservations Required for all Events** 



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Assisting an aging loved one can feel overwhelming, especially in times like these. It doesn't have to. We provide compassionate care, daily assistance and supportive services designed around your loved one's needs. And, to you, we give peace of mind. Let us provide quality care, so you can enjoy quality time with the one who means so much.

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The Fountains at Franklin 248-353-2810 Sunrise on Vernier 313-642-2000 Brighton Gardens of Northville 734-420-7917 Sunrise of Clarkston 248-625-0500 Sunrise at North Farmington Hills 248-538-9200 Sunrise of Ann Arbor 734-327-1350 Sunrise of Bloomfield 248-972-0800

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Please call for care options.



### **IN YOUR VOICE** : Join in discussing our stories online at hometownlife.com

**OPINIO** 



Page 12 (NR) Thursday, January 29, 2009 Community Weeklies

# **OUR VIEWS** Look beyond holidays to help those in need

It sounds simple enough. You need to go to the grocery store to pick up a few things. Nothing special, just some coffee, cereal for the kids, tea, maybe some canned fruit and - oh, yeah - some toilet paper.

Not a big deal, right?

Well, unfortunately, it is a very big deal for a growing number of people, many of whom live right in our hometowns. The list of people needing such basic things grows with each announcement of yet another company planning layoffs.

That list of items amounts to what is most needed in January by Northville Civic Concern, our local organization that is dedicated to helping those in need.

January. The holiday hoopla is over, and so are the pleas for

#### **CIVIC CONCERN**

Northville Civic Concern is an allvolunteer organization whose purpose is to help those in need with food. The food is distributed on the second and fourth Friday of the month, from 10 a.m.-1 p.m., at the offices at 42951 Seven Mile Road. Civic Concern services approximately 100 families in the city of Northville and Northville Township, as well as Focus Hope recipients. Civic Concern is funded primarily by the contributions of Northville community residents. In addition to monetary contributions, Civic Concern accepts donations of canned goods, cereal, paper products, soap and cleaning items, and baby products. Due to the organization's 501c status, all donations are tax deductible. Monetary contributions can be mailed to Northville Civic Concern. P.O. Box 323, or delivered to 42951 Seven Mile Road, Northville, MI, 48167. For additional information, please call (248) 344 1033. Your call will be returned promptly.

donations of money, food and clothing to help our neighbors. But the need is as great - no, greater - than ever before.

There are plenty of ways in which you can help. Here are a few of the organizations which provide food pantries and would welcome your contributions.

The Rochester Area Neighborhood House operates a food pantry that is housed in First **Congregational Church** in Rochester.

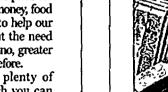
Troy People Concerned acts as a referral agency, while St. Anastasia Catholic Church, also in Troy, has a food pantry.

Good Hope Lutheran Church in Garden City has a food bank that distributes food that serves 500 people - 200 families - each month. It relies on donations and is a partner with Gleaners. Gleaners is one of two major agencies which battle hunger, the other being Forgotten Harvest. Forgotten Harvest, based

in Oak Park, picks up food from restaurants and grocery stores for distribution to shelters and soup kitchens. It doesn't take food from the public, but it does take contributions.

The Plymouth Salvation Army has a food pantry, and it's always taking donations.

That is just a brief sampling of organizations that could use your help. Check with your town hall, service organizations or ocal churches for other ways to offer help Remember, as tight as your own budget is, there are a lot of folks out there who are really hurting.



#### PHOTO BY JOHN HEIDER/NORTHYILLE RECORD

#### Cellar seller

Denise Yezbick organizes some books in the Northville District Library's book cellar during one of its regular Monday book sales by the Friends of Library. The cellar is open Sundays from 1:30 to 4 p.m. and Mondays from 11a.m. to 5 p.m and 6:30 to 8:30 p.m. The Friends uses money generated from these sales to help the library with programming and book purchases.

#### Breakfast and Blankets thanks

The Western Wayne County Obama 2.0 Volunteers would like to thank all those who donated to our Breakfast and Blankets Drive on behalf of Northville Civic Concern. Because of your generosity, over 100 blankets and hundreds of food items were collected resulting in 8,000 servings of breakfast to be provided. President Obama has asked all citizens to return to an "era of respon-sibility" and your doing so has made a difference to many.

We would also like the thank the following establishments for help with providing space for drop-off boxes, supplies, or actual food donations: the Northville Public Library; Solid Grounds Coffee Shop in the Northville Market Square; Novi Road Cleaners

#### **LETTERS TO THE EDITOR**

#### WHAT DO YOU THINK?

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We ask your letters be 400 words or less. We may edit for clarity, space and content. Mait Letters to the Edilor, Northville Record, 104 W. Main St., Suite 101, Northville, MI 48167.

Fax: (248) 349-9832

edition.

E-mail: cstone@gannett.com Deadline: Letters must be received by noon on Monday to be published in the Thursday

Pier One Imports, and Barnes and Noble Booksellers, all at Six Mile and Haggerty roads. Their co-operation on behalf of our drive is much appreciated and helped to make it a success. The

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Northville Record provided valuable information and coverage of our event,

and for that we are very grateful. Demand at food banks across the nation has increased dramatically over the last year and those in Michigan have been particularly hard hit. Northville Civic Concern is a donations-only charity located at 42951 Seven Mile Road. It has been serving hundreds of people in our area for 26 years.

Please continue to think of them when you do your own grocery shop-

Shelves can be stocked, but hunger returns every day. We may not be able to find someone a job, but together and in the spirit of community, we can feed their children.

**Connie McCausland** Western Wayne County Obama 2.0 Volunteers

Marlene Kunz, Director

Northville Civic Concern



#### IN YOUR VOICE

The following are excerpts from readers participating in our online forum for discussing issues, In Your Voices, on the Web at hometownlife.com.

#### Township residents protest timber harvesting

So... the woodlot issue may become pointless very soon. I got word that "probably all" off the walnuts have been removed, some up to 50" diameter (state record is very close to this). The next species is marked, apparently for removal, but I was not told which. These lots were preserved in the 2006 PUD by the developer. A conservancy claims to have made an attempt to purchase these two old growth lots to no avail. Why the Township gave this away and did not act faster I will never know. But this is just something we would have liked to have seen preserved. There are so many bigger issues involved with this "project" that you can't win them all.

Just a warning ... Look out for the deer running across Seven Mile\_www.cpard.org

#### SteveEmsley

#### EDITORIAL: Don't raid trust fund

The state earned royalties from the oil field located on the hospital property for decades; maybe it is time to give back to the community by using the funds to preserve the woodlots.

A good use of the Trust Fund would be to purchase the old growth woodlots on the former Northville hospital site to save them from being cut down by the developer. The developer's own documents states that some of the trees are over 400 years old.

Stevengeb

# Northville Record

#### c) GANNETT

#### Published each Thursday

Cal Stone Community Editor Susan Roslek Executive Editor

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**Jeannie Parent** Senior Director of Sales & Marketing

Our fundamental purposes are to enhance the lives of our readers, nurture the hometowns we serve and contribute to the business success of our customers.

on Novi Road; Big Boy Restaurant and Panera Bread at Eight Mile and Haggerty roads; and Einstein Bagels,

# Inmates release would save \$262 million over 7 years

or years, folks have been trying to find ways to cut state spending on corrections, which now costs the taxpayers more than the state spends on all our colleges and universities.

Now, finally, a breakthrough may have been achieved. (If you think you hear the sounding of trumpets and the beating of drums, you may be right.) A report released last week con-



cludes that releasing prison inmates who have served their minimum sentence would save the state \$262 million over the next seven years.

The only question is whether our lawmakers will buy it. With looming huge deficits and corrections now

costing us \$2 billion a year, they should at least give this solution a hard, hard look.

There is wide recognition that something needs to be done. Legislative experts from both parties, prodded by a wide variety of groups and alarmed at the upcoming fiscal nightmare, have been at work negotiating changes in the workings of the parole system.

And the Council of State Governments' Justice Center (CSG) was commissioned last year to report on possible cost savings.

Their report arrived last Thursday. The reform plan was greeted warmly by legislators from both parties, judges, police officers and prosecutors. But although a good first step, the report doesn't go nearly far enough in cutting costs by the "hundreds of millions" in annual savings called for by a coalition of business, education, local government and nonprofit groups.

The \$262 million is the sum of savings achieved over seven years and amounts to less than a 2 percent cut in corrections spending. And prison experts, police and prosecutors all want to spend much of that on various ways to keep ex-cons from re-entering prison. So the net savings to the state might well turn out to be zero.

And now it turns out the CSG report was carefully pre-negotiated to keep the big (and

contentious) items off the table. A footnote admits that issues of "labor management, where there might be opportunities for increased efficiencies" were left out. Instead, the report concentrated on ideas most likely to achieve consensus.

In other words, the CSG report provided useful "air cover" for the limited agreements reached in advance. But it deliberately didn't get to the heart of the problem: That big and increasing spending on prisons is crowding out other important parts of the budget.

Gov. Jennifer Granholm, for instance, was reported to be grumpy that the report didn't deal with Michigan's sentencing structure, which is unique in the country in the way it requires specific sentences for various crimes and then gives the state Parole Board enormous power to release inmates.

Currently, Michigan puts more people in prison and keeps them there for much longer and at a higher annual cost than other Great Lakes states. Loosening sentencing guidelines and releasing non-violent criminals, elderly and very sick prisoners could reduce Michigan's incarceration rate to that of neighboring states. It would also save us hundreds of millions, according to the Citizens Research Council and Public Sector Consultants.

And the state could save hundreds of millions more by clamping down on inefficiencies, tightening work rules and prison guard overtime and privatizing some prison operations, according to some Senate Republicans and business groups.

Neither of these approaches made it into the CSG report, probably because no one wanted them there just now. The tough decisions are still to come. The budget deficit for the year starting in October is now estimated at \$1.4 billion - and likely to grow. Everybody knows corrections is a good place to save big bucks.

Gov. Granholm won't give her State of the State speech till Feb. 3, at which time she is expected to deliver her budget recommendations, which might call for many millions more in cuts.

Senate Republicans may call for a full audit of the prison system. And the Corrections

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Department itself might decide to push further on its own. The CSG report is just "a step," according to director Patricia Caruso, who adds "we're not done."

Two other big picture items also need to be explored.

Everybody agrees that thousands of prisoners - perhaps as many as a third - are mentally ill and could be treated far less expensively through a system of mental health clinics that would require them to take their medicines. Milton Mack, the thoughtful Wayne County Chief Probate Judge, has written a paper pointing to the closure of state mental hospitals that dumped patients on the streets, where their deviant behavior amounts to "criminalizing the mentally ill."

And groups like the Hope Network have been calling to move medically fragile prisoners to federally funded treatment centers outside the prison system at considerable savings to Michigan taxpayers.

Despite its faults, the CSG report did accomplish two important things. It raised the issue of prison system costs in an objective and nonpartisan way. And it provided reams of statistics that shed light into the dark corners of the criminal justice system:

 Michigan's violent crime rate is the highest in the Great Lakes region. Despite increased state spending on prisons, it remained unchanged from 2000-2007 while the national rate declined 8 percent.

 The certainty of arrest for a violent crime in Michigan (28 percent) is much lower than the national rate (44 percent).

· Michigan has the fewest law enforcement personnel per capita among the Great Lakes states, despite the highest rate of violent crime.

 Young men aged 17-24 commit a quarter of all violent crimes in Michigan, but represent only 6 percent of the population.

 More than half of parolees and probationers are unemployed.

Expect to hear much more on this issue in the months ahead.

Former newspaper publisher and University of Michigan Regent Phil Power welcomes your comments at ppower@thecenterformichigan net.

Phil Power

#### Resumes

**Employers reviewing** resumes typically only spend 10 to 30 seconds - yes, seconds - reviewing each resume. They tend to focus on the overall appearance, then the Summary or Job Objective, then a quick scan of the Work History and Education. Most of the time, they are looking for a reason to reject the resume, because that moves them along on their search for the right candidate. Discouraging as this may be, it should emphasize to you the importance of every piece of information you include on the resume, as well as the care you should take to make it the best piece of marketing possible for your purposes.

The first thing you must do is define your strengths - these are knowledge areas, skills, abilities, personal qualities and accomplishments. This information will help you build an introductory summary or job objective, and will help you define what sets you apart from someone else with a similar background. So, make of list of the skills you both enjoy using and are good at. Also, make a list of the areas of knowledge which you want to emphasize in your work. Finally, make of list of your abilities and personal qualities that you want to emphasize. For example, you may have the ability to write clearly and concisely and one of your personal qualities is your attention to detail.

Now, review your Job Target. How do your knowledge, skills, abilities and personal qualities relate to it? You want to create a Job Objective or Professional Summary which gives the reader a sense of what kind of position you are seeking and what your particular strengths are. For an electrical engineer, a Professional Summary might look like this:

"Electrical engineer with over 10 years experience designing and testing circuits

#### YOUR NEXT JOB



quality, knowledge of the Martha theory, design and function of Adamson

electrical circuits, with the ability to design complex circuits for a variety of functions and capabilities."

After drafting your Summary or Objective, you will want to create a list of your key accomplishments. For each job you've held, recall those times when you were actively involved in doing something that made a difference for the organization. You might have cut costs, improved productivity or quality, solved. a difficult problem or made some positive difference to the organization. Make a list of these, then go back to each one and recall the story behind it. What was the Situation or Problem you faced? What did you do - what Actions did you take? Break this down step by step. Finally, what was the Result? Can you quantify the result by dollars or percent improvement? On your resume, you will list the Result of the accomplishments you want to highlight under each job.

Finally, chose your resume format. Chronological resumes, which simply list your work history beginning with the most recent, are best for jobseekers whose Job Targets are similar to the jobs they've been doing most recently, who do not have major changes in job fields over the years and who don't have any gaps in their employment. Functional/Combination resumes, which group your accomplishments by functional areas like "Management & Administration" or "Engineering" are best for those who have a more varied work background but now want to focus on a Job Target

which might not be the most recently worked. It also works well for someone who has had some employment gaps. Your work history is still included, but in a much more abbreviated form.

Your local library has many good guides to resume writing with have multiple examples that you can draw from. An online source for examples is The Riley Guide (http://www.rileyguide.com/) which is also an awesome sight for finding online information for just about everything a jobseeker might have questions about.

The rest of your resume should include your Education & Training, Volunteer or Community Activities, and Certifications & Licenses. If you've had Military Experience, you should include that as well. Try to keep your resume to no more than two pages. If you have a long list of publications, patents or other notable accomplishments, you can prepare a separate attachment which lists all of them.

Always remember to focus on supporting your Job Target with the information you include. If you decide to pursue more than one Job Target, you may wish to develop a resume for each. You will find that you need to emphasize different information on each resume to support each unique Job Target.

Martha D. Adamson is a consulting professional with a diverse background in Human **Resource Management and Career** Development. She is a Certified Career Development Facilitator, a Certified Career & Job Search Coach. and a Certified Professional Resume Writer. She is the co-author of Job Search Navigator, a workbook-style quide to assessing yourself and managing your job search (www jobsearchnavigator com) which was first published in 1999 by Prentice-Hall and revised and republished by Success Press in 2005. From 1993 to 1996, she authored a monthly column "Your Job Search" in the Saratoga Springs, NY newspaper - The Saratogian



### 'Dashing' through the snow ...

Danielle Strachan leads her daughter Gabriella, 18 months, down a snowy slippery hill at Northville's Cass Benton Park. The Strachans recently moved to the area from Florida.

# Check us out on the Web every day at hometownlife.com

<u>Civic Concernus</u> a donce onseonly tilting in IJ Sales Event of the Year

HOURS: MON.-FRI 6am-5pm by appt. 6pm-11pm SAT. by appt. SUN, 6am-8pm

**Register online at:** 



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petition, ice sculptures, and ice carving

WHINE TO WINE

TIME/DATE: 6-8 p.m., Wednesday, Feb. 4

LOCATION: Wine Sync, 322 West Main

DETAILS: An evening of professional

speed consulting. Come in for a glass of

wine and a free 5 minute consult with

Get your questions answered by Kelly

& Kelly, PC., Attorneys at Law; Jeff Yoss,

Lender LTD: Sue Dillion, Graphic Visions.

Inc.; David J. Boyd, CFP@ Edward Jones;

Patti Mullen, Remerica, Dr. Ryan Cooper,

Health for Life Chiropractic; Nicole

Main Street Massage

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**VALENTINE'S TEA** 

LOCATION. Mill Race Village - New School

TIME/DATE: 2-4 p.m., Saturday, Feb. 7

**DETAILS:** The Northville Historical

\$15 members - \$18 non-members.

Reservations required by Feb. 2

CONTACT: (248) 348-1845

Pruning Plants.

Society is sponsoring an afternoon of

desserts, sweets, and beverages plus a

brief program on Victorian Tea Etiquette.

**GARDENERS OF NORTHYILLE & NOVI** 

TIME/DATE: 6:30 p.m. second Monday of

Social Time & Garden Lecture on

any of the professionals of your choice.

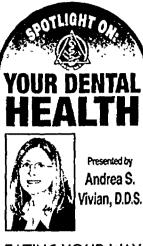
**CONTACT.** Northville Chamber of

Commerce (248) 349-7640

demonstrations.

Street, Northville

#### KNOW THE SCORE check out the numbers in today's SPORTS section



EATING YOUR WAY TO BETTER GUMS

If you are locking for a dietary approach to gum disease prevention that augments brushing, flossing, and regular professional checkups/cleaning. researchers may have an answer According to a recent study, people who ate two ounces of yogurt da ly nearly halved their risk of advanced gum disease. This is welcome news for a problem that afflicts one in seven people under the age of 50 and one in three over 50 Advanced gum disease. which begins with gingivitis, or inflammation around the gums. can lead to bone loss and cause pockets to develop between teeth and gums Yogurt's lactobacili bactena feed on sugar and produce loctic acid. which attacks the disease causing bacteria. Calcium-rich foods, such as cheese, also boost tooth health

We believe a hearth diet is as important in a strong defense against tooth decay as diligent brushing, flossing, and professional cleanings. We also believe our skilled and dedicated dental team is one of our greatest assets ber at 496 W. Ann Arbor Trail. Ste. 201, Plymouth, where our high standards of quality and integrity sincerely motivate us to ochieve the best results for our family of patients. If it's been awhile since your last visit, why not cat for an appointment today at 734-453-9413.

P.S. Recent research shows that vitamin D works with calcium to counter bone loss and inflammation caused by gum disease

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#### Local Events

#### FINANCIAL ADVICE WALK-IN CLINIC

TIME/DATE: 7-8 p.m., Feb. 3, 10, 17, March 3.10 LOCATION: Northville Senior Center

- Russell Room DETAILS Ameriprise Financial's downtown office is inviting the public for answers to questions on any financial topic. This FREE walk-in clinic is an informat way to get a quick answer or detailed explanation on your individual situation. CONTACT John at (248) 348-0080

#### NORTHVILLE COOPERATIVE PRESCHOOL **OPEN HOUSE**

TIME/DATE: 10 a.m. noon, Saturday, Feb 7

LOCATION: Northville Cooperative Preschool, 16115 Beck Road DETAILS: Open House for families of preschoolers looking for the perfect spot for them and their little ones for next Fall. Enrollment for 2's,3's and 4's classes and a 3 year old Science Enrichment Class. CONTACT: Mike Mikulan or Mirjam Leopoldsberger, Membership Chairs, (734) 927-6608

#### FIRE & ICE FESTIVAL

TIME/DATE: noon-4 p.m., Saturday, Jan. -31

LOCATION: Senior Community Center, 303 W. Main Street and Town Square (Downtown Northville) DETAILS: This annual event features the popular chili and salsa cook off com-

#### NORTHVILLE AREA COMMUNITY CALENDAR

#### month, Sept.-May (Feb. 9) LOCATION: Northville Art House at 215 W. tion. Cady Street, Northville **DETAILS:** Visitors welcome. CONTACT. Contact: Marcia (248) 349-2352 or visit gardenersnorthville-novi. org

#### **NORTHYLLE NEWCOMERS & NEIGHBORS** WOMEN'S HEART HEALTH LUNCH, LECTURE

AND TOUR TIME/DATE: 11:30 a.m. 2 p.m., Thursday, Feb. 12

LOCATION. Providence Hospital, Grand River Ave.

DETAILS: One of the doctors from Providence Hospital will offer a tour of the Heart Institute followed by a lecture on Cardiovascular Disease in women. Lunch will conclude our program. CONTACTS: Pam Grigsby pam.grigbsy@ yahoo.com (248) 348-3944 or Helen Wotherspoon hwotherspoon@comcast. net 248-924-3019

#### **NORTHYILLE DISTRICT LIBRARY WEEKLY** ACTIMITES

LOCATION: 212 W. Cady St., near Northville City Hall TIME/DAY. 10 a.m. 9 p.m. Monday-Thursday, 10 a.m.-5 p.m. Friday-Saturday, 1-5 p.m. Sunday. CONTACT. (248) 349-3020 or northvitfelibrary.org for information regarding programs and Ibrary materials. Winter Storytimes DETAILS: Registration for some storytimes begins in Jan. 2009. Visit the Web

site or call the library for more informa-

Motor City Rock & Roll. 60s & 70s **DETAILS:** Celebrate the 50th anniversary of Motown music with this engaging presentation about music in the 1960s and 1970s, presented by authors Bob Harris and John Douglas Peters Please call the library to register at 248-349-3020. Getting Started in Genealogy TIME/DATE: 10 a.m. noon, Saturday, Feb.7

DETAILS Pre-register.

#### GENITIT'S LITTLE THEATER

LOCATION: 108 E. Main St. **CONTACT.** Call for reservations (248) 349-0522 or genittis.com **Genitti's Acting Workshops** DATE: We will open any date for 10 or more.

DETAILS Enjoy our famous family-style lunch or dinner, then practice voice and body movement with one of our actors on stage. Play theater games; take backstage tour; \$16.95 per person.

#### NORTHYILLE CANDLE AND GIFTS KNITTING CLASSES

LOCATION: 124 N. Center St. CONTACT, (248) 380-7059 DETAILS: Stop in and see the new yarn department. Selling yarn, offering knitting and crochet classes and a place to gather. Call the store to register for classes. **Beginning Knitting Class** TIME/DATE: 10 a.m. noon, noon-2 p.m.

2-4 p.m. or 4-6 p.m. every Tuesday

#### SOLID GROUNDS COFFEEHOUSE LOCATION, 133 W. Main St.

Open Mic Nîte TIME/DATE: 6-9 p.m. every Tuesday Roger Ponder and Dell Smith, blues and folk singer songwriters TIME/DATE: 7 p.m. every Thursday Carol Smallwood, classical guitarist TIME/DATE: 10 a.m. noon every Saturday Singles Mingle - Socialize with local singles in a relaxing environment TIME/DATE: 7-9 p.m. every second Wednesday of the month CONTACT. (248) 348-9737

THE ART HOUSE Open 1-5 p.m. every ThursdaySunday; 1-9 p.m. on "First Fridays" of the month. LOCATION 215 Cady St. **DETAILS**: Admission to Art House shows is always free and open to the public.

CONTACT: Northville Art House (248) 344-0497 or northvillearts.org Art of Russia

TIME/DATE: 7:30 - 9 p.m., third Wednesday of Feb. through May **DETAILS** THE newest series at the Northville Art House will feature the Art of Russia as presented by local art historian, Michael Farrell, Tickels are \$10 at the door; or \$40 for the entire 5 lecture series.

Detroit Institute of Arts lectures TIME/DATE: 7.30 p.m. starting Feb. 4 the first Wednesday of the month, and

continuina. DETAILS The first lecture will be The Woman with a Thousand Faces. Women have been the source of inspiration for artists and have represented stories,

legends, ideas and myths. Tickets are just \$5 at the door. CONTACT. Call (248) 344-0497 for fur-

ther information.

Baseline Folk Society Open Mic

TIME/DATE: 7-9 p.m. third Saturday of each month, Sept-June LOCATION: Northville Art House, 215 Cady

DETAILS: Enjoy traditional, folk and acoustic music in a casual setting. Five open mic spots available on first to sign up basis beginning at 6.15 p.m. Tickets \$5 at the door. CONTACT. (248) 344-0954

#### FIRST FRIDAY ART WALK

TIME/DATE: 6-9 p.m., Friday, Feb. 6 LOCATION. Downtown Northville **DETAILS** Experience a unique night out amidst small town beauty and big city art. The first Friday of every month downtown Northville comes alive and celebrates the arts during their popular First Friday Art Walk. As guests stroil along the streets of downtown Northville's growing art and fashion district, they will enjoy a night filled with art exhibits (highlighting featured artists each month), art demonstrations and related events.

CONTACT. For more information on participants, visit http://downtownnorthville.com/WhatsGogOn/FirstFridays. htm

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**CITY OF NORTHVILLE** NOTICE OF PUBLIC HEARING

The City of Northville Planning Commission has prepared draft text amendments to the Zoning Ordinance regarding Central Business District (CBD) parking. The proposed changes are described as follows:

Section 17.01.13 e Section 19.03 Section 26 02

Assignment of Parking Credits within the CBD Site Development Plan Review Procedures and Regulations Definitions / Change of Use

The proposed text amendments will be considered at a public hearing conducted by the Planning Commission at its February 17, 2009 meeting at 7:30 p.m., at the City of Northville Municipal Building - Meeting Room (Lower Level), 215 West Main Street, Northville, Michigan, 48167, 248-349-1300. The purpose of this hearing will be to receive public input on these proposed changes. The complete text of the draft amendments can be reviewed at the Building Department during normal business hours of 8 00 a.m. to 4:30 p m. Monday through Friday. Written comments will also be received at the above address.

JIM PENN, BUILDING OFFICIAL Publish, January 29, 2009

DIANNE MASSA, CITY CLERK CE 2054 174 343

Drop Off Or Mail In Ballot To: People's Choice Awards - Northville Record **101 North Lafayette** South Lyon, MI 48178

E-mail Address\_\_\_\_\_

Only one entry per person per week. 18 years or older. Only original newspaper ballots, no copies. Ballot box stuffing will not be allowed. Partial ballots may be disqualified.

#### FOOD OUTLETS

#### Best specialty coffee house\_\_\_\_\_ Best place for breakfast Best Sunday brunch Best fast food restaurant\_\_\_\_\_ Best family restaurant Best place for soup\_\_\_\_\_ Best salad bar\_\_\_\_ Best place for burgers\_\_\_\_\_ Best place for hot dogs/coneys\_\_\_\_\_\_ Best place for subs\_\_\_\_\_\_ Best place for ice cream\_\_\_\_\_ Best place for chicken\_\_\_\_ \_\_\_\_\_ Best quality dining restaurant\_\_\_\_\_ Best place for desserts\_\_\_\_ Best Italian restaurant Best place for seafood Best oriental restaurant\_\_\_\_\_ Best Tex-Mex restaurant\_\_\_\_\_\_ Best place for pizza\_\_\_\_\_ Best place for steak\_\_\_\_\_ Best place for barbeque ribs\_\_\_\_ Best wine selection (restaurant) Best beer selection (restaurant)\_ Best place for romantic dinner\_\_\_\_\_

- Best after work meeting place\_\_\_\_
- Best sports bar\_\_

1

Best place for dancing\_\_\_\_

We Need Your Input On the Best Places To Shop... Best Places To Eat...Best Place For Great Service, This is NOT scientific! It's a fun, readers poll. Join in on the Balloting!

#### BEST SERVICE PROVIDERS BEST RETAIL STORES

| Best hair salon                           | Best art store_   |
|---|-------------------|
| Best place to bank                        | Best pharmacy     |
| Best real estate company                  | • Best eyecare s  |
| Best real estate agent                    | • Best bakery/ba  |
| Best auto service                         | • Best floral sho |
| Best oil change shop                      | • Best grocery s  |
| Best collision shop                       |                   |
| Best insurance (agency)                   |                   |
| Best veterinary service                   |                   |
| Best travel agency                        | Best beer sele    |
| Best childcare service                    |                   |
| Best house painter                        | Best wine sele    |
| Best landscaping company                  | Best children's   |
| Best health/fitness company               |                   |
| Best waitress/waiter (include restaurant) | Best women's      |
| Best tanning salon                        | Best resale sho   |
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| Best art store                       |
|--------------------------------------|
| Best pharmacy                        |
| Best eyecare store                   |
| Best bakery/baked goods              |
| • Best floral shop                   |
| Best grocery store                   |
| Best party store                     |
| Best jewelry store                   |
| Best lumber yard                     |
| Best beer selection (store)          |
| Best wine selection (store)          |
| Best children's wear                 |
| Best men's wear                      |
| • Best women's wear                  |
| Best resale shop                     |
| Best sporting goods                  |
| Best antique store                   |
| Best hardware/home improvement store |
| Best gift/card store                 |

### All Entries Must Be Received By Feb. 27th

Best doctor

Best dentist

# Northville woman loves a messy challenge

#### BY ALEEA HIBBELN SPECIAL WRITER

Getting organized is one of the top five New Year's resolutions, making January "National Get Organized Month", sponsored by the National Association of **Professional Organizers** (NAPO). But this New Year's resolution doesn't need to be met with the power of one's own will, as professional organizers are gaining in popularity and making the business of living easier.

Carol Seneker, owner of **Simple Organizing Solutions** (S.O.S) in Northville, said that once organizing systems are in place, her clients see a remarkable savings in time because necessities like keys, calendars, homework, work projects, clothes, and makeup are stationed where they are easily accessed.

But time isn't the only savings. Seneka said she has seen an increase in business perhaps because of tough economic times, as people are realizing that being organized

ETC.

### is the best way to save money. For example, Carol Seneker

there is no reason to buy another pair of scissors when three are hidden in a drawer

and four more and scattered throughout the home.

Systems are developed to make filing and organizing second nature," said 38-yearold Seneka. "I don't give up on my clients. The goal is to transfer my organization techniques and solutions to my clients so they can maintain it themselves."

But that isn't always the case, as Seneka has three kinds of clients:

1) Those that need help getting organized one time and thereafter maintain their new environment.

2) Those that backslide and therefore need their systems tweaked periodically to make maintenance easier. 3) Those that are not inter-

ested in maintaining for

visits on a regular basis.

"I've worked with clients for a number of years until they've finally maintained it on their own," she said.

For Seneka, maintaining order is as natural as breathing. Prior to starting S.O.S, Seneka spent 15 years in the corporate world fine tuning her organization skills in various capacities, including working in Lean Manufacturing, an organizing technique used on automotive production floors. But she wasn't feeling fulfilled.

Seneka found a book that matches personalities to careers called, "Follow your True Colors to the Work You Love," by Carolyn Kalil. According to Kalil, her dream job was a closet organizer.

"I thought, 'How am I going to make money as a closet organizer?"

Always wanting to have her own business, Seneka quit her corporate job, joined NAPO, attended their conferences across the country for her training and got her LLC in

themselves and require return 2004. Seneka is now living out her dream and said everyday is an adventure.

'It's not work, it's serving others," Seneka said. "When I meet a client for the first time, I can see and hear the stress on their face and in their voice. But once things are in place, I can see and hear that they are at peace." Seneka begins each assignment with a free in-home or

in-office consultation to get a feel for the task ahead. When she comes back, she and her clients roll up their sleeves and place items in into three piles - keep, donate or toss. When dealing with paper, the three piles are file, action (do something with it) or toss.

Recently, Seneka organized four executive offices a company in Ann Arbor. She set up different filing systems for each executive because as she said. "each brain works differently." Seneka checks back periodically to make sure the systems are working for them and everything is still in its place. According to Seneka, an organized office makes

for an organized brain, which makes for a more productive worker.

The same, she said, is also true for kids. "Kids need structure and they can't have structure if they don't know where their toys and homework and things live," said Seneker.

Seneka will go through a child's room with the child, making sure to keep favorite toys while developing a system for his or her specific needs.

"If the parents are unorganized, the kids are unorganized because kids learn what they live," she said, which is why kids' rooms are often a priority for her clients.

But for some of Seneka's clients, it isn't as easy as keep, donate, or toss. Home clients often go through an emotional purging as they let go of sentimental items that serve no real purpose and take up precious space. At the end of the day, high-energy Seneka is ready to go to the gym. while her clients are emotionally and physically exhausted

from sorting and discarding belongings they have held onto for years.

'Sometimes people just need permission to toss things out, like their grandmother's ratty afghan," said Seneka. "The memory is in the heart, not in the afghan." That said, she encourages

each family member to keep a "memory box" under their bed for those select few items worth keeping.

A home owner from Canton called Seneka to help with a cluttered closet. Seneka produced a 3D computer image to show her client what the new closet system will look like and hired an outside company to install it. She will also draw a DIY design based on her clients' needs for those who want to tackle a project themselves.

Like a doctor, Seneka has seen it all - the good, the bad and the ugly.

"People are afraid to let me see their home or office. but I never judge. The messier the better," she said. "I love a challenge "

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#### Support Groups **ANGELA HOSPICE GROUPS** LOCATION: Angela Hospice Care Center, 14100 Newburgh Road, Livonia CONTACT: Joan Lee (734) 953-6012 General Grief Support Groups TIME/DATE: 1 p.m. and 6:30 p.m. second and fourth Tuesday of month DETAILS: Open to all losses. Loss of Spouse/Significant Other TIME/DATE: 1-3 p.m. or 6:30-8 p.m. first Suicide Loss Support Services DETAILS' Individual and family services offered free for those who have lost a loved one through suicide; call Sherri Katz at (734) 464-7810 for more informa-

tion Heartstrings Parents Who Have Lost a Child

Support Group

Tuesday of month

TIME/DATE: 7-8:30 p.m. first Thursday of month

DETAILS: Call Ann-Patrice Foley to register, (734) 464-7810.

**Grief Support Quilter's Group** TIME/DATE: 1-3 p.m. first and third Wednesday of month

DETAILS: Make a guilt in memory of a loved one. No experience necessary. Register by calling (734) 953-6012. Women's Grief Support Group

DETAILS: Session in spring and fall Call Joan Lee at (734) 953-6012 for dates.

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#### SUNDAYS

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MONDAYS 2-FOR-1 DINING

#### ANCIETY DISORDER SUPPORT GROUP

TIME/DAY. 7:30 p.m. every Thursday LOCATION: Faith Lutheran Church, 30000 Five Mile Road, Livonia DETAILS: Aim for Recovery offers support and recovery for those suffering with anxiety disorders and their families. Meetings consist of planned behavioral lessons and discussions. Educational material will be available. Donations for the program and materials are accepted. CONTACT, Robert Diedrich at robid-

drich@msn.com

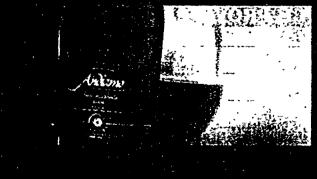
#### AWAKE

TIME/DATE: 7-8:30 p.m., Thursday, Feb. 12 LOCATION: auditorium at St. Mary Mercy Hospital, 36475 Five Mile Rd., Livonia DETAILS Addressing concerns related to sleep disorders. Punitha Vijayakumar, MD, DABSM, Neurologist, Sleep Specialist at St. Mary Mercy Hospital will be the speaker. All are welcome to attend. Dr. Vijayakumar will address concerns related to Obstructive Sleep Apnea and CPAP Therapy while also being available for questions in an 'Ask the Doctor' format. In addition, the latest in medical equipment and supplies for sleep disorders will be displayed, such as continuous positive airway pressure (CPAP) technology. If you currently have a CPAP machine you can bring it with you for a free pressure accuracy check. Refreshments and raffle for a "comfort basket" and movie tickets will be offered. The presentation is free, but registration is required. CONTACT. (734) 655-4640 for more information, or to register.

#### CROHN'S & COLITIS SUPPORT GROUP

DATE: First and third Wednesday of each month TIME:79p.m. LOCATION Providence Park Hospital and **Medical Center** DETAILS: Enter facility through southeast entrance. Meeting in Conference Room A, immediately to the left.







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Finally, a reason to look forward to Mondays complimentary entrée when a second entrée of equivalue is purchased. Andianto Lovers minices value is purchased. Andianto Lovers rejoi Muss provide server with printed employ for nes beverages. Marinen same of \$15 stars

### WEDNESDAYS HALF-OFF BOTTLED WIENEN

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#### NORTHVILLE SCHOOL BRIEFS

#### Morraine Elementary

Popcorn Sale will be held on Friday, Jan. 30. Also, Parent Volunteers are needed to make popcorn that morning for two shifts. The popcorn is a fundraiser for the Moraine picnic area.

Iowa Testing begins this week for all third and fifth graders.

For all third-fifth graders, please remember to sign-up for the Northville High School Choir Department's "Children's Performance Workshop" that will be held on Saturday, Feb. 7 from noon-4 pm. The theme of this year's workshop is "The Wizard of Oz".

Parent volunteers are also needed for Family Math Night on Thursday, Feb. 19. Help is needed from 5:30-8 p.m.

Please remember that we only have Monday, Feb. 16 off for Winter Break.

#### Hillside Middle School

This week the Hillside Student Council is collecting vitamins and donations for OMNI- Orphan Medical Network International. The vitamins will be sent to Zambia where malnourished orphans are being given medical attention by the OMNI organization, a group which originated in Michigan almost 10 years ago.

The Student Council has adopted the mission of OMNI, to save the world one child at a time. Their goal is to raise \$360 to send one child to school next year and to collect as many bottles of adult vitamins as possible.

All students who donate a bottle of vitamins will receive a free pass to the After School Activity on Feb. 12.

Donations are collected in the front lobby before school or can be dropped off at the Hillside office all week.

The Hillside Student Council thanks you for your support of this meaningful service project.

#### "Go Green Now" contest

The Northville Township Beautification Commission is sponsoring a "Go Green Now"... poster contest. First, second and third place prizes will be awarded in each category of high school, middle school and elementary students. The Northville Record will judge the contest and the winning posters will be used in the commission's 2009 "Go Green Now" campaign and featured in the 2010 Township calendar. The submitted posters will

be on display April 20-24 at township hall.

The contest is open to students of the Northville Public School District and all students residing in Northville Township.

Entries may be submitted 8 a.m.-4:30 p.m., Monday thru Friday beginning March 16 until the deadline of 4:30 p.m. March 30 to the Clerk's Dept., 2nd Floor, Township Hall, 44405 Six Mile Road. A completed, signed entry form must be affixed to the upper left corner of the back of each poster. Contest Rules &

Guidelines

• Poster Topic suggestions: ideas to protect, preserve and improve our environment, recycling, reuse, refuse, water pollution/usage, packaging, deforestation, composting, buying organic, traveling, landfills; what each household, community or school can do to help "go green".

• Poster board - minimum size 22" x 14" to maximum size of 22" x 28"

• One prize per poster (If more than one student works on a poster, the poster is eligible for one prize, not one prize for each student). "Go Green Now" slogan required on each poster.

• Posters will become the property of Northville Township and may be displayed in public places throughout the community to promote the "Go Green Now" campaign.

• First, second and third place prizes will be awarded in each category of high school, middle school and elementary students.

• The Northville Record will judge the posters and select the first, second and third place winners and award prizes of \$100, \$50 and \$25, respectively in each category.





### Studying owls

Above, Jennifer Price teaches Silver Springs students to figure out what Michigan owls were eating by studying the bits of food they were unable to digest and then regurgitate. The regurgitations are called pellets and those studied by the students contained many little bits of bones of voles and mice and rats. The class was taught by Price who used to care for raptors at the Howell Nature Center. At left, Elizabeth Sturtz looks through some owl pellets on a recent Wednesday afternoon at Northville's Silver Springs Elementary. Sturtz and other students were learning about what Michigan owls ate by studying their the bits of food they were unable to digest and then regurgitate. The class was taught by Jennifer Price who used to care for raptors at the Howell Nature Center.

PHOTOS BY JOHN HEIDER/NORTHVILLE RECORD

#### NORTHVILLE STUDENTS ON CAMPUS

#### Northwestern University

Patrick Pijls was named to the Dean's List for the fall Quarter 2008-09. He is the son of Hans and Bernadette Pijls.

#### **Michigan State University**

Dean's List for fall 2008 includes Brianna Diege and Joseph Tasse of Northville.

#### Loyola University

Anna Tasse of Northville has been named to the Collège of Arts and Sciences' Dean's List for the first semester of 2008-09. She was honored with the Ramber Award for leadership.

#### **University of Notre Dame**

Deanna Abrash of Northville has been named to the Dean's List in the University of Notre Dame's First Year of Studies for outstanding scholarship during the fall 2008 semester.

#### Beloit College

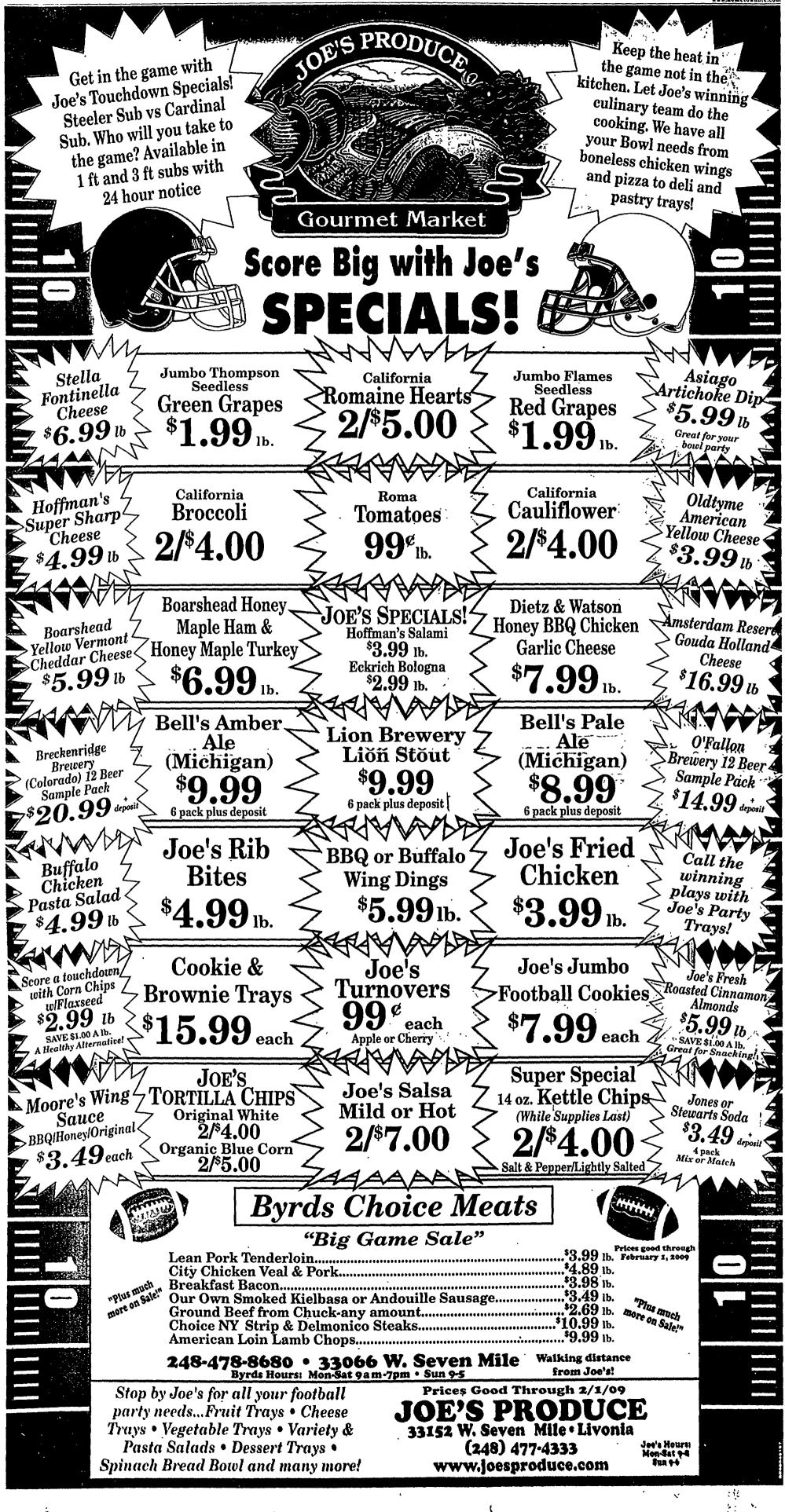
Junior, Elizabeth M. Pertner has been named to the Dean's List for the fall term of the academic year and has achieved academic distinction.



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**SPORTS** 



Thursday, January 29, 2009

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# **'CAT WALK** Northville boys cagers fall to Novi, 64-46

BY JEFF THEISEN SPORTS WRITER

Novi had its hands full with rival Northville in the first half. But the second half was all Wildcats during their 64-46 victory Friday.

Chris Bellamy fought through a box-and-one defense throughout the first half to score 13 of his game-high 19 points. The defense was one in several that Bellamy has seen this year. "We didn't notice it until a few

minutes in - 'Oh, it's a box-and-one," Bellamy said. "We didn't even change anything. We just kept playing."

The Mustangs (1-6, 0-2) kept it close with their defense, trailing 15-13 at the end of the first and 26-23 at the half.

The Wildcats (7-1, 2-0) started the second half on a 10-2 run to open up a 36-25 lead.

Andrew Baldwin responded with consecutive three-pointers to get within five, but it was as close as the Mustangs would get the rest of the way.

Novi led 44-31 after three quarters and started the fourth quarter on an 11-2 to turn it into a rout.

"I was proud of our guys for adjusting at halftime," Novi head coach Cory Heitsch said. "We seem to be clicking. We've got a lot of guys back, but we've got a log of guys in new roles. They're starting to feel comfortable with that added pressure."

The Mustangs played the game without a senior on the floor. Firstyear head coach Todd Sander sees progress in his young team.

"I thought we did a real good job of stymieing them in the first half," Sander said. "You've got to give Novi credit, they did a nice job of wearing us down and figuring it out early in the second half.

"We're playing with a lot of sopho-mores and juniors that want to get better, that are getting better and that will get better."

Baldwin led the Mustangs with 14 points. Bryce Groshek and Spencer Devine each contributed eight points.

Novi's Samer Ozeir hit double digits with 10 points. Brandon Bryant scored seven of his nine points in the



Pictured are several members of the Michigan Synchro Masters synchronized swimming team, which won several medals at the U.S. National Meet in Las Yegas last October. Pictured front to back are Sandy Allen (Westland), Fran Saenz (Livonia), Ruth Quah (Farmington Hills), Gail Scherer (Plymouth), Carrie Ticczek (Garden City), Maureen Kelly (Beverly Hills), Scotti Nichols (Livonia), Marie Lamberg (Livonia), Nancy Gorham (Canton) and Peggy Brady (Beverly Hills).

# In sync with success

# Northville woman helps synchronized swim team claim gold in Vegas

BY ED WRIGHT **OBSERVER STAFF WRITER** 

#### third quarter.

The win was the third straight for Novi against Northville. Before that, Northville had a long string of wins against the Cats.

"I think Alvin Storrs graduated two years ago which helped quite a bit," Heitsch said with a chuckle. "It's been a nice three-game stretch against them."

#### NOVI 75, SOUTH LYON EAST 33

The Cats had little trouble with first-year varsity competitor South Lyon East on Jan. 20.

Bellamy led all scorers with 20 points, including four three-pointers. Justin Hopton was next with 15 points. In all, Novi landed 10 players in

the scoring books.

Blake Jones and Ben Kil led the Cougars with nine points each.



Northville's Kyle Galdes converts a driving layup during Friday night's game against Novi.

The medals are nice, the trips to exotic destinations are great, but it's the non-materialistic treasures that have kept several members of the Michigan Synchro Masters swim-ming team together for more than three decades.

The camaraderie between the team members is great," said Northville resident Kathy Heumann, who has been involved in some level of synchronized swimming for close to four decades. "This is such a close-knit group; it's almost like a family and we're all sisters.

"We not only train and compete together, but we look to each other for support and guidance."

They also win a lot of medals.

This past October, the 30-member team — whose athletes range in age from 20 to 86 — hit the jackpot at the annual U.S. National Masters Synchronized Swimming meet in Las Vegas.

Competing in team, solo, duet and trio events, the Michigan contingent earned three gold medals while placing in the top five in several other categories.

"Probably the toughest part about the sport is that you have to make it seem effortless, even though it feels like you're dying sometimes," Heumann said, chuckling. "You have to keep smiling for the judges."

#### Flaky forecast

The team won their medals in October in weather more suited for the wintry Midwest than normally balmy Las Vegas.

It was so cold it was snowing when we were there — and the pool was outdoors," said coach Joyce Lindeman. "The water was warm, but it wasn't very pleasant when you had to get out of the water," she said, smiling. The sport of synchronized swimming is judged a lot like

figure skating. It begins with a compulsory routine that requires the execution of certain elements, followed by a freestyle routine, that is performed to music and judged on artistic impression and how well the swimmers perform the often-tricky maneuvers in unison.

'Ideally, it's best if you've had synchronized swimming experience and competitive swimming experience in the past," said Lindeman, who has coached the Michigan Synchro Masters for the past five years.

'It helps if you're a strong swimmer, too. We had some new ladies come out this year who hadn't competed in synchronized swimming since high school, and they're doing great."

#### Regular regimen

The team holds one 90-minute practice nearly every Wednesday night at the Schoolcraft Community College pool.

However, a month or so before the annual national meet - this year's is set for Florida - the team doubles its time in the pool to sharpen its skills for the formidable competition they're sure to meet.

Please see SWIMMING, B2





Northville synchronized swimmer Kathy Heumann (above) is pictured with teammates Nancy Moore and Ruth Thompson at a competition in Clermont, Fla. The trio is pictured heels over heads (left) during a routine.

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www.hometowalife.com

# FROM PAGE B1

"It requires a lot of endurance," said Plymouth resident Rhonda Madej. "Outside of practice, most of us do other training-type activities like Pilates, long-distance running and voga. A lot of us are involved in a lot of different kinds of evercise that helps us when we get to the pool.

#### Local nucleus

The team's roster includes swimmers from Saline and Port Huron, but most reside in the metro-

... .

politan Detroit area. "I'm officially in the cult," joked Livonia resident Scotti Nichols, smiling. "I swam as an age group athlete at the age of 9, retired from it when I was 24 but got right back into it two years later for the exercise and to get back together with my old friends. The camaraderic is great,

which is why we all stick with it like we do.

The team is always looking for new members, Lindeman assured. For more information, con-

tact Peggy Brady at (248) 646-5466.



exright@hometoxnlife.com { (734) 953-2108 Members of the Michigan Synchro Masters perform a routine during Wednesday night's practice at Schoolcraft College



#### LOCAL SPORTS

#### www.hometownlife.com

# Slow start dooms Northville's girls basketball team against rival Novi

#### BY ED WRIGHT **RECORD STAFF WRITER**

If the "Big Three" auto companies' first quarter of 2009 goes nearly as well as the Novi girls basketball team's first quarter Friday night against Northville, their stock is certain to skyrocket.

With senior point guard Chantel Hill serving as the catalyst, the Wildcats surged to a dominating 17-1 lead after eight minutes before notching a 45-35 victory over the host Mustangs.

The win improved Novi's record to 7-3 overall and 2-O in the Kensington Lakes Activities Association's Central Division.

Northville slipped to 4-5 and 0-2, respectively.

Hill repeatedly penetrated into the heart of the Mustangs' defense before either dishing off to a teammate or taking a close-range shot of her own.

"The favorite part of the game for me is driving and kicking the ball to my teammates, trying to get them good shots," said Hill, who finished with eight points, four rebounds, five assists and two steals.

"Getting out to a big lead was so important because Northville is our biggest rival and we knew if we came out strong, we'd have a better chance to beat them. I think the biggest thing for us was that we were moving our feet on defense."

Hill's coach, Bill Kelp, agreed with her assessment.

"I was pleased with the way we came out and played aggressively and the way the girls moved their feet on defense in the first quarter," said Kelp. "It's a good win for us at Northville, but we still have a lot to work on.

"When Chantel is playing well, the team plays well. When Chantel struggles, the team struggles.

Fhe Wildcats were bolstered by a stellar effort from junior post player Kelsey Masserant, who netted a team-high 14

-av-.

Northville's Chelsea Atzinger looks for room to operate against Novi's defense during Friday night's KLAA Central Division showdown. The Wildcats won, 45-35.

points while pulling down four boards. Masserant nailed 7 of 9 field-goal attempts.

Junior swing-player Caroline Johnson contributed 11 points and three steals to the winners' cause.

Senior forward Chelsea Atzinger paced the Mustangs with 11 points and seven rebounds. Sophomore guard Samantha Sergi added eight points, six of which came on a pair of deep, late-game triples.

The Mustangs played without senior starting point guard Kelsey Baskins, who was ill. The steady floor leader's absence was magnified by Novi's early in-your-face pressure defense.

"Part of our first-quarter problems were the result of not having Kelsey, but most of them were caused by Novi's great defense," said Northville coach Todd Gudith. "We got scattered a little bit by their pressure in the first quarter. Northville'settled down in

the second quarter and outscored the Wildcats, 12-10, to cut its halftime deficit to

27-13.

"At halftime, we told the girls to try to chip away at the lead and try to get it down to single digits by the end of the third quarter," said Gudith. "We were down 11 last week against Plymouth after three and ended up winning in regulation.

"We got it down to 12 once, but then they scored on a layup and regained the momentum." The Mustangs failed to convert a single field goal in the first and third quarters.

Novi led by as many as 21 in

the fourth quarter before the Mustangs put together a lategame push.

Novi connected on 19 of 44 field goals (43.1 percent) and 7 of 12 free throws (58.3).

Northville hit on 8 of 34 shots from the field (23.5) and 15 of 24 free throws (62.5).

"It was a nice win, but I saw some things we need to improve on," said Kelp. "The fact that Northville took that many free throws tells me we didn't move our feet well enough on defense in the second half."

Both teams committed 20 turnovers.

SALEM 39, NORTHVILLE 30: On Tuesday, Jan. 20, the Mustangs battled the Rocks to the wire before falling in the KLAA Central Division opener for both squads.

Senior forward Chelsea Atzinger led the Mustangs with 14 points. Junior Julia Ramey also played well, netting 11.

After Salem surged to an early lead, the Mustangs chipped away at their deficit and at one point whittled it down to one point in the third quarter. However, the Rocks drain a series of clutch foul shots down the stretch to notch the win.

"As undersized as we were. our girls did a good job defensively," said Northville coach Todd Gudith. "Any time you hold a team to under 40 points, you give yourself a chance. Salem made plays when it had to.

"Whenever we got ready to strike, Salem did just enough to keep us from taking the lead. Chelsea Atzinger and Julia Ramey did a good job of attacking the basket."

The Mustangs struggled from the free-throw line, connecting on just 4 of 11 attempts.

That was not like us at all," said Gudith of his team's charity-stripe wees. Weve been shooting really well from there."

ewright@hometownlife.com ((734) 953 2108



48th Suburban Detroit

VENTILISTION: During the winter, attic insulation prevents heat from escoping through the ceiling and into the unheated attic space. During the summer, attic insulation reduces outside heat from radialing downward through the attic into the home. All insulation materials work in the principle of trapping. The tiny air pockets in the insulation restrict heat from trying to pass through. to pass through.



Have a home attic inspection performed. Current knowledge of the home's attic condition, and improving the attic insulation and ventilation, will generally lower the home's utility cost and improve the overall heating and cooling efficiency of the home

#### ATTIC VENTILATION:

ATTIC VENTILATION: The general heat difference between the attic air temperature and the outside air should be approximately 20 to 25 degrees F. This will help in avoiding the reduced lifespan of the roof shingles. Never block soffit vents by placing insulation over them This will create condensation in the attic space and cause problems In a properly insulated attic space, the ventilation is important and will not lower the temperature of the home living areas In the Mid-West section of the country, the general rule of thumb for attic ventilation is one to three square feet of vent area for each or 100 -150 square feet of attic floor

Soffit Vents – are provided on the underside of the soffit area (eave) either as galls or the continuous style Soffit vents work in conjunction with gable, roof, or ndge vents

Roof Vents – are cut in the roof near the top of the roof line. The higher the better to allow HOT AIR to rise and dissipate to the exterior via these venti

Gable Vents – are low ered openings at the gable ends of the roofs. Generally on the side walls at the top of the roof height

Ridge Vents - are cut into the ridge along the top of the roof line

Power & Gable Ventilators ane rower & Gable Ventuators - are equipped with a thermostat that will turn the fan on when the attac temperature reaches a certain point and turns off when the attac temperature is properly reduced

### TYPES OF ATTIC & ROOF CONSTRUCTION:

. •

**CONSTRUCTION:** Gable & Hip Roofs - Common roofs that can easily be insulated by placing insulation between the ceiling josts or bottom chords of trusses A vapor barner must be placed under the insulation (towards the warm side of insulation) to reduce any moisture from entering the attic space from the bouse. It is recommended that soffit vents have baffles installed to help prevent the insulation from covering the vents thus allowing adequate airflow from the soffit vents to the roof, gable, or indge vents installed in the attic for intended ventilation

# Terry's big night helps Whalers tame Wolves, 4-2

Matt Caria and Chris Terry scored a goal and an assist ile Vern Cooper and each, wh

the eventual game-winning goal as the game's second star. With defenseman Beau goal of the year to give the Whalers their first lead of the game at 10:39. Jenks set

ate scoring chances. Playing a hunch in the final minute of play in the second period,

when Terry has the puck, it's going to go into the net." Terry's goal was his team-

Tyler J. Brown scored single goals to lead the Plymouth Whalers to a 4-2 victory over the Sudbury Wolves in an Ontario Hockey League game played Saturday night before 2,558 at Compuware Arena.

The win moved Plymouth (now 22-20-5-0 and 49 points) into sole possession of sixth place in the tight OHL Western Conference playoff race. The Whalers moved ahead of Erie (23-22-2-0, 48 points), who lost, 8-2, in Belleville on Saturday.

AJ Jenks - playing his first game after serving a twogame suspension - assisted on the Whalers lead goal and

Schmitz out of the lineup due to the flu, the Whalers depth paid dividends as fellow defenseman Brett Bellemore played a steady game and Josh Bemis contributed a +3 plus/minus rating.

John McFarland opened and closed the scoring in the game with two goals for Sudbury and now has 15 on the season.

After McFarland and Brown traded first-period goals to tie the game at 1-1, Terry and Caria started to click, playing over the course of the game with a variety of right wings. Working on a power play midway through the first period, Caria scored his 17th

the play up with a hard pass from the right half-wall that found Caria on the left doorstep. Caria - with an open net made no mistake.

"I got a nice cross-ice pass from Chris Terry, hitting the seam," Jenks said. "I saw Matt sitting there, backdoor, so I tried to thread the needle through a couple of players and it (the pass) got there. It was an easy tap-in for him."

Leading 2-1 going into the second period, the Whalers carried the play in the second period, outshooting Sudbury, 19-10. Wolves goaltender Alain Valiquette played well, but Caria and Terry continued to gener-

Plymouth coach Mike Vellucci inserted Jenks back on the line with Caria and Terry and the trio struck again at 19:36 of the period. Jenks picked off a loose pass along the left boards in the Sudbury zone and found Caria out in front, who fed to Terry and the Whalers led, 3-1, after forty minutes.

'Čoach saw how much time was left in the period (0:31) and an offensive faceoff in their zone," Caria explained. "So he put three offensive guys out there. The play started with a great forecheck by AJ he cut the wall off and fed me the puck and then I saw Terry going to the net. You know

leading 24th of the year and 99th of his career.

Cooper scored his 12th goal of the season at 3:23 of the third period with an excellent individual play started at the Plymouth blue by Bemis, who fed the puck to Cooper in neutral territory. Cooper pick up speed in the Sudbury zone, cut left to right at the hashmarks and tucked the shot by Valiquette to give Plymouth a 4-I lead.

McFarland closed the scoring with a goal with 12 seconds remaining on a shot from the left circle.

Plymouth outshot Sudbury, 52-31.

Extreme talent

The Club Extreme ASICS UI6 national volleyball team won first place at the Dunes

Yolleyball Tournament in

nine teams of girls, whose ages range from 12 to 18. Pictured are (front row from left) Lauren Ascherman (Salem), Danielle Borthwick (Northville), (middle row from left) Kerstin Johnson

(Salem ), Kayla Bridge (Plymouth), Grace Halloran (Birmingham Groves), (bottom row from left) Tim Manley (assistant coach), Shea Manley (Waterford

Kettering), Rachel Staudt

(Novi), Lauren Meadows (Kettering), Jillian Sommerville (Salem), Kerry MacDonald (Salem) and

coach Peter Lau.

Rolling Prairie, Ind., on Jan. 18. The Club Extreme **ASICS Volleyball Club has**  Cathedral Ceiling - Due to the unherent lack of access above cathedral ceilings, it is very important that adequate ventilation be provided in these roof structures. The best ventilation system is one that uses continuous ridge and soffit vents by venting each rafter bay It is recommended that 1 ° air space is provided above the insulation and below the underside of the extenior roof sheathing for proper air flow This air flow is required to remove any condensation and avoid build up of heat, which can shorten roof shingles life span life span

One & One Half Story Homes -These types of attics have several small sections that must be properly insulated and the knee walls, floors, areas The outer attic is treated as a non-heated and properly ventilated This allows air to enter through the soffit vents and ent up above the slopping ceiling to the attic space above the 1 story portion of the home. The top portion should have either roof or ndge vents installed vents installed

ONE LAST BIT OF ADVISE: Ensure Use ballowing the space which could cause excessive mosture build up and possible midewinoid development Vent these to the exterior of home

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#### Sharp shooters

Pictured are winners of Sunday's Northville K of C Council #14427 basketball shooting competition. Each of these age-division winners will advance to a district competition. Pictured are Austin Soukup (14 years old), Alex Marzejon (11), Angela Karkoski (14), Anna Mae Crowley (11), Corey Szmadzinski (13), Andrew Soukup (10), Kellie Murphy (13), Victoria Burns (10) and Christian Celentino (12).

#### SPORTS BRIEFS

#### Mustang JV girls hoop team slips by Wildcats, 31-28

In a hard-fought contest Friday night, the Northville junior varsity girls basketball team edged Novi, 31-28, to remain unbeaten.

Northville led 13-8 after one quarter before the Wildcats stormed back to seize a 26-19 lead heading into the fourth quarter.

Mustangs freshman point guard Meredith Williams and Sarah Tuohy ignited the winners' fourth-quarter rally.

Megan Gertley led Northville with 10 points and two blocked shots. Tuohy contributed six points and six rebounds while freshman Mallory Weber tallied six points, five steals and

#### four assists.

On Tuesday, Jan. 20, the Mustangs JV squad defeated Salem, 34-23 as Gertley scored eight points and Williams added six points and four assists.

Freshman Alyssa Bates played well, chipping in with five boards and three points.

#### Freshmen fall to 'Cats

On Friday, the Northville freshmen girls basketball team dropped a 53-25 decision to visiting Novi.

The unbeaten Wildcats raced to a 17-7 first-period advantage and never looked back, building their lead to 30-8 at the break.

The loss dropped Northville to 6-2.







#### www.bometownlife.com

Strictly Business

# Sidewalk, landscape project closer to reality

BY PAN FLEMING

The look of a downtown can translate to dollars when it provides an attractive, enticing environment to merchants and shoppers.

City leaders are a little closer to getting the Downtown Sidewalk and Landscape Replacement Project off the ground after Downtown Development Authority staff opened bids on Jan. 7 for the first phase of the project.

Fifteen proposals were received for the schematic design, ranging from \$25,000-\$88,250.

The DDA appointed a Selection Committee to review the proposals, which met on Jan. 12.

Four firms -- Hamilton Anderson, Albert Kahn Group, Land Design Studio/Nowak Fraus and JJR -- were then interviewed on Jan. 16.

The committee voted for the low bidder, JJR, forwarding the recommendation to the DDA board for consideration.

During first quarter budget amendments, the DDA allocated \$45,000 for the schematic design phase of the project. JJR's proposal of \$25,000 falls within that budget.

The Selection Committee wants

the DDA to send a recommendation to city council for action at the Feb. 2 council meeting. However, a more detailed scope of services for the project from JJR will be requested beforehand.

Greg Presley, DDA chair, said at the Jan. 20 DDA meeting that JJR is a large firm with many types of design and construction services under one roof.

"We like that aspect (about the firm)," Presley said. "We're going to get some high power for our dollars."

Once the schematic design is completed, a more detailed design will be developed.

"It will be a little over a year before groundbreaking takes place," said Lori Ward, DDA executive director.

Presley wants to talk to JJR to see if the firm's plan includes everything the city needs.

Construction will be funded through a bond initiative.

#### **OTHER BUSINESS**

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In other DDA business, Ward said she met recently with Bill Riffle, owner of Riffle's Homestyle Restaurant next to the new Town Square, who wants to leave tables and chairs out all the time to serve diners.

The grouping would be posi-

tioned at the southeast corner of the square, and he would fence off the area. Riffle believes this would be a popular addition for events at the Main Street gathering spot, such as the Friday Night Concerts in the summer.

#### NEW INTERN ON BOARD

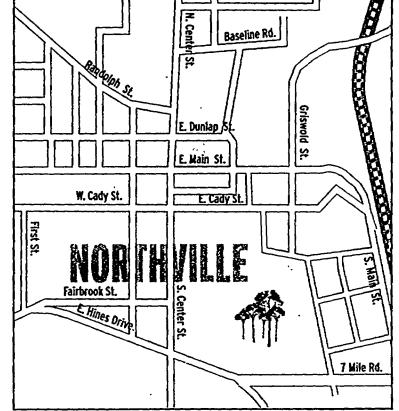
The DDA Office has a new intern working three days a week in Northville. Michelle Abd'Elaziz of Ann Arbor is a University of Michigan graduate with an undergraduate degree in public relations and communication and a master's degree from U of M in public administration.

She is working on another master's degree at U of M in urban and regional planning and is currently concentrating on business recruitment with members of the DDA Business Mix Committee.

In the future, "I would like to work either in a DDA office or in global studies," she said. Abd Elaziz works in Northville on Monday, Tuesday and Friday.

The committee is also working on developing a brochure on how to open a business in downtown Northville and one on promoting the city to the film industry.

pfleming@gannett.com | (248) 349-1700, ext. 260



# FEBRUARY BUSINESS WORKSHOPS

Business owners and entrepreneurs who need assistance are invited to attend seminars in February offered by the Oakland County Business Center. Business Basics workshops are now offered in the evenings on alternating months.

■ Pre-Business Research - Are you thinking of starting your own business and want to research your business idea? Are you a business owner who wants to understand which research sources to use for your business plan and where to find the information you need? The class is held on Wednesday, Feb. 11, from 6-9:30 p.m. at the Oakland County Executive Office Building Conference Center, 2100 Pontiac Lake Road, west of Telegraph, Waterford. For location specifics and pre-registration, call (248) 858-0783. Presented by The Entrepreneur's Source, Oakland County's Business Center, Market Research Department, and Research Librarian. This workshop is free, but pre-registration is required.

Start a Business is a seminar for anyone thinking about going into business. Participants

examine their entrepreneurial skills, learn how to implement their ideas and receive a list of pitfalls to avoid when starting a business. The class runs from 6-9 p.m. on Wednesday, Feb. 18, at the Oakland County Executive Office Building Conference Center, 2100 Pontiac Lake Road, west of Telegraph, Waterford. For location and pre-registration, call (248) 858-0783. The fee is \$30. No refunds.

■ The day-to-day responsibilities of running your own business leave little time to focus on long-term vision, goals, and strategies. Find time in your schedule to spend it with Listening to Your Business, a half-day workshop from FastTrac. No one knows your business better than you. Listening to Your Business gives you the tools you need to take a closer look at where your business is today, what you want it to look like in three years, and the steps to get there. The class is held Feb. 20, from 8 a.m.-noon at the Oakland County Executive Office Building Conference Center, 2100 Pontiac Lake Road, west of Telegraph, Waterford. Call (248) 858-0783. The fee is \$95.

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PHOTO BY JOHN HEIDER/NORTHVILLE RECORD

Bruce Mach, owner of the Northville Stitching Post tidies up the South Main St. store's display of their Northville High gear.

Siblings Nancy Lewis and Bruce Mach will be celebrating the Northville Stitching Post's 16th anniversary in a few months, and you have no doubt seen their work in the community throughout the years.

#### Q. How did the business start?

Our story begins with a gift that Nancy received in April, 1990. It was an embroidered jacked, commemorating the sailors who died on the USS Iowa a year earlier (her son was one of them). Nancy and I had been considering opening an income tax service, but also were looking for something to keep us busy during the other nine months of the year. We spoke to the person who made the jacket, and he mentored us in the early years of our business.

#### Q. How has it changed since it opened?

In our early years we managed to survive on smaller orders. Eventually referrals to sports teams and businesses came our way, and we added more sewing machines and moved into our current, larger facility. After several more years we began offering screen printing and heat press services to our business. This has pretty well allowed us to fulfill the needs of our Spirit Wear and Corporate I.D. customers.

Perhaps our biggest move was adding Varsity Jackets to the business. This has exposed us to more students and their families in the Northville and Novi areas. It has also softened the effects of the weakened economy in the past few years. We take pride in stocking jackets from Extra-Small-Short to XXL-Tall, and being able to deliver them in as little as a day.

Q. What makes your business unique? Being a local business has been important in our business. Meeting customers face to face allows us to respond better to their needs.

#### NORTHVILLE STITCHING POST

www.northvillestitchingpost.com 200 S Main St # A Northville, MI 48167 (248) 347-7622

We are able to produce single orders and even samples to allow the customers to decide if their idea will actually look good on garments. We are happy to have the customers know what the finished product will look like before they commit to an order. It's easier to make changes that will improve the looks before it's too late.

Another advantage to being local is our flexibility. We couldn't tell you how many times individuals have been left off of original team orders, and we are able to produce "just one more", whereas mail order or internet orders would require minimum orders. It's also an advantage to be able to personalize team orders (by adding names and numbers), which is often not an option with other bulk orders.

Q. What's in store for the future of your business?

Just like the economy, we're not sure what the future holds for us. Perhaps adding sports uniforms and equipment might be a possibility. In our 19 years of business we've never been approached to do any of the T-shirt uniforms for the Northville Recreation Department, but that might be because we don't also offer softballs or soccer balls. I'm not sure where they get them now, but I don't think it's anywhere in Northville, and I've never seen any offers to bid. I guess we had better put that on our agenda this year.



# Mandell helps ease emotional, financial stress of divorce

### Family law attorney focused on preserving dignity

#### **BY ALISON BERGSIEKER** ADVERTORIAL COORDINATOR

Mark Mandell is a well-respected attorney whom many in the community trust to handle legal matters that are of the utmost importance.

The family-law attorney helps ease clients through divorces with as little financial and emotional stress as possible.

Mandell has spent the last 10 years working with clients who have substantial assets that they wish to preserve, even after a divorce.

A partner at Fausone Bohn, LLP, Mandell is committed to providing quality legal representation in divorce matters that need careful attention.

Mandell teams up with highly respected professionals who work together to minimize the negative effects associated with divorce. He seeks professional input from therapists, psychologists, CPAs and financial planners to assist his clients.

"When preparing for trials, I choose professionals that are credible and are respected by the judges," Mandell said. "That makes a big difference.

"I know that using credible professionals is going to stand up to the scrutiny of a judge and go farther than those who try to stretch the truth."

#### Firm extends offerings to include adoption law

In staying committed to the community, Mandell has hired long-term Northville resident Melissa Cox as his associate, who brings experience in family and juvenile matters - specializing in adoption law.

"I'm passionate about assisting clients with the adoption process Cox said. "Adoption is a wonderful option for many families, as well as birth mothers, but the applicable laws are very complex. For the majority of adoptive parents and birth mothers. adoption will be the most important legal proceeding they will ever be' involved in. It is important that they have an attorney who understands the legal process and can be an effective advocate for them with the court.'

Like Mandell, Cox (maiden name Buckshaw) grew up in Northville, where she attended Northville

#### Christian School.

She earned a bachelor's in psychology from the University of Michigan in 2004 and received her juris doctorate from Ave Maria School of Law in 2008.

#### Good judgment, solid experience

Experience and good judgment make Mark Mandell an asset to all of his clients.

He makes realistic requests of the court that he believes have a good chance of being granted. He's not a show-boat lawyer who makes wild demands on the other party that are sure to be denied by the court.

"I don't argue, I advo-cate for my clients," Mandell said. "I use logic and common sense to advocate and to get a good resolution. But when amicable discussions aren't fruitful, Mandell is not afraid to try a case in court.

He's an experienced trial lawyer in both civil and criminal law. Mandell is a township prosecutor. He earned awards for trial advocacy during his time at the Thomas Cooley Law School of Law and later became an adjunct profession in trial workshop.

In addition, the firm of Fausone Bohn, LLP can help clients with their overall legal needs. Mandell also provides criminal representation for misdemeanors, felonies and traffic offenses. His partners and associates can take care of other types of legal matters including environmental, corporate and business law.

#### **Respected community leader**

Mark Mandell is respected in both the legal field and the community at large.

He grew up in a well-known Northville family who lived just around the corner from where his



Mandell teams up with highly respected professionals who work together to minimize loss of assets during a divorce. He works with therapists, psychologists, CPAs and financial planners to assist his clients.

offices are today. Mandell spent his childhood on the sidelines of the Northville High School football team with his dad, Dr. Robert Mandell, who was the team physician for 30 years and also served on the school board.

After playing football at Springfield College and graduating from James Madison College at Michigan State University, Mandell has turned around to help support the Northville football program. He is currently a JV football coach at Northville High School.

Last year Mandell was credited with starting the Steve Juday Coach's Clinic in honor of the legendary Northville High School and MSU ... player. As a result, Mandell brought MSU head football coach Mark Dantanio to speak at the coach's clinic.

In the past, Mandell served as chairman of the 13th Republican Congressional Committee and is a local political consultant, so he has experience working closely with elected officials at the local, state and national level.

Mandell still lives in his hometown of Northville with his wife, Vanessa,

#### MARK J. MANDELL

FILE PHOTO

Fausone Bohn, LLP Attorneys at Law 41700 W. Six Mile Rd., Ste. 101 At Winchester Rd. in Northville, 48168 248-380-0000 www.fb-firm.com mmandell@fb-firm.com mcox@fb-firm.com

ing about every detail or fighting out unrealistic positions, sometimes for the sake of revenge at the children's expense. He helps clients to see. . , the divorce from the perspective of resolving conflicts, not staring conflicts that can make things worse for a family.

Cox is also passionate about resolving divorce and custody matters with compassion.

"I consider myself an advocate for my clients' children," Cox said. "I remind clients that children are not possessions and ask them to think about how their actions affect their children's lives. I have a duty to think about what is best for the children, and I take that duty very seriously."

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PHOTO BY ALISON BERGSIEKER

In staying committed to the community, Mandell has hired long-term Northville resident Melissa Cox as his associate, who brings experience in family and juvenile matters - specializing in adoption law.

and his sons, Jack and Tom.

#### Making divorce less painful

Mandell is just as committed to the total welfare of his clients. He operates according to a holistic philosophy, taking care that his clients are served legally and financially, but also that he provides referrals for their physical and mental health.

"Going through a divorce is very stressful," he said. "I talk to my clients about seeking the help they need from counselors and doctors. It's all an important part of getting through the divorce and piecing your life back together."

The experienced attorney tries to make the unpredictable divorce process more predictable. He explains important concepts early on, so that clients can begin to accept the realities of the legal system and not feel disappointed with outcomes.

"I advocate dignity over anger and hatred that so often accompanies the divorce process," Mandell said.

Mandell has seen that there is nothing worse than couples bicker-

#### Reducing attorney fees

During a divorce, high attorney fees can only exasperate financial stress. Mandell specifically works with clients on keeping his fees low.

He encourages clients to go through personal types of paperwork on their own, if possible, instead of charging to prepare it as other attor-neys commonly do. He also gives couples an opportunity to decide what belongings each person will take from the home, instead of accumulating fees by disputing it. \*It's not worth it to spend \$500

in fees arguing about \$25 pots and pans," he explained. "It's best for everyone to resolve things amicably."

Many clients over the last decade have found that Mark Mandell charges reasonable fees as he helps resolve a divorce with the least amount of financial and emotional stress possible.

- Special writer Kate Phillips contributed to this report

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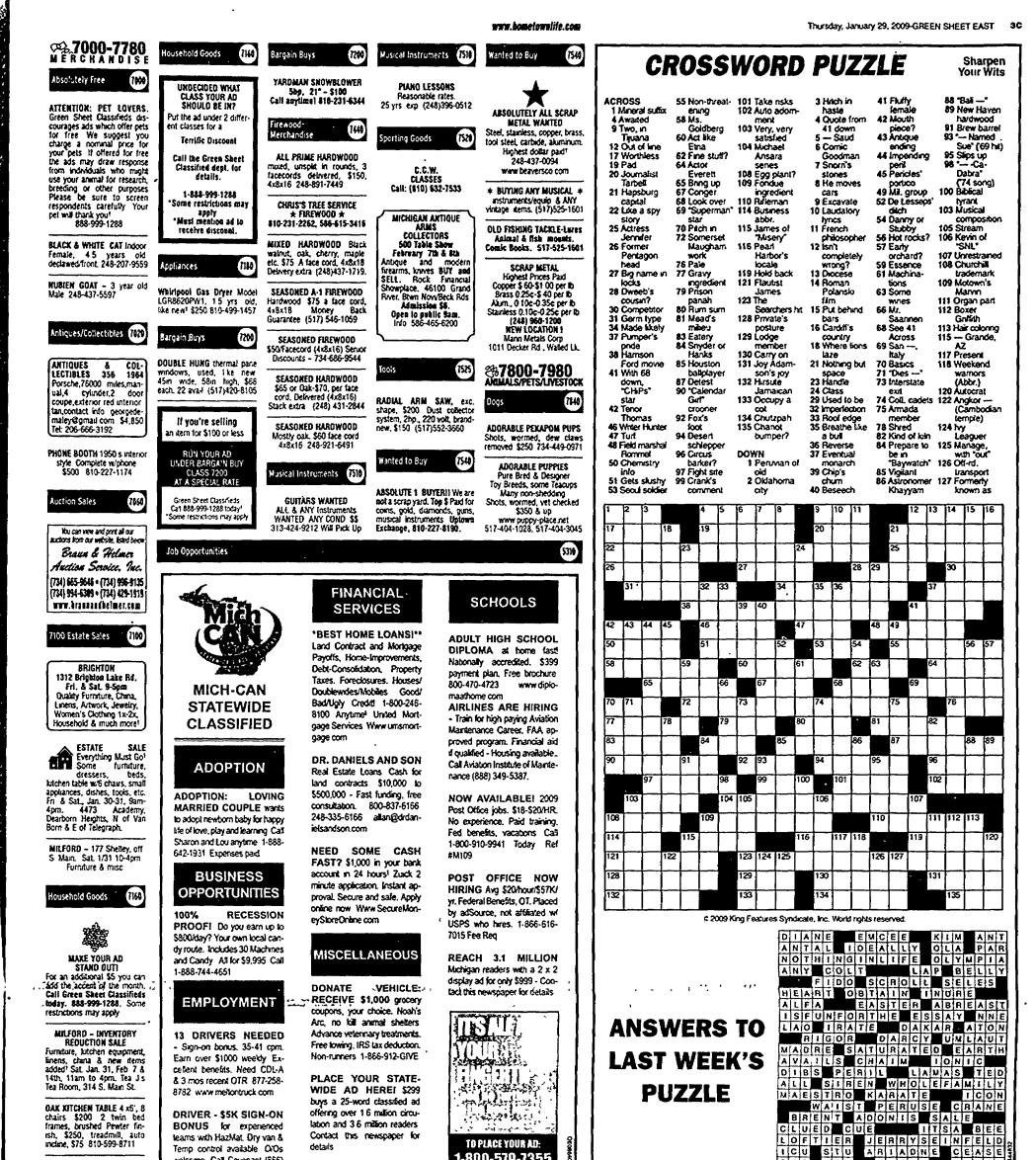
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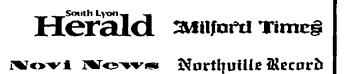
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